

Vol. 82 Issue 6

## Salem Senior High - Salem, Ohio

Monday, March 6, 1995

## **Stealing freedom**

Many college students enjoy a bit of freedom when they begin to live on their own. Now that freedom is being slowly taken away - not by the schools or their parents, but by the murderers, rapists, thieves, and drunks lurking in the shadows.

Crime on campus is rising on campuses throughout the nation. Even local schools, such as Kent State and Akron, as well as Youngstown State, are experiencing increases in crime, both violent and non-violent.

Parents, students, prospective students, faculty, and the college communities are now learning the exact figures and crime rates on their campuses thanks to a new federal law. The Crime Awareness and Campus Security Act of 1990 require colleges and universities to report and publish a list of results and give it to anyone who wants access to it.

Some of the statistics are staggering: there are acts of larceny committed on campuses around the country every 4.3 minutes. There are burglaries every 27 minutes. Every hour and

by Mike O'Brian 43 minutes, an automobile is stolen.

Violent Crimes, Such as murder, aggravated assault, and robbery are committed on an average of every two hours and 12 minutes.

Some of the fault for this lies with the campuses many schools are now increasing security forces and giving crime - awareness classes and seminars

But there is also fault in the students and their way of life.

Campus police describe many stu-dents as "naive". One campus secu-rity chief said, "The campus community believes it is immune to violent crime.'

Ron Heineking, security chief at the University of Akron told the Akron Beacon-Journal, "There is crime on campus. You cannot get away from it, so you keep preaching prevention."

That is the course that many schools are now taking: The steps that schools are taking to teach precautionary measures (such as using escort services and traveling in groups) are now starting to show in

the fact that students are becoming more aware of their dangerous situations.

If a student is worried about crime on their prospective campuses, then he or she should call or write the school and request information on campus crime. Also, the table shows some crime statistics for some Ohio schools, according to 1990 USA Today statistics.

One factor to keep in mind is that the rate of violent crime is largest in the southern states and is smallest in the Midwest schools. Also, an easy general way to predict campus crime is "The bigger the city the bigger the risk."

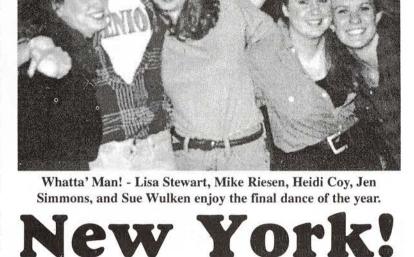
Many students now realize what risks campuses in big cities can be. one University of California student told USA Today, "If I had known there was a big security problem here, I probably would've thought twice (about going to USC.)"

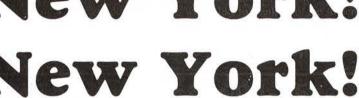
Many of the statistics and some information from this article came from various series in USA Today and The Akron Beacon-Journal.

## **CAMPUS CRIME**

Reported crime rates for various universities throughout Ohio. (1989 Figures)

School	Rate per 1000 students	Total Crimes	Violent Crimes	Assault	Burglary Larceny Theft	Drinking & Drug Crimes	Vandal- ism
Bowling Green St.	32	566	5	47	559	127	3
Kent St. Univ.	30	682	4	1	674	9	297
Ohio St. Univ.	28	1881	94	67	1763		302
Ohio Univ.	21	353	6	35	345	544	178
Univ. of Akron	6	719	37	55	677	19	68
Univ. of Cincinnati	35	1111	29	68	1080	350	55
Univ. of Dayton	20	18	3	0	15	7	0
Univ. of Toledo	13	304	1	9	7	4	117
Youngstown St.	18	6	1	6	243	6	6
						Source:	USA Today





#### by Amy McKinney

On March 15 the band students will have a once in a life time trip to New York City. They will visit a number of places, like the Statue of Liberty, Wall Street and many other places. The band students will be marching in the St. Patrick's Day Parade. They have been working hard for this 5 hour march and hopefully will be greatly rewarded for their time and effort. Here's the Itinerary.

WEDNESDAY -9:00 pm depart for New York City.

THURSDAY - 7:00 am arrive at Ramada Inn at Clifton, NJ.

9:00 am - 8:00 pm -Tour following sites; Statue of Liberty and Ellis Island, Battery Park, Lower Manhattan, touring Wall Street, South Street Seaport and World Trade Center.

FRIDAY- 11:00 am - 4:30 pm march in St. Patrick's Day Parade,

4:30 pm - shop on Fifth Ave., 7:30 pm - attend NJ. Nets vs. Utah Jazz basketball game.

SATURDAY - 8:30 am-10:30 pm guided city tour in Upper and Lower Manhattan, Chinatown and Little Italy, United Nations tour, Guggenheim Museum, then dinner at Mama Leone's, ending evening with a Broadway show called Le Miserable.

SUNDAY - 8:00 AM -1:30 PM -Lincoln Center Tour, Radio City Music Hall, Rockfeller Center, St. Patrick's Cathedral.

10:00 pm arrival in Salem.

# Society's shackles

## by Lee Booth

Prejudice as Webster's defines it: "to injure by an unfair judgement or action." Today's society dictates that you must follow certain guidelines to be accepted as a member. There are two reasons why this is important to people. People are afraid of things that are different, and people do not like to be considered different themselves. There are many reasons why people pass judgement on others. One reason might be that it makes them feel more acceptable to society. It also makes them feel more dominant and powerful over another. Yet another reason is that they had a troubled childhood. This makes them think they can justify judging other people.

I regret that I have a difficult time accepting any excuse for the desecration of another person's emotional well-being. It might as well be considered a murder. Not a physical murder, but an emotional murder. By Money Talks

by Dan Aikens I admit I have trouble saving money. It seems like an easy thing to do at first, but as soon as you get your paycheck, you want to go out and buy a CD or something else right away. Then later you wish you would have saved your money for the future. Saving money doesn't have to be hard-it can be easily done by opening a savings account at your local bank. At first it may seem hard and worthless, but later down the road you will see your money adding up more and more. When saving money, you want to divide your income in half so you are not totally broke. What you do is as soon as you get your paycheck, put half of it into your savings account and keep the rest for yourself for personal needs like food, gas etc., Also, when saving money, you want to have some goals set on what your saving for, for example a car, college, or maybe a new guitar you always wanted and could not afford, what ever it may be; set that goal and save your money for it. In the end, once you saved your money and bought that car you will feel a lot better than when your parents buying for you because you earned it.

Beware of the vampires that roamed the halls on March 3. They were down in the gym collecting your donations from this year's

that is donated in Northeastern Ohio comes from 18 - 21 year-olds. That is why it was so important for you to donate. 25% of all the blood that is donated in Northeastern Ohio is used for Cancer patients. That is why the blood mobile was so interested in your donations.

judging someone else, you compromise their belief in themselves.

Fortunately, it does not always end there. There are those who do not fall to the shackles of society. They break free and become stronger because of being proud of being themselves. People who know them well see this and respect them for that. There will always be a certain group of people that will want to see this kind of person fall, but if he or she stands tall, they will endure.

blood drive.

The National Honor Society sponsored the annual drive which will be held from 8:30 - 2:30 last Friday. Students who are seventeen years or older and weigh more than one hundred and five pounds are encouraged to donate, as well as teachers. Students were allowed to donate during study halls. The goal for this years blood drive was 120 pints .

Twenty five percent of the blood

The blood mobile also needs your blood because of a recent decrease in donations.

The National Honor Society would like to thank all of the students and faculty who participated in the blood drive.

## The class of 1994-95 ROCKS

Vital fluid of life

#### by Alvina Karlis

Hey seniors! Its time to get ready for graduation. Hopefully, everyone ordered their cap and gown on February 23. If you didn't order announcements do not worry you can still order them from somewhere else or you can pay a late fee if you want to order through Jostens.

This year on May 26 for the first time there will be a senior picnic. The seniors will be dismissed at the beginning of fifth period. Where the picnic will take place is still undecided.

**INSIDE: T.V. Violence** Page 2 "Swing High" Page 3 "The Industrial Sound" Page 4 Sports Page 5 and 6

# Voices Looking for respect at 75 MPH

Two weeks ago I took my car to one of those quickie oil change places. The worst thing about these places is the really quick twenty minutes or less wait. Well, I was waiting, and I was waiting.

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I was sitting in a really comfortable plastic chair when my personal quicky oil change specialist entered the room. Much like an expectant father, I leaped to my feet. The man's facial expression resembled that of a daytime television doctor. (You know, one of those doctors that enter the room and tell the handsome attorney drug dealer that his wife's newborn child is also his sister.)

Well, the man, who knows everything about express service, informed me that my car was, and has been leaking oil. I know a little about cars and Leaking oil causes big messes. (Does anyone remember the Exxon Valdez oil spill?) Mr. Ouickie informed me that I should take my vehicle to a garage.

## Proposal on Student Expression

We, the staff of "the Quaker," in order to promote quality reading material through the use of free speech and opinion, do hereby abide by and take protection under the ideals and principles of the First Amendment, the Constitution, and other various court rulings. It is our duty to keep our readers currently informed of school activities.

We are also obligated to avoid any form of libel, obscenity, invasion of privacy, and any subject which may cause a disruption in the community or in the normal routine of the school day.

If at any time felt appropriate, the principal can reserve the ight to edit or censor any mateial that he considers in any way o be inappropriate for publica-

Since "the Quaker" is a stulent forum, we encourage from ur readers any feedback in the form of essays, letters, etc.

My mechanic informed me that there was nothing wrong with my car. My oil was not leaking, and my antifreeze level was fine. I have had two sets of breaks installed. This man installed a radiator in my car, a few months ago. The same radiator which cracked recently, and had to be sealed. Not long ago he fixed my head gasket or something. (This is the part which the oil specialist said caused my leakage. I am sure the oil professional made a mistake.) Obviously, having complete faith in my mechanic, I picked up my car.

Here I am, cruising towards Columbiana, with the music playing. My car begins to accelerate. This is usually not a problem. My foot was not on the gas pedal. Lightening quick reflexes caused my to apply the brake, with all my strength, I could not suppress the pedal. Definitely, a bad situation.

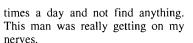
I was a bit worried at this point. Thanks, to a memorable driver's education course, I kept calm. I attempted to pass the elderly woman driving in front of me. She did not appreciate

## by Craig Brown

that. Her car increase speed. The concept of oncoming traffic was really starting to bother me. I was still kicking my brakes. The car would still not slow down. In a daring task, I flipped my hazard lights on. The woman, who had to have been Richard Petty's grandmother, finally let me pass.

One problem was solved. I was not going to be hit by a truck. Now, I had to slow down. I am not sure how fast I was going when my brake loosened. The car was still moving but slowed down. I shifted into park. (I managed to steer the car onto the muddy shoulder.) A steering wheel can be painful when its connects with your forehead.

How my car got to the garage is irrelevant. I would rather not talk about it. As soon as I walk through the door my mechanic began defending himself. He kept stating that my problem was not his fault. Why was he so defensive? I did not accuse him of anything. I explained that I wanted him to check my car. He said that he could check my car sixty five



All I wanted him to do was look at my car. There was a possibility that he may have knocked a hose loose. I told him that my experience has really upset me. He said it could be nerves. I could not believe he was accusing me of my car trouble. He once again became defensive.

My mom was also at the garage. While I was discussing my car, he would occasionally wink at her. This soon became annoying. I do not enjoy any man making any type of gesture toward my mother. So, I had to keep politely getting his attention. I would wave my hands, and slightly raise my voice.

Something had to intervene. The mechanic was giving me dirty looks, and I was about to take action to stop the winking. My mother politely asked him to check my car.

He checked my car. He reconnected my loose hose, and warned my mom about my cruise control option. The problems were solved.

The fact that my car has mechanical problems does not bother me. That is normal. I am not even upset about my driving experience. What really upsets me is how my mechanic did not respect me.

I respected him. I believed he knew something about cars. I take my car to him frequently. I hoped that he would respect me. He should have listened to me. He listened to my mom. She was not in the car when that hose came loose.

Why did he listen to her and not me? Is it because the car is titled in her name? I doubt it. Could it be because she was female? That could be it. Would my age have changed how he spoke to me? Perhaps, you could say that.

Whatever the reason is for his lack of respect, it was wrong. People do not treat younger people the same. This is a sad thing. If they would try listening to others. They might learn something.

## The wonderful world of make-believe

## by Kelly Kettell

Picture this. A young kid is sitting at home watching Wile E. Coyote drop a 1,000 pound anvil on the poor innocent Roadrunner. According to psychologists, that cartoon will influence that kid to become a homicidal maniac. According to psychologists, TV, movies, and music are causing the violence in today's society.

The government attacks the entertainment world by saying that they corrupt the young by showing senselessly violent shows. Yeah right! It's not the entertainment industry that is causing the violence on the streets. It's the streets themselves.

When our generation was young, we watched Tom & Jerry, Wile E. Covote and plenty of other, what they call today, violent cartoons, but as far as I know nobody has tried to drop a 1.000 pound anvil on somebody. Why is the government attacking fictional violence instead of the real violence?

They attacked music by saying played the music backwards there would be subliminal messages. I'd like to see them try to do that with CD's. They're always harping at gangster rap. Instead of criticizing

the music why doesn't the government look at the crime and violence that started the gangsters rapping in the first place. Personally, I think that TV is the most violent of all. Not because of the cartoons, or the soaps and talk shows, not even the cop shows. It's because of the evening news. The news is about things that are really happening out there.

Murder, wars, and dead bodies. The cameras always have to have a close-up of a dead body. Kids see these things on the news and in their everyday lives, why is the government worrying about violent cartoons corrupting their moral being. Violence has nothing to do with the entertainment world, it has to do with poverty, drugs, racism and joblessness.

Even if the government did censor everything that is watched, and listened to, and all that was on TV was Barney and Mr. Rogers Neighborhood, the violence would still be out there lurking the streets. Then people will finally see that maybe the entertainment world doesn't influence violence after all.



## Seriously misled

### by Heidi Coy

How many times have you looked at some of your classmates and "They broke thought, up ALREADY?" in unconcealed horror? Teens who have many relationships throughout high school are often the receivers of criticism and wonder. Some brush it off without a second thought, and others make it clear the subject is not open for discussion. But maybe some of these uncommitted people know something the rest of us don't.

High school is a time when students grow and change and try to decide what it is they want out of life. This is also true of personal relationships. Many teens change boyfriends or girlfriends more than they change their underwear. (Either that's pretty often, or we have some people walking around in disgusting underwear). But who's to say that this is wrong? Many believe that kids go abnormally boy or girl crazy in High school. But is it really? These years are the time in a young person's life to experience as much as they can. This includes many different male/female relationships. (We're talking over 4 years here, not all at once). The more that teens date, the better they will be able to determine what they want from a serious partner. Dating is a way to determine what one likes and what he/she doesn't want. It is the process of experiencing life in all forms, gathering new ideas from others. At the same time people eliminate partners they aren't compatible with. What should be a concern are those who become involved with another person and get too serious too soon. Many people begin dating their freshman year and immediately get serious with the first person they go out with. Maybe that's fate, but it also could be limiting yourself. How are people suppose to determine what they do and do not like if they've

only known one way of life? There are so many experiences and different kinds of people the world has to offer, it would be a shame to miss out

For example, Betty Sommers hooked up with Clive Cool her freshman year. They stayed together throughout the first three years of high school. Once their senior year rolled around, Clive decided he needed some space. But once broken up, each found they had lost contact with their friends. In addition, once they started dating others, each found that he/she hadn't been as happy as he thought he was. Live and learn, just be sure that you never learn too late.

High school is the time when teens are suppose to date many different people. Individuals should be learning about themselves and others. A variety of people will help teens do this. Young adults have the rest of their lives to be tied down, so what's the rush? Often, when teens get seriously involved they begin to stop seeing their friends. Soon friends grow apart and the couple becomes isolated from everyone but each other. Both friends and boy/girlfriends make demands on one's free time, and it often becomes difficult to separate the time equally without making either party jealous. Hence, the time comes to choose, and either way, people loose a facet of their lives. The phrase "can't we all just get along" becomes more than just a joke. Serious relationships can be beneficial and enriching. However, they become detrimental when they isolate individuals from friends and other growing experiences. So next time you hear about one of those transitory relationships, don't be so quick to judge; maybe some of those people have a point.

Quaker's

The QUAKER student newspaper is published by the Journalism students of Salem High School. Principal: Mr. Charles McShane

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## **TUXEDO RENTAL** "On the 45 By-pass" 337-7050

To most people the year 1935 doesn't stand out in their minds as a year of great importance. But to the music industry 1935 is a landmark year in the history of musical achievement. Thanks to one struggling bandleader and his courage to try something new the Swing Era was born.

Before that fateful Saturday night in California, clarinetist Benny Goodman was virtually unknown to most. It was Joe Bonime, a national radio producer, who found him and put him on the air that night. After two rather sweet bands played, Goodman and his band got up and poured out a type of swinging sound never before heard from any other band. Almost instantly families and friends across America fell in love with Goodman's new beat.

The overnight success of Benny Goodman, "The King of Swing", opened the doors to a whole new generation of music and musicians. Unlike the jazz of the twenties and early thirties, now the emphasis was on those swinging sounds accompanied by the jazz vocalists

As the Big Band sound became more and more popular, a definite style within a band became a necessity in order to make it. Many bands were fronted by select writers to maintain an identifiable style in that respect. These arrangers and their bands became known as teams, making writers as well known as the band they were associated with.

#### by Mandy McGee

Another important well known bond was established between the bandleader and his select instrument. Benny and his clarinet became symbolic of each other as did other bandleaders and their instruments.

Of course swing was not embraced by everyone as an acceptable form of music. Much of the midwest, especially large cities such as Cleveland and Chicago, disapproved of the loud and exciting tones of the Big Bands. But those who disliked the swing style were in the minority and had little effect on the Big Band Era.

On the other hand, the support shown by the fans of swing was overwhelming. The very first gold record ever to be issued was Glen Miller's

"Chattanooga Choo Choo." It was, no doubt, this strong support which later caused the Miller band to record 45 hit singles, more than Elvis or the Beatles ever did in one year. in 1940. Along with record sales Big Band followers brought the era to its height through their great attendance at the many concerts preformed in various hotels, nightclubs, casinos, and ballrooms throughout the country.

Unfortunately, this height was not sustained very long. After the Big Band Era reached its climax in 1940, things began to go downhill. First came America's involvement in the war. Many musicians left the industry to defend their country. Second came the recording strike of 1942. While bands were temporarily unemployed

many Americans turned to the sentimental soloists, such as Frank Sinatra and Peggy Lee, for musical comfort. Finally in December of 1946 eight of the leading Big Bands, including Benny Goodman, left the industry.

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Today, the sounds of the Swing Era still seem to be popular, not only among those who can remember them but also among younger audiences. In fact, many of today's "ghost bands", bands which play the music of a certain Big Band and under its name, report that the interest is primarily amongst young people.

Larry O'Brien, leader of the Glen Miller Orchestra, says the need is there. "Glen died but the band didn't." O'Brien Says, "The music has to go on."

#### The first music people ever listen to and learn to love can influence what they listen to through out their life, sometimes. The first music l ever liked was Cyndi Lauper in second grade. I still dust off my old tape and play it every now and then. Do you still listen to your first musical experience? Girls (or guys) it is okay if you fell in love the New Kids on the <u>Block</u> in junior high. Lots of people listen to extremely popular music because it is what they are exposed to. It is the same as people who liked the music their parents listen to,

because it is what they are exposed to. I asked some students at our school what they first liked and here are their answers:

Rashelle Scott - Billy Joel "Uptown Girl"

Lyndsay McShane - Wham (I just liked George Michael - Fire!)

Kyl Dinsio - The Doors "Alabama Song'

Megan Morrisey - Casey Jones and the Sunshine Band "Sister Sledge'

Christy Brown - Elvis

Erin Hubbard - Janet Jackson

#### by Jadey Berger

Music of our past

Crystal Kurpil - Imagine by John Lennon

Diane Defazio - Classical type stuff, because my parents only exposed me to that at an early age (I was cloistered)

Liz Russel - The theme song from Sesame Street

Mike Hazen - Quiet Riot and Twisted Sister

Craig Apinis - Bruce Springsteen and oldies

Paul Hill - Rock (MTV music) Jackie Cyrus - Beach Boys

Stacey Manis - Tiffani and the

Bangles Mike Oesch - Star Ship Wes Johnson - Def Leopard David Miller - MC Hammer

Trevor Goerig - Nirvana Phil Bedell - Tom Petty Jeff Rupel - Nirvana

Lisa Keglor - the song Mickey

Cheria Jenkins - Ozzy Karen McCowin - Madonna

Matt Capel - California Raisin

songs Dan Janosic - Michael Jackson

Greg Petchrakoff - Anthrax Jason Hubbard - Journey

Ryan Marshal - Eagles and Chicago

Amy Englert - George Thorogood C. J. Huddleson - Parlament Funfadelic

Christi Paxson - Mariah Carey Jim Stockton - Van Halen and Pink Floyd

If you want to know what cloistered means you will have to ask Diane Defazio not me. Have fun listening to all music. The music from when you were in second grade and the music from today.

## **"ANTI-RADIO FRIENDLY MUSIC"**

Looking for a change from music being played over and over again on the radio? Well, I have come up with some bands that will help relieve you from the "radio mainstream boredom".

The first band is Sonic Youth. Sonic Youth is a punk band that has a unique sound. Their newest CD is called "Experimental Jet Set, Thrash and No Star." This is a must get for any Nirvana fan who likes their heavier songs like "Radio Friendly Unit Shifter" and "Scentless Apprentice." Sonic Youth has both a male and female singer which makes the songs sound different and more emotional. I must admit that at first Sonic Youth may be hard to get in to, but, after a few listens it will grow on you.

We all have heard the song "Bruise Violet" on Beavis and Butthead when we did have MTV. The band is named Babes In Toyland. Babes In Toyland sound a lot like Hole except heavier. Their CD "Fontanelle" contains a loud feminist attitude that leaves your ears ringing.

If you don't want a loud, ear piercing band, I suggest Lush. Lush is a band whose music is soft and dreamy. As it drifts through your speakers relaxing you. Their newest CD "Split" and is great to get soon.

Looking for more punk/thrash I suggest sound? Suicidal

#### by Dan Aikens

Tendencies. Suicidal Tendencies has a new CD out called "Suicidal For Life," which has more of a heavy metal sound than punk/thrash. Their older CDs have that punk/thrash sound to them. If you want a heavier sound, get their CD "Still Cyco After All These Years," which is a rerecorded version of their first CD. It contains classics such as "Institutionalized: and "I Saw Your Mommy." This remix sounds more together than the first recording.

Maybe your looking for a band with more of a rap sound. Well, the Beastie Boys are a rap group that changes rap music around. Most rap groups have songs that seem to sound alike and are disrespectful towards women. Well, the Beastie Boys change that with their CD "Ill Communication". This CD contains a mixture of rap, punk, Buddha chants and easy listening which makes this CD not boring like most rap CDs.

Dinosaur Jr. is a band that is hard to musically describe. One their new CD "Without A Sound" they display a style that leaves you puzzled. They have a punk rock sound with hints of just plain alternative rock. J. Masic's voice is hard to get used to at first but, you get use to it later on. If you want to try something new go out and buy "Without A Sound."

My last band, many probably haven't heard of. Hailing (from the hometown of Kurt Cobain, Aberdeen, Washington) comes the Melvins. They started back in the 80's and Cobain was a "roadie" for them. Later in November 1993 he produced their CD "Houdini." The Melvins sound like a mix of punk rock, Kiss and Slayer which gives them a interesting sound. I highly suggest getting their newest CD "Stoner Witch."

To find any of these CDs I mentioned above, go to Best Buy in Boardman and you'll get a lower price than going to the mall.

Next month I'll return with more music reviews.

# Music becomes medicine

by Stacy Siddle

The solution to life's health prob- tal, emotional, and physical handilems-music! A fairly new medical caps. Rhythms of music can sometimes help muscle control loss victims improve their timing. The final improvement on conventional therapy as opposed to music therapy is that it positively assists neurological disorders. People who were once denied the power to speak because of disease are now inspired to sing and

dance because of lively music.

# Surviving the mosh pit

I survived a Nine Inch Nails mosh pit and lived to tell about it. I believe the point of a mosh pit is to make even the nicest person alive forget about human value and totally succumb to the violence. The violence of the pit is a total release of teen angst. The release is an addictive high that causes your adrenaline to flow. Yet amidst the fury of hate there seems to also be the respect of expression, and certain chivalrous rules. For instance if someone falls, suddenly 30 pairs of hands are thrust upon them, pulling them immediately back to their feet. After all, it is more fun to kick and jump on a standing person than one unconscious one on the floor. Also, believe it or not people in pits pull

by Jadey Berger

together and share. They share pez, water, and all wonders of nature. Let us examine this scenario: 20 sweltering teens are sharing one 2 foot space, one person has a drink, what do they

Also, pits are not good places to pick up a girl or guy. Considering that people purge all of there hate on other human bodies, in the pit, it could be dangerous to your health to ask some one a cheesy question like, "Excuse me what is your sign?" Just remember that the point of a pit is release. If you are brave enough to endure and open enough to make it an experience for the benefit of our own personal growth it may be religious, so Happy moshing kids. enjoy. Remember, blood and guts are fun, but watch out for broken bones (especially toes which are extremely vulnerable in a pit if you do not have steel toed shoes on).

technique has found it's way into America's therapy offices. It is called music therapy and researchers believe that the notes and rhythms of some songs have the strange power to heal.

Not only does music relax the patient, it also helps relax the doctors in operating room. Many reported feeling stress free and needing quantities less recovery medicine. Strange things have come to the surface regarding patients who listen to music while recovering. Migraine headache sufferers reported to have had one sixth less headaches during the year when they listen to music during their therapy. Premature babies gained weight faster and were able to leave the hospital earlier than those who did not listen to music.

Music has three medical healing abilities. First it aids in improving pain, anxiety, and depression. When someone is depressed a piece of favorite music can really help to lift spirits and quicken recovery time. Another important benefit of music therapy is the fact it improves men-

In order to make music therapy truly beneficial to health, one must follow a rigorous listening schedule. But, most agree it is an enjoyable break from the everyday strains of life. Sharing music with others also causes the giver to feel a special boand to the receiver because of this musical power.

Even if the music does not instantly heal a patient it does provide a beautiful outlet for tension and depression. It also encourages the sufferer to take their mind off the disease even if it only is for 30 minutes a day. Although music is not the instant cure for every ailment, it can be a useful therapy accompaniment and medicine.



do? Share or die. People also do amazing things in the pit if someone else has to puke, I am sure that you can imagine.

Some people go to the pit because they feel as if they want to witness a freak show, this is just not mosh pit ethical. Yes there will be green and pink haired teens and nose ringed moshers; maybe you will even see two girls hand-cuffed together. These people are merely exercising their right of free expression given by the almighty mosh god in the sky.



## The industrial sound **Offspring another "Bad Habit"**

#### by Lee Booth - Heather Stanley

The music industry is a vast, and sometimes heartless place. The music industry is large. It seems to have no end, but it does.

The industry belongs to the musicians and the fans. The musicians make the music for the people to listen to. The fans are the ones who buy the music. The relationship between the musicians and the fans is a special one.

The relationship is a strong one. That is why fans flocked to Kurt Cobain's house when he died. There was also a large following of the "New Kids on the Block" a few years back. Even though a lot of girls would love to forget this time in their lives, they had a good relationship with the group.

Music and Radio

This relationship is broken by the record company, the people who promote the music. That is why you hear some songs on some radio stations and five months later it is new on another station. To paraphrase the music director of WHOT/HOT FM

101, Jonny Heartwell, a band like "Green Day" will get a lot of play on a station like WENZ, THE END 107.9. which specializes in Alternative music. Radio stations like WHOT, who plays Top 40 music, has to wait for bands like "Green Day" and "Offspring" to have a Top 40 hit.

Do record companies push some songs on the air? Yes, explained Chuck Stevens, the music director for WOXK; K 105 FM. Companies send material once a week that they want played and how much they would like it played. From there on Stevens decides who to play and how much.

The reason you hear a song over and over again is because the radio station has to appeal to a lot of people at once, so popular songs are played a lot.

Music and Concerts

Then there is Ticketmaster, the company that handles ticket sales to the public for concerts and other stuff. They also charge service charges to the ticket, which pays for the service and is their profit. There

are published articles in Time and Rolling Stone magazine that say that service charges can reach up to \$18.00. That means if you pay \$25.00 to see a band there maybe an extra \$5.00 to \$18.00 added on to the ticket.

You are asking who is making the big deal about this? Pearl Jam is. They filed a memorandum with the

Justice Department alleging Ticketmaster has an illegal monopoly on the ticket handling business. Band members Stone Gossard and Jeff Ament even testified in front of a congressional committee about ticketmaster practices. The reason this started was that Pearl Jam wanted to have there summer concert tickets to cost less then \$20.00. That meant that Ticketmaster would have only gotten \$1.80 in service fees per ticket. I attempted to contact Ticketmaster office in Pittsburgh, but they failed to return my phone calls.

The music industry may seem endless, but it does end. It ends when the fans and the musicians say so.

Any Offspring fans out there? Well, for those of you who are, you missed a great concert Sat., Feb. 25 (Unless you were one of the lucky ones who got to go to the concert that sold out in 11 minutes). The Offspring had two opening punk bands. The first band was called No Use For A Name, (they sounded great) and Quicksand (the second band) was also remarkable. I enjoyed all the bands, they gave an excellent performance. And for those

of you moshers out there, the pit was intense. This was a fun pit to float in, I was getting tossed back and forth one of the many times I floated, and it was cool. The introduction before the band came out began with the beginning instrumental of "Come Out and Play" and lead into the song "Bad Habit." At some point in the song, the lead singer took a stage dive near me and I got to touch him. The overall feeling of the concert was that it was a success.

# Panterafied

by Alvina Karlis

### by Lee Booth

Music at the movies

by Sara Washington

Pantera is known for powerful, hard hitting lyrics and sound. It all came out in their performance at the James A. Rhodes Arena in Akron on Feb. 19, 1995.

There was one opening band, Type O Negative, which is a gothic band. They were very good. Some of the people in the pit did not seem to like them. I heard a few comments like "O.K. thank you, good night," or "We want Pantera now." I suppose they were purely there to see Pantera. With the chest pounding

Could you imagine sitting through

an entire movie, and not hearing one

song? Well do not worry the way

movie soundtracks are selling today l

doubt this would ever happen. At one

time soundtracks use to be nothing

more than a simple after thought and

they usually ended up on the shelf

just collecting dust. Then in 1984, 10

movie soundtracks went platinum,

and ever since they seem to be hot

items. Although they are big today,

they are not a new idea. In the 70's

there was "Saturday Night Fever,"

beat of "I'm broken," Pantera was on the stage. They did a wide variety of their songs such as "New Level," "Walk," and "Five minutes alone."

Throughout the whole show Phil Anselmo talked directly to the crowd, which I thought was great.

After the show Pantera came back on the stage to do an encore, which was "Planet Caravan," which is an old Black Sabbath song.

My opinion of the overall show is that it was loud and great.

and in the 80's it was "Top Gun,"

now its anything from "Reality

tracks because they can promote a

movie in a big way, and they are

cheap to produce and easy to make.

Soundtracks can also give an

unknown artist a name. So, they are

useful in more than one way. The

next time your checking out the latest

CD at the record store why not check

out a soundtrack, they seem to be a

Directors like the use of sound-

Bites" to "Above the Rim."

## Irish or Not by Jennifer Simmons

A.D., but not in Ireland. He was cap-

What is the first thing you think of when St. Patricks Day is mentioned? First of all, everyone thinks of the color green, color of the Irish. Then of course one thinks of the green shamrock, which is the national emblem of Ireland. Your next thoughts usually goes to food; serving green beer, corn beef, and cab-Another favorite idea that spirit were the three leaves. springs from St. Patricks Day is the

Irish or not because on St. Patricks Day everyone is definitely Irish.

ends that surround them. St. Patrick, whom the holiday is named after was born around 385

legendary leprechauns and the leg-

bage.

tured and sold into slavery to a high priest. He was used as a sheep herder. At this time St. Patrick experienced a destiny to be freeing the Irish people from paganism. He escaped and went back to Ireland to fulfill his dream. Patrick used the shamrock to explain the holy trinity; father, son, and holy

It doesn't matter whether you're

The Author?



## The Irish Blessing:

"May there always be work for your hands to do;

May your purse always hold a coin or two;

May the sun always shine on your windowpane;

May a rainbow be certain to follow each rain:

May the hand of a friend always

be near you; May God fill your heart with gladness to cheer you.'

## The musicians act

#### by Heather Stanley

Is it me, or are rock stars today a little alike? Not musically, but there is this hand book on proper rock star behavior. There is even a sequel for proper fan behavior. People follow these so-called rules as if it is national security. Why?

Why are so-called alternative musicians name something odd? Why can not they be named just Joe, Bob, or even just Mike?

Why is it musicians or the media are always whining all the time about how fame came so fast? Most bands play for small groups for maybe five years, and then one day they are mobbed buying buying underwear at Wal-Mart. So why is it someone has to be whining about it?

Then there are lead singers. Why do some act a little crazy? Is it a must that a lead singer have psychological

or what?

top ten band, they are considered sell-outs. They become well-known in April and by August they are considered sell-outs because they have been played or overplayed on certain "popular" radio stations.

Why are groups labeled as alternative, and then once they become well-known they are not anymore? Is not alternative main-stream anymore? Is there an alternative to alternative?

Why are lyrics to songs, especially metal/alternative have to be as bizarre as possible? It seems that "simple" songs such as "Circle of Life" by Elton John are hated, but "weird" ones like "Closer" by Nine Inch Nails are loved

If there are answers to these ques-

big hit.

Why is it once a band becomes a





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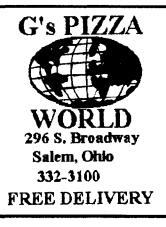
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#### problems:

Then there is the media whose headline reads with the band's name, but the article is about one member, usually the lead singer. The perfect example, has anyone ever seen a lot of articles about Nine Inch Nails that does not focus on the lead singer.

Why do musicians have to have pet charities? Why do fans have to be subjected to endless public service messages about some poor white bunny in the big old bad research laboratory? Is this political correctness



tions, bring them forth. A logical reason would be enjoyed, so the world does not have to wonder why someone like Eddie Vedder is acting like a nut case.





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# Sports What is and what could've been

Salem boys basketball did one thing this year that they couldn't do last year. Win games. "We've been able to beat two or three teams we shouldn't have beaten," says Salem's first year coach Kevin Longanecker. 'We've been able to be competitive. We've developed an attitude about basketball in Salem. Salem now expects success. The fall sports were successful and we were successful. We picked up where the football team left off. I don't think people like to come to Salem anymore because they have to face a competitive team," he says.

After defeating Canfield, Salem had only four MAC games left to try to claim the conference championship. They began the right way by beating Niles on the road, 57-56. Next came Girard. This game would be a matter of revenge because of the heart-breaking loss at home to them. Revenge would not happen though as Salem dropped to 8-9 getting runover by Girard, 75-61. Jeff Howells and Josh Hendershott led the Quakers with 15 points each. If Salem had beaten Girard they would've ensured at least second place. Now the championship was gone, along with second place. Now all Salem could hope for was a third place finish with now two games left.

The next game would be Struthers at home. This game would be the cause of a lot of controversy in Salem. Because of his questioning of an official's call, brock Engle was benched mid-way through the first quarter and never returned to the game much to the dislike of the Salem fans who chanted Engle's name throughout the entire game in hope for his return. Despite the loss of Engle who leads the team in scoring with 12.4 ppg. and assists with 2.6 a game, Salem still won 53-39 behind a strong 18 points from Josh Hendershott and an excellent performance from Mike Riesen who racked up 12 points and four rebounds.

The Quakers last chance for a conference win would come in Poland. The Quakers started out poorly trailing 16-5 after only one quarter. Because of the extreme poor officiating in the game, Jeff Howells, who averages 12.1 points a game, got in foul trouble early getting three fouls in the first quarter alone and was forced to sit the bench for most of the second quarter. "It was hard to get into the flow of the game," says coach Longanecker. "I hate to see games decided by officiating." Then to make things even worse, the teams leading rebounder at 6.4 a game Josh Hendershott fouled out late in the third. The game was now basically in the hands of Ryan Zocolo, Mike Riesen, and Engle.

After trailing at half-time, 34-24, the team's play began to pick-up in the second half. The started off slow but began to surge back as Ryan Zocolo, who shoots nearly 44 percent from three-point land, lit up the scoreboard with his three-point barrage. Then the fouls came back into play as both Howells and Zocolo fouled out within minutes of each other. At one point, the Quakers cut the lead all the way down to eight points, but then a Poland three-pointer killed the rally. The Quaker effort proved to be too little too late, even with Engle's three-pointer and Mike Riesen's steal and basket, as the game ended 72-62. Engle who started out slow finished strong with 21 points. Ryan Zocolo added an excellent shooting performance with his 20 points. The most sickening statistic from this game was the 26 fouls called against the Quakers.

Because of the loss to Poland, the Quakers finished the season in a tie for third place in the MAC with Howland at a conference record of 7-5. "The latter half of the season was better than the first half," says coach Longanecker. "It's better to be playing good heading into the tournaments though. Our last six or seven games we have had more people involved in our offense. We used to have more balanced scoring but now we've had up to four guys in double digits. That makes us harder to defend," he says.

The Quakers went into the tournament at 10-10 after defeating West Branch 68-61. The third game against Poland in the first round of the tournament on Feb. 28. Unfortunately the results were the same as the first two meetings as Poland won 56-46 in a game that saw the Quakers struggle offensively.

The jayvees season fell flat at the end losing three consecutive games to Girard, Struthers, and Poland. The Poland game being the worst performance as they shot only 21 percent from the field and lost 40-30. The jayvees finished at 6-6 in the MAC and 11-9 overall.

Now that this season of Salem basketball has come to a close, now it is time to focus on the future. "I'm encouraged," says coach Longanecker. "The seventh-graders were only one game below .500 and the eighth-grade/ was 13-2 and a number one seed. The freshmen are playing much better. The jayvees started fast, but they're better than their record indicates. I'm excited, our future's promising."

by Lance Cranmer



Joel Stewart leads the team to their 10th win over West Branch with his 16 points.

## Faces in the crowd by Danielle Conser

#### Name: Kara Clark

- Grade: 11
  - Number of varsity letters received: 4 Sports: volleyball, basketball, softball
  - Favorite pro team: 49ers
  - Favorite athlete: Liz Masakayan and Ben Hettinga
  - Favorite college: University of South Carolina and Penn State
  - Favorite teacher: Mr. Bennett
  - Favorite music group: Eagles
  - Favorite song: "Here Comes the Hot
- Stepper" Future plans: go to college and play
- volleyball Thing you like most about SHS:
- sports Thing you like least about SHS: the
- school spirit Who's your hero: Mr. Bennett
- Would you pay to play a sport or would you move: I would pay if I
- liked the school enough What would you like to do before you die: take a trip around the world
- Name: Kristin Doyle Grade: 11
- Number of varsity letters received: 4 Sports: tennis, track and field
- Favorite pro team: Bulls

## Favorite athlete: Jackie Joyner-

- Kersee Favorite college: Akron
- Favorite teacher: Mr. Z
- Favorite music group: David Allen Coe
- Favorite song: "She Never Called Me by that Name"
- Future plans: college
- Thing you like most about SHS: learning
- Thing you like least about SHS: the way the fans over the lights in the auditorium create a strobelight effect on your paper during standardized tests
- Who's your hero: Zen-Dar
- Would you pay to play a sport or would you move: pay
- What would you like to do before you die: spend an evening guzzling
- Nestea with Rick and Stacie Name: Ryan Zocolo
- Grade: 11
- Number of varsity letters received: 3
- Sports: basketball, soccer
- Favorite pro team: Phoenix Suns Favorite athlete: Ray Allen (Conn.
  - Huskies)
- Favorite college: Michigan Favorite teacher: Mr. Viencek Favorite music group: Chicago

- Future plans: go to college and major in communications
- Thing you like most about SHS: sports, friends, and Coach Longanecker
- Thing you like least about SHS: math courses and chemistry
- Who's your hero: Isiah Thomas
- Would you pay to play a sport or would you move: pay
- What would you like to do before you die: work at ESPN with Mike
- Tirico Name: Rob Tamburro
- Grade: 12
- Number of varsity letters received: 4
- Sports: baseball and football
- Favorite pro team: New York Mets Favorite athlete: Corey Belaney
- Favorite college: YSU
- Favorite teacher: Mr. Martinelli and Mr. Bennett
- Favorite music group: Talking Heads Favorite song: Short Short Man
- Future plans: to be a bum and play pro baseball
- Thing you like most about SHS: Mr. Martinelli's art class
- Thing you like least about SHS: lunch prices
- Would you pay to play a sport or would you move: pay

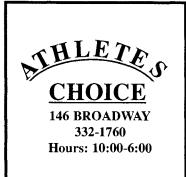
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## Girl's season falls short

#### by Chad Hofmann

Hopes for the state crown were crushed when the Lady Quakers lost to a strong Ravenna team in the division II sectional Monday, February 20. The Quakers ended the season with an overall record of 15-5 and MAC record of 8-4, losing to Canfield twice, Poland and Struthers once, and Ravenna in the playoffs. Even though they didn't do as well as expected, the girls are not disappointed. "Our kids played hard, and we had a nice season," said coach Roger Ziegler. Stat leaders for the Quakers against Ravenna were Tennille Abrams with 12 points, 5 rebounds, and 1 assist; Shelby Perry with 10 points and 8 rebounds; Jana Stewart with 8 points, 3 rebounds, and 3 assists; and Tarren Turvey with 8 points, 6 rebounds, 1 steal and 1 assist.

The girls are satisfied with the way the season went. Senior Liz Winch said, "We had a very good season and a lot to be proud of."

Sophomore Sarah Sommers said, "We played very well considering all the injuries and illnesses that plagued us throughout the season." The major injuries belonging to Jana Stewart and Liz Winch, both with knee problems.

Sophomore Sara Fennema said, "The team played hard all season, we have nothing to be ashamed of."

The Lady Quakers gave it their all this year and ended up with a victorious season. Now the under class (wo)men will be looking forward to next year to dominate the competition and strive to break this year's team record and mark their own place in the history books.

Favorite song: "On Bended Knee



Shelby Perry drives for two.

## Page 6 The cream of the crop

#### by Ryan Raymond

Throughout the history of Salem, there have been many great athletes and athletic teams. Teams such as the 1959 boys basketball team, the 1969-70 wrestling team, and in the 1993-94 girls basketball team.

The top three boys basketball teams throughout Salem's history would have to be the 1958, '59, and '62 teams. The '59 team went 17-1 for the season, 8-1 in tournaments, were ranked third in the State, and were Ohio AA State Runners-Up. The next best team would have to be the boys of '62. They held a 16-2 record for the season and won four of five tournament games. The four wins gave them a fourth place State ranking. In '58, ranked fifth in the State, the team went 18-0 and added two more wins in tournaments.

Among these great teams were some great individuals such as William Beery, Woody Deitch, Donald Davidson, and David Hunter. Beery scored the most career points (1170 pts. in three years), most points in one season (486 pts. in 1963), scored in double-digits 53 times (22 of those were consecutively), All Big-8 (1962-63), All Ohio 2nd team ('63), and was also an "outstanding quarterback and a superb 440 yard dasher." Deitch was the first Salem athlete to make All Ohio first team. He also scored 461 points in 1959, scored in double figures 26 straight times, and North-South Allstar game in '59. Davidson was a member of the All-Ohio Highschool Basketball team. Hunter scored the most points in one game with 43 points in 1959, best foul shooting percentage (83.77), and played for the North in the North-South game.

In addition, more recently, the 1985 team deserves recognition too. They were 19-3 and captured Salem's first outright league championship. Former Coach George Spack said that the team was so successful because they loved to play. "To be successful in anything you have to have a passion for what you are doing." He also said they committed to excellence, they were well disciplined and unselfish.

Girls basketball has had its moments too. The 1993-94 team was 24-2. They also were Sectional, District, and Regional champions. They qualified for State while ranking fifth while ranking fifth in the final Associated Press Division II



Poll. In 1979 the team went 19-1 in regular season play. The loss came in their final game of the season. They then went on to be District champs and won their first regional game but lost in the finals. The final record was 24-2 with a fifth place ranking in the State final poll. In 1980 the eighth ranked team held a record of 18-2. They became District champions and again won the first game of

Regionals and lost the final game ending the year with a 23-2 record.

Former coach, Mr. Readshaw said, "I was blessed to work with very dedicated hard working girls." He said they made the sacrifices needed to be champions. He said that the "run and gun" team scored an average of 70 points a game compared to the opponents average of 40. Mr. Readshaw said that the best individual of all time would have to be Tammy Baily who was the leading scorer.

The top three wrestling teams are hard to decide. The top individuals seemed to be easier to choose. Nelson Cope, Brian Davidson, Kirk Lowdermilk, Corey Belaney, David Janofa, Mike Waterson and Bob Citino. Waterson and Citino were wrestlers during the 1969-70 team along with many other great members that lead the team to a second place finish in a strong area of competition. Cope is the '94 Sectional and District champ and a State Place Winner. In '93, he also won the Sectional and District championship and Runner-up in State. Also in '92 he placed in the State Tournament. Lowdermilk was State Champion in 1981. Davidson, wrestling while legally blind, was a State qualifier in '82. Janofa was District champ and finished sixth in State. Belaney was a State qualifier in 1994.

There have been many good teams and athletes throughout history, too many to name them, and if history does repeat itself then we can look forward for more history-makers.

## **Wrestlers** begin tournament action

#### by Danielle Conser

As the wrestling team began tournament action, they left behind them a record of 8-6. Now every member of the team must work his way up through the tournament, striving for what every wrestler wants; the state championship.

The team's intensity is rising as their mental game reaches its peak. They have scrimmaged other schools to help prepare themselves for the many opponents they are sure to

But the key is to remain mentally tough. And like any team they like to have fun. As the season wears on, many of the wrestlers have begun to lose their concentration. But senior Greg Swiger says that their overall attitude is good.

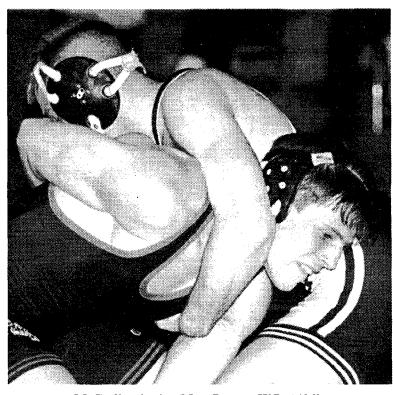
While wrestling is more of an individual sport, team support is also crucial. It really helps the wrestlers when they know that their teammates are pulling for them. Senior Terry Bowlin (individual record of 16-7) says, "You do the best you can (as an individual) but you also have to support the others.

Each person as an individual must be prepared both mentally and phys-

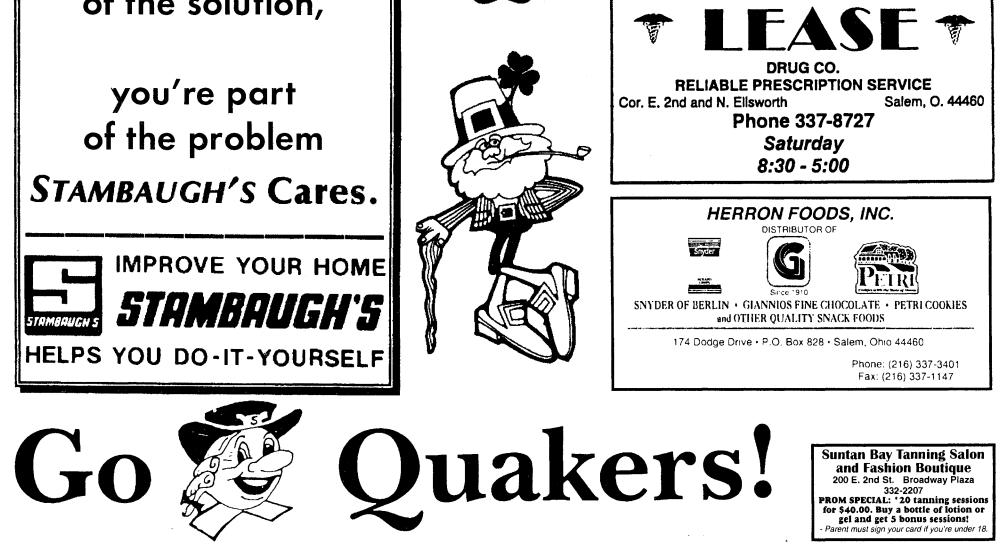
ically. Senior Matt Kunar (individual record of 20-3) says that as you go into tournaments, you must go in "thinking you're the best and that no one can beat you." Each person must work just a litle bit harder than the others so that he can come out on top. This means concentrating on wrestling more than just a couple of hours a night.

People say, "if you believe it, you can do it." Many psychologists agree saying that sports are only 25 percent physical. The other 75 percent is mental. And those who are mentally tough are those we see walking around with the state titles.

At the Sectional Tournament on February 24 and 25 Matt Kunar (189), Corey Belaney (215), Brian McCaslin (140), and Josh Mendez (135) advanced to the District tournament held this past weekend at Akron Firestone High School. The wrestling team must continue to FOCUS. If they can keep things in perspective and keep wrestling number one in their minds, there's no telling how many wrestlers Salem will send to the state tournament this March 9-11.



McCaslin pinning Matt Brogan W.B. 140 lbs.



# **GET INVOLVED:**

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