

# The Quaker

student newspaper

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SALEM SENIOR HIGH — SALEM, OHIO

Salem, Ohio

FRIDAY, FEBRUARY 28, 1992

## The Epidemic Of Teen Suicide

by Rick Hoffmaster

Out 5,500 high schoolers studied, depression was second only to colds in frequency. There is some depression that is normal to teens. But is there a way to tell the difference between "normal" depression and a serious or suicidal depression?

To a kid struggling with his own identity, every pimple can be a crisis and every romantic break-up a rejection to much to bear. Its hard for them to keep things in perspective. Conflict with parents and the breakup of meaningful relationship are two major reasons why a teen would possibly contemplate suicide. The teenager is not always depressed when he commits suicide.

Alcohol and drugs make a teen's mental state more precarious. Amphetamines, "speed," deplete what are called neurotransmitters in the brain, valuable chemicals that transmit nerve impulses. Many depressed and suicidal people have depleted neurotransmitters, a condition that can be treated with proper medication. It takes about three days for the chemicals to rise to normal levels after the teen takes speed. After the decision of suicide is made, teens design ways of doing it so that there is little chance of being rescued. Guns, hanging and drug overdoses are the three most favorite ways the suicide is performed successfully. Three times as many females attempt suicide, but three times as many males are successful in their attempts probably because males have a tendency to use more violent means.

There are many facts and myths about teenage suicide. Some of these facts and myths are:

**MYTH:** Children never commit suicide.

**FACT:** Suicide is the eighth leading cause of death among children 5-14 years old.

**MYTH:** Children who talk about suicide do not kill themselves.

**FACT:** Most young people give warnings of their suicidal intent.

**MYTH:** Once a child is suicidal, he/she is suicidal forever.

**FACT:** The suicidal crisis usually last for a limited time: it can be diffused when feelings of personal worth are restored.

**MYTH:** Suicide attempts are seldom repeated.

**FACT:** Once a child tries death by suicide he/she is very likely to make another attempt.

**MYTH:** The chances of suicide can be reduced by avoiding the subject.

**FACT:** One can reduce the chances of suicide by bringing the subject out into the open.

**MYTH:** Suicidal youth want to die.

**FACT:** Suicidal youth want to live at least as much as they want to die.

Here at Salem High School there are ways to help those suicidal teens. There are a number of people who are there for the troubled teen when the thought of suicide crosses their mind. The reason there are counselors is to be able to help the student through the rough times, and be there to talk about what the student is going through. Even your friends are there to talk to. If you have good enough friends they will tell someone about your decision about suicide. Here are some simple ways you can help:

-Develop a sound relationship with the teen.

-Assess immediate risk. Ask if he/she plans to commit suicide, including how, when or where she plans to do it.

-Do not panic. Be confident and take control.

-Do not leave the teen alone.

-Be sure counselors, parents or professionals are aware of the problem and the teen is referred to a mental health facility.

When I spoke with Miss Carmello she gave me some background on exactly what the counselors do when a troubled student comes to them for advice. She told me that whenever a student tells them that they are thinking about committing suicide, they do not take it lightly. "We try to give immediate help to those students who even consider committing suicide." In the area there are several places to go to for help. One place is the Mental Health Clinic, another place is the social services in local hospitals, and there is also a Help Hotline. The numbers for the Help Hotline are 424-7767 and 426-9355 available 24-hours.

Sources for this article are the following: Seventeen Magazine, April 1985; Sun Herald, May 1986; The Cincinnati Enquirer; Help Hotline, Inc. 6/88.

## Salem Athletes Earn MVC Honors

Three members of Salem Boys' basketball team, and three members of Salem Girls' basketball team were named to the Mahoning Valley Conference basketball team. Brian Petrucci was named to the MVC's first team. Petrucci was third in the conference in scoring averaging 18.4 points per game, first in three point shooting accuracy, second in rebounding and steals, sixth in field goal accuracy, and eighth in assists. Beau Hendricks and Shawn Sauerwein received honorable mentions. Salem sophomore Valerie Scott who finished second in scoring in the MVC, averaging 18.8 points per game, was named to the MVC's first team, while Kristin Ehrhart and Tricia Wilms received honorable mentions. The Quaker boys finished the season at 12-10, while the girls finished at 11-11.

## Salem Students Traveling to Germany

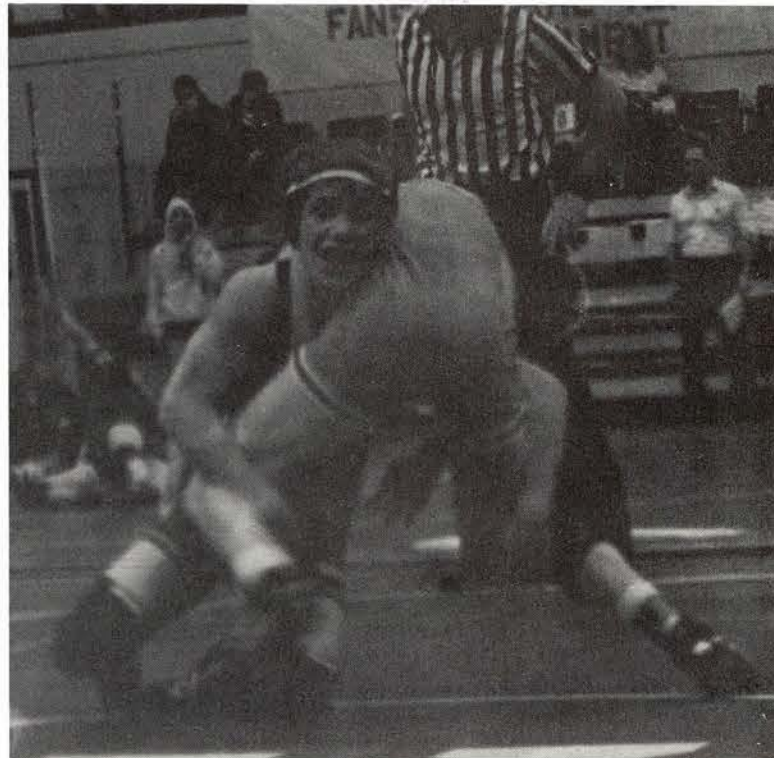
Eleven Salem High School German students will be spending spring break in Germany, Switzerland and Austria. Kyle Calderhead, Denise Lee, Sarah Lieder, Emily Mager, Joe Matyas, Travis Pilch, Bill Schneider, Jeff Spatz, Kristie Stewart, Becky Wauk, Michelle Wolf, along with Mrs. Reed and her son, Rob will be experiencing the sights of such places as Heidelberg, Munich, Lucern and Innsbruck. Maybe they'll even try to do some skiing in the Alps! The cost of the trip was entirely the responsibility of the students and their families. The proceeds from the concession stand on Saturday, 3/14/92 for Odyssey of the Mind will be given to these students.

## Do You Know Your Teachers?

by Melissa McCrae

You see them nine months, five days a week; but how well do you know your teachers?

Student Council is going to sponsor a contest that will require you to match teacher's baby pictures with their present-day ones. The pictures will be displayed around the school for students to study several weeks before the contest deadline which is tentatively scheduled for sometime in late April. Teachers wishing to participate may turn in a baby and present day picture to Mrs. Monteleone. This must be done before March 19 in order to assure a spot in the contest. Remember to put your name on the back of your pictures to insure their return to the proper owner. All identities will be kept secret until the day of the contest.



Moves like this helped Nelson Cope advance to the State Wrestling Tournament which began yesterday.

## NHS Induction Held

The Salem High School Chapter of the National Honor Society held its annual induction of new members. These students were selected on the basis of their accumulative grade point average as well as their outstanding display of scholarship, service, leadership, and character. The inductees were honored at a candlelit ceremony held last night in the high school library. All family, friends, and staff members were invited to attend the induction. Refreshments were served following the ceremony. The following students were

inducted into the National Honor Society.

Jason Aldom, Jeff Andres, Jacob Bails, Mike Bigham, Curt Conser, Scott Davis, Shannon Finley, Matt Greenisen, Heather Heath, Brad Heim, Denise Lee, Sarah Leider, Leah Lutsch, Emily Mager, Michelle Martin, Emily Miller, Kalpana Mohan, Stuart Poage, Ross Ramunno, Mike Ruple, Angie Sabatino, William Schneider, Jason Smith, Jeff Spatz, Tricia Stone, Kristie Stewart, Charlie Straub, Marcy Tkatch, Michelle Woerther, Michelle Wolf, Jennifer Zeigler.

## Club Activity Update

### Pep Club

**Advisors:** Miss Nespeca  
**Officers:**  
**President:** Jan Penner  
**Vice President:** Erin Funk  
**Secretary/Treasurer:** Michelle Wolf

**Activities:** Still having bimonthly meetings. Planning the King of Hearts Dance and will be making goody bags for the spring sports teams.

### National Honor Society

**Advisors:** Mr. and Mrs. Jeckavitch  
**President:** Mary Rottenborn  
**Vice President:** Craig Belaney  
**Secretary:** Robin Oberle  
**Treasurer:** Heidi Auman  
**Activities:** Held on March 11, the National Honor Society induction ceremony for the new members. It held in the library, and all parents and staff members were welcome.

### SHS Environment Club

**Advisors:** Mr. Sabo  
**Officers:**  
**President:** Mindi Cyrus  
**Vice President:** Heather Higgins  
**Secretary:** Laura Farkas  
**Treasurer:** Jenny Hyland  
**Activities:** The Environment Club is selling Earth Day T-shirts for \$12.00 in the cafeteria during lunch periods on March 11, 12, and 13.

### Spanish Club

**Advisor:** Mrs. Marhefka  
**Officers:**  
**President:** Jason Smith  
**Vice-President:** Mike Bigham  
**Secretary:** Marcy Tkatch  
**Treasurer:** Heather Dugan  
**Activities:** Will be viewing a movie in Spanish and having a

pizza party on March 14. The location has not yet been decided upon.

### Key Club

**Advisor:** Mr. Washinko  
**Officers:**  
**President:** Jason Aldom  
**Vice-President:** Darren Walker  
**Secretary:** Traci Wright  
**Treasurer:** Laura Farkas  
**Activities:** Had a concession stand. Will be helping at the O.M. Competition on the 14th. Planning an Interclub convention w/Crestview over the weekend of the 22. Possible plans of sponsoring a dance on the 3 of April.

### Interact

**Advisor:** Mrs. Hutson  
**Officers:**  
**President:** Ben Heineman  
**Vice-President:** Lisa Olson  
**Secretary:** Alicia Chuey  
**Treasurer:** Diana Hutson  
**Activities:** They will have a guest speaker from the Garden Club of Salem come in. They are finalizing the Easter candies sales, and further plans are being made about the trip to Columbus.

### Academic Challenge

**Advisor:** Mrs. May  
**Activities:** The members of Academic Challenge are still getting ready for the County Scholastic Bowl coming up on March 9, 11, 12. If the team wins they will advance to the district championship.

### American Field Service AFS

**Advisor:** Mrs. Breckenridge  
**President:** Becky Donnelly  
**Vice-President:** Melissa McCrae  
**Secretary:** Jaynie Crawford

**Treasurer:** Mrkanda Fitch  
**Activities Advisor:** Chrystal Bowers  
**Exchange Student Advisor:** Jenni Covert

**Activities:** AFS members recently attended a Pittsburgh Penguins Hockey Game. Plans are currently being made for future activities.

### Class of 1994

**Advisor:** Mrs. Wilms, Mrs. Yakubek  
**President:** Ken Lee  
**Vice President:** Julie Kornbau  
**Secretary:** Jody Wirkner  
**Treasurer:** Duke Dye  
**Activities:** Planning a possible concession stand at one of the tournament games. Having a dinner dance Friday, April 10 from 6:30 to 10:30. Getting ready to elect new officers and student council members.

### Tact

**Advisor:** Mrs. Cozza  
**Activities:** The March party will be a talent show. The TACT Olympics are scheduled for April, and the big graduation party is scheduled for May.

### Yearbook

**Advisor:** Mrs. Tina Hays  
**Editor:** Porsche Hite  
**Activities:** Only 2 weeks left to purchase yearbooks at the price of \$30. They will be on sale at lunch or in the yearbook room. Reminder to all Seniors to bring in pictures for the Then and New Section. The deadline for that is March 20. If anyone has a photo they would like to see appear in the year book, please take it to the yearbook room. Include your name so it can be returned to you.

## INSIDE

"The Luck Of The Irish" — Page 2  
Spring Things — Page 4 and 6  
Sports Wrap Up — Page 5 and 6

# Voices

## The Luck of St. Patrick's Day Can Effect Everyone

by Kevin Wolford



On next Tuesday, "the luck of the Irish" is celebrated through St. Patrick's Day. If you find a pot of gold at the end of a rainbow on St. Patrick's Day or find a leprechaun you should feel pretty lucky. For some people, especially the Irish, it's a day to celebrate and be lucky, but for other people it's just another holiday.

St. Patrick's Day in the United States began in colonial times. Historians have said that Kilpatrick, near Dumbarton, Scotland was the birth place of St. Patrick and was born in the year of 387. St. Patrick was the patron saint of the Emerald Isle, Ireland. One of the traditions that St. Patrick did was that he used the shamrock, national emblem of the Irish, to explain to the people the mystery of the Holy Trinity. His explanation of the shamrock was that the three leaves of triplicate plant represented the three persons of the Trinity and the stem on which they grow represents the Godhead and is typical of the unity of the three in one.

The celebration of St. Patrick's Day began in Boston by the Charitable Irish Society founded in 1737. Also, the Friendly Sons of St. Patrick founded in Philadelphia in 1780 observed the day, too. Although in the United States St. Patrick's Day is not a national holiday, but in Ireland it is their national holiday. The shamrock is worn everywhere and the color green is worn to com-

memorate its use by St. Patrick as symbolic of the Trinity. The day is celebrated in the form of parades, dinners with speeches and toasts, balls, and special festivities. Two of the most notable St. Patrick's Day parades are in Dublin and in New York City.

Many of us have our own lucky charms or beliefs. No, not the cereal Lucky Charms, but the good luck charms that brought you luck in the past. I think that many people believe in luck, but then there are people who don't think there is no such thing as luck. A person really doesn't know when and where they will have luck on their side. It's just like nobody doesn't know when they are going to die. Some people have become rich or famous by being lucky on a certain occasion. An example

of this would be a person winning the lottery. I think that a person that won the lottery is luck because the chances of winning is very, very slim. I personally believe in luck because I have been lucky many times in the past. I think that it is neat to have a good luck charm because you know better when luck will be with you the next time. I recently asked some students what their good luck charms were or if they placed luck in anything.

Here is their responses; **Kasper Funk** — I wear the same pair of underwear every tennis match; **Lisa Beck** — God! I have total faith in him; **Susan Girscht** — rabbits tail; **Chris Oesch** — I don't believe in luck; **Mr. Bennett** — You make your own luck; **Rick Lobdell** — My luck is with the Kula; **Israel Karlis** — I don't rely on luck, just talent; **Brandi Ickes and Erin Funk** — Bump volleyball with heads before volleyball games; **Ben Citino** — My princess gives me the best luck in the world; **Jeff Holenchick** — Work out with Stewart before every game; **Traci Wright** — I wear the same pair of socks for every cross-country meet; **Jeff Herron** — The Doors headband; **Mike Pettey** — my authentic NFL football; **Alicia Chuey** — Brett's ring. In conclusion, St. Patrick's Day is celebrated on March 17 each year and the tradition of being lucky and having good luck charms still goes on.

## Policy 5511

by Marci Baker, BPB

Sometimes rules are set and not followed. Policy 5511 states no shorts are to be worn from the last day of September to the last day of April. It seems that rules and regulations are always bent and changed. In this case it's OK to wear shorts (for girls that is) if you wear hose under them, but what about the guys? Guys are definitely not going to be able to wear shorts much less shorts with hose. So what do we do?

According to Policy 5511 from the Board of Education under "Dress and Groom" says that "Dress for all students should be in accordance with good taste and style for school wear. Sleeveless tee shirts (muscle shirts), sweats, shorts, and clothing with inappropriate pictures

or lettering (advertising illegal drugs, or alcoholic beverages) is not permitted." The decision to send a student home for such a reason shall be that of the principal. A question - Is this rule fair? If they (Board of Ed.) are going to have a policy that states no shorts why don't they enforce the rule and keep it the same for everyone.

I asked a few people what they thought of our dress code and this is what I got:

Jeff Pittman—It's unfair towards guys!!

Ryan Keating—It's a bunch of (Blank)

Ann Borrelli—Yeah, WHAT-EVER!!

Mrs. Wilms—If there is going to be a dress code it should be followed by everyone.

Jamie Lesch—It's a double standard! It don't understand how some of these girls can wear shirts that show (blank), but shorts are wrong! GIMME A BREAK!

Kris Danklef—It's STUPID! It's not fair towards guys with shorts, some skirts are much shorter than shorts!!!

Mr. McShane feels that those who break the dress code rule, he gets a good response from. That's when something is inappropriate that they (the student) make the necessary change. He also feels that the style of shorts is "in" fashion for women and is inappropriate for the guys at this time. Hopefully May 1 comes real soon so everyone can be satisfied with the rules around S.H.S.

I also asked what people would like to see changes about our code and this is what they said:

Chad Rhodes—NO PAISLEY SHIRTS FOR JOSH LUDWIG.

Jeremy Board—We shouldn't have to wear clothes!!!

Eric Sweitzer—Shorts all year.

Ross Ramunno—Marcie should be able to wear whatever she wants.

Jason Aldom—No ban on anything!!

Amanda Ciotti—We should be able to wear whatever we want, it's a democracy.

I guess we have to deal with the dress code the way it is. Maybe sometime soon it will change and let the student body decide what we can do since we are the ones who have to go here. If you feel that this is unfair talk to your Student Council and get them to make a move for shorts all year round.



### Quaker's Proposal on Student Expression

We, the staff of "the Quaker," in order to promote quality reading material through the use of free speech and opinion, do hereby abide by and take protections under the ideals and principles of the First Amendment, the Constitution, and other various court rulings. It is our duty to keep our readers currently informed of school activities.

We are also obligated to avoid any form of libel, obscenity, invasion of privacy, and any subject which may cause a disruption in the community or in the normal routine of the school day. If at any time felt appropriate, the principal can reserve the right to edit or censor any material that he considers in any way to be inappropriate for publication.

Since "the Quaker" is a student forum, we encourage from our readers any feedback in the form of essays, letters, etc.

THE QUAKER student newspaper is published by the journalism students of Salem Senior High School.

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## I'm Stuck In This Chair

by Andy Smith

Life after head injury means quite a few things. For instance, you may as well forget about your friends (and girlfriend), mainly because they don't know how to deal with you. If you have a speech problem, or if you are not able to walk, your friends feel uncomfortable and guilty.

Your life becomes extremely hard to deal with. Little things that you take for granted, like tying your shoes, brushing your teeth, combing your hair, dressing yourself, learning how to eat completely over, having to be helped to use the bathroom (I mean all sorts of privacy goes down the drain). Eating in restaurants can be an extremely big embarrassment. Just being seen crippled, or screwed up, is very embarrassing.

My friends and family are two totally different areas, for most of my friends have been very unsupportive. My family's been truly wonderful, for I never would have survived without the tender loving care of my entire family.

Life after head injury like mine is very frustrating because people can't understand everything I'm saying and they play it off by saying, "Oh, really?" or "Are you serious?" It's also frustrating not to be able to wash my car or go

over to my girlfriend's house. I can't just get up and go where I want, when I want. I'm stuck in this chair until someone takes me someplace. (In other words, I have no real independence).

In closing, the one message I have to tell you is stay away from alcohol. In the long run, you end up destroying your life, as well as the lives of your family and friends. Drinking and driving just isn't worth it.

(Andy was injured on September 30, 1981, while he was a passenger in his buddy's car. They had both been drinking, Andy just happened to be the passenger instead of the driver. Of course, it was quite a shock to his parents since they had never had alcohol in their home. Andy never made a habit of drinking, which proves that it doesn't matter how much one drinks, it can happen to anyone at anytime. As a result of the crash, Andy lived at Riverside Hospital for nine months, followed by a year at a rehab hospital near Toledo. He still has to have some supervision for most of the day. His therapy has gone very well — much better than the doctors every expected — but he will wear the scars from this one-time fun night for the rest of his life).

## Please God, I'm Only 17

The day I died was an ordinary school day. How I wish I had taken the bus! But I was too cool for the bus. I remember how I wheedled the car out of Mom. "Special favor," I pleaded. "All the kids drive." When the 2:50 bell rang, I threw all my books in the locker. I was free until 8:40 tomorrow morning! I ran to the parking lot, excited at the thought of driving a car and being my own boss. Free!

It doesn't matter how the accident happened. I was going off — going too fast. Taking crazy chances. But I was enjoying my freedom and having fun. The last thing I remember was passing an old lady who seemed to be going awfully slow. I heard a deafening crash and I felt a terrible jolt. Glass and steel flew everywhere. My whole body seemed to be turning inside out. I heard myself scream.

Suddenly I awakened; it was very quiet. A police officer was standing over me. Then I saw a doctor. My body was mangled. I was saturated with blood. Pieces of jagged glass were sticking out all over. Strange that I couldn't feel anything.

Hey, don't pull that sheet over my head! I can't be dead. I'm only 17. I've got at date tonight. I'm supposed to grow up and have a wonderful life. I

haven't lived yet. I can't be dead.

Later I was placed in a drawer. My folks had to identify me. Why did they have to see me like this? Why did I have to look at Mom's eyes when she faced the most terrible ordeal of her life? Dad suddenly looked like an old man. He told the man in charge, "Yes, he is my son."

The funeral was a weird experience. I saw all my relatives and friends walk toward the casket. They passed by, one by one, and looked at me with the saddest eyes I've ever seen. Some of my buddies were crying. A few of the girls touched my hand and sobbed as they walked away.

Please — somebody — wake me up! I'm not dead! I have a lot of living to do! I want to laugh and run again. I want to sing and dance. Please don't put me in the ground. I promise if you give me just one more chance, God, I'll be the most careful driver in the whole world. All I want is one more chance.

Please, God, I'm only 17!  
(One life is all you have, so have fun, but be smart and don't take chances. If you won't think of yourself, think about the other person in the other car! PLEASE DON'T DRINK AND DRIVE!)

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# March Madness Is Here Again

by Israel Karlis

It's that time of year again! No, I'm not talking about spring or that it's time to go to Florida for spring break. March Madness is here! The 1992 NCAA Tournament is less than two weeks away.

Every year 64 of the nation's top teams play in one huge tournament for two weeks. Every team is trying to make the Final Four. This year's Final Four is in Minneapolis, Minnesota.

This year should be no different. There are many teams out there with a chance of winning the title. Of course you have the upsets along the way. Take, for example, last year. Did anyone believe that Penn State could knock out UCLA in the first round? Almost no one actually believed that Duke could beat UNLV last year, but they did.

Everyone thinks that this year that Duke should repeat as champions. But no one can really say. Duke, led by Player of the Year candidate Christian Laettner, should be tough to dethrone. Point guard Bobby Hurley was injured for about a month this year with a fractured foot. He has come back to play strong. Grant Hill is a prime time player and is also very versatile. Depth on the

bench is also strong Duke probably make another Final Four appearance.

North Carolina is one of the teams that has beaten Duke this season. They are lead by forward George Lynch. Also guards Derek Phelps and Hubert Davis provide good backcourt leadership. Center Eric Montross has played very well this year.

In the Big Ten conference, Indiana and Ohio State have been duking out all year long for that top spot in the Midwest section of the tournament. Whoever ends up winning this race will get top seed.

Indiana has been strong all year long. Calbert Chaney and Damon Bailey have provided leadership all year long. Chaney, a 6-ft. 6-inch forward has done great all year. Bailey has been superb all year long in his sophomore year.

Ohio State has been right there all year long. The Buckeyes are led by Player of the Year candidate Jimmy

Jackson. Jackson leads the Big Ten in scoring this year and also is tops on the team in rebounds. Forward Chris Jent, with his hustle, has been OSU's other big scorer. Mark Baker handles the rock with experience and defensive specialist Jamaal Brown also helps out. Lawrence Funderburke was added to the team in mid-January and has provided great inside help.

A big surprise in the Big Ten this year was Michigan State. They are currently ranked in the top 10 and have beaten some good teams. Center Steve Peplowski has been awesome in the middle. Matt Stengenga was a big asset to the team until a late season injury has kept him on the bench.

The Pac-10 has been very tough this year. UCLA has been the front runner all year long. The Bruins are led by the school's all-time leading scorer in Don MacLean. Tracey Murray is also a tough person to match up with in his physique and size.

USC has had a great year. The Trojans are led by Harold Miner who must

be a clone of Michael Jordan. Miner leads them in almost everything. He recently had a monster game against UCLA when he exploded for 29 points and 13 rebounds. Not bad for a 6-ft. 5-inch guard!

Arizona has been right there all year with UCLA and USC. Sean Rooks and Chris Mills have led the way for the Wildcats. The Wildcats has a 71 game win streak at home through this year until UCLA snapped it this year.

A team that in my opinion deserves a #1 ranking as much as anybody is Kansas. Kansas reached the championship game last year but lost to Duke there. Adonis Jordan is the floor leader for the Jayhawks. Rex Walters provides a strong game with his three point shooting accuracy. These guys should have no problem getting to the Final Four.

Arkansas is another tough team. The team is lead by the May-Day combination. Todd Day had to sit out the first part of the year but has come on strong recently. Lee Mayberry is the point guard

who is a good shooter and floor general. Oliver Miller is a big guy who can score inside but also rebound you to death.

Recently, I took a survey around school asking people who they thought would win the championship this year. Here are some of the responses.

Mike Pettey (12) — Duke.  
Ryan Drake (9) — USC.  
Lisa Jenkins (12) — Duke.  
Craig Hofmann (12) — Ohio State.  
Kevin Wolford (12) — Ohio State  
Jimmy Jackson's awesome!

Mr. Turner — It's a toss up! I really don't know.

Mr. Steffan — Kansas.  
Ron Pierce (12) — It will be between Duke and Indiana.

Tereasa Dickey (12) — Ohio State.  
They have a great coach and Jimmy Jackson's the ultimate player.

Derek Rhodes (12) — Ohio State.  
They're offensively superior and they also have an aggressive defense.

Well, there you have it! Hopefully this year's tournament will be filled with a lot of upsets and great games.

## "Circulate Your Blood"

by Ashlee Charnesky

On March 6 many students, faculty members, and dedicated Red Cross Representatives donated their time and their blood during a Blood Drive here at school. Those with their hearts in the right place went through a series of questions about their health and a test to see if there was enough iron in their blood to donate. At the end of the day 130 people had donated blood. However, many are still unsure about how their blood will be used. Through development of a system of connected plastic bags, and superior preservative solutions, the unit of blood you give can be separated into its component parts. Blood actually consists of two basic parts, a liquid part called plasma and a cellular portion consisting of red cells, white cells, and platelets.

### Concentrated Red Cells

(Life Span: 21 days)

The red cells remaining after the plasma is removed from the unit of whole blood. Used in treatment in anemia and almost all routine transfusions.

### Fresh Frozen Plasma

(Life Span: 1 year)

The liquid portion is removed from

the cells and frozen within four hours of donation. Used as a source of factors necessary for blood to clot.

### Platelets

(Life Span: 72 hours)

Tiny cellular fragments needed to prevent bleeding. Used primarily for persons with leukemia and other types of cancer.

### Cryoprecipitate

(Life Span: 1 year)

A concentrated preparation of plasma protein needed by hemophiliacs to prevent or correct bleeding.

There are the four units that a donors blood is broken down into and how it is used. When you donate blood you can save four different person's lives.

To donate blood you have to meet a few simple requirements. Donors must be 110 pounds or more and between the ages of 17 and 65 at the time of their donation. If you didn't get the chance to give blood on March 6 you may visit the following blood mobile locations.

Friday, March 13 - 11:00 A.M. 5:00 P.M., Southern Local High School  
38095 St. Rt. 39, Salineville  
Monday, March 23 - Noon - 6:00

P.M., Washingtonville VFW #5523  
Washingtonville  
Monday, March 30 - Noon - 6:00 P.M., First United  
Methodist Church  
244 S. Broadway, Salem

After donating blood the donors are taken to a canteen area where they are served something to eat and drink. At this time they are watched over so that no problems arise. Donors are usually only in the canteen area for about 15 minutes or until they feel that they are able to leave. At the blood mobile here at school many of the local pizza parlors donated pizzas to eat and Dunkin' Donuts donated 20 dozens donuts. The junior and seniors in I.O.E. also made cookies, and grocery stores donated cartons of orange juice. We would like to thank them for their generosity.

Any time you can donate blood I would recommend that anyone donate. Even if your scared of needles, or can't stand pain the truth is its not that bad, and when it's all over (it only takes about 10 to 15 minutes for the entire process) knowing that you just saved four people's lives is a great feeling.

### New Desperately Needed Service Helps Students Qualify For State and Federal Student Aid Programs

Perry, Ohio 3/5/92 - Every year, millions of eligible students miss out on their share of the \$26 billion available from state and federal student aid programs either because they do not apply or do not know how to complete the state and federal student aid applications in a manner that will insure the best chance of receiving an award.

To assist families in determining exactly how much money they are entitled to in the form of state, federal, and special campus-based student aid programs, COLLEGE FUND FINDERS is now offering a sophisticated computer service that analyzes a student's individual family circumstances and prepares a computerized step-by-step outline illustrating exactly what action the students need to take to be assured to qualifying for his/her share of the \$26 billion in student aid that is available each and every school year.

Students simply complete a short background questionnaire that asks about their income, expenses, academic abilities, and a list of schools that they are considering attending. This information is entered into a computer that analyzes each student's particular circumstances and prepares a 40 page report, guiding the student through the steps that they need to take to complete student aid applications in a manner that insure the best chance of receiving an award. COLLEGE FUND FINDERS can be contacted for free information by calling 1-800-377-2593.

married to Craig Orrach, Stacy Koch married to Tim Hays, Angie Pierce married to Kris Kornbau, Jen DeCort married to Kirk Gainor, Michele Polen married to Jeff Stockman, DeAnna Cope married to Scott Hardin, Tricia Wilms married to Mark Sheets, Jennifer Jo Rice married to Laurent Verner.

5th period: Sara Eckstein married to Wally Hupp, Jane McKinley married to Whit Robinson, Debbie Miller married to Brice Jackson, Julie Endicott married to Fred Sarginger, Dawn Drum married to Matt Cope, Dawn Keller married to Robert Booth, Lynea Yost married to Eric Biggins, Tonya Smith married to Tim Loomis.

8th period: Jenni Covert married to Mike Grande, Melissa McCrae married to Brian Lippiatt, Kris Danklef married to Loudon Vingle, Maureen Kaine married to Mike Foster, Porsche Hite married to Ralph Royea, Amy Coy married to Shawn Sauerwein, Carrie Burtnett married to Lee Crowe, Allyson Kilmer married to Matt Cope, Jo Anna Lee married to Brian Ostarchvic, Nicole McLaughlin married to Brad Heim, Mindi Sabatino married to Ben Edgerton, and Vicky Sheen married to Jeff Holenchick.

Hopefully by doing this project students will be able to handle married life once they get into the real world.

## Mock Marriage Help In Real Life

by Melissa McCrae

Do you ever sit and wonder what it would be like to get married? Most of you are probably thinking that you don't have to worry about that until after high school; but senior students taking Mrs. Cozza's Family Living Class's are getting a chance to find out what it's like to be married.

Senior Student's taking part in the activity are: 1st period: Christy Lippiatt married to Ron Pierce, Beth Reiter married to Tim Loomis, Brandi Icks married to Nathan Swetye, Debbie Brotherton married to John Donnelly, Suzan Girscht married to Steve Turnbull, Shari Morrison married to Derek Rhodes, Heidi Rogowsky married to Eric Dipasquale, Trici Wright married to Aaron Nye, Angie Pierce married to Rick Lobdell, Jennifer Burtnett married to Kevin Wolford, Emma Roush married to Gary Franklin, Andrea Menough married to Tom Furlong, Regina Cassinger married to Mike Rea, Tereasa Dickey married to Bill Sherwood, Crystal McCallister married to Mike Pettey, Amy Heinman married to Nick Schneider, Donna Hyland married to Whit Robinson, Kristy Ebinger married to Chris Chappell, Ellie Althouse married to Wayne Kaminski.

4th period: Jamie Lesch married to Brett Horvath, Donna Hyland married to Mike Crammer, Regina Cassinger

### POETRY CORNER

The following poems were taken from a poetry writing activity in Mr. Ladner's Freshman English classes. Here are some samples.

*He thought he was tough  
When he murdered his wife  
Now he is in prison for life  
She meant everything to him  
But he was drunk and his memory shrunk  
Now he has bad dreams  
So he lies awake  
And he thinks it was for committing the crime  
Now he's doing heavy time*

*He was in fear  
During his nightmare  
He was being gunned down  
And he could see himself with a nervous frown  
He heard the shot fire  
It was down to the wire  
He saw a fence and tried to leap  
Then all of a sudden he heard a beep, beep, beep*

by Stephanie Morrison and Ben Horvath

*Kill me for being different  
With hands so cold  
I die at your will yes  
Die in spirit no my poor soul  
With venges and scores  
I walk through your mind  
And stab your thoughts  
With my blood  
So kill me once kill me twice but I'll never die.*

by Heather Stanley and Mark Ramunno

*Love is as perpetual as time,  
Like my journey so sublime,  
To find the greatest love like that of a dove,  
And a haunting melody in which language I can not see  
The tune goes on and on like the sunrise or the dawn  
That commemorate the day and chase the night away  
"Stop your searching," said a voice, "I command."  
You have trod on the soils of many a distant land,  
But the treasure you seek is right here where you stand*

by Dan Dumovic, Ron Lutz, and Vanessa Board

*What a strange unusual pet  
Which we don't quite understand yet  
She has two eyes and four little legs  
And sleeps in a bed made of rags  
She looks like a normal dog to me  
Yet she chases her tail with such great speed  
And she does not hesitate  
To show us this awkward trait  
Going round and round  
Knocking things to the ground  
After a while this is annoying to see  
But this strange, unusual pet is very special to me*

by Kelly Seddon

### SOLDIER

*Soldier--one who spends his life  
in riding to and from his wife  
A man who fights and returns on a train  
And then leaves to fight again*

by George Cheresne  
with thanks to E.B. White

# Hitting The Beach!

by Nicole McLaughlin

Spring is on its way. The snow is gone. The sun is shining. Pretty soon, the trees will be green again. Spring Fever is spreading rapidly. The warmer weather makes students anxious, because they know that Spring break cannot be far behind. Many find themselves hitting the beach for vacation. Some travel with their families. Others go with a group of friends. Either way, the beach is a popular place to spend Spring Break. What draws so many to the sun and the sand?

Perhaps for some, the beach offers a chance to relax. The everyday routine of school creates incredible pressure. Tests, homework, and extra curricular activities can be very stressful when all piled on top of each other. By the time March rolls around, students are ready to unwind. The ocean breeze and the rolling waves seem to have a calming effect.

Others hit the beach, because they enjoy being out in the sun. Tired of the "winter blues," many long for more cheerful weather. Sunlight can energize a person and give his spirits a boost. Also, some people like the sun, because it gives them a nice tan. Despite risks of

skin cancer, many still lather on the suntan oil and lay out for hours.

There are many activities to enjoy while visiting the beach. One can often find people taking part in a volleyball game or tossing a frisbee. Many like to swim, while the less courageous ones prefer to just wade along the shore. Collecting seashells or even building a sandcastle can be an interesting source of entertainment. However, many people just like to relax and admire the good looking members of the opposite sex.

Those who love the water often take part in increasingly popular watersports like surfing, windsurfing or waterskiing. Surfing is one of the oldest sports in America. Inhabitants of what is now Hawaii were surfing even before Columbus sailed the Atlantic in 1492. Today, there are 10 recognized forms of the sport. Surfboard riding is the type of surfing most commonly seen on the beach. To learn to surf requires balance, strength and timing. The following are a few simple surfing definitions:

**Angle** — riding across the face of a wave from left to right

**Blown Out** — the wind has caused the water to be too choppy for surfing.

**Juice** — the energy in a wave

**Shore Break** — a wave that breaks very close to shore. Windsurfing was invented in 1940 in Palm Beach, Fl.

Today, there are two common types called sailboarding and sailsurfing. Both utilize the same equipment, a board with a sail and mast at the center. However, the difference is in the technique. Sailboarding is very much like sailing. The wind carries the board across the water. Sailsurfing, just like the name suggests, is more like surfing. Participants ride the board over the waves. A breakthrough for windsurfers came in 1961 when a universal joint was invented for the boards. The joint attaches the mast to the center of the board and revolves, making it possible to steer.

Waterskiing has long been a popular watersport. There are waterskiing competitions on many different levels. Jump competitions consist of skiers jumping off of a ramp. The longest jump wins. The slalom judges a skier on speed and accuracy as he skis around a series of buoys. Trick skiing consists of a combination of jumps and other difficult maneuvers. The proper form for skiing is keeping the back straight, the arms forward, and the knees slightly

bent. Always remember to wear a lift jacket. Also, a boat with a hull shaped like a V works best. It gives a straighter course than that of a flat boat.

Whether it's for the sun, the sand, the waves, or the cute guys and girls, many people enjoy spending Spring Break at the beach. Even those who don't have the opportunity to visit the shore dream of spending vacation there. The beach offers a wide variety of activities to take part in. There is always something for everyone. Perhaps that is what draws so many people there every year.

I took a survey of students here at the school, and here's what they said:

**Imagine that you get to spend Spring Break at the beach of your choice. Where would you go?**

**Larry Lewis, sophomore:** Bahamas.

**Laura Farkas, sophomore:** Hawaii.

**Beth Dumovic, senior:** I would want to go to Berlin Lake, but there is no water there. Florida would be nice.

**Kevin Wolford, senior:** Hawaii.

**Israel Karlis, senior:** Florida.

**Melissa McCrae, senior:** Either Hawaii or the Bahamas.

**Alicia Chuey, junior:** Bahamas with Brett.

**How would you spend your time at the beach?**

**Larry Lewis:** Go swimming

**Laura Farkas:** I'd go surfing.

**Beth Dumovic:** Walk around and look at stuff, but I'd be sure to wear sandals. My brother got bit on the foot once.

**Kevin Wolford:** Look at the babes.

**Israel Karlis:** Admire God's creation, women!

**Melissa McCrae:** Hang out with my friends and look at guys.

**Alicia Chuey:** Relax and get a tan. What music would you have to take with you?

**Larry Lewis:** Pop and Rock music.

**Laura Farkas:** "Lincoln" by They Might Be Giants.

**Beth Dumovic:** All my Tom Cruise movie soundtracks.

**Kevin Wolford:** Hard Rock like Motley Crue or Metallica.

**Israel Karlis:** John Mellencamp and love ballads.

**Melissa McCrae:** Firehouse and Warrant.

**Alicia Chuey:** Motley Crue.

## Which Coast Is The Best Coast?

by Kristy Ebinger

At last it is time to "hit the beaches" and bathe in the sun. Do your plans include heading off towards the coast of Maine, or venturing to the rocky coast of Washington? Well, although both the east and the west coast have one thing in common, the beaches, they also have a multitude of differences in the clothes they wear, the weather, the people, and their personality. So if you do plan on being characterized as one of the crowd rather than one of the "invaders" take a look at some of the characteristics of both the east and the west coast.

**Music:** Fortunately, whether you're on the east or the west coast, the "hip-hopping", "happening" music is all the same. The most popular thing to tune your ears onto is alternative and classic rock music.

**Weather:** There is sun, sun, sun. Along the east coast there is little smog but a load of humidity, and as you hit the west coast there is a lot of humidity.

**Night-Life:** Wherever there are people, there will be parties, clubs and

crowds at the most famous place in town.

**Hot Spots:** Well, before you crash the parties, you need to know where the best places are to go. Along the East: Ocean City, Md., Myrtle Beach, S.C., Virginia Beach, VA., Cape Cod, FL., and Boston, MA., are where the people are. The Hot Spots for the West are: Venus Beach, CA., Pismo Beach, CA., Coos Bay, OR., Seattle, WA., and Long Beach, CA.

**Style/Fashion:** Moving down towards the East Coast, the trends in clothing is to dress for comfort and not for style. The majority of the population wear shorts, T-shirts, sandals, and no makeup. Ironically, the farther from the East a person is—the more bizarre the trends become. Along the West Coast, the motto is "Dress for style, not comfort." Societies highest goal is to aim at starting new trends from monkey boots and spiked hair to thong bikinis, hoop earrings and sandals.

**Society:** Once you've decided now what clothes to wear and where to go,

you'll want to focus more on the people and their personality. On the East, the people are kickbacked and relaxed. They are forward and honest when it narrows down to their opinions about certain subjects. The West coasters are more self-centered and they tend to have an "I don't care!" attitude. Their atmosphere is fast and never relaxing.

Although the East and West Coast are hundreds of miles away, they have more similarities and differences than when compared to Mid-Western States. So once you've made the decision on your destination, you should have no difficulty in finding what to wear, where to go, and finally what to do!

## Spring Break Hot Spots

by Allyson Kilmer

SPRING FEVER!! Everyone has it — at least everyone with a sense of curiosity and excitement has it! Haven't we been in school long enough this year? I think we've all done our share and we definitely deserve a break, and if it can't be for the rest of the school year, then I guess we'll just have to settle for our two week Spring Break! By the time late February and early March roll around, we're all getting a little tired of the homework and would really enjoy having time to unwind and relax, preferably on a beach somewhere South. Times are changing and more and more teenagers are packing up and heading South for an average of anything between eight and ten days as soon as their Spring Vacation comes around. The average American teenager's apparel would probably consist of a variety of shorts and T-shirts, sunglasses, suntan lotion, and thongs for the sand. Some kids have an interesting theory as to how to pack all their things into a car full of four people. The way people sometimes go about this is to throw all of their necessities into a big garbage bag and try stuffing it into the back of the car along with three other people. Depending on the amount of shopping you might want to try would probably be the deciding factor as to how much money you would want to take along, unless of course, you've been saving every last paycheck and are planning on painting the town red.

Now that we've got ourselves ready for vacationing, the BIG question is WHERE should we go? There are several possibilities — some choose the wild and crazy times at Daytona Beach

and others would rather relax and lay out with a good book near by. It seems that over the past ten years, Hot Spring Breaks Spots have changed from one beach to another. Fort Lauderdale was where most seniors went until Daytona Beach became so popular. St. Padre Island and Bahamas have also become great picks for those who have saved up their extra pennies. Those are just a few more popular resorts that seniors have flocked to. So, what's the attraction? Well, besides the obvious beautiful sunny skies, sandy beaches and clear, blue oceans to swim in — there's also the excitement of all the other Spring Breakers. You get to meet lots of people (guys and girls) and if you get lucky — you might actually meet some of the locals and they can always tell you where the hot spots are. They might even have some techniques to getting around the age limits of dance clubs.

You'll be able to enjoy the incredible weather along with the tons of new faces you will meet. This will be one of the best memories of your high school years — if not the ABSOLUTE BEST memory — so make it all worth while and let yourself loose! Most of Salem's Seniors are planning an awesome Spring Break so I decided to let you in on some ideas for next year, in case you're the least bit curious. Don't drool to hard, just think of this as a practice round for 1992-1993 school year.

**Jeff Pittmann** — I plan on working at Stambaugh's and having a great time!

**Kim Chen and Ann Huzyak** — We're gonna go across the border into Mexico and hang out.

**Kirk Gainer** — PARTY!

**Brandi Ickes** — Emma, Stacy, Carrie and I are going to Florida to see my mom and party just a little.

**Matt Cope** — What else? WORKING and I'm gonna be with Tracie.

**Brian Grewe** — I'm going with Jane to Louisiana to ride some horses.

**Amy Coy** — Of course, track practice but I'm also going to have Mike take me to an expensive restaurant.

**Mike Grande** — I'm going to study the entire break with my favorite subject, CHEMISTRY.

**Karen Honeywell** — I'm gonna work on my tan in the great city of Ft. Myers, Florida.

**Eric Pim** — I think I'm gonna follow in Kirk's footsteps this time.

**Kevin Wolford** — I'm gonna try to hitch a ride down to Florida with my buddies to have a fabulous time.

**Josh Morlan** — Absolutely NOTHING!

**Nicole McLaughlin** — I'm gonna be staying here in Salem to work on my role in "Hello Dolly".

**Allyson Kilmer** — I'm going down to Hilton Head, S.C. and then to Winterhaven, Florida with my sister and Jennifer Rice to have the time of our lives!!

Okay, so there you have it! Some of us have exciting trips planned and others are stuck here at home. No matter what you end up doing — keep a positive outlook on everything and you'll have a great time. Just remember, the lucky ones who are going down South will be thinking of you when we're all laying out catching some rays!! HAVE FUN!

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Euclid Square Mall, Euclid.....	261-9919	ALLIANCE Carnation Mall.....	821-8177
AKRON Rolling Acres Mall.....	753-8431	NEW PHILADELPHIA New Towne Mall.....	339-5663

# Salem Sports

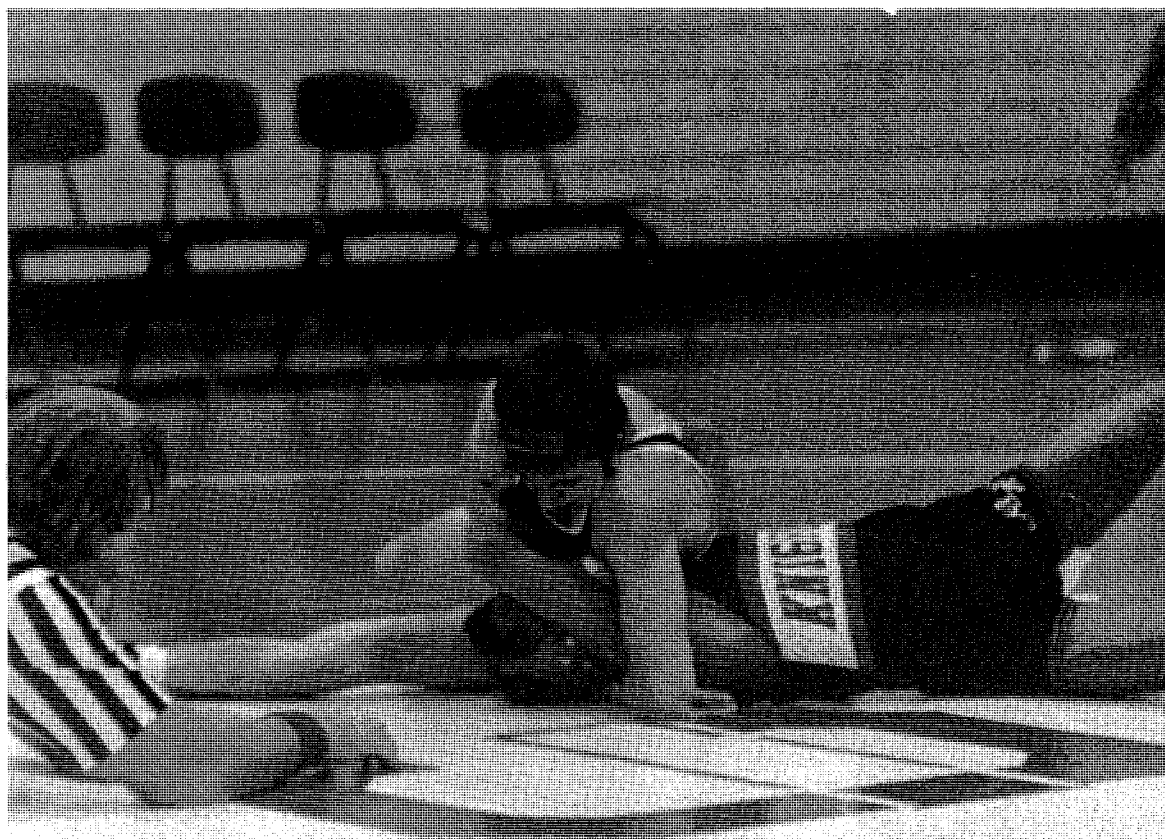
## Salem Boys End Their Season

by Alicia Chuey

Salem's hopes of a birth of a sectional championship, and a rematch in the District semifinals against Canfield were dashed when they lost to Cardinal Mooney 59-58 last Saturday evening at Boardman. The Quakers were lead by Brian Petrucci who scored 30 points and grabbed 10 rebounds. The Quakers were hurt by poor shooting as they shot 37 percent from the field. In the last three seconds of the game both teams went to the line for one and ones. Mooney's Damon Fleming made both attempts with only three seconds re-

maining which was followed by a Cardinal time out.

Salem's inbounds play gave them a one and one with only one second left. Petrucci went for the ball and a Mooney player collided with him which gave Salem a chance to get closer. Petrucci sank the first one and missed the second. Holenchick had nine rebounds and Beau Hendricks had nine points. Salem opened sectional play with an 18 point win over Poland. Brian Petrucci lead the Quakers with 28 points.



Nelson Cope is pictured here winning one of the 25 matches that he has won this year.

## Lady Quakers Conclude Season

by Alicia Chuey

The Lady Quakers' hopes to advance in the tournament were lost when they were defeated by Canfield. Their hopes were higher than ever when they beat Youngstown Cardinal Mooney. Which gave them a record of 11-10.

Salem beat Mooney 41-37 on Saturday, Feb. 29. Valerie Scott had a dozen steals out of 20 during the game. Four of those steals in the fourth period were responsible for a Div. II sectional championship win.

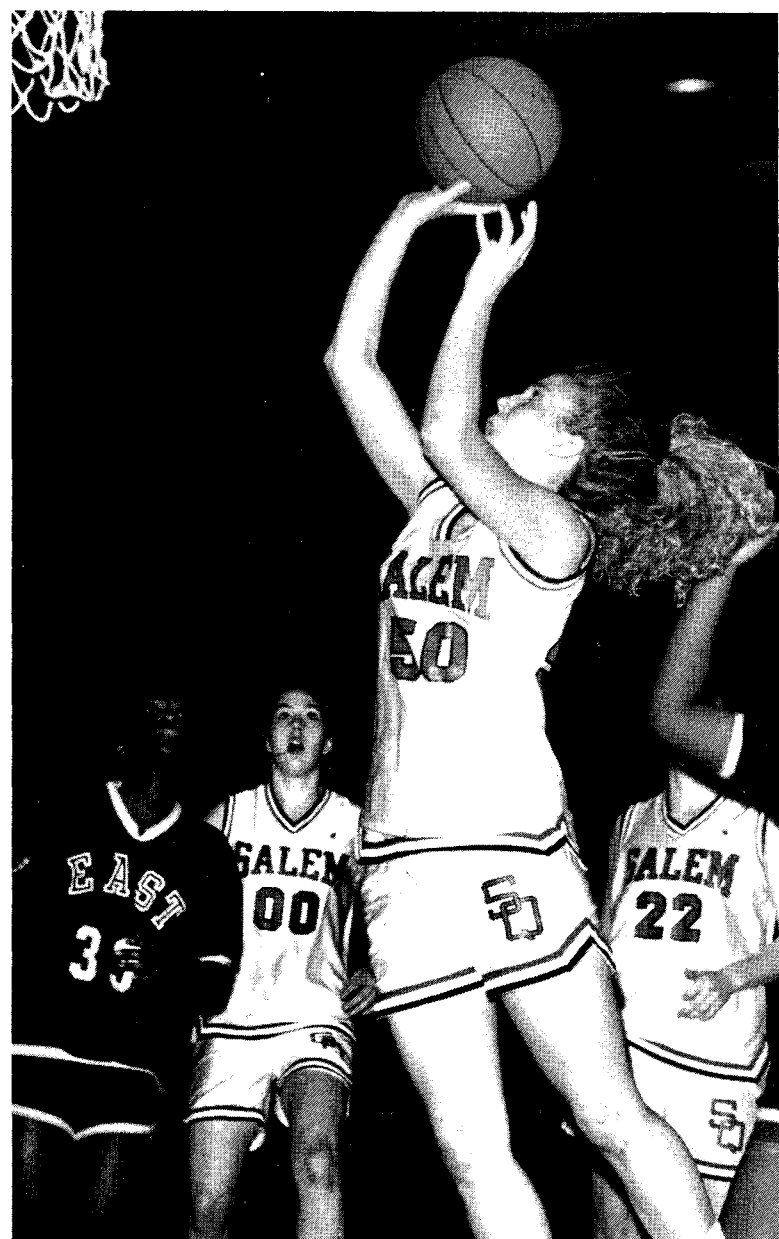
Scott scored 10 of 11 points in the last period. Tricia Wilms and Megan Alix performed great defense. Alix had eight points and Kristen Ehrhart showed her great defensive skills with five steals.

The closest part of the game was at the end of the first period. The Quakers led at 14-13. Mooney later bounced back and led 22-20 and then at the end of the third period 31-30. Scott had 16

points in the second half. She scored six in less than 30 seconds. Mooney then came back with two baskets and ended up in a one-point lead. Christy Lippiatt made a foul shot and Scott scored two baskets and another steal that ended up resulting in a long delay possession that lasted long enough for a four-point lead. Mooney finished its season with a 13-9 record.

Last Thursday night the Quakers played Canfield in the District Semifinal and were defeated 74-28. This was their worst loss of the season.

Marcie Baker had eight points and Valerie Scott, the Quakers' leading scorer throughout the year, hurt her ankle in the third period. Tricia Wilms fouled out in the third quarter. Canfield led at the end of the first half, 22-12. In the second half they outscored the Quakers 52-16.



Valerie Scott was named to the Mahoning Valley conference's first team. She was second in the league in scoring.

## Another Running Season Begins

by Emma Roush

Another season begins with full force. Practices have started and the runners are beginning the process of getting in shape. This year's team includes: Seniors; Aaron Nye, Matt Greenisen, Nate Sweteye, Mike Petty, Paul Sabatino, Kris Korbau, Jason Aldom, Mike Rea, Brett Horvath, and Rick Lobdell, Juniors; Tadd Mooney, Carl Sommers, Tony Perry, Mike Huzyak, Bob Pittman, Ross Ramunno, Jason Smith, and Sophomore; Gegg Miller, Jay Perkins, Dan Nye, and Mark Rea, Matt Davis, Greg Miller, Jay Perkins, Freshmen; Mark Ramono, Bob Oberle, Sean Spanbower, Joe Bestic, Shawn McGrath, Dan Huzyak, Keith Rozeski, Jeremy Jughs, Jason Cyphert, Shawn Shastein.

This year's boys team, coached by: Mr. Newton, Mr. Hoehn, and Mr. McCallister, is anticipated to do very well this season to follow their good season last year. Mr. Newton stated that, "With lots of hard work I anticipate a good season." Their strong events this year include: distance field events, and mid-distance, 400-800. This year's first tract meet is scheduled for March 31 at Girard.

Last year's boys' team ended their season with an 8-1 record; coming in fourth place in the Ward Invitational, third in the Canfield Invitational, second in the County meet, and third in the MVC. The boys' have had problems starting off their season too. They had problems finding places to practice last year because of the newly renovated stadium. But our boys worked around the obstacles and came out with a winning season.

This year's girls' team, with coaches; Mr. Sharp, Miss Lipp, and Mr. Butcher, have many returning runners who were a great asset to the team last year, and many new freshmen and newcomers who will be a contribution to this year's team. Some of these runners include: Seniors; Tricia Wilms, Maureen Kaine, Amy Heineman, and Freshmen; and Angie Adams, who will help in replacing Theresa Kaine's job in the distance events. Coach Sharp said that, "They look good, they had a good preseason of training and they have a good attitude." Their strong events are: Sprint relays, distance relays, distance events, sprints.

Last year's girls' team was just as victorious as the boys were; coming in second in the Canfield Invitational, first in the County meet, and second in the MVC. They were faced with an obstacle having had a new coach, but they overcame this obstacle and came out on top. Having a runner like Theresa Kaine who soon became a running legend in Salem was another thing that helped their major accomplishments. They broke many records and pushed themselves to the best that they could be. This year's team is looked at to do the same. Having many strong runners and many competitors.

This year's teams, both boys and girls will have the honor of breaking in the new stadium and having a nice track in which to run on.

Good Luck to both the boys' and girls' track teams.



# Lady Quakers Are Swinging Into Action

by Jason Hawkins

Girl's softball is just about to round the bases and head home for another season! Coach Conser and his assistant, Coach Headland, are hoping that they have what it takes to compete in the MVC this spring. "We are looking very good in the conference so far, but Poland is certainly an extraordinary team," said coach Headland.

The softball program is only three years old and really needs a boost from both the school and spectators. The team did show some improvement last year over their previous season. In 1990 the girls finished with a 6-16 record. Last year they bettered that by two games, 8-16. Coach Conser would love to make 1992 a storybook season. "It would be nice to reverse the record we

posted in our 1990 season, said coach Conser." Many of the players from last year can't wait to start the season and prove that they can win.

Pitching is probably the most important part of our game and we are lucky enough to have one of the best in the MVC! Amanda Ciotti has been a rising star ever since last year and is capable of carrying her team to victory. Ciotti can only do her best if the entire team plays together and does their best! Salem has three very able athletes to relieve Ciotti periodically. "Jayme Jeffries has a lot of potential and will get a chance at the Varsity level," said coach Conser. Courtney Beaver and Heather Heath will each get their chance at the controls. One thing that Coach

Conser and Coach Headland feel is that the team lacks strength in their hitting ability. "I feel strongly about our fielding and pitching ability but the girls can't seem to hit all that well right now," said Coach Conser.

It seems as though we would have an above average team since coach Conser has approximately 38 girls to choose from this season. Unfortunately about 10 girls are going to have to be cut from the roster leaving around 28 players on the team. This means that the girls are going to have to work extra hard to earn a spot on this year's softball team! Good luck to Coach Conser, Coach Headland, and all of the hard working girls!

## Tennis: A Swimming Sport

by Emma Roush

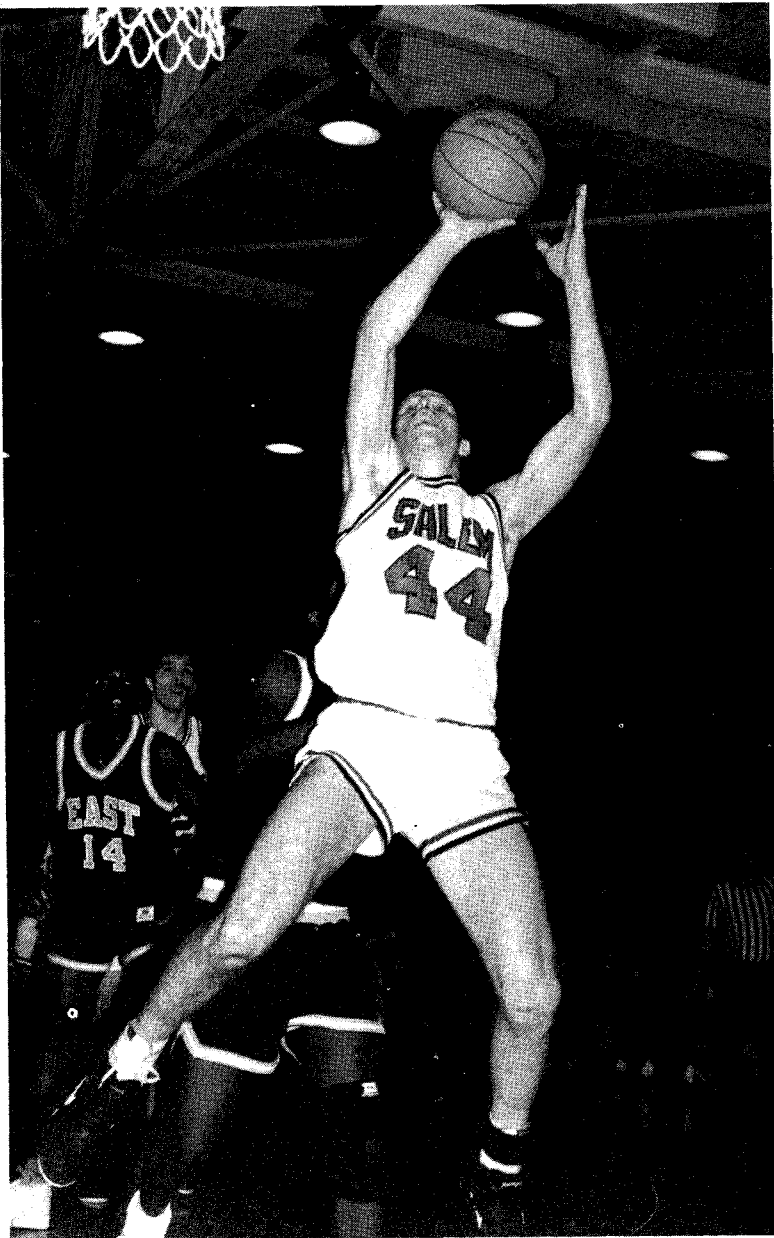
The Salem boys tennis has begun practicing and everything is in full swing. This year's boy's team includes: Seniors; Casper Funk, Jeff Mooney, Juniors; Jacob Bails, Curt Conser, Terry Girscht, Hoe Rea, Sophomores; Ken Lee, Travis Pilch, Matt Price, Ernie Wukotich, and Justin Mingus, Freshmen; David Halverstadt, Jesse Horning, Dan Palmer, Devin Stapf, and Tarran Turvey.

Last year's team ended their season with a record of 7-13. Despite their record, the boys tried hard, just as they

are doing this year. Because of the weather last year in March, (the beginning of their season), the boys had to practice at the Raquet Ball Club, but this year they began their season with good weather and practiced outside.

This year's coaches are Mr. Judge and Mr. Radcliffe. Mr. Judge said that,

"We have a pretty good team." "Casper, and Jeff are real good, and Curt Conser, who just moved here this year from United, and Ken Lee." A good season is forecasted for this year's team and hard work is being performed. Good Luck to the boy's tennis team. Keep working hard.



Brian Petrucci scored 58 points in two tournament games for the Quakers. Unfortunately it wasn't enough as the Quakers lost to Cardinal Mooney in a sectional championship game 59-58

## They're Here!!

by Angela Sicilia

It is time once again to start unpacking all of your spring and summer clothes. Designers have been busy all year figuring out some new fashion for women. They have come to the conclusion that women do not like one-season fads, but they like a new variety. They have gotten smarter by making the styles versatile and inviting, so that these styles will be around for a while. A wide variety of styles is already being displayed throughout the malls.

This season's clothes are defining the body in many different areas. Pants, dresses, jackets, and skirts define the waist. Strapless dresses, halter tops, sleeveless shirts, and chiffon show off the upper body but in a sophisticated way. Lingerie has also become a big hit for this season.

### The Top 10 Fabrics

1. Silk/Satin
2. Lace
3. Chiffon
4. Suede
5. Knit
6. Jean
7. Sequence
8. Rayon
9. Mesh
10. Cotton

The styles for men have not really changed over the past couple of years. The casual clothes for men this spring are jean shorts, and tank tops. The casual clothes are accompanied by a pair of loafers or Bass shoes. Designers find that men are not as materialistic as

women are. It is obvious because if you were to compare the men's clothing from the past years to the clothing of today, you would realize that it has rarely changed.

After conducting a survey, I discovered what were considered the "in and out" styles for this spring and summer. Here is the variety of answers that I received.

Marcy Tkatch (11)...I feel that floods and bra-less tank tops are definite no's!

Robin Kirkland (11)...Lace leggings underneath skirts has gotten pretty old.

Heather Dugan (11)...I feel like ankle length skirts have headed out of the fashion scene.

Vanessa Haselow (11)...The natural, fresh look has made high ratings in the fashion world.

The following four surveys put together a little rhyme to remember.

Karen Honeywell (12)...Baggy is faggy.

Erin Funk (12)...Skin is in.

Emily Miller (11)...Flesh is fresh.

Lisa Jenkins (12)...Spandex is a sin!

Look out for the new hot summer colors.

Bright orange, yellow, blue, red, green, jade/aqua, purple, pink, Hunter green, Gold, Silver, Black, Sea foam green, Wine, Creme, Khaki, White, Navy.

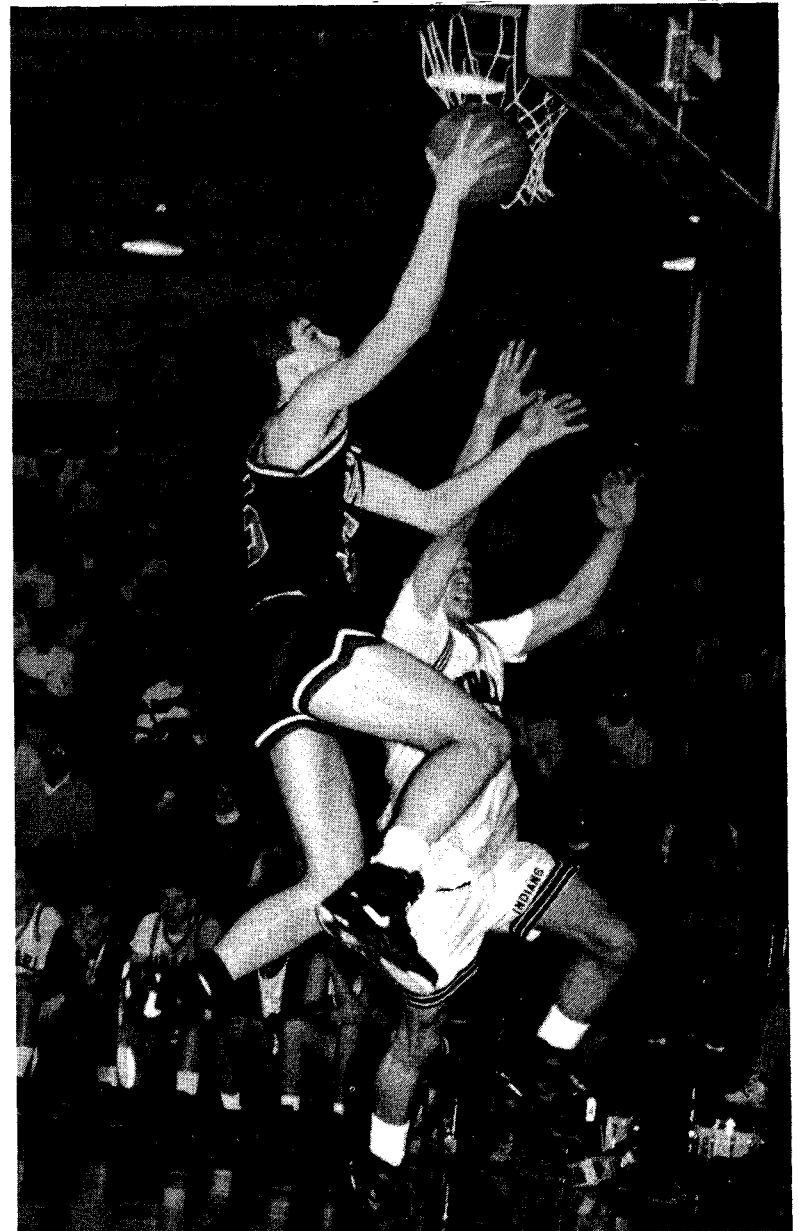
Some of the "OUT" colors are: Browns, Fluorescents, Pastels (peaches, light pink), Lime green.

## Can they do it again?

by Jason Hawkins

America's favorite pastime, baseball, is back into full swing. "It's not going to be easy repeating an exceptional season like last year but we are going to try", said coach Lantz. Salem set a school record last year for the most wins of any previous baseball team! Another tremendous goal the team reached was winning the MVC with a 9-3 conference record. Things aren't going to come as easily this year though. Salem lost a lot of players due to graduation. Coach Lantz is going to have to be dependent on younger players to give a veteran performance all season.

There are approximately 54 guys trying out for this year's team. That will give the coaches plenty of talent but will it be enough to stay at the top of the MVC? At the most coach Lantz wants to keep about 30 players which means around 24 players are going to be cut from the team. Fortunately there are a few starters back to try out for the team and hopefully continue their winning tradition!



Jeff Holincheck, shown here driving for a lay up, will participate in the Slam Dunk competition at the Mahoning Valley Coaches Association's All Star Game to be held after the tournaments. Salem's Beau Hendricks will participate in the three point contest.

