

THE QUAKER

A HIGH SCHOOL TRADITION FOR 86 YEARS

VOLUME 86, NUMBER 3

SALEM SENIOR HIGH SCHOOL

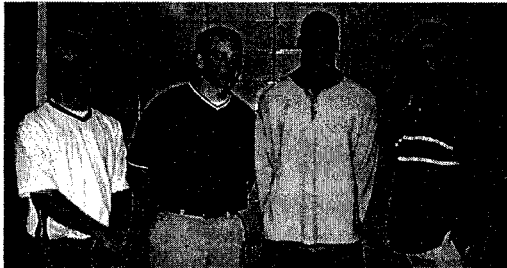
NOVEMBER 23, 1998

Prokop reigns as Sadie Hawkins King

Heidi Talbot

This year the yearbook staff sponsored the Sadie Hawkins dance. It was held on Friday, November 13 from 8:00 to 11:00 p.m. The dance seemed to be the opposite of most because the dress style was casual and the girls did the asking. The theme was "Autumn Nights," and the music was provided by the HOT-101 DJ Justine Thomas. The candidates were Brian Bailey and escort Cari Sanchez, Chad Copacia and escort Anne Roberts, Reuben Dunlap and escort Jen Grubaugh, Aaron Helmick and escort Tricia Callahan, Matt Prokop and escort Danielle Haselow, Matt Wolf and escort Hannah Fritzman, and Lou Angelo. The evening's biggest event was the crowning of Matt Prokop as King.

*Matt Wolf,
Aaron
Helmick,
Reuben
Dunlap, and
Lou Angelo*



*Matt Prokop,
Brian Bailey,
and Chad
Copacia*



All good things must come to an end

Chris Williams and Carey McDermott



Salem's girls' cross-country and volleyball teams both had stellar seasons, ending in regional and state tournaments. The cross-country team finished fifth overall in Division II competition at the Ohio state meet. It was the third consecutive year the team finished as one of the state's top five teams. The meet was held on November 7 at Scioto Park in Columbus and involved sixteen teams. The Quakers had an overall score of 163 behind Mogadore Field (96), Marlinton (119), Kettering Alter (156), and Pemberville Eastwood (162).

"It's been a great

season," commented coach Frank Parks on the team's performance. "In my fourteen years of coaching, I've never experienced a season more competitive."

Individually, junior Sarah Loudon finished sixteenth in the 3.1 mile (5 kilometer) meet. Her time was 19:17, which was the third fastest in Salem history behind Theresa Kaine and Jenni Brown. Mary Bauman, also a junior, earned a time of 19:22, which is the fourth fastest in Salem history. Others who participated in the meet were seniors Angie Rank (19:40) and Kristen Kenst (20:59), and juniors Kristen Marroulis (21:03), Sandy Sauerbrey (21:19)

and Jill Bestic (21:33). Coach Parks commented that the girls all had grade point averages of 3.4 or higher and many qualified for Academic All-Ohio athletes.

Although the boys' cross-country team did not qualify for the state meet, senior Eric Hodgson competed in the boys' Division I meet as an individual runner. Hodgson finished thirty-sixth in the meet. His time was 16:17, which was his personal best. Hodgson also was an Academic All-Ohio athlete for this season.

The Salem varsity volleyball team also competed in regional tournament action. The team

played state-ranked Tallmadge in the first round and was defeated 15-9 and 15-1. Kelly Paxon led Salem with seven kills and a tip. Robyn Wright had six points, six kills, three blocks and an ace. Abbi Yuhnick scored three points. Kristen Elze, Allyson Shultz and Tracy Stapf had five, three and two kills respectively. "[The] Salem girls played very well... but Tallmadge played to their potential and won the match. The juniors on the team look forward to next year and going back for another chance," coach Conser said.



Club News

Janis Rogers

NATIONAL HONOR SOCIETY

On November 11 a meeting was held featuring guest speaker Dr. James McConnel from KSU. The topic discussed was community service. National Honor Society and chairperson Susan Tkatch will be having a coat drive during November and December 1998. Honor roll students are to be recognized with free movie passes.

INTERACT

Interact has been in charge of some of the concession stands at the volleyball games, assisted the Rotary at their Pancake Breakfast, and will have a free gift wrap at the Fiesta Shop to help the Salem Merchants. Interact also had a dance, followed by a sleep-over at Kent -Salem for all the foreign exchange students from around the area.

TACT

Mrs. Cozza would like to thank the 65 tact members who attended the successful Halloween Masquerade and Hayride last month. Plans are still being made for November and December parties.

FRENCH, GERMAN, SPANISH AND INTERACT

These clubs joined together for a Halloween party at the Country Club in October.

GERMAN CLUB

Throughout November, German Club will be collecting non-perishable food items and providing Thanksgiving dinner for a local family in need.

FRENCH CLUB

During the week of November 16-20, French

Club took donations for the Humane Society. Items to be donated were newspapers, towels, stainless steel and/or plastic bowls, dog and/or cat food, and coupons for dog/cat food. Items were to be dropped off in room 208 or given to any French Club member. This year's Christmas party will be on December 7 at the First Baptist Church from 6-8 p.m. There is going to be a gift exchange. The limit of purchases is \$5.00. Members are asked not to forget their covered dishes.



The spirit of giving

Heidi Talbot

For so many, Thanksgiving is just another day. Not many people realize how privileged they are to have a nice home to return to. There are so many people living on the streets with little means of survival. Some of these people may receive warm meals once or twice a year, but what will happen to those whose are neglected? There are so many things that seem to be taken for granted. Thanksgiving is a holiday of that kind and it reminds people to look at what they have and to be grateful. Keeping with the theme of giving, some people from Salem are making memories last a lifetime.

The Salvation Army has always been generous when it comes to giving during the holidays. They are asking for assistance because they can not reach their goal alone. They are asking for donations of 450 turkeys. When this quota is reached, they will be distributed to families in the Salem area.

The members of St. Paul's Church always seem to show their spirit with their preparation and distribution of food baskets for those who are less fortunate. The food baskets are made in proportion to the size of the family. If you are interested, please call 332-0336.

If you are interested in helping out, there are many things that you can do. Some ideas are helping out at a shelter and collecting cans of food. Also donating blood is beneficial because blood is the scarcest during the holidays. So in conclusion, giving is a great act of kindness that completes the idea behind the first Thanksgiving.



Bulletin Board

Important dates to remember:

	<u>Test date</u>	<u>Registration deadline</u>
SAT	January 23 March 20	December 18; December 30 late February 12; February 24 late
ACT	February 6	January 4; January 15 late

January 14—Financial Aid Workshop at KSU-Salem, 7:00 pm

Students seeking information on college scholarships can log on to one of these exciting Internet sites:

ExPAN Scholarship Service—www.collegeboard.org/fundfinder/bin/fundfind01.pl

FastWEB—www.fastweb.com

MACH25—www.collegenet.com

Minority Online Information System—www.fie.com/molis/scholar.htm

SRN Express—www.rams.com/srn

RSP Funding Focus 9for America Online users, keyword "RSP"

NEWS

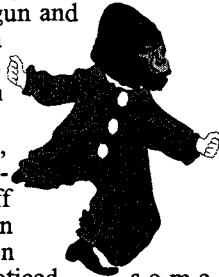
Say what?!



Strange but true real news stories

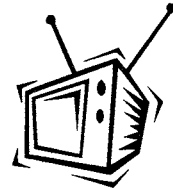
Jeremy Sternagle

- In England, a 16 year old boy died of using too much deodorant. The boy would reportedly go to his second story room and spray his entire body with deodorant at least twice a day. His parents said, "he just wanted to smell nice."
- A hunter in Uguanda was being sought after by local authorities for illegally hunting gorillas. The hunter shot them with a tranquilizer gun and then dressed them in clown suits. At the time, six gorillas were found wandering around in clown suits.
- In a recent college hockey game, 14 players were sent to the hospital due to a zamboni giving off excessive amounts of carbon monoxide - without ventilation open in the arena. Officials noticed something wasn't right when players started to become dizzy and faint. Wonderland Ice Arena manager Lisa Federic said, "It was just the most stupid thing."
- After losing six previous elections for parliament in Denmark, standup comedian Jacob Hacigaard finally got elected. And for his campaign, he promised: good weather, better Christmas presents, guaranteed tail winds for cyclists, and standard-size dust bags in vacuum cleaners. Way to go Jacob!



M.T.V. is back

Katie Yoder



Remember about four or five years ago when M.T.V. was taken away from us? Well now it is back, and I am not hearing any complaints from the rest of the student body.

M.T.V. is one of the most popular and successful stations on cable television today. So why was it taken off of our cable line-up? I recently spoke to the people of Time-Warner cable for some answers. Tele-media was the old cable company. They received many complaints from the people of Salem that M.T.V. was not suitable for all viewers to watch. So Tele-media took it off the air and replaced it with VH1. VH1 definitely was not the number one choice of music television for most teens. The absence of M.T.V. caused many complaints from Salem's youth. All the complaints in the world unfortunately did not bring back our beloved M.T.V. Until now. Time-Warner our new cable recently bought out all of the rights to Tele-media. The new line-up includes VH1 and M.T.V., which will hopefully help to please more people. Time-Warner does not plan on removing M.T.V. from their line-up anytime soon, complaints or not, because they have a contract with the station.

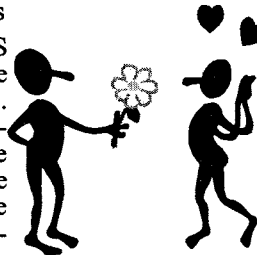
We all should be seeing these new stations by the end of this month. Many of us already have the new channels as different parts of Salem are being hooked up weekly. The total number of stations we should be seeing is 57.

MetaMORPosis...

The change from the Morp to Sadie Hawkins

Janis Rogers

The tradition of an SHS dance to which girls escort the guys began quite a while ago. The Morp (Prom spelled backwards) was, one could say, the former version of the Sadie Hawkins dance. Not sure of the exact year, most people estimated it to have begun about 20-25 years ago, and to have been replaced by the Sadie Hawkins dance around 10 years ago. Students dressed for the Morp according to themes (nerds, hippies, etc.). When the dance's name was changed, so was the style of dress. For the Sadie Hawkins Dance, the dress code is casual and couples dress alike. Will this event remain the Sadie Hawkins dance from now on, or will it change yet again? Only time will tell.



S

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Potty patrol The ladies of the lavatory

Megan Stockman

Did you ever get that feeling someone was looking over your shoulder? Well if you're a girl and you use the restrooms at the high school, it's probably true. Some of the staff have taken on the responsibility of watching over students and making sure the school rules are being obeyed...especially in the restrooms.

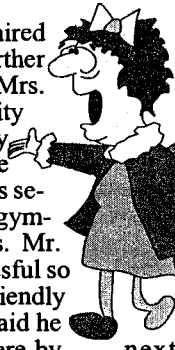
This year the high school has hired some new staff to help enforce and further the security issue. Mrs. Brookes and Mrs. Fields were hired as part of the "security package," says Mr. McShane. Not only do we have the new cameras, but also the hall monitors to make sure the building is secure, check outside doors, assist in the gymnasium, and monitor halls and restrooms. Mr. McShane has said that it has been successful so far, due to the pleasant people and the friendly help they offer. However, he had also said he didn't know if this system would be here by year or if it is just on a trial basis.

I personally think it's a good way for the school to keep an eye on the students, but have they gone too

far? Most girls that I've talked to say that it's very uncomfortable using the restrooms while a lady is standing there watching you. Not all of us are there to smoke or skip class. We simply want to go to the bathroom. There are other ways of catching smokers, and one isn't to stand there until we're done using the restroom.

The one thing I've been trying to figure out is what exactly are those clipboards used for? According to Mr. McShane, "It's actually used as a protective shield like Captain America," he jokingly replies. "You aren't important unless you have a clipboard. The monitors carry reference manuals and can also take very capacious notes. It also makes for a neat place to put your pen."

After talking to Mr. McShane he has also informed me that we girls aren't the only ones being monitored. He said that Mr. McDevitt, himself, and other male teachers go into the guys' restrooms throughout the day as well. Apparently this year, it's already been successful in catching students disobeying rules. Will we have such a thing next year? Who knows? We'll just have to find out as the security saga continues....



next

Letters to the Editor

To the editor:

I am truly dissatisfied with the Salem City Board of Education's rankled view on Groundhog Day. Apparently they believe that this important national holiday is not worthy of providing a day off of school. On February second, in Punxsutawney, Pennsylvania, the famous groundhog, Punxsutawney Phil, will predict the weather patterns of the next six weeks. During this important event, where will Salem's students be? That's right, attending school as always. The Groundhog Day tradition was first started on February second, 1886. The true patriotic Americans of the time knew the significance of this incredible day. It seems to me that Groundhog Day is being forgotten, much like Veteran's Day and Columbus Day. This same type of apathy led to 500 years of dark ages in Europe. Can we as true Americans allow future generations to forget their heritage and eventually their knowledge of all that has come before? The Salem City Board of Education has ignored this holiday for over a hundred years. With the approach of the new millennium, I say that it's time we stopped ignoring Groundhog Day. I want the Salem Board of Education to consider the guilt and shame of creating a future with no appreciation for Groundhog Day. What is a world without weather anyway?

Ben Field, senior

To submit a letter to the editor, simply put it in Mrs. Dye's mailbox or give it to any member of *The Quaker* staff. Remember to include your name!



Extra, extra read all about it

Megan Stockman

Ever find yourself getting a borderline grade, and needing just that little bit to kick it up? Most of us have at some point in our lives. That is why extra credit is so helpful.

Extra credit can help bring up those kinds of borderline grades. When you don't want to take that 84.4 home to mom, you beg and plead with the teacher to boost the grade by doing an extra assignment. In most cases, the teacher is happy to help.

However, recently it was decided by the staff that teachers are no longer allowed to give extra credit to students. But why? According to Mr. McShane, "Extra credit isn't necessary to replace a test grade. Test grades are to measure a student's performance in a particular class. If extra credit is given, it just inflates the grade. Bonus questions are a way some teachers give extra credit."

I personally think we should be allowed to do extra assignments for credit. I mean, it's not like we're getting free points; we're doing work for it. Writing essays or doing reports are good ways for students to learn as well. If you're doing an essay, you're still working on writing techniques, and if you're writing a report, you're learning about the topic. It doesn't make me think any less of my grade, I'm still leaning as well as doing more work. I really think they should reconsider giving extra credit to those students who earn it.

OPINION



Pointless penalties

Rachael Protzman



From youth we are taught that adults are always right, yet the older we get the more we tend to realize that they have the tendency to do stupid things like all the rest of us. Although usually adults do take the right action involving delinquents, there are times when their decisions have proven to be lame. Check out these punishments that have been dished out throughout the country.

****Minors in Gilroy, CA who break the 11pm curfew are sent to late-night detention and forced to listen to classical music until their parents claim them. (Um, yeah-everyone knows that Mozart and Beethoven are the ultimate punishment.)**

****To keep vandalism low, a politician from California suggested paddling teenagers who are caught defacing public property. (Where is this freak from-Nazi Germany?)**

****Florida police officers proposed putting up special streetlights that make zits glow in the dark to keep kids off the streets. (Obviously these guys were never teenagers.)**

****Juveniles in the streets after 10pm in Lancaster, CA face a \$700 fine or six months in jail if they're caught. Not only that, but teens are also rewarded up to \$1000 for turning in their pals. (Talk about encouraging good behavior.)**

****Mouthwash, cough syrup, and other low-alcohol household products have been banned from students in Loudon County, VA. Anyone caught with them will be sent to a substance-abuse clinic. (I guess these kids don't have the right to fight bad breath or colds.)**

****Eighth-grader Christopher Bolinger of Gettysburg, PA decided to freak out his buds by putting an Alka-Seltzer in his mouth and acting like a foaming, rabid dog. Unfortunately, the faculty was also disgusted and handed him a ten-day suspension. (It's a shame not all students who do**

gross things get the same punishment—the halls would be half-empty!)

****Jenna Fribley, an honors student in Indianapolis, was slapped with a ten-day suspension when she brought a Swiss Army knife to scrape the rosin from her violin. (I guess knives are okay for art purposes but not for music.)**

****Thirteen-year old Aqueelah Schareef of Sauk Village, IL was taken out of class while taking a test for parting her hair in a zigzag fashion. School officials claimed her 'do was gang-related and therefore against the school dress code. (camouflage anyone?)**

****Three seniors from Muskogee, OH were given 25 days of summer school for celebrating their ethnic pride at graduation. Danaj Battese Trudell wore an eaglefeather attached to her mortarboard to show her Native American heritage, while Garrica Johnson and Sydney Watts wore African tribal cloths over their robes. The students refused to serve their punishment and were eventually offered a scholarship to the University of Minnesota.**

****Students at Salem High School are given four nights of detention for causing an uproar in the cafeteria. Their crime? – dropping a chair.**

Unfortunately the punishment does not always fit the crime. My advice to these officials: Lighten up. Lucky for us, our officials would never even consider such drastic measures—right?

Opinion of the Month

Rachael Protzman

Compared to the number of things to complain about in the world, there is an extremely greater amount of things to be thankful for.

The Quaker Proposal on Student Expression

We, the staff of The Quaker, hereby acknowledge our responsibility to provide informative and entertaining reading pertaining to the students, staff, and parents of Salem Senior High School.

To make The Quaker a credible newspaper we will aim for accuracy and objectivity, with the truth being our ultimate goal. It is also our duty to make prompt corrections when necessary. However, we must also respect the rights of others while we gather and present news. We are not permitted to invade a person's right to privacy.

The Quaker staff encourages input from our readers in the form of stories, essays, letters, etc.

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College crisis

Cory Blankenship

College. A school of higher learning designed to give its students the skills they need in order to do the job they strive to do. College is also one of the most hectic things to think about for any senior on the verge of graduation.

College is something most seniors worry about because it is a big hassle. The hassles may be finding the right college, getting in your applications, the fear of not getting accepted to that one college you always wanted to go to, or any other step in the process of getting into college.

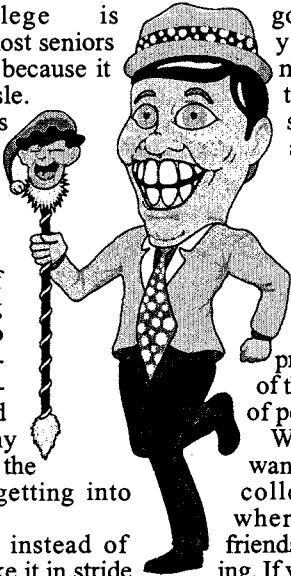
But instead of fearing it, take it in stride and face it head on. The key is to do everything the college asks you to do as early as you can. That will give the people who pick the upcoming freshmen a good chance to look at your application. You see, if you had to pick students to attend the university you work for, and you were looking at the first one on a stack of thousands, you would be less likely to re-

ject that application compared to already looking through hundreds and hundreds of them.

Also, picking a college can be just as hard. The key here is to pick a college based on if that college has a good program for your proposed major. Other things you should consider are population of the student body. Going from a small town to a college such as Ohio State could create problems because of the large number of people.

What you do not want to do is pick a college based on where your best friends will be attending. If you do that, your college career could bomb because it could not be the right college for you. Pick your college wisely according to your own feelings, not your buddies.

To wrap this up, I would like to say that college is supposed to be a great experience in our lives. So, choose the right college, work hard getting accepted, and make the best of whatever happens from then on in.



The Constitution in school

Applies to you or been given the shoe?

Cory Blankenship

How many of you fellow readers have ever been told to re-arrange your wardrobe or had to cover a part of your body exposed by the clothing you wear? If you have, your rights as a citizen of the United States have just been violated. The point is that if you are told to do something that would change your appearance or stop you voicing your opinions, your first amendment rights have just been walked upon. For example, all the girls that have been asked to cover their shoulders and/or mid-drifts because their clothing is too short, have just had one of the basic freedoms of our country taken away- the freedom of expression.

Under the first amendment, any citizen of the United States has the right to express him/herself in any manner they choose, in accordance with the laws of the town they live in. That amendment also states that that same citizen has the right to freedom of speech as well. Do we have that right here? Not at all.

Why is it that we live under one set of rules and go to school under another? It was the Constitution that set up the laws making school a mandatory establishment in a community. Then, the people who fill the jobs that stemmed from the establishment walk all over the document which gave them their jobs. And who do they think they are to do that?

I mean, to some degree, we should have a set of rules to follow while we attend school. But should they involve little things like piercings and tattoos? Those two additions to someone's body are so minute that it is foolish to tell someone to cover them up or to take the piercing out because it is "distracting".

In conclusion, I would like to say that getting pierced, tattooed, or wearing clothing that exposes someone's shoulders is too little to worry about. We are in school to learn, not to be contradicted about how we look and worry whether or not we will have to go home to change our clothes. It is stupid to go around monitoring people telling them how and how not to dress. Life is too short. In the immortal words of Pink Floyd, "Hey! Teachers, leave those kids alone!"

Don't 'cha feel Thankful when...

1. You don't finish your homework and the teacher doesn't collect it?
2. Your grade goes up a letter because of a .5?
3. You come home an hour late and your parents are unaware because they're asleep?
4. Mr. Hays brings around the trashcan at lunch so you don't have to get up?
5. You trip up the stairs and no one is around to see it?
6. We have a snow day?
7. You're a senior?



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FEATURE



Up Close & Personnel Elmo's friend and yours Mr. Chuck Trough

Sarah Lederle



Each day students enter Mr. Trough's classroom greeted by the friendly glow of Elmo, the overhead projector. Mr. Chuck Trough is known by the many students who take FST, trigonometry and calculus to be one of those rare teachers who can actually make mathematics entertaining. But there are, however, many things about his life and career that the students do not know.

Trough has been a teacher in Salem schools for 27 years now, his first eight years at the junior high. Besides being a teacher, Trough takes on various other responsibilities around the school. He is the chairman of the math department, advisor to the Math Club, assistant track coach, cross-country meet director, and the message board operator at Reilly Sta-



dium.

Trough's own high school career was spent at United Local, where he was involved in many extracurricular activities. A member of the football, basketball and track teams, he also acted in

school plays, participated on the newspaper and annual staffs, and was a library aide. Growing up in exciting downtown Hanoverton, Trough describes himself as an average student. But math has always been his favorite

subject. He attended Kent State to earn his bachelor's degree and got his master's at YSU.

Trough, who proudly proclaims himself to be "a product of the Sixties," spent time during the Vietnam war as an army intelligence officer. He worked for a year in the Pentagon before traveling to Vietnam to act as an intelligence advisor to the South Vietnamese troops. Another interesting aspect of his Army career is that, during this time, he acquired a tattoo of a butterfly.

Trough's happy family consists of his wife, Donna, son Darren, daughter Dawn, son-in-law Jim, and a grandson, Brooke. His hobbies include playing on the computer, working around the yard and collecting baseball cards.

Author of the Month: J.R.R. Tolkien

Nick Swetye

Earlier this month I attempted a survey to see who people's favorite authors and books were. I was stunned, although I should have been able to guess the results- that people don't really know what they like to read. Only about 3 out of the 20 people that I surveyed had read a book outside of school that they actually wanted to read. National surveys have reported similar results. So in lieu of this I decided to start a column that gave you, the readership, some info on some very good authors that perhaps you never thought of reading or that you maybe never thought to pick up again.

John Ronald Reuel Tolkien was born on Jan. 3, 1892, in Bloemfontein, South Africa. At the age of three his mother moved both him and his brother to England. Soon after the move Tolkien's father died and before he had finished primary schooling at Prince Edward's School his mother too died. She was only 36. Despite these misfortunes, he went on to college at Oxford and later became a Professor of English at the University of Leeds.

His writing career was born from his mastery of linguistics, and it began unofficially after the birth of his fourth child. Around that time he began to tell stories about a little creature named Bilbo Baggins. These tales would later manifest themselves into a groundbreaking genre of fantasy and adventure. J.R.R. Tolkien is now considered a major contributor to the English language, receiving numerous awards for his trilogy: *The Lord of the Rings*. His style of writing is astoundingly effective yet simple. One can hardly help reading a passage from his book and not feel as though grandpa is telling you a story by the fireside. His themes range from universal evil to the foolishness of war, and his tales of an age long lost and forgotten are truly timeless. Tolkien is a must read.

Major works by J.R.R. Tolkien include:

The Hobbit (There and Back Again), The Fellowship of the Ring, The Two Towers, The Return of the King, and The Silmarillion.

FEATURE

Headlineaphobia- the fear of writing headlines

Lisa Butch

Are you one of those people who are scared of death of flutes and chickens? If so you may have a phobia. Everyone is afraid of something, but when those fears start to control your life and interfere with your daily functions, then you have a phobia.

Some fears are fairly common, and well known, such as Arachnophobia- the fear of spiders, and Hemophobia- fear of blood. Then there are those phobias that you thought were a joke and make you think, what kind of wierdo would be scared of that? Some examples of those are Anablephobia- the fear of looking up, and Geniophobia- the fear of chins. Would those people

be even more scared of people with double chins?

The word *phobia* means uncontrollable symptoms brought on by fear. It was estimated by the National Institute of Mental Health that 5.1 to 12.5 percent of the American population suffers from a phobia, which is the most common form of anxiety disorder. Anxiety disorders are the most common psychiatric disorder in the country.

Phobias are broken down into three categories, agoraphobia, social phobia, and specific phobia. People with agoraphobia fear crowded places with difficult and restrictive escape routes. Most victims of agora-

phobia fear having panic attacks in such situations and literally "fear their own fear." Social phobia is a fear of interacting with others, which may lead to the person becoming so afraid that they refuse to leave their home. Specific phobias are the fear of certain objects or situations such as peanut butter sticking to the roof of one's mouth- Arachibutyrophobia, or something equally as serious.

With proper treatment phobia victims may be able to regain control of their life. The most common treatment is exposure, which requires the person to confront their fears to help them overcome them. If the patient cannot handle expo-

sure, systematic desensitization will be used. This technique trains the person to have a relaxed response instead of fear, and then what they fear is slowly introduced to them. In another form of treatment, modeling, the person watches others responding positively and relaxed to what they fear.

Some phobias have some wild names that are not exactly easy to pronounce; that is because the words preceding phobia are Greek or Latin. Phobia is Greek and the preceding words should also be Greek, but this rule has been broken many times, usually in the medical field because they are accustomed to Latin.

Some amusing Phobias:

- Alektorophobia**- fear of chickens
- Alliumphobia**- fear of garlic
- Anablephobia**- fear of looking up
- Arachibutyrophobia**- fear of peanut butter sticking to the roof of one's mouth
- Arithmophobia**- fear of numbers
- Asymmetriphobia**- fear of asymmetrical things
- Aulophobia**- fear of flutes
- Bromidrosiphobia**- fear of body smells
- Clinophobia**- fear of going to bed
- Cnidophobia**- fear of strings
- Dextrophobia**- fear of objects on the right side of the body
- Defecalbesiphobia**- fear of painful bowel movements
- Domatophobia**- fear of houses or being in a house
- Geniophobia**- fear of chins
- Helminthobia**- fear of being infested with worms



- Hippopotomonstrosesquippedaliophobia**- fear of long words
- Kathisophobia**- fear of sitting down
- Lutrophobia**- fear of otters
- Papyrophobia**- fear of paper
- Phagophobia**- fear of being eaten
- Pteconophobia**- fear of being tickled by feathers
- Scolionophobia**- fear of school (the chance you have been looking for!)

For more information log-on the following web sites:

- www.sonic.net/~fredd/phobia1.html
- www.mentalhealth.com/dis/p20-an04.html

Things to ponder

Education

Education is an admirable thing, but nothing that is worth knowing can be taught. -Oscar Wilde

Education is the period during which you are being instructed by somebody you do not know, about something you do not want to know. -Gilbert K. Chesterton

I have never let my schooling interfere with my education. -Mark Twain

No one wants a good education. Everyone wants a good degree. -Lee Rudolph

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FEATURE

The Forgotten Tome

The third part in a short story by Nick Swetye

Jake found the tower's keep amidst the confusion of the enchanted stairs that warned him of the unwanted paths that lie ahead.

The room was dry and cramped. Only the light from a single candle lit the room; that single red candle, with rivers of wax dripping from its fiery basin, shone with a warm friendly glow that starkly contrasted the cold and pale light from the stairs beneath the unforgiving keep. A wood-paned window showed the darkness of nightfall outside, and that starlight in the autumn sky afforded no more measure of comfort than that stairwell had. If such strange events had not already occurred that night, Jake may have found a lit candle in a room of unoccupied origins a bit out of place and time, yet he had reasoned already that things were not as they seemed. Many times already he had checked himself with various pokes and pinches to see if he was awake, and each pang of pain from those probes brought a realization to the tower — and not a reassur-

ing realization mind you. In the center of the room was a podium - a column, masterfully carved in Greek simplicity of shape and repetition of design, and on that column sat a book, a book as thick and voluminous as the chest of a man. The book was closed, its yellow time-aged pages calling to the boy in the doorway, and the boy obeyed - playing along with this game or dream.

The book was unlike any Jake had seen or even imagined, a nightmare he would have thought had he seen it in a classroom. Yet, here in the warmth of this tower's keep Jake thought not of textbooks nor of Bibles, but he approached the magical tome with a great wondering and curiosity. Jake wiped the carpeting of dust from the cover and binding with his hand. There was no title, only a deep blue cover of ancient cloth. He opened it, and with a rumbling it fell open, spewing from it a great cloud of the memory of a time long forgotten. He turned a page, and delved into its texts. He struggled through the first few pages, through old and gaudy English out of use since

Shakespearean ages long past. He read on until his entire being was immersed in the mastery of this tome, and not until the rays of the midday sun caressed the keep with its happiness did his eyes leave its pages. He stopped, his mind in a whirlwind, and looked out onto the lawn, he was as high as the oaks now, and the fences about the tower seemed infinitely small and unimportant. Yet there was something peculiar about the scene of tranquility. He thought only for a moment before he knew it, there were no cheerful birds to be singing, no squabbling squirrels at play, it seemed almost artificial. Then from across the room he heard a whispering- the book, and he obeyed its call. He walked back to the half-read work and read on.

Page by page, chapter by chapter, book beyond book, Jake's eyes grew gray and weary, grotesquely tired and long. No more could he concentrate on the craftsmanship of the record; words passed by him in scores. He soaked them up one and the same and when finally he finished he closed shut the binding with such force that

the tower shuddered and moaned, and the sound echoed in Jake's ears. He fell to the floor in torrential sweats and his body rippled with convulsions. For a long time he sat there, lying in the carpet of ancient dust, his face awash with fatigue, his hands covering his ears from an echo that would not fade. His breaths came quick, his heart pounded, and when he could no longer stand the clamor of the tower he bounded down those enchanted stairs from which he had come. He fled across the lawn beneath the oaks, mastered the old man's maze of a home and in a short while found himself flying down the street and towards home. He opened the door and fell to the ground again, wiped his face beneath a chilling moon and walked to his porch still holding his ears from that terrible echo that had followed him from that cursed tower. And when finally he laid down his head and drifted into the darkness, sleep afforded him no solitude from that abysmal place, from that book and from the memory of what he had read.

College Corner <i>Colleges and Universities with cool names</i>		
Kalamazoo College- private location- Kalamazoo, Michigan popular majors- econom- ics, political science, English Average HS GPA- 3.6 SAT- 622M, 614V ACT- 27 Application deadline- 2/15 Tuition- \$17,214 www.kzoo.edu	Transylvania University- private location- Lexington, Kentucky popular majors- business administration, biology, psychology GPA- 3.5 SAT- 573M, 581V ACT- 26 Application deadline- 6/1	Walla Walla College- private location- College Place, Washington popular majors- engineer- ing, nursing business GPA- 3.3 ACT- 23 Application deadline-
		rolling Tuition- \$11,916 www.wwc.edu
		Tougaloo College- private location- Tougaloo, Mississippi popular majors- biology, psychology, elementary education GPA- 3.0 ACT- 18 Tuition- \$5,712

FOCUS

College Anxiety

Leigh Peterson



Going to college will be one of the most important events in many of our lives. So it only makes sense that preparing for this step is one of the longest, most complicated, stressful processes we will ever go through.

Students feel considerable anxiety when embarking on their journey towards post-secondary education. There are tests to be taken, decisions to be made, and applications to be completed. All these problems and decisions can create a great deal of stress for the college hopeful, but if you prepare and keep it all in perspective there's nothing you can't handle.

One of the decisions that the student has to make is which school is the right school. There are thousands of colleges and universities in this country, so how can we be expected to choose one? It all comes down to who you are and what you need. Some students feel more comfortable at large schools, and others need the personal attention given at smaller ones. Some of us will travel across the country to go to college, and others will feel better about staying close to home. If you know what you are interested in studying, find a school with a good program in that field. Simply decide what you want and find a school that offers it.

One of the most stressful points in the college preparation process comes when it's time to take the ACT or SAT. These tests are important, but many students place too much importance on them. Try to remember that it's only a test; it does not measure your intelligence, and it does not necessarily determine whether you will or will not be accepted to a school. To further ease your mind, there are review classes you can take to familiarize yourself with the test formats and the material on them.

Another major concern of college bound students is money. Colleges want it. Most students don't have it. Does this mean we should forget the whole idea of going to school? No. Just because your family can't afford to pay your college tuition doesn't mean you can't go. There are countless scholarships available, just as many loans, and almost every school has some kind of financial aid program.

The road to college can be a rocky one, but you can ease a lot of tension by starting to prepare early and remaining confident in yourself. Remember that you didn't come to school every day for the past decade or so for fun – you did it to prepare for what you'll do when you leave. With twelve years of training under your belt, you can handle anything college throws at you.

Stressed?

Suzie Mason

Although most grown-ups don't realize it, teenagers have an extreme amount of stress in their lives. We go to school everyday with the burden of homework, tests, quizzes, sports, and other activities weighing us down. Not only do we have the stress accumulating from school events but also from friends, boyfriends or girlfriends, brothers and sisters, and even grown-ups themselves. So, what's most stressful in your life?

Aileen Vogel: To see poor souls like Cleveland! Go Steelers!

Tracy Stapf: Deadlines and not being as tall as Kel Straub

Ria Werner: Why can't I be

four inches taller??!! (So I can play front row!)

Kelly Paxson: School!

Abi Willeman: When Suzie Mason asks me all these survey questions – I think she does about every day!

Matt Prokop: Beating everyone at College Football with Action Jackson

Cari Sanchez: All the pain I endure from all the stupid stuff I say

Steph Godfrey: Angie Rank – she's sooo perfect!

Kim Apinis: When the tab falls off your pop can and you can't get it open

Junior Girls C Lunch Table: School in general.

Lantz Bricker: J.P. Fritz

Casey Crawford: Ohio State 24 Michigan State 28 ND

Matt Bush: When Brian Cushman says Michigan can beat OSU

Trevor Gardner: When ignorant people actually think

Michigan is any good
Karyna Lopez: When all my teachers decide to have a test on the same day and I don't study for any
Laura Jeckavitch: Nick Hovanic stressed me out so bad that he forced me to cut up his library card. If he

doesn't give me a written apology, I'm not paying him \$2 for it.

Tom Myers: Deciding which girl to go out with on which night, no wait, that's Conrad

Kelly Farino: Having to listen to Luke sing on the way to and from school

Senior Girls C Lunch Table: Guys

Leila Morgan: Waiting for Andy Sutter to call me (swoon)!

Jerry Jefferson: Listening to Luke fifth period, he's a natural nuisance!!

Kellie Place: Thinking of something to put on here
Grubaugh, Haselow, Palmer, Mosher: Filling out college applications

Perry Bailey: Losing my license

Lauren O'Donnell: Trying to be on time to study hall

The Quaker focuses on Stress this month

Aaaargh!!



FOCUS

Stress and your health

Emily Gibson



Your health can be effected by the amount of stress in your life. Stress can cause many problems emotionally and physically. It is estimated that 75-90% of doctor visits are due to stress related problems.

Stress has been linked to life threatening diseases such as cancer, coronary disease, and complications with diabetes. It can also cause many other problems that are not as serious yet they still make life uncomfortable. These problems include high blood pressure, eczema (a rash that causes the flaking of skin), asthma, chronic bronchitis, sinusitis, allergies, ulcers, colitis, cold, and flu. Stress is hard on your immune system slowly breaking it down, allowing infection to thrive in your body. Emotional problems can also cause insomnia which, in turn, weakens your immune system even more.

As most people already know, stress can take its toll on your emotional health too. If you have too much stress in your life, you could end up having problems with depression, compulsive or neurotic behavior, psychosis, alcohol and/or drug abuse, nightmares, withdrawal, mood swings, crying episodes, sudden angry outbursts, and suicidal thoughts.

As you can see, bringing your stress level down can be beneficial to your physical and emotional health. If you begin to feel stressed, here are a couple of tips to help you relax- take deep breaths, listen to calming music, go for a walk, get a good nights sleep, get organized, and talk to someone you trust.

Love is in the Air...?

Leigh Peterson

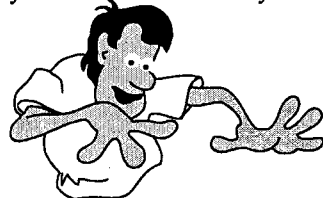
You glance at the clock. It's 10:30 p.m., and you still have to study for that huge chemistry test you'll be taking first period tomorrow. But you decide you can stay on the phone for a few more minutes...and before you know it, it's midnight.

Does this sound familiar? Chances are if you're involved in a relationship, you've found yourself in this situation a time or two. On top of the mountain of stress teens endure from school, family, friends, sports, and decision making, many of us feel the need to pile on the responsibility of a boyfriend or girlfriend. Having someone there to talk to, spend time with, confide in, and share things with can be just about the greatest thing in the world. But when the relationship starts to get serious, it can also be a lot of work and a lot of stress.

Relationships are time-consuming, and many high school students feel that they're pressed for time as it is. If you get involved

in a serious relationship, it's likely that you will have to deal with fights, bickering, worry, and a whole range of emotions you didn't even know you had. You'll probably also find that it's close to impossible to concentrate on your school-work, athletics, friends, or really anything when you are having problems with your honey.

Making a commitment to another person is a big responsibility, and if one or both of you isn't ready, then one or both of you will probably get hurt. So before you decide it's time to settle down and get serious, make sure you are ready to deal with all of the problems that come along with the benefits. Keep in mind that what seems like the real thing now might look like a childish fling in a few years, and this is only high school - you have your whole life ahead of you.



Suzie's Steps For Snuffing Out Stress

Suzie Mason

Is stress consuming your life? Then try my 17 easy steps for relieving that awful stress in your life! You'll see quick results in a matter of minutes! Okay, so perhaps you won't, but at least you'll have a little fun in the process!

1. Jam mini-marshmallows up your nose and see how many times you can blow them out
2. Use your Master Card to pay for your Visa and vice versa
3. Pop some popcorn without the lid on
4. When somebody says "have a nice day" tell them you have other plans
5. Make a list of things you've already done
6. Tape pictures of your boss on watermelons and throw them from high places
7. Leaf through National Geographic and draw underwear on the natives
8. Tattoo "Out To Lunch" on your forehead
9. Go shopping, buy everything, sweat in it, return it the next day
10. Drive to school in reverse
11. Read the dictionary upside-down and look for hidden messages
12. Start using a nonsense word and see how long it takes for the rest of the school to start saying it
13. Write a short story with Alphabet soup
14. Stare at people through the tines of a fork and pretend that they're in jail
15. Make up a language and ask people for directions in it
16. Replace the filling of a Twinkie with ketchup and put it back in the wrapper
17. Pay for your lunch in pennies



Adam Shoop

Nineteen seventy one was an important year for rock and roll, and sent many groups to superstar status. Releases from bands include the Grateful Dead, Eric Clapton, and Led Zeppelin. One of the most popular and most selling albums of its year is Led Zeppelin's untitled fourth release.

The album begins with a driving blues number, "Black Dog", featuring triple tracked guitar, and a fantastic guitar break at the end. Next, "Rock and Roll", which opens with the John Bonham playing the drum sequence to Little

Richard's "Keep On A Knockin", and John Paul Jones playing a rolling baseline inspired by his days as an early session player for blues artists. "The Battle of Evermore" expresses the depths of Led Zeppelin. The song was Jimmy Page's first attempt at playing mandolin, and reflects a very positive experience. Robert Plant duets with the female vocalist Sandy Denny, painting scenes inspired by J.R.R. Tolkien. Next, "Stairway to Heaven", is another gentle number, but builds in speed verse by verse until it the final verse when Page takes

an electric guitar solo, and is seen out with bludgeoning vocals from Robert Plant to finish side A.

Side B opens with "Misty Mountain Hop", Robert's tale of California hippies, and Jimmy's hypnotic guitar riff. "Four Sticks" is an eastern influenced number which features a fantastic rhythm section from Bonham. They quickly return to a gentle number, "Going to California", composed of folk style vocals and a fantastic acoustic guitar/mandolin workout from Jimmy Page and John Paul Jones.

If classic rock from the early seventies era supports your listening tastes, this is surely an album to own.

Facts About

"Black Dog" and its B-side "Misty Mountain Hop" were issued as a single and made it to #15 on U.S. pop charts.

"Rock and Roll" and its B-side "Four Sticks" were issued as a single and made it to #47 on U.S. pop charts.

The gatefold illustration on the inside of the album was done by Barrington Colby Mom, and was inspired by an illustration from a tarot card.

"Stairway to Heaven" is the most played radio track in history.

Check out these new books

Jessica Weingart

Every year hundreds of authors publish countless numbers of books, and it is a big accomplishment for an author's works to be successful. Many well known authors can sell books simply by name. Anna Quindlen and Tom Clancy are two popular authors who certainly seem to fit this mold.

Tom Clancy, also author of The Cardinal of The Kremlin, Clean and Present Danger, and Without Remorse, has created yet another book filled with action and suspense. Rainbow Six, the latest Clancy novel, features John Clark (shadow double of Jack Ryan- a former Clancy character). Clark left the CIA to create an England based organization code named "Rainbow," which is deployed to stop terrorism. Even with its lack of good reviews, Rainbow Six appeals on all the levels

Clancy fans could hope for. It is definitely recommended for those who love Clancy's books.

Anna Quindlen, author of One True Thing, has also written Object Lessons and Black and Blue. This time she brings us a mother daughter story of love and triumph which stays true to the usual moral component of her novels. The book received excellent reviews and is highly recommended to all who love a good story.

Rainbow Six and One True Thing are certainly two very different books, but they both display only a small part of the genre of writing that contemporary American authors have to offer. Tom Clancy and Anna Quindlen are two authors who are definitely worth exploring.

* all review information was received from:
www.amazon.com

We Asked, You Answered

Katie Yoder

The latest craze of dance is Swing. Everybody seems to be attempting to learn it. I was going to learn it myself, but maybe there are some other dances that are more fun that you could inform me of.

Steve Edmond(11)- I'd like to learn how to make swing music die, again.

Jenn Moser, Sarah Dillon(11)- Swing.

Megan Winkler(10)- The Mamba.

Jaci Drake(11)- The Tango.

Sarah Eynon(11)-Ball room with a side of break dancing.

Nick Sweteye(12)- The Irish Jig.

Bo Rottenborn(12)- Perfect imitation of Mick Jagger's dancing style.

Jess Ravelli(10)- "Cha Cha"

Jessie Agee(12)- The Waltz.

Giorgia Pavan(12)- Disco

Tasha Preisler(11)- Nobody ever asks me.

Suzie Mason(11)- The Lambada "The Forbidden Dance"

SarahPanzott(11), Tricia Callahan(12)- The Tango.

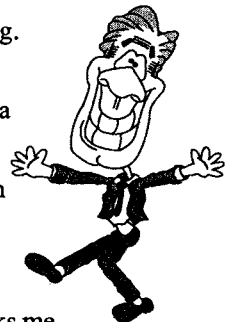
Leigh Peterson(11)-I would like to learn how to grind.

Ashley Votaw(11)- I don't like to dance.

Kellie Place(11)- The Mashed Potato.

Katie Baillie(10)- Dirty Dancing.

Melody Kolich, Jenn Palmer, Jennifer Grubagh(12)-Swing.



ENTERTAINMENT

Revival of a Lifetime

Jessica Weingart

Not since bellbottoms and platform shoes has there been a comeback of this proportion. Swing music popular from the 40's and 50's has made a huge comeback the past few years (especially starting around the middle of 1997). With it's fast paced, fun filled beat it might just have more staying power. Around the beginning of this year we all started to hear some of the main pioneer groups of this music revival.

The Cherry Poppin' Daddies, an eight person band based in Eugene, Oregon, have been at swing for quite a few years. The combined sales of their first three albums "Ferociously Stoned," "Rapid City Muscle Car," and "Kids on the Street" totaled over 125,000. Their fourth album, "Zoot Suit Riot" that went platinum not too long after its March 1997 release, was anchored by a hit with the same name. The band has traveled the U.S. three times and has opened for the Mighty Mighty Bosstones.

Another pioneer of the swing music revival has been the Brian Setzer Orchestra. The Brian Setzer Orchestra was formed in Los Angeles in 1992. The seventeen piece band is made up of five saxophones, four trumpets, four trombones, a piano, bass, and drums which are all manned by seasoned jazz musicians. The band's first album, "The Brian Setzer Orchestra" was a critically praised debut album. The orchestra toured to support their album with a 50-show North American tour that also included a spot at the 1995 Montreal Jazz Festival. Their second album, "The Guitar Slinger" (1996), was marketed by their new label as a Louis Jordan-style "jump blues act rather than as a rock-infused big band." On their third album- 1998's "The Dirty Boogie" Setzer has not aban-

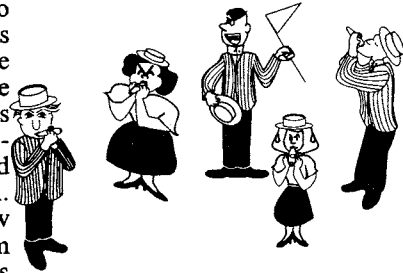
doned his style to jump on the "let's do what everyone else is doing so we know our records will sell." bandwagon. He stayed true to his form. Setzer and his crew produce an album that "tempers

swing and jump blues with old-fashioned rock 'n' roll ala Elvis Presley," according to reviews on Amazon's website.

The Squirrel Nut Zippers, a Chapel Hill sextet, had a rocky start with their 1995 debut "The Inevitable Squirrel Nut Zippers." A few changes were due. The group soon re-emerged from the jazz land of New Orleans with seven members instead of six. It was in New Orleans where the band spent 10 days recording their second album, "Hot," which was called one of 1997's unlikeliest commercial breakthroughs. The Squirrel Nut Zippers lend a very young, energetic, punk rock sound to the swing revival. Their enthusiasm surely lends much to their success.

Sure swing music might have another huge comeback thirty or forty years down the road, but our generation has the privilege of being right in the middle of its renewal. Buy a CD, learn some dances, or just enjoy a small part of our history which has captivated others with the fast paced, fun filled beat we call swing.

*All information was retrieved from www.amazon.com

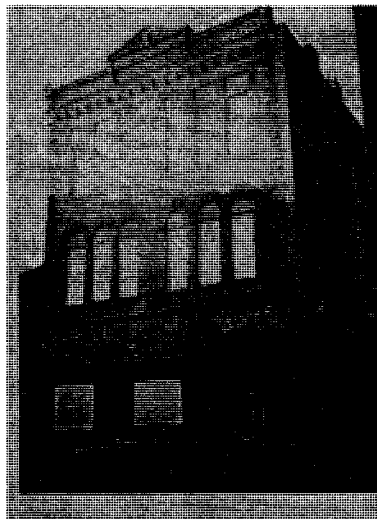


The Salem Grand Opera House

Adam Shoop

In 1889 Salem founded one of its first sources of entertainment, the Grand Opera House. Through the course of roughly one hundred years it underwent many changes. Some residents may remember the Opera House in its latter form as a theater that featured movies for a nickel. Not long ago the main portion of the building was removed and only the backstage portion was left. It was used briefly by various people for offices, and at one time a drycleaning business. Unfortunately, the building could not be kept up any longer, and construction crews were brought in to demolish the building.

In the past the Grand Opera House was used for touring groups who provided the citizens of Salem with op-




portunities to experience different cultural events. One of the most memorable is Susan B. Anthony, who took a stand for women's rights there in 1920.

Aside from the personal memories that remain, a few souvenirs have been preserved. The Salem Historical Society owns a copy of an original program that is on display in the museum, and the dated stone from the building was also saved. An agreement with the construction company was made to keep the dressing room arches, but locals are experiencing problems recovering them after the company sold them. For 10 years nothing can be built upon the land, but the current plans are to turn the area into a memorial walkway which may include the backstage arches.

SPORTS

SENIOR SPOTLIGHT

NAME	SPORT	POSITION(S)	MOST MEMORABLE MOMENT
Angie Rank Pam Williamson	Cross Country Cross Country	Varsity Captain	State meet '96 '97 When Danielle Curcio and I tried to take a nap in someone's lawn on 11 th street during our early morning practice.
Jessica Weingart	Cross Country		Mr. Parks' hilarious but way too long speeches, and my last home meet (MAC) Winning County.
Josh Hall	Cross Country		1996 District meet at Malone.
Mike McKinney	Cross Country		The whole three years
Joe Sox	Cross Country		When our team won the County Championship in Lisbon.
Jason Dornan	Cross Country		The Dover Invitational my junior year: I ran my best time ever in my old hometown.
Eric Hodgson	Cross Country	Captain	The animal game at practice.
Stephanie Helms	Girls Soccer	Center Midfield	Scoring twice in the 1 st game I scored in.
Sarah Elder	Girls Soccer	Forward	There are 2: first ask Jess Wells or Steph Helms, Second- Hey Katie remember Canfield away?
Danielle Curcio	Girls Soccer	Outside Midfield	Playing in the mud at Warren G. Harding, which was our first win. And Pammer got a yellow card because the girl told her to push her again.
Krysta Fornear	Girls Soccer	Goalie, midfield	Matte DeJane at team camp when she boxed out the counselor from the T.V and smacked him across the face for turning off Raw 5 minutes early while Stone Cold was wrestling.
Abby Bricker	Girls Soccer	Stopper	When Jenn Palmer accidentally tripped Mr. Fennema and he fell in the mud (which his entire body was covered in mud).
Jackie Mong	Girls Soccer	Goal Keeper	Winning against Warren Harding, throwing our coach in the mud, and then the bus ride home.
Alicia Stitle	Girls Soccer	Sweeper	Shutting out Canfield in the first round of the tourney 2-0.
Jason Fennema	Boys Soccer	Goalie	Shoot out in Canfield my sophomore year.
Brian Bailey	Boys Soccer	Forward, midfield	I scored 4 goals in a half.
Fred Drigny	Boys Soccer	Center midfield	Canfield away sophomore year 1 st Tournament game went to shoot out.
Lantz Bricker	Boys Soccer	All Positions	Freshman year, bench clearing brawl with Canfield at home! Other memorable moment: Beating Canfield for MAC champs! Back to back wins vs. Canfield
Luke Simon	Boys Soccer	Forward, center midfield	The Canfield, Salem fight my freshman year.
Michael Beck	Boys Soccer	Stopper, midfield	Bus ride home from Zanesville
Robby Smith	Boys Soccer	Defense	
Jason Bricker	Boys Soccer	Left midfield	Shoot out against Canfield Sophomore year
Giorgia Pavan	Volleyball	Ice, power	When I went to the first practice in August, I was accepted by everyone.
Abbi Yuhanick	Volleyball	Setter	When Mrs. Ward held a knife at one of our games my freshman year.
Martha McKinney	Volleyball	Setter	Beating Hubbard and having a great season.

SPORTS

NAME	SPORT	POSITIONS	MOST MEMORABLE MOMENT
Kelly Straub	Volleyball	Back row	This year against Jefferson Area I had 12 kills and 6 blocks. (Wait that wasn't me that was the other Kelly)
Maggie Berthold	Tennis	1 st Singles	Playing on the basketball court, denting people's cars with tennis balls and playing tennis/baseball with Joe Chamberlin.
Jason Fennema	Football	Punter	Punting at home vs. West Branch in front of 5,000 screaming fans.
Jake Gray	Football	Noseguard, guard	When we beat West Branch this year my senior year.
Dustin Cain	Football	Defensive line, offensive line	Beating West Branch the first game of the season.
Reuben Dunlap	Football	Wide receiver, corner back	When I picked up a fumble (Louis fumble) and ran for 26 yards for TD to go to 19-14 in the East Liverpool game.
Mat Baker	Football	Running back, inside line backer	Finally beating West Branch for the last time.
Aaron Helmick	Football	Inside linebacker	Finally beating West Branch
Scott Carlisle	Football	Wide receiver, defensive end	West Branch game of '98 when the crowd rushed the field with 3 seconds left and Janofa chased them off.
Ryan Papic	Football	FB/ILB	When I scored my first touchdown against West Branch earlier this year
Chuck Mix	Football	Wide reciever, Corner back kicker	Beating West Branch
Mark Bezeredi	Football	center, linebacker	Beating West Branch this year



Quakers finish their season

Sarah Panezott



Salem finished their season with three straight losses. Friday, October 23 they traveled to Canfield only to be shut out 10-0. This is the eighth straight year the Cardinals have handed Salem a loss. The Quakers haven't defeated the Cardinals since 1990. The Quakers entered the game with the sixth spot in division 2, and seventh in regional computer rankings. They had many opportunities to score Salem fumbled in the first quarter at the Canfield 38-yard line. Early in the fourth quarter they were 5 yards from scoring but couldn't convert for the fourth down. They also tried

for a touchdown late in the fourth but again had a fumble that was recovered by Canfield. Mike DeBarr caught four passes for 52 yards. Casey Crawford caught three passes for 37 yards. Lou Angelo surpassed the 1,000-yard mark in career high rushing record.

On senior night the Quakers hosted Struthers. Salem was the first to score in the first quarter. Chris Ayers scored a three yard touchdown, and a nine yard touchdown. At half time Salem led 276-259 total yards but the Wildcats led

with a score of 28-14. Senior fullback, Chris Ayers finished with a career high of 102 yards. Mike DeBarr ended with 96 receiving yards on four catches. Lantz Bricker was two-for-two on kicking the extra points for Salem. Struthers held the Quakers from scoring in the second half. Salem drops to 5-4 on the season and 1-3 in the M.A.C.

Salem traveled to Girard to play their final game of the 1998 season. The Quakers were ahead 28-6 at the end of half time. Reuben Dunlap had an 86-yard kick off return touchdown to start off the game. Mat Baker

added six more points to the score with a pass from Lou Angelo. On another play Lou Angelo took it himself for a four yard touchdown with 2.21 minutes left in the half. Recovering fumbles for the Quakers were Ryan Papic with two, David Tomlin, Jon-Paul Fritz, and Mike Douglas. The Indians came back and scored 24 points to hand Salem a disappointing loss. The Quakers final record was 5-5 and 1-5 in the M.A.C.



SPORTS

Stars of the month



Chris Williams

The sports department at *The Quaker* has added a new feature. Commentary will be reported on an achievement that an athlete(s) has accomplished. The athlete(s) saluted will be featured as the "shining star" of the month. The athlete criticized will be featured as the "falling star" of the month. Athletes chosen can be playing a sport at any level (high school, college and professional.) This will be a monthly feature.

Shining Star

November's shining star is professional wrestler Jesse "The Body" Ventura for being elected Governor of the state of Minnesota on November third. Many people might laugh at the thought of pro wrestling being a sport. However, during Ventura's time, pro wrestling involved a great amount of athletic ability and was not considered a "sports soap opera" as it is today. Ventura wrestled from 1971-1982. He also served as a commentator for the World Wrestling Federation from 1983-1990. He was also involved in

sports by coaching the Park High School football team in Chaplin, Minnesota. Being elected governor of Minnesota is not Ventura's first political experience as he served as the mayor of Brooklyn Park, Minnesota from 1991-1995. Ventura also had roles in a few movies, including "The Running Man", "Demolition Man", "The Predator", and "Batman and Robin." *The Quaker* congratulates Jesse Ventura and his campaign team and supporters for their victory and would like to wish him good luck in his administration.

Falling Star

This month's falling star is a college football team that probably disappointed their fans throughout the state of Ohio. They are none other than the Ohio State Buckeyes. The Buckeyes were picked by many magazines and newspapers, including "Sports Illustrated," to be the 1998 NCAA Division I-A national champions. However, on Saturday November seventh, OSU lost to the Michigan State Spartans by the score of 28-24. The loss to Michigan State has virtually ended Ohio State's hope of being the national champion. The Buckeyes would not have been considered to be the falling star if they played a good game. The Bucks had many opportuni-

ties to take the lead from the Spartans. Quarterback Joe Germaine did not throw passes to wide receivers David Boston and Michael Wiley when they were wide open. The loss has also made spectators wonder if they can beat the Michigan Wolverines. The Ohio State/Michigan game is always the biggest on the schedule for the two teams. Perhaps the Michigan State game showed the Buckeyes that they are not invincible. Other than that, one may wonder if there are any positives in losing a game they were expected to win and losing the chance of playing in the Fiesta Bowl for the national championship.



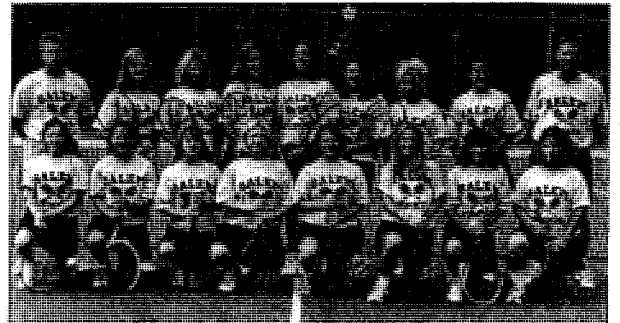
Girls Tennis

Maggie Berthold, guest writer



The girls' tennis team finished their season on October 9 with a less than perfect record. In fact, they were 0-18. This statistic, however, is no measure of the amount of effort the girls contributed. Sectionals were held on October 9. Candy Stith had a bye and lost in the second round. Maggie Berthold won two matches but then lost to

Glen Oak in the third round. There were just two seniors on the team this year Maggie Berthold and Alicia Dumovic. Next year there will be seven returning lettermen. This season, the varsity players gained valuable experience that gives the team a very positive outlook for next year. The record can only be improved!



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Members of the Girls' Tennis team include:
(front L to R) Belinda Kugler, Megan Winkler, Jocelyn Bezeredi, Beth Eritz, Nita Trimm, Abby Zimmerman, Danielle Kugler, Amy Yuhanick
(back L to R) Assistant Coach Walt Bezeredi, Candy Stith, Christina Hood, Alicia Dumovic, Maggie Berthold, Danelle Hupp, Megan McCorkhill, Marie Wendel, and Coach Joe Judge