

The

Quaker



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Salem's historical landmarks

by Tonya Barnard

As you drive down State Street and look at all the buildings, did you ever think any of them would ever be a historical building? How about driving down South Lincoln Avenue and seeing all the old homes?

Maybe your house or someone's house that you know is a historical home. Did you ever realize that you live in a town with lots of historical homes and buildings? You should check the history of your town and homes around you.

The Elks on State Street is a historical building. It was instituted in Sa-



lem as it did when it was built. You never could tell how long it's been here.

The corner of State and Broadway has been the home of the First National

Bank in Salem since 1863. From this site the banking needs of this community have been served continuously for 93 years, through wars, panics and depression.

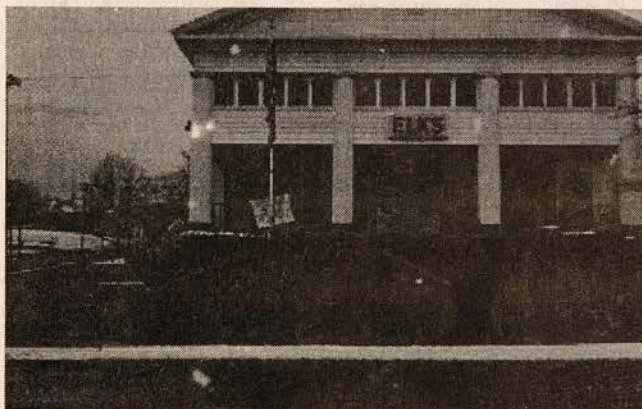
South Lincoln Avenue has a long line of historical homes extending from before Franklin Street to after Euclid Street on both sides.

One of these homes is at 829 South Lincoln Avenue, built in 1859. The owners were Elizabeth and Benjamin Jones. The house is believed to have had the first bathtub in Salem.

The Jones were the last editors of the "Anti-slavery Bugle" newspaper. On May 4, 1861, Mr.

Jones was informed that his writings on opposition to slavery had so aroused the anger of the "Butternuts," a group of favoring states rights, that they planned to tar and feather him. He packed his things and contacted his neighbor Hiram Greiner with the abrupt question, "Hiram, would thee like to buy my house? I'm leaving town tonight." Mr. Jones was never seen in Salem again and Mr. Greiner's son was the last owner.

Take a look around your town and see if any homes or buildings are old enough to be historical. You will be surprised to see that there are a lot of historical structures near you.



lem on November 22, 1932. Look, it looks almost exactly

Bank in Salem since 1863. From this site the banking

Inside

Feature	1-3
Concerns	4-6
Editorial	7-8
News	9-10
Entertain.	11-13
Sports	14-16

Your complete guide to not wasting away your spring break

by Tracy Drake & Jennifer Weingart

Sun, sand, and surf sound appealing to any teenager longing for an escape from the everyday routines of school. But there are alternatives to a sun-soaked spring break. (Not everyone enjoys wet T-shirt contests, tanned chests, and "beer bong".)

Don't consider yourself unfortunate if your vacation isn't going to be anywhere other than the quaint little city of Salem. You could get a head start on spring cleaning. (What is the point of letting those dirty socks from gym class last October stink up your room any worse than they already have?) You could also have a party or get-together for you and those friends of yours who are also condemned to "Gopher Prairie". Or you could actually get a job and impress your friends after spring break with all the clothes and other luxuries you can now afford and they cannot. If all else fails, resort to Jadey Berger's *96 things to do in Salem in '96*, which is an excellent resource for those suffering from chronic boredom, and should already be glued to your wall anyway. Why not plant some flowers? Go on a hike. Go shopping in Cleveland or Pittsburgh for a day. Go watch the Pirates at Three Rivers Stadium (after April 1) just to see some good ole' baseball.

If it is warm enough outside, early spring is the perfect time to catch some constellations and planets. According to the article "Seasons of Earth & Sky", by Fred Schaaf (which was featured in the February - March 1993 issue of *Mother Earth News*), the brightest star of

spring, Sirius, can be found in the south. After nightfall, Leo the Lion and its heart, Regulus, can be seen in the east. In the northeast, the Big Dipper stands on its handle in the early evening.

The most fascinating things that can be seen in the spring are Mercury and Venus. Mercury is low in the west,

just a little after sunset. Venus is the biggest and brightest - it can be seen even before sunset about halfway up the southwestern sky. If you have a telescope, Mars and Jupiter can also be seen. This may sound dull, but imagine actually being able to see other worlds that you mostly only hear about.

If you are definitely relocating for spring break, good for you! What better time to see the world (or half-naked bodies on the beach) than the refreshing week away from "that place"?! If you are traveling to places with warmer temperatures, it will be more relaxing for you if your trip is already taken care of (reservations, tickets, bills, etc.), but if it is not, don't bother. According to Gad-About Tours in Columbiana, hotels and other places to stay in the southern states (Florida, the Carolinas, etc.) are mostly already booked. If you are

traveling down that way it is better to not make any reservations, because you won't be able to. Instead, they suggest having a couple places in mind, but plan on being spontaneous

when it comes to decision-making.

Need suggestions for easy, relatively inexpensive trips? Well,

there will always be the option of driving or flying to Daytona Beach or Panama City Beach, Florida. These places, at least, will cost about \$400 if you drive down. There is also Ft. Lauderdale, Tampa, and Miami, Florida, Myrtle Beach, South Carolina, and many other "beached out" towns that are just waiting for your patronage. But be prepared to spend some money. Nothing is cheap.

Though, according to many of the local travel agencies, Florida, Cancun, and the Caribbean are the hot spots this year, the ski season is not over yet. Several ski resorts are only hours away, and you won't have to wear thirty sweaters, three pairs of snow pants and fifty pairs of socks to keep warm. And there won't be any long lines for the ski lift or anything, because everyone will be in Florida. New En-

gland may not be a bad idea after all. You have all summer to catch some melanoma.

Do you like riding the bus? Gad-About Tours is offering several trips occurring during spring break. They have trips to Toronto, Texas and New Orleans, Atlantic City, and a bus ride to Pittsburgh, where you will take a scenic Amtrak train ride to Altoona. These trips cost a lot less than what you would pay if you traveled yourself. But don't wait too long to make reservations, or you'll miss out. If you are interested, call (330) 482-2321 or 1-800-423-8948. To plan any trip at all, get in touch with Salem's travel agencies. Call AAA Columbiana County Motor Club at 332-0371, Uniglobe at 332-0311, or look in the Yellow Pages for other listings.

As for where some of the SHS student body wishes it were going this spring break, well, it's pretty imaginative. According to the results of the survey, 42% of the responses say they would want to go to Florida, 8% say they would like to visit Tennessee, 8% say they would like to go to the Virgin Islands, and the other 32% chose various places such as Colorado, Malibu Shores, and Hawaii. We also chose the Top 7 Places SHS students want to be between March 29 and April 9 and why...

Shelby Perry (11) - Memphis, Tennessee, so I can see the King at his palace! (Graceland)

Alice Crawford (12) - Malibu Shores with the Hoochies and Matt DeBarr
Nick Marroulis (12) - Hawaii with any supermodel

Spring Break cont. pg. 10



Is staying fit a concern for students?

by Theresa Frazier

A lot of people today are trying to lose weight. Unfortunately, most of the people are taking the wrong approach to losing those trouble areas.

Dieting is not the best way to lose that extra weight. Diets, which disrupt your body's metabolic cycle, are designed to throw your body into a sudden state of shock to make you lose weight. Since your extra pounds did not come over night, you can't expect them to disappear that way either.

If you want to know if there are a few pounds you could stand to lose, take the *Dr. Berger's Immune Power Diet* pinch test. It's easy, take your thumb and forefinger to take a pinch of your waist line. If you can pinch 1/2 inch or more, your body's weight control system has banked too much energy in your fat reserves.

Fat cells unleash a destructive pull between your immune system and you. The more fat you have, the worse shape your im-

mune system is in and the more susceptible you are to get sick.

Fat bank accounts are different because of your sex. You just store fat differently. Male fat bank accounts are their stomach, upper back, and neck. In a female, their bank accounts are in their stomach, thighs, and buttocks.

The more obese you are, the more vulnerable you are to:

- * colds
- * flu
- * serious infections
- * viral diseases
- * diabetes
- * cancer

Along with eating disorders, obese people also are more vulnerable to:

- * low energy and stamina
- * mood swings
- * frequent illness
- * weakness
- * faster aging
- * health problems

Each pound extra you gain makes it harder to lose and easier to gain. Millions of people count calories and still can't lose, because calories are not the

key to weight loss. You will not get rid of those unwanted pounds unless you remove the cause of it, which is a bad equilibrium (weight, state of balance and adjustment between opposing actions or influences).

Since it is getting close to prom time I figured that this article should be written for all of the people who are going to tanning and going to starve themselves and diet to be thin for prom. Now you have a little more information on what you are going to be doing to your bodies. If you are going to try and lose, exercise, eat healthy, and most important give it time. Don't try to pull a three day miracle. Some exercises you can do to try get your body into shape is running, riding bikes, playing sports, or going and getting a membership to a fitness club and working out for a few hours, or even an hour a day, to get back into shape.

Following is what SHS students think about staying fit.

Chris Plunkett - I don't think it is a concern for me, but if I were heavier I think it would.

Casey Collins- Yes, definitely, because I run close to four miles a day and I want to marry a girl with a hard body and a soft face, which can only be achieved through exercise.

Kerry Vance- Look around, it certainly should be.

Josh Sowers- Yes, unless it involves eating health food.

Diane DeFazio- Staying fit? Maybe staying ultra - semi -anorexic- thin. It really depends on the person.

Liz Russel- " Like yeah, cuz if my ribs don't like totally stick out, I might, like, never be popular!

Dan Polshaw- Considering the growing population of our school, (not popularity) staying fit would be a good idea when fighting your way through the halls.

Tom Cosma- I have milk in my refrigerator and cheese too.

Devon Cleland- yeah.

Sources: *The Duke University Medical Center Book of Diet and Fitness*, *Dr. Berger's Immune Power Diet* by Stuart M. Berger, M.D.

Primping for prom

by Janet Metts

It's finally that time of year again. That's right, it's prom time. Time to buy that new dress, and rent that tux. But to find the perfect dress you need to know what everyone will be wearing. Each year there is a new style, something new to try. So to beat the shopping mall disaster to find that dress, here are some tips to help you, and where to buy.

If you want to go to where you can save money, try Gantos at the Southern Park Mall. They have a variety, at low prices. You can even try the Burlington Coat Factory in

Boardman. Their sizes range from 2 - 24, and they also sell at reasonable prices. To go for the more fancy and expensive you can try Henri's in Minerva, Nancy's Fashions in Salem and Laura's Bridal also in Salem. These stores have dresses for everyone and at reasonable prices.

This year, the simple but romantic look is what is in style. Satins and velvets is what most of the girls will be wearing. Wearing a long dress with a sleek look is going to be the style for this year's prom, so be creative look around and have fun with it.

Betty's Fashions

"For Memories after the music stops."

(New Location, still in Boardman Plaza.)

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Dress shoes (\$125.00 value) with the purchase of a Prom Dress with a value greater than \$150.00.



Concerns

Around the world in 11 days

by Erika Leach

Senora Hutson has arranged a trip for anyone who would like to explore the other side of the world over spring break. Four other chaperones are also taking on the burden and responsibility of watching over students in these exotic countries, what a chore!

The group will be departing on March 30, and will start their tour in New York. Then at 5 p.m. of that same evening, they board the flight to Rome. They will also be traveling to Florence, Pisa, Monaco, Barcelona, France, Italy, and Madrid. Senora Hutson was sure to include a lesson of French and Italian so the students have some clue to what people are talking about.

The thought of hanging out in the Coliseum of Rome on a Friday afternoon, or taking a walk in the Field of Miracles where you can see the six stories of white marble comprising the twelfth century Leaning Tower of Pisa sounds a little drab. Salem is much more interesting, right?

The group will be returning on April the ninth. So, everyone that's going, have a good time, and good luck.

History lesson

by Sara Caplinger

In the last 10 years women have become a part of what was considered a "mans world." Surprise, we now have women doctors, lawyers, judges, machinists, the list goes on. It is no longer a womans duty to stay home and make sure her husband's domain is to perfection. Women are now liable to live and support themselves without the help of a man.

There was a time when a woman was to stay at home, become a care giver for her husband and care for her children while the man brought home the milk and bread. In 1996 women now have better paying jobs, and in some cases it is the woman who is supporting her husband. Women are on the move.

For over a 100 years women have joined together to form a women's rights movement. Some of the great leaders were Susan B. Anthony, Margaret Sanger and Betty Friedan. They have helped the nation of women become recognized in the man's world. These great women played a major part in our history. Yet they are hardly heard about in our history books. We all learned about George Washington, first president; Thomas Edison, great inventor; Abraham Lincoln, freed the slaves,

but what about the women who fought to have there rights. Why do we not learn about them; their strength, their power?

Facts:

Susan B. Anthony- illegally voted in 1872 election

-for fifty years Anthony and partner Elizabeth Cady Stanton fought to win women right to vote

- fourteen years after her death (in 1920) the Nineteenth Amendment (the SusanB. Anthony Amendment) giving women the right to vote

-1950 Anthony was elected into the Hall of Fame for Great America

- only face of a women on U.S. currency

- nick name "Aunt Susan"

-quote "Failure is impossible!"

Margaret Sanger - profession-nurse

-tried to help women from having unwanted pregnancies

-provided birth control information to women, which in 1914 was a serious crime

- indicted on nine counts of providing the information

- "fought life long battles for all women around the world"

- thrown in jail eight times- had many supporters

- opened first birth control clinic in U.S. in Brooklyn, New York police immediately closed the clinic.

- was awarded Medal of Honor from the American Women's Association

Betty Friedan - demands: equal opportunity in employment and education, legalization of abortion, and 24-hour day care for children with mothers who work

- formed the National Organization for Women (NOW)

- fought against sex discrimination

- her organization gave a new public image of the modern women

Concerns

Salem's finest?

by T.A Szwedko

Put yourself in this situation. It's late Saturday night and you are on your way home. Suddenly a little man in a navy blue Crown Victoria pulls behind you and hits his lights, his blue and red lights. As you bring your car to a stop, you began to wonder what you did wrong this time. In your mirror you can see that it's the same cop that follows you for a block and pulls away, the same cop that breaks up your party, and the same cop that seems to be everywhere you are. As the man in the little black uniform approaches your vehicle, he asks how you are. You say

fine and the next thing you know your being frisked by the "long arm of the law" with your hands on the hood of a police cruiser. After the embarrassment of a "pat down," your vehicle is searched for a fire arm. That's the kind of thing that happened to a S.H.S junior and a senior on two different occasions.

Every Friday and Saturday night, students of S.H.S take to State Street to cruise and have a little fun. But for some students, fun on the street includes getting hassled by and running away from Salem's Finest.

"For some reason they just won't leave us alone," said one senior. When Mr. Officer see's a select group of cars in a certain spot, they find it necessary to chase them out. And chase is exactly what they do. "Sometime's we have to floor it to get away. They usually just chase us for a block or so then turn off," said a junior. Is this really what we need on a crowded street? Don't you think that the police should be catching robbers, rapists and killers? Even eating doughnuts would be better than chasing teens from a burger joint.

Students as well as myself are fed up with the Salem Police Force. This is not about the entire Police Department, because there are more good police officers than bad. We can't be afraid of people that are supposed to "Serve and protect." When I asked an officer about the events, the reaction was that of surprise and denial.

Why did these things happen? What makes the police so suspicious of teenagers meeting in a certain spot? Until the police and the super cruisers come to amends, we'll never know.

Note: The identities of the two students have been withheld



Quaker's Proposal on Student Expression

We, the staff of *The Quaker*, hereby acknowledge our responsibility to provide informative and entertaining reading.

We guarantee to keep our readers informed of various events and issues of concern to the students, staff, and parents of Salem Senior High School. *The Quaker* reserves the right to censor articles.

The principal has the final say on censoring an article.

To make *The Quaker* a credible newspaper, we will aim for accuracy and objectivity.

We must also respect the rights of others while we gather and present news. We are not permitted to invade a person's right to privacy.

It is also our duty to make prompt corrections when necessary.

Since *The Quaker* is a forum, we encourage input from our readers in the form of stories, essays, letters, etc.

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Concerns

Accepting reality

by Shawna Smith

There are many job opportunities to pursue. All require a certain amount of education and training. The SHS has a program that allows student teacher to do a hands on program. To become a teacher you must be able to pass 2 tests. One is a general knowledge and a professional knowledge test. The second test is required by the state of Ohio. The student teacher also requires 360 hours of observing. You can start observing when you are a sophomore in college. They also need about 200 hours of teaching. You must be a senior in college to start teaching.

Mr. Ziegler, a Senior at Mount Union college, is a student teacher for Mrs. Hays, at the Salem High

School. He has been here for about 6 weeks. Previous to that he was a student teacher at Alliance. "Teaching is more involved then I thought. There is a lot of planning to do, grading and time factors." Ziegler has found out that one thing does not work for everybody.

He has found that it has been interesting to see how different teachers use different tactics to work with the students. Ziegler thinks that there is a different per-

spective from when he was the student, to him being the teacher.



In May, Ziegler will be certified to teach mathematics. He is hoping that there will be a job opportunity for him. While he waits he is coaching basketball for United. Being a student teacher has been an experience.

"I have had an enjoyable time, the staff is re-

ally nice, and the students cooperate," says Ziegler.

Soon this experience will be over for Mr. Ziegler. He will have to face the world. Trying to put his education into practice. Soon every one's training will come to an end. We need to put together everything we have learned and face the real world. Accepting reality will help us realize we are mature and ready to face the real world. Everything in life has a price. Whether it be training to pursue your career in life, or making mistakes. When making mistakes we need to admit to them and face reality. One must learn from his mistakes in order to become stronger.

To be or not to be

by Erika Leach

On March 15 Student Council sponsored a three on three basketball tournament held in the gym at Salem High school. The tournament was for anyone who wanted to participate, and the cost was \$12.

The tournament had a good number of participants. There were a whole total of 22 teams, with four members to a team. Unfortunately, there was only a total of one team that received a winning title. That was the Hoosiers, which consisted of Amy Englert, Jamie Oesch, Erin Higgins, and Shelby Perry. The runners up for the girl's teams were Abby Hill, Jana Stewart, Mandy Huffman, and Sarah Sommers, who

called themselves the Dill Pickles. A slight conflict arose between a teacher and a student, so the boys tournament was stopped. The four boys teams remaining will receive a refund of their money since they could not continue the tournament.

The question is will it go on again next year or not? Mrs. Dohar replied, "I would do it again in a moment. The kids were extremely enjoyable, and it was a lot of fun. Next year, though, we may charge a little more to hire some referees, and possibly make the tournament last two days."

Gangs Cont. from pg.7

the possibility that something might break out. I don't agree with this, because even though they want to show off to their friends, I doubt that any of them are stupid enough to start killing each other or innocent bystanders. These gangs are really nothing but a bunch of kids

running around the streets of Salem writing that their gang rules on phone booths and/or sides of buildings. I think that people worry too much about gangs in Salem. I also think that the police should do their job and treat ALL the gangs (or groups) alike, community service or not.

Sun Tan Bay

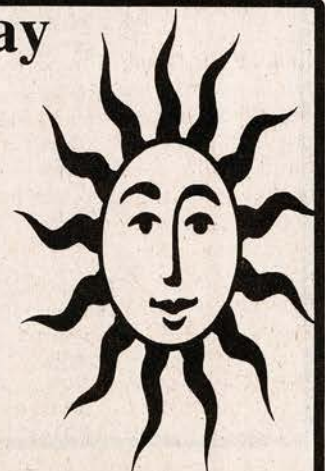
Spring Break

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Editorial

Journalism: The real story

by Megan Zagotti

English and Journalism have the hardest parts to a class. Most of the time when you are assigned an essay you have to think of your own topic. In Journalism, There are a lot of times when you can't think of a thing to write about. Sometimes you don't even want to write anything at all but you have to, so you sit down and write about the first thing that comes to your mind.

People say how easy journalism is, and how it is an easy "A", but most people don't understand how much research goes into one edition of The Quaker.

I am going to give you a summary of what we

have to go through to get out one edition.

First, we get in our groups, or sections, to come up with topics for the next edition. The next day we start working on the paper. Reporters put a lot of work into an article. They go to the library, take surveys, make a lot of phone calls, or do interviews. We usually get approximately eight days to complete a story. When your story is finished you then have to type it and print it out. When you get it back from Mr. Ladner with it approved and checked you have to correct your errors. Finally, you as a reporter are done. The editors get to do the rest of the work.

Each editor has their own computer in the lab. After we get the copies from our section corrected, we have to change the front type, size, and re-save it as a DOC file. This is all done before we can lay a story out on a page. I am not going to explain layouts, but it is much easier this year than it has been in the past.

The last step is reading the over the paper. Each person has to read their story and put their initials by it then the editor gets it again. If there are any additional corrections to be done, the editor has to do them.

Then we are finished for one edition of *The*

Quaker. We usually get a day to rest but then we start over again.

My point is, Journalism is an "easy A" but there are a lot of things you have to do to earn that A. It is just like any other class. We also, at the beginning of the year, have to do book work. Before you can start writing you have to know how to write your story, that's what the book work is for. Journalism has a semester exam and final exam too.

So now that you know more about Journalism I hope you are going to sign up for it next year!

Gang Bangers? (no, not really)

by Michelle Roberts

What is a gang? In my mind I visualize young adults going around killing each other and basically supporting the drug world. Some people claim that we have this problem in Salem, Ohio this is so untrue. When I look at our "gangs" in Salem, I see something much different. I see people walking down the street wearing handkerchiefs on their heads (signifying their "colors") or I see people around town wearing jackets that really make me wish they would go away, back to the Medieval times.

I talked to the chief of police and asked him a few comments about why

people are worried about these "gangs" when their really aren't any. From what was told to me, these "gangs" (as they are referred to now) have existed since the 1960's or so. There were no worries about them then, so why now? Some interesting things were mentioned to me.

According to the Salem Police, it's okay for some of these "gangs" to be around, because they supposedly do community activities. It's not okay for others because they do not do these community activities. So basically, what they are saying is, it's okay to be

in a certain gang as long as you do community activities. In my opinion, a gang is a gang, right? They all have the same purpose, community service or not. To me, what they said did not make sense. Is this the same as here, in SHS, that some people do not get in trouble because of who their parents are?

The police continued by saying that one certain gang was a problem because they are an unorganized youth group; only out looking for trouble. But if they did community service, would the police think that they were not a threat?

Probably not, because they are the kids with the family troubles and/or personal problems concerning financial stability of their families and themselves. Their families do not give them everything they want in the world, so therefore, in my opinion, they are viewed by higher authority as trouble makers while the gang with the rich boys is considered not a threat.

Before I get myself into any more trouble, I view all gangs in Salem the same. I see them as no trouble to the community, although Mr. McShane said there is

gang. cont. on pg. 6

Editorial

Who kidnapped Mr. Jeckavitch? Part Two

by Katie Frank

The halls were empty as the three walked down them. Mr. McShane was explaining to Detective Malone, in depth, the scenario of the case. Detective Zeck was half listening, peering into classrooms as they passed them. A few random students passed them as they made their way, but other than that, it was rather quiet.

"Can you think of anyone that might of wanted to hurt Jeckavitch?" Malone asked, holding her tape recorder.

"No, not really," McShane stammered. "I mean, he only had two class periods besides study halls- band and jazz band. There's really not a lot of students who have him."

"So very few people, you think, would of done this."

"I guess that's what I'm saying. Do you think that a student would of done this?"

"It's all possible," Zeck cut in. "And that's about the biggest lead we have so far. Tell me, can you think of any students in particular that had problems with Jeckavitch?"

Mr. McShane stopped and thought. "No, I can't think of...no, I don't think so."

Malone stared at him for a moment before continuing. "So, office complaints were rare."

"Yeah. Band, for the most part, is a well liked class."

The three stopped outside the band room, where all the students were being held. Malone and Zeck peeked in to see the tired sub and nearly two hundred kids running around the room, throwing paper and so on.

"Nice bunch of kids you have," Malone retorted.

"They're a little stricken over the loss of Mr. J." Mr. McShane explained.

"Stricken wasn't exactly the word I was aiming for." Zeck said. "I want to talk to some of the students tomorrow."

"I can arrange that." Mr. McShane said.

"Good. I want to ask them about band camp and tryouts."

"Why?" Malone asked.

"Because I remember them. And I remember how much we all hated them; especially tryouts. Things got pretty intense." Zeck turned and walked away from the door.

"And I want to talk to the students who are failing, too."

Mr. McShane nodded. "Sounds great."

The conversation was interrupted by an office aid, who ran over to them.

"Mr. McShane, you have a phone call."

"Okay, I'm coming." He turned to the detectives. "Excuse me."

With that, he left, leaving the two behind in the hall.

"So, what's your hunch, Zeck?" Malone asked.

"I think it's one of the students," he told her.

"A student? But how?" Malone asked.

"I'm not sure, but I think that the whole kidnapping is a form of retaliation."

"From what?"

"Band camp. Low chair placement in concert band. Maybe a low grade. I had Jeckavitch as a teacher, Alisha- I know how wicked band camp was." Zeck explained.

"But that was in August. Do you think a student could carry a grudge that long?" Malone asked.

"I'm sure."

The two started their walk up the hall.

"But it doesn't make much sense to me." Malone said.

"And I have a different speculation. Did you notice

how McShane never gave me a strait answer? I always got short answer or I-don't-knows. It seems to me he's hiding something."

"And you think that McShane kidnapped Jeckavitch?" Zeck asked.

"No, not exactly. But I think he's not letting on to all he knows." Malone said. "Either way; students or McShane, the only person who knows for sure is Jeckavitch."

"And for all we know he could be dead," Zeck sighed.

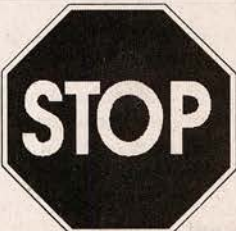
"Exactly."

"So, Charlie, what's our game plan?"

Zeck thought for a moment. "Okay, here's what we'll do. You try to look for suspects; I'm going to get in touch with the local police force to see if they can help to find a body..."

"Which is what McShane should of done in the first place," Malone cut off.

"Right. I want you to run a background check on McShane, Jeckavitch and the other teachers of the school," Zeck said, walking away. "I need to make a phone call."



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News

The proper way to dress

by Amanda Woodyard

According to Principal, Charles McShane, a student's clothes reflect what is in the stores. Not everything in the stores is acceptable to wear to school though. For this reason, there is a dress code.

Most clothes are appropriate, Mr. McShane said, as long as they "cover your body." He also added, "no bear mid-drifts for anybody."

"Schools are supposed to be promoting good health, and safe health," Mr. McShane said, and

some clothes tend to "send the wrong message." That's why "suggestive language shirts," and clothing that advertises alcoholic beverages or tobacco products are not allowed. Non-sanctioned club apparel is also unacceptable.

Almost any type of shoe is acceptable. Mr. McShane said that you just "can't wear rollerblades." As for hair, and makeup, there really are no regulations. Just make sure that your hair isn't "distracting in nature", Mr. McShane

said. If you came to school with a mohawk, the worst that could happen to you would be that you would have to sit in the back of the classroom so that you wouldn't distract the other students from learning.

Mr. McShane said, "a dress code insures a better attitude towards yourself. It gives you a better attitude about school, which sometimes leads to better grades." Mr. McShane also advises to use "good sense when shopping."

The NHS induction ceremony

by Amanda Woodyard

The National Honor Society held an induction ceremony March 13, in the school library. New inductees for the 1996 school year were chosen. The New NHS members are as follows: Thomas Bakondy, John Berthold, Dawn Bradley, Nicole Chengelis, Erin Engler, Ryan Ferreri, Libby Figley, Casey Fisher, Merry Heineman, Abigail Hill, Jennifer Hovis, Tricia Hughes, Dana Jenkins, Kelly Kim, Christopher Lee, Justin Lucas, Jeremy Mackall, Brian Mancuso, Elizabeth

McDevitt, Michael McFall, Matthew Newman, Michael Newman, Maria Nicotera, Ricky Odey, Michael Oesch, Stacy Ozimek, Matthew Palmer, Shawn Painter, Jana Stewart, Christopher Smith, Katherine Smith, Kathleen Smith, Heather Talbot, Darrell Walton, Daniel Willeman, Angela Wirkner, and Scott Yakubek.

The history of the National Honor Society was presented by President of NHS, Jackie Cyrus. Four members reviewed the qualities of NHS members. Jason Hubbard, vice presi-

dent, defined scholarship; Melissa Shultz reviewed leadership; Christine Tkatch, Treasurer, described service, and Emily Mlinarcik presented ideas about character.

Mrs. Sally Chappell of the Salem Board of Education, expressed appreciation and congratulations to the new inductees and current members. Mrs. Kress, advisor, presented the senior members with their gold tassels for graduation and closing remarks were given by Principal, Charles McShane.

News Briefs Prom '96

by Beth Arnoto

It's almost time for prom and preparations are underway. The theme this year is "Midnight Mascarad". The colors will be black and gold. Dinner will be at Mr. Anthony's. It's not definite, but after prom might be at Cedar Point this year. Tickets will begin to go on sale at the beginning of April and will be \$22 a person.

TACT

Advisor: Mrs. Cozza
TACT parents and Mr. and Mrs. Cozza are making plans for the TACT weekend for the graduation party held Fri. May 17-Sat. May 18.

NAHS

Advisor: Miss. Yereb
For March and April celebraty Burchfield's birthday, Governor's Art Show, for April and May, Mayday (one day early) festivities, others to be announced.

News

1996 SHS Calender

Fourth Nine Weeks

<u>March</u>	ing)- NO	9 Classes Resume	31 Seniors last day
28 Parent-Teacher	SCHOOL	<u>May</u>	<u>June</u>
Conference	<u>April</u>	10 Junior/Senior	2 Graduation
(EVENING)	1 Spring Recess -	Prom	5 Last Day for
29 Parent-Teacher	April 1 - 8 - NO	27 Memorial Day -	Students
Conference (Morn-	SCHOOL	NO SCHOOL	

Spring Break *cont.* from 2

because she would be en fuego.

Mike Spisak (9) - Playboy Mansion with my video camcorder and all my Playboy magazines so they can sign them because they are hot.

Joe Saurbrey (10) - North Carolina with a 1975 blue Monte Carlo all decked out and a lot of money to take the girl I like in North Carolina on a wonderful date.

Jim Martin (12) - I'd like to go to Mars with my dog, Sam, some oxygen to breathe, and a companion.

Kristen Hamilton (12) - I would take my friend Brandy to New York City so we could be on the *Carnie* show.

Whatever your plans are for spring break, make the most of them. What is the point of just sitting around? Have an enjoyable, relaxing spring break. *Carpe Diem!*

Freshman and Sophomore semi-formals

Freshman- Advisor: Mr. Janofa- Will be held April 26 from 6:30- 10:30p.m.

Sophomores- Advisor: Mr. Ogilvie- Will be held April 19 from 6:30- 10:30p.m.

(Both dances will be in the Salem High School cafeteria.)

Going to Atlanta

by Amanda Woodyard

The chamber and concert choir are taking a trip to Atlanta, Georgia on April 18-21. They will be going by charter bus.

They will be competing against other high-schools in a competition. An awards ceremony will be held afterwards, in which they will attend.

Other plans they have while in Atlanta, include visiting Stone Mountain, going to Six Flags, amusement park, and attending an Atlanta Braves game.

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Entertainment

Life after 1992

by Jadey Berger

This is my very last rant about modern music or alternative music as people in Salem call it. I am constantly being harassed by the self-proclaimed "alterna-studs" (hee hee) of this school about my musical tastes. "Why don't you like **Bush**? What is wrong with that **Cumbersome** song? Why? Why? Why?" Why do I have to explain? I do not hate all music, I hate music that sounds like it was spawned from the same repetitive womb, the very same rut that music has now been stuck in for four years. I also do not like music that contains the same guitar riffs that every 13 year-old that starts a band uses. Why listen to the radio when the alterna-teens in Canton can provide me with the same type of entertainment? And

their tapes only cost three to five dollars.

Nineteen Ninety Two, the play back: **Nirvana** was very popular a household name even, as was **Soundgarden**, **Alice-In-Chains**, **Pearl Jam**, and **Smashing Pumpkins**. In the aftermath of the big 1992 thing **Hole** became the hero of every girl with bad self esteem and screaming angry girls **L7** had their 15 minutes of fame.

At the time I liked some of these bands and some I still do. The problem is this, now I feel as if there is not very much music that contains mind blowing originality on the radio. I realize (reference to **Alice-In-Chains**) that there aren't too many ways that you can creatively sing, "Hay-ay-ay-ay." Maybe that is a sign that it is now time to explore a new musical genre?

Do not fret, though, because I know the future of music! I have seen the light. Sadly enough kiddies, when music becomes a parody of itself the era is usually about over, the novelty has worn off. Angst-rock is dead and no one will see me decked out in black and mourning its loss! Funk is the way of the future (if Brit-rock doesn't get in the way. That is a whole other article that will remain unwritten. Since, I promised that this is my last musical commentary.)

I am waiting for the Funk revolution to happen. Then there will more than trash on the radio. My dial would no longer be permanently stuck to Y-103, all seventies all of the time. Funk is a type of music that makes people happy and makes them want to dance.

So, if you're the kind of person that judges the value of a concert by the number of bruises you may soon be disappointed. There are already a few brave forerunners of my predicted happening bopping us into the future. They are **Ben Fold's Five**, **G Love and Special Sauce**, and **Akkoustik Hookka** just to name a few. Adios neo-punk the neo-happy-florescent-seventies are smiling you dead. The **Dead Milk Men** sang the last punk rock song that needed to be sung, and they didn't even do it the right way. The end, may my musical rants never again graze these pages.

An after thought, I went to the **Ben Fold's Five** concert last night, March 19, Wow! If you want the future today heed my advice, buy their C.D.

Communication through violence

by Jesse Vingile

Violence can be found everywhere in this world. Movies, television, books, school hallways, and even on playgrounds populated by small children. It seems males express themselves through violence a whole heck of a lot more than do females.

Males express violence sometimes as a way of bonding. I'm sure you won't find a group of girls who think wrestling each other, or boxing each other on a regular basis is some sort of fun.

DOOM, a computer game released a few years back, is a popular way for many males (most women I know find the game boring and morally at odds with themselves) to vent their frustration without actually hurting anyone. In the game, you're some psycho-freak Marine steroid running around with a shotgun, blowing large gaping holes in anything that decides to move. You can cuss and scream at the little demon guys running around on the screen as you fire high-

powered weapons at them, and you actually feel good. As a plus, no one gets hurt and you don't go to jail.

Of course, women just don't see the point of a game where the whole idea is to kill. I'm sorry to say it, but Tetris does get old after a while. So does killing, I suppose, but it takes a lot longer. And it's more fun, if you ask me.

Anyway, I, being a male myself, enjoy a good healthy dose of violence on a regular basis. There are just times when a guy won't

feel better unless he breaks something. I always break Dad's things, a fact that doesn't sit too well with him. But as long as my stuff's okay, I'm happy as long as I broke something.

Oh well, violence is fun, violence is good, killing is great, and chaos and anarchy rule. Words of wisdom from a true psychopath. I've been called weird, I've been called a psycho. I've been called worse. I don't deny being a freak, I rather enjoy it.

That said, I'm gonna end this story.

Entertainment

The facts behind the fiction

by April Ramsayer

There are so many things that you thought you knew about the big "stars." Wait until you read this. You will be shocked to find out some hidden secrets about your favorite celebrities.

6 things "You Oughta Know" about Alanis Morissette.

1) Alanis Morissette was born June 1, in Ottawa, Canada.

2) She's 21, a Gemini, and has a twin brother, Wade.

3) Alanis starred in Nickelodeon's (You Can't Do That on Television,) when she was 10.

4) The amount of time it took her to write most of the songs on Jagged Little Pill (Maverick: 15 to 45 minutes).

5) At the MTV Video Music Awards, Alanis was the only performer Madonna bothered to watch.

6) The song "You Oughta Know" is rumored to be about one of Alanis' friends, Matt LeBlanc. She says no way.

If you are planning to have Mariah Carey do a concert for you, you better be prepared to buy her the world.

When Mariah Carey takes a contract deal, she gets more than just a singing contract, but all of her back stage items as well. Here are just a few things she expects behind stage, and if she doesn't receive them she won't perform....

- * box of bendy straws
- * a bag of Quaker Fat Free Apple Cinnamon Rice Cakes
- * Two bottles Simple Peche French sparkling wine
- * One bottle Bel Arbors red wine with corkscrew and four wineglasses
- * Microwave
- * Wet & Dry handy wipes
- * Dove white liquid hand soap
- * Famous Amos Fat Free Fig Bars
- * S&W large stuffed olives
- * Eagles Fat Free Sour-dough Pretzels
- * Wonder Light Low Fat Whole-Wheat bread
- * Fresh grapefruit (pink, sweet, firm)
- * Coca-Cola Classic in bottles
- * Snapple Lemon Flavor Iced Tea
- * Borden Fat Free processed sharp and Swiss cheese slices(16)
- * Ricola drops(lemon, mint, and yellow)
- * Assorted Trident sugar-less gum

- * Borden evaporated milk
- * Dijon mustard
- * **Did you know that these people were actually Cheerleaders?**

They once were (and still could be) Cheerleaders:

- * Paula Abdul
- * Katie Couric
- * Dr. Joyce Brothers
- * Kiristie Alley
- * Cybill Shepherd

*** These people would never admit it now, but they used to be cheerleaders:**

- * Madonna
- * Meryl Streep
- * Jamie Lee Curtis
- * Kim Basinger
- * Steve Martin

*** They missed their spot, and the football team still hasn't got over it!**

- * Jenny Garth
- * Duff
- * Janet Jackson
- * Courtney Thoresmith

*** Would you want to be part of this pyramid?**

- * Roseanne Arnold
- * Courtney Love
- * Shannen Doherty
- * Sinead O'Connor

* Did you know that Damon Wayans, the guy that played in *In Living Color*, *The Last Boyscout* and *Mo' Money*, started out having bad luck?

The first time he did stand-up, Damon tossed his jacket off the stage, forgetting that his jokes were on index cards in the pocket. His first joke: "We were so poor, my father drove a 1974 Big Wheel."

* If you want to steal Chris O'Donnell's heart, Then give him the keys to the Batmobile. That is what he has always wanted.

* Did you know that Brad Pitt had two favorite Christmas gifts when he was a teenager, a Beatles album and a cool new red bike.

*** You may have thought that celebrities eat healthy food all the time. That thought is wrong! They have these outrageous cravings just like you and I.**

- * Eric Nies- Peanut M&M's
- * Drew Barrymore- macaroni and cheese
- * Joey Lawrence- Peanut Butter M&M's
- * Garcelle Beauvais- Oreo's
- * Devon Odessa- red shoe-string licorice
- * Marcus Schenkenberg- Big Macs

The information in this article has been taken from the YM and Entertainment Weekly.

Entertainment

Case One: School Daze

Chapter Five: Spring Break

by Jesse Vingle

God, I hate Elvis.
Yaktree stared at Elvis Presley, or a poster thereof, of the King of Rock and Roll. The King stared back, his lip curled in that trademark, million-dollar sneer. Yaktree was just contemplating ripping the poster from the wall and dancing on the shredded face of The King when Special Agent Sivle entered the room.

"Hello, my boy," said Sivle. "Hello hello howzitgoin'?"

"It's going rather well, sir. Yourself?"

"Ah, thanks for asking, thank you very much. It goes well on my side, all except for that whole traitor issue."

"Traitor? What traitor?"

"Well," began Sivle. "It appears there is a traitor among us. One of us has turned to the side of the aliens."

"No!"

"Yes!"

"No!"

"Shut up!"

"Oh."

"Anyway, with spring break coming up on us rather quickly, I feel the traitor may surface" Sivle glanced at his watch. "Any minute now."

"So, how are the aliens doing, I wonder aloud?" said Yaktree.

"Oh, we've found that the aliens have secreted themselves away, we don't know where to find them, as of yet. But, we will. Oh yes, we will find them."

"So, what do you want us to do, Lizard Queen and I?"

"The President has expressed an urgent need to speak with you as soon as possible."

Kyl Dinsio, Class President of The Class of '96, sat behind her desk, smiling as Yaktree and Lizard Queen entered the room.

"Have a seat," she said with a smile. "Make yourself at home." Again, she smiled.

Yaktree glanced at Lizard Queen. *Why does she keep smiling?* he asked telepathically.

She went through training to become Presi-

dent, she responded. They taught her to smile. Her face froze.

Oh, Yaktree turned back to the President. "So, I hear you needed to speak with us. What can I do ya for?"

Lizard Queen kicked Yaktree as Kyl smiled and said "Yes, I have a job for you. I need you to transport a package to a colleague of mine. One Mr. Brown, I believe. Yes, that's it. Mr. Brown will pick up the package."

"Ok," said Yaktree. "Where, when, how and why?"

"In the cafeteria, in about five minutes, you can walk, and I can't tell you. You'll know Mr. Brown when he sees you."

At that instant, a large drop of what appeared to be snot dripped from The President's nose onto her desk.

Yaktree looked at the snot. Lizard Queen looked at the snot. The President looked at the snot in shock before apologetically wiping it up with a smile.

"That's all," she said. "You may go now."

Silently, the two Agents stood and hurriedly exited the room.

Outside, in the waiting room, they saw Special Agent Pitt sitting there.

"What are you doing here?" inquired Yaktree.

"Uhhh, The President wanted to see me."

"Why?" asked Lizard Queen.

"Uhhh... I don't know."

"Ok, nevermind. Hey, Yackers?" asked Lizard Queen.

"Huh?"

"Crouton's dead."

"Cool."

"Cool?"

"Very."

"Why?"

"He's annoying."

"Ok. Wanna see my squirrel?"

"Already have. It was cute."

"You really think so?"

"Yep. I loved it."

"That's so sweet."

"So are you."

To be Continued...

Adventure in Pittsburgh

by Jennifer Weingart

Saturday, March 16 appeared to be a normal day, but little did anyone know what lay ahead. On this day AFS members had planned on attending a Pittsburgh Penguins Game.

We left the SHS parking lot and we were on our way. After crossing the Ohio/Pennsylvania border, we got close to Pittsburgh and hit rush hour traffic. Also, that day there was a St. Patricks Day parade that we didn't know about. Because of the parade, the exit that would take us directly to the Civic Arena was blocked. At this point we had two choices, exit left or exit right. Having no idea what to choose we went left. About four lights later, and a return trip back through the tunnels, we realized we needed to go right instead of left.

After that we found the first available exit. Then we stopped at the first and only gas station we saw, to ask for directions. Luckily the person knew what directions to give us. We got back on the free way to once again try and find the Civic Arena. And, eventually we did find it. When we got there the first period was just about over. We really didn't miss much. The N.Y. Rangers were winning by one goal and there was a fight. The game was good. The penalty box was busy, considering the five fights. In the end the Penguins came out on top, winning 4 to 2.

I would definitely recommend going to a game, especially if you have never seen a hockey game before. But, make sure you don't go on or near a National Holiday.

Sports

Sports Psychology

by Crystal McCoy and Jason Humphreys

Sports psychology is the science that deals with the function of the mind, and the process it goes through to prepare itself for the upcoming sport. "It's about ways to help athletes make the most of their talents," said Dr. Steven Mitchell, a Psychologist of KSU.

Psychology, when dealing with sports, uses goal fetching, self-confidence, relaxation, and imagery to enhance the performance.

Tim Berger, a certified Athletic Trainer in Ohio, commented, "winners have a clear picture of what they want. A good athlete has it in his body, but a champion has it in his mind."

A baseball player might stand with a bat at the plate, imagining a pitcher in front of him on the mound. He watches the pitcher winding the ball around, and releasing it. Timing the ball, he swings the bat watching the ball hit the bat.

Or a basketball player may stand on the court before a game watching the hoop. Getting his balance, he concentrates on the ball in his hands. Moving with the normal effort, throwing the ball at the hoop, and seeing it go in. Coach Longanecker said, "as a player, you must see yourself executing your assignment positively. Picture the results and focus on any preparation that has to be done. You must play the whole game out in your mind."

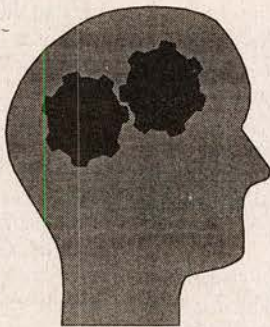
A football player could stand on the field pic-

turing a play in progress. He'd see himself running down the field preparing to catch a pass. He feels the impact of the ball dropping into his hands, and running down the field for a touchdown, winning the big game of the season. Nick Irizarry said, "You just think about the plays and your responsibility so you don't mess up."

A soccer player may stand on the field pacing back and forth as if kicking the ball down the field. He feels the strength build up in him as he moves closer to the goal. Moving with his foot back and quickly bringing it forward in a kicking motion. He watches as the soccer ball flies into the goal.

Standing in a ready position with knees bent and hands out in front, a volleyball player prepares for the serve. Always be ready thinking that the ball is coming straight to you. Know where and how you will hit the ball. She raises to hit the bump the ball over the net. The ball grazes the net and drops at the feet of the opponent. "You should do your best and hope you don't do anything to ruin it for the team," commented Ryan Smith.

People using psychology to improve themselves, usually develop a routine. For example, if you



were a high jumper, you might stand below the bar staring at it. Picturing yourself running, jumping and moving safely over the bar.

Psychologist

Thomas Tutko and Umberto Tosi wrote, "The psychological factors are the most important, yet, the most neglected in our approach to sports...Most great athletes acknowledge state of mind as the key to success."

Sometimes psychology deals with more than just preparation. Suppose a person has a feeling of anger or jealousy deep down inside himself that he can't admit he has. He feels ashamed of the feeling that he has, that he covers it so completely he doesn't even know it's even there.

But he may find he has trouble studying or gets headaches. He may begin to have fears he never had or even break out in a rash. He has no control of any of these. They are the minds way of punishing someone who feels he deserves to be punished.

A person with a healthier emotional outlook will accept his shortcomings, but still have faith in himself. Defeat is a part of life, and sometimes that's what it takes to make a person push himself a little harder. He strives to achieve,

Spiking their way up

by Crystal McCoy

The boys volleyball team is preparing for a new season with leading seniors Ben Hettinga, Jason Hubbard, Ryan Marshall, Todd Banning, Jake Bestic, and Chris Hernstrom. Holding basically the same team as last year, but without Fabio, the exchange student. Taking his place this year are Matt Johnson, junior, and Chad Copacia, freshman.

"We have to be good at receiving the serves or we won't be any good," said Coach Conser.

The boys made the Regional Finals last year, which put them one match short of State. This year, they are capable of making State if they concentrate hard enough on what they're doing. "The key is to keep a positive attitude towards each other on the team and work together. And they can't let the negative attitude get in the way of their performance. They all have the skills and could go very far if they keep their heads on straight," replied Coach Conser.

but doesn't try to over exert himself.

Winning takes physical and mental practice. You need to condition your mind as well as your body.



Sports

Track: Off and Running

by Jason Humphreys



O.K. track fans, it's that time of year again. The time to grab your umbrellas and come watch your Salem Quakers track and field teams. This year the boys and girls track teams have an excellent coaching crew. The boy's head coach is Mr. Frank Parks. He is assisted by John Patterson (hurdles, long jump, high jump), Mike Huzyak, and Brian Martin (sprints), and coach HERNON (Weights).

Coach HERNON is known to most of us as the head wrestling coach.

The Salem track team has a proud tradition of sending runners to the state meet for many of the past seasons. The strong points for Salem this year will probably be the sprinters, but the distance teams are still rated up there with the best.

The sprinters will be led by seniors Dave Miller and Jason Humphreys (100 and 200 dashed) and Charles Hughes in the 400 dash, also helping with the sprinters are sophomores Ryan Fritz, and Trevor Georgig and freshman Matt Baker. The hurdlers are led

by seniors Jason Murray and Greg Herron. The distance teams will be led by George Lutz, Chad Paxson, Phil Knipp, Darrell Walton, and Jason Moser. The weights will have their share of challenges, but senior Ian Harshman and juniors Heath Baker and Nick Bourne will be leading the way.

The girls team which are led by Mrs. Parks, who coaches distance and helps out with many other events, and Coach Moore who coaches the weights. The girls team is well balanced. They have neither a strong

point or a weak point. The girls will be led by seniors Heather Talbot, Jenni Brown and Melissa Shultz; juniors Krista Howells, Jenni Ebinger, and Casey Fisher; sophomores Kim Kilgore, Katherine Clementson; and freshmen Kristen Kenst and Angie Rank.

This year should be a great year for Salem, "If we all work hard and put some effort into it then we will make our mark" said senior Charles Hughes. As the season presses on the track team will improve, many leaders will appear and the pride of Salem will be upheld.

Swing away

by Todd McLaughlin

If the weather permits then the girls softball team can get started on time. The team has been working since the first week in January. They have been conditioning and have been on a weight training and strength band program. "The outlook for this years team is very positive," commented coach Headland. We are returning one pitcher and a very talented infield and our five leading hitters from a year ago. "This years team has more experience and more talent than last year." Headland added. The teams to the conference will be Poland, Salem, Canfield, and Howland. This year's team consists of seniors Kara Clark, Meghan Conrad, Stacey Manis, Rashelle Scott, and juniors Stacey

Ozimek, Libby Figley, Erika Leach, Erin Helms, Erin Higgins, Sarah Sommers, sophomores Casey Ward, Allison Burtnett, Angela Mansour, and Shannon Leiniger.

The junior varsity program also has a bright future. "We have a lot of young talent and a lot of girls played summer league and have matured a lot," coach Campradt said. This year's JV team are sophomores Lori Cyrus, Angie Marroulis, and Sarah Zamerelli, freshmen Jen Grubaugh, Stephine Helms, Jessica Janosik, Melody Kolich, Amber Mansour, Rachel Protzman, Sam Shasteen, and Bree Taylor. Both teams will open with East Palestine on April 2nd.

Salem Baseball

by Ross Coffee

Salem baseball is under the direction of a new head coach this year, Mr. Kirkland.

Kirkland took over the job after Mr. Lantz, who coached for 17 years, stepped down. Kirkland said, "I'm excited about being the new head coach because it's my first year. I can't wait to see how we do this year."

The team had 58 kids come out this year. Kirkland said they cut 28 of them to make

an even 15 on varsity and junior varsity.

For conditioning the Quakers have been doing alot of ball drills, running, batting, and throwing to condition the pitchers arms. Kirkland said, "We hope to see good leadership this year from seniors George Duko, Jim Martin, Justin Lucas, Casey Collins, Pete Boyer and Ed Alesi."

The Quakers open up the season this year home against East Palastine April 2.

Sports

Faces in the crowd

by Todd McLaughlin and Ross Coffee



Name: Jim Martin
Letters: 3
Sports: Football, Baseball
Favorite Pro Team: Cleveland Indians
Favorite Athlete: Albert Belle
Favorite College: Ohio State University
Favorite Teacher: Mrs. Tina Hays
Favorite Musical Group: Alabama
Favorite Song: No News
Future Plans: Play baseball in college, then pursue my major for a well paying job.
Things you like about SHS: Nick Marroulis's bald head
What do you want to do before you die: Live up in the mountains in a log home
Who's your hero: Justin James Lucas



Name: Heather Talbot
Letters: 6
Sports: Cross Country, Track
Favorite Pro Team: Cleveland Indians
Favorite Athlete: Mandy Huffman
Favorite College: University of Toledo
Favorite Teacher: Mr. Sabo
Favorite Musical Group: Pink Floyd
Favorite album: The dark side of the moon
Future Plans: Be a pharmacist
Things you like about SHS: The Men
What do you want to do before you die: Meet Drew Barrymore
Who's your hero: Josh Board
Nickname: Butter



Name: Alice Crawford
Letters: 2
Sports: Cheerleading, Tennis
Favorite Pro Team: Pittsburgh Steelers
Favorite Athlete: Casey Crawford
Favorite College: Mount Union
Favorite Teacher: Mr. Bennett
Favorite Musical Group: Pearl Jam
Favorite Song: Let's get it on
Future Plans: Attend Kent State University to major in Biological Sciences
Things you like about SHS: Doing multiplication tables with Jason Humphreys
What do you want to do before you die: Leave Salem
Who's your hero: Erin Fritz and Rachel Scott
Nickname: Ali



Name: Nick Bourne
Letters: 4
Sports: Football, wrestling, track
Favorite Pro team: Steelers
Favorite Athlete: Bruce Baumgardner
Favorite College: Ohio State University
Favorite Teacher: Mr. Bennett
Favorite Musical Group: Garth Brooks
Favorite Song: Dream On
Future Plans: College athletics
Things you like about SHS: Training room
What do you want to do before you die: Be rich
Who's Your Hero: Bruce Baumgardner

