

# The O u a k e r

*A High School Tradition for 84 Years*

Volume 84, Number 5

Salem Senior High School

February 20, 1997



*Editor's Note:* In this issue, Erik Weitz looks at the world of music with an A to Z guide to CDs. The first part of this two part feature looks at CDs from A to H.

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## March brings many activities

by Stephanie Schmid

### Interact

Interact will continue to work with the community and with the exchange students. They will also sponsor dances and concession stands. Interact had good turnouts for their Pancake Breakfasts and Salvation Drive. People seem anxious to volunteer and help out. Interact is planning to host a "Senior Prom" for the senior citizens of our community in May.

### Yearbook

Yearbook ran a concession stand at a boys basketball game. M&M money should be turned in. Activity pictures are coming up. Yearbook would like to congratulate Kyle Markovich on meeting his deadlines. WAY TO GO KYLE.

### French Club

At their March meeting, being held on March 11, they will play French games. Snacks will be served. French Club held their annual Valentine's Day Flower Sale on February 10, 11, and 12. They also had an after school Mardi Gras party on February 11. The party included pizza, traditional king's cake, games, and music.

### Pep Club

Pep club sponsored the Sweetheart dance held on February 15. All members need to turn in dues as soon as possible.



## Extra help before school

by Stephanie Schmid

Many students come to school early in the morning to seek extra help. At times, when students are in the hallways, they are asked by a staff member for a pass. Without a pass, the students are sent to the cafeteria and don't receive the help they need.

With this rule strictly enforced a times, students were not able to go over information before a test, review new

material, or enhance material already learned.

After several occurrences, Mr. McShane announced that students no longer need a pass to receive extra help before school.

When asked about the situation, Mr. Bennett stated "I think it is great that students and teachers can make an agreement on extra learning."

## It's out there for you

by Deanna Thomas

There are many students that are searching for financial assistance to help pay for college. A student needs to realize that a college education is a great investment for his or her future. No one should limit a decision on a college because of cost. The actual cost that students pay often is very different from the price of a college. There are several types of financial aid available for students.

### What Students Need to Qualify for Financial Aid

Students must have a need for financial help. They have to have a high school diploma or a General Education Development (GED) certificate. The student must also pass a test approved by the Department of Education. He or she has to be a regular student enrolled in school and working towards a degree in an eligible program. The student must be a U.S. citi-

zen or eligible non-citizen and have a valid Social Security Number. He or she must register with the Selective Service if required. The student must also maintain a good academic progress report in school.

### Gift Assistance

This includes local and/or community scholarships, specific college scholarships, and grants from federal or state governments or colleges. Repayment is not required with gift assistance. A student during his or her junior year should begin to research local and/or community scholarships. Specific college scholarships are based on many things including academics, athletics, leadership, service, and religious affiliation. Grants are awarded based on the applicant's demonstrated financial need. Scholarships are awards

It's out there for you, *continued on pg. 3*

## Drivers education in school

by Stephanie Schmid

Drivers education programs were cut drastically when, in 1991, the Ohio General Assembly said that schools no longer had to offer these programs. Today only 190 of Ohio's 611 school districts offer drivers ed. Several organizations, including Mothers Against Drunk Driving, are calling for reinstating drivers education in schools.

At the beginning of last school year the school board cut drivers education at Salem High School. Currently the only option that SHS students have to take a drivers education course is through a commercial driving school.

Mr. Bennett, who has taught driver's education for 35 years, said "I think that it is essential for students to have more than eight hours in a car before they can drive." Through the school, students received 32 hours in the car and simulator. At a commercial driving school students only get eight hours in the car. Bennett hopes to see the program return to the high school.

Bennett also said that driver's education is "the only course that you can take in high school where you can get killed."



# News

It's out there for you,  
continued from pg. 2

that are given to undergraduate students based on the applicant's academic merit. However, financial need is sometimes taken into account in determining the amount awarded. Fellowships are awarded to graduate students based on the applicant's academic merit. There are two different kinds of fellowships. The residential fellowships provide support for a student to use an institution's facilities. Dissertation fellowships support students while writing their thesis. Some forms of gift aid require a few years of service in exchange for financial aid. The student will have to pay back the award if one fails to complete the service requirement.

## Self-help Assistance

This includes work-study, loans to students and their parents, and regular employment and military service time. The work-study program helps a student work on campus part-time to help pay for college. Student employment has three forms. One is federal or state work-study programs. The job should be career oriented,

but some students receive a gopher-type job. Students can only work ten hours per week. A portion of the salary is paid by the government. Most students that receive work-study jobs are undergraduate students. The second work-study program is assistantships. Assistantships provides graduate students with a full or partial tuition waiver and also a small stipend that

requires them to perform teaching and research duties. The third program is regular part-time employment. It is only during the academic year or the summer months. The loans and student employment are also known as self help.

Some financial aid programs are need-based. The amount of aid that the student receives depends on his or her fi-

nancial situation. Another source of financial aid is merit-based. That normally depends on academic, artistic, or athletic talent. It also sometimes depends on the students grades, test scores, hobbies, and special talents as awarding criteria. Loans are available from the federal government, local banks, and colleges. Sometimes stu-

dent loans do not have to be paid back until you have graduated. Branches of the military also have college benefits that are available to students.

## To get Financial Aid

First, you have to apply. Seniors should have already have the FAFSA (Free Application for Federal Student Aid). If you do not have this form be sure to request one from your school's guidance counse-

lor. Students can also send for an application at:

Federal Student Aid  
Information Center  
P.O. Box 84  
Washington, D.C. 20046  
1-800-4-FED-AID

Almost every college requires the FAFSA. It is the main financial aid application. It is important that a student and their parents fill out the form and sent it in by February 15, 1997. Be sure to list all the colleges (up to 6) that you are considering and put their code numbers on the form!

*This article will be continued in the next issue of THE QUAKER with further information on loans, grants, and FAFSA.*



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## The Quaker's Proposal on Student Expression

We the staff of *The Quaker* hereby acknowledge our responsibility to provide informative and entertaining reading pertaining to the students, staff, and parents of Salem Senior High School.

To make *The Quaker* a credible newspaper, we will aim for accuracy and objectivity, with the truth being our ultimate goal. It is also our duty to make prompt corrections when necessary. However, we must also respect the rights of others while we gather and present news. We are not permitted to invade a person's right to privacy.

Since *The Quaker* is a forum, we encourage input from our readers in the form of stories, essays, letters, etc.

Thursday February 20, 1997

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## Online ups and downs

by Mandi Jackson

In the past few years, the United States has been bombed with an explosion of technological advancement. There has been an outbreak of information and opportunities that has never been available before. By the year 2000, it is possible that TV viewers may have up to 1,000,000 channels to choose from. And right now, practically every family has a cellular phone, and, soon, each person will have a personal phone number. Furthermore, scientists are researching, experimenting, and building solar power automobiles that may change all forms of international and continental transportation. However, the most recent and possibly the most significant advancement is the birth of the Internet.

The Internet originally began in 1969 as a military project called ARAPnet. It was devised during World War II to transfer information and was later developed in preparation for a nuclear war. However, it soon became popular with computer scientists and has since grown dramatically as prices become more affordable and programs are easier to understand and run. As a result, the num-

ber of Internet users has doubled every year since 1988.

With the touch of a few computer keys, the Internet leaves the world at your fingertips. You can

visit and tour places in the United States and other countries. The Internet allows you to plan vacations and set up hotel reservations. There is also online shopping for items you can't find or just don't have the time to search for in a department store. You can order flowers, find out about the latest movies, and receive up-to-the-minute news from newspapers and news stations. You can even sell, buy, and rent houses and cars. The Internet can download movie clips, sound effects, and music. By "surfing the net", you can find out information about any product you own or research a topic. The possibilities are endless.

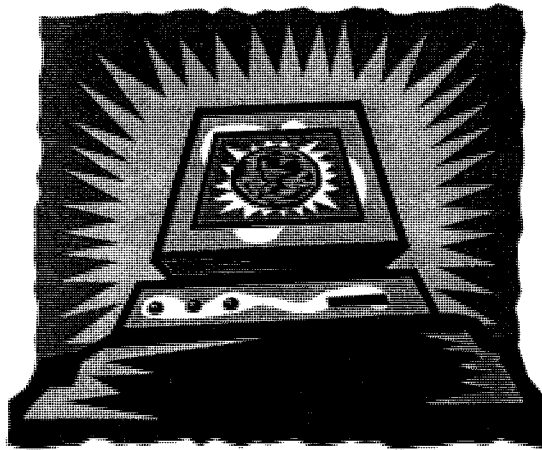
Computer owners can also become a member of America On Line (AOL). This allows you to speak with people in any part of the world and set up a per-

sonal e-mail account. You can write to friends and family in another state or e-mail colleges and business companies.

However, as the Internet becomes more and


more popular, many people are beginning to abuse its resources. Someone with experience can easily pirate and distribute personal information such as addresses and credit card numbers of unsuspecting individuals. This practice has become a new form of stalking that involves harassment and the posting of defamatory material. There is also much concern regarding the transferring of pornographic material, much involving young children. In 1994, a couple from California earned \$800,000 on their online pornographic image bulletin board, Amateur Action. Anti-cyberporn organizations, such as Enough is Enough, are taking actions against this by demanding the need to censor indecent material on the Internet. The government tried to step in and control the situation in February of 1996 by passing the Communications Decency Act. However, in June of 1996, a panel of three judges overturned the law and extended First Amendment Rights to the Internet. The U. S. Supreme Court has plans to review the case in the near future.

It has been said that "The Internet is humorously exposed as technological marvel that lets people chat with boring stupid strangers around the world. The Internet is used by people of all ages, backgrounds, and occupations, but really by crazed teens pretending to be of all backgrounds, ages, and occupations." Whether this is true, I am not sure. However, this statement does prove that the Internet is slowly becoming popular among America's youth. Even though the Internet may not have any practical use yet, it will benefit today's teens by becoming a life necessity in the future.




5 Arby-Q's \$5  
4 Roast Beef \$5  
3 Beef & Cheddar

2320  
E. State St  
Salem, Ohio



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*"Some of the world's greatest feats were accomplished by people not smart enough to know they were impossible."*

*-Doug Larson*

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## Opinion

### 80 reasons to remember...

by Liz Russell

The eighties were a very important decade for America. It was a decade in which society recovered from the sixties and seventies, where things were no longer "groovy", but instead "awesome" or "radical". The appearance of America changed as well — instead of bell bottoms and other hippie trends, people were wearing v-neck short sleeved sweaters and bright white sneakers. So, when you are feeling nostalgic, it is a look back on some of these things which embody the eighties ...

1. jelly bracelets 2. Prince's Purple Rain phase 3. MC Hammer 4. MC Hammer's pants 5. David Bowie 6. The Breakfast Club 7. any other Molly Ringwald movie 8. Max Headstrom 9. Care Bears 10. the birth of Nintendo 11. Atari 12. Pac Man and Donkey Kong 13. The Incredible Hulk 14. Cyndi Lauper 15. the insanity inducing Rubick's Cube 16. Michael Jackson's Thriller 17. The birth of MTV 18. Madonna's "Dress you up" phase 19. neon spandex as a trend 20. Devo (Whip it good!) 21. Back To the Future movies 22. the Nickelodeon show, You Can't Do That On Television 23. Princess Di and Prince Charles' dream marriage 24. He-Man and his tough sister, She-ra 25. "The running man" (the trendy dance none of us will admit to having done at Jr. High dances) 26. that Biz-markie song, "Just a Friend" 27. Crack becomes the candy of the rich and stupid 28. Nancy Regan and the "War on Drugs" 29. Wham! 30. Madonna's "Material Girl" phase 31. Jazzercise 32. Webster 33. plastic charm necklaces with at least 50 charms on them 34. the rise and fall of the New Kids on the Block, which kind of ties in with 35. the fall of communism and the demise of the USSR 36. "Hands Across America" and "We Are the World", Hollywood's attempt to help those less fortunate as well as look good 37. tube tops accepted by the public 38. AIDS is first found in the bloodstream of gay men in New York (either from a monkey or the US government, we'll never know where it really came from) 39. "Don't Worry, Be Happy" gives Bobby McFerrin his fifteen minutes of fame 40. pop artist Andy Warhol dies 41. The Clash 42. "Video Killed the Radio Star" by the Buggles, the first video on MTV 43. Julia Robert's career breakthrough in Pretty Woman 43. Family Ties 44. Mr. Belvedere 45. Punky Brewster 46. The repulsive Garage Pail Kids 47. The Challenger explosion 48. Chernobyl 49. Blue mascara as a beauty item 50. Iran-Contra 51. the George Michael song, "I Want Your Sex" 52. Fox gives birth to two of TV's most dysfunctional families, the Simpsons and the Bundys 53. My Little Pony toys 54. Farrah Fawcett's hair 55. Dallas 56. M\*A\*S\*H 57. Mr. T and the A-team 58. Pound Puppies 59. my birthday! 60. the Get in Shape, Girl! exercise set which taught young girls physical insecurity (thin is GOOD, fat is BAD) 61. Martha Quinn's deejaying career on MTV 62. the Berlin Wall came down 63. one word: crimpers! 64. crimpers with different designs in them, like stars and hearts 65. Sassy magazine once being cool 66. several new appliances are brought into the middle-class American's home: the microwave, the VCR, the camcorder, and, in

### Her royal highness, Chelsea

by Megan Vazzo

If Chelsea Clinton was a normal teenager, the media would hardly be more interested in her any more than the exhibitionist next door neighbor. However, being the "first daughter" carries more responsibility and bonuses than a title.

Many little girls dream of being a princess. Chelsea embodies the daydream as close as possible that a girl in this country could. She lives in a very prestigious white castle with many aids or servants to help her tie her shoes. She has a very elite squad of bodyguards on duty 24 hours. Her high profile gets her invitations to all the exclusive parties in Washington including one recently hosted by Mr. JFK Jr. Himself. To top it all off, she has a very cool airplane at her disposal to keep up with her demanding social life. Who needs a car?

What's best of all about being Chelsea Clinton is that she did absolutely nothing, except play a role, to get where she is today. Daddy was the one who did all the campaign speeches. The average citizen could work their fingers down to nubs and still never get that kind of royal treatment.

In addition to being very lucky, Chelsea is a very smart girl too. She skipped the third grade, is a National Merit Scholar semifinalist, and is now looking at colleges. Harvard, Princeton, Yale, Wellesley, Brown, and Stanford make up a very impressive list of choices. Any one of them would probably donate a sports program to have the first daughter attend school there. A phone call from daddy saying, "I feel it would be in the best interest of the country to have my daughter attend school here," would probably give her a good head start for her application.

As for the downsides to the whole situation, there can not be very many. The public knows that she dated a clean cut young man and that on her 16th birthday she took friends up to Camp David for Paintball in camouflage. All this sounds well and good so who cares if the media knows about it?

Chelsea Clinton is a real human being with real problems. She has an unusual amount of pressure on her to be the picture perfect daughter. Keeping up a good facade whether it is fake or not would be tiring. Chelsea also has to take on the responsibility of being used as an example of family values for the opinion polls. One is led to wonder if late at night in the dark dungeon corners of her white castle, princess Chelsea screams alone in the dark, "Leave me alone!"

the late eighties, the CD player 67. big hair 68. big bangs (on girls and a few creative boys) 69. Michael Jackson's red jacket with all of the zippers 70. Michael Jackson's one gloved look 71. lots of hairspray full of CFC's depletes the ozone layer 72. George and Millie Bush 73. Madonna's cone-shaped bras 74. Pat Benetar 75. Heart 76. Rainbow Brite 77. Glo-worms 78. taffeta 79. denim jackets adorned with millions of buttons 80. John Lennon is shot and killed by Henry David Chapman, a psychopath who modeled his life after the J.D. Salinger novel, The Catcher in the Rye and thought he was Holden Caulfield.



## Teens and veggies

by Tracy Drake

During the sixties, teenage vegetarians were known as long-haired rebels who waved two fingers in the air and said words like "groovy" and "peace." But thirty years later the stereotype is gone, and vegetarianism has become much more accepted and mainstream with youth. How healthy is it for teenagers? How healthy do teenage vegetarians eat? In addition, what is the main motive for teens who have eliminated meat?

First, one must understand the basic elements of vegetarianism. The main goal in converting to a vegetarian lifestyle is to eliminate most or all consumption of foods derived from animals (red meat, poultry, etc.). True vegetarians also stick to a healthy diet that embodies fruits, vegetables, pastas, and grains. However, there are many variations of vegetarians:

\**vegans* - eat only plant-based foods

\**lacto-vegetarians* - include milk and milk products in their diet

\**ovo-vegetarians* - include eggs

\**lacto-ovo vegetarians* - include milk, milk products, and eggs

\**pollo-vegetarians* - include poultry with the products above

\**pescavegetarians* - include seafood but no poultry or meat products

\**the semi-vegetarians* - (the most popular choice) eat a plant-based diet but occasionally consume animal-derived products

Almost 12 million Americans proclaim themselves to be vegetarians, with a growing percentage of those people being adolescents.

The reasons that herbivores choose to be so are pretty simple. Some do

not eat meat simply as a result of their chosen or betrothed religion. For the most part, vegetarians (especially young people) are against killing and exploiting animals. Others say that eating low on the food chain is a more suitable use of the Earth's natural resources. Some even exclude meat from their routine simply because it is more costly than plant foods. Still others mention health reasons for switching. After all, studies have shown time and time again that meatless diets decrease the risk of a heart

the same groups that have made teens the main targets of their campaigns. These groups show gory videos of slaughterhouses at music concerts and pass out pins and bumper stickers that read "Eat your veggies, not your friends" to elementary schools.

It was seeing these gruesome videos in science class that has caused many students to eliminate meat from their diets. SHS sophomores Angie Rank and Bobby Warner both say that graphic videos were the reasons they first decided

don't see why we kill animals when we don't need to." Deanne does eat any meat at all, nor does she eat gelatin, which is also disdained by vegetarians because it is developed from the bone and bone marrow of animals. She also has boycotted leather products and anything else that is derived from torturing animals.

But the biggest controversy with teenage vegetarianism is whether or not these teens are consuming a sufficient amount of iron, zinc, vitamin B12, and other vitamins and proteins. The reason for this concern is that most teens will admit that they don't really eat all that healthy. French fries and chocolate sometimes end up being substitutes for red meat. But Angie, Bobby, and Deanne say this isn't so. They all say they eat some junk food, but they are not addicts. Angie says that part of the reason she gave up meat was just to eat healthier. "I eat some [junk food], but I didn't replace meat with junk food."

The issue focuses on those teens that do substitute non-healthy "chow" for meat and poultry. In these cases, youths could put their health in even more danger. If a teen just stops eating meat and does compensate with anything healthy, he or she could be heading for eating disorders. Also, meat is the only source of vitamin B12, and it is the best source for iron and zinc. A vitamin B12 deficiency in teens could cause permanent nerve damage later in life. Fortunately, some foods such as cereals and soy products are fortified with this vitamin. Zinc can also be found in nuts, beans, peas, cereals, and whole grains. Iron



SHS students Bobby Warner, Connie Morris, Deanne Brown, and Angie Rank discuss the pros and cons of being teenage vegetarians.

attack by 90%. Vegetarianism also lessens the chance of developing many types of cancers.

In today's society, adolescents are much more concerned with their own welfare and that of the environment and other animals. Two main concerns for teen vegetarians are animal cruelty and ecological destruction, especially of the rain forests. And animal rights groups have contended that raising cattle for meat is causing the extinction of tropical rain forests in South America. These groups are

not to eat meat. "In seventh or eighth grade we saw a movie about how they treat the meat," Angie says, "and it is so unsterile. It showed how they kill [the animals]. It is just really gross and unclean." Bobby adds, "I saw the way the animals were killed on 60 Minutes." Junior Connie Morris gave up meat for Lent and then decided to give it up permanently. Her reasoning is "mostly because of animals and how they are treated." Deanne Brown, a senior, is also a vegetarian and believes that "we don't really need [meat] to survive, so I

## Features

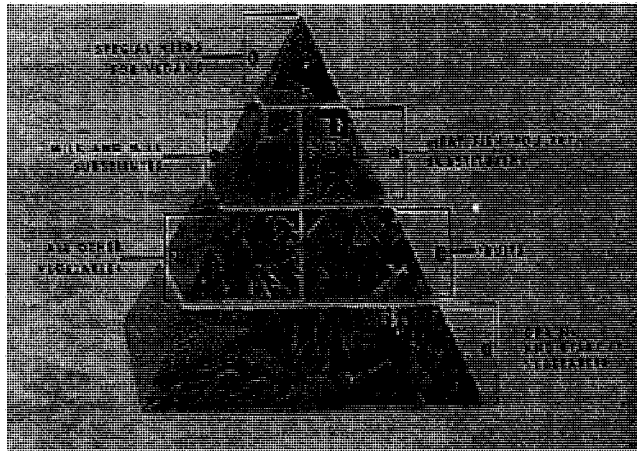
deficiency is probably the most common problem in young adults who do not ingest meat. Iron requirements are highest in teens and women, and a lack of iron could cause anemia, which is a blood condition that encompasses a significant decrease in red blood cells. Angie learned about anemia the hard way when she was diagnosed with anemia as a result of not eating meat. Now, she has to maintain a pollo-vegetarian diet by eating poultry. She says she also has to eat red meat occasionally. Other foods do contain iron, such as bread, rice, pasta, cereals, dark green vegetables, and dried fruits.

The health risks involved with adolescents who have a restricted food regimen are the only reasons parents are anti-vegetarian. Last July, England's Prince Harry, who is only 10, proclaimed he was giving up meat. Prince Charles immediately commanded the palace chefs to put more bacon on Harry's breakfast plate. Parents are just afraid that their child will not be getting the proper amount of protein. However, if their child is eating healthy there is no reason to be alarmed. All of the SHS students mentioned say their parents disagree with their preference, but accept it as long as they prepare their own meals. Because of her low iron levels, Connie says, "Sometimes when I go out to eat with my parents, they make me order meat, and I have to eat at least a little bit of it. It almost makes me sick because I'm not used to it." Bobby states, "We eat out a lot, so

my mom doesn't care."

### Vegetarianism in religion

Though the majority of vegetarians are so because they have chosen to be, many veg-



**The Vegetarian Pyramid**, from the April 1996 issue of *Better Homes and Gardens*

etarians take part in a faith that is against killing animals. Seventh-day Adventists are forbidden to eat any type of meat, though studies show that only 3% of Adventists never do. The members of this religion have much lower rates of health problems such as heart disease and cancer.

Junior Radha Fitch has never had a sliver of meat in his life because of his faith. His family is of the Hare Krsna religion. This creed forbids the consumption of eggs, gelatin, and meat (including poultry). "I find the whole concept disgusting," Radha says of slaughtering animals. As he explains, "everything that's alive has a spirit soul, and so it's wrong to forceably take the soul from the body. You get karma for killing, being that for every action there is a re-

action. Say, if you kill a frog, after death you have to take birth as a frog and be killed." For this faith, any exploitation of animals is considered unethical, especially in the case of cows.

Cows are sacred to Indian religions such as this. "Cows are your mother," Radha explains, "because you get milk from them. If you kill a cow, you have to take life as a cow and be killed for every hair that's on that cow. I know that sounds a little harsh, but then again, you're killing a mom."

However, Radha says he is not a very healthy vegetarian. "I'm not very healthy. I eat lots of junk food." He also eats Indian food which he says "goes

with having an Indian religion just as being a vegetarian does." For holidays, Radha's family substitutes meat with things like casseroles and pies. Radha does not patronize places such as McDonald's that sell meat products, nor does he buy anything that is leather. Radha is very strict about his beliefs and shuns those "experts" that claim meat is a necessity. "Most people say you need meat for protein. Well, no, you don't because I've never had meat in my life and I've had no problems."

Just last year, the U.

S. Department of Agriculture officially proclaimed that an adequate vegetarian diet can absolutely fulfill anyone's nourishment needs. As a result, vegetarianism is quickly spreading, and it is becoming a positive, accepted way of life. One teen survey showed that 35% of adolescents now think being vegetarian is "in". All of the Salem students mentioned say they will never go back to eating meat regularly. Radha states, "If I had to choose, I would still be a vegetarian." Teens should be enthusiastic about vegetarianism, but they should also be careful. But vegetarianism cannot be too bad. After all, Einstein, and Gandhi were vegetarians, too!

### Vegetable Notables

Here are just some of the notable vegetarians you might have heard of:

Albert Einstein  
Muthammed Gandhi  
Louisa May Alcott  
Sir Isaac Newton  
Martina Navratilova  
Cindy Crawford  
Sara Gilbert  
Daryl Hannah  
Paul McCartney

Anthony Hopkins  
Demi Moore  
Paul Newman  
Boy George  
Carl Lewis  
Michael Stipe  
Billie Jean King  
Eddie Vedder  
Jennie Garth

# Living for yourself

by Tom Cosma

In the early 1980s, many punk rock bands loved the ideas of smashing the government, altering society, and doing a lot of partying. Then, a band called the Teen Idles came along and helped start a different kind of movement. They had ideas about society and government similar to other bands, but they had different ideas about what to do with their bodies. They thought putting substances like drugs and alcohol into your body was wrong and should be avoided. They wrote lyrics announcing their views and everyone who heard them suddenly had their own opinions on the matter.

A bit later, The Teen Idles broke up and a new band, Minor Threat, emerged. They wrote a very outspoken song titled "Straightedge", which strongly denounced drinking, smoking, drugs, and promiscuous sex, and their message was heard loud and clear by those who cared to listen. That song inspired many to have and sing about similar views, and a movement was born. Washington D.C.'s Minor Threat spread their message around the country along with bands like SSD and Uniform Choice. Soon, a large straightedge scene began in New York, and it soon became popular with punk rockers all over the United States. New York bands like Youth Of Today, Go-

rilla Biscuits, and Wide Awake helped popularize the straightedge message and its symbols with their powerful lyrics and loud, fast songs.

cert flyers, and is simply an abbreviation for straightedge. Another, more noticeable symbol used is a large, black X on either hand. Originally, clubs that

ing drinking, smoking, and other drugs.

The origins of straightedge are basically in avoiding drugs, alcohol, tobacco, and promiscuous sex. However, it has evolved and been interpreted many different ways. Now, along with original straightedge values, most of those who consider themselves straightedge are also committed to keeping themselves very aware and active in environmental and political issues. Most have no specified religious beliefs, and they believe you should do whatever is right for you, not follow the rules of any religions or other people.

Vegetarianism is also now a large part of straightedge. Most are vegetarians or vegans (someone who avoids meat as well as dairy products) in an attempt to be healthy. They also usually refuse to wear fur, leather, or other animal products out of a love for animals.

Today, straightedge is still alive and strong all over the world. The current straightedge philosophy includes sometimes, but not always, adhering to all of the mentioned aspects. Straightedge is a very transcendentalist philosophy because you should not necessarily conform to the guidelines of straightedge. Above all else, you should live the way you feel is right for you.



photo by Megan Vazzo

People who consider themselves straightedge are usually very proud to be straightedge. So, they usually wear certain symbols to show people they are straightedge. One of these symbols, sXe, appears on many straightedge patches, T-shirts, and con-

served alcohol would put Xs on the hands of those under legal drinking age to ensure that they would not be served alcohol. Now, straightedgers use black markers to put Xs on their hands before going to concerts, parties, etc. to show their commitment to avoid-



## What Kind of Relationship are You In?

by Erica Godfrey

Have you ever really took a good look at some of the couples here in our school? Or what about your own relationship, have you ever taken a good look at it? Well, I have realized that in our high school we have many different relationships lurking about our halls. Some of them are good and some are bad and there are even a few that are just plain sick. So, I have taken the liberty to categorize some of the so called "relationships" that we see right here in Salem High.

One type of relationship that many of us see here in school is what I like to call "The Dueling Duo". This is that type of couple that is famous for not getting along. The kind of people who are always fighting no matter where they are. It's that certain relationship where it gets to the point that nobody would want to be in the same room with them if it means that we have to listen to their constant bickering. The logical question to ask about this kind of relationship is- Why does a couple like this stay together? That question should not even be justified with an answer because we are just in high school, so why be with someone who makes you miserable. My advice to these kind of couples is;

"Get away from each other! We are still young so find somebody who makes you happy. Put it this way, we have our whole lives to find someone so it might as be a person who we can get along



with. Another kind of relationship here in school is that popular "ON Again, Off Again Couple". This is the Dr. Jekyll and Mr. Hyde of all relationships. One day they are all lovey-dovey to each other and then ready to kill each other the next day. This couple's status is so unpredictable everyone just loses interest in it. Couples like this break up and get back so often even their best friends have no idea if they are together or apart. Basically there is

one thing that this kind of relationship should do which is break up and stay that way. What is the point of going out with someone if your breaking up all of the time? You might as well stay away from each other and give someone else a chance.

A third kind of relationship that we all see in the school halls is that "kissy-poo couple". You all know the kind of relationship where the two can't keep their hands off of each other. This is the kind of couple that nobody can stand to look at, and if you do, you want to rip them apart. A lot of the times the people in these kind of relationships lose their friends because they can't be apart for one minute. This is not a good thing considering that we are in high school and chances are that they are not going to be together forever. As a result you can end up alone without anyone. Anyway, it is nice that couples like this get along so well, but please!, lets give it a break while you are in school.

The last kind of couple is great, when indeed it does exist. The "perfect pair" is what we will call it. This is the relationship that everyone should aim for. The certain couple that are not just boyfriend and girlfriend, but best friends as well. It is great to see a relationship were two actually do get along. Nobody is yell-

## College Corner

by Erica Godfrey

*College- Mount Union College*  
*Location- Alliance, Ohio*  
*School Population- 1,353 full-time students*  
*High School Preparations- 15 units*  
*Test Requirements- SAT or ACT reported in as soon as possible*  
*Application Fee- \$20*  
*Tuition- \$12,950*  
*Room and Board- \$3,530*  
*Books and Supplies- \$450*  
*Other Expenses- \$550*  
*Financial Aid- Awarded to 90% of freshmen*  
*Address- Greg King, Director of Admissions Mount Union College 1972 Clark Ave. Alliance, Ohio 44601-3993*  
*Phone- (330)-832-2590*  
*Fax-(330)-821-0425*

ing at each other, but not all over one another as well. A relationship like this is wonderful because we are still in high school and we're also young ,so everyone should be with someone who makes us happy.

Hopefully, after taking a good look at some of the different kinds of relationships you might have a good idea of the kind you are in. It might even be helpful to some of you to see how you are veiwed by others. Remember the main goal of having a relationship, if you choose to be in one, is to be happy. So just think of this when choosing your relationships, these are some of the most cherished years are your life so don't live them unhappily.

## The 411 on relationships

by Connie Morris

In a relationship there is the good, the bad and, of course, the gripes. Every now and then a person may need some advice on how to make a relationship better, or how to make the decisions to continue it or not. A person sometimes needs to know how to be in a certain circumstances, but others need to know what the person like or dislike about them so they can make it better.

A recent survey was done throughout one hundred high schools pertaining to, what characteristics a person likes in order to form a relationship with them.

The following are some of the most popular features female find attractive in males: understanding, sensitive, pretty eyes romantic, nice body, nice smile, similar tastes, athletic, smart, nice, and funny. Here are some of the most popular features that males find to be a plus in females: friendly, romantic, nice body, understanding, similar taste, funny, smart, rich, cute, pretty eyes, and willingness to go all the way.

The most popular dislikes about females is that they are too snobby. Some of the other dislikes include applying makeup in public, obsessing over diets, and always thinking they are right. Another survey shows that 61% of guys do not like body piercing in girls. This gives the average rate of a female an 8.5.

The most popular dislikes about guy is that they are cheaters. Some of the others include they are insensitive, immature, and they are obsessed with sex. This gives the average male a rate of 7.6.

Another important question to know is if you have the right person or not. Here are some signs of **Miss. or Mr. Wrong**: -*Keeping secrets* -*Flirting with your friends* -*Putting you down* -*Talking about themselves* -*Cutting you off from your* -*Hurting you on purpose their ex's, or not at friends (physically or mentally)* -*Acting different from week* -*Blaming you for being angry* -*Saying cruel things to week* -*Checking up on you* -*A bad temper while driving* -*At the idea of breaking up they panic then cry to try to make you emotional.*

If you do have the right person here are some things that, the person may do. -*Stare* -*give compliments daily* -*turn speechless* -*good communication* -*tease you* -*ask your friends about you* -*go places you do* -*share prizes possessions*

Another problem a relationship may have is a boring one. If you are in a routine relationship, then maybe you need to try to do something different. It helps when you go places different then the usual, and it does not have to cost a lot either. Here are some ideas you may want to consider. -*Take a class together.* -*Go to a playground and act like kids.* -*Bake cookies together.* -*Do your chores with each other.* -*Go bowling.* -*Learn to play a sport together.* -*Put a puzzle together.* -*Have a picnic, throw a frisbee, fly a kite, look at the clouds.* -*Learn to eat with chopsticks.* -*Spend the day at miniature golf course.*

If you are in a relationship and would like to make it better, then try using this information to guide yourself to a better person.

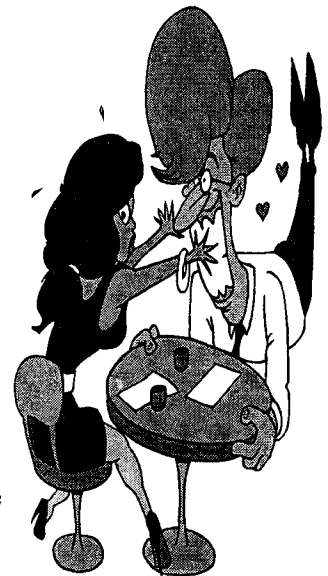
The following are the responses to what characteristics the person listed would like to have in order to form a relationship with them.

**Brad Baillie** (11)- Intelligence, blue eyes, and confidence  
**Shelley Miller** (12)- Understanding, romantic, cute smile, and talkative  
**Darren Wolford** (12)- Romantic, cute, intelligence, and sensitive  
**Regan Thompson** (10)- Pretty eyes, funny, and sensitive  
**Brooke Mehaffey** (10)- Nice body, romantic, and sensitive  
**Renee Lewis** (9)- Maturity, romantic, and sensitive  
**Mike Newman** (12)- Friendly, funny, and understanding  
**Devon Cleland** (12)- Friendship, to be casual,

and interesting  
**Jill Hamilton** (10)- Nice, good looking, and sensitive  
**Jess Morrow** (10)- Funny, nice, good looking, and sensitive  
**Katie Smith** (12)- Honesty, caring and funny  
**Chuck Mix** (10)- Honestly, nice body, and intelligent  
**Heather Finley** (11)- Eyes, body, heart, and mind  
**Melissa Stewart** (12)- Sensitive, honest, and fun to be with  
**Scott Beaver** (11)- Funny, hot and fun  
**Betty Thorne** (10)- Hot, eyes, and funny  
**Rob Chamberlin** (11)- Humorous, beautiful hair

and eyes, good body, and great smile  
**Katrina Paulin** (11)- Romantic, sensitive, understanding, good looking  
**Ben Stickney** (11)- Outgoing, hot, and don't like to argue  
**Casey Christofaris** (10)- Romantic, sensitive, and caring  
**Bob Yuhanick** (11)- Very nice, beautiful, and very caring

Some of the information came from the March 1996, and May 1996 issue of *Teen*. Another source was the January 22, 1997 issue of the *Akron Beacon Journal*.



# Entertainment

## The A,B,C's of great CD's

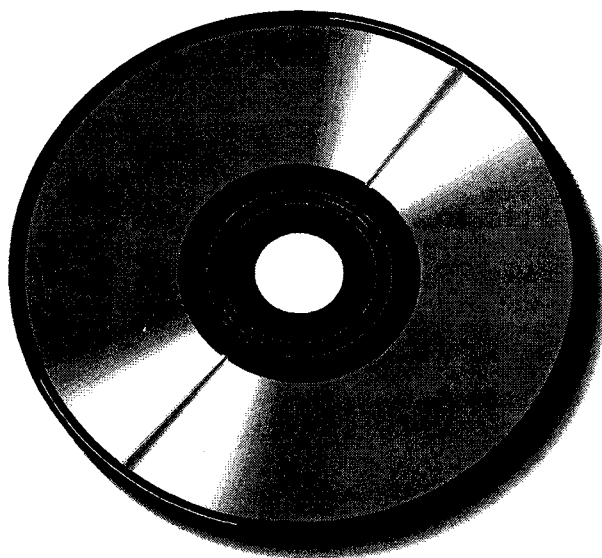
by Erik Weitz

With each passing day, more new groups and artists from all different categories of music are introduced to us via the radio, t.v., and people around us. As the years go by, many of these groups and people turn out to be one hit wonders and their popularity only lasts a short time before they fade away. Some of these new groups do manage to remain though and, as their number of songs grows, so do their number of fans. Of all the various musical acts we hear, we pick our favorites and our least favorites. Normally, once we hear a band we like, we tend to go out and buy their album and rave about their greatness. Well, I have organized a list (of sorts) to do just that: rave about the bands and their albums that I think are clearly...THE GREATEST CD'S FROM A TO Z!

### A - D

Let's begin with A. The Amps, Kim Deal (of the Breeders)' side project, features the barely understandable, gravely alto voice of Deal next to great guitar riffs and pounding drums. Their album, **Pacer**, is a very enjoyable trip through Deal's mind. It's hard to listen to the Amps melodious vocals and not sing along.

The ever-changing music of Iceland's musical pioneer Bjork uses jazz rhythms and electro-induced dance music to pull off great sounds on all of her albums. On her debut album, **Debut**, Bjork combined a mixture of primitive drum beats, and harp to create a mesmerizing album of huge success. Then on **Post**, she created a trippy blend of techno with jazzy show tunes and a hint of samba



music. Recently, she released **Telegram**, an album where various artist took her songs from **Post** and changed them around a bit to make some pretty interesting remixes. The one link between all her albums is the enthralling voice of the Bjorkian one. On many a song, her sing-song voice quickly fluctuates between a whisper and a full-throttle growl from the back of her throat. Bjork makes me violently happy and I'm sure you'd feel the same if you listened to her marvelousness.

Perhaps you saw **Cibo Matto** at Euclid Tavern in Cleveland on February 17th. Well, if you didn't, you missed out on the goofy soul-funk keyboards of Yuka Honda and the joyous singing of Miho Hatori. **Cibo Matto** which means "food madness" in Italian consists of dubs, samples and everyday noises along with keyboards, and Hatori's wide-range of vocals. One moment she sounds like a school child

during recess and the next, she shifts into a soulful diva. Their new e.p. **Super-Relax** features about five different versions of "Sugar Water", and a few new songs like "BBQ".

When flamenco guitarist Robby Krieger, jazz drummer John Densmore, classic pianist Ray Manzarek, and the electric poet Jim Morrison met, the unlikely foursome formed the Doors. Their goal to "marry rock 'n' roll with poetry" happened as the band merged classic rock with deep, symbolic lyrics and came up with many extraordinary songs that included the controversial "Light My Fire", "Break On Through", a powerful song that was about non-conformity and individuality, and the rock anthem "The End" which was immortalized in the late seventies Vietnam movie, **Apocalypse Now**. The Door's band career came to a tragic end with the drug-related death of

frontman Morrison but, the Doors popularity and musical strength survive to this day. There is also a Cleveland-based Doors tribute band, **Morrison Hotel**, for all you Doors fans who never saw them play live.

### E - H

The band **Everclear** has had its fair share of ups and downs. The band first consisted of lead singer and guitarist Art Alexakis, bassist Craig Montoya, and drummer Scott Cuthbert. Then, Cuthbert's chemical-dependency forced him out of the group and Greg Eklund replaced him. Alexakis himself was addicted to drugs once but, he beat the odds and became clean. The 33-year old puts his own experiences in the music and is backed by the lively Montoya, and quite comical Eklund. The Portland trio has been called: "the soul in alt-rock's self-pitying hole." I, myself, have seen them twice and would definitely go to see them put on another great live show.

Back in the days before **Sebadoh** was played on the radio, Lou Barlow managed to get a song there by teaming up with John Davis to form **Folk Implosion**. Their song "Natural One" was from the **Kids** soundtrack. This song is a masterpiece. Among the low vocals, it has pounding backbeats, maracas, and a happy little guitar jingle in the background. If you know what song I'm talking about you probably agree about its greatness but, if you don't, you can find the single for about three bucks at any record store.

**Garbage**, the relatively new hit sensation of the music world, is led by the sexy, sassy, Scottish, red

ABC's continued page 12

## The winner is...

by Jennifer Weingart

ABC's continued.

head with a somewhat sinister disposition, Shirley Manson. Butch Vig, who produced many a hit record is actually in the band (instead of merely producing it) as the drummer and provider of loops, noise, and effects. Duke Erikson and Steve Marker share the spotlight as guitarists but, Erikson also plays the bass and keyboards while Marker supplies the various samples the band uses. Garbage has some of the most witty and well-thought out lyrics I've heard in a while and Shirley makes it known on more than one occasion that she is not a woman to be trifled with. Go out and buy Garbage (if you don't already have it) or Shirley will burn down your house.

Next up on my list of twenty-six wonders of the world, is Jimi Hendrix. Hendrix, clearly the best guitar player to have ever walked the earth, was greatly influenced by classic rock 'n' roll and R&B. Hendrix awed many with his powerful guitar anthems such as "Purple Haze" and "Manic Depression". His cycedelic guitar licks were only heard in America from 1966 to 1970 when he overdosed on sleeping pills but, this was enough to show that his gift for guitar-playing will never be forgotten.

Stay tuned for more of the ABC's of CD's in the next issue.

*Congratulations to Megan Vazzo for being crowned the 1997 Basketball Sweetheart Queen!*  
Page 12

The lights will be on, the cameras will be flashing and the red carpet will be out at the Academy Awards. On March 24, the Los Angeles Shrine Auditorium will be the sight for the 69th annual awards. The host this year is Billy Crystal.

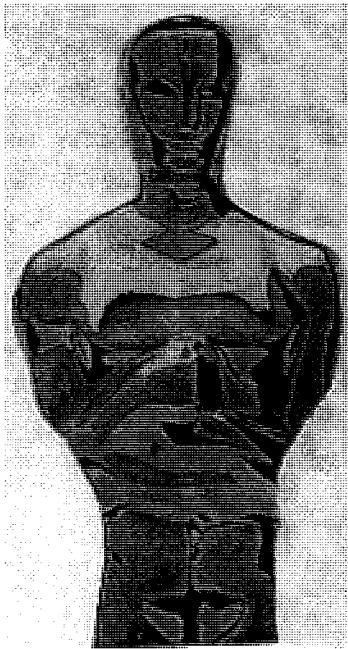
Those nominated for Best Actress are: Frances McDormand, *Fargo*; Brenda Blethyn, *Secrets and Lies*; Kristen Thomas, *The English Patient*; Emily Watson, *Breaking the Waves*; Debbie Reynolds, *Mother*; Diane Keaton, *Marvin's Room*; and Courtney Love; *The People vs. Larry Flint*. Although Blethyn won the Golden Globe Award for this category it doesn't look to happen again.

Courtney Love gave a strong performance in, *The People vs. Larry Flint*. Look for Love, the least known actress of this category to surprise the group of veteran actresses and score this award.

For Best Supporting Actress: Joan Allen, *The Crucible*, Barbara Hershey, *Portrait of a Lady*; Lauren Bacall, *The Mirror Has Two Faces*; Marion Ross, *The Evening Star*; and Juliette Binoche, *The English Patient* are all up for the Best Supporting Actress Award. This could go either way between Bacall and Ross. Bacall picked up the Golden Globe here but, Marion Ross has a shot at the award. Ross has developed a good reputation for her role as Mrs. Cunningham everyone's favorite mother from "Happy Days."

Those nominated for the best actor are; Geoffery

*The Quaker*



Rush, *Shine*; Tom Cruise, *Jerry Maguire*; Ralph Finnes, *The English Patient*; Billy Bob Thornton, *Sling Blade*; Woody Harrelson, *The People vs. Larry Flint*; Denzel Washington, *Courage Under Fire*. Cruise scored the Golden Globe in this category with a solid performance in *Jerry Maguire*. Since Hollywood looks to the Golden Globe Awards when trying to predict the outcome of the Oscars, odds are Tom Cruise will win again and to pick up his first Oscar.

For Best Supporting Actor: Edward Norton, *Primal Fear*; Samuel Jackson, *A Time to Kill*; William Macy, *Fargo*; Paul Scofield, *The Crucible*; Cuba Gooding Jr., *Jerry Maguire*; are the nominees for Best Supporting Actor. Golden Globe winner Norton can win again for his performance as a

murdering, crazed altar boy. He will have some stiff competition from the Samuel L Jackson who gave a riveting performance as a father who murders the men who attacked his daughter

Those films nominated for Best Picture are; *The People vs. Larry Flint*, *Jerry Maguire*, *The English Patient*, *Shine*, *Secrets & Lies*, and *Fargo*. *The English Patient* won the Golden Globe in this category. The film doesn't have much of a shot for an Oscar because it lacks the famous names that the other films have. The race for the award will be between *Shine* and *The People vs. Larry Flint*.

For Best Director; Milos Forman, *The People vs. Larry Flint*; Joel Coen, *Fargo*; Scott Hicks, *Shine*; Mike Leigh, *Secrets & Lies*; Anthony Minghella, *The English Patient*. Golden Globe winner Milos Forman has a good chance to win another award for his acclaimed direction of, *The People vs. Larry Flint*.

This year at the Oscars will be good for some actors, who will come away with their first award. For others, the awards will be a night they would like to forget. Whatever the case may be, tune in March 24 to see if your favorite actor or actress wins.



Thursday February 20, 1997



# Entertainment

## The material girl

by Angela Carlisle

Madonna's learned to appreciate the idea of doing things in a simpler way. Since the birth of her daughter Lourdes Marie Ciccone Leon on October 14, 1996. Madonna maintained a low profile during her pregnancy which is very unlike her. She has said to be very happy about being a mother.

Madonna's full name is Madonna Louise Veronica Ciccone. She was born in Bay City, Michigan on August 16, 1958. Her parents names are Madonna Fortin and Sylvio (Tony) Ciccone. Madonna's mother died when she was five years old. Her father then employed a house keeper named Joan Gustafson whom he then married and is still married to. Madonna has three sisters Melnie, Paula, and Jennifer (half sister) and four brothers Martin, Mario (half brother), Christopher and Anthony.

Madonna has only married once and that was to actor Sean Penn on her 27th birthday, August 16, 1985. The marriage officially ended on January 10, 1989 when Madonna, for the second time, filed for divorce on the grounds of irreconcilable differences.

Madonna has changed her look more times than be counted, setting trend after trend in the 80's. Within months of Madonna's appearance on the music scene, teenage girls everywhere were doing their best to imitate her rag-bag style. Her early eighties style is best captured in her "Lucky Star" video which features fishnet tops, hair tied in rags,

and, of course, the famous belly button.

By the time of her third album was released, Madonna had gotten rid of her rubber bracelets and ripped layers in favor of a more sophisticated look. Ma-



onna then turned to the French designer Jean-Paul Gaultier for the costumes used in her 1990 Blonde Ambition World Tour. She will never live those cone bras down. Then in 1993 she turned to one of her favorite designers, the Italian duo of Dolce and Gabbana, who outfitted her in Edardian suits to enormous disco wigs. She has recently gone to the Italian Gianni Versace, who is famous for ultra-sexy looks. She has been spotted in his designs both on the street and at public appearances ranging from her Pajama party, the Brits, and the Oscars.

Many people ask if Madonna's mole is real. The answer is yes, it is under her right nostril. It looks reversed in some pictures, but that is a result of a reversed negative at the time of developing. She sometimes covers it with make-up. Also, under all that dye her original haircolor is

dark brown.

Madonna played in many movies and as many different roles. Some of her most famous are *Desperately Seeking Susan*, *Who's That Girl*, *Dick Tracy*, *Truth or Dare*, *A League Of Their Own*,

*Body of Evidence*, and just recently *Evita*. Madonna has also appeared on Broadway. Her first attempt at stage acting came in a little unknown experimental theater piece entitled "Goose & Tomtom" which played for a short run in New York City. It cast Madonna and Sean Penn and Like their film collaboration was also a complete disaster. She also acted alongside Joe Mantegna and Ron Silver in a more recent David Mamet play, "Speed The Plow".

Right now Something To Remember features her most unforgettable hit ballads, along with three new songs and two hit singles never-before-available on a Madonna album. This is Madonna for those of you who like your music nice and slow. Among the three new selections are Madonna's latest single, "You'll See," and "One More Chance". Two different versions of Marvin Gaye's classic "I

Want You" open and close the album. Making their first appearance on Madonna album are two hit singles written for film soundtracks: "This Used To Be My Playground" and "I'll Remember". A few of Madonna's earlier albums are *Like A Virgin*, *True Blue*, *Who's That Girl*, *Like A Prayer*, *I'm Breathless*, *Red, Hot, and Dance*, and *Erotica*. Madonna has been on four tours The Virgin Tour (1985), The Who's That Girl Tour (1987), The Blond Ambition Tour (1990), and The Girlie Show (1993)

Prior to being a solo act Madonna was in quite a few bands. Some were: The Millionaires, Modern Dance, The Breakfast Club, Emmy, and also auditioned to be backup singer for disco singer, Patrick Hernandez. Hernandez is best known for his single, "Born To Be Alive". Madonna was influenced by alot of motown, like Diana Ross and Stevie Wonder in a few later years she was influenced by The Pretenders and The Police.

So much controversy has swirled around Madonna's career this past decade that very little attention ever gets paid to her music. Her songs are all but forgotten.No one will ever forget Madonna and the trends she's set and the and the styles no one really wanted to follow, like the cone bra's. While having no regrets regarding the choices she's made artistically. Madonna has toned down quite a bit but maybe it is for the better.

## Quakers start off strong in second half

The boys Varsity basketball team has went 5-3 since the second half of their season to improve their record to 8-9 and 5-5 in the MAC. Longanecker said It took most of the players a while to gain the experience that varsity players should have and that is why they got off to such a slow start. "The more experience the players received the more confidence they gained as a team and individually. Even though we got off to a slow start the players kept a great attitude and didn't hang their heads. This has helped to improve the way we have played."

The team made their record 3-7 with their loss to Canfield. Fourth quarter ended with Canfield 84 Salem 43.

Rick Straub was the game high scorer with 22 points to lead the team to their 81-69 win over Beaver Local. Casey Crawford and Casey Rhodes contributed 18 points a piece. Rick Straub completed 3-3 three pointers. This was their first win in their five game winning streak.

In their game against Niles the boys defeated the Dragons 67-57. Casey Rhodes and Brian Bush led with 13 points a piece. Jason Rice and Jason Fennema completed 11.

Their third win in their streak was against Howland, at the Tigers' gym. It marked the third year in a row in which the Quakers defeated Howland on the road.

Salem defeated Girard 49-43 Friday, February 7 for their fifth straight win. This win brought their overall record to 8-7 and 5-4 in the MAC. This is their fourth straight MAC win. Rick Straub led the scorers with 12 points while Casey Rhodes and Jason Fennema had 10 points. Defense played a big role in this game.

On Tuesday February 11, the Quakers lost to Marlinton 69-58. This was their first loss in the last six games. They stood even at 8-8 on the season. There were alot of turnovers and missed layups that added to the loss. Casey Rhodes led the Quakers with 18 points, six steals and four rebounds. He is also the number two scorer in the MAC. Casey Crawford had 9 points as well as Jason Fennema while also adding 9 rebounds.

The Quakers fell to rival Canfield last Friday 61-47, after closing to within a point midway through the final quarter.

The Quakers' final week has been busy, as they played Poland on Monday and Tuesday, and host West Branch on Friday February 21.

With the Poland loss on Monday the Quakers are now 8-10 and 5-6 in the MAC

## McDermott competes

### in sectional meet

by Shelby Perry and Megan Zagotti

Being Salem's only winter swimmer, Carey McDermott competed in the Hubbard sectional swim meet on Saturday, February 8. In the 50 meter free style McDermott was 9 out of

### McDermott continued

35 swimmers (third in heat). In the 100 meter free style she finished 11 out of 32 (fourth in heat). She is in her fifth competitive season out of the Alliance Family YMCA.

This winter season, McDermott has earned nine personal-best times in the butterfly, backstroke and freestyle events. She has competed in 13 YMCA and U.S.S. swim

meets. Her next meet is the United States Swimming Meet at Akron University. She will compete in the Junior Championships in the 100 meter freestyle and the 100 meter backstroke. She will also compete in the 50 meter freestyle at Cleveland State University

McDermott is coached by the YMCA head coach Drew Miller and assistant coach Lauren Evans.

## Lady Quakers win first tournament game

The Lady Quakers entered their tournaments on February 17 with a big win over Youngstown East 78-45. The Lady Quakers next tournament game is February 27 at Canfield.

In their regular season the Lady Quakers beat St. Thomas Aquinas 62-51 on January 22. Kelly Paxson had 19 points, 16 rebounds, 4 assists, and 2 steals. Shelby Perry had 15 points and Jana Stewart 14.

On Saturday January 25, the Quakers defeated Poland 62-61 bringing their MAC record to 7-1. Sarah Sommers led the way with 14 points. Amy Englert and Kelly Paxson each chipped in 13. Paxson had 11 rebounds.

The Lady Quakers defeated Struthers 58-50 taking first place in the MAC. Also improving their overall record to 14-3 and 8-1 in the MAC. Amy Englert had 17 points. Jana Stewart and Sarah Sommers both had 12.

Saturday February 1 the Quakers blew out Niles 78-36. Amy Englert led the way with 17 points, while Shelby Perry contributed 15.

Their defeat over Howland made their record 16-3 overall and 10-1 in the MAC. They won 71-61. Shelby Perry led the Lady Quakers with a game high 26 points. Jana Stewart, Amy Englert and Kelly Paxson each had 13 points. Kelly Paxson had 13 rebounds.

The Varsity Lady Quakers ended their regular season on a winning note. To make the night even more special, the girls celebrated senior night. It was a night of tears but also a night of cheers. Realizing that this was the ladies last night on their home court, that didn't get in the way of their determination to win. While loosing to Girard by one point earlier in the season, the Quakers showed that it was just a fluke by winning 75-35 and finishing 17-3 overall and 11-1 in the MAC. Three ladies fit into the double digit category. Shelby Perry scored 19, Amy Englert scored 16, and Kelly Straub scored 12. Sarah Fennema was 100% from the foul line (5 for 5) having 9 points overall. Kelly Paxson also added 9 points.

## Sports

### Quaker Notes

#### JV girls basketball undefeated



The JV girls basketball team has kept their winning record going with a win over Howland 46-25 on Wednesday, February 5. Robyn Wright had 10 points. Tracy Stapf had nine, and Jen Grubaugh had 8. The JV lady Quakers remain the only undefeated Salem winter sports team. Their overall record is 17-0. They are also 11-0 in the MAC.

The JV girls finished their season perfectly 19-0 remaining the only winter sports team with a clear record. On February 12, the girls beat Girard 51-27 to remain perfect. Kelly Straub chipped in 12 while Jen Grubaugh added 10.

#### Freshman girls finish strongly

The freshman girls beat Struthers 33-28. Courtney Harshman led the scoring with 12 points.

They played Howland and beat them 35-33. Harshman again led the Quakers with 15 points.

They also won against Stanton Edison North putting them on a eight game winning streak. The final score was 38-36. Courtney Harshman led again with 8 points, four steals, and two blocked shots.

The Freshman Lady Quakers lost to Brookfield on Thursday, February 6. Tracy Stapf led the scoring with

13 points.

#### Wrestlers look towards tournament

The Salem High School Wrestling team will be competing in the Division II Sectional and District Tournament on Friday Feb. 21 and Saturday Feb. 22 at Louisville High School. The Quakers have been busy competing to prepare themselves for the tournament.

The wrestling team was defeated on Wednesday February 12 by Jackson Milton 35-27. Ralph Smalley and Doug Graybeal pinned. Winning decisions included Wayne Benner, Jack Pasco, Keith Menough, and Nate Aldrich.

Seniors Josh Mendez and Nick Bourne placed second in the EWOL. Senior Wayne Benner placed fifth and freshman Brian Rea placed third overall. There were 16 teams in this tournament including Salem, Boardman, Fitch, Beaver Local and 12 other good wrestling teams. Salem placed tenth out of 16.

#### Skating just for fun

by Megan Zagotti

Amongst the student body at Salem Senior High are a lot of very talented athletes. Many play school related sports, such as basketball, football, wrestling, tennis, volleyball, soccer, baseball, softball, track and cross country. Others don't. Rollerblading, hockey, rugby, swimming, and skating are some sports that people are good at but don't get very much attention here at school.

Katherine Smith has been skating for 13 years. When she was five her church scheduled skating parties and her mom started her in group skating sessions to improve. Ever since then she has accomplished many things. Smith has won over 120 plaques, medals and trophies. Smith skates in the Great Lakes division, which include five states. There are three different divisions in skating, figures, dance, and singles. She does mostly dance but no jumps. She also has no problem finding a partner when she needs one since she is pretty well known in the skating world.

Smith's favorite part of skating is winning. "I think winning shows your accomplishments and how all of your hard work has paid off," said Smith. So far her hard work has taken her many places. In 1996,

Smith was named Ohio Artistic Skater of the year. She also won the silver medal for the 1996 Sophomore Ladies Figures, which was in the Nationals. Smith has been to the Nationals five times in her skating career. Three times they were in Lincoln, Nebraska and twice they were in Syracuse, New York. Her skating has also taken her to the East Coast. She hopes to accomplish her goal of winning the Junior World Class events and move on to the World Class Events for 1997.

Smith has a very busy day-to-day schedule. In the summer she practices six times a week, five hours each day. During school she practices four times a week, two week days, and on Saturday and Sunday. On the weekends she has to be at The Skate Zone in Austintown at six o'clock a.m. for practice. When not skating, Smith studies and has a part time job at Wendy's. "It's a lot of hard work and I never have any free time," said Smith.

Her coach Skip is a great coach and she doesn't want to skate for anyone other than him. She said, "Skip is like a father to me." Smith will continue her skating if she goes to Youngstown State University, but other than that she is not sure what she will do.



# Sports

## Frosh cheerleaders go national

by Shelby Perry

The 1996-97 freshman cheerleading squad goes down a path never taken by Salem cheerleaders before... National cheerleading competition. The squad members are Amanda Hendricks, Katie Ventresco, Sarah Dillon, Jaci Drake, Aileen Vogel, and advisor Jeri Close.

The squad entered regional competition held at East Liverpool High School. They won first place out of many squads that competed in the Youngstown area. Their routine lasts a total of 2 minutes and 30 seconds. It begins with an introduction that lasts 15 seconds which includes tumbling and gymnastics. Next, they have a sideline chant and cheer and finish off with a dance routine.

Advisor Jeri Close commented on keys of the team by saying, "All of them are good students and they don't argue. They work hard and do more than expected." The girls even hold extra practices to become better. Close has been a cheerleading advisor at Salem for two years. She also said, "The girls want cheerleading to be considered a sport and to do this, they know they have to practice as much as all the other athletes in sports practice."

Some background information about each of the cheerleaders is included below:

Sarah Dillon has been cheerleading for three years. She was involved in dance for four years and gymnastics for three years. Dillon enjoys cheerleading because she loves spirit and

getting the crowd motivated. She chose to cheer because she has always had a lot of school spirit and that is where she wanted to use her skills. Dillon looks at the competition as, "a great learning experience to meet other talented squads."

Jaci Drake has been cheerleading for three years and was involved in dance two years. Drake enjoys cheerleading because she

ing. Vogel chose to cheer because she loves sports and enjoys cheering on teams. Vogel looks at what they've done as, "a great accomplishment, and we are a great team. We have worked very hard and we have a great advisor."

Katie Ventresco has been cheerleading since eighth grade. She has been involved in dance since preschool and gymnastics

she likes sports. She is aware of the history involved in their team's success. "We are the first squad to go in the history of Salem."

Nationals for this year will be held in Williamsburg, Virginia on March 23. Squads in 14 different states will compete. The awards in are given to the top three squads. The winner receives a trophy and a \$500 ECA summer resident clinic scholarship. The first runner up receives a trophy and a \$400 ECA summer resident clinic scholarship. The last award given is to the second runner up who receives a trophy and a \$300 ECA summer resident clinic scholarship. Close said, "There are a lot of changes in our routine that have to be made before going to nationals." Some of the girls on the squad are in gymnastics to help them become better for their national routine.

The national trip to Williamsburg will mostly be paid by the cheerleading booster club. In addition, Close is hosting a competition in Salem as a fundraiser for their trip. It will be held on March 1 and will include varsity squads from many Columbiana County schools.

likes promoting school spirit, motivating the crowd, and learning routines while perfecting them with the squad. She chose to be a cheerleader not only to be a part of Salem athletics but to prove that cheerleading is more than what it seems. It takes discipline and a lot of talent and coordination. Drake is surprised about their success, "I'm so excited. I never thought we would make it this far."

Aileen Vogel has been cheerleading since seventh grade. She was involved in gymnastics for three years. She enjoys cheerleading because it's fun and motivat-

since last year. Ventresco enjoys cheerleading because it's fun. She chose to cheer because she wanted to be active. Ventresco figured she could cheer and be good at it. She realizes what the team has done. "It's nationals and it's a great accomplishment for us."

Amanda Hendricks has been cheerleading for three years. She was involved in gymnastics for a year. She enjoys cheerleading because she gets to cheer and be with her friends. Hendricks chose to cheer because

