

Just Say "No"!

By Robyn Anderson

The war on drugs will begin once again on May 8 to May 12. This crusade is an everlasting battle which tries to keep people off drugs for at least a week.

The week is titled "Just Say No To Drugs Week." Students at Salem will be able to sign a slip saying that they will not use drugs. These slips will be released in hot air balloons.

Students will also be able to dress in clothes appropriate to the saying that goes along with that particular day.

Monday, May 8 — "Work up a sweat and say no to drugs." The students may wear no sweat pants.

Tuesday, May 9 — "Hats off to drug free school." The students may wear their favorite hat.

Wednesday, May 10 — "Life is bearable without drugs." The students may wear something with a bear on it or even carry around their favorite childhood teddy bear.

Thursday, May 11 — "Be a sport. Don't use drugs." The students should wear an article of clothing having the emblem or something symbolizing their favorite sports team.

Friday, May 12 — "Catch the drug free wave." The students should dress up in their surfer clothes or something having to do with the beaches of Hawaii.

Mrs. Monteleone is in charge of the drug free week at the high school and Mrs. Gaither from the junior high is controlling the entire week.

The "Just Say No To Drugs" week is going to attempt to prove to students and even people in the community that they do not need drugs to get by. It's meant to get the point across that if students and townspeople can survive one week without harmful drugs, then they can do without them forever.

The week only pertains to drugs and not alcohol — even though alcohol is a drug. There would almost have to be an entire week devoted solely to alcohol considering the size of the problem.

To cap it all off, if you haven't noticed already, Brad Richert will be on the loudspeaker every day to remind you of the day's events and give you some inspiration to "Just Say No To Drugs."

TACT Olympics Wins Gold

By Andrea Engle

The first annual TACT Olympic Games were a huge success. The teams competed in many fun and competitive events arranged by the dedicated TACT Olympic Committee. After the Opening Theme was played by Chris Catlin and Darrin Ward, the games were ready to begin.

The seven-person teams competed in six individual events as well as several team contests. The individual events included: the water balloon toss, the three-legged race, the scooter race, the beachball carry, the frisbee toss and the balloon dance. Two, three and four members of each team competed in each of these fun events.

After the individual competitions, the teams were pumped up to take part in the group events. The tennis ball toss was first. It took quick hands and reflexes to win this tricky game. The team of Lance Miller, Heidi Sutter, Brooke Pidgeon, Tiffany Kelly, Tom Wiggers, Lisa Herron and Brian Petrucci took the honors in this competition. The second team contest was the tug-of-war. Brad Richert, Darren Everhart, Bob Sprowl, Chris Catlin, Kim Hedrick, Andrea Engle, and substitute, Mr. Washinko, tugged to a victory.

With the scores all close, the deciding factor would be the obstacle course. The teams were timed as they did the following

events: book balancing, push ups, knee crawling, cartwheels, crutch racing, shoestrapping hopping and crab walking. All teams came out close; however, the Key Club team, the Richert team and the Miller team all took the top finishes.

As the teams relaxed around a bonfire eating hot dogs and playing volleyball, the scores were tallied up. And the winners were Miller, Sutter, Pidgeon, Kelly, Wiggers, Herron and Petrucci. These guys finished with a combined total of 79 points. They were honored with "gold" TACT medals and will receive dinner at Pizza Hut. The second place team with a score of 74 was Richert, Everhart, Sprowl, Catlin, Hedrick and Engle. They received "silver" medals and sundaes from Friendly's. Best Dressed team went to Bill Kress, Dave Exline, Darren Phillips, Ryan Beiling, Amie Erath and Julie Ehrhart. They sported t-shirts with a picture of Mark Gastineau on the front and "Athlete's Choice" on the back. These fashionable athletes received hats with a "Drug and Alcohol Free Tomorrow" logo.

The day was a hit with everyone who participated and came to watch. Mr. and Mrs. Cozza and several TACT parents made it possible for the Olympics to be such a success. Congratulations to the winners! And for the teams who did not win — better luck next year!

¿Qué Pasa Señor Monteleone?

By Kelly Armstrong

Our assistant principal and Spanish teacher, Mr. Monteleone, has been teaching here at Salem for quite a few years, but many students still know little about him. In a recent interview with him, I asked him some of the questions that may be on students' minds and got answers that will help us all to know more about Mr. Monteleone.

Quaker — What year did you graduate from Salem High School?
Mr. Monteleone — I graduated in 1950.

Quaker — Were you involved in any activities here at the high school?

Mr. Monteleone — Yes, I was

primarily involved in Spanish Club.
Quaker — Has anything drastically changed since you attended school here?

Mr. Monteleone — Well, I went to the old high school, which is now the junior high. Inflation has changed some things, too. We used to be able to pay five dollars for a ticket that got us into everything you can imagine. For example, with that ticket you could go to athletic events, school plays, dances, and get your yearbook. Plus we had a Dean of Boys and a Dean of Girls. They were something like assistant principals.

Quaker — Was there anything different about the students?

Counselors by Shawn Chappell

Many times students have questions that cannot be answered by the regular classroom teachers. To help students with problems like scheduling and colleges Salem High has three counselors: Mrs. Bosu, Mr. Washinko, and Miss Carmello.

The newest member of the counselling team is Mr. Washinko, who is in his first year of counselling and came to Salem from Beaver Local High School. Mr. Washinko has found Salem to be a good high school in which to work. He explains, "I have been impressed with the administration and Mr. McShane's will and ability to listen to the students." Mr. Washinko has a great appreciation for the students and is happy with the academic pride expressed in the school. He further added, "I also would like to express my appreciation to Mrs. Bosu and Miss Carmello for their help this year."

Mrs. Bosu, who has been a counselor for several years, and Miss Carmello, who returned to Salem as a counselor a couple years ago, feel that students need to be more concerned about their grades and attendance. All three counselors want students to feel free to come and discuss the positive and negative aspects of the school.

I.O.E. Update

On Saturday, April 22, the I.O.E. students participated at the YSU Business Olympics. The winners were:

Typewriting Speed — Mary Jeffries, 2nd Place

Word Processing — Marcie Martin, 3rd Place

On Friday, April 28, the students also attended the KSU competition. The winners from that are:

Typing 3 — Kathi Galchick, 2nd Place and Tammy Ritchea, 3rd Place

Shorthand 2 — Bev Hill, 1st Place

Accounting 1 — Chris Chamberlain, 1st Place

Business Math — Karen Worrell, 1st Place

Records Management (Filing) — Sheri McLaughlin, 1st Place and Michelle Buterbaugh, 2nd Place

Congratulations to all students who participated in both events.

Mr. Monteleone — Well, I believe that a student's life mirrors the society in which he lives, so of course some things have changed about the students. For example, we didn't have any drug problems like we do now.

Quaker — What is the one thing that you would like your students to learn?

Mr. Monteleone — Definitely discipline. Students have to learn to do things that they really don't want to do, and to do it well.

The Quaker hopes that Mr. Monteleone's wishes and dreams all come true.

Student-Teacher Day A Success

By Bridget Roelen

"I loved it," said Mr. McShane. "All students acting as teachers handled themselves professionally. The students gave the professional courtesies that were necessary. Also, a big thanks to Miss Carmello and Student Council for a great job!"

This statement sums up many opinions on Student-Teacher Day, which was Thursday, April 27. This day that was used many years ago was revived last year with the help of Mrs. May and Student council. It went so well that they decided to have it again.

Applications were available in March and a committee of students and teachers picked the "teachers for a day."

Many of the student-teachers dressed much like their regular teachers. Even some teachers, like Mrs. Davidoff, dressed more casually.

Student-Teacher Day seemed to be a learning experience for all and will probably continue as long as things go well.

Some students were asked what they thought about Student-Teacher Day and here is what they said:

Craig Reinehr — I thought it was interesting what counselors do being on the other side of the wall.

Jill Browne — I thought it was an enjoyable and interesting day. It wasn't as difficult as I thought it would be. The students were great.

Chris Brady — I felt that the day was very productive. The student-teachers were well prepared.

Gert Wilms — The day went along great! Every student-teacher I had was great. It was fun day for both the students and staff. Next year I hope there is 100 percent participation.

Smoke-Free Society

By Lisa Chamberlin

For the last 25 years smoking has been proven by the surgeon general's office to be a leading cause of death among men and women smokers. Smoking increases the chances of heart disease, lung cancer and many other unnecessary health complications (Milliken A-26). *Cancer Facts and Figures* of March, 1988, released these astonishing cancer rates of smokers: men who smoke cigarettes have a fifty percent greater risk of cancer and women who smoke have a sixty-seven percent greater risk of cancer than those who do not smoke. "A smoker's chance of dying as a result of cigarette smoking is worse than one in three," says the society's national president, Dr. Harmon J. Eyre (A-26).

Such staggering figures have influenced many people enough to stop smoking or never smoke at all. For whatever reasons, many have chosen to preserve their health and avoid such a detrimental habit. However, nonsmokers have not evaded the risks of a smoking society. Nonsmokers are still subjected to the hazards of cigarettes in public places such as restaurants, shopping and grocery stores, as well as transportation including planes, cars, trains, and buses. Workplaces are not free of these hazards either. Aside from the offensive odor of pyridine (a byproduct of the burning of nicotine and ammonia with a high electrical potential which causes it to adhere to people's hair, clothes and skin), there are the more serious considerations. Nonsmokers who work in a smoking environment could experience allergic reactions including throat, nose and eye irritations possibly leading to decreased lung function and increased asthma. Pregnant nonsmoking women could have babies with low birth weights (A-26). Four studies, reported by Dr. Ira Trager, chief of infectious diseases at the Veterans Administration Hospital in San Francisco, have revealed that lung cancer is forty percent greater for nonsmokers who work in a smoking environment (A-26).

The American Lung Association's studies show that "half of nonsmokers report difficulty working near a smoker and another 36 percent report second hand smoke often forces them away from their desks and work stations" (A-26). These irritations are real.

Furthermore, nonsmokers are experiencing the effects of both mainstream and sidestream smoke. Mainstream smoke is smoke that has been released from the smoker's lungs and into the air for everyone else to breathe. Sidestream, which is much more serious, is smoke released from the burning ends of cigarettes. The American Lung Association has reported the following facts. Sidestream smoke contains more toxic ingredients and is accountable for 85 percent of the smoke filling a room. Sidestream smoke contains twice as much tar and nicotine, five times more carbon monoxide, fifty times more ammonia, and three times more of the cancer causing agent benzpyrene than does mainstream smoke (A-26).

The hazards of smoking have concerned people enough to take action. Businesses are becoming aware of the detriments smokers pose. According to the Office of Technology Assessment, "Illness and lost productivity resulting from smoking cost the nation \$65 billion annually" (A-26). Businesses are promoting nonsmoking environments by paying for programs to eliminate smoking. Businesses are doing so because they want to reduce conflicts among workers, protect their sensitive computer equipment, and reduce health care costs and absenteeism (A-26).

The long time discomfort and fears of smoke to nonsmokers are valid. Nonsmokers are being threatened by the thoughtlessness of others. Nonsmokers should not have to suffer and pay the consequences of such a dirty habit. No one should have the right to endanger someone else's life. It is time that these dangers be recognized. Banning cigarette smoking in public places and various transportation is not only protecting our health but is the beginning of making smoking unacceptable. Perhaps this will influence young people and other susceptible people not to begin smoking. Perhaps then Surgeon General C. Everett Koop's "call for a smoke free society by the end of this century" (A-26) will become a reality.

Reference: Milliken, Peter. "Second Hand Smoke Is Blamed as in Probable Cause of Cancer." *The Vincicator* March 1988: A-26.

A Major League Hit

By Brad Richert

The fans run on to the field to celebrate the Cleveland Indians' first pennant in 35 years. The excitement is unreal at Municipal Stadium. Is it real, or is it a movie? Well, unfortunately it is the recently released movie MAJOR LEAGUE. As hard as it is to believe, the Tribe does win a pennant in this new movie. The movie is led by a quartet of good actors: Charlie Sheen, Tom Berringer, Wesley Snipes, and Corbin Bernsen.

The movie starts out just before the Tribe's spring training. An ex-model widow becomes the new owner. She wants one thing from the Indians and that is for them to be the worst team ever. She wants to relocate the team to Miami because she hates Cleveland. The Indians, for spring training, put together the biggest bunch of misfits seen since the Bad News Bears. They brought in convicts, washed up players, and some, not even invited, showed up.

After spring training, the team was put together with Charlie Sheen playing the fireball pitcher, and Rickie Vaughn, with no control. Tom Berringer plays Jake Taylor, the washed up catcher with bad knees. Corbin Bernsen is the old veteran, Roger Doran, who does not want to get hurt to hurt his acting career and Wesley Snipes the speed demon. Willie Mays Hays, who was not invited to camp, plus other members like the voodoo worshipping Cuban.

This movie was predictable the whole way through. I sat there and

knew what was going to happen next. Even though I knew what was happening I was sitting on the edge of my chair enjoying it. This movie was showing the enjoyable and funny side of baseball. At times the crowd in the movies would clap it was so funny. The comedy was original because who would ever believe that the Indians would actually win. An example is when the owner was trying to make the team lose so she wouldn't give them a whirlpool. So the players made their own by taking an outboard motor off a boat and got a big metal tank. It was funny because this was a Major League team and these things don't happen.

Despite the hardships the team starts winning after the team found out about the owner's plan for them to lose. This part a two-year old could have guessed what was going to happen. Despite that, the movie went on and was still exciting to watch. I think what made it good was simply the Cleveland Indians. The team represented losing the past thirty-five years. To see them win in the movie is worth the price of admission for Tribe fans. It was funny the whole way through. It might have been predictable but seeing them win was unbelievable. I recommend that people who like baseball and people from the Cleveland area see it. Heck, my side hurt from laughing. I think everybody looking for a good time should see it.

Just A Swingin'

By Jennifer Sommers

This year's boys' tennis team consists of Niels Blom, Mike Rosta, Dave Reed, Price Rodrigues, Kirk Mager, Andy Brothers, Brian Hadcock, Shawn Ritz, Joe Mueller and Rick Lobdell. Their record thus far in the season is two wins and 11 losses. "The record doesn't reflect on specific matches," said Mr. Sabo.

Sure, the record doesn't say much for the team, but maybe this will. Against Boardman, Niels and Price could have won. They gave the Boardman players a tough fight. Dave and Mike won their match against Boardman. This is just one of the team's accomplishments this year. Another is the fact that they

were able to play well against Canfield, too.

It has been very difficult for Mr. Sabo to set up a definite lineup because of the injuries the team members have had. This minor difficulty doesn't keep the team from looking forward to Sectionals, though. Andy Brothers should do fine in his singles matches there. "He is our most outstanding singles player," said Mr. Sabo. Mr. Sabo would like to see more people coming out to cheer the team on. He knows the matches are long, but just think of how long they are for the players. They only get 30 seconds in between games.

Spring Concert Blooming

By Lori Jones

What does the word "Concert" mean to high school students? To some, it means rock groups at Blossom. To others, it means boredom, but to the Salem High Band and Choir students, it means being able to show the community how skillful the students really are.

On Friday, May 19, the Salem Music Department will present its 61st Annual Spring Concert.

The music that will be performed this year is a variety of songs that range between the years 1930 to 1980. The songs have a serious or "classical sense" to them.

According to Mrs. Jeckavitch, SHS choir director, "The choir should do a good job in this year's Spring Concert." The choir has been practicing for three months to get ready for this concert. They will perform seven songs ranging from a spiritual "Alleluia" to "The Star Spangled Banner."

The Chamber Choir is singing a melody of three songs that are sung in French, English and Italian.

"The band students are ready for the concert," said Mr. Jeckavitch, the Band Director of the Marching and Concert bands

Dial-A-Teacher

by Andrea Hendron

Having trouble with your homework? If so, Dial-A-Teacher. Dial-A-Teacher is a service implemented by WFMJ Television to help students and parents with school related issues. Currently, teachers from Mahoning, Trumbull, and Mercer counties are involved with this program.

This program is the first phase from The More You Know Campaign, which is headed by the Rochester Teachers Association, and has been successful for the past eight years. The Dial-A-Teacher program which started April 3, will end on May 18. This was just a trial period, to see where most counties need help in education, and to make the public aware of this program. The program will start again next September and will continue for the rest of the school year. Just a little reminder, the teachers are there for guidance not to give answers.

Hit 'n Run

By Matt Flanery

The Salem Baseball Team has started out the 1989 season at an even pace. The team currently stands at 6-7 and 2-5 in the M.V.C. Please, don't let that record fool you though; they have played a very tough schedule. The conference games alone are hard because of the strength of the league.

There have been some close games down the stretch where Salem has come up on the losing side, but those games could have easily gone the Mighty Quakers' way. With just a little more offensive productivity and strong performances from the pitching staff the Quakers could be looking pretty fine by tournament time.

The team, under the guidance of head coach Jim Lantz, has had a few stand out performers so far. On the offensive side there are three main people to look out for in the future years.

Chico Saunders and Lance Miller (Mr. Athlete of Salem High), two juniors, are having exceptionally good seasons. Freshman Brian Petrucci is also having a fine year at the plate and should be a fine player in the years to come.

Out on the rubber, Larry Slanker is pitching quite well in his senior year. There is also fine relief help from sophomores Jeff Shirley and Dave Clunk. Good stoppers are the key to any good pitching staff and the Quakers have a couple of good ones here.

The starting seniors on this young team are Reinehr at catcher, Wiggers in the outfield, Slanker and Smitty pitching, and my man Flounder out on first. It is a young team and shows signs of promise in the years to come.

Guys' Volleyball Underway

By Steven Martens

The Salem boys' volleyball team played Austintown Fitch. The match was held in Salem starting at six o'clock on May first.

Salem lost three straight games to Austintown which was scheduled to go the best of five games. Salem lost the first game by the score of 15-6. Salem then lost the next two games with a score of 15-2.

Throughout the games the serves were very inconsistent. Coach Conser usually says in his practices that without good serves points cannot be scored.

The bumps during the service reception were the poorest aspect through the games. It was a rare occasion that Darrin Ward and Charlie Honeywell would receive a good bump to set. Both were very tired with having to chase bad bumps. And again the team was unable to get the ball back to score points. The setters did a good job in getting to the ball and being able to get the ball to the spikers.

Girls Hurdle Competition

By Terri Downard

Small but mighty Salem High School's girls' track team proves its size isn't its downfall but makes the difference in an undefeated season so far this year.

Winning three dual meets with Youngstown South, Poland and Struthers to remain unbeaten in duals, the girls were also runner ups in the Canfield Invitational and fourth in the East Palestine Invitational. They placed in 15 out of 16 events at the County Meet where there were three schools that had won four years a piece, including Wellsville, East Liverpool and Salem. However, Salem broke that three-way tie this year making them a five-time winner in the county competition and thus becoming the school that has won the most county meets in girls' track.

The team reacted with excitement as they won the County Meet, setting two county records, one in the 3200 relay which included Trishia Wilms, Justine Moraine, Amie Erath and Theresa Kaine. The second was in the 1600 run. The winner of the MVP award in running belonged to Theresa Kaine. More pressure was put on the girls this year because most people expected Salem to win, but the girls handled the pressure very well. The team is strong in all events, and field event are much stronger now than in the past. "At this standing in the season their times and distances are better than expected," says girls' track coach, Mrs. Miller.

The girls' team this year is doing well even with a smaller number of participants. Tiffany Tepsic states,

Lounge Update

By Richard Cochran

Salem High School has something new around the building — a student lounge. The student council adopted the new idea and gave lounge privileges to the senior class. The senior class was chosen because the council feels the seniors are mature and responsible enough to handle it properly. Council representatives thought the seniors should have a place to socialize and relax; therefore, the lounge was devised.

The rules of the lounge do go further than just being a senior. The student's grade point average must be at least 2.8 in order to gain entrance into the lounge. Stereo headphones are permitted in the lounge but nowhere else in the building. Socializing without disturbing other parts of the school is also permitted. Students can attend the lounge only one period per day. The already established rules of the school will be applied while in the lounge.

"The student lounge is a good incentive for students," said Mr. Washinko about the lounge. "If the students handle it properly, the lounge can be a good thing."

"Even though we are a small team, we still are going to be just as good as in the past."

Mrs. Miller has many hopes for the girls' team. "I'd like to win the MVC and plan to complete the rest of the season undefeated. I'd like to be in the top four teams at Districts and I would most definitely like to take someone to State Meet, but most important, I'd like everyone on the team to get their personal best by the end of the season!" Mrs. Miller feels really lucky to have girls that work as hard as they do. "They don't really know yet how good they really are, but I know."

"Through all we've gone through, we'll stick together as a team for the rest of the season," stated Pam Lippiatt.

The Quaker would like to thank Mrs. Miller for the chance to talk with her and to wish the girls' team the Best of Luck!

County Champs

By Mark Capps

With a 2-0 record and two-time county champs, there was no doubt that the Salem boys' track team would win the title a third time. Led by seniors Graham Parks, Darren Everhart, and Matt Medford, Salem outscored its closest opponent by 57. (Salem 143, East Palestine 86, United Local 77, Beaver Local 48, East Liverpool 30, Crestview 27, Lisbon 27, Southern Local 22, Wellsville 20, Leetonia 12 and Columbiana 4.)

Medford was the high point award winner in the running events with 25 points. He won both the hurdles and was a runner on the winning 400 and 1600 relay teams.

Everhart won the high point in the field events with 18 points. He placed first in the shot put and second in the discus. Their consistent efforts helped lift Salem to a win.

Graham Parks won the 800 and 1600 runs and was on the winning 3200 relay team. Brian Martin placed first in the 100 and 200. Martin's 11.2 speed also helped Salem win the 400 relay with Kris Kornbau, Wally Hupp and Matt Medford.

Rounding out the winners for Salem were Steve Huzyak's 12-6 vault and the 1600 relay team of Bob Sprowl, Scott Ricker, Kornbau and Medford. It was a spectacular win for the Quakers who are now three times county champs.

This past Saturday, Salem hosted the 14th Annual F. E. Cope Relays and to no one's surprise, Salem also dominated this meet winning 11 of 14 events. Salem amassed 74 points to leave the competition in the dust. They won the discus, high jump, long jump, pole vault, 6400 relay, 400 relay, 400 distance medley relay, shuttle hurdle relay, 800 relay, 3200 relay and the 1600 relay. "We had a good showing," commented Sean Scahill who was on the winning 6400 and 3200 relays.

Salem seemed to just run away with the track meet. No pun intended. It was a strong effort for the boys' track team. Their next meet is scheduled for Saturday, May 6 and if they run like they have been, it will be no contest.

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