

# the Quaker

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newspaper

VOL. 66 — No. 3

SALEM SENIOR HIGH SCHOOL

SALEM, OHIO

FRI., NOV. 30, 1979

## Year Of The Child

by Lois Landwert

During its monthly meeting held on Monday, November 12, 1979, members of the English Department came up with a proposal in conjunction with the world celebration commemorating *The Year of the Child*.

There are two factors which unite all mankind: One is man's search for knowledge and personal enrichment. The second is man's need for basic survival.

The department feels that we can serve both of these causes in a logical and meaningful manner. First, a formal announcement regarding Salem High School's participation in *The Year of the Child* would be read over the public address system by Salem High School Principal, Mr. Robert Delane. Second, each English instructor would be responsible for presenting the details of the program to his/her classes. That individual would act as a "collector" for those particular classes.

A slogan has been adopted by the English Department. It states simply yet eloquently the intent of our participation: Feed a Mind. Feed a Body. "A book and food unite all mankind." *The Year of the Child. The Salem Contribution.*

Each student of Salem High School would be asked to donate one used or new paperback book. Discretion in choice of title and subject matter would be stressed. Also students would be asked to donate one can of food. If any student is unable to meet these two requests because of financial problems or lack of concern, he will be exempt from the program.

Since all students in 9, 10, 11 grades are required to take English,

we would reach these students. In addition many students take elective courses in their Senior year. This would account for approximately 1,000 students. The overall impact would be a tremendous contribution.

The drive will formally begin on Monday, December 3, and conclude on Friday, December 7, 1979.

The books and food would then be stored in a "safe" location that would be locked securely. The food collection program has been a very successful one at Salem High School in previous years.

In regards to distribution of the books and food, several proposals were offered. One — we would contact the United Fund and the Red Cross. Either the goods would be shipped to needy children within the Continental United States or distributed abroad.

A formal poster design will be adopted from designs submitted by the Art students. Thus we have utilized the actual talent of our own children. Furthermore, the program is a practical "hands-on" applicable approach to two startling and devastating world problems: hunger and lack of education.

In conjunction to this overall proposal, teachers in the English Department will have the opportunity if they choose, to have students write papers and give formal reports on the plight and triumph of children everywhere.

We would hope that students will share what they have with those less fortunate and give to such a worthy project in this, the year of the child.

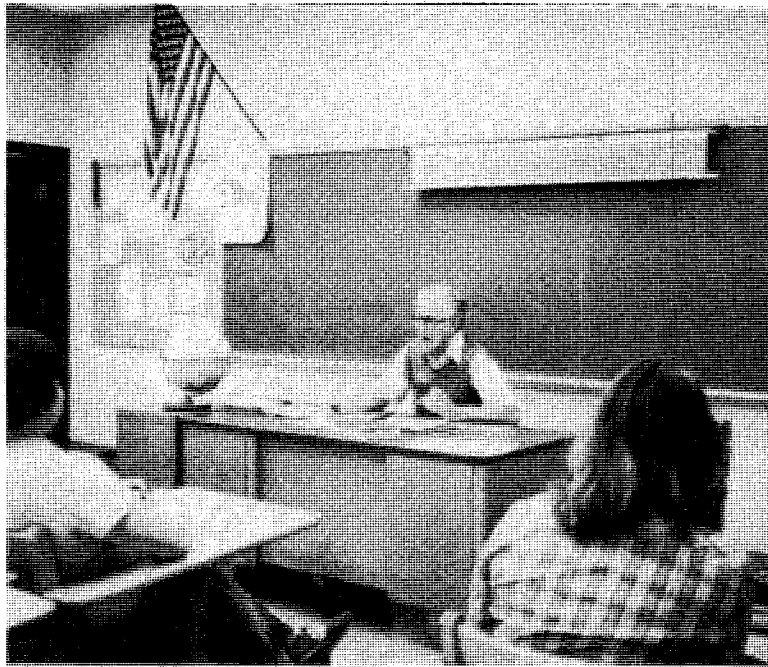
## Hunting Policy At SHS

by Tami Huffer

Students interested in taking time out of school to go hunting must be aware of the hunting policy that S.H.S. has in accordance with Ohio law.

The school policy regarding hunting requires students to have excuses in a day in advance. Permission from parents must be obtained and a note stating who you will be going with. Students must show their hunting license and the number will be recorded in Mr. Cabas' office.

If these procedures are not followed an unexcused absence will be given and a zero for each class missed. Also make-up work, tests and quizzes, missed on those days, will not be honored. If a student misses a day of school and attempts to bring in an excuse for hunting, it will be recorded as truant for that day with the usual punishment for truancy.



Mr. Tetlow, a Social Studies teacher at SHS, is shown here teaching one of his classes. Mr. Tetlow was recently inducted into Bluffton College Sports Hall of Fame.

## American Hostages In Iran

by Mike Berger

On November 4th the United States Embassy in Terhran, Iran was taken over by a large group of Iranian students. Thirteen hostages were released after being held captive for almost three weeks. The other forty-nine hostages are being charged for spying. A trial date has not been announced yet. For the past several days, Iranian students have gathered outside the U.S. Embassy shouting and burning American flags. The Iranians along with their leader, Ayatollah Ruhollah Kohemini, want the former shah to return to Iran to face a trial. The shah is staying in a New York hospital, where he is receiving treatment. The Iranians have pointed out that they will not release the remaining hostages until the shah returns to Iran. They also stressed that any military force use by the United States would bring harm to the hostages.

President Carter has ordered five escort ships from the Philippines to join the carrier Midway in the Indian Ocean. Demonstrations have occurred in major cities across the United States, however many of them reported to have been peaceful. The American public has not been so aroused since the incident that involved Pearl Harbor. Secretary General Kurt Waldheim has called for an urgent meeting of the U.N. Security Council to help settle the situation between the United States and Iran.

The Quaker Staff took a poll to find out whether or not the United States should return the shah to Iran in order to free the American hostages. The results revealed that 30 percent of the people interviewed

felt the United States should return the shah to Iran, while 70 percent were against the idea.

## 1979 Sweetheart Court

by Sheryl Jamison

Who will become the 1979 Sweetheart Queen? This question will be answered during half-time of the varsity basketball game tonight against Woodrow Wilson.

Last year's homecoming queen Judy Stephenson will be back to crown one of the seven girls of this year's sweetheart court. The 1979 basketball court is made up by these seven girls and their escorts: Wendy Ellis and John Armeni, Suzon Horning and Dant Fitch, Kathy Lewis and Joe Vuksta, Julia Montford and Henry Koponen, Dorothy Reese and Lori Ritchey and Trent Smith, Jill Zocolo and Tim Bergman.

The girls will be honored by a dance following the game. The dance is sponsored by Pep Club. The theme for the dance is "Ziggy." The music will be played by "Please."

The court was elected during football season when the football court was elected.

Congratulations and good luck to the Sweetheart Court and also good luck to the basketball team.

## Snow and Ice Policy

by Dave Linton

Many of the student drivers may have to be more careful because the Ohio Department of Transportation is cutting back on its snow and ice policy. There may also be a greater chance of school cancellation due to the cutback. Phillip Dwyer, Salem City Service Director, stated that he hasn't made plans to regulate the city's plan. It is going to stay the same if not improving.

The service department keeps an update on the weather conditions at all times and does not plow the roads unless it has snowed six to eight inches, although salting the roads at two to four inches. Mr. Dwyer also said that there is enough money now in the funds for snow removal from the city streets. Contrary to the report that there won't be any plowing between 11 p.m. to 5 a.m. and a cut back on salt usage by the O.D.O.T. Mr. Dwyer stated that he had read about it in the newspapers, but it will not have much affect on the city of Salem.

## Teacher Gets Fame

by Chris Senanefes

Bluffton College. Sound familiar to you? Well, it does to well-liked teacher, Mr. Tetlow. It is his Alma Mater in which he graduated from in 1939. Mr. Tetlow, who has been a familiar figure for years in the local high sports scene, was recently inducted into the Bluffton College Sports Hall of Fame.

Mr. Tetlow is a 1939 graduate of Bluffton College where he served as co-captain of the 1938 football team. He earned quite a few letters in four different sports. For participating in football, basketball, baseball and track he earned thirteen letters. He never seemed to fail in winning the pole-vault competitions. He also served as president of the Varsity B Club during that time.

After he earned his B.A. in education, Mr. Tetlow began teaching and coaching. The schools at which he taught at were Meeker, North Jackson, Sebring, West Branch and now, Salem. At Sebring, he led the 1955 football team to an undefeated Tri-County league championship. In addition to football, Mr. Tetlow has coached basketball, baseball, track, soccer and golf. He was inducted into the Sebring High School Hall of Fame in 1976.

Mr. Tetlow has been at Salem for quite a few years and he teaches Civics and History-Government. In the past he has taught social studies, English, geography and physical education. A member of the United Methodist Church, Mr. Tetlow has served as Sunday school teacher and superintendent. He and his wife, Louise, were chaperones for the European tour of "America's Youth in Concert," an international choral and orchestra association in 1978.

This honor is one that Mr. Tetlow well-deserves. It honors top-ranked athletes who have shown outstanding efforts throughout college. Congratulations Mr. Tetlow, and we can really say "Job Well Done."

## Senior Pictures

by Dennis Twaddle

The yearbook staff has been given permission from Mr. Delane to print senior pictures from studios other than Mr. Robinson in the yearbook. Here are the exact details as received from the office.

Senior color glossies must be 2 1/2" wide and 3 1/4" high, borderless, printed on N surface color paper... no texture. Chin to top of head should be about 1 1/2". All color glossies must be turned in to the yearbook staff by Dec. 21, 1979.

Producing a quality yearbook requires uniformity of quality, tone, contrast, and color for reproduction of the Senior pages. The Senior portraits are rephotographed by the yearbook printer and several pages of photographs are done at the same time. When pictures of different color, tone and contrast appear on the same page, the result is a checkerboard effect and the end result is unacceptable.

The yearbook staff reserves the right to reject any color glossies that is of the incorrect size, color, tone contrast or poor portrait quality. The yearbook staff will substitute the color glossy Robinson Studio rephotographed for any color glossy rejected.

Mr. Delane will have the final say. The reason for this, says Mr. Esposito, is to make everyone happy. But he feels that in the long run it will drive the price of the yearbook up to \$20.00 apiece.

## Scholarship Chance

by Chris Toot

Beth Benson, a student here at SHS has won the Century III Leaders Scholarship competition. The 18-year-old senior is now eligible to compete with other high school seniors throughout Ohio for two \$1,500 scholarships, two \$500 scholarships, and also for a \$10,000 national scholarship that will be awarded in a conference of state winners in historic Colonial Williamsburg, Virginia.

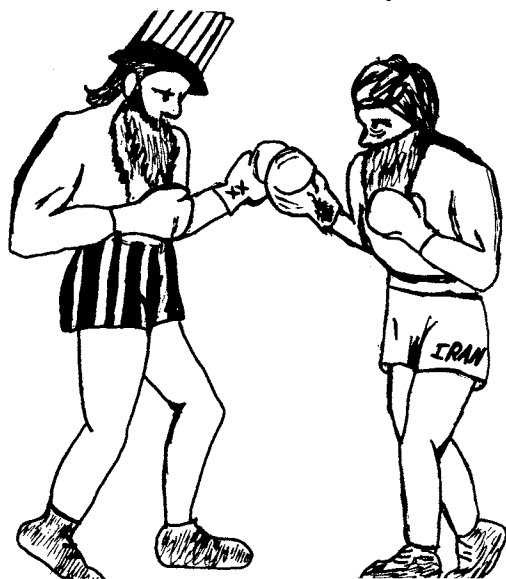
Ms. Benson triumphed in the local phase of the Century III Leaders program, a scholarship competition which emphasizes the future concerns of America. Students were judged on the basis of their leadership abilities, community involvement and score on a current events examination. To compete at the state level, Ms. Benson has written a brief projection outlining what she thinks is one of America's future challenges and how it should be met.

The two Ohio winners will receive an all-expense paid trip to the fourth annual Century III National Leadership Seminar in Williamsburg, March 7-10, to participate in seminars on current issues.

Beth plans to major in English and biology, and then to Medical School, hopefully at Radcliffe. Her hobbies are playing tennis, the piano and flute.

Runner-up in the competition was Dayne Myers, also a senior from SHS.

The program is administered by the National Association of Secondary School Principals.



The World's Longest Sparring Match

By Kim Smith

# "Laughter KILLS Audience"

by Steve Pridon

*The Murder Room*, a hilarious mystery farce, was presented at the Salem High auditorium November 16 and 17. It was a fine beginning for the drama season at Salem High.

Miss Elizabeth M. Crowll, director, did a fantastic job for the first production of her new directing career. Her vivid imagination proved to be very original with the costumes and the special effects of the play. The set was creatively built with a trick bay window seat, which was operated from behind the scenes. It was designed by Miss Crowll and Rich Schehl.

Tim Murphy's acting ability came flying out in the dual role of Edgar Hollister and Constable Abel Howard. Natalie Meyer, this year's AFS exchange student from Australia was excellent in her role as Mavis, the wife of Edgar. Her Australian accent came through and added a fine touch to the part of the rich English woman.

Playing the part of the slightly nose and suspicious housekeeper was Margot Medford. Several pounds of padding under her dress, gray hair, and glasses made her role of the maid very believable to the audience. Scott Miller was very good in his role of the police inspector trying to solve the murder.

Suzon Horning portrayed Susan Hollister, Edgar's "dumb blonde" daughter. She was excellent in playing the "ninny" of the family and her acting was enjoyed from her first appearance to the final curtain call. Jack Zocolo was also very good

as Barry Draper, Susan's bumbling American fiancee.

The whole play was totally enjoyable and the stupidity of some scenes came off extremely hilarious.

It's a shame that there were such poor attendances from the community. After all the hard work that goes into a play, the only reward for the participants is a large audience that will appreciate their work. People are urged to support the arts in Salem and come to the next production at SHS.



These students at a Korean school would love to write to Salem students as pen pals and to improve their English.

## A Few Weeks To Summer

DEBBIE VILJOEN, of Durban, Natal, (South Africa) has ended her stay here in U.S.A. and is on her way home to a South African summer.

Debbie has many good memories her U.S. year. "It was a very worthwhile experience, but it will be hard to go home after a year away." Settling down to Steelenbosch University (Cape Town) after returning home is Deb's major concern. She realizes that after a year she has changed and her friends at home will also have changed.

The main thing her Rotary experience has taught her is that she has discovered herself; she has a better understanding of how to fit into society. Most exchange students find themselves in a similar position — more open minded, and ready to accept others' point of view.

Debbie found that America is a country of contrasts, North to South; East to West however she is in the position to generalize, and considered small town Americans to be very conservative, in all parts of the country. She has travelled extensively around the U.S. and has a broadened view of the country rather than a single-impression of Salem.

Deb's experiences at S.H.S. have been enjoyable. She appreciated the interest S.H.S. students have shown in her and her country; but also feels that many kids are afraid to approach exchange students. Many Americans do not know as much about the rest of the world as foreign countries do of America, therefore if more S.H.S. students participate with exchange students, both parties benefit and learn more of our world.

Debbie especially liked the snow — however she didn't like the cold that came with the snow! Her family experiences showed that personal differences with individual characters are the only vast changes world wide.

Debbie wants to thank everyone here, for accepting her as a member of S.H.S. and for making her



Debbie Viljoen is on her way back to South Africa.

welcome in the community and at school. She now flies home via New York City and London.

## "WHAT A TRIP!"

by Ken Graff

"It will give the students a look at a larger newspaper in action so that they have a better idea of how high school newspapers work," were the comments of Mr. Esposito, Journalism teacher at Salem High School.

Mr. Esposito will be the chaperone of two journalism classes going to the Canton Repository on Wednesday, December 12th. When asking a few students how they feel they will benefit from the trip, some answers were:

Tom Wright: "I feel it will be a good learning experience seeing a large city newspaper."

Jack Zocolo: "After seeing how the Quaker is published, it will be exciting to see a large newspaper do this every day."

Kathy Lewis: "It will be a terrific experience to see a large city paper operate."

## Pep Assemblies

by Kim Mango

"I think they are good for school spirit if they are run in the right way," states Mr. Hackett, boys Varsity basketball coach, when asked his feelings on pep assemblies. There is still a small percentage of the student body who will not cooperate. Most of the students feel it's just the getting out of classes that's the fun. Mr. Hackett also stated, "it is also becoming too much class competitions, which is okay, but they are forgetting the purposes behind pep assemblies." There are two purposes behind pep assemblies:

1. To honor and respect the athletes no matter what sport.
2. To raise the morale and spirit of the student body.

## Spaghetti Dinner

Friday, Nov. 30  
First Christian Church

Adults \$3.00  
Children Under 12 \$1.50

5 - 8 P.M.

Benefit

World Convention Singers

## A Friend In Korea?

On October 27, 1979, Mrs. Esposito received a letter from Seoul, Korea, asking for a few of the youth in our community to communicate with the youngsters in Korea by way of mail. All who are possibly interested should see Mrs. Esposito. The letter follows:

October 27, 1979

Dear Editor,

Please forgive me for taking up your valuable time. I am a leader of the Student Language club in Seoul, Republic of Korea. In my club there are so many youngsters who wish to correspond with your youth in English language. Then I write to you in the hope that you will help them get in touch with young people in your country. Their ages are ranging from 13 to 17.

I think this kind of direct communication between friends will help both to learn each other's country and more over to provide a correspondence forum for discussion of international problems. It will also help my students to brush up their English skill. Of course, I guess they might

have fun in swapping items in their hobby collections.

Our student language club was organized by some English teachers many years ago, and there are many students who wish to correspond with foreign friends especially from your country for their knowledge about foreign countries. And for the knowledge of this corresponding might be the most desirable to them.

I am sure each of them will be the faithful friends and correspondents to anyone who wish to be there friends. It would be very nice if their new pen pals will kindly write about themselves including age, sex and any other informations for their Korean pen pals.

I hope you can perhaps publish my name and address in your esteemed paper. Then we will anxiously wait letters from your country. Thank you very much for your time and kind consideration.

Sincerely yours,  
Miss Ihnsook Kang  
C.P.O. Box 3834  
Seoul, Korea

## Library Aides

by Cindy Roessler

Library aides perform very important functions at our school library.

The aides' main jobs are checking in and out and shelving books and magazines. They are also in charge of the circulation desk and magazine room.

The library aides this semester are: Pat Smith, Peggy Julian, Jackie Harold, Dennis Twaddle, Sherri Hornung, Frank Zamarelli, Greg

Warner, Barry Magaros, Julie Vance, Wendy Stillwell, Dave Linton, Kim Roher, Nancy Strojak, Debbie Leider, Debbie Keller, Renae Anderson, Mary Evans, Denise Crum, Jackie Berger, Cindy Flanery, Steve Pridon, and Allan Abrams.

Mrs. Simcox also stated that she tries to have only two aides working per period and commented, "On the whole they do a pretty good job."

## Talkative Corner

Here we are again with the talkative corner, catching up on all the latest gossip.

So, how was everyone's Thanksgiving? Did you eat a lot of Tom Turkey? Ours was just spiffy. Don't you wish that we had a longer vacation? Maybe another week or so. Oh well!

Well, girls, do you know what time it is? It's diet time. Time to lose all those turkey pounds so you can fit into your White Christmas dress. You have bought a dress, haven't you? And guys, you have asked the girls, right? If you haven't, you'd better get on the ball 'cause there are exactly 21 days left before that big night and girls take a very long time picking out a dress. There are plenty of girls that want to go, so there's no excuse.

We hope to see everyone at the third basketball game tonight. We'd like to congratulate the team for their fine wins over West Branch and Marlinton last week at the John Cabas Tournaments. Let's keep it up guys!

We'd also like to congratulate the gals who were chosen to be on the Sweetheart court. We hope everyone attends to see who our

queen will be and goes to the dance afterwards.

Seniors, did you remember to order your graduation announcements? Doesn't it seem weird to think that we'll be leaving this great school (cough) in just about 7 months? Oh well, no great loss on our part. Maybe the school's, though.

Has anyone chowed down at the Pizza Hut yet? We sure have.

One last thing before we close. Hey, Tom Wright, how many people did you suck into joining your Frank Zappa Club?

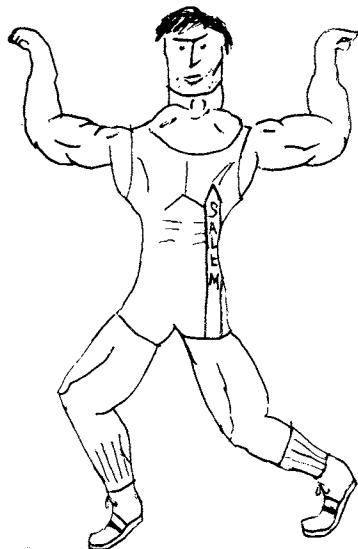
Because our last article didn't have an ending, this one's going to, so as one group of people to another... BYE BYE!

## Salem Wrestling is

1979

1977

1978



Growing!

Sean Hart

Straight From A  
Pre-Engagement With  
Dr. Hook  
**THE SALEM SENIOR  
DRAFTING CLUB**  
Takes Pride in Presenting  
**THE  
JEFFREY JOHN'S  
BAND**  
Live From  
The Youngstown Agora

# "I'll Bet You Didn't Know"

Did you know our first Salem High School was a log school? It was built by the Quakers in 1810 on Second Street. The Quakers had a fight and they split up. The ones that left went over on Ellsworth.

The first brick school was built in 1828, by the Quakers.

In 1853 the Salem Union School was built. It was built on the corner of Broadway and Second. This school combined everyone together.

1860-96 The students went to a type of frame wood building. This was the Fourth Street School that was built for high school students. It was a two story building. The top floor was for high school students, the bottom was for Junior High classes. This Fourth Street School was not safe. If there would have been a fire everyone in the building could have died. In 1897, the people decided to build a safer and better Fourth Street School. It was about the same as the one before, a two story building with high school students on top and Junior High on the bottom.

In 1917, it was decided to build the Junior High School that is now standing on Lincoln. The reason for this is because there were so many people coming to Salem: all the students couldn't fit in the Fourth Street School. As the population kept growing, people decided to build even a bigger school. In 1959, our Salem High School was built.

The first graduation class was of in 1865. It consisted of two girls. It took a whole day to graduate these two girls. The first thing the girls had to do was to give an essay or a speech; then after the speech there was a long mass of music. They took breaks in between each essay and music. They also took a break for lunch.

In 1893, since the Senior class grew, it would take two nights for students to graduate. They would take half one night and half the following evening. The reason it took so long for the graduation is that each student had to give an essay or a speech. Nowadays it takes one hour.

In 1896, before class rings were thought of, students would wear class pins. The class rings came about in 1909. When class rings first

came out, there was no Quaker Lady, so the emblem on the rings was the lamp of knowledge. When Quaker Lady was instituted, she was placed on the ring as an emblem of our school. The class of 1930 had the first stone in their rings. Students got to choose a class ring, or a class pin, or both the ring and pin. The cost was cheap; it was \$10.50 for both and \$5.25 for either one.

In 1922, Dr. Yaggi had bought gold footballs for each player. There was one left over, so the team and Dr. Yaggi decided to give this extra metal to an enthusiastic girl that always showed up for the football games. The football players had chosen Mrs. Florence Cosgrove. In 1924, they changed the rule. This was the year the whole school voted on one person. The girl that was chosen out of this class was Mrs. Betty Jones Barchoff. Now the queen and candidates are chosen by the Senior class. This rule took up in 1929.

In 1960, they thought of having a Sweetheart Queen. The first was Pat Keercher. She was chosen by the members of the basketball team. In 1961, the Sweetheart Queen was Helle Jensen. She was an exchange student from Sweden. This was also the year they decided that each Sweetheart Queen should receive a basketball charm. Miss Helle Jensen was the only exchange student to ever have this honor of being crowned queen. The following year Miss Jensen was asked to come back to crown the next queen.

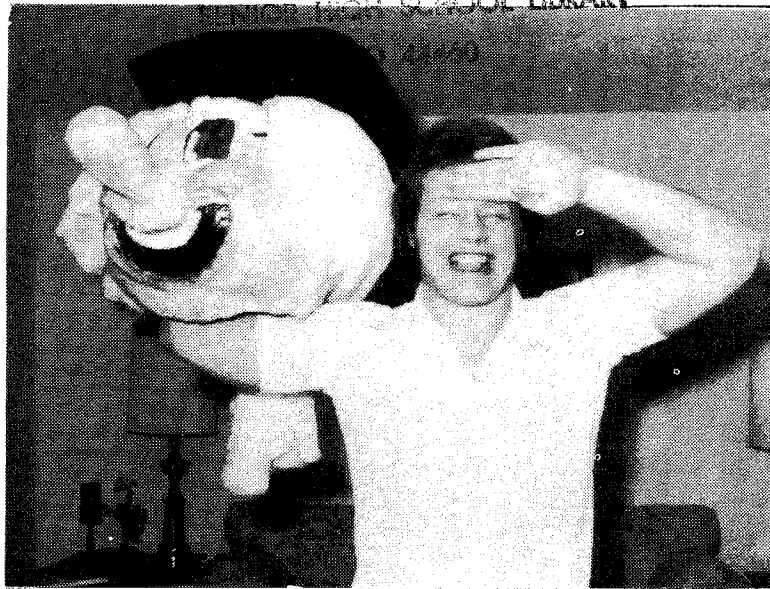
In 1953 Quaker Sam was instituted. Mr. Calvin, a young man who worked for the Salem News, had it drawn for Mr. Cabas. When Mr. Cabas was a basketball coach kids always teased him, about the guys wearing a Quaker Lady on their jackets. Well, Mr. Cabas got smart and decided we should have Quaker Sam to represent the High School sports, and Quaker Lady to represent our school. No one really knows how Quaker Sam got his name. In 1957 Quaker Sam was put on the yearbook for the first time.

I'm sure everyone has heard the slogan "Love Those Quakers." Mr. Cabas gets credit for making up this line. When Mr. Cabas was coaching, the superintendent of the school did

not want to hear anyone say "kill" in a cheer, so one year when Mr. Cabas was in Canada he saw a slogan "Love Those Cats." When Mr. Cabas returned home, he started saying "Love Those Quakers." After a while it became a famous saying. (Good job, Mr. Cabas!) In 1967 the famous pepettes were instituted. There was a club called the Booster Club with boys and girls combined; some girls decided to get individual letters spelling out Salem Quakers. They had two head pepettes and four officers and no alternates. The girls wore white sweaters with red letters, skirts, hose and loafers. Gradually the uniform changed.

In 1912, the cheerleaders were instituted. It started as two men: Mr. Leon Henault and Carl Yengling. Later on they had girl cheerleaders. They gradually built them up to 7 cheerleaders. Later there will be an article on all the cheers made up in 1912.

1959 — Cheerleaders decided to wear bonnets to represent the Quaker Lady. The uniforms were about the same as they are today.



Ken Graff holding Quaker Sam who started in 1953.

## Scholastic Art Awards

From now until the beginning of February, senior and junior high school students across the country have an opportunity to participate in the largest and oldest art, photography, and writing student awards program in the country — the Scholastic Awards Program, founded in 1926. A unique chance to win national honors and scholarships, the program invites students in grades 7 through 12 to submit original entries through their classroom teachers. More than 200,000 students are expected to participate. Co-sponsors of the Scholastic Awards include Eastman

Kodak, Hallmark, Smith-Corona, International Paper, and Strathmore.

Scholastic Art Awards cover the fields of painting, drawing, printmaking, design, sculpture, and crafts. In many areas of the U.S., the best work receives recognition through sponsored regional exhibitions — chiefly in February. Finalist entries, selected by regional judges, are forwarded to Scholastic for national judging. Regional honors include gold achievement keys and certificates, while the national awards are gold medal-plaques, tuition scholarships, cash awards, and the honor of representation in the 53rd annual National High School Art Exhibition. The Scholastic Art Awards makes available more art scholarships than any other program in the country, with 49 colleges and art schools participating.

Scholastic Photography Awards offers talented junior and senior high school photographers from across the U.S., its territories, U.S. schools abroad and Canada the opportunity to submit their best work in black-and-white or color. Thousands of photographs are submitted annually — many win preliminary honors in regional exhibitions which are a part of the Art Awards program. Sponsored by Eastman Kodak Company, at the national level, the program offers 250 cash awards amounting to \$7,500, three scholarship grants, Medallions of Excellence in addition to regional honors. Recognition is given in the annual Scholastic/Kodak National High School Photography Exhibition. A selection of prize-winning prints receive further recognition through a traveling exhibit prepared by Kodak, which tours U.S. schools and eventually is sent to foreign countries.

Scholastic Writing Awards provide an opportunity for the best in student writing to be seen and judged by distinguished authors, editors, and educators. Among recent judges are Jerzy Kosinski, Dale Wasserman, Lucille Fletcher, Art Buchwald, and Tom Wolfe. Entries may be submitted in fiction, non-fiction, poetry, drama, and musical composition. More than 30,000 entries were submitted last year from all fifty states and countries abroad. Among former winners who went on to become well known professional writers are Bernard Malamud, Joyce Carol Oates, Jean Stafford, Winfield Townley Scott, Merle Miller, and Joyce Maynard. Many of the award winning manuscripts are published in the Scholastic Book Services. Awards include cash prizes, scholarship grants, and certificates of merit.

Complete information and deadline dates appear in the respective rules books available between October and January. When writing for a rule book, please specify the division — Art, Photography, or Writing. Address: Scholastic Awards, 50 West 44th Street, New York, N.Y. 10036.

## Salem Cheerleaders In Action



Leading the cheers for the wrestlers this year are Kea Fediaczko, Kim Gerber, Julie Gibson. Not shown: Julie Sebo, Wendy Toulmin, and Becky Swartz.

The Salem cheerleaders are in action for another year in basketball and wrestling. This year there is a great squad of girls, cheering the wrestlers on to a winning season. They are: Kea Fediaczko (captain), Julie Sebo, Wendy Toulmin, Becky Swartz, Kim Gerber, and Julie Gibson. The team is planning many things for this year. They are planning to paint the hoop for the matches, and to help the pepettes do the wrestlers' lockers. They are just trying to arouse spirit, and would like everyone to attend the matches.

The varsity squad consists of six girls: Wendy Ellis (captain), Pam Huffman, Kathy Lewis, Kellee Karlis, Gab Totani, and Ann Vaughn. The varsity is getting ready

for a great season in basketball. The girls are practicing very hard on their cheers, and their introductions, to cheer the guys on.

The reserve team consists of: Trisha Shiovone (captain), Cathy Clark, Jenny Secrest, Lori Galchick, Sherri Martig and Beth Hippely. This team of girls is working very hard on cheers also. They are trying to provoke school spirit.

The freshman squad consists of: Laura Hutton (captain), Sue Gusman, Carla Geoga, Heather Roberts, Lisa Crosser, and Gigi Calai. The freshman squad is practicing very hard also getting their cheers together and helping out any way they can.

Good luck to all these girls.



1979-80 Basketball cheerleaders from left to right: Kellee Karlis, Gab Totani, Pam Huffman, Kathy Lewis, Ann Vaughn. Not pictured: captain, Wendy Ellis.

## Trivial Trivia

Howdy everyone! We're the trivial trivia gals, and we're back again to try and brighten up your day!

### Did You Know?

It is impossible to sneeze with your eyes open?

The only animal that sleeps on his back is man?

There is a patent on file for boots with pockets for use by nudists?!

In Islam, a Moslem man can divorce any of his four lawful wives by simply saying, "I divorce you" three times?

The shortest war was fought between England and Zanzibar. It took only 38 minutes.

Over 65% of the world's population goes through the day

without coming in contact with T.V., radio, newspapers, or telephones?

Since the right side of the brain controls the left side of the body, and vice versa, only left-handed people are actually in their right minds?!

Here's a little something for people who think we have a lot of rainy days: In 1918 at a city in Chile, rain fell on all but 18 days of the year, and on those 18 days it drizzled.

We would like to wish good luck to all the girls on the Sweetheart court, and close with this thought: If times are changing so fast, how come we're still sitting around watching the same movies we saw 20 years ago?!



We've got this Invitational in the bag.



John Cabas Invitational Greg Toothman

# AS SAM



## Football Season Over

by Chuck Cushman

Well, another fine Salem football season has ended. Our team finished the season with a fairly good record with a come back of four straight victories. The Varsity football team record was five and five. We went out and talked to a couple of the coaches, and they gave us their feelings on the season.

Coach Ricker said, he was very proud of his boys effort but, is disappointed in the record. Coach Ricker said the kids will just have to work harder for the next season. He is also very happy with the school's support. It helped the team's spirit a lot.

Coach DeBarr said he was also disappointed. There is a lot of potential but the kids did not use it. We will just have to work much harder next year.

Coach Long was upset at the overall record, but is happy the team came back to tie their record at five and five.

The Freshman finished off their season fairly well. They finished the year with two wins, four losses, and one tie. Mr. Ross, head coach of the Freshman football team gave us his thoughts on the teams season. Coach Ross said the kids could have had a much better record but did not work for it. The team started out losing their key personnel in the first game of the season. The team's record never improved during the season, Coach Ross hopes the kids learned from this past season.

The Bi-weekly staff congratulates the teams on their fine efforts, and wishes them luck in the season to come.

## Winter Track

by Janet Bettis

Bing Newton's winter track program is an outstanding success with a turnout of 50 athletes. Practice is usually held at Reilly Stadium Monday, Wednesday and Friday at 3:15 to 5:00 P.M.

Practice is voluntary and open to "anyone who likes to have fun and to work," stated Mr. Newton. Winter track is a mental and physical training that consists of running distances suited to the athlete's ability, stretching and exercising.

They run in indoor meets beginning in January as a team of the Champ of Champs Track Club, competing in A.A.U. and U.S. track and field events.

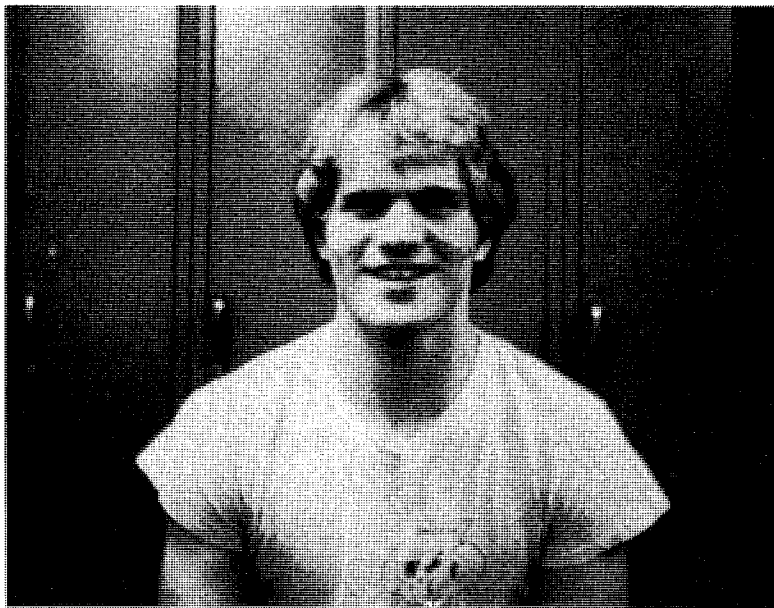
A highlight of Mr. Newton's program is Red Wednesday which is run at the end of practice at the Jr. High on Wednesdays. The runners are all dressed in red when they turn down the lights and job, sprint, and walk to music for fifteen minutes.

Red Wednesday is a "psychological development" that teaches the athletes that they have a reservoir of strength. This reserve tank becomes important because some of the distance men have already completed 8 to 10 miles earlier in the workout.

The purpose of training of this type is to "develop an idea that you're not really tired." It is mind over matter with mental not physical pain. "You get out of Red Wednesday what you put into it."

The finale is the sprint of champions when the athletes put out their last bits of energy while sprinting for 30 seconds.

Winter track began in 1970 with 8 athletes. Since then it has come a long way and with your participation it can become even more successful.



Among the fine efforts were those of Jeff Strabala as he rushed past the 1000 yard mark this season.

## Wrestling Season Previewed

by Tom Wright

"With all the returning lettermen from last year, plus we have been working real hard for the last several months and been keeping good attitudes. We can then expect to have another good season this year." These were Coach Kunar's words on the upcoming wrestling season.

The wrestlers have been working for the last few months lifting weights and running to prepare themselves for the '79-'80 season. There are eleven returning lettermen to provide leadership for this year's team.

This year's wrestling team will have a new attraction, wrestling cheerleaders. They will aid in getting the crowd involved in the match and help promote wrestling in Salem.

The wrestling team will be playing one of the toughest schedules in the area. Salem will also host the annual Christmas Tournament on December 28-29

The Quaker staff would like to wish Coach Kunar and the wrestlers good luck in the coming season.

## Are You Advanced?

by Phil Somgyarni

This year's advanced physical education class is engaged in many interesting and challenging activities.

The class, which has more variety than a regular gym class, will tackle long distance running, basketball, weight training, tennis, racquetball, bowling, ice skating, gymnastics, and archery.

Another activity for advanced phys. ed. students and other SHS students is the National Marine Physical Fitness Test.

The events of the test, in the order in which they are to be performed, are: sit-ups, 2 minute time limit, push-ups, standing broad jump, pull ups and shuttle run. The girls' events are the same, except for the push ups and pull ups, which are modified. If the participant attains a score of 250 points or more he or she will qualify to become a gym aide and will be presented with an attractive Certificate of Athletic Accomplishment.

The tests will begin Dec. 17. To participate get a pass from Mrs. Baillee or Coach DeBarr. The entire test should take 40 minutes.

If there are any further questions about this test contact Coach DeBarr.

### Salem High Varsity Wrestling 1979-80 Season

Nov. 29 Ravenna	H
Dec. 6 Girard	A
Dec. 14 E. Liverpool Tourn.	A
Dec. 15 E. Liverpool Tourn.	A
Dec. 20 E. Liverpool	A
Dec. 28 Salem Tourn. Rootstown Alliance-Girard-Louisville Ashtabula-Marlington Boardman	H
Jan. 5 Hubbard	H
Jan. 12 West Branch	H
Jan. 19 Warren Harding	A
Jan. 24 Liberty	A
Jan. 31 Boardman	H
Feb. 9 Warren Western Reserve	A
Feb. 14 Ursuline-Ravenna	H
Feb. 21 Canfield	H

## Weight Room Gets A Lift

by Phil Somgyarni

"There is no comparison to any school in this area, including all the schools in the Mahoning Valley Conference," says Coach DeBarr when recently interviewed about Salem High School's newly improved weight room.

The room, which is used by Salem athletics, has been recently added to after last year's successful lift-a-thon. Some of the new equipment added is 3,400 lb. Olympic free weight sets, approximately 600 lbs. of York free weights, 3 Olympic benches, 3 curling bars, 2 calf machines, new carpeting, mirrors, weight belts, and 2 squat racks, both of which were made by our own metal shop. In all, the room contains 9 Nautilus machines, which are some of the best weight machines available today.

With another lift-a-thon planned for later in the school year the weight room will grow even more. This could only improve the already fine quality of our Salem athletes.



# SEES IT

## Cabas Invitational A Success

by Jack Zocolo

The first annual John Cabas Invitational opened Friday, November 23, and ended Saturday, November 24 in the Salem High gymnasium. The tournament was dedicated to John Cabas, former head coach of Salem. In 1959, Cabas led the predominant Quakers to the state tournament.

The representing teams for the tourney were Marlinton Dukes vs Poland Bulldogs, and West Branch Warriors vs Salem Quakers. Marlinton succumbed the Bulldogs of Poland by a score of 79-43. Salem was victorious over the Warriors 58-41. Leading scorers for Salem were Scott Smith collecting 18 points and 10 rebounds. Tom Scullion tallied 16 points, and pulled down seven rebounds. Being a single elimination tournament, Salem faced Marlinton, and as a consolation, West Branch played Poland.

The second half of the invitational opened with the consolation game between West Branch and Poland. West Branch beat the Bulldogs by a

slim margin: 68-61. Then the victors of the first half came face to face in the all important championship game. The middle of the first quarter the Dukes led 6-2 over Salem. Salem then came back to a score of 10-8 after the first period of play. Mark Shivers executed some fine play during the game adding 17 points and 8 rebounds. Co-captain John Madison sparked up the Quakers with 8 points and some fancy defensive ability. The sparky sophomore, Marty Hergenrother delighted the crowds in both games with his agility and quickness on both offense and defense. He also tied with Shivers tallying four assists each.

Coach Hackett's overall comments were, "I was very pleased with our performance during the tournament. But the one factor that kept us together and winning was our defense. We have three tough games ahead of us: Woodrow Wilson, Youngstown South, and Alliance. So I hope we can keep up the hustle, and give it all we got." JAM 'EM QUAKERS!!

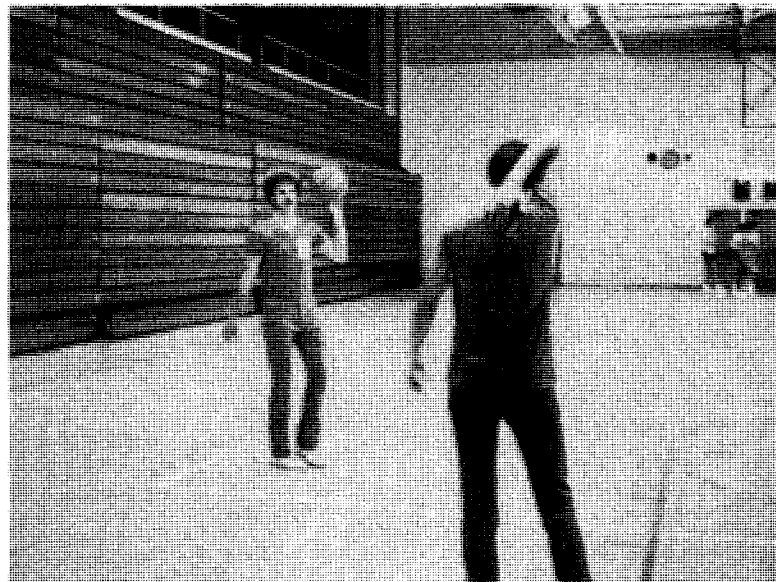
## Roundballers Starting Seasons

The boys varsity cagers started their season off on a winning note this past Thanksgiving weekend by soundly defeating arch-rival West Branch 58-41, and then Marlinton 74-57, in the championship game of the First annual John Cabas Invitational Tournament held here. This will count on the team's season record. "We played good team ball, and we hustled, but we still have some preseason jitters to get rid of," remarked Coach Hackett. "This year's unit is paced by a solid team effort, with no selfishness among players, and I am happy with this," stated head coach Mr. Hackett. The team includes seniors: John Madison (captain), Mark Shivers (captain), Brett Smith, Scott Smith, Jeff Walters, Joe Hartzell and Jeff Strabala. Juniors: Tom Scullion, Rich Stapleton, Jeff Rogers, and Jeff Zimmerman. Sophomores Dave Yeagley and Marty Hergenrother. The varsity will be in action again tonight against Youngstown Wilson. Lets all come

and cheer the boys into victory number three. Good luck boys!

The reserve squad also saw action this past weekend in a tournament held at West Branch. They won the tournament by defeating West Branch 64-62 and Marlinton 64-47. Dave Yeagley hit a 25 footer with 3 seconds left to lead them over West Branch. Against Marlinton Mark Berger paced them with 16 points, while Nick Paporodis and Jeff Zimmerman chipped in with 8 apiece. The reserves are under the guidance of Mr. Roger Ziegler and will see action tonight against Youngstown Wilson prior to the varsity contest.

The Freshman cagers have been working hard at practices, trying to improve on all phases of the game. They are divided into two teams. The squads are called Red and Black. The Red team is coached by Mr. Chet Tetlow. The Black team is under the guidance of Mr. Jerry Allen. Good luck to the freshmen in your cage season!



Coach Hackett hopes to lead his team to many victories as they dribble into the new season. Coach Readshaw (left) is in charge of the girls basketball team for the second consecutive season.