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Iraq's Crude Weapon

raqi troops torched oilfields and released more than 6 million barrels of crude from Kuwaiti tankers and an offshore terminal. The slick spread south, toward desalination plants.



Saddam: Environmental Terrorist

President Bush called it "environmental terrorism." The Iraqi government opened the pumps at the Sea Island Terminal, about ten miles off the Kuwaiti coast, that can discharge at least 100,000 barrels of crude a day. As if that were not damaging enough, they also pulled plugs on five Kuwaiti tankers, loaded with three million gallons of petroleum.

This disaster threatens to be more than a dozen times bigger than the Exxon Valdez spill, which emptied 10.8 million gallons of crude oil into the Prince William Sound.

The Persian Gulf has one of the sustain flames.

by Julie Hippely Quaker Feature Editor

world's most fragile ecosystems. This spill will poison sea-grass beds where many birds feed, and the multi-million dollar shrimp and fish industry. Also, many other types of marine life may suffer for years to come.

Because the gulf is so shallow, it takes an overwhelming two-hundred years to flush out. The gulf cannot count on being cleansed out naturally. Here are a few ways of dealing with the spill, however each have their own threats:

* Burning works so long as the slick is thicker than one millimeter; as the slick spreads and thins, it will

* Chemical dispersants can break up a spill (the Saudis are using them) but they must be used before the oil mixes with too much water and air.

* Containment booms corral oil so it can be skimmed or burned. But most of the world inventory of fireproof booms is in Alaska.

The oil spill will most likely not take first priority, while there are bombs going off, and a war going on. The slick will probably take it's toll on the wildlife, while the war takes it's toll on our troops.

The information for this article was taken from the February 4, 1991 issue of Newsweek.

Education With A Purpose

by Judy Smith and Mindy Mellot

As junior and senior Vocational Business class presidents we feel the Vocational Business department offers an excellent opportunity for anyone interested in office occupations.

There are two basic programs: Administrative Secretary, which is also called I.O.E., and C.B.E., which is Cooperative Business Education. These programs are not "just for girls." Boys can get excellent training for jobs as computer

it's an indication of what the State of

Ohio has determined the students

should know to this point in time. I

personally feel that after the second

taking of the test we will have very

few students not passing the test."

taking time to do this interview as I

know he is very busy and has many

things that he must do to make sure

that the school runs as smoothly as

My thanks to Mr. McShane for

operators, data entry clerks, shipping clerks, and general office clerks. While in these vocational business programs, you will learn many things you need to know to achieve future goals in the business world. If one decided to enroll in Intensive Office Education, he or she would take Administrative Secretary I for the junior year. Then, as a senior, he or she would have the option of staying in Administrative Secretary II or enrolling in C.B.E. Administrative Secretary II, as a senior, would further develop skills and knowledge and get students prepared for a job after graduation. C.B.E., students work in the afternoons in office-related occupations. This class is designed for students to leave school at 11 a.m. and go to a designated business where he or she will get paid for onthe-job training. In return for taking C.B.E., students are earning money, getting prepared for future careers, and learning how to get along in the business world.

Interested students may tour the department after obtaining a pass from Mrs. Bosu. We encourage you to investigate these excellent programs. We, as Vocational Business Class presidents, highly recommend these classes for anyone interested in an office occupation. Judy Smith

Administrative Secretary II Mindy Mellott, Administrative Secretary I

A Whole Semester Of Good Things by Melissa McCrae

Recently I interviewed Mr. McShane to find out how he thinks the school year is going and how he thinks the student behavior is. When asked about the school year so far, he said it was "a whole semester of good things." The best part about being principal, in Mr. McShane's opinion, was "the athletic events." The bad part about being a

principal is "the number of extra activities he has to be at.

Mr. McShane thought having pride in Salem and Salem High School, has an impact on how the student does academically in the classroom, "I think that it affects their behavior and that their school work can always be improved." When asked if he would change

Sweetheart

anything about his job or do anything differently, McShane's response was, "No, it's O.K. the way it is."

Now that the scores from the Freshman Proficiency Test are back, McShane was asked how he felt that they were, and what advice he would give the freshmen to make them better. "Freshmen proficiency scores are an accumulation of nine years of learning and this doesn't mean that

English Class Helps Boost Military Morale

possible.

by Wendy Phillips

writing course wrote letters to everyone back home is behind them

On Jan. 14, Mr. Vincek's college positive attitude and support that soldiers involved in the war against and that we all hope the war will end soon. Other students commented that they also asked questions about daily activities and routines. When they were finished with the letters, they were mailed together as a class. About a month later, no response has been made with the exception of Mike Jones, who has had a response from the soldier he wrote.

Club Activity Update 1991

SADD

Advisor: Mrs. Apicella Meetings are being planned. Listen for announcements. Future activities are indefinite.

Chess Club

Advisor: Mr. Sabo The Chess Club will be meeting every other Thursday to have inter-competition.

Math Club

Advisor: Mr. Trough Math Club is meeting every week and are preparing to enter two competitions in February.

AFS

Advisor: Mrs. Breckenridge On February 22, AFS will be TACT

Advisor: Mrs. Cozza There will be speakers going around to the elementary schools to talk about drugs and alcohol this month and next month.

Interact

Advisor: Mrs. Kendall The Interact Club is planning to hold a rock-a-thon in March. Plans will be discussed at the next meeting, Feb. 8, after school in the cafeteria. They donated fruit baskets to the needy for Christmas so they plan to spend their time building their treasurv.

Yearbook

Crowned Tonight

by Jodi Chappell

Tonight is the night when one of seven seniors will be crowned as the 1991 Sweetheart Queen during halftime of the basketball game against JFK.

The candidates include Julie Fitzgerald escorted by Jason Austin, Darby Jeffries escorted by Brian Cioti, Kim Manning escorted by Scott Hasson, Marnie Null escorted by Andy Zamarelli, Amy Parmalee escorted by Jeff Cecil, Debbie Roush escorted by Sam Augusta, and Tara Wissinger escorted by Mike Meissner. Following the basketball game, Pep Club is sponsoring the Sweetheart Dance from 9-11 in the cafeteria. DJ is Jason Austin and Jason Board. Come and congratulate the queen and her court!!

Iraq. The majority of the soldiers were said to be Pennsylvania residents, but the students could also write to soldiers that they knew as well.

When asked what they wrote to the soldiers, students of the class commented that they wrote letters that were concerned mainly with a

Seniors

may order graduation

announcements from

Jostens

Monday, Feb. 4

and

Monday, Feb. 11

during lunch periods.



sponsoring a school dance at the high school.

Academic Challenge Advisor: Mrs. Esposito Academic Challenge is preparing for competition Stars 5000.

Pep Club

Advisors: Mrs. Smith and Miss Nespeca

The club is sponsoring the Sweetheart Dance. They also sponsored the Spirit Week held this week. Members will be selling computerized dating sheets at lunch for \$2 starting next week.

National Art Honor Society

Advisor: Miss Yereb

The NAHS is currently working on the portraits for the candidates for the Sweetheart Queen. They also plan to repair the Quaker Sam head as soon as supplies come in.

Advisor: Mrs. T. Hayes Yearbook prices increase to \$30. Seniors are urged to bring in baby pictures for a special section.

Key Club Advisor: Mr. Firestone

The next meeting is scheduled for Feb. 13. Nominations for officers for the upcoming year will be held. The club will be holding the concession stand tonight.

Spanish Club

Advisor: Mr. Monteleone The Spanish Club has no definite plans at this time.

French Club

Advisor: Mrs. Arter

The French Club had a concession stand and are sponsoring a Carnation Day sale for St. Patrick's Day in hopes to raise money for a banquet and other activities for the future.



A Time For Soul Searching? by Larry Zagotti

Okay, the Super Bowl is over. So is the holiday season. There's no more beer in the refrigerator so the sound of loud belching won't be heard ringing throughout the whole house. Music and hangovers won't be associating with each other on New Year's. The major college bowls are over for another year. Plus, Valentine's Day is approaching and the money left from the holidays will be spent on chocolate candy and "mushy" cards. (Anyway, even though the war is on everyone's mind right now, another war article and the public will go insane.) A person could be exhausted after all this "excitement."

Okay, first onto the holiday season. It all started on Thanksgiving Day. This is a day full of eating, drinking, get-togethers, and of course, football. A person spends the first 10 months of the year preparing for days like these during the holidays. This is the armchair quarterback's first great challenge. While the wife (usually) prepares the turkey (which is destined for leftovers), and the rest of the meal, the guys settle down for the two annual football games to be played. The person that combined football games with Thanksgiving should be thanked a million times over. A whole day of nothing but watching parades and seeing fat Willard Scott would be this writer's view of torture. Usually these people sit down to watch the Detroit Lions win their game and the Dallas Cowboys lose theirs. It's a good thing that Cowboy fans are loyal to their team. During these festivities, the family living room becomes Survival Headquarters for the football faithfuls. What are their favorite choices for food and drink? Well, pizza and potato chips are usually chosen along with beer and pop. I don't know what the women do during all this. Maybe they stand around trying to figure out how to spend their men's paychecks, or maybe needlepoint is popular. It's also fun to watch the men try and explain football to their wives and

girlfriends. The concept of having four downs to get 10 yards is mind boggling to some of them. Then comes dinner. Now it's tradition in my family to say a prayer before we eat, but a five minute prayer is a little extreme. After the meal, the whole country seems to gain just a "little" weight. Maybe the country's Bible belt might have to go a size higher.

People fly through Christmas like it's a race. Stores make their profit from the shoppers and the people go home to wrap the presents. Then Christmas Eve arrives. Some people go to church, some visit Grandma, and others go to parties. What else? I stayed home the year before last. I tried to have fun, but I couldn't. It's a long story. Anyway, back on track here. Christmas Day arrives with a bang and it follows much the same path that Thanksgiving Day does. (Except for the presents.) The turkey population seems to go down during this time as well. But we've already had some Christmas articles, so I won't go into it anymore.

Then comes New Year's, party animal heaven. So many hangovers are caused by New Year's Eve that people cure them with more beer during the football games. Usually the games are so lopsided that they are not fun to watch anyway. (Who knows, maybe the person is more lopsided than the game.) I watched MTV's New Year's party and I saw part of Vanilla Ice's "performance." That guy can't be for real. Neither can his hairdo. But that can be another editorial.

Then comes Super Sunday, which should be a national holiday. This year we were blessed with a GOOD game. Beer and pizza sales seem to go up during this time of the year as well.

By the time all this is over, America's bathrooms are safe for another year. Valentine's cards are being bought and people do some soul searching to figure out what to write in them. I just hope that holiday burn-out doesn't cloud their brains.



It's six o'clock at night, and there is nothing to do. So Nigel Fritio flipped through the channels on the old boob tube, the only thing that he came up with that was worth watching was football or news coverage on the war in the Middle East. So Nigel picked...sports.

Even though there has been a lot of news coverage about the war lately, that still does not explain why more Americans are concerned about who won Super Bowl XXV than what bomb was dropped where. Eleven Marines were killed on

by Terry Beall

Wednesday, Jan. 30th, 1991 by a trick attack from Iraqi troops near the Saudi border town of Khafji and no one really seemed to notice that a ground war had started. Does no one understand that when fighting starts spreading on the ground that thousands of people will die? Allied losses have been described as light and the Iraqui losses have been heavy. Why did the Iraqis get a chance to take over a deserted border town? Maybe it was because a convoy of tanks and ground troops were pretending to surrender to American troops and then started to open fire when they were close enough to do some real damage. Air support pushed back most of the advancing Iraqi attack.

With all of this fighting going on, where are the minds of Americans back home? How would the troops feel knowing that more people are concerned about a bad kickoff on Super Bowl Sunday than whether or not troops in the Middle East are going to survive to see Monday. More Americans should follow the Pakistani volunteers example and wear a picture of Saddam Hussein on their head while they undergo military training. Then everyone would know what a deranged, power-hungry-madman looks like in real life. Experts are predicting that this war will only last for a couple of months. But what would happen if the war lasted for a couple of years? Would the majority of the people just sweep it under the rug like they do with most of their problems? If it was swept under the rug, then at least people would know where the war was during the halftime show on Super Bowl Sunday.

The Never-Ending Editorial

Once upon a time... in a classroom Journalism live forever in the hearts far, far away, an editorial was assigned to the Journalism I students.

It was the day before Thanksgiving and I was having an excellent day dreaming about all of the food and excitement that was about to overcome me on a great holiday vacation. That was until I stepped into the world of the neverending land (or Journalism I, which is one hour long). An evil journalism monster was hovering over me saying, "write another editorial and choose the topic. Oh yea, it's due today." After laughing a mysterious laugh, the monster slugged away to torture some student for writing a tacky headline.

I asked myself what the purpose to this assignment was? Was it to solve the world's peace problems? Was it to help feed the hungry, house the poor? After giving it some thought, I decided it was assigned just to make

of its students. After learning the meaning of the assignment, I started the hardest part...picking a subject in which I knew enough to write about. Little did I know that I was heading for the biggest problem a man would ever face.

"Piece of cake" was my first reaction to this editorial, but as I finished typing my name on the paper I realized there was not a topic that would not be censored, where I could B.S. my way through. The next thing happened so quickly I could not even begin to describe it to you. I was hit hard in the face with the biggest case of WRITER'S BLOCK known to mankind. "What was I going to write about?" It was horrible, I just sat there staring and staring and staring at the monitor. Finally after much despair I knew what had to be done.

I let my fingers do the walking. I just started typing out words as fast as possible, while praying that the words would make sense. The words were flying so fast onto the screen that I was unable to comprehend a single word. I concentrated so hard on trying to make sense of it that I passed out from the pressure. I woke up in the nurse's office to hear the dismissal bell ring. "O no, there goes my journalism grade down the drain." The nurse had to give me a black-market-aspirin-that-studentsare-not-suppose-to-have-in-school just to calm me down. I walked wearily down to the computer lab and there, much to my surprise, I found a computer terminal with a story on it that went on forever. I did the only thing that I could, I put my name on it and printed it out and left for the vacation that I deserved. To my knowledge, that story is still printing out to this very day. To the journalism monster, wherever you may be, I hope you have a fun time grading the never-ending editorial.

America! What Does Europe Think Of It? by Iris te Paske

I was asked to write an article about the European view of America. By talking with the other exchange students I found out that most countries have the same ideas of America.

Most Europeans think of America

Quaker's Proposal on Student Expression

We, the staff of "the Quaker," in order to promote

as the country of freedom and opportunities. As the strongest country of the world. The last two are probably true, but most countries in West Europe have more freedom than the United States. The Europeans think of America as the country that leads the world in everything. America does lead the world in many areas, but not in all of

Flower Loft

them. If you look at the technology, America is probably behind West Europe. The fashion is different, but West Europe is certainly not behind the United States. With the music and the movies, America rules over Europe. And as far as space traveling is concerned, America is also far ahead.

Lots of space, many cars, big stores, and fast food, we all think we

can find it in America, and it is true. The Europeans also have a certain image of the attitude of the Americans. They are hard-working, patriotic and think their country is the best in the world. Although we think the Americans work hard, we also think they are lazy. They use the car for everything and watch TV a lot. Whether Europeans have a negative image of America or not, most of them would love to visit the United States. It is one of the most powerful countries of the world and it is an attractive country for foreign people.



quality reading material through the use of free speech and opinion, do hereby abide by and take protections under the ideals and principles of the First Amendment, the Constitution, and other various court rulings.

It is our duty to keep our readers currently informed of school activities.

We are also obligated to avoid any form of libel, obscenity, invasion of privacy, and any subject which may cause a disruption in the community or in the normal routine of the school day. If at any time felt appropriate, the principal can reserve the right to edit or censor any material that he considers in any way to be inappropriate for publication.

Since "the Quaker" is a student forum, we encourage from our readers any feedback in the form of essays, letters, etc.

529 E. State St. 332-1504



THE QUAKER student newspaper is published by the journalism students of Salem Senior High School.

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Monday thru. Saturday 11:00 am - 1:00 am Lunch and Dinner Specials

How Much Is Too Much?

America the home of the free But how free are we as Americans? Over the past few weeks, things have really started to heat up under pressure, including the media and the coverage of the war in the Middle East. But the question still remains, should we be informed of everything that is happening over half a world away?

"We cannot tell any information or future plans in spite of the care that has to carry them out," states Col. Powell of the United States Army. Many Americans want to know more about the situation, and

feel they are being left and have a right to know, but if information is released to the public, could it hinder the United States and the power of our military? I believe that the coverage of the war right now is quite sufficient and furthermore believe that the lives of our troops can be jeopardized if too much is revealed. Why would we want the Iraqis to know our battle plan when we could just go in there and get out?

After Saddam's outrageous demonstration of inhumanity, and we see the destruction he causes to his own people, what will he do to

Student Profile

by Jodi Chappell

The Quaker will be featuring different students each issue. The purpose is to learn more about Salem students. This issue, The Quaker is featuring the seniors.

Joe Hovorka Hobbies: Cycling Favorite Food: Pizza Favorite Movie: "Summer School" Favorite Band: Led Zeppelin Dislikes: Slow drivers Place of Employment: Wendy's Future Career: Undecided Favorite TV Show: "Cheers" Favorite Actor: Robin Williams Favorite Actress: Michelle Pfeifer Favorite Place to Eat: Taco Bell Favorite Subject: Computer Programming

the hearts of many Americans.

At 7:00 P.M. Tuesday, Jan. 15,

approximately 300 people of all ages

and ethnic backgrounds gathered at

the Presbyterian Church to

participate in a peace march, just

hours before the deadline that

Saddam Hussein was given to pull

out of Kuwait. The ceremony started

by passing out candles to all of the

participants, and a program sheet.

The peace marchers traveled to the

First United Methodist Church, then

lit the candles and sang "Let There

Be Peace On Earth." After that they

traveled inside for a short service.

The service consisted of a few

hymns and some readings of Dr.

Betsy Melody Hobbies: Sports Favorite Food: Chinese Favorite Movie: "Doctor Zhavago" Favorite Band: Pink Floyd Dislikes: Teachers Special Talent: Talking Future Career: Radiology Favorite TV Show: "Rescue 911" Favorite Actor: Mel Gibson Favorite Actress: Demi Moore Favorite Place to Eat: The Flats Favorite Subject: None

us? As long as we are informed of the basic principles and casualties of this war, nothing more needs to be said. And as far as most of the USA believes, the military should increase its control over reporting of the war. A poll taken by the "Times Mirror Center for The People and The Press" asked whether the military should tighten control over war news, and 57% responded yes.

On the night of Jan. 16, the attack on Baghdad began when the United States flew its planes over Iraqi ground and started the bombardment of several missile attacks on chemical production sites and nuclear weapons production facilities. "Saddam is not getting the message," announced President Bush. Although this is an argumentative situation. Bush seems to reassure our nation that this will not be another Vietnam, and this war is not just over oil.

Although President Bush seems to be quite confident that we will win the war, Saddam is not to be underestimated. This man has more tricks up his sleeve than a magician. For example, the United States reassured Israel not to worry about attacks, we would cover them in case of danger, but apparently that didn't seem to happen.

Experts now believe that Saddam has many more weapons than we were led to believe, and wonder if the SCUD missiles being dropped are equipped with dangerous chemical warfare. I guess all we have to do is wait to see who makes the next move to end this nightmare.



It's mine! Valerie Scott battles for the loose ball.

Photo by J. D. Creer

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When Cupid Strikes

By Quaker guest feature writer URB Littled

Valentine's Day, which comes once a year, is the international day dedicated to LOVE. Some may say that it's just a commercial holiday used to lure males and females out into the candy stores to buy their sweethearts lots of goodies to show their affection for one another.

THY MAROU -

This special day originated back in Greek history starting with the gods Aphrodite and her son Cupid (he is the little guy in the diaper who flies around shooting people with arrows to make them fall in love). How many people really believe that? Well, you would be surprised at the number of students who still believe in LOVE, just look at the long lines in the cafeteria waiting in line to buy carnations for friends and loved ones. Now isn't that special? I had the once in a lifetime chance to interview Cupid before his mission this year. Here is his story.

As my day begins I awake with thoughts of love and happiness. Today is the biggest event in the love game. Although there will be many people to bring together, my goals are set to release the hidden passion in all at Salem High School. As the bell rings to begin first period, while students scuttle off to their classes, I notice cute couples kissing in the hall. Ohhh what a sight, the blossoming of love in the purest form. But wait, hark, that nasty old teacher is lecturing them on the punishments of PDA, or public display of affection. What a crock! To hinder the feeling of affection towards another is a sin, well, at least were I come from. As I silently cuple, (that means to walk in the cupid language) through the hallowed halls, entering in each class looking for that certain couple to bring together.

"Communication is the key to success in a relationship," says Mrs. Cozza, as I enter her first period Family Living class, but little does she know that there are two people that will marry, have four children, and live happily ever after. By law, at least cupid law, the names of these two destined to be lovers cannot be released. Although there can be some clues to keep you guessing. Even though she is shy, this little number can keep up with the best. She has freckles, brown hair, and a

smile that would turn the heads of every male on my planet, Cupidland. As for the gentleman, he is tall, soft spoken, with a head of sandy blonde hair. After noticing a small twinkle in the eyes of these two, I was set to make a difference in their lives. MISSION ACCOMPLISHED!! Second period rolled around and my next assignment was what I thought to be a breeze. The couple that I had my eyes set on were as they say "complete opposites". And you know what they say about opposites, they attract, and boy did they! He gave her one of his prize winning smiles, and you could see that sparkle flash through her baby blues and her face began to blush. This was only the start. He wrote her a fabulous poem that could bring even Saddam Ĥussein to his knees. That is what won her over. MISSION ACCOMPLISHED!! This next little adventure, if I may say, was by far the hardest ever that I had tried. They were mere acquaintances until their eyes met walking through the long and winding road of life. Little did she know that he was the one she had been dreaming of for so many years. The age was somewhat of a question in her mind, thinking maybe since he was a "big senior" that he would not be interested in a relationship. His plan was to impress and bewilder her, catch her off guard, then move in for the kill. Although he had never seriously spoken to her he knew just what she wanted, and there were no mountain too high for him to climb

to keep him away from her. Just as he planned, he placed one red rose on the inside of her school locker. In hope that her brain would fill with interest and curiosity, and it did. It just goes to show that nice guys do not always finish last. MISSION ACCOMPLISHED.

With the United States already Martin Luther King's speeches. leading the united coalition of Members of the service then called nations, peace is just a memory in

out names of the people that were serving in the Middle East. The ending of the service consisted of joining hands and singing "We Shall Overcome." Many of the ex-hippies and admirers of Dr. King had comments to add.

by Jeff Cecil

- Sure has brought a lot of people together, really shows that people can unite when they have to.

Everybody wants peace, nobody wants war. When you have people in the desert, it really makes you think. Just to honor an incredible man,

everybody should be paying more tribute to him.

I am impressed by the number of people that showed up, shows that many people would like a peaceful solution.

I hope that they come to a peaceful settlement, you can't ever give up hope. There is no saying in what the future has in store for all of us.

- We all want peace, I think that the most important thing to do is to pray.

- I am not taking sides on who is right and who is wrong, just here to honor Dr. King.

Many people assembled for different reasons, but either way, all of it was for a good cause. Even though the United States is presently engaged in war with Iraq, there are millions of people who would like all of the bloodshed to end.

Jane Says..... by Chris Chappell

Lately you may have heard tunes by four guys who have been caught stealing. They are winning over the ear drums of righteous headbangers worldwide.

Jane's Addiction is one of the few bands that has emerged from the Bay area underground. Since their beginning the band has been known for their wild stage presence. Perry gets his whacked-out ideas for stage shows from his real life experiences. On their "Nothing Shocking Tour" they were criticized for their nude doo-wop dancers and outrageous sculptures. They have currently been signed to Warner Brother records. Their latest album, "Ritual De Lo Habitual," has been selling like mad. Alex Sobek thinks, "Those guys can

really smoke." Josh Morlan feels 'their latest album is groovy."

Since they now have the backing of Warner Brothers, Jane's Addiction has two new videos for the MTV viewers. The two killer song titles are "Stop" and "Been Caught Stealing." The latest video, "Been Caught Stealing," seems to be turning the heads of many kids. The fans are pleased with their choice of women. Duane Stalnaker said "the chick in the video is sweet" and Marcie Baker thinks "the new song is psychedelic." These guys don't really care what society thinks of them. Two years ago MTV quoted Perry saying, "Our main goal, from the start, has been to make parents sick," and from the looks of it they are doing a fine job. Keep up the good work, guys.

Peace Sells, But Who's Buying?

Earral	load singer	and	co-producer,		
ranci,	Icau singer	anu	co-producer.		
	0		· · · · · · · · · · · · · · · · · · ·		

Song Titles Describing Valentine's Day

Roger Tafini-"Silent Scream" by Slayer Deb Roush-"Love Song" by Tesla Scott Hasson-"Practice What You Preach" by Testament Betsy Melody-"Do Me" by Bel Biv Devoe Tom Adams-"Open Arms" by Journey Donna Huland-"What it Takes" by Aerosmith

Wade Deland-"In My Darkest Hour" by Megadeath

Cindy Carlariello-"I Don't Believe in Love" by Queensyrche Matt Lippiat-"Hold on to the Night" by Richard Marx Kim Manning-"I Saw Red" by Warrant



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Dalem Sports



Photo by J. D. Creer

Secret Of Success Is **Preseason** Conditioning by Jeff Cecil

The football team and the track up until two-a-days. A select few team are already preparing for their seasons, the football team bouncing off a 8-2 season, and the track team preparing for another dominating season in the Mahoning Valley Conference.

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The track team has been having winter conditioning or winter track for the past few months, preparing for the spring season. They meet three times a week, Monday, Wednesday and Friday, for about two and a half hours. A typical practice consists of warming up with a few sit-ups and some rope jumping, then proceeds into the team stretch. After the team stretch, the team breaks up into groups and runs a 3 to 5 average mile loop. After the loop the team comes back for a stretch down. One of the groups within the track team is the weightmen squad. The main thing that they do is lift. After the weightmen stretch, they go straight into lifting at Fitness Plus. The weightmen also practice on Tuesdays and Thursdays to get in more lifting.

The winter lifting program has last season's players, along with this years walk-ons. The turnout has been pretty good, around 30 to 35. The football team will lift steadily to prepare for the 91-92 season throughout the rest of the school year

members of the winter lifting team will participate in the Quad County lifting competition in March. A few members of the winter lifting team had comments in regards to next year's team.

Jeff Carr (10) - Gives me a positive feeling about my physical being.

Kirk Gainor (11) — Bonds the team together for next year's dominating season.

Doug Exline (10) — Being in the weight room gives us a sense of pride and accomplishment.

John Maniscalco (10) - I think it puts us a step ahead of every other team that is not busting their tail in the MVC.

Brian Lippiat (11) — Gives us a positive outlook for next year's football team, helps everyone build strength and enthusiasm going into the season.

Jeff Pittman (11) — Gives us unity for our team, and helps us with our agility.

Both the track and football teams are getting involved with preseason workouts with the hopes that it will pay off in the regular season. The track team has been accustomed to success over the past years and the football team had a good taste of it this past season. Both of the teams should shine in the MVC in '91.

Shooting For The Tournament

The Salem Quaker Boys Basketball Team has had unexpected obstacles thrown in their path within these last weeks. They experienced two unfortunate losses. These losses

Continuing to pin the opposition

by Nathan Swetye

Last Wednesday, Salem blew Girard away with a final score of 49-18. With this win, Salem's record is still a winning one of 10-6. These are the highlights of the match between Girard and Salem this past Wednesday, January 30:

Nelson Cope, our youngest varsity wrestler, beat his rival, Jeff Blews, by a technical fall. Points scored were 16-0 in his favor.

Salem had no wrestler for the 112 weight class, so Girard's man won by default. Rick Lobdell, our 119 wrestler, won another match by a pin. Lobdell defeated Gary Mariorano in 2:39 seconds.

Other matches included: Chuck Brant beat Tracy Titus by decision, the final score being 10-7, Greg Orrach pinned Tony Conocito with the third best time of 1:28, and Robert Booth won by decision over Josh Bilger, 13-5.

Mat Kilgore won his match by forfeit when his opponent was hurt on the mat. The wrestler, with the help of the coaches, limped off of the mat, seemingly with a sprained ankle. Steve Bedell, our only other wrestler to win by pin, beat Nick Solano in the second best time of 1:23.

Dave Sanders out-wrestled Tony Alcanter 11-1. Dave won by major decision. Mike Nery won by default over Tony Mariorano. Brian Julian beat Bob Dickason by decision, the end score 12-5.

Salem suffered only two losses last Wednesday, John Haupt was pinned by Rusty Morgan. Dave Frye of Girard was hurt when Jeff Graybeal made an illegal slam. Jeff had to default, resulting in a loss.

Last Friday and Saturday, the Salem Wrestling Team went to the Alliance Invitational, which held 32 teams. The results of the Salem Wrestlers are as follows. Salem finished 13th out of 32 teams. Nelson Cope, 103, finished fifth, while Jeff Graybeal placed third in the 171 lb. weight class. Brian Julian also fared well, finishing fifth in the 189 lb. weight class. After Wednesday's match against Boardman, Salem will participate in one of its most important tournaments of the year tonight and tomorrow, the EOWL tournament at Canfield.

by Mat Kilgore

were back to back which certainly bite." "The comeback victory by the didn't help matters any. The Quakers' two adversaries that came out on top were the Campbell Red Devils (59-47) and the Girard Indians (73-64).

Having two losses in a row really cuts down on confidence and morale of a team. This usually plays an important roll when it comes down to playing. Senior Chris Cochran asserted, "The losses really cut down on the team's confidence because we were beaten by two teams that we should have won against." But Salem put those two unfortunate losses behind them and met their next victim in full force. When the boys played the Poland Bulldogs, they put the "might" back into the Mighty Quakers as they defeated the Bulldogs on January 25 with a score of 81-63.

The JV's got the "ball" rolling the night of the 25. They were down and what seemed to be out at the start of the fourth quarter when the Bulldogs were up by 16. The Quakers did not let the score intimidate them. The JV's proceeded to pound the "Pups" and dribble their way to victory. Sophomore Jeff Andres was the "knight in shining armor," scoring a buzzer winning bucket to end the game 56-54. This proving that the Bulldogs' "bark was worse than their

JV team got the varsity players pumped up for their game," stated JV and varsity player Tom Wainwright.

There can't be much more said about the varsity; they played simply wonderful. They dominated all throughout the entire game. It was really nice to see some different faces on the floor. It made the game a little more exciting to be able to watch the whole varsity team play. Compliments go out to the entire varsity for playing an excellent game.

Friday, Feb. 1, the Quakers continued their winning streak in a 71-64 MVC win against Struthers. From the beginning of the game the Quakers were playing confidently. There was nothing stopping the Salem boys this night. Everyone played really well. A special mention should go out to senior Jeff Shirley, who came off the bench and gave the Quakers' 13 big points. The JV's also came out victorious with a score of 61-57. Congratulations boys; let's keep on going. The boys' looked for another win when they traveled to Canfield Tuesday, February 5. Tonight they will play J.F.K. at home, and Saturday they will be home to West Branch.

What Team Effort Can Do! by Laci Reed

Even though the girls basketball team has had a dismal outlook for this year, the team has been brought closer together. The family togetherness has pulled the Quakers into a winning record of 9-5.

Much like the past football team, girls basketball has relied on teamwork to get the job done. Leah Lutsch asserted, "The season has done pretty well. We're starting to work better as a team." The connection with the hard practices and teamwork has lead to the improvement of endurance and strength. These improvements have shown with Tammy's handling of the ball, which sets the Quakers plays. The ball handlers, Tricia

Wilms and Valerie Scott, have attributed greatly to the scoreboard. Underneath, Kim Manning, Leah Lutsch, and Marcie Baker show determination in getting the rebounds. If it were not for these girls playing their positions, the team's potential wouldn't be as aggressive.

Team attitude is also important. With the loss of a few players it was hard to retain stability, but the girls are getting there (again with team effort).

The rest of the season should be triumphant for the girls. To all the fans, pack the gym for the Salem and Canfield game, Thursday, Feb. 7.





The Salem Wrestling Team is assured of a winning season by virtue of their win over Girard on January 30.

Chris Cochran drives to the lane in Salem's win over Struthers last Friday.

Photo by J. D. Creer