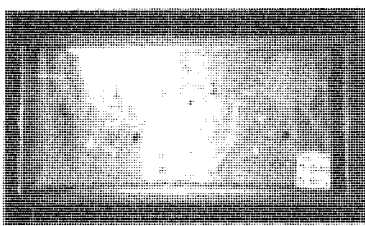


## What is project support?

by Jody Wirkner



meetings to educate them further about the group's purpose. The speaker did a

number of exercises with the group that actually made them experience some kind of learning handicap. Because of those exercises, students realized that everyone is equal and just because someone learns differently doesn't mean they don't have feelings and shouldn't have friends.

The students involved in Project Support are being educated to understand how a person with a learning disability feels. I myself am in the group and feel it is really making an impact on

all of us. It is wonderful to know that you can help other people and really make a difference.

The group was started late this school year, which made it hard for some people to join. Next year, it will be started early enough so many more students can be involved.

Hopefully, more people will join (and be active) in the group to help it be a success. If anyone wants information about Project Support just contact Mrs. Bailey or Mrs. Kress in Room No. 214.

be a friend and talk. They can also provide assistance to a teacher and encourage other teens to be supportive of students with disabilities.

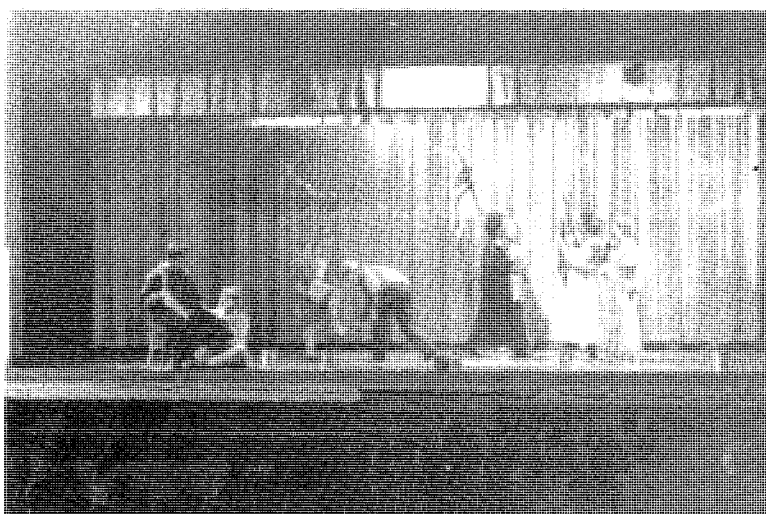
There are many groups like this in high schools throughout America. Salem High School already has about 40 students signed up for the group. They have already assigned officers and have had several meetings. The group also had a speaker come to one of their

Recently, a new club was started by Mrs. Bailey and Mrs. Kress. It's a club that lets responsible high school students lend a hand to students with special learning needs. This group is called Project Support.

Project Support is a group where high school students volunteer their time to support students in their school with disabilities. The volunteers can help with study, help with problems, or just

## Cinderella is a Success

by Rachel Lopshansky



Melinda Zwick, Deirdre Earl, Eric Weitz, Matt Tarbet, Tamie Ayers, Tracy Drake, Jadey Berger, Becky Criss, Brian Mancuso, Matt Liggitt, Amy McKinney, Jahnvi Fitch, Jason Hubbart, Shawna Hammell, Brenda Rice, Stacey Kiewall, Shana Delp, Rachel Lopshansky, and Amanda Parker.

Because of necessary rapid costume changes, the role of Cinderella was played by two students. Deirdre Earl played Cinderella in rags, and Jahnvi Fitch played the role after the transformation by the Fairy Godmother.

The Theatre class, under the direction of Mr. Viencek and in conjunction with the High School Drama Dept., presented Cinderella on March 21 and 2 for students at Buckeye and Reilly elementary schools in honor of Right to Read month.

The play was written by Jahnvi Fitch and the student director was Jeremy Pruitt. Jimmie Exline was the student costume designer and the costumes were made by Mrs. Wrask.

Students participating in the play were (in order of appearance):

T. J. Bakondy, Jocelyn Mason,

## Assembly was a success

by Brandie Oesch

On Wednesday, March 16, the Student Council held an assembly. Craig Hillier was the speaker and he spoke on motivation.

Hillier told us of how people can say things that can make your body weak compared to people saying nice things. Hillier gave a demonstration on how it works. When nice things are said about you and they are believable you can do anything you wish. But when things are said to be mean or to hurt you it can "tear you down" and you begin to believe those things. Then things you think you can do don't because in your mind you know it is not true. Just because of things people say.

This assembly was a very entertaining and informative one. When you left the auditorium you were defiantly having thoughts run through your mind on what was said.

## Boys volleyball may be a sport

by Joe Crowe

there are not enough schools around that have a boys volleyball team. The team is going to Columbus soon for a tournament of four games, and they also have state games directed by the Coaches Association.

It's difficult getting boys volleyball as a sport at Salem, but the players will continue on until it does become a sport. They need more games and support from the students. When they do have games, Salem students should go to see how really good they are. Maybe you will think about going out for the team next year.

Ryan Marshall, Todd Banning, Chad Fowler, Dan Bailey, Dan Stratton, Jim Lucas, Jake Bestic, Ryan Smith, Matt Loomis, Robert Smith, Dan Willeman and Paul Hill. As you can see, Salem has the fine and ambitious players, which can result in a victorious season.

This year the boys volleyball is having a hard time getting games, because the other schools are too far for Salem to travel to. Most of the schools are thirty-five miles away, which is obviously impossible for the boys volleyball team to travel for just one game. They can play up to twenty games, but

Another sport may be added to Salem's high school Athletic program. This sport is boys volleyball.

The boys volleyball team may become a sport in about three years. The Ohio Athletic Association says that there has to be 150 boys volleyball teams for it to become a sport. Right now there is about 92 teams. Boys volleyball is going to be a very popular sport soon. Salem has a lot of participants that went out this year and some of them are; Jason Whitman, Brian Smith, Ben Hettinga, Ian Harshman,

## Almost perfect

by Jody Wirkner



The Quaker has been searching for more "almost perfect" students again so everyone can learn about them. Being named an "almost perfect" student means that your achievements should be recognized by all students. This issue's "almost perfect" students are Beckie Williamson and Travis Pilch.

Beckie Williamson is a senior who is involved in many activities. These include National Honor Society treasurer, Physics Club co-president, Salem Marching Band majorette, yearbook staff, Varsity Tennis, Interact, SADD, AFS, Peer Education Panel, TACT, Environmental Club, Buckeye Girls State Delegate, Who's Who Among American High School Students, and was on the National Honor Roll. Beckie works as a candystriper and coaches a 7-9 year old girls' basketball team. Beckie plans to attend



John Carroll University and eventually become a pediatrician.

Travis Pilch is a senior who is also involved in many activities. These include National Honor Society, Buckeye Boys State Delegate, Salem Marching Band Drum Major, Wind Ensemble, Band president, German Club president, Environmental Club, Academic Challenge, and Physics Club. In his free time, Travis is a 4-H Club treasurer. He also enjoys playing the piano. Travis has had perfect attendance since 7th grade. He works for his family's small-scale plant propagation business. Travis has been accepted to Ohio University's Honors Tutorial College and will pursue a Ph. D. in Botany and also continue studying German. Travis feels that the most enjoyable aspect of SHS is its many dedicated teachers.

### Inside:

- pg. 2 *I'm Stuck in this Chair*
- pg. 3 *"Life is a Techno-Highway"*
- pg. 4 *"Don't Worry Be Happy"*
- pg. 5 *Spring Sports Wrap-Up*
- pg. 6 *Gateway to the Future*

### C.B.E.

by Christy Hickman

Each year the Youngstown State University hosts a Business Olympics Competition. Several of our C.B.E. students attended it on April 15, 1994.

Becky Criss - Word power  
Rob Kimmel - Word power

These students will complete a test consisting of spelling, word usage, and vocabulary.

Becky Greenamyer - Advanced Keyboarding

Her test will be on an IBM-compatible computer using Wordperfect 5.0 software.

Over 25 other schools compete in YSU Business Olympics and we wish the best of luck to our Salem students.

# VOICES

## Recycle while shopping

by Brandie Oesch

Recycling is a growing problem in the world today. It is everywhere, in your backyard, kitchen, grocery store, and vehicles. Take shopping for instance.

One of the major things you should look for when going grocery shopping is for products with either the recyclable or recycled symbol on it.

Avoid buying disposable products. Such as plates, cups, and napkins. Use cloth rags, cloth napkins, and cotton handkerchiefs instead of papertowels, tissues and paper napkins. Minimize your purchase of items used only once. Buy reusable and refillable packages and products.

Try and buy food in bulk packages. Buy fruits and vegetables "loose". Avoid buying products wrapped with foam trays or in plastic wrap. By buying items "loose" you can pick the ones you want and they'll be cheaper.

Look for shelf labeling: "Least Waste Packaging", "Recycled/

Recyclable", "Safer Earth Product", "Environmentally Friendly", "Biodegradable." Ask yourself, "Do I really need this item?" Don't buy things unless you really need it.

Choosing what your food comes packaged in is also a concern. Choose paper, glass, or metal rather than plastic packaging for milk, eggs and other foods. Buy unbleached coffee filters. Bleached ones used dioxin, a deadly toxin.

When shopping at the grocery store you will be asked if you would like paper or plastic bags, unless you bring your own. Plastic or paper is not good for the environment, but when choosing choose plastic. Plastic takes up less space in landfills than paper bags do. (Neither will decompose in a landfill due to lack of oxygen.)

Remember recycle, reuse, and reduce when you go grocery shopping or do anything that may someday harm the earth.

## Senseless violence

by Alexa Havelock

In the home of the free and the brave, violence is common and everyday. People are said to watch over 25,000 acts of violence on television alone each year. The question is, do people who are constantly bombarded by this media blitz of gore act more hostile because of it? Many say yes. The old proverb of "Monkey see monkey do", makes sense because, if violence is all that is known to a person, what could make them act differently? Take for instance the many, many cases of youths being killed every day by handguns. Some people think that guns should be available to the general public to protect their families. However, when children and teens get access to these firearms, tragedy almost always results. What is the solution? A ban on

guns, safety awareness programs? Or could it be the simple answer of taking guns from the general public. Of course this always raises debates from hunters and game shooters. These are the people who would be most affected by a gun ban. A great American sport would be taken away for good. The food chain would be disrupted, and without the hunters reducing the overpopulation of many wild animals, the world would be overcome by them. So, how are we to stop this problem? It is literally impossible to take away all the guns from the general public. Hypothetically, if we were to take away all of the guns, it would end up being a new and even worse problem than we started with. People would find a way to replace the guns with some other form of weapon

## You know what you want

by Mindi Cyrus

As Craig Hilliard emphasized at our recent school assembly, we have to use what we have, and think big to win big. Anything is possible.

For so many of the seniors, including myself, life has been one big bumpy rollercoaster ride the last few months as college applications have been completed, and future plans have been made. No matter where we go or what we do, there are times when life's choices seem impossible.

I distinctly remember a prominent teacher say to me, "Be realistic", when I mentioned my college picks (some of them out-of-state). Not having a chance to visit, I was told, "I would not recommend that at all. You should forget it."

Later, my cousin and I had a heart-to-heart talk, and he looked me straight in the eye and said, "The excitement of the college experience is going someplace new. You just take what you already have to wherever you go, and you'll be fine." He spoke from experience, since he had never visited his own school, The Citadel, in South

Carolina. His advice sticks in my mind so often, though. It isn't really the place so much as what you make of it when you actually leave home behind.

Besides, everything is different anyway. Our friends change, and the familiar lockers and hallways become abandoned by us. Even if we live at home and commute to Kent, or if we sign up for the Air Force and wind up in England for three years, our atmosphere becomes new.

After the graduation, our lives unfold, in a way. It is scary and relieving at the same time. If our minds are set, and we possess the dreams of achievers, we will surely meet success. No one knows what is in store for us, so let's not get talked out of our ambitions. If we believe in ourselves, others will believe, too. I have noticed that most people do not try to steer me away from my choices anymore. Instead they choose to give their concern and help, and of course, the encouragement that I always wanted.

## EARTH DAY '94'

like knives or clubs. Instead of being shot to death, people will be stabbed or clubbed to death.

The problems that the American public has with guns and the questions continually asked on how to solve those problems will probably never be answered. What we can do however is to try to live as peacefully as we can, and try to work out our problems instead of using violence as a method of solving them.

### "Where Does Our Love Lead"

We are like two sparrows,  
Flying like to broken arrows.  
Never knowing the way to go,  
Staying at an uneven flow.  
Soaring at different speeds.  
Wondering where our love leads.  
The herd of love stampedes.  
So tell me where does  
our love lead.

Chuck Reynolds

The QUAKER student newspaper is published by the Journalism students of Salem High School.

Principal: Mr. Charles McShane

Advisor: Mr. Jeff Ladner

Editor in chief - Jody Wirkner

News Editor - Brandie Oesch

Editorial Page Editor

Alexa Havelock

Feature Editor - Kristi Hooper

Sports Editor - Mark Ramunno

REPORTERS

Jen Gregory Joe Crowe

Mindi Cyrus Chris McCoy

Candy Graham Kara Zocolo

PHOTOGRAPHERS

Jen Gregory Brandie Oesch

Chris McCoy Mark Ramunno

## Recycling aluminum

by Jen Gregory

Aluminum cans are made without side seams and are not magnetic. Therefore they are easily recycled. Aluminum foil, disposable pie pans, TV dinner trays and lawn furniture are also recyclable.

In order to recycle aluminum, you must first rinse it thoroughly, then box or bag them. There is no need to remove ends or labels, or to crush cans. However, if you do crush cans, you save space for yourself. You can also recycle the lids from plastic or glass bottles and jars.

In America, 9.6% of total waste is metal. If we would recycle, this percentage would drop significantly. Recycling reduces the amount of waste that needs disposal, in turn making landfills last longer.

Recently, Max Disposal announced that they will now provide recycling bins to all interested customers. This is a result of several customers concern

for the environment.

There are many benefits for recycling. For one, it extends the life of the landfills. It also saves energy and natural resources.

There are many different kinds of recycling programs. One very interesting one is run at Mountaineer Field in Morgantown, West Virginia. They have a clean-up crew that goes through the seats and picks out all the recyclables before they do a final clean-up. They even go through the trash bags and pick out anything that can be recycled. Since 1990, they have recycled 2,658 pounds of aluminum. Considering that aluminum is not very heavy, that must be a lot of cans!

Therefore, aluminum is a very common item that people throw away every day. Instead of tossing it in the can, toss it in the recycling bin. It will do a lot for the earth that we all must live in.

## I'm stuck in this chair

Written by Andy Smith

Life after head injury means quite a few things. For instance, you may as well forget about your friends (and girlfriend), mainly because they don't know how to deal with you. If you have a speech problem, or if you are not able to walk, your friends feel uncomfortable and guilty.

Your life becomes extremely hard to deal with. Little things that you take for granted, like tying your own shoes, brushing your teeth, combing your hair, dressing yourself, learning how to eat completely over, having to be helped to use the bathroom (I mean all sorts of privacy goes down the drain). Eating in restaurants can be an extremely big embarrassment. Just being seen crippled, or screwed up, is very embarrassing.

My friends and family are two totally different areas, for most of my friends have been very unsupportive. My family's been truly wonderful, for I never would have survived without the tender loving care of my entire family.

Life after a head injury like mine is very frustrating because people can't understand everything I'm saying and they play it off by saying, "Oh, really?" or "Are you serious?" It's also frustrating not to be able to wash my car or go over to my girlfriend's house. I can't

just get up and go where I want, when I want. I'm stuck in this chair until someone takes me someplace. (In other words, I have no real independence).

In closing, the one message I have to tell you is stay away from alcohol. In the long run, you end up destroying your life, as well as the lives of your family and friends. Drinking and driving just isn't worth it.

(Andy was injured on September 30, 1981, while he was a passenger in his buddy's car. They had both been drinking, Andy just happened to be the passenger instead of the driver. Of course, it was quite a shock to his parents since they had never had alcohol in their home. Andy never made a habit of drinking, which proves that it doesn't matter how much one drinks, it can happen to anyone at anytime. As a result of the crash, Andy lived at Riverside Hospital for nine months, followed by a year at a rehab hospital near Toledo. He still has to have some supervision for most of the day. His therapy has gone very well — much better than doctors ever expected — but he will wear the scars from this one-time fun night for the rest of his life).

### Quaker's Proposal on Student Expression

We, the staff of "the Quaker," in order to promote quality reading material through the use of free speech and opinion, do hereby abide by and take protection under the ideals and principles of the First Amendment, the Constitution, and other various court rulings.

It is our duty to keep our readers currently informed of school activities.

We are also obligated to avoid any form of libel, obscenity, invasion of privacy, and any subject which may cause a disruption in the community or in the normal routine of the school day.

If at any time felt appropriate, the principal can reserve the right to edit or censor any material that he considers in any way to be inappropriate for publication.

Since "the Quaker" is a student forum, we encourage from our readers any feedback in the form of essays, letters, etc.

## Big concert!

by Alexa Havelock

Would you like to be part of the greatest thing that has happened in Salem since the huge MTV riot downtown? Well you can. On April 23, (that is this Saturday) at the Salem YWCA, a live concert will be held to benefit Greenpeace, Anti-WTI organizations, and a local food bank. The concert will star a newly-signed band Boogiemann Smash, and will also feature the Flesh Petals (yes - Jeremy Pruitts' band) and Julio's Goat (do you like surprises?) The cost of the concert will be \$3 WITHOUT a canned good and \$2 WITH one. What a deal. The show will begin at 6 p.m. and will be over at 11:30. If you need more information, just see me Alexa. Remember we should all help out on Earth Day, and what a better way to do it than having some fun. See you there!

# Life is a "Techno" highway

by Minda Cyrus

A new highway will soon stretch across our country, over the oceans, and around the world. It will soon link us to one another and keep us in command of our daily needs and wants. This is the new information superhighway where we will literally beckon the world with the push of buttons.

Norbert Weiner coined the term "cybernetics" to mean the computer's power to produce just about anything imaginable. "Cyber" is now the prefix for anything high-tech to us.

The "cyber" movement is underway, sending us faster than most think

into the great futuristic world beyond. It is a dawning of the 21st century. High-speed communication systems will give our fingertips the choices of movies, records, video games and libraries instantly.

E-mail, which sends messages over a computer bank by passwords, is becoming popular, especially with colleges. And internet has become the world's largest bulletin board. Hughes Communications plans to offer 150 channels through a TV dish, in its DirectTV debut, and TCI will market a cable decoder that will deliver up to

540 channels.

As found in *Time's* article from April 1993, *Take a Trip into the Future on the Electronic Superhighway*, the advances in the technological world include:

- \* the ability to translate all audio and video communications into digital information

- \* new methods of storing this digitized data and compressing them so they can travel through existing phone and cable lines

- \* fiber-optic wiring that provides a

virtually limitless transmission pipeline

\* new switchboard techniques and other breakthroughs that make it possible to bring all this to neighborhoods without necessarily rewiring every home.

Fiber-optic lines are truly making this cybernetic world possible. They are tiny, thin strands of glass that have 250,000 times the capacity for data as the copper phone lines. Some predict these will soon stretch the miles across the world, leaving the last part of the

wiring of individual homes up to coaxial cables. A converter box in the home will decode the messages to provide us with this incredible interaction information track.

Sound too incredible to believe? It is impossible to predict exactly how the cybernetic world will look in 10 years, or how it will affect our society as we know it. But it might be possible to predict that our attraction for the new cybernetic highway will come from the unheard-of choices and freedoms that this advancement guarantees.

# What about those crazy ideas?

by Brandie Oesch

Prom is only a few weeks away, three weeks to be exact. Many of us are probably having many thoughts running through your heads about many things that COULD happen, especially if this is your first prom.

Your first prom or your last prom is something you will always remember and you want it to be wonderful and everything you dreamed about. But what about these little ideas that keep popping up in the back of your head. Finding a date is the first step into going to the prom, even though you don't need one. Some problems that may arise is

what if you go with a guy and when you get to the prom and start seeing some friends and end up having more fun with another guy. What should you do? You should stay with the guy you came with to the prom. Would you like him to leave you and go with another girl. Of course not. If the guy you came with is just a friend you should be able to dance with others and him and no one should have a problem.

Now what about the RIGHT dress. On prom night to want it to be remembered and fun. So the dress plays a big part on how much fun you will be

having. If the dress fits like pantyhose, isn't something you are use to, doesn't cover you the way you wish, and only offers you the fact that it is beautiful. Then prom night probably won't be much fun. You should wear a dress that fits you comfortably and feels right and is pretty. That will make prom night more fun and memorable, than being in the bathroom all night.

Okay now were ready to go, but wait, how are we going to get there? Are we going to go with a group of friends or alone? What is going to be

your transportation? You can drive a car of your own. Borrow a friends or family members to get to and from the prom. If your lucky and plan to go with friends get to together and rent a limo for night. In the long run if you can't find a car, gather up some friends and rent a limo it will be cheaper than renting one by yourself.

If you are going to the prom with a friend and either of you doesn't have much money. Talk it out and split the cost of tickets and dinner. The guys should always by the flowers and guys

remember to ask the girl what color her dress is, so the flowers match.

Hopefully, some of the advice given above helps you ease those butterflies and crazy ideas that keep popping up. Just remember you have lots of fun by making it fun. Don't expect it to be fun by itself or your date to entertain you all night. If you both add fun you will have a great night and something to always remember.

\* Information taken from the Beacon Journal artical "Survival Guide to Prom."

# All apologies

by Chris McCoy

As the screech of the guitar slowly fades away, the crowd cheers, the show ends and he walks off the stage proudly.

Kurt Cobain (the lead singer for Nirvana), was widely known and loved for his musical talents. He had a hugely successful album out in 1991 called "Nevermind", which gave him the notoriety and fame that the band so much deserved. Last year the gold album "In Utero", was released with much press coverage. Cobain wrote most of the lyrics and music himself. Before these two albums, there were two underground successes, "Bleach", and "Incesticide".

Cobain' life, even though it was riddled with drugs and sorrow, did have some bright spots. He married the lead singer of Hole, Courtney Love in 1990. They seemed to be perfect for each other. Outgoing and very opinionated, they had a good relationship altogether. On August 19, 1992, their baby daughter, Francis Bean Cobain was born a healthy, strong child, despite the nasty rumors going around that Love used heroin through out her pregnancy. They had to fight for custody of their own child, because of a media blitz of drug rumors. Cobain was high on Heroin when he got married, but in the book "Come As You Are The Story of Nirvana" he explained that he "wasn't very high" and he only did "a little teeny bit." Needless to say, in the end they got their baby back and the Cobain family was complete. They both went on tour and

everything was happy again, or so it seemed.

That's when Cobain experienced some major drug problems in his life. He was put into the hospital in Rome because of a drug related coma. As a result from this, the group had to cancel two concerts in Europe. Cobain had also, for quite some time, been contemplating killing himself. He had the press literally ruining his and his wife's reputation and relationship. Cobain also had the pressures of success. Along with that, he had personal problems with one of the people involved with the band in which

he threatened to kill her, but from being to sick he instead tried to get her fired or else he would quit the band. He never got that far.

Cobain obviously just decided that he no longer could take the pressures and hardships that filled his life so he killed himself. He was missing for almost a week, when someone found his body a day or so after he shot himself in the head.

There have already been many tributes held across the country in honor of Kurt Cobain. He will be greatly missed by many fans.

## You're not too young

by Chris McCoy

If you think that you are too young to get breast cancer, you better think again. Many young people are at a great risk of getting breast cancer. The cause of this cancer is basically unknown, though it has been recently discovered that it is linked to the use of birth control pills for more than ten years or taking them early on in one's life. An article in USA Today says that "a study in the Journal of the National Cancer Institute showed that more cancer patients had taken the pill for ten years or more, and or had started taking the pill within five years of their first menstrual period." It also said that some of the patients "had taken high levels of the hormone progestin." Using the pill, along with other forms of contraceptions, increase the risk of

getting breast cancer from 30% to 50%.

The earlier women detect breast cancer, the better of a chance she will have a successful treatment. Many women fail to report any early symptoms of breast cancer. This results in the woman having to get a mastectomy (the removal of the breast and the lymph nodes that surround.)

The most common warning sign a person should look for is a lump or tumor in the breast, which usually appears in the top outward part of the breast. Some other symptoms are a change in the shape of the breast, and dimpling in the breast. If you experience any of these symptoms, you should see your doctor immediately, so that the proper examination and treatments can be done.

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Rolling Acres Mall  
753-8431
- CANTON  
Canton Centre Mall  
478-1155
- NEW PHILADELPHIA  
New Towne Mall  
339-5663



### If you could have any band, dead or alive, play at your birthday party who would it be?

by Kristi Hooper

Apryl Roush (12) - Rosenshontz because they suck. Alexa Havelock (12) - The Greatful Dead because I like hippies and they could come to the party too. David Wright (11) - Primus opening for Led Zeppelin because "Herb" Alexander and John Bonham are the best cats around. Jim Morrison (11) - Jim Morrison and The Doors. Matt Tarbet (11) - Crosby, Stills, and Nash and I'd party with David Crosby all night. Jeffrey Marshall (12) - The Flesh Petals because they are playing at my birthday! Marco Nicotera and Jesse Horning (11) - Otis Day and the Knights. "They put the shama lama in our rama-lama ding dong." Mrs. Wilms - The Spike Jones Band. Who else would you have for a birthday party? Erin Parks (12) - The Platters. It makes me hungry. Brad Silvers (9) - K7 because their sons are great.

### Ten easy things that everyone can do to help save our Earth

by Kristi Hooper

1. Know what you are looking for before you open the fridge and stand there for ten minutes with the door open.
2. Turn the water off when brushing teeth except when really needed.
3. Turn off electric things when not in the room to use them.
4. Use a cloth rag instead of paper towels to clean up messes.
5. Keep scrap pieces of paper to write other things on.
6. Don't throw your trash out the car window. Keep a bag around or just throw it in the floor and clean it up later.
7. Car pool.
8. Carry your lunch in a lunch box or other container that can be reused instead of a paperbag every day.
9. Start a compost pile in your backyard.
10. Recycle.

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by Sallie Gregory



# "Don't worry, be happy!"

by Candy Graham

Noticing and enjoying the little things in life can help to erase the stress all the negative things cause. Newspapers, the radio, magazines, and television programs are filled with disappointing words which can make us feel like there are no good thoughts left in this world, but the little things we take for granite can bring a smile. Here are 101 things to be happy about:

1. The voice of the disc jockey as he reads the school closing. 2. 12 hours of UNDISTURBED sleep. 3. The snap crackle pop of your cereal. 4. The sun rising. 5. Making friends with police. 6. Warm sand under bare feet. 7. Funny toes that aren't yours. 8. Backyard barbecues. 9. Calculators. 10. "It's better to ask your mom twice, then lose your way once." 11. New tennis shoes. 12.

Playing in the rain with your best friend. 13. Spending hours picking out a card for the one you love. 14. No wax paint on your car. 15. Feelings of security. 16. Taking a walk when the world is too much. 17. Graduating the first time around. 18. "Do not disturb" signs. 19. The snooze button at five in the morning. 20. The smell of spring. 21. Backyard football. 22. Virginity. 23. Street musicians. 24. Being lost in your boyfriend's letterman's jacket. 25. Bubble gum popping all over your face. 26. Friends that are friends forever. 27. Reruns of discontinued t.v. shows. 28. Digital thermometers. 29. Eating berries that you just picked. 30. Slam dunk. 31. Hot chocolate after sled riding. 32. Inside jokes with your friends. 33. Weekend camping trips. 34. Avoiding

those who make you feel guilty. 35. Puppy love. 36. A full moon and a sky full of stars on a clear night. 37. Out houses. 38. Searching all over the house for lost change to claim. 39. Bubble baths. 40. Midnight kitchen raids. 41. Vacation romances. 42. Year end parties. 43. Skipping school. 44. The place where one sock in every laundry load disappears to (left sockland). 45. Jumping in the balls at McDonald's play land. 46. Diving into a large pile of leaves you didn't rake. 47. Snappy comebacks to put downs. 48. Living each day for itself. 49. Taking a shower after a hard days work. 50. Falling completely and helplessly in love. 51. All you can eat buffets. 52. Being the first to use a new tube of toothpaste. 53. Vaniliaroma pine trees. 54. The crack-

ling sound of new money. 55. Hot dogs from street vendors. 56. "Kodak moments." 57. Coed dorms. 58. Buttered popcorn at the midnight matinee. 59. Full service gas islands. 60. A rose bud just about to bloom. 61. Waterbeds turned to 100 degrees on a winter night. 62. Chocolate covered frozen bananas at the beach. 63. The ice cream truck. 64. Ike's at two in the morning. 65. Birthday cake with your name on it. 66. Varsity jerseys. 67. Yellow passing lines when your late for school. 68. Umbrellas floating in your drink. 69. Miles of toilet paper in your worst enemies trees. 70. Snow angels. 71. Fast food on meat loaf night. 72. Your first pay check. 73. Rainbows. 74. Memories that never fade. 75. Saturday morning cartoons. 76. Being first in a long line. 77. After

life. 78. Class clowns. 79. First day of high school. 80. The subway in D.C. 81. Editorials. 82. Swimming in Little Beaver Creek without turning green. 83. Getting "thrown out!" 84. Left overs. 85. "No homework." 86. The bell at the end of class. 87. Concerts. 88. "I love you too!" 89. Wishing for three wishes. 90. Playing the alphabet game on road trips. 91. Dairy Queen blizzards. 92. Hole in ones. 93. "Buy one get one free." 94. Mud fights. 95. Sunlight shining on a cold nose. 96. Roasting marshmallows. 97. Spending your life savings in an hour. 98. Disney World. 99. Remembering to get your yellow slip before the bell. 100. Being tan in the middle of winter. 101. When the phone rings and its for you.

## Now you see it, now you don't

by Candy Graham

Not to many natural disasters happen here for us lucky ones in Ohio, but over spring break I saw first hand the long term effects they have. I went to Homestead, Florida (near Miami) with a group from my church to help Hurricane Andrew victims, who have been homeless since August 24, 1992.

The town of 25,000 saw 80 percent of its homes destroyed and the psychological damage was a lot worse. According to Rick Linberg, the director of I.C.A.R.E. (the relief program we volunteered for), "during the 18th month,

which is now is when the suicide polls increase as the mental disaster sets in. The people come face to face with denial turning into reality." One victim told one group member, "I really appreciate what you are doing here, and after this many months I still have psychological problems."

Not everyone was so thankful that we were there to lend a hand, Virginia Kelly for instance. She has been so psychologically scarred that when we started the work on there house she broke down and said, "You can't tell me

I've been waiting five months for this and you aren't even going to do it right!" Kelly was upset that we painted over pencil line cracks on her house (as we were instructed to do) and wanted us to do it her way instead. When we returned to the compound to have a meeting the head supervisor, he told us that "she is one in the handful of clients that we have who are so depressed and so disturbed that they can't except that some of the damage can't be fully repaired."

Fanny Foster is on the other side of

the line. Her house was ready to be condemned and utility inspectors wouldn't issue her permits for the littlest things like running water, electric, gas, etc. "I was born in this house and I plan to die here," she says. Foster who was among the thousands living in the poverty stricken area, but she was also one of the kindest. What little she had she gave. As a fresh coat of paint was rolled over the termite infested boards of her home she was always right behind us with a "God bless you, thank you." To ease the heat of the 90 degree weather

she made us all snow cones made with real fruit. She now has running water, electric, gas, and a roof that no longer leaks, and we have a woman who will keep us in her prayers.

"People don't and can't understand what has happened here. Not even people in some parts of Miami realize that there is a great deal of work that needs to be done," Linberg told us. 250 miles per hour winds left over 250,000 homeless and insurance companies bailed out on the people. They were stripped of everything in 55 minutes.

## Recycling plastics

by Chris McCoy

In the past, little thought was given to engulfing our landfills with plastic containers. Now, in these times of growing environmental concern, recycling has come in to play both as a means of disposal and resource.

Recycling is very important in our world today. It saves energy and natural resources. Recycling also reduces the volume of trash and extends the life of landfills. Among many other things, it also saves the government money, and creates some more greatly needed jobs. These are just some of the many reasons of why people should start recycling as much as possible.

Some plastic items that can be recycled are soda bottles, milk jugs, laundry product bottles, water/juice bottles,

liquor bottles, fabric softener bottles and many others.

Preparing the plastics for recycling is also very important. First, the plastics must be rinsed and drained to reduce residue. Next, all caps and neck rings should be removed. Finally, the plastics should be crushed to reduce the space it will take up and sent to a recycling agency. There they will chop up the plastic, wash it and then convert it into flakes or pellets. These are then remelted and made into new products.

Some new products that can be made from recycling plastics are things like rope, non-food bottles, apparel, carpets, industrial paints and many other useful products.

Altogether, recycling is necessary to preserve our world and it's future.

## Please God, I'm only 17

The day I died was an ordinary school day. How I wish I had taken the bus! But I was too cool for the bus. I remember how I wheedled the car out of Mom. "Special favor," I pleaded. "All the kids drive." When the 2:50 bell rang, I threw all my books in the locker. I was free until 8:40 tomorrow morning! I ran to the parking lot, excited at the thought of driving a car and being my own boss. Free!

It doesn't matter how the accident happened. I was goofing off - going too fast. Taking crazy chances. But I was enjoying my freedom and having fun. The last thing I remember was passing an old lady who seemed to be going awfully slow. I heard a deafening crash and I felt a terrible jolt. Glass and steel flew everywhere. My whole body

seemed to be turning inside out. I heard myself scream.

Suddenly I awakened; it was very quiet. A police officer was standing over me. Then I saw a doctor. My body was mangled. I was saturated with blood. Pieces of jagged glass were sticking out all over. Strange that I couldn't feel anything.

Hey, don't pull that sheet over my head! I can't be dead. I'm only 17. I've got a date tonight. I'm supposed to grow up and have a wonderful life. I haven't lived yet. I can't be dead.

Later I was placed in a drawer. My folks had to identify me. Why did they have to see me like this? Why did I have to look at Mom's eyes when she faced the most terrible ordeal of her life? Dad suddenly looked like an old man. He told the man in charge, "Yes, he is my son."

The funeral was a weird experience.

I saw all my relatives and friends walk toward the casket. They passed by, one by one, and looked at me with the saddest eyes I've ever seen. Some of my buddies were crying. A few of the girls touched my hand and sobbed as they walked away.

Please - somebody - wake me up! I'm not dead! I have a lot of living to do! I want to laugh and run again. I want to sing and dance. Please don't put me in the ground. I promise if you give me just one more chance, God, I'll be the most careful driver in the whole world. All I want is one more chance.

Please, God, I'm only 17!  
(One life is all you have, so have fun, but be smart and don't take chances. If you won't think of yourself, think about the other person in the other car! PLEASE DON'T DRINK AND DRIVE!)

### Club Activities

#### Project Support

Project Support is planning a Learning Styles Workshop for club members and any interested high school staff. Mrs. Susie Turner, a consultant from the Columbiana County Board of Education, will conduct the Workshop. The tentative date is April 25 after school.

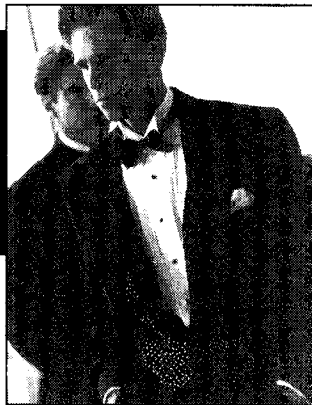
#### Class of 1995

The class of 1995 is busy getting ready for the Prom. Decorations are being made and the tickets are now on sale. Tickets may be purchased at lunch for \$20 a person. The Prom is at Tall Oaks in Sebring from 6:00 p.m. to 11:30 p.m. The after prom tickets are also on sale for \$2.50 a person. Buses will take students to Pittsburgh to ride the cruise ship, "The Majestic." Buses will leave the high school at 12:15 a.m. and return at 7:15 a.m.

## PROM TUXEDO SPECIAL

62 HOT  
TUXEDO  
STYLES

70 VEST  
STYLES



ALL  
TUXEDOS

\$50.00

Includes  
Shoes  
Fashion Vest  
w/Tie Just  
\$5.00 more.\*

Sweet Notions

337-1111

\* Sales tax and insurance waiver extra.

SEMPLINER'S  
TUXEDO  
WORLD  
AUTHORIZED  
DEALER

## Earn money killing a global enemy

by Candy Graham

You wake up and as you look out the window all you can see is black. It's surrounding your house! Oh no! It's too late! You could of stopped this monster a long time ago, but NOW it's taking over your house, your city, your state, and soon the monster trash pile will rule the world!

Trash may not be knocking down your door yet, but it's time we look at what our future holds and how we can help improve it. Not only will you take part in saving the world by recycling but also you will earn a little cash on the side. Here are some simple ideas for emptying the world and filling your

pockets at the same time.

1. Have a party! Think of all the bottles and cans that get left behind. Recycle them and use the money for your next weekend bash\$

2. Let your family do the work and you get the profits! Find an old box or bin, write paper on it, set it next to the trash, by the end of the week it should be full and you can cash it in\$

3. GARAGE SALE! How many times have you seen that sign around the block? This is a way to get rid of those unwanted clothes that Aunt Birtha sent you for Christmas and earn some money in the process\$

# SPORTS

## Baseball season off to rainy start

by Jody Wirkner

The boys' baseball team really hasn't had much playing time because of the rainy weather. They have had a couple of games and are hoping for sunshine so they can show their stuff.

The varsity team played their first game against East Palestine for a 7-2 victory. The winning pitcher for Salem was Eric Weikart. There were many hits for the team including Rob Tamburro's double which would have been a homerun if the fence was set up.

Their next game was against West Branch which was a disappointing loss. Salem was leading 5-2 early in the

game with the help of a 2-run homerun by Phil McElfresh. But, because of some errors and tricky plays the score ended up with a West Branch 14-5 victory. Coach Lantz feels with a little more practice and discipline the team will improve.

The J.V. team is also 1-1 so far this season. A number of their games have also been cancelled because of the weather.

It's really too early in the season to determine how it will end for Salem. There are a lot of games left in the season, and both teams seem to have a very positive attitude.



## Salem Hitters Welcome Spring



**Good Luck Spring Sports**

## Matching up

by Jen Gregory

The boys' tennis team is doing well so far this season. They were 2-1 as of April 13. The Quakers lost to the Cardinals from Canfield with a final score of 0-5.

Salem beat West Branch in the season opener with a score of 5-0. They also defeated East Palestine with a 4-1

score. The season "should be very good," said Coach Joe Judge.

The next few matches "look like very tough competition. We may come out of them 50/50," he said.

This year there are four seniors. They are Matt Price, Ernie Wukotich, Joe Matyas, and Ken Lee. When asked about the loss of last year's seniors, Judge said, "The seniors played good tennis, but we have players back that should make for a pretty strong team."

The Quakers will be back in action on Monday, April 11, 1994. The season is just beginning for them, so they have plenty of chances to come out on top.

## They're a hit

by Mark Ramunno

With a strong returning nucleus, the girls softball team is off to a great start. The team has won two of their first three games.

The team opened their season Thursday, March 31, with a big win against East Palestine with a 3-0 victory. The great pitching of Amanda Ciotti and the consistent hitting of Megan Moorisey put the Quakers on top. The team faced a very tough Poland team at home. In an extra innings game, the Bulldogs nipped the Quakers with a four to one. After the Poland loss Salem was ready to play and they got their chance Saturday, April 9, when they traveled to West Branch to battle the Warriors. In a hard fought game Salem won 7-6.

The girls have some tough games coming up, but if they keep on track they could be in for a great season.



**Go  Quakers!**



# Gateway to hope

by Jody Wirkner

The Cleveland Indians haven't won a pennant since 1954. They also haven't been predicted to win for a number of years. But, this year is different. Many baseball critics have predicted that the Indians will finish at least second in their division. What caused this different opinion of the team? Maybe it's their new "field of dreams."

Some fans call the Indian's new home "Gateway," or Jacob's Field. Officially, the park is named "Jacob's Field" because Indians owner Richard E. Jacobs bid \$13.8 million to name the ballpark "Jacob's Field" for the next 20 years. The whole organization formed to oversee the building of the park is called The Gateway Economic Development Corp. That's why many call the park "Gateway."

Nobody really cares what the stadium is called just as long as it brings new hope to the Tribe.

The final cost of the building of the park was \$425 million. It's capacity is 42,400.

Some say the park has a personality of its own. In other words there are a few little quirks about the park. First of all, there is not a lot of foul ground territory. This means many foul balls

that could be caught for an out will end up being a souvenir for a fan. There is also a mini version of Fenway Park's "Green Monster," which will reduce some line-drive homeruns to doubles. There is 410 foot deep gap where the left and center field fences meet. This will let outfielders chase down some fly balls that might have been homeruns in other parks.

Opening Day was on April 4th, and the Indians got to show off their new home. Everyone seemed excited and Cleveland fans raved about their team's new home. Before the game started, President Clinton (wearing an Indians jacket) threw the first pitch. The game went slowly for the Indians, but they fought till the end and ended with a 4-3 victory over the Mariners. That was the first victory for the Indians in their new park. Actually, there was a list of Jacob's Field firsts. Every detail was recorded to make the new park a historical event for Cleveland.

It seems that Jacob's Field has brought hope to the Indians and many fans and critics everywhere have changed their minds of where the Indians will stand at the end of the '94 season.



## Faces in the crowd

by Mark Ramunno

**Name: Jen Gregory**

Grade: 12

Sports: Softball

Letters: 3

Favorite College: Mount Vernon

Nazarene College

Favorite Player: Dave Justice

Favorite Teacher: Mr. Trough

Favorite Color: Green

Favorite Food: Crab legs

Favorite Movie: "My Girl"

Favorite Singer: Garth Brooks

Favorite Song: "Your Love Amazes Me" John Berry

Future Plans: "Attend Mount Vernon

to major in sports medicine and

play softball."

What do you most like about Salem

High School: "The Crew"

What do you think about school spirit:

"It's getting better since the girls

went to state. I hope it continues

through the spring season.

**Name: Russ Zornick**

Grade: 12

Sports: Track, Cross Country

Letters: 8

Favorite College: West Point

Favorite Player: Johnny Grey

Favorite Teacher: Mr. Trough

Favorite Color: Black

Favorite Movie: "Monty Python and

the Holy Grail"

Favorite Singer: Charlie Daniels

Favorite Song: "Body Bags", Sigon

Kick

Future Plans: "Go to college and be-

come a U.S. Marshall."

What do you most like about Salem

High School: "Great running pro-

gram."

What do you think of school spirit:

"below average."

## Running to victory

by Jen Gregory

The boys' and girls' track seasons are both off to a great start. The boys had a record of 2-0 as of April 13 (dual meet), and they also placed third out of thirty at the Ward Invitational. They also won the F. E. Cope Invitational on April 8. The girls also have a record of 1-0 (dual meet) and they placed sixth out of twenty-five teams at the F.E. Cope Invitational. They placed third at the Ward Invitational on April 9.

The boy's head coach is Mr. Parks, while the girls are coached by Mrs. Baker. According to Parks, the "kids

are running great." They are "ahead of where we were last year," he said.

Still to look forward to this season is the county meet to be held on April 19 and 20 at Reilly Stadium. This is the first time counties have been held in Salem since 1981. Also ahead this season is the MVC meet.

When asked about leaders on the team, Parks said that the "seniors are leading both teams."

The Quakers will be back in action on April 12 against Warren J.F.K.

## This week in Salem sports

### MONDAY, APRIL 18

- Varsity Baseball vs. Girard (H)
- Junior Varsity Baseball vs. Girard (A)
- Varsity and Junior Varsity Softball vs. Girard (A)
- Boys Tennis vs. J.F.K. (A)

### TUESDAY, APRIL 19

- County Boys and Girls Track Meet at Reilly Stadium
- Boys Tennis vs. Poland (H)
- Varsity Baseball vs. Mooney (A)
- Junior Varsity Baseball vs. Mooney (H)

### WED., APRIL 20

- Varsity Baseball vs. JFK (A)
- Junior Varsity Baseball vs. JFK (H)
- County Track Meet
- Boys Tennis vs. Howland (H)
- Varsity and Junior Varsity Softball vs. JFK (H)

### THURSDAY, APRIL 21

- Varsity Softball vs. Crestview (A)
- Boys Tennis vs. Fitch (A)

### FRIDAY, APRIL 22

- Varsity Baseball vs. Canfield (H)
- Junior Varsity Baseball vs. Canfield (A)
- Varsity and Junior Varsity Softball vs. Canfield (H)
- Boys Tennis vs. United (A)