

The Quaker

A High School Tradition for 85 Years

Volume 85, Number 3

Salem Senior High School

December 15, 1997



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drawing by April DeMar

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Epic Brass Band

by Deanna Thomas

The Epic Brass Band came to Salem High School on Dec. 3, at 2:00. The performance of the band was sponsored by the Community Concert Association. The band consisted of five members, Steve Nadel, Chip Halt, Jamison Clark, Chris Sala, and Earl Raney. They have been playing together for the past fourteen years. They perform an average of seventy-eight times a year all around the world. The band brought roaring cheers from the students.

New Year's resolutions

By Erica Raymond & Deanna Thomas

As we say good-bye to 1997, think about what you want to do differently in 1998. Make a New Year's resolution and actually keep it. You might want to resolve to get to school on time or stop fighting with your little brother. Maybe you want to get a new job or learn how to knit. Whatever your resolution, 1998 could be the year to try it.

- Chris Ayers (11)**- "For my New Year's Resolution I'm giving up Algebra II."
- Heather Earl (12)**- "Make Don ask me to marry him."
- Amanda Burt (12)**- "To find a guy that isn't a player, graduate, then go to college."
- Jason Bricker (11)**- "Instead of having Mrs. Close for Algebra II, get a teacher that's not a FRUIT! (Just kidding)"
- Matt O'Brian (11)**- "Reschedule my classes so I don't have Algebra II with Jeri Meri Momsberry." (just kidding)
- Mrs. Close**- "To make sure that I don't have Jason Bricker, Matt O'Brian, or Chris Ayers for the 3rd year in a row. (Just kidding) (seriously) To get in shape."
- Kristina Thomas (10)**- "To be a better person."
- Stephanie Shelton (10)**- "Not to make any more resolutions."
- Lantz Bricker (11)**- "To drink so much milk that someone else throws up, but I get in trouble."

Club Highlights

- French Club**
On Jan. 13 there will be an exam cram for the French exams. Bring your pop and snacks to room 208 at 2:50 p.m.
- German Club**
On Dec. 21 join in the Christmas caroling. In Jan. go ice skating at Ice Zone after semester exams.
- Academic Challenge**
On Dec. 3 there was a Knowledge Master Opening (national competition) done by computers.
- Spanish Club**
On Dec. 13 the club met at 1:00 p.m. in the school parking lot. They then had dinner at Don Panchos at 1:30 p.m. followed by a pinata party.
- Interact**
On Dec. 12 at 5:00 p.m. there was gift wrapping done at the Salem Computer Center. A Christmas party at 6:00 p.m. was held at Lisa Eckhart's house that same day. On Dec. 20 ring bells for the Salvation Army, sign up in Mr. Hutson's room. On Dec. 13 there was a Children's Christmas Party at Timberlanes. On Dec. 19 there will be a co-cession stand at the boys home game, bring two "2-lite bottles of a coke product."

Seasonal displays

By Erica Raymond

If you and your friends are searching for something to do this holiday season, check out Yellow Duck Park's Festival of Lights and the Canfield Fairgrounds Holiday of Lights. Yellow Duck Park, located on Route 46 between Canfield and Columbiana, now has two hundred new displays. Drive through the park and see Santa Claus, his reindeer and the elves surrounded by sparkling Christmas lights and decorations. The gates are now open weeknights from 5:30 p.m. till 9:00 p.m. and from 5:30 p.m. till 10:00 p.m. on Friday and Saturday. The Canfield Fairgrounds Holiday of Lights has many fabulous Christmas displays. The fairgrounds, on Route 46, is open every night of the week from 6:00 p.m. to 10:00 p.m. The cost of your trip through the lights is a mere \$8.00 per carload. (That's 14 of your closest friends and family members!) So cram as many of your friends as you can into the family station wagon and head out to Yellow Duck Park and the Canfield Fairgrounds tonight.

News

Chinese New Year

By Erica Raymond

Chinese New Year begins on January 28 and lasts until early February. During this holiday, houses are decorated with narcissus flowers and oranges. Fireworks are set off all over the villages. The parents of the Chinese children give them red envelopes filled with money to celebrate the coming year. The Chinese take this day to honor their ancestors. The families and friends gather to pay tribute to the gods and to spend time together.

Happy Kwanzaa!

By Erica Raymond

Kwanzaa is an African American holiday celebrated from December 26 to January 1. The word Kwanzaa means "first fruits of the harvest". The holiday is based on festivals in Africa to celebrate the gathering of crops to feed the community.

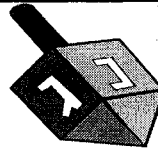
During Kwanzaa, African Americans come together to celebrate their history and culture and to honor their ancestors. People reach out to their friends and think about their shared beliefs and values. These beliefs are known as the seven principles. The shared principles are unity, self-determination, collective work and responsibility, cooperative economics, purpose, creativity, and faith. Prayers, gifts, readings, and foods are all part of the celebration. Kwanzaa is not a religious holiday. It's a celebration that focuses on family and friends and on the ties that hold them together.



Christmas Memories

by Deanna Thomas

The White Christmas Dance falls on December 27 once again. It will be held at the Salem Golf Club. This year's theme is Christmas Memories. The dance will be sponsored by the senior student council. The tickets will cost \$ 35.00 per couple and \$ 17.50 per single. The pictures will be from 6:30 p.m. to 7:30 p.m. Dinner will be served at 7:30 p.m. and will end at 8:30 p.m. The dancing starts at 8:30 p.m. and continues until 11:30 p.m. Have fun and enjoy your night.



Hanukkah

by Deanna Thomas



Hanukkah is a Jewish holiday that celebrates two very important events. One event was when the Jews won victory over King Antiochus and his armies. The second event was the rededication in 165 B.C. at the Holy Temple in Jerusalem.

The eight stick candle called the menorah brings back the rededication of the temple. The celebration is known as the Feast of Lights. This year it begins on December 24th and lasts for eight days. Every night a candle is lit. It starts out as one candle, then the next night it will be two and so on. Prayers and songs are done throughout the night. All the ceremonies thank God for their victories and the right to worship their God. Resources: The New Book of Knowledge Encyclopedia, vol.8.



by Deanna Thomas

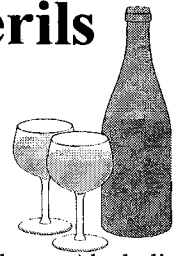
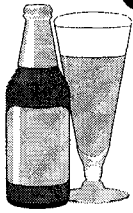


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Christmas carols and drunken perils



by Trisha May
**’Twas the night before Christmas,
 When all through the house,
 Not a creature was sober—
 Not even the mouse...**

How many of you are going to that “house” over Christmas break? You know...the house that forty of your closest friends are at along with lots of mind-altering substances. Yet the most common is, you guessed it, alcohol. There is nothing like a house full of twenty or so drunken teens to bring about mischief or a topic for me to write about.

I am claiming neither innocence or guilt concerning drinking. Yet I should share my thoughts about drinking with you. Maybe you only drink at an occasional party. Then you start drinking on the weekends until you are drinking every weekend faithfully. Soon after, a week night becomes a drinking night. Before you know it, you are always drunk, hungover, or getting ready to go out and drink.

For those of you who drink like that, I am afraid that your future may be drowning in the foam of a Bud Light. I’ll assume that most of you do not drink alone, and instead you drink with your high school buddies. Well, you will probably have drinking buddies in college too. Then someday, you will have buddies at work you will hit the bars with.

You’ll almost always have “buddies” to drink with.



Surprise, this is how alcoholics are born. Alcoholism is not a disease that comes from one night of drinking, nor does it happen over night. It occurs gradually. Right now, as teens, is when you are most vulnerable. Habits you pick up early, good or bad, will probably stick with you all of your life.

Diseases take lives every day. Unlike certain diseases, alcoholism can be prevented. Some researchers speculate that alcoholism may be genetic. If you have a family member who is an alcoholic, you have a better chance of becoming one yourself. Yet that is not an excuse. You become what you let yourself become.

You will drink alcohol if you want to. I cannot stop you. No one can if you really want to. That goes for anything you do in life. So if you want to get drunk, vomit, pass out, and have blackouts—go ahead. I guess for some that’s a good time. That’s your party—enjoy it while it lasts!?! It will not last forever and neither will your life.

Note to the reader: Don’t drink and drive over the holidays or any time. You know better, and you should not have to be told. Yet, you do. Have a Merry Gee Golly Christmas! (Maybe even stay sober!?!)



**...And so the cops yelled
 as they read us our rights,
 “You’ll all get one call.
 and you’ll all stay the night!”**



Are you drinking too much alcohol?

Answer yes or no to the following questions.

1. When you are holding an empty beer at a party, do you always actively look for another instead of waiting to be offered one? y or n
2. If given the chance, do you frequently take more beer for yourself than seems to be the “going” amount for others? y or n
3. Do you often have a drink or two when you are alone, either at home or in a bar? y or n
4. Is your drinking ever the direct cause of a fam-

ily quarrel, or do quarrels often seem to occur, if only by coincidence, when you had a drink or two? y or n

5. Do you feel that you *must* have a drink at a specific time every day—right after work, for instance? y or n

6. When worried or under unusual stress, do you almost automatically take a stiff drink to “settle your nerves”? y or n

7. Are you untruthful about how much you had to drink when questioned on the subject? y or n

8. Does drinking ever

cause you to take time off work or school, or to miss scheduled meetings or appointments? y or n

9. Do you feel physically deprived if you cannot have at least one drink every day? y or n

10. Do you sometimes crave a drink in the morning? y or n

11. Do you sometimes have “mornings after” when you cannot remember what happened the night before? y or n



Evaluation

You should regard YES answer to any one of the above questions as a warning sign. Do not increase your consumption of alcohol.

Two YES answers suggest that you may have already become dependent on alcohol.

Three or more YES answers indicate that you may have a serious drinking problem, and you should get professional help.

(Questions taken from: *TM American Medical Association Family Medical Guide* Copyright ©1987)

Opinion



Tinsel-time traditions

by Rachael Protzman



With the holiday season upon us, it is yet again time to put up the Christmas tree, the mistletoe and the stockings. Christmas carols will be played over and over on the radio for weeks. On Christmas eve, or maybe Christmas day, the whole family will sit down to a big Christmas feast. Although variations do exist, this scene is played year after year in homes across the country. It is tradition.

For the most part traditions are wonderful. It is nice to know that we celebrate a holiday the same way generations did in the past. But some traditions are just pure pointless. Each year millions of people pour into malls and department stores to start their holiday shopping on the day after Thanksgiving. What exactly is the sense to this seemingly pointless tradition? Do people enjoy spending the day with a loud, hot, and just plain tiresome crowd? It is tradition to be around screaming children and impatient adults. It is also tradition for adults to fight over a specific toy for their child. Isn't this slightly third grade? It is just astounding to hear about fights over Tickle-Me-Elmos or Holiday Barbies that become physical.

Yet another seemingly pointless tradition is played out by the radio stations. They begin to play Christmas songs on Thanksgiving, if not before. By the time Christmas actually comes around, listeners are so tired of hearing the same carols again and again that they want to toss the radio out of a ten story window hoping to rid their heads of the tunes. Many people enjoy decorating their houses with colored lights. That's a great tradition, but not when they put them up in October. It always seems that these same people leave their lights up until March. This is stretching the spirit just a bit. Each year Christmas seems to start earlier and last longer.

Not all traditions lack purpose though. Every year the Salvation Army posts bell ringers all over the country to collect money. Also, our school has canned food drives each year at Christmas. These traditions provide needy families with food, clothes, and even gifts. This is a tradition that should continue for many more years.

Traditions are not always dumb, some just have no point. So, next time you go to do something during the holidays just because you have done it every year in the past, ask yourself if there is a point to what you are doing. You might save yourself what could be a waste of time.

Chairs are dropping

by Melissa Sandoe

Every day I sit in the cafeteria at lunch time and I 'll be talking to a friend when all of a sudden I hear a **clutter-bang** followed by an uproar of AAAAYYYY! Am I the only one who thinks this is really dumb? I mean yeah, it's funny for a while but when I hear it every time a chair drops then it gets on my nerves.

As stupid as I think it is I don't think the punishment is fair. Of course we need to keep it under control but I don't think it's being handled right. If a chair is dropped and a teacher sees it the student gets detention even if it is

an accident. I've seen some people who drop their chairs purely by accident. I know they would not do it on purpose, but they get in trouble anyway. That is sooo unfair. I wouldn't want to get the same consequences as the people who do it on purpose.

True, I want this trend of dropping chairs to come to an end, however, I don't think handing out detentions is the way to stop it. Some kids that go to this school have never learned anything by getting punished anyway. I'm sure there is another way of bringing this harmless but childish act to a halt. And I don't mean by making the penalty worse. I think a good

way to make it stop would be to make them stand at lunch for a few days. If the teachers stay cool about this, I think the students wouldn't do it as much.

As strange as it may sound I think it would actually provoke kids to do it more often. It would just be another challenge to meet as far as they're concerned. They think it's fun. Some others think it's dumb. You can think and feel whatever you want and have your own opinion about this but personally—I think it stinks.



Faculty Focus

(From the Salem High School library, Mrs. Wrask, librarian)

*Our school library is in the process of "weeding" (discarding) old books in order to make room for the new ones that will be purchased.

*Did you know that 250-300 students visit the library per day every day?

*Just in time for Christmas our library will be receiving four more networked computers and a printer. Students should be able to use them when they return from break.

*If you have not yet received your new e-mail account be sure to stop and pick up a form from the library as soon as possible.

*With your new e-mail account you will be able to access First Search, which is a huge magazine index. This will really benefit seniors who are writing their term papers. Students can send the articles to their e-mail accounts and print them at the library or at home. For more information on this, speak to Mrs. Wrask or Mrs. Rottenborn.

*The automated Buckley library will soon be finished. Mrs. Rottenborn has loaded all the records for books and all the elementary aides helped bar-code the books. In January work will begin to automate the books at Reilly Elementary School. Also, Reilly will implement a reading/computer program designed to help students increase their reading ability.

Feature



Holiday traditions

by Sarah Lederle & Rachael Protzman



The holiday season is once again upon us, and we all know what that means. Time to see all those relatives whom you haven't had to put up with for a year, open your presents, eat eat eat, and rekindle those rituals that are special to your family. Here is a sampling of the traditions SHS students enjoy during the holiday season.

By the way, in collecting quotes for this article we encouraged students to utilize their creativity in coming up with their responses. Some of the responses are true and some are not, but all are guaranteed to amuse and/or amaze you, our valued readers. Sarah Lederle and Rachael Protzman are not responsible for any misunderstandings that this article may cause.

Rob Chamberlain (12) — "When I'm done eating I like to get all the guys in the family in the same room, watch a football game, and have a belching contest."

Robin Landacre (11) — "We cut the head off of a chicken and then place it on top of the tree, instead of a star, and dance around the tree naked singing Kumbaya."

Jessica Weingart (11) — "We sing Christmas carols in the background while a rousing rendition of *The Scarlet Letter* is read to lift our holiday spirits."

Matt Stockman (12) locks himself in the basement and watches *A Christmas Story* 24-7.

Casey Crawford (11) — "The lunch ladies come over and cook up some fries."



Kevin Smith (12) — "I take my pet Moose for a walk..."

Ryan Nyardy

(12) — "We open our presents in our birthday suits."

Dustin Bates (11) — "My Filipino stepmother shakes a can of pennies, has dinner at midnight, and puts a bag of rice in the center of the table."

Jessy Cable (10) — "Standing on the front lawn with Christmas lights wrapped around me."

Patrick Stewart (9) — "We dress cats up like elves."



Danielle Burt (10) dresses as the Easter Bunny on Christmas day.

Josh Sowers (12) — "We have a ceramic pickle that Mom hangs on the Christ-

mas tree on Christmas eve. On Christmas morning we all look for it and the person who finds it gets a special present."

Pam Williamson (11) — "We make red & green pancakes."

Adam Zagotti (9) — "I dress up as a Christmas tree and parade around Salem at midnight on Christmas eve."

Ben Field (11) — "We hang live squirrels by their tails from the roof to keep carolers away."

Bob Yuhanick (12) goes to Taco Bell for his annual Christmas Burrito Supreme. **James Frank** (9) sings "Noel" in Japanese.

Jeremy Halverstadt (11) — "Filling the house with mistletoe and inviting unsuspecting females over."

Katie Welsh (10) — "My family takes turns jumping

down the chimney."

Billy Bobson (9)

— "I climb up on the roof and pretend I'm a reindeer."

Bill Powell (10) — "I go trick-or-treating on Christmas Eve."

Celeste Elliott (11) — "I frolic in the snow with my invisible elf friends."

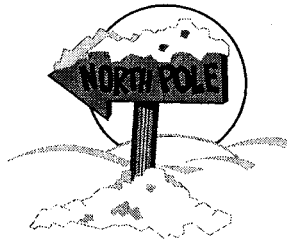
Susan Tkatch (11) — "Lisa Butch and I construct Morton buildings for Little Mai Ling."

Mr. Esposito — "Fried squid on Christmas eve!"



Happy New Year!

Feature



Christmas wishes

by Stephanie Woods



With only ten shopping days left it's time to encounter the numerous traffic jams and crowded shopping malls associated with the holidays. Time once again for the endless search for the perfect gifts for family and friends. Last but not least it's time to fork over that hard-earned holiday cash. With all this to do it's not hard to believe that this is a busy time of year. To make your job a little easier we've asked around S.H.S. Here's what some S.H.S students hope to find under their Christmas trees this year.

Jason Roberts-Hanson(10)—Downhill skis and my hair back.
Lory Blankenship(11)—A new car and a super model wearing nothing but a mile!
Matt Wolf(11)— I want Hannah Fritzman for Christmas!
Eric Simon(12)— I want Sarah Dillon for Christmas!
Stephanie Godfrey(11)— Casey Rhodes!
Andray Craik(10)— ALL YOU PUNKS TO STOP KILLING ME CRACK!!!
Antz Bricker(11)— For Greg Boyer to get a razor.
Jim Lucas(12)—A bowling alley in my backyard where Princess can play.
Asha Preisler(10)— To stop at Jenn and Aileen's store.

Craig Veon (12) — A bridge to Babylon.
Stephanie Schmid(12) — Dance lessons from Mick Jagger.
Eric Hodgson(11) — My list is short this year... I want a Hummer.
Jenn Lipp(12) — I want Joe Lecocq to meet me at the flagpole so that we can settle things once and for all. Bring it on buddy!
Quinn Hazen(12) — I want Lake Baum to fix the big dent in the side of my car!!
Sarah Zamarelli(12)— I want a Chevette just like Ammie Marino!! (with a hole in the floor)



Rob Chamberlain(12) — All I want for Christmas is my license back.
Courtney Dunlap(9)—A man and some money!
Abi Willeman(10)—Aileen Vogel's video idea to come true!
Courtney Pilch(12)— I want to go to the "Malt Shop" with Mr. Mehno.
Jenny Joy (9)— I want a lollipop!
Tom Jenkins (11)— To get a puppy dog to cuddle with.
Cari Sanchez(11)— To have another wholesome internet conversation with Teabag 740.
Casey Ward(12)— I want to wake up and find Jim Thome under my tree in nothing but his red socks!
Alisha Hall(12)— A car with heat!

Paul McKee (9)— I want to bench as much as Jen Lederle.
Jan Peters (12)— I want to host Saturday Night Live.
Laura Jeckavitch(9)—I want my parents to get new jobs.



Even if you don't get exactly what you want from Santa remember it's the thought that counts. Christmas shouldn't only be associated with gifts and presents. Instead this season, try to expose the true meaning of Christmas through togetherness and generosity. Most of all remember that the most precious things in life are often those that money can't buy.

Christmas carols that never fail to stick in your head

by Rachael Protzman

1. *The Little Drummer Boy*
2. *Deck the Halls* (Fa La La La La lalalala)
4. *Jingle Bell Rock*
3. *Hallelujah Chorus*
5. *Grandma Got Run Over by a Reindeer* (enough said!)
6. *The Grinch Song* (Although the words are

- indistinguishable, the tune sticks in your head just as long)
7. *Twelve Days of Christmas* (see page 12 for an interesting variation)
8. *Have a Holly Jolly Christmas*
9. *Frosty the Snowman*
10. *We Wish You a Merry Christmas*





Losing a loved one

by Shannon Sutherin



I know I can't possibly understand how people feel when they lose someone. Nobody close to me has ever died. So, I personally have never experienced the thoughts, feelings, and actions taken when this happens. I think I would probably break down and fall into a deep depression. With the holiday season approaching, I can see how the feeling of loss would return. The idea of family togetherness may dwindle in the eyes of those who lost someone close. Bringing back repressed feelings can easily cause this. But, there are ways to cope with the loss of a loved one.

When people are willing to acknowledge that the person has died, they go through a grieving stage. The first phase of grief is shock. They may train their minds to think that the person is sleeping, that they'll wake up. They may feel numb and feel as though they are walking around in a daze. Some things that may happen when the person is experiencing shock include emotional outbursts, explosions of anger, and hysterical sobbing or screaming.

The second phase of grief is accepting the reality of the loss. This is the time when individuals truly acknowledge that their loved one is gone and is never returning. Their feelings are often unpredictable. One minute they can be laughing with someone, the next minute they may need a shoulder to cry on for support. Saying good-bye to someone is always hard. And they must remember that when they say good-bye it doesn't mean that they no longer love the deceased or that they will forget them altogether. It means that they "let go of being connected to him as if he were still alive," says Therese Rando, author of Grieving.

The third and final stage of grieving is when the loss of the loved one is accepted and they begin to rebuild their life. The simple pleasures in life, such as laughter and social activities are reborn. Instead of constantly thinking and reminding themselves of the death of their loved one, the mourner is able to carry on with their life.

I have often heard that the first year after the loss is the worst. Emotionally, it can put people on a rollercoaster of feelings, full of highs and lows. But there are ways to handle them. Some examples are as follows:

-Find friends, family members, a support group, or a counselor who will listen, hold your hand and visit regularly.

-Ask friends and family members for a hug when you see them.

-Give yourself time alone to reflect, feel and release your sorrow.

-Talk with someone who has been through a devastating loss.

-Allow yourself to cry.

My heart truly goes out to those people who have lost a loved one, whether it be a friend, a family member, or even a close pet. If you have lost anyone close to you a week ago, a month ago, or even a year ago, I hope these steps can help you through your grieving process.

Information taken from: Keys to Dealing with the Loss of a Loved One written by Mary K. Kouri, Ph.D.



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The Quaker Proposal on Student Expression

We, the staff of *The Quaker*, hereby acknowledge our responsibility to provide informative and entertaining reading pertaining to the student staff, and parents of Salem Senior High School.

To make *The Quaker* a credible newspaper, we will aim for accuracy and objectivity, with the truth being our ultimate goal. It is also our duty to make prompt corrections when necessary. However, we must also respect the rights of others as we gather and present news. We are not permitted to invade a person's right to privacy.

The Quaker staff encourages input from readers in the form of stories, essays, letters, et

It's Christmas time in the city

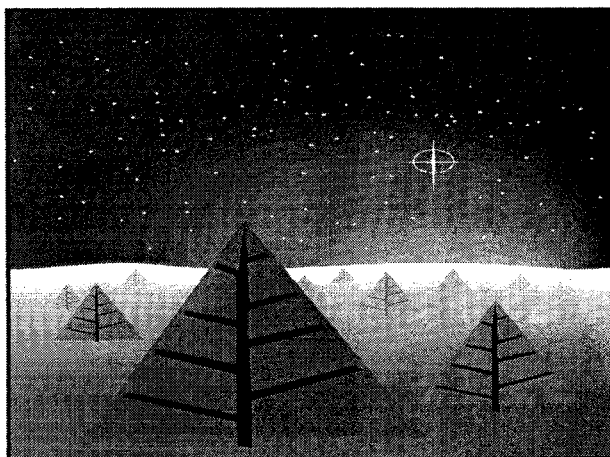


by **Connie E. Morris**

Christmas, a time of togetherness is the celebration of the birth of Jesus Christ. When young children are growing they usually think Christmas is the only time to be good because the man in the big red suit is coming to bring presents to the good boys and girls. Let's take a look at how students at Salem Senior High interpret Christmas.

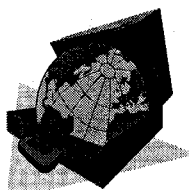
- Aileen Vogel (10)**- A family time!
- Mr. Conser**- A chance for everlasting life.
- Andrea Stone (9)**- Presents!
- Jennifer Phillips (12)**- spending time with my family and my sweetheart (Bill Hinchliffe)
- Jason Roberts (10)**- The time when we celebrate the birth of our savior and presents of course.
- Byran Cody (11)**- Celebrate the birth of Christ.
- Angela Craik (9)**- Spending time with family & friends.
- Jeremy Forsythe (10)**- Sitting on Santa's lap!
- Stephanie Shelton (10)**- A time for family and the celebration of Jesus' birth.
- Chris Rice (12)**- Christmas buds, money, parties, Jelly beans!
- Ryan Gross (10)**- Receive my Austin 3:16 T-shirt
- Amanda Burt (12)**- FOOD!!! And my Rubber Ducky!
- Nick Ferreri (12)**- money, no school, things to buy with \$\$\$\$
- Jessica Morrow (11)**- It mean getting lots of presents and lots of money.
- Bill Flaata (10)**- Getting something you like from someone and acting like you like it, then finding a storage place for it.
- Josh Sowers (12)**- Christmas is an excuse for rich old guys to get richer.
- John Bishop(12)**- Not much
- Steve Simmos (11)**- Lights are cool; and it is an excuse to kill trees.
- Matt Swartz (9)**- A time for family to get together and have a good magical holiday.
- Keith Jackson (9)**- Spending time with family
- Steve Keen (9)**- Presents and food
- Jamie Oberle (10)**- Sales and presents
- Michael Hardy (9)**- Spending time with family
- Tim Craik(11)**- Money!

As you can see Christmas has many meanings for different people. Most importantly many people do include their family and friends in the meaning of the word. There is a prediction that Christmas in the future will eventually turn into a complete materialistic holiday that will have no other meaning!



College Corner

by **Connie Morris**



Mount Union College

Address: 1972 Clark Avenue Alliance, OH 44601-3993

Phone: 832-2590

Population: 1,353-Full time students

Test Requirements: SAT or ACT

High School Preparation: 15 units

Financial Aid: 90% of freshman receive it.

Tuition: \$12,950

Room & Board: \$3,530

Application Fee: \$20

Books & Supplies: \$450

Other expenses: \$550

Youngstown State University

Address: 410 Wick Avenue Youngstown, OH 44555-0001

Phone: 742-3150

Population: 9,336-Full time students

Test Requirements: SAT or ACT

High School Preparation: 16 units

Financial Aid: 65% of freshman receive it

Tuition: 3,084 in state

Room & Board: 3,950

Application Fee: \$30

Supplies: \$500

Other expenses: \$950

University of Toledo

Address: 2801 West Bancroft Toledo, OH 43606-3398

Phone: (419)530-2775

Population: 14,639 full time students

High School Preparation: 16 units

Financial Aid: 42% of freshman receive it.

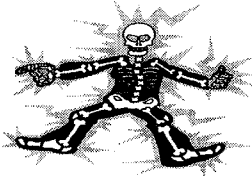
Tuition: \$3,399

Room & Board: \$4,167

Application Fee: \$30

Other Expenses: \$2,727

S.H.S. suggests that by Christmas time your college applications should be filled out and sent to the college you plan to attend. After Christmas plan to start preparing for financial aid.



When it is over ... how do you remain friends?

by Connie E. Morris

Relationships are very beautiful things that are nice to have and sometimes hard to come by. Unfortunately once you are in one they can go bad for many different reasons. After a relationship is over you need to make it clear "it is over." How are you to do that and keep a friend at the same time? I am sure many people have heard, "I just want to be friends." You may have even used it yourself, because in many cases it is true the problem is that people just do not know how.

Once you shared so much with someone it makes it hard to face them. It is easier to remain friends if the relationship wasn't very long or if breaking up was a mutual agreement. When getting into a relationship one of two things are going to happen, you are going to be life long partners with that person or it will not last.

After you break off a long meaningful relationship you need to stay away for a period of time. This doesn't mean talking bad about them or totally ignoring them. Give them a chance to allow it to sink in. Then you need to start the friendship off slowly. If you jump right in and start doing thing together you will be giving your ex partner the wrong idea and more feelings could be hurt. Cut the phone calls to almost none. Most importantly when you do break up tell the person why, no matter how much it may hurt them. Not knowing that answer can drive them crazy and stay on their minds for a long period of time. Once you tell that person you must stand your grounds but understand their feelings. If you want, apologize but not for what they may have done but because he relationship didn't last or because you hurt them. Make sure they understand the reason behind you apology.

One you start to move on, don't hide the fact but don't rub it in their face either. If you come in contact with your ex when you're with your new significant other treat your ex like any other person. Treat them like a friend. After a while your ex will move on with his or her life and hopefully you both will come to realize you weren't meant for each other, but could be good friends anyway.

Obsessed much!?!

By Renee Loutzenhiser

The lights go down and silence fills the air. On the screen shadows spread over the sidewalks. The brave heroine walks slowly down the street unaware of the dark stranger lurking in the background. Suddenly he springs and she screams...

It doesn't always happen like this in real life. For one, stalkers are not always tall dark sinister people who hide in the darkness. It is possible for the person to be a complete stranger, but the scary thing is that it is also possible for the person to be someone you have known since you were a child, or someone you were taught to respect and trust. Secondly, all stalking victims are not always women. Men can be targeted as victims as easily as women can.

Stalking is a very serious matter and for any of you who might have been stalked in your lifetime (and I hope there aren't any of you out there.) you know it can be a very frightening thing to go through. Stalking can be anything ranging from repeated prank phone calls to someone actually following you around. There are probably some of you out there that are still unsure about whether someone is just being friendly or whether they are actually stalking you. Well here's my advice to you, if a situation makes you uncomfortable or uneasy than maybe you should find someone you can trust like a parent or guidance counselor and get some help. If you let the problem go, chances are that it may get worse and become an even bigger problem like kidnapping.

I know this sounds crazy but it's true! It is estimated that every 60 seconds one person is kidnapped (or abducted) in this country. That is a lot of people, and almost all of those people were stalked in some way, but for many reasons it was ignored. If you are ever afraid of someone stalking you please don't ignore it and hope that the problem goes away. Seek help before anything happens because it is better to be safe than be sorry.

TOP TEN SIGNS IF SOMEONE'S OBSESSED

By Trisha May

1. They threaten to harm themselves or others if they can't have you.
2. They compliment you on everything you do, say, etc..
3. They write you long sobby letters saying they can't live without you.
4. You see them driving past your house everyday three or four times.
5. They call you four or more times a day.
6. They know more about your life than you do.
7. They follow you just about everywhere you go.
8. They carry pictures or you with them, even ones from second grade.
9. Your name is written all over their notebook, books, etc..
10. They have conversations about you constantly.

True friendships

by Brandi Gibson

Friends are important because they help satisfy our need for affection. Friends help us through bad times and have fun with us during good times.

True friends sometimes seem non-existent but you know when you have found someone whom you can call a friend. True friends can be trusted with your deepest secrets. They encourage you in your goals, and share your hopes and dreams for the future.

There are good and bad times in all relationships. When you feel that a friend has betrayed you, it hurts. First, you need to

cool down and then go talk to your friend. Stan Ziegler, an adolescent psychologist, says the worst thing that you can do is not talk. It may just be a simple misunderstanding. Most of the time you don't want to end the friendship, so when your friend apologizes, forgive him/her.

One of the things that all friends like to do is have fun. As Ralph Waldo Emerson once said, "It is one of the blessings of old friends that you can afford to be stupid with them." With friends you can play

around and say silly things. They won't make fun of you because they feel comfortable enough to do the same.

Sarah Rahhal, Coordinator of the Employee Assistance Program at the University of Oklahoma Health Science Center gives some suggestions for maintaining healthy long-term friendships.

☞ Show that you value the person and make a commitment to spend time together.

☞ Share and be assertive regarding your thoughts,

needs and feelings. Encourage your

friends to do the same

☞ Be a good listener.

☞ Respect individual differences without being judgmental.

☞ Resist temptation to give advice unless your friend specifically asks for it.

Friends are very important especially at this time in our lives so remember- to have a friend you must be a friend.

Sources: Teen magazine February 1991 & "The Friendship Page: Historical Friendship Quotes." Internet 11 November 1997



IBE CBE- the class and the club

by Connie E. Morris

Salem High School's Intensive Business Education & Cooperative Business Education class is a selected program for juniors and seniors interested in the business world that is taught by Mrs. Schneider in room 203. The fee of the class is \$35.

Intensive Business Education or IBE is for the junior class. This class is taught 1st and 2nd period. In that time they are taught keyboarding skills and begin to learn Word Perfect 5.0. They come back to the class 5c-8th period. In that time they are taught filing, correct calculator procedures, accounting, and work more on Word Perfect 5.0. The total amount of credits given is 4 1/2.

Cooperative Business Education, CBE is for seniors. This class is taken with the juniors 1st and 2nd period and those students leave school between 3rd and 5th period and then go to work. The students receive 1 1/2 credits for class time and 3 credits for working.

Some of the upcoming events of the program includes a February 13 concession stand at a basketball game, business Olympics consisting of: paper clip chain, waste basket toss, rubber band shoot, and spelling. Breakfast is planned for November 6, March 26, and May 29. The class has had and will continue having speakers from the business community including the topics of personnel savings and loans, coeducation administration procedures, informational job seeking techniques, social issues like working with people

who have HIV or Aids and more. President Josh Eyenon commented "As president I plan to produce a successful class by continuing my services in every way possible. Such as bringing in more speakers, be more involved with the students, and motivating the students to their full potential."

The class holds a maximum of 20 students and a minimum of 15. This years class consists of 9 seniors and 6 juniors. Including senior Angie Marroulis who is tied for Valedictorian of the 1998 class. Selection of the class is based upon attendance record, academic, citizenship in school, a one on one interview, teacher recommendation, and a pre-employment test.

Mrs. Schneider has been teaching this class for 17 years and 3 years as a combination of juniors and seniors. Other teachers of the past include Mrs. Dohar, Mrs. Hadad, Mrs. Conkle, and Mrs. McKenzie.

Mrs. Schneider feels the class is a smart class to be involved in because college is not for everyone and by taking this class it gives students skill to drop back on. It also gives students the opportunity to save money toward college while still in High School. It helps student learn to work with adults and adjust to life after high school. CBE/IBE President Eyenon feels this program is great and has given him the background he needs for the work force. He said he would recommend this class to everyone.

Stolen: Christmas Traditions

by M. Stuckey Ltd.

December 25- Christmas Day- will soon be upon us. Christmas decorations have been on Salem streetlights since before Thanksgiving. Soon the tree will be up and presents of all shapes and sizes will be shared.

Ever since childhood, Santa Claus, the Christmas Tree and other symbols of Christmas have always been associated with the well-known Yuletide holiday. We have celebrated these traditions for most of our lives. Although we celebrate the traditional holiday customs, we often do so without any knowledge of their history.

Santa Claus

Santa Claus, Saint Nicholas, and Kriss Cringle are all names for the jolly figure of Christmas giving. His true name is Nicholas, a Christian saint who lived in Asia Minor between 280 AD and 350 AD. Saint Nicholas, the Bishop of Myra, was known for his great love of children and extensive generosity.

Saint Nicholas' remains were enshrined in a pilgrimage center in the city of Bari in southern Italy. Pilgrims spread stories of Saint Nicholas throughout England. In Germany his name was Sankt Nikolaus or Kriss Kringle; the Dutch knew him as Saint Nikolaas or Sinterklass. In the 17th century, as a result of Dutch colonists, Americans began to know the saint as Santa Claus.

The Christmas Tree

The Christmas tree is believed to have been introduced during the Middle Ages (18th century) by Germany. The Christmas tree is usually an evergreen, a symbol of Christmas spirit and immortality. St. Boniface, an English missionary, arrived in Germany during the 8th century. He is believed to have associated the evergreen with Christmas celebration.

Hanging Christmas stockings

The custom of hanging stockings on Christmas Eve is a story associated with St. Nicholas. Three sisters feared they would never marry because they had no gifts for their spouses. Once one of the sisters reached the marriageable age, St. Nicholas would toss a bag of gold into her window. One night, the bag landed in a stocking that was hung by the fire to dry. Now people hang stockings in hope to profit from Santa's generosity.

Christmas Greenery

Long before Christ's birth, the Romans, during their winter festival-or Saturnalias- carried laurel, holly, and other greens in processions. The Romans thought mistletoe represented peace and that enemies would reconcile beneath it. The modern custom of kissing underneath the mistletoe may be related to this belief.

Holly, one of the most common Christmas greens, is said to symbolize Christ's crown of thorns. Its sharp leaves are symbolic of the thorns. The red berries represent His blood.

Christmas Gifts

Gift exchanging stems again from the Roman's winter festival. During Saturnalia, the Romans presented the emperor and each other with tokens of luck called *strenae*. The story of The Three Wise-men and their gifts to the Christ Child also contribute to holiday giving traditions.

Christmas Candles

Christ-"The Light of the World" is represented at Christmas by candles. Many people place candles in windows during the Christmas season. This Middle Age custom was intended to lead the Christ Child to Christian homes. In modern society, electric lights have widely replaced candles.

When Christmas comes this year, before you stare at your gifts hungrily, think of what Christmas is actually all about. It's a time that the whole world shares and it shouldn't just be a time to ravenously unwrap your presents. When Christmas arrives and most of you race to the tree (or the garage as some of you might), remember everything that goes into the Christmas season. Happy Holidays!!!

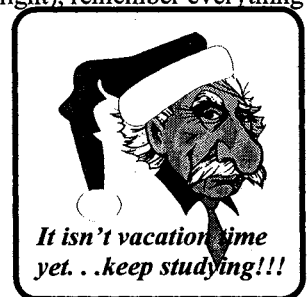
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beat the log to ensure their good fortunes. On December 8th, the Feast of the Immaculate Conception begins and lasts an entire week. Children in Spain fill their shoes with straw and leave them out for the three wise men to fill with presents.

All of our customs and traditions have been taken from different countries. The U.S. is a country of all different religions and backgrounds. It only makes sense that are holidays have been customized to fit our country. In doing this we have borrowed traditons, customs, foods, and carols. That is the American Christmas.

Monday, December 15, 1997

The Quaker



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Christmas around the world

By Tanna Handwork

U.S.

Christmas in the U.S. is celebrated by every race and almost all religions. In the U.S. you are free to celebrate Christmas as you wish. Many of the U.S. customs include the Christmas tree, stockings, mistle toe and many more. Since America is a country of all backgrounds, you can probably guess that our Christmas has been taken from all countries.

England

Christmas in England is celebrated as the merriest time of the year. Wassailing and feasting are the main ingredients for their Christmas. Bringing in the yule log is also a custom. On Christmas Eve you pick a log then on Christmas morning you bring it in and everybody touches it and makes a Christmas wish. England has started the grand tradition of mistle toe. Serving up the boar's head is also a tradition. These customs are hardly practiced anymore. Now England has become more commercial about Christmas.

Germany

Christmas in Germany is a little different. It is celebrated on the 6th. Children leave their shoes out overnight on Nicholas Day and their shoes get filled with little gifts. In Germany they believe in Saint Nicholas or Santa Claus. If the children were good Saint Nicholas would reward them, but if the children were bad his opposite, would punish the children with lumps of coal and switches. Christmas in Germany brings about dozens of different pastries. On the 24th people set up Christmas trees and attend church. Christmas as we know it on the 25th is a legal holiday in Germany and is now celebrated.

France

Christmas in France now has become a family holiday. In earlier years, New Year's Day was a much bigger holiday than Christmas. New Year's eve is an adult holiday and is when gifts are exchanged. The Christmas tree in France is not as popular as it is in other countries. The French however do love to light their cathedrals for the three midnight masses. Carols, bells, and carillons are a favorite tradition.

Spain

Christmas in Spain is when families get together. Christmas is in a way a family reunion. Noche buena or the good night is what we refer to as Christmas eve. Christmas day is a day of celebration, dancing and singing is very common. As in other countries Spain also has a midnight mass. The midnight mass is attended to welcome the Christ child. As in England a yule log is brought in, but unlike the English touching it to make a wish, they

continued on page 13

Carol of the Month



This month in honor of Christmas, ...of the Month goes to one of all of our favorite carols, *Rudolph the Red-Nosed Reindeer*.

Rudolph has been sung by virtually every child in America. The song brings smiles and promotes Christmas spirit and in doing so deserves the spotlight of ...of the Month.

Rudolph the red-nosed reindeer had a very shiny nose

And if you ever saw it, you would even say it glowed (like a light bulb)

All of the other reindeer, used to laugh and call him names (like Pinocchio)

They never let poor Rudolph, join in any reindeer games (like Monopoly)

Then one stormy Christmas eve Santa came to say Rudolph with your nose so bright, won't you

guide my sleigh tonight

Then all the reindeer loved him, and they shouted out with glee (yipee)

Rudolph the Red-Nosed Reindeer, he'll go down in history (like George Washington)

The Twelve Days of Christmas

by Sarah Lederle

- 1st day — an Altoid in an Altoid box
- 2nd day — two space monkeys
- 3rd day — three Nerdmobiles
- 4th day — four green beans
- 5th day — FIVE GOLDEN SPORKS!
- 6th day — six cans of Spam
- 7th day — seven woolly mammoths
- 8th day — eight albino deer
- 9th day — nine Smurfs a'frolicking
- 10th day — ten holy jumping canal fish
- 11th day — eleven Mongolian sheep
- 12th day — twelve Manager's Special donuts

Wacky and Zany Sports Mishaps

by Lisa Butch

Professional sports, for the most part, are taken pretty seriously by players, coaches and fans alike, but sometimes things that are strange, bizarre, or just downright hilarious happen. Some examples are as follows:

Ⓢ Most foul balls are just that- foul balls, but one foul ball turned out to make quite a mess. In 1903 a ball was fouled out of the Boston grandstand and was lodged into the shutoff mechanism of a factory's steam whistle. When workers at all the neighboring factories heard the noise they evacuated, assuming there was a fire. A huge vat of baked beans was being cooked at one factory, and no one remembered to turn it off. A few minutes later the vat exploded, blew the factory roof off, and showered all the baseball fans at the ballpark with tons of baked beans.

Ⓢ In 1919, Indian's pitcher Slim Caldwell was going into the ninth inning with a 2-1 lead against the Athletics. All of a sudden he was struck, not by a ball but a bolt of lightning. Caldwell did survive, and actually finished the game for a win when he came to!



Ⓢ Shooting a basket-

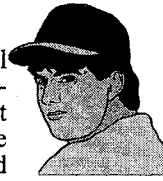
ball at the wrong basket once is embarrassing and does not occur all that often, but has anyone actually done it twice in the same game? Billy Ward has during a high school basketball game. He was extremely embarrassed after the first time, and on the very next play the ball was inbounded to him and he put it right back up in the wrong basket.

Ⓢ While shooting in the wrong basket happens, running the bases backwards is unheard of, unheard of that is except to Jimmy Piersall. Piersall was so displeased about being on a team as inept as the 1963 Mets, that upon the scoring of his 100th homer he ran the bases backwards, not knowing he was going to get fired for it. His excuse for pulling the stunt was "that way I can see where I've been."

Ⓢ During the closing moments of Super Bowl XXVII Leon Lett of the Cowboys picked up a fumble and ran for what he thought was an easy touchdown. Right before Lett reached the goal line, he slowed down and started his celebration by holding out the ball. Meanwhile Don Beebe of the Bills caught up with Lett and knocked the ball out of his hands before he crossed the goal line for a touchback!

Ⓢ In 1993 Jose Canseco of the Texas Rangers was fielding a long fly ball by Carlos Martinez of the Indians, and Jose lost sight

of the ball for a moment. It hit him on the head and bounced over the fence for a home run for Martinez!



Ⓢ In Super Bowl III the Jets came out on top of the Colts with a little help. Colt's quarterback Earl Morrall called a flea-flicker to get Jimmy Orr open in the end zone. When Morrall got the ball he threw it to a running back who then threw it back. When Morrall then looked for Orr he could not see him so he threw a forced pass which was intercepted by a Jets player. It turned out Orr had been in the end zone the whole time, wide open, but Morrall could not see him because he and the band standing behind the end zone both had on the same shade of blue!

Ⓢ Larry French, relief pitcher for the 1933 Pirates thought he could hit the showers early since his team was leading the Braves 8-0 in the ninth. While he was showering, the Braves came back and made the score 8-7. Then the call came for French to pitch and he didn't even have time to rinse off. He put on his uniform and got the win with soap running down his neck.

Ⓢ Information for this article was obtained from Sports- Heros, Feats, and Facts.

Top Sports Movies

by Chris Williams

In my opinion, the following movies are the greatest and worst sports movies of all time:

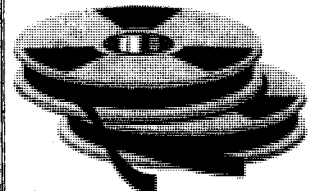
Top ten greatest sports movies of all time

10. Cobb
9. The Pistol
8. Hoosiers
7. Slapshot
6. The Program
5. Caddyshack
4. Kingpin
3. Happy Gilmore
2. Porky's
1. Major League



Top ten worst sports movies of all time

10. Rookie of the Year
9. The Scout
8. Air Bud
7. Rudy
6. Space Jam
5. The Mighty Ducks
4. Eddie
3. Quarterback Princess
2. Caddyshack II
1. Major League II

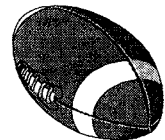


Monday, December 15, 1997

Sports

The All-American Sport

by Chris Williams



For years there has been a debate among sports fans about one question, "What is the All-American sport?" The two major sports that come to mind usually are baseball and football. Some say that baseball is the All-American sport because it has been played in the United States for more than 150 years. Baseball is, after all, "The National Pastime." Others argue that football is because the U.S. is the only country that plays it. Canada does play football but there are variations on the rules. For example, there is a fifty-five yard line and a certain way you can score just one point without scoring a touchdown and having to kick an extra point. Of course, any sport played in this country could be considered to be the All-American sport. Personally, I think it is baseball because America has a great baseball tradition, heritage, and history. Here is what other students said:

- **Cory Blankenship** (11) football-because football's great
- **Ria Werner** (10) tennis-Salem tennis players are studs
- **Matt Stockman** (12) water polo-it's a great trick how they get horses underwater
- **Rachael Protzman** (11) golf-it's the sport of kings
- **Jehan Hirameneck** (12) baseball-all the young kids want to go to the ballpark
- **Bob Yuhanick** (12) drag racing-it's too fun to be anything else
- **Brad Devine** (12)&
Mike Stoudt (12) Cleveland Browns football-football started in Northeastern Ohio

- **George Andres** (11) there is no All-American sport because money corrupted all of them
- **Gary Wadlo** (9) football-everyone watches it
- **Jeff Humm** (9) football-it's the most attended sport
- **Keith Hernstrom** (9) golf-because Trey Hendricks does it
- **Jim Wauk** (12) football-Steelers rule
- **Nick Hovanic** (9) bowling-I like the shoes
- **Todd Korda** (9) football-Browns in '99
- **Megan Stockman** (10) basketball-because Mr. Allen is cool

JV and Freshmen Seasons

by Lisa Butch

Most people know how the varsity fall sports did, but many do not know anything about the junior varsity or freshmen. Since the JV and freshmen teams are the future varsity teams, looking at them reflects how our varsity teams may perform down the road. The following information cites their records for the fall season.

The freshmen football team went 0-7 for the year, while the JV team coached by Mr. Sean Kirkland went 2-6. Kirkland stated that "it has been a season of a lot of growth, we [coaches] learned a lot from them [team], and hope to take them to the varsity level next year."

The girl's soccer JVs went 3-11-1 under Coach Craig Anderson, while the JV team for boy's soccer went 4-6-6 under Coach Travis Zeigler.

Mrs. Connie Ward led the freshman volleyball team to a 10-7 record while the JV volleyball team did well at 17-3 under Coach Molly Copacia.



Senior Spotlight



Due to circumstances that *The Quaker* staff can not control we have not been able to get comments from a couple of the fall sports' coaches. We would like to recognize the seniors of those teams by listing their names under their respective sports:

Girls Tennis

Alisha Hall Jennifer Lippiatt
Mandi Jackson Kelli Winkler Gretchen Mueller

Golf

Brian Mehaffey Mack McConaha
Shawn Devan
Steve Colian Craig Veon



1001 W.
State St.
Salem, Ohio
44460
332-4458

Homemade Rootbeer
Fresh Cut Fries
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Open 7 Days - year round



Sports

Defunct sports teams

by Chris Williams

See if you can remember any of these forgotten sports teams that had to go out of business because of lack of money, support from fans in the area, or some other reason.

Major League Baseball: All teams played from 1876-1899

Cleveland Spiders Washington Nationals Detroit Wolverines
Providence Steam Rollers Milwaukee Cream Cities

National Football League:

Team	Years Played	Team	Years Played	Team	Years Played
Akron Pros	1920-25	Dayton Triangles	1920-29	Dallas Texans	1952
Buffalo All-Americans	1921-23	Duluth Kelleys	1923-25	Toledo Maroons	1922-23
Canton Bulldogs	1920-23	Milwaukee Badgers	1922-26		
Columbus Panhandles	1920-22	Muncie Flyers	1920-21		

National Basketball Association:

Team	Years Played	Team	Years Played	Team	Years Played
Chicago Stags	1946-50	St. Louis Bombers	1946-50	Pittsburgh Ironmen	1946-47
Cleveland Rebels	1946-47	Sheboygan Redskins	1949-50	Washington Capitols	1946-51
Detroit Falcons	1946-47	Toronto Huskies	1946-47	Indianapolis Jets	1948-49

Information for this article was found in *The 1996 Information Please Sports Almanac* by ESPN

SHS Cheerleaders receive honors

by Mandi Jackson

In recent months, SHS has had the privilege of recognizing some of its superior athletes. Cheerleaders Aubree Jackson, Katie Ventresco, and Amanda Hendricks are three athletes who have been commended throughout the community and will now be traveling to other states, and even other countries to participate in national and international cheerleading events.

Senior Aubree Jackson attended the Macy's Thanksgiving Day Parade in November. She was chosen for this trip at a UCA (Universal Cheerleaders Association) camp that the SHS cheerleading squads attended in July. Jackson also competed against other cheerleaders at the camp and made the

All-Star Cheerleading squad.

Another All-Star cheerleader, Katie Ventresco will be traveling to London, England to participate in the New Year's Day Parade. She was selected during a competitive try-out for the UCA All-Star squad.

Also going on a trip this year is Amanda Hendricks. Hendricks was one of three freshman cheerleaders chosen at the 1997 ECA National Cheerleading Competition to attend the Pro-Bowl in Hawaii this February.

Although cheerleading has never re-

ally been considered a true sport, in recent years, it has become popular for its true athleticism. In fact, most state colleges offer full tuition scholarships to cheerleaders. Jackson commented that she feels that cheerleading is no longer an activity of just cheering for a school team. It's becoming more of its own sport, especially at SHS, through cheerleading competitions, hard work, and dedication.

Cheerleading coach Jeri Close said, "It has been my goal to increase the strength of the Cheerleading program in

Salem and promote it as a sport." The SHS Cheerleading squads competed at a competition in Stow, Ohio on November 23. They will also be competing in East Liverpool, Ohio on January 11. In addition, Salem will be hosting its 2nd annual Cheerleading Competition in March. Close further commented that the accomplishments of Aubree, Katie, and Amanda, as well as the squads in general, have made her goal easier to achieve. She added her appreciation that the other coaches in the building realize the goals of the cheerleaders and have been working well with them.

Photo above from left: Aubree Jackson, Amanda Hendricks, Katie Ventresco

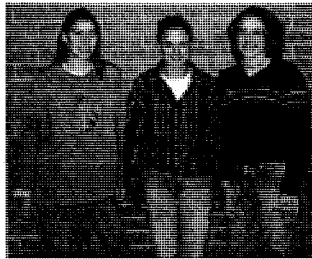


Photo by Mandi Jackson