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SALEM SENIOR HIGH SCHOOL - SALEM, OHIO

FRIDAY, MARCH 16, 1990

Before Graduation "Looking Ahead"

Going to college is a very big step for most high school students. Preparations should begin their freshman year! Freshman and sophomores should be visiting colleges, and examining their admission requirements in order to select appropriate high school courses to meet college entrance requirements.

The following chart is a "checklist" drawn up by the Guidance Department to help Juniors, and Seniors keep a timeline of the procedures necessary for successful admission to any college. Junior Year

- 1. Examine the educational opportunities available.
 - 2. Discuss plans with parents. 3. Meet the counselor.
- 4. Register for and take the Preliminary Scholastic Aptitude Test/National Merit Scholarship Qualifying Test.
- 5. Examine financial resources and review plans for financial aid.
- 6. Visit college campuses; talk to graduates and students at the school being considered.
- In the Spring all Juniors should: 1. Register and take the College Board Exams. (SAT/ACT).
- 2. Review college admissions requirements and select necessary

by Shane Morrison

high school courses in Senior year. 3. Juniors interested in Military Academy appointments and/or ROTC should begin application procedures

Senior Year

For your Senior year you should start preparations in July. July through September:

- 1. Write at least three colleges requesting application forms, catalogs and financial aid information.
- 2. Maintain or improve academic grades during senior year. Colleges look unfavorably on failing grades.
- 3. Seniors who did not take the ACT/SAT should register and take the tests.
 - October through November:
- 1. See your counselor when you have questions or need help.
- 2. Learn which tests are required by colleges and take them. (Achievement tests?)
- 3. Meet with college representatives when they visit school "College Fairs."
 - In December seniors should:
- 1. Send applications to colleges by Christmas unless a college says
- 2. Have parents participate in "Financial Aid Workshop."
- 3. Bring applications, checks, etc.

to counselor and have a transcript (high school grades) sent to college. Give Counselor the proper forms at least two weeks before they are due. January:

1. Parents should start Financial Aid Process. FAF's should be submitted.

February:

1. Ask the Counselor to send the first semester's grades to the colleges, along with any other information not already sent.

Scholastics Entrants

by Shawn Hoefler

Students who submitted pictures to the Scholastics competition in the photography division were:

Bob Fox — Gold Key Richard Shoaff (2 entries) Linda Stanley (2 entries) Patty Lesch

Bob Hadcock Eric Sobek

Allen Stokes

Heather Willard

Students who submitted work to Scholastics in the visual art division were:

Darby DeJane — Gold Key Danielle Juhasz — Gold Key Ronda Williams - Gold Key Tammy Criss Shawn Hoefler

Clayton Kibler Eric Sobek — Portfolio Allen Stokes (2 entries)

Girls Get Their Turn At Bat

Salem has finally given in to the demands of the girls who have been wanting a softball team before they

This is the first year for a school oriented softball team in Salem. Most of the girls who are going out for this spring sport already have some experience in the field, but there are still some changes in high school softball than in recreational softball. The most significant difference is that it is fast-pitch, the softball still have to be thrown underhand, but there is no limit to how fast it can be thrown. Some of the other differences are that they can bunt the ball, and also steal bases. The softball team is being led by coach Conser and coach Headland. Some of the girls who are

going out for the sport had a few comments about it.

Laci Reed — Its o.k., fast pitch is new, you can steal and bunt; we are starting from the bottom, we can only go up.

Kristin Ehrhart — I like it a lot better than slow pitch, it's more exciting, you just have to get used to

Brandi Ickes — It's really fun, I hope to learn a lot this year.

Vikki Rosta — I like it a lot, but it's going kind of slow.

Allison Kilmer — I like it a lot better than slow pitch because it's exhilarating.

Good luck to the girls with their opening season, hopefully they will earn some banners to hang up next to the other sports in our gym.

YSU Student Teacher by Sharla Brown

Mrs. Drake, a student at YSU, is now a student teacher for SHS, and will be until March 16. When interviewing Mrs. Drake here's how she replied:

The Quaker: What do you like about Salem Sr. High School?

Drake: The students and teachers are very nice, and it's a very positive atmosphere.

The Quaker: Would you want to teach here after you graduate from college?

Drake: Yes, I would teach at Salem, but I would work anywhere. The Quaker: What do you think

of the students that you have in your

Drake: They're good, it took them awhile to get used to me.

Business Education Department

by Sharla Brown

ney have asked Salem to host the spring meeting. This is the first time Salem has been asked to host this meeting. They accepted and the meeting is scheduled for May 1, 1990. It will be held at Timberlanes.

There are approximately 300 members. They include all college, technical, high schools, and vocational educators in all counties surrounding Mahoning County. This also includes Pennsylvania.

At the meetings, there are speakers to keep educators up to date



The YABTA (Youngstown Area on the latest concerns or needs in the Business Teachers Association) business curriculum. They have scheduled Dr. Sansone speak on the health concerns discovered in working with computers, and office related occupations. He will present ways to improve and protect individuals from such occurrences.

In addition to a speaker, businesses display items of interest to business educators. The host's area businesses usually donate items to be given as door prizes and/or contribute items of advertisement representing their company (scratch pads, pencils, key chains, etc.) which are given to each member who attends the meeting. They are presently contacting local businesses to inform them of this meeting, and to see if they are interested in setting a display or donating items to represent their place of business.

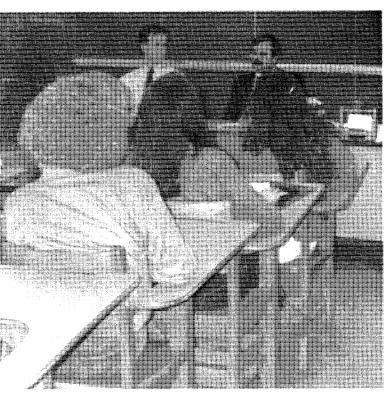
They have, in addition to this, scheduled the High School Choir to entertain our members. Mrs. Jeckavitch has agreed to bring her Chamber Choir for a short performance.

Salem Artists Earn Awards by Shawn Hoefler

Salem art students recently earned honors at the scholastics art competition in Bliss Hall at Youngstown State University. A total of nine art works, ten photographs, and one portfolio were sent to be exhibited. This year, only ten entries were allowed per teacher. This is a result of a major sponsor withdrawing support. Students who sent their work were judged according to artistic creativity, technical skill, and overall talent. Receiving prestigious Gold Key awards were:

Darby DeJane — Pencil Bob Fox - Photography Danielle Juhasz - Silk Screen Ronda Williams — Pencil

Congratulations to these winners and their achievements in the visual art field. The Quaker staff would like to wish these students best wishes in their art careers.



Speakers for Accounting II class on Financial Investments of Corporations. Speakers were Roger Hack of Hill, Barth, & King and Robert McCulloch of Parker Hunter.

The "15 " Annual "Pops" Concert

by Hugh Brunet

The Salem High School Music Department presented on February 22nd the "15th" Annual "Pops" Concert in the Salem High School Auditorium. The Salem High School Chamber Choir and the Salem High School Concert Choir gave us a very good concert directed by Mrs. Carol Jeckavitch, and the Salem High School Jazz Ensemble directed by Mr. Jeff Jeckavitch did good too.

After a welcome by our superintendent Dr. Burton D. Schoffman, the Salem Concert Choir started the "Pops" Concert with four good songs, and "Do You Love Me" from "Dirty Dancing" caught the attention of the crowd. After that, the Salem Chamber Choir interpreted a very good revue of the Beatles that

everybody enjoyed. Then, the Concert Choir ended the songs of the Concert.

Then, the big moment that the young people waited for was the Concert part of the Salem High School Jazz ensemble. Everybody enjoyed it and the crowd was really amazing. The conclusion was very good with some drums solos by Kevin Garlock, Joe McGrath, Brian Whitehill and the very good Travis Zeigler.

I really think that the full auditorium enjoyed this good "Pops" Concert. Let's thank Mr. and Mrs. Jeckavitch and all the High School students who participated and made a wonderful job.

School Activities and Group Update

1989-90

National Art **Honor Society**

Advisor: Ms. Yereb

NAHS has volunteered to assist with the Governor's art judging. This will be held in the high school cafeteria on Saturday, March 17. Artwork that is selected will be sent to Columbus for further competition. Also, plans for a trip to the Butler Institute of American Art are being finalized. Congratulations to senior member Danielle Juhasz for receiving a Gold Key award at Scholastics.

Spanish Club

Advisor: Mr. Monteleone A spring trip to Chi-Chi's in Boardman is being planned. Members are reminded to listen

for announcements of meetings. S.T.O.P.

Advisor: Mr. Washinko STOP has peer listening during lunch periods. Please contact Mr. Washinko if you are interested in signing up. SOAR is a new program with kids from Prospect and Southeast schools. The format is similar to a big brother/big sister program.

French Club

Advisor: Mrs. Arter

The French club is taking a field trip on March 16 to Pittsburgh to see a French musical. Plans are being made for the spring banquet. A party was just held to celebrate the Mardi Gras.

TACT

Advisor: Mrs. Cozza TACT is planning a drug/

alcohol free St. Patrick's Day party. Activities will include a lip-sync contest and games.

Chess Club

Advisor: Mr. Sabo

The Chess club meets every other Tuesday. In the near future, members hope to compete against area high schools. Currently, the club is seeking additional chess boards.

Yearbook Staff

Advisor: Mrs. Tina Haves

The yearbook staff is selling yearbooks through March at the price of \$30.00 per book. The Seniors' "Then and Now" pictures are due on or before March 21. The price is \$20.00 for space for one picture.

The Negotiation, The Hit: Fair Or Foul?

Is it me, or are these baseball talks grueling on for no reason at all? They have been "slugging" it out now for 25 days with no results. I think both sides have more career strikeouts than Nolan Ryan or Cory

It's like Margo Adams vs. Wade Boggs. Neither side wants to give in because it would mean mega-bucks either way. The players keep insisting on raising the average salary to \$120,000 a season. The owners want to lower the salary \$68,000 a year. Salary arbitration has been the thing that's being argued. Now comes the big question: Who is at fault here for these stupid arguments? If we say that the players are at fault, that would be saying that they are money-grubbing, womanizing scumbags. (Maybe that's not so bad.) But some people, including me, feel that rookies or second year players shouldn't get more than at least \$70,000 a year unless they can prove that they are one super baseball talent with the potential to win a World Series. Now

by Larry Zagotti

if the owners are to blame, they could be considered conceited and could be the Don Kings of the baseball world. Mr. King always went around complaining that he and Mike Tyson lost money when Buster Douglas "illegally" beat him on a slow count. If these talks don't get somewhere, somebody else will lose money and get that neat haircut of Don's. The owners are proposing that rookies and second year players don't get arbitration cases. Now this means that second year players won't get to buy that new Mercedes or that insignificant little yacht floating on the Mediterranean.

All-star players like Will Clark may be among the greatest to play the game right now, but he shouldn't get to play Donald Trump every year till he retires. (But right now I don't think that he would want to, unless he considers Marla Maples a good target.) If players keep getting this kind of money, they will soon turn into the new members of New Kids on the Block. I realize that players

need to make a living, but they think that if they don't get their yearly Christmas club bonus they won't have a car for every day of the week.

I'd say that both sides are at fault here. By locking the players out of spring training, the owners are depriving the players, especially the

Now comes the big question: Who is at fault here for these stupid arguments?

young ones, of the opportunity to show of their talents to the American people and the owners themselves. The players, by wanting more money, are just showing why they all could be politicians. By wanting more money, the players are doing to the American public what politicians have been doing to us for years: a certain four letter word. But if I was to attend one of the meetings between the owners and the players, it would probably have the excitement of a Brady Bunch family

Beaver Local Strike Finally Comes To An End

After a total of 32 days, the Beaver Local teachers' strike has officially come to an end. An 11-hour bargaining session Friday at the county courthouse resulted in an agreement for a three-year contract that calls for a total of 7.5 percent

pay increase. This would include a

School Spirit

School spirit is something I have we usually don't have the time for never known before coming to Salem for my Senior year. As a foreign exchange student from France I was very surprised with the school spirit in Salem and in the other schools. I will always remember some of the big basketball games that have come at the end of the season. All the fans were here to wear the Salem colors, and to support and cheer their favorite team. Even when the Quakers lost, the fans showed their spirit.

What a new thing for me! In France, we don't have all the school teams you have here (football, basketball, baseball, volleyball). Sport is a club activity out of school. School is just a place to study where fun is rarely permitted. After eight to nine hours a day of different classes,

Quaker's Proposal on Student Expression

We, the staff of "the Quaker," in order to promote quality reading material through the use of free speech and opinion, do hereby abide by and take protection under the ideals and principles of the First Amendment, the Constitution, and other various court rulings.

It is our duty to keep our readers currently informed of school activities.

We are also obligated to avoid any form of libel, obscenity, invasion of privacy, and any subject which may cause a disruption in the community or in the normal routine of the school day.

If at any time felt appropriate, the principal can reserve the right to edit or censor any material that he considers in any way to be inappropriate for publication.

Since "the Quaker" is a student forum, we encourage from our readers any feedback in the form of essays, letters,

by Julie Hippely

freeze in the first year, a 2.5 percent raise in the second year and a 5 percent hike in the third. The teachers and board seem to be satisfied with the contract. Although,

I think sport activities are very important in school, because sport and fun help to make school more enjoyable and easier. I really enjoy my stay here as a big fan of the girls and boys basketball teams. Even if the results are not always perfect, I will think that the Quakers are the best. I will never forget this very good experience.

The **Benefits**

by Dan Brothers

Put down the stale cola! Spit out the cold pizza! All you teenagers are out of shape. There is more to life than shoplifting, MTV, and meaningless relationships. It's time to exercise! Ready? Begin!

Fanny twists! Left! Right! Up! Down! Rotate! Faster! Feel

the self-esteem pouring back!
Tongue flexing! In! Out! Up! Down! Slide! Slurp! Drool! Try this

one, Fonda, you hairy dinosaur! Aerobic bust bends! Out! Up! Left! Right! Twist! Drop! And we're

There, don't you feet better? The blood is pumping, the juices flowing, just all around healthy. We, here at The Quaker are not the least bit afraid of indulging in a little physical exercise, or physical humor.

board and the teachers is questionable, neither side is going to look back. Both sides are eager to start rebuilding the district. According to Beaver Local superintendent, Nelson McCray, the contract is basically the same one offered to the teachers prior to the strike. However, it was "finely tuned" during the bargaining session on March 2, where they discussed for 12 hours in the courtroom of the Common Pleas Judge Douglas Jenkins. The students will have additional make-up days during their normal Easter vacation, and also in June. The seniors will graduate as scheduled, although they may have classes held following graduation. The first day back went surprisingly well, the attendance was normal, about 70 students absent at the high school. At one point during the strike, absences were running near 90 percent. The teachers were welcomed back by students and some parents with red carnations and cake at the middle and high schools.

All information for this article was take from the Morning Journal, March 4, 5, and 6 issues.



 $\begin{tabular}{ll} \textbf{THE QUAKER} & \textbf{student newspaper is published by the journalism} \\ \end{tabular}$ students of Salem Senior High School.

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Advisor: Mr. Jeff Ladner

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To Hit, or Strike

- 1. Do you care if the baseball strike is resolved? Y
- 2. Are the owners right in their decision,
- 3. Or are the players?

4. If the strike is resolved will you still watch?

5. If yes, how many games will you go to?

The Results Are As Follows:

Both males and females feel the same about the

Home Sweet Home

Due to the fact that the new stadium levy passed, and is now planned to be constructed without proper planning, the 1990 Quakers Football team could be playing their home football games away. Although many of the players do not want this to happen, several people that I have spoken to feel this will boost attendance and profits. One person expressed the thought that playing away, for example, at West Branch, would raise profits because we would have not only Salem fans attend, but also West Branch people would probably pay to see a stateranked team perform. I spoke to several people about the idea of playing home games away and this is how they felt.

Tom Wainwright — I think it would be a real test to see if we have true realistic fans to make the long and enduring trip week after week under much mental strain to see the undefeated Quakers.

Brian Lippiatt play our games at the old stadium that is presently there.

Brian Pauline - It doesn't fit up to my viewing standards.

Chris Cochran — As long as our last game is in Columbus, I don't care where we play.

Rob Roberts — I could care less

where they play, just as long as I get to see Schramm catch passes.

Beau Hendricks — The team was forced to play away.

Doug Falk — I think that the

home games should be played at home or postponed until otherwise.

I spoke to Coach Kunar about the problem, he corrected all rumors with the fact that as of right now, all home games are being played at Reilly Stadium. He also continued to inform me that all other possibilities have just been fostering rumors, and that the reporting on this subject should be factual and not speculation. Whatever sight is picked, I'm sure our loyal fans will be with the team every step of the way. As many of you will notice, girls were not interviewed for this article. This is due mainly in part to the fact that girls do not belong anywhere near the game of football.

Spring Break: What's The Point?

by Jay Calderhead

deal. So what? It's nothing new. Granted, it is a well deserved break from the drudgery of school work and the monotony of routine, but that doesn't matter. What we're exploring is the workings and the lack of workings which make Spring Break work. Got that?

What I want to know is what is it that makes Spring Break so different from other holiday breaks? Is it the approach of the vernal equinox? Then again, it could be a virus or a hormone build-up that causes youths all over the country to have delusions of being surrounded by gorgeous members of the opposite sex and of being rid of pesty teachers forever. And what is it about Fort Lauderdale that so many high school and college students go there? I

Here it comes, Spring Break. Big don't know. Maybe it's caused by an instinctive trait to migrate south to warmer weather that's been passed down from prehistoric ages. Someday, I may discover the reason or I may even experience it.

Now that we're done with that, what do the people that don't go to Florida and other similar places do? I have no idea. Some probably try to get things that need to be done accomplished. Others may start hobbies like collecting toenail clippings. Still, others 'try' to have a good time without leaving town. Most people though, probably just sit around and pick their toes.

Even though we've covered the concepts behind Spring Break, have we determined anything? No, only that Spring Break doesn't make much sense. But don't get discouraged. I invite everyone to individually explore Spring Break and if anybody makes any discoveries or has any unusual experiences, feel free to let the journalism class know about them.

The story that appeared in issue 5 of The Quaker, "The Evolution of Dating" by Jill Browne should have been attributed to Seventeen magazine, February issue "This History of Dating".

H. E. Albert, D.V.M.

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Dear Archibald,

My situation is very unique. I'm a

freshman and I have glasses and

braces and zits and I can't seem to

get a date. I mean there are plenty of

freshmen girls who are as hideous as

me but none of them seem to want to

go out. All the freshmen girls seem to

think they are so great and

wonderful but don't realize that they

are just freshmen. A lot of freshman

girls think they can go out with the

'studdly" junior and senior guys but

they can't keep up with them. I kissed

a freshman girl once and I didn't

think it was that great. As a matter of

fact it could have used a little work.

I think she was indeed intimidated

with your studdly manner. I think if

you hold off on the Brut a little bit

and get your complexion cleared up,

you might even be able to have a

relationship with those heartless

little freshmen girls. But don't waste

your time trying. There is a lot more

Dear Confused,

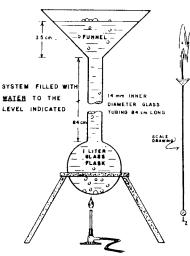
tuna in the sea.

Sincerely,

Hopelessly Confused



Old Faithful? Mr. Barbuto, Jenni Bedell and Jeff Fisher observe Salem's version of Old Faithful ready to erupt.



Making Your Own Geyser

It is easy to build your own geyser. Try it! It can be designed in many ways but the following scheme is centain to work. Take a one liter pyrex flask with a heavy wall. Connect it by means of a glass tube, 14 millimeters inside diameter and 84 centimeters long, with a shallow reservoir made by attaching a glass funnel at the top. Fill the whole assembly with glass funnel at the top. Fill the whole assembly with enough water so that the pool in the funnel is 3.5 centimeters deep.

When the reservoir is constantly heated from below using a Bunsen burner or a hot plate eruptions occur, the intervals between eruptions depending upon the amount of heat supplied. In the beginning, steam bubbles rise from the bottom and condense once they get in cooler water, a few centimeters higher up. As heating continues and the whole system becomes hotter, the steam bubbles rise successively higher and increase in size, ascending out of the flask into the tube. At first they condense in the tube but as they rise higher where the hydrostatic head is lower, they fill the cross section of the tube. A few seconds later, the bubbling reaches the funnel at which point an eruption occurs, consisting of a succession of spurts lasting about seven or eight seconds. The action is typical of a natural geyser, most

particularly the fountain type where the water supply is essentially conserved.

Source: Rinehart, J. S., 1976, A Guide to Geyser Gazing: Hyperdynamics Press, P.O. Box 392, Plans for a working geyser model. Santa Fe, New Mexico 87501

Girls State

by Michele Kaminski

If you are interested in Girls State, here are the qualifications you must meet: you must have better than average grades, you must be a junior in high school, and you must be a U.S. citizen. Girls State is sponsored by American Legion Auxiliary and the activities last for about a week.

The activities at Girls State that are enjoyed the most were speeches, campaigns, meeting new people, and being able to be independent. Girls State gives you a better outlook on what college will be like. During these activities delegates are divided into groups where they then campaign for office.

Girls State helps you to have a better understanding of government and how it is run. Girls State can be very beneficial. The girls that attended Girls State last year said they benefited from the experience because it helped them with classes in school and helped them become more independent.

Last year Girls State took place at Ashland University. The delegates were Wendy Chen, Jenny Pshsniak, Brandi Hephner, Bridget Roelen,

If you are interested in Girls State and want to learn more about



Caution: Tan At Own Risk

by Krista Blankenship

It seems these days, safe tanning is like safe sex — there's nothing safe about it. Thousands of people anxiously await summer to begin their worship to the sun god; and those who can't wait worship yearround in those wonderful devices known as TANNING BEDS.

Tanning salons profess that one can "get a healthy, safe UV-A tan all year long!" They claim that the beds are "safer than the sun!" And with tanning beds, one will experience "no burning, peeling, or wrinkling!" At a quick glance, these promises seem to be a great deal. However, dermatologists state: The "electric the natural sun and some unique ones as well.

What are these risks? The controversy seems to be related to the long-term effects of ultraviolet light. Originally, tanning bulbs relied upon ultraviolet-B rays

The "electric sun" poses some of the risks as the natural sun and some unique ones as well.

(UV-B), the rays responsible for sunburn and possible skin cancer. sun" poses some of the same risks as Tanning bulbs now used contain

Power Over Pride

"My poem isn't about one particular runner; it is about runners and cross-country in general."

It was a cool, but sunny day. The crowd was fairly small. Although no one there knew it then, She would surprise them all.

Numerous titles, she held in her hand. This champion of the land. As fast as if Almighty God Just pushed her with His hand.

She was justifiably proud, But she kept this deep inside, Because she knew the winning would end

If the important thing were pride.

With warm-ups over, she bent to stretch

And caught the coach's speech. 'This is the meet before the last, The gold's within our reach.

"You're the best that's here today This isn't just a game. I'll be at the finish line, With number one beside your name."

Just hearing these words, she felt her head swell -Not much, but still a bit. It was possible she was the best — Couldn't hurt to say it — could it?

She stepped up to the starting line And surveyed the bright green course.

She decided to start a little slow. Then take off like a horse.

At once she noticed, standing by A girl, very solemn and still. Plain in her looks, white uniform -Hah! She'd never get up the hill!

Now they get set to start the race. Bang!! Off they go!! There is the champion out in front! She seems to have no foe.

Huff, Huff, Puff, just one more mile. That's it and then she'll win. But what's this gush of air

blown past? That girl so frail and thin!

This was a terrible blow to our gal, Poor thing she could not run. Her ego held her in her place. Her winning now was done.

Now we have a new champion. She's very calm and cool. No wonder! She has the greatest coach And comes from Salem High School!!

> Maria K. Budner Salem High School Grade 11

But maybe that's just me. Maybe she was just intimidated. Maybe I should have expected so little. What should I

Cassie Bacon, and Renee Grieb.

government APPLY NOW!



mostly nonburning ultraviolet-A rays. (UV-A)

However, UV-A isn't harmless. The major concern is with the eyes," says Dr. Frederick Urbach, of Temple University School of Medicine. Unless you use goggles, "it can cause cataracts." (I don't know about you, but that sure makes me feel real safe!) And "UV-A rays penetrate deeper into the skin," says Dr. John DiGiovanna of the National Cancer Institute. "We don't know the long-term effects yet."

Studies show that UV-A rays may cause skin damage caused by UV-B rays and may also cause premature aging of the skin. (Tan now, pay later.) Rays can even weaken the immune system! Those using birth control pills or antibiotics such as tetracycline can get a burn even from UV-A rays.

A primary time for most to visit a tanning bed is before they visit a vacation area. However, a UV-A tan is purely cosmetic and provides no significant protection against sunshine. The skin does turn brown, but there is no protective thickening that one gets from UV-B rays, partially because UV-A rays cause a lot less damage.

Another significant time, mainly for girls, is Prom Time. I thought going to a tanning bed would be a great way to liven up my look for Prom. After about my third visit, I found that I got dry skin beyond my wildest winter nightmare. I also found that the introductory 7 sessions was enough to get a Hawaiian tan, not a mere livening of the skin complexion. Despite these minor disadvantages, I would still visit a tanning bed for cosmetic reasons, such as Prom; I see no harm in that. However, I would recommend that one refrain from regular sessions, for obvious health reasons. If you choose to get your tan by natural sun light, don't forget to use a proper sunscreen. There are SPF numbers for every type of skin — so you can be protected and still have fun in the sun! So you have several choices to make. The decision lies in the skin of the worshipper. Whatever the choice, just remember: The more ultraviolet light, the more risk.

Dear Archibald,

ARCHIBALD

Last week I watched The Simpson's on FOX and I was offended when I saw Bart's little green butt flying across the screen. He is so sarcastic and such a dweeb. I don't think that it a very good show for people to watch and I want my opinion heard.

DEAR

Dude

Dear Dude.

If you don't like The Simpson's you are stupid. Bart rules and so does Homer. I thought that was neato when Barn cheated on his I.Q. test. And when he blew up his chemistry project, that was the greatest. I think The Simpson's dominate and if you don't like them, then go watch the Home Shopping Club. The Simpson's don't need you and I don't need your comments.

To Whom It May Concern,

This is Archibald and I am sick and tired of your complaints. I mean I'm putting the counselors out of business. I'm not half as good as Ann Landers or even Mike Royko. My wife just divorced me and she took my kids from me. I have the worst headache from everyone's complaints. I'm sick of my supervisor always looking over my shoulder. He says I am a bad influence on the rest of the class. Well I'm sick of it. I'm done.

From One Poet To Another

by Krista Blankenship

If you were given the chance to influenced her to write her meet anyone you wished, from history or the present, who would you most desire to meet? Most of us would choose someone of the entertainment or sports fields, and a few of us would choose intellectuals like Aristotle. Yet one individual student choose a poet because of her admiration for him; his inspiration has helped her to experience poetic success.

Junior Maria Budner, a student of Mr. Esposito of the English Department at Salem High, chose to meet American poet Ernest Lawrence Thayer, author of the famous poem, Casey at the Bat. She chose him because she "was inspired by his poetry." Maria took the essay assignment in full stride; she wrote a poem about a topic she is very familiar with — cross-country. Maria stated that Thayer's poetry and a former speaker at a Salem High assembly, Dick Divenzio,

outstanding poem. Maria commented, "My poem isn't about one particular runner; it is about runners and cross-country in general." Her poem, "Power Over Pride", seems to not only say a lot about cross-country, but about life in general. Perhaps this poem says more than it was intended to say. It is definitely the work of excellent poetic talent.

Maria says that she had not thought her poem was of publication quality until her teacher suggested it. She stated that she would like further publication, but she has no definite plans to do so; Thayer has been quite an inspiration! Perhaps someday, our grandchildren will open an English literature book and find the great poet Maria Budner on the pages with Emily Dickenson and Robert Frost. And who knows? Maybe someone will be inspired by Maria's poetry.

Gimme A Break!

Spring Break is almost here. It's that time of year that every student has looked forward to. Well, start packing, cause we are out of here! Yeah, there is excitement throughout the hallways, and students are rambling about where they are headed. Some have plans to go to a sunny, hot beach and get the ultimate tan, while others are staying around here (probably making tanning bed

Everyone ↓ "I can't wait for Spring Break!" "I'm going to North Carolina." Jeff Heddleson ↑

appointments). There are some lucky people that are headed for Florida or somewhere like the Caribbean, and there are unfortunate people who are staying in funtime Salem. Well, at least there is no school for a week. Speaking of school, Spring Break also means that school is almost out. There are only a few more months left, and soon it will be summer. Anyway, here is some advice for

those Spring Break vacationers, don't forget to wear sunscreen and have a great time. I asked a few fellow students "What is on the agenda for fun this Spring Break?"

Cindy Carlariello — "I'm getting Beth a car and taking Vanessa to good ole' Pennzoil to set her up!"

Laci Reed — "Put 100 braids in my hair and travel to Africa to learn their cultural dances."

Debbie Roush — "I'm gonna hang in L.A., get involved with gang violence, and go on Geraldo.'

Jeff Heddleson - "I'm going to North Carolina."

Jeff Carr — "I'm gonna sit around and may play water polo."

Ben Citino — "I'm going

hunting."

Sis Rosta — "Nothing!"

Beth Everson — Go on the road with Metalourd."

Mrs. Wilms - "I would like to go to Washington D.C. for a week."

Salem Sports

Boys Basketball Runner Up In District Final

by Heather Dye

Salem had to beat Chaney, Beaver Local, and Rayen to get to district finals and they did it. On Friday, March 9 at 7:30, Salem met up with Canfield to battle for the title of District 2 champions. It was a hard fought battle but in the end Canfield came out on top.

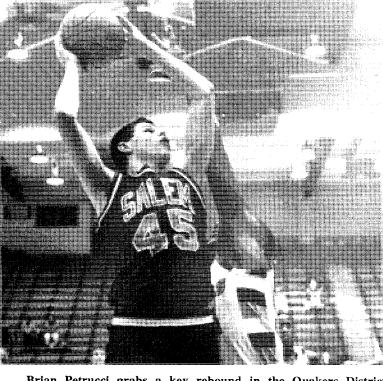
The Quakers played Canfield twice in regular season play and were beat both times. Anyone who came to the game in Salem when the Ouakers played Canfield probably remember how close it was. The third time it wasn't close.

Leading Salem in points was Lance Miller with 15 points. Following him was Brian Petrucci with 11.

Everyone came off the bench to

play in what resulted in the final game of the season. It was good to see the five seniors play together for the last time and receive their trophies which proudly show that they came in second in the tournaments.

Congratulations, boys, on a fine



Brian Petrucci grabs a key rebound in the Quakers District semifinal win against Rayen.

Wrestling: An Inside View

1990 Quakers Capture Weight Lifting Title

by Jill Browne

On Wednesday, March 7th, some members of the Salem High Football Team competed in the Quad County Power Lifting Meet, under the leadership of Coach Kunar. The competition was held in the gym of West Branch High School. Salem's A Team won the overall meet with a total of 5,180 lbs. In seeing this it looks like the Salem football team is preparing tremendously well for their next season.

Salem's A Team consisted of: Jason Austin — 1st in the 175 lb. class

Brian Faulkner - 2nd in the 210 lb. class

Matt Alix — 3rd in the unlimited weight class

Reuben Jones — 5th in the 185 lb.

Mike Jones — 4th in the 185 lb. class Jason Board — 2nd in the 195 lb.

The B Team consisted of: Mike Grande — 3rd in the 145 lb.

Brian Grewe — 4th in the 195 lb. class

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Gary Franklin Mike Huzyak

The competition consisted of three weight lifting techniques: squats, bench presses and dead-lifts. Each contender had three tries of each. Thirty-six team competed in the meat including 5 on each from Columbiana, Mahoning, Stark and

Congratulations to the entire Salem team and Good Luck in next year's season!

Girls B.B. Season Ends On A Plus

by Keith Graham

The girls basketball team did not expect to win as much as it did. A big reason for this was the lack of height and experience. They ended the regular season with a record of 10-10. They won their first

"The season ended up better than expected." Coach Zeigler

tournament game against Poland by a score of 35-32. Michele Ganslein hit the winning three point shot at the buzzer. Then they got clobbered by 2nd seed Crestwood by a score of 66-28. A big reason for this was they couldn't compete with the size of them. There tournament record was 1-1. Coach Zeigler was asked how he thought the season went. He said "The season ended up better than expected. Seven of the ten varsity players will be returning next year. This will help out tremendously." With this in mind, the girls basketball team should be looking at a good season next year.

SALEM GIRLS BASKETBALL NINE YEARS Year Won-Lost 89-90 11-11 50 89-88 13-7 65 88-87 5-15 25 87-86 4-14 22 86-85 13 - 1057 85-84 14-8 64 84-83 8-14 36 83-82 17-6 74 82-81 9-12 43 Overall Winning — 49 percent

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then moves to districts then to the state tournament.

It takes a lot of determination to go out for the sport of wrestling. A typical practice would start at about 3:00 and end at about 6:00. The actual wrestling match only lasts six minutes total, and an additional three minutes if it goes into overtime. The points are scored by takedown (2), reversal (2), nearfall (2 or 3), escape (1), stalling (1), illegal move (1). The nearfall points depend on whether the opponent was held to his back for 2 or 5 seconds. The wrestling season ends with the sectional tournament,

Salem this year is trying to round up a freestyle wrestling club. Freestyle wrestling is the style used in the Olympics. It is different than college or high school wrestling; it consists of zones and more points can be awarded for back exposure. Salem is new at freestyle wrestling but hopes that it will not only be something new for the wrestlers but also improve their regular season with a new arsenal of moves.

America's Favorite Pastime

by Heather Dye

Yes. it's that time again. Time to put on a baseball hat and head out to the ball park. It's baseball time at

This years baseball season will be a special one. It is the first time our team will not have to play at Centennial Park. The baseball team now has its own field at the high school. The new field is equipped with underground dugouts and a

Three changes have been made in the coaching staff for the up and coming season. Coach Dye will be the assistant varsity coach under head Coach Lantz. Two new J.V. coaches have been hired and they are Coaches Seddon and Metz.

Practices are being held from 3-6 or 5-8 during the weekdays.

Boys and Girls Track Schedule

Thurs.	March 29	Yo. South and Rayen	Home	5:00	
Fri.	March 30	Canfield Invitational	(Boys)	4:00	
Tues.	April 3	J.F.K. and Poland	Canfield	4:00	
Fri.	April 6	Canfield Invitational	(Girls)	4:00	
Sat.	April 7	East Palestine Ward Inv.	(Boys)	9:00	
Tues.	April 10	Canfield, Struthers	Canfield	4:00	
Thurs.	April 12	West Branch	Home	5:00	
Sat.	April 14	East Palestine Inv.	(Girls)	9:00	
Tues.	April 17	Youngstown East	Home	5:00	
Mon.	April 23	County Meet	E. Palestine	4:00	
Tues.	April 24	County Meet	E. Palestine	4:00	
Sat.	April 28	Cope Relays	Home	9:00	
Tues.	May 1	Boardman (Girls)	Home	4:00	
Sat.	May 5	Optimist Meet (Boys)	Fitch	9:00	
Tues.	May 8	Girard, Campbell, Canfield	Canfield	4:00	
Fri.	May 11	M.V.C. Meet	Canfield	4:00	
Sectionals — May 16 and May 19					
Districts — May 23 and May 26					
State Meet — June 1 and June 2					

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Kim Manning shoots over a host of Bulldogs in Salem's game

ATHLETE'S CHOICE

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A Matter Of "Pro" fession

by Brandi Hephner

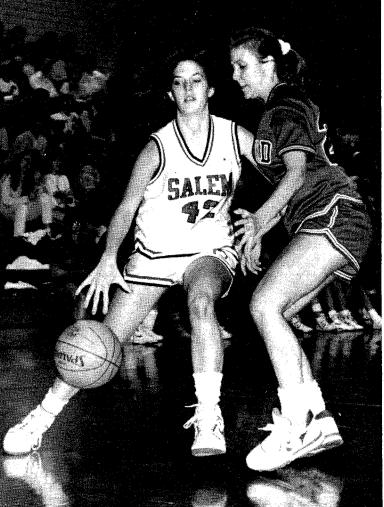
Editor's Note: In the wake of the baseball strike, view of the current day professional athlete may be in order. This, then, is a satire written in Mr. Ladner's college English class dealing with one person's view of some professional athlete.)

As I lean back to relax for the evening in my "comfy" 4x6 cell, I switch on the television set. I have been on my best behavior for two weeks, and my reward was one evening's worth of television, otherwise known as "behavioralproportioned television privileges". Of all nights to receive my so-called reward, it had to be a Monday. I am not a big sports fan, and football is one of my least favorites, none the less Monday Night Football was all that was being broadcasted. As I forced myself to enjoy the game, a particular athlete seem to jog my memory for a rather uncanny reason. As they zeroed-in on the injured

character lying on the field I discovered that it was the same man that had shared a holding cell with me the day I was booked. I was unaware that he was an athlete, although his personality that day was no more exciting than his activity at the moment. That entire situation finally began to fall into focus, and I, for the first time in my life, realized my life-long mistake.

I remember that day well. It was a warm, late summer afternoon when I had been arrested. I had been placed in a cell until I could produce money in order to be released. Another man and I sat frigidly together, silently wondering who would post bail first. I am now positive that that was the same man that is holding smelling salts to his nose on national television this moment. As time past that day, we relaxed and shared stories of our apprehension with each other. Ironically, we had both been busted for similar reasons. The two of us were guilty of illegal use and possession of drugs. Before more conversation was accomplished, the arresting officers had returned and instantly my momentary friend was released. Now he is free and I continue to rot in my cell.

In retrospect I feel this event has only taught me one thing. I have learned that drugs weren't my problem. My only problems was that I belong to the wrong profession. If I would have stuck with my football and basketball camps in junior high, or if I would have taken more acting lessons, I could have easily gotten away with my crime. John Q. Public believes in throwing the book at the little guys and ignoring the real criminals. These real criminals are the ones that make a lasting impression in the minds of our youth, and rob them of reality. The impressions they make can be both positive and negative. If kids see these role models using drugs, they will soon admire and respect imperfect morals. If I can give any advice to the youth of today I must persuade them to go for their dreams. If a child wishes to be a star athlete, more power to him. The olden days of "who you are" don't count anymore. The world revolves around "who you know" and "what you can do". If steroids make you a better person, or if alcohol can get you ahead in life, use that to your advantage because there is no mercy for the little guy. Take my advice because I feel I know what I'm talking about. My friend, "Mr. Joe Pro- the drug abuser", has years of action, luxury, benefits, and a hearty pension after retirement to look forward to. On the other hand, I have nine more years in the reformatory and probation after that in store. Our crimes were the same but my punishment was intensified because I didn't have the job opportunity he had. It's a "dog eat dog" world, but when opportunity knocks next time, I'll do what I have to in order to get ahead. It is sadly ironic that society admires the weak and foolish.



Jennifer Sommers drives against a Poland defender in tournament

St. Patrick's Day

by Michele Kaminski

St. Patrick's Day is celebrated on March 17, the feast day of St. Patrick, the patron saint of Ireland, Saint Patrick's Day is a national holiday in Ireland. It's also celebrated in cities with a large number of people of Irish descent. In Ireland, St. Patrick's Day is a religious holiday. People honor Saint Patrick by attending special religious services, enjoying family and community services, and wearing shamrocks. According to the legend, Saint Patrick used a shamrock to explain the idea of Trinity to the Irish. A shamrock is a small, three leafed plant that is a national symbol of Ireland. Saint Patrick planted it in

Ireland because its three small leaves represented the Holy Trinity.

In the United States, St. Patrick's Day is a nonreligious holiday. The first St. Patrick's Day celebration in the United States was held in Boston in 1737. More than 100 cities hold parades and the St. Patrick's Day parade in New York is the biggest.



wrestler is, and the ridiculous

question of whether or not wrestling

Seniors Get Married

by Rene Nollier

Students in the family living class got married on February 15. This project is to help the students deal with the realities of the married life. The project deals with learning to openly communicate on different topics with their partner. Each

Family Living Poll

What are the three most important things that you have learned from your marriage?

Male **Female** 1. cooperation

1. communication 2. compromise 2. trust 3. communication 3. love

Results were out of 30 students polled.

couple is given a job and salary. The students must rent an apartment, a way of transportation, and buy food within their salary. There is also a "Wheel of Fortune, Misfortune" which adds the realities of life, like the costs for a dental bill, or car

Later in the project many of the

couples become parents but there are a few that will be unable to have children. In the past years the child is a raw egg which resembles a fragile child that needs constant attention.

I asked a few students that take part in this project, "What is the most important thing that you have learned from your marriage?"

Jenni Sommers — "It takes a lot of work and cooperations to get things done."

Cassie Bacon 'Communication is a must in a marriage."

Amie Erath — "I learned to communicate well with another person."

Shawn Binsley — "I learned to compromise."

Bridget Roelen - "Marriage won't be as easy as it looks."

Brian Hays — "I learned how to

plan a future with another person." I think the students have learned what it takes to have a successful marriage. This project will be beneficial for future life.

Pro Wrestling: For Real People

by Jason Herron

* at Wrestlemania.

my fellow schoolmates who they The biggest and baddest event of the century will take place April 1st think will win the match between the Warrior and Hulk, who their favorite

Bossman, Brutus Beefcake to fight Mr. Perfect, and Hercules to clash

The biggest match of the day will be the first mixed tag team match ever. The Macho King and his partner Sensational Queen will take on the American Dream and Sapphire. My personal favorite is the Macho King and I hope he teaches that fat Dream and his cow for a

Since pro wrestling is real, it is hard to predict who will win the main event between the Ultimate Warrior and the Hulkster. But I will put my IQ of 216 to use. I predict the Hulkster to pin the Warrior and take home the Intercontinental belt. The Warrior and Hulk are fan favorites and they are both champions. But, they constantly beat my favorites, so I hope they pound each other beyond

at the Toronto Sky Dome. I'm talking about Wrestlemania VI. The Ultimate Warrior will battle Hulk Hogan in the battle for the WWF championship and the WWF intercontinental championship. Other matches include: Rowdy Roddy Piper to battle with Bad News Brown, Akeem to meet the Big

partner a lesson or two when they

recognition.

I decided to hit the halls and ask

** * * * * * * * * * * * * * * * *Pro Wrestling — Fake or Real*

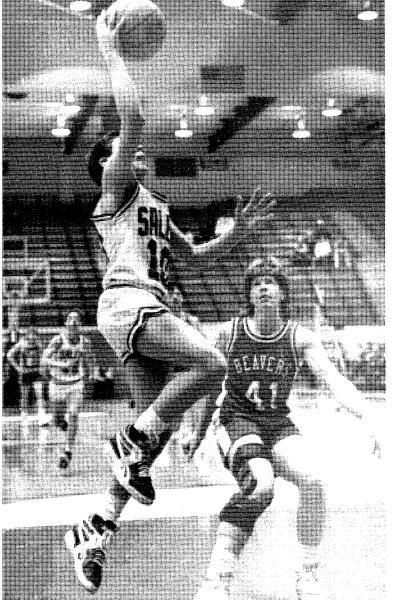
* These are the results of a survey given to the students of Salem * High School, the results are as follows: 1. Who is your favorite Pro Wrestler? **Females** Males **Ultimate Warrior Ultimate Warrior** \Rightarrow 2. Is Pro Wrestling Fake or Real? Males **Females** Fake — 13 Real — 5 Fake — 9 Real - 12 \Rightarrow Both — 4 Both - 2 3. A majority of students feel that the Ultimate Warrior will win 🖈



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Robbie Roberts goes in for the layup in Salem's tournament win against Beaver Local.

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