

Ohio Quakers 149

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SALEM SENIOR HIGH SCHOOL — SALEM, OHIO

FRIDAY, FEBRUARY 3, 1989

## Sweetheart Crowned

by Andrea Engle

The 1989 Sweetheart Crowning took place last Friday at halftime of the MVC bout between Salem and Canfield. The seven girls chosen to be on the court are: Amy Callatone escorted by Ryan Beiling; Julie Ehrhart escorted by Matt Medford; Kelli Kish escorted by Scott Wilson; Lisa Miller escorted by Brad Richert; Shannon Sauerwein escorted by Darren Everhart; Tara Wareham escorted by Andy Pasko; and chosen as Sweetheart queen, Heidi Sutter escorted by Dave Exline.

The girls were chosen by the senior class on a criteria of personality, congeniality, and activities participated in.

Amy Callatone is a member of

TACT. She also was active on the White Christmas and Prom committees. She is currently employed at Nemenz Foodland. Amy is going to continue her education at Kent State University majoring in business.

Julie Ehrhart plays the drums in the band. She is a varsity basketball player, German club participant, and a member of the National Honor Society. Julie is pursuing a career in broadcast journalism at Miami University.

Kelli Kish is a varsity basketball cheerleader. She also is a member of TACT, Pep Club, and Prom Committee. Kelli would like to go to nursing school after graduation to become a nurse practitioner.



Front, L. to R. — Kelli Kish, Shannon Sauerwein, Heidi Sutter, and Lisa Miller.

Back — Amy Callatone, Julie Ehrhart, Tara Wareham.

Lisa Miller is Senior Class Treasurer. She is also active in student council, TACT, Pep Club, French Club, and was a freshman cheerleader. Lisa will attend the University of Akron to major in finance.

Shannon Sauerwein is a varsity basketball cheerleader. She is also a member of TACT, Pep Club, White Christmas and Prom committees. Shannon participates in gymnastics as well. She is attending Youngstown State University to study nursing.

Tara Wareham is a member of TACT. She also participates in Key Club, Pep Club, and track. Tara would like to attend the University of Iowa after graduation.

Queen Heidi Sutter is football cheerleading captain. She is active in Pep Club and was Spanish Club Treasurer. Heidi is planning on attending Mount Union to major in physical education.

Former Sweetheart Queen, Christine Neidhart escorted by Mike O'Brien, crowned Heidi. Heidi said, "I did not think I was going to win." After the announcement was made, Heidi said, "At first I felt shocked. Then I was surprised to hear my name." Heidi feels honored that the senior class has chosen her as their Sweetheart Queen.

The queen and her court enjoyed a dance after the game sponsored by the Junior Class. The theme of the evening was "Paradise City."

## Anorexia: It's A Problem

by Bridget Roelen

Some people say celebrities have it all. That may be so in some instances, but for Karen Carpenter that wasn't the case.

"The Karen Carpenter Story," produced by Richard Carpenter, was aired on CBS, January 1st. The movie enlightens people on the terrible disease, anorexia nervosa. This is an emotional disorder which often leads to self-induced vomiting and taking large doses of laxatives. It is often called self-starvation with a resultant loss of 25% or more of the body weight.

Karen was not one for vomiting, but she did take an awful lot of laxatives. Her doctor, Steven Levenkron said, in an interview with a People Weekly reporter, "She fought a tough battle and won." But Karen Carpenter died of heart failure on February 4, 1983. Her body just could not take the loss of all of that weight and then gaining it back so quickly.

The prime period of anorexia nervosa is 12-19 years of age. One in 100 young women in the age group actually develops anorexia, but 20 percent of this population manifest at least one symptom of an eating disorder.

This disease often occurs in

attractive girls from affluent families who need to please their parents. They often want perfection and high achievements in school. That also is why people may refer to anorexia nervosa as "The good girl's disease." They usually keep their emotions inside and take care of other people; not themselves. A person with anorexia nervosa is often obsessed with weight and weighing oneself. Another symptom may be excessive dieting with elimination of some foods from the diet.

A few Nutra-Bolic weight reduction employees agreed "People are dieting more than ever before. Teenagers especially, should stay away from fast food because they contain a lot of sodium. The junk food is bad for the body, as well as the complexion." One woman also stated that teenagers are not exercising enough especially if they are not involved in any kind of sport or activity. This just goes to show that dieting is a life-or-death decision, so do it under a doctor's supervision or at least use your head and eat wisely!

## Rappin' With Rabell

by Andrea Hendron

In a recent interview with Mr. Rabell, *The Quaker* discussed three important topics on student supervision. These topics included, parking cars in their designated area, Saturday detentions, and exam procedures.

According to Mr. Rabell, appropriate action will be taken against students if they do not park in their designated area. License and registration numbers are being checked. Detention will be given to any of the violators of these

procedures, which are given in the student folder.

Mr. Rabell would like to remind students anytime there is a school cancellation on a Friday, there will be no Saturday Detention.

Exam procedures went well according to Mr. Rabell. However, a few students forgot their excuses to get out of last period study halls.

Mr. Rabell visited the staff of *The Quaker*, to talk to the journalism students personally. Numerous topics of interest to the students were discussed.

## New Courses and Requirements at SHS

By Jennifer Sommers

Some changes are ahead for the new year. Instead of the counselors coming into English classes, they will be holding assemblies. These assemblies are as follows.

**Monday February 6** — Assembly for eighth grade students (incoming ninth graders) — registration for High School.

— 8:15 A.M.  
— Jr. High Auditorium  
— High School Counselors

**February 6-10** — Vocational Promotion Week.

**Thursday February 9** — Sophomores — Vocational Field Trip to Alliance.

— Time to be announced (only those sophomores who with Ms. Carmello will be attending.)

**Monday February 13** — Registration (Scheduling) Day at Salem High School.

Assemblies will be held for registration information during the following times:

Juniors — Periods 1 and 2  
Report to auditorium after attendance.

Sophomores — Periods 3 and 4  
Report to auditorium after second period.

Freshmen — Periods 6 and 7  
Report to auditorium after fifth period.

IF STUDENTS ARE ABSENT — THEY SHOULD SEE THEIR COUNSELOR UPON RETURN.

**Thursday February 16** — Schedules returned to counselors. (Counselors will pick up schedules in English classes — five minutes)

**Tuesday February 21** — FINAL DEADLINE—SCHEDULES DUE!!

— (Counselors will pick up schedules in English classes — five minutes)

Along with the assemblies, there will be some new courses being added. In the English Department, they will be adding Creative Writing and Contemporary Film and Literature. These two courses are semester courses for juniors and seniors. For more information on these courses, Mrs. Esposito can explain them in greater detail.

In the Social Studies Department, Sociology and Urban Geography will be offered. These are also semester courses for grades 10-12.

In the Fine Arts Department, Humanities I and II will be added. They are semester courses, and one of them can be taken without the other.

Business Education will be opening new material to freshmen.

The Art Department will be offering a drawing class and a portfolio class. They relatively explain themselves, and will be full-year courses.

The Home Ec. Department will be offering two semester courses. They are Fashion Fabrics and Independent Living.

Finally, the Vocational Department, IOE will be having a new format which is expected to work nicely. Students entering their junior year have a choice of taking Accounting or Steno. In their senior year, they can go into two new programs. These are CBE, Cooperative Business Education, which is a working program, or Administrative Secretarial. For more information on them, Mrs. MacKenzie is in charge of the programs.

There will be one new requirement added. Students will be required to take six classes, instead of five. Classes with a lab will count as two, though.

This is just a quick preview of some of the new courses and requirements for the future. If students have any questions, they shouldn't hesitate to talk with their counselors.

## IOE Update

During the week of February 6-10, 1989, the I.O.E. Department will be recruiting students for next year's programs. Two new programs will be available through the vocational business department. They will be: C.B.E. (Co-operative Business Education) and Administrative Secretary. Additional information will be available in the business classes and grade-level assemblies, as well as from counselors.

Other activities scheduled for this week include:

— Presentation to business classes followed by a tour of the I.O.E. Department.

— Showcase display near the business classes explaining the I.O.E. and the new business programs.

— Radio program broadcast on WSOM-FM.

— Competition between the I.O.E. classes testing student skills that have been learned in I.O.E.

— Third Quarterly Departmental meeting sponsored by Steno I. Mr. Larry Muntz and Mrs. Becky Hamilton of Society Bank will be the guest speakers.

— Daily announcements will be given on the PA and cafeteria bulletin board informing students about opportunities in the department.

Accounting/Clerical II just finished a job-seeking unit. Laura Busch of American Standard spoke to the class about the interviewing process. Each student was videotaped as Laura interviewed them. Laura then provided students with additional information to help them be successful in their job-seeking efforts.

## Assemblies On The Way

by Terri Downard

Why are there so few school assemblies? The answer is lack of interest of the student body. Interest is needed in order for the high school to get an assembly to be presented.

It then must be cleared by Mr. McShane, who said, "We've shown excellent behavior so now is the time to start bringing in more assemblies. We don't have to threat behavior its expected."

If there's any chance of something that all students would enjoy and find interesting as well as fun they need to get involved! There are all kinds of contests sponsored by radio stations for singers, groups, and dance parties to be put on in high schools, so WHY not get involved in these things?

If students start bringing in ideas for subjects that may be of interest to the high school get in touch with a guidance counselor or Mr. McShane.

Two upcoming assemblies will be held at SHS on the following dates:  
February 16 — An assembly will be held by SANDY WALTERS of NASA (National Aeronautics and Space Administration) Lewis Research Center in Cleveland, Ohio.

March 2 — An all-school assembly will be conducted by a small concert band from the Indiana University of Pennsylvania directed by DR. DANIEL DICICCO and will be playing various selections of serious and popular music.

These are upcoming assemblies to watch for. If more assemblies are to be brought to SHS or you have a topic of interest to you and could be to the student body and faculty get in touch with a GUIDANCE COUNSELOR they would like to hear from you!

## Love Lines

by Jenni Smith

What's the perfect way to let your sweetheart know you care? A Valentine Love Line in the Salem News classifieds!

The Quaker staff is sponsoring the sale of Love Lines, and will be selling them in the cafeteria during all lunch periods. There is a choice of three different styles of Love Lines, ranging in price from \$1.50 to \$6.00.

The first style is a large, outlined box containing a message and your choice of artwork decoration. This type sells for \$6.00.

The second style is a mid-sized, outlined box, also containing a message and your choice of artwork decoration. This type sells for \$3.00.

The third choice is a three line message, but with no additional artwork decoration; and sells for \$1.50.

All Love Lines purchased by SHS students will be placed in a special section of the paper, to be easily spotted by your sweetheart.

So ask that special someone, "Won't you be mine?" But do it with class — send a Love Line!

# Salem Back on B-Ball Map

by Brad Richert

Salem is back on the basketball map. They have been playing like the team that won the M.V.C. with a 19 and 3 record in 1985. The team elevated its record to 11 and 4 on an 8 game winning streak before losing a nail biter to M.V.C. leader Canfield last Friday.

Salem was looking for its fifth straight victory when it entered JFK January 14 but it wasn't going to be easy. Salem led the Eagles for most of the game but they hung in there and made Salem make some turnovers to let them back in it. During the fourth quarter there were lead changes. During the stretch Lance Miller made some clutch one-and-one free throws which put Salem up by 3 with 30 seconds left. JFK's Bill McCallister was fouled and calmly sunk two foul shots. The Eagles got the ball back on a missed one-and-one attempt. Allen Ryan was fouled with 2 seconds left. He calmly sunk the first foul shot to tie the game and then bounced the other one off the rim as time ran out. Overtime came and Salem buried the hatchet on JFK beating them 79 to 73. Coach Spack said, "I feel this game is the turning point of the season because the kids know they can win the tough games on the road." Salem placed four guys in double figures and also had good bench play.

The Quakers' next game was home against a Campbell team that

beat Canfield earlier. Salem was going for their sixth straight victory but fell behind early 8 to 2 in the first quarter. Quaker then took control and never looked back. For the first time this season each starter reached double figures which is an impressive stat. Tom "Money" Wiggers led them with 14 points while Lance Miller followed with 13. That has been the story of Salem's season, the ability to have different players to lead the team in scoring. Coach Spack said, "I don't know how I would play them if I was an opposing coach because each starting member can score 20."

Salem's next matchup was more like a prize fight against Poland. The game started out like nobody wanted to score. Each team shot under 50 percent with Poland shooting a meager 27 percent from the field and 26 percent from the line. Salem could have been looking forward to their game against West Branch but came away with a rough victory. Quakers proved they were not a bunch of wimps and could play some tough, hard basketball. The win was their seventh in a row as they beat the Bulldogs by 18 points. Tim Steffen led the charge with 11 points as Salem continued to have balanced scoring. Thank the team defense for this victory because the offense was not going to win any awards that night.

Salem next welcomed West

Branch to their not so friendly confines of Salem gymnasium. With West Branch ranked eleventh in the state many people did not think Salem had a chance. A lot of players were back from the team that beat Salem last year for the first time ever. Both teams had big winning streaks with the rivals having a big green forest called a frontcourt. The fans might have been pessimistic going into the game but the players were not. Tom Wiggers said, "I knew we could win this game going in and figured we would." Well, Tom you were right. Not only did you win, you crushed them by 18 points. 3,500 basketball fans packed into the gym to watch them play. It was a sea of red and green with both sides behaving well. Salem jumped on them early in the game and took a 20 to seven lead when Lance Miller hit two 3-pointers to boost his league leading average. Brooke Pidgeon sunk nine of ten free throws and scored a team high seventeen points to lead the Quakers. Pidgeon was the eighth different leading scorer during each of the eight wins during the streak which has to make coach happy. Wiggers and Pidgeon shutdown supposedly the best point guard in the area. Bill Kress, our big man in the middle, had another great game defensively making the big play when Salem needed it. That was the story of the game, Salem making the big play when they needed it. Coach Spack said, he was excited the crowd was so big and great because it helps the players out.

Salem's next game was the most important game of the year against Canfield for the lead in the M.V.C. Again the gym was packed to almost capacity. Both teams were ready for this one but things were different than the first game when the Cards blew away the Quakers. Coach believes the Quakers had the advantage because they were more confident, had Tim Steffen back from injury, and were playing well. Salem took an early lead off poor Canfield shooting. Salem started to get sloppy with the ball and let Canfield within one point by halftime. Throughout the third quarter the two teams traded baskets. The fourth quarter was wild

and wooly with the Cards taking the lead with a couple of minutes left. Salem had its chances to win the game but continued to miss key freethrow attempts. Salem lost but they played their hearts out. Canfield was just the better team with their experienced players coming through. Salem has not lost all its chances of winning the M.V.C. but it is very unlikely.

Coach Spack is very happy the Quakers have been playing against quality teams and winning but he still sees room for improvement. He felt going into the season if injury-free they could have a good season. Coach also feels the seniors are showing great leadership to bring the younger kids around. Salem has played a tough non-conference schedule to get them ready for the M.V.C. and the tournament. Salem has a 12 and 5 record and will be ready to go far in the tournament.

## Wiggers Assists

by Robyn Anderson

Tom Wiggers is one more key gear on Salem's basketball unit. Tom is a senior starter and has one of the higher scoring percentages.

Wiggers thinks that this year's team has potential and could do quite well down the stretch. "The best thing about this year's team is our balanced attack," he commented.

He also thinks that the bench support has plenty to do with the successful season the team is having. He said, "We have the ability to bring a few guys off the bench and maintain an adequate playing level."

Wiggers plans on attending The Ohio State University to further his education. He would like to attempt baseball but has his doubts about basketball. When questioned about basketball his only comment was, "... come on, get real!" So I assume this means no.

Wiggers feels comfortable with this year's squad and will have a touch of remorse when he graduates. "What I will miss most after graduation will be my fellow players and all the good times we have had together."

Tom is an excellent ball player and exciting to watch. He told me that he loves to play in front of large crowds, so why not please Tom and come out to cheer the Quakers to victory.

## Leave for Lunch?

by Shawn Chappell

Many students may wonder why they have to stay for study halls and stay inside the school during lunch periods. This question is often brought up by the students of the school and was one of the often-mentioned questions in the Student Council Suggestion Box.

The reasons for these policies are; first, the State of Ohio requires that a student must be in school for at least five and a half hours each day. Seniors may leave eighth period, if they have a study hall, only to go to their job. As for lunch periods, the time factor is the determining agent here. Lunches are only thirty minutes long and would not give enough time for students to leave, get lunch, and be back on time.

If you are loaded with study halls, there are some solutions to this problem. You could take other classes besides required courses, such as shop classes, home economics classes, typing, art and music courses. Next year a student will be required to have six courses which will cut down on the number of study halls in a person's schedule. Another idea being talked about now is a student lounge. This will be a privilege that students must earn to get out of study hall.

Coach Allen is having another good year coaching the reserves with an 11 and 5 record just like the big team. The crowd favorite Mark Burrier is having a great season scoring in double figures just about every game. Eric Thorne is also having a great season and should be able to take Bill Kress's spot on varsity next year. All in all the reserves are playing good ball with good play from players like Charlie Honeywell, Shawn Binsley and Brian Petrucci. Salem basketball is back and they are winning.

## Heading for MVC!

by Richard Cochran

The Lady Quakers are rounding up one of their most successful seasons in many years. The girls are 11-6 in regular season action and 7-3 in MVC play.

The ladies face three tough games to wind down their schedule. The girls will go up against Struthers, who lead the MVC. The Quakers fell to the Wildcats earlier this season. Next, the girls will visit Wellsville to try to defeat them once again. Finally the ladies will battle Canfield at home.

The Lady Quakers started out the regular season 7-1 before losing to Struthers, which started off a streak of defeats. The primary reason for this mid-season slump was caused by the girls not playing like a team. But after the problems were resolved, the Lady Quakers came out swinging knocking out three MVC teams — J.F.K., Campbell, and Poland.

Team co-captain Andrea Engle said, "Like all teams, we've had our ups and downs this season. But, now we are on an 'up,' and I feel sorry for the teams that have to face us cause they're going down!"

In upcoming tournament action the girls face the same tough teams that have plagued them throughout the season. The seeded teams in the Division II Tournament are Girard, Struthers, Canfield, and West Branch. The Lady Quakers will play West Branch February 13, at 8:00 P.M., at Canfield High School.

## Student Lounge Still Possible

by Mark Milliken

A student lounge is being negotiated by Student Council and the office. They are still not sure on where to put the lounge because of the limited space but the cloak room by the gym is considered a good place by both. The times the lounge could be used are after school, during study halls, or during lunch. Many students don't want it after school because no one would want to stay after school to use the lounge. Student Council agrees with these students and would want the lounge open for study halls.

The qualifications for a student to use the lounge are not settled upon fully yet but Student Council would like the lounge to be open to seniors with at least a 2.5 GPA. Mr. McShane would also like a student's citizenship record to be considered. The lounge would be unattended by teachers but a member of Student Council would be present at all times. This causes a few problems. Without teacher supervision some students might get rowdy.

Mr. McShane believes that the lounge is a good idea as does Student Council but some of the students think it is a waste of time because the students won't be able to handle themselves responsibly and will ruin it for everyone.

The negotiations might take all the rest of this year to be settled upon but if an agreement can be reached, both Mr. McShane and Student Council think the lounge will work out all right.

## Alumni Teacher

by Lori Jones

As a part of a continuation of the Salem High alumni teachers series, the Salem High journalism staff has selected Mrs. Helen Hayes for this issue. Since this is Mrs. Hayes' first year teaching at Salem High School, this interview will provide a chance to learn something about her.

Mrs. Hayes currently teaches courses in Algebra, Pre-Algebra, Geometry and Practical Math. For the past 21 years she taught Math, Advanced Math, and a computer course at the Salem Jr. High.

*Q. — Why did you choose Math as your teaching career?*

*A. — Math was one of my better subjects back in high school and college.*

*Q. — Do you feel that math is an important part of a high school curriculum?*

*A. — Yes, I do. Math is*

important in the top five paying occupations.

*Q. — How has Salem changed over the years from when you were a student here?*

*A. — Salem had much more activities for students when I was younger. For example, there was a Youth Center down at the Memorial Building for us to go to.*

*Q. — Where did you graduate from college?*

*A. — I graduated from Mount Union College, then got my Masters from Youngstown in Math. Later I went back to Akron and Kent for computer courses.*

*Q. — Why did you choose to teach here?*

*A. — I came back to Salem after graduating from college hoping to get a job at Salem. But instead of Salem hiring me first, West Branch hired me. After working there a year, I started work at Salem.*

*Q. — Will there be any new Math courses offered for next year?*

*A. — There will be a new math course next year offered for juniors and seniors. It will be a mixture of Algebra I and Geometry.*

*Q. — Are any of your children following in your teaching footsteps?*

*A. — Yes, my daughter Heidi is teaching classes at Kent in English and Philosophy.*

*Q. Do you see an attitude change in the students from when you were here?*

*A. — Yes, kids today are very serious in their schoolwork.*

Mrs. Hayes is a very concerned teacher. She likes to get involved with her students. Please take the time to talk with her and get to know her.

## Wrestling

by Tim Blasiman

For the past couple weeks, the Salem wrestlers have been struggling to stay in step in the EOWL league, but Beaver Local dampened their efforts. The Beavers beat Salem to keep in the lead in the league. Salem dropped to 1-2 in the league. After Beaver Local, Salem ventured to Howland for the Howland Invitational Wrestling Tournament where five people were in the finals, Shane Carr, Tod Kilgore and Derek Brant finished 3rd and Clarence Fields and Chris Nichols finished fourth.

After Howland Salem went to Jackson-Milton. The Blue Jays handed Salem another loss in the league by beating Salem 31-30. From Jackson-Milton Salem went to the Alliance Invitational Wrestling Tournament. Derek Brant was Salem's only finalist. He got sixth place out of 25 teams from around the area.

February 4 Salem wrestles against Boardman at home with JV's beginning at 6:00 p.m. Come out and support your team. Salem has 2 home matches left (including Boardman) and one away and the EOWL tournament. After these, then sectionals begin for the wrestlers. That's the year for Salem under new head coach Jim Dailey.

**In this job,  
it's not every man  
for himself.**

Instead, it's what every man can do for the other. Be a little encouragement. A push somewhere along the way. A hand here. A favor there. That's what being a Marine is all about. Being part of the team. Part of the elite. If you'd like to join us, contact your local recruiter 332-4630.



**Marines**  
We're looking for a few good men.

THE QUAKER student newspaper is published by the journalism students of Salem Senior High School.

Principal: Mr. Charles McShane

Advisor: Mr. William Esposito

### Editors This Issue

Lori Jones and Steve Martens

### Reporters

Robyn Anderson  
Kelly Armstrong  
Tim Blasiman  
Mark Capps  
Shawn Chappell  
Richard Cochran

Terri Downard  
Andrea Engle  
Matt Flanery  
Andrea Hendron  
Lori Jones

Steve Martens  
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