The Quaker

A High School Tradition for 87 years.

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Salem Senior High School

February 2000

Winter Homecoming 2000 BY CAREY MCDERMOTT

Falling snow and falling temperatures have not only brought about winter, but have also brought about Winter Homecoming. "Remember the Magic" was held Friday, February 18, following the conclusion of the basketball game. This year's queen is Katie Yoder.

This year's court consisted of Mary Bauman (escorted by Jason T. Weingart), Sarah Dillon (escorted by Joshua Wolf), Jaci Drake (escorted by

Brandon Hill), Erin McIlvaine (escorted by Ken Donnelly), Melissa Mullen (escorted by Brett Simon), Sarah Panezott (escorted by Mike Douglas), and Katie Yoder (escorted by Perry Bailey).

Each girl was happy enough just being nominated to the court, but each expressed their own special sentiments about their nomination.

Mary Bauman: "[I'm] very exited since a lot of

my friends are on court, so it won't matter who is crowned queen."

Jaci Drake: "I'll be extremely happy. It's such a fun experience to be on court."

Sarah Dillon: "I am sure that I will be very excited. Everyone on court is a good friend of mine, so it really doesn't matter whose name is announced!"

Erin McIlvaine: "This is such a special experience, I'm just

going to enjoy every second of it." *Melissa Mullen:* "I'm just exited to be out there with my friends."

Sarah Panezott: "I am just going to enjoy the moment. I am so exited just to be on court, it is such an honor."

Katie Yoder: "I am probably just going to be nervous about tripping with Perry when I first walk out on the basketball court."

SHS teacher wins award

BY MARY SUTTER

Mrs. Reed has won the Outstanding Foreign Language Technology Award. She was nominated by Mrs. Marhefka and selected by the Ohio Foreign Language Association Executive Board. There will be an awards luncheon and ceremony Saturday, March 25 during the OFLA's annual conference in Toledo, OH. The ceremony will take place at the Radisson Hotel in downtown Toledo. This is exciting for

Mrs. Reed, our German teacher here at SHS, because this is the first award

that she has won for a foreign language. She won the award for her use of the IDL lab in her classes. Every day she teaches students from other schools while teaching her class in Salem at the same time. This provides other school systems with a German program for their students. This process doesn't always go smoothly, though. There are many technical difficulties that happen every day with the IDL lab. Sometimes the students can't hear Mrs. Reed and other times Mrs. Reed can't hear her

- students.

Many teachers use this method as a way of educating students from other school districts. In order to fit everyone in at the right class times, there is a countywide schedule that all the teachers follow. This is done because several teachers share the IDL lab. After students from other schools take tests in Mrs. Reed's class, the tests are collected and brought to Salem by Мr. Fieldhouse (county technology liaison). They are then graded by Mrs. Reed

and returned to the students.

This method of teaching has faults, but it usually works to the advantage of everyone involved. It brings the German program to students who wish to learn it, and it shows that Mrs. Reed has a great deal of concern for her students by taking on this responsibility. The staff of The Quaker congratulates Mrs. Reed on winning the Outstanding Foreign Technology Language Award!



News

Club News

BY JESSICA JEWELL

<u>German Club</u>- The German Club recently took part in the Foreign Language carnival, along with the Spanish, French and German students. It was considered a big success, and Mrs. Reed was pleased with the attendance and performances by all the participants. The German Club will also go ice skating at Mill Creek Park along with the Spanish and French clubs.

Academic Challenge- The Academic Challenge team recently took part in the Columbiana County Championship at the career center in Lisbon on February 22 and 24. They played all area teams from all the county schools.

<u>Freshman Class</u>- The freshman class had a successful fall and winter fundraiser and ran the concession stand for a basketball game on January 25, 2000. Right now they are planning for the freshman formal, which will be held on April 15, 2000.

<u>Key Club</u>- Key Club recently held a concession stand for the girl's varsity basketball game. They will hold two more during the boy's tournament games. They are now getting ready for the District Convention held in Columbus, Ohio. Meetings are every Wednesday at 6:30 p.m. in room 132.

<u>Yearbook</u>- The Yearbook staff recently sold suckers in the cafeteria during lunch and in Mrs. Hays room throughout the day. They are now beginning to meet deadlines and turn in yearbook pages to the plant.

French Club- The French club sold carnations for Valentine's Day the week of Feb. 7-11. They also collected items and money for the Humane Society. They have a date scheduled for the club to go to Cedar Point with the Interact Club. This is tentatively scheduled for May 28, 2000.

<u>AFS</u>- AFS members who ordered T-shirts need to pay in order to receive their shirts. The cost is \$8.00. Next month the club will be traveling to Pittsburgh to watch an ice hockey game at the Civic Arena.

Bulletin Board

February

Feb. 28-29 Cheerleading tryout practice at high school

March

Mar. 1-3 Cheerleading tryout practice Mar. 4 Governors Art Contest Mar. 8 Ash Wednesday Mar. 6-10 Ninth Grade Proficiency Testing Mar. 15 Ides of March Mar. 17 St. Patrick's Day

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System hires interim superintendent

BY CAREY McDERMOTT

With the school year only half over and the resignation of former Superintendent Engle, the school system found itself in a difficult predicament. A suitable replacement would have to be found, but unfortunately there wasn't a lot of time to do so. The school system decided to hire Mr. Richard Selby as an interim superintendent until a permanent replacement could be found.

Mr. Selby graduated from Boardman High School before he continued his education at Youngstown State University where he earned his bachelors degree in education. He has earned several masters degrees as well, which include education, guidance and counseling, and school administration. Mr. Selby worked in Boardman Local Schools for 42 years where he served as a teacher, coach, counselor and high school administrator. He also acted as superintendent there for the last 11 years before he retired, which he chose to do because he thought the time was appropriate.

Although he retired Mr. Selby has taken other interim superintendent jobs. He was an interim superintendent at Struthers and Sebring before coming to Salem. Many people may ask why someone would retire and then later come back. Wher asked, Mr. Selby said he came back because "good friends and good people asked if I would consider doing it."

Mr. Selby is just the acting superintendent until a replacement is found. However, he has many issues he would like to address. These include hiring a good superintendent and passing the tax issues. "We can't do what the school system needs without passing the tax issues," he said. Mr. Selby also wants to continue developing the curriculum "so students have a real opportunity to do well."

In order to get acquainted with the school system, he visited the schools and read board policies and contracts with the employees. Mr. Selby has encountered only a few problems since he began acting as superintendent. In these situations he tries to ask himself, "what would 'Salem' do in this case so I don't make a mistake." He has also tried to learn the local customs and traditions. Mr. Selby knows

work to be done in any school system, but he thinks there is a tremendous amount of possibility in Salem's system. He sees encouraging and positive aspects about the school district too. He said *See Selby, continued on*

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Correction

In the January issue the I.S.S. instructor was incorrectly noted. Miss Jeanette DeSheilds is the I.S.S. instructor. Mr. Alejars's name was misspelled. *The Quaker* apologizes for these errors.

The Quaker

News

Here at SHS, we like to show xactly how much we care about our chool, each other, and most imporintly, future generations of SHS stuents. No one has shown this more han our own SHS Machine Trades lass. Throughout the year they work o complete many projects. Their nost recent project was a project for he younger students. They were sked to make manipulatives for the irst graders at Buckeye Elementary School. Manipulatives are the "hands »n" instruments that students use to earn about certain shapes and how hey are three-dimensional. Teachers eel that this "hands on" type of learn-ng is very useful with the younger students. The shapes were made by utting plastic, using a CNC mill and Bridgeport mill. Plastic is easier to se; it is better for show purposes, and t is light enough that it can be handled easily. Mr. Moffett, along with stulents Tom Miller and Bobby Dale, teachers, and hangers for the foot-created these shapes so that the ball uniforms and equipment. Next, schools would not have to buy them, they are looking to recondition the

Helping Hands

BY JESSICA JEWELL saving the school system money that will now be used elsewhere.



Machine Trades students Tom Miller and Bobby Dale, along with Mr. Moffett, show off the manipulatives they recently made for Buckeye Elementary students.

In the past the students have helped to repair and recondition many things for our school. They have made nameplates for the school board, hall passes for all the

Levy Madness

BY JESSICA JEWELL

As all of you know, on March 7, 2000, the Salem City Schools' levy will be put back on the ballot. All of you that think that this levy is not important or that it won't affect you, you're very, very wrong!

As the sign in Principal McShane's office so plainly states "Edu-cational cuts hurt." This is exactly why it is so important for this levy to pass. Just like in November, there will be no new taxes taken out of your paychecks. It is just a continuation of the tax we have now. However, if it doesn't pass this time, next time it may have to become a new tax, which will make it even harder to pass. This means educational cuts for us, the students. And that hurts!

So, back to this not affecting you, the student. Imagine this school with 25% less teachers, 25% less programming, 25% less activities, etc.... We would still have the same amount of students (you can't cut them out). Now what would that be like? That extra 25% is paid for by the levy. Also, if the levy doesn't pass this time, the state will come in and monitor our budget and spending.

Throughout the last few years, that extra money has bought us new textbooks, installed computers in the library and enabled us to share our foreign language teachers with the Junior High. Mr. McShane says 'All of this is important to a quality district, and that comes with a budget.'

Mr. McShane is staying hopeful that the levy will pass this time. He is optimistic that the voters will pass the levy since it concerns the schools that the voters' children attend. For the sake of SHS and all the schools in the area, make sure to get out and vote YES (or if you can't, tell /our parents to) because it is for the good of the entire system!

football equipment.

However, shop projects are not the only activities in which the Trades class is involved. Throughout the year, the students take many field trips to machine shops all over the area. So far this year they have visited Sekely's Industries, Hunt Valve, and Hickey Metal Fab, which uses computerized machinery. Also, as they are working on their projects, it is a very real type of work environment. They have seniors that take turns being the "foreman." This year, only one senior has that job though. For the rest of the semester, Jason Grimm has the job.

So, next time you use that hall pass to get out of class, or use the brandnew looking sports equipment, make sure you try to take time out of your day to give a "thank you" to Mr. Moffett or any one of the guys in the Machine Trades class. They deserve this thanks and credit for what they do for us and our school.

Selby, continued from page 2

that the system is filled with good people, good staff, and good students that take advantage of the school's electives and advanced programs.

Mr. Selby has high expectations of the entire school district. He emphasizes that students should be prepared to learn everyday that they come to school, expects that students meet the class requirements, and that students conduct themselves properly. He also wants to work on staff development to "make sure the proper teachers are in the proper place." He also wants the buildings to be safe and clean for staff and students.

Superintendent Selby states that even though this is the busiest interim superintendent's job he has experienced, "I enjoy being here and will work hard to hire the best superintendent. And vote yes on the levy." Mr. Selby has a wife, Peggy,

who is a fifth grade teacher at Canfield. He has two children-a son Rick (who is an attorney), and a daughter Marianne (who is becoming a full-time mom). He also has a grandson, Peter Albert Nagy, who is one year old. Mr. Selby enjoys all athletics, especially golf. He also enjoys gardening.

Feature

What's the name of that band again?

BY LORRIE STEWART Walking down the halls at S.H.S., you will notice a drastic difference in taste of clothes, makeup, hairstyles, hobbies, etc. between friends around the school. The majority of these trends are set by popular television networks, as well as radio stations aimed at teenagers. These networks include MTV, BET, WB, and FOX and radio stations such as Hot 101.

TRL's top ten countdown on MTV, or Hot 101's hot eight at eight everyday following school is normally associated with the popular styles of Calvin Klien, Abercrombie & Fitch, Tommy Hilfiger, and Polo. "Main stream" is probably the toughest river to float. The basic idea of "main stream" is how you should look, dress, feel, act, and sadly- what you should listen to.

Over the years, the pop-artist culture has transferred back and forth from rap to hard rock. For those of you who haven't followed the latest music trend, you may be familiar with a few outstanding bands that nobody else listens to. However, for those of you who rely on the media to tell you what's hot- "you don't know what you've been missin'" as Buddy Holly would put it.

For those of you who are interested in the indie-pop (bands who produce their albums independently and sign to a label for record sales) sound but aren't so sure what to look for; you might want to pick up a CD from a guy named Morrissey. He is the former lead singer of the Smiths but in the late 80's he went off on his own debuting his first solo album "Viva Hate." He recently played shows in both Akron, Ohio and Pittsburgh, PA. At both concerts Morrissey put on an extraordinary act to satisfy his indie-fans.

Another type of music that doesn't follow the "main stream" is emo. This type of music goes anywhere from fast and upbeat rhythms, to slow songs you would play at a school dance. Bands such as "The Juliana Theory," "Weezer," "The Mr. T Experience," and "The Ataris" go around singing sad songs about crushes, boyfriends, girlfriends, and just plain old life. Music to listen to when you want to let things out. But for those of you who just don't care and are in the mood for a fun, moving, "forget about your problems" 3-chord tune, you might want to try out an album from Mxpx.

Mike, Tom, and Yuri came from Bremerton, Washington where there's lots of everything to write about. Three guys, who probably started out in a garage with cheap guitars and a broken drum set, are out to conquer life's problems through music. Some of you may have seen/heard their video "Chick Magnet" once or twice if you were lucky enough to have satellite while MTV was nonexistent in Salem.

Your parents won't complain about the language in this music, all of these guys are good, clean-cut kids just out to have fun. The worst word used in any of their songs is the word commonly used synonymous to "inhale". So for a change, leave the "pop" artists alone and go after some new stuff, it doesn't hurt to be different.

Falling summer

BY LORRIE STEWART

At dawn-Copper-colored leaves scurry through the wind and slowlydarkness fades from the horizon as soft, fluorescent rays break the morning sky. I can feel the gentle whisper of your hand tickling my hair with the sweet smell of autumn leaves crackling beneath our feet. We walk in a silence of nature with a sound so bold, Its beauty could carry the music on for miles and miles. Chasing the clouds past the stars, the sun brings a radiant warmth to your face and a smile is sketched to mine. We lie in a bed of fresh, crisp leaves. and warm, painted love spills out into the air as the cool autumn season spreads over the earth.

When Salem students were asked what their favorite radio and/or television stations are they gave the following responses:

Kenny Adams: 106.1, 107.9, and 88.1 because they all play good music; the Box because you can order what you want to hear; 92.3 because of oldies Cody Webb: 100.7

Jacki Wright:MTV because of Carson Daly Mike Goughenour: Bob and Tom in the morning

Richard Hill: Star and Buck Wild - Beat Suite on MTV

Josh Nutter: Richard Simmons workout videos - he is my idol

Pete Berlin and Ken Donnelly: A little bit of country and whole lotta Rock and Roll

Carrie Malone: 106.7, Z88, 107.9 because they play the music I like; MTV because of Say The Quaker Page 4

See Song Survey pg. 6 February 200(

Feature

Up close and personnel



and the second second

BY LORRIE STEWART

According to Mr. James Shivers, people say that James was "obnoxious" as a child growing up in Salem; other's say that he was "precocious to have around," but regardless of what they said then, everyone enjoys Mr. Shivers now-as a teacher at S.H.S.

Mr. Shivers attended S.H.S. as a student in high school. He graduated with the class of 1972 and headed to K.S.U. to major in biology. After receiving his bachelor's degree and graduating college in 1979, he was a substitute at S.H.S. teaching upper level math for Mr. Bevington.

Mr. Shivers began teaching at Salem in 1982, following a job at the post office, and has for the past eighteen years. Mr. Shivers not only juggles both freshman and sophomore classes; he also teaches two of the toughest subjects, science and mathematics. And as if that isn't enough, Mr. Shivers coached both track and basketball for twelve years.

both track and basketball for twelve years. Teaching is a big part of Mr. Shivers's life. What he enjoys most is when "a student gains knowledge that they didn't have [before]." Shivers began teaching for the reason that he loves imparting knowledge to others; his hope for all of his former students is that they do well in life.

In his spare time, Mr. Shivers likes to spend time with his wife, Paula, and his twelve-year-old twins, Connor and Merideth.

Antonelli College

Location: Cincinnati, Oh 4 majors S:F – 19:1 Must have a portfolio (4 pieces) www.antonellic.com

Antioch College

Location: Yellow Springs, Oh 17 majors S:F – 19:1 ACT/SAT – standard test scores www.college.antioch.edu

Shawnee State University

Location: Portsmouth, Oh over 20 majors S:F – 19:1 Open admission <u>www.shawnee.edu</u>

Mad for March

BY DENISE PRICE

Do you catch yourself sitting at home watching the snow melt? Wake up because March is just a hop, skip, and a jump away! Give your parents an excuse to celebrate on these special dates!

March 2: Read Across America Day March 5-11: National Pancake Week March 6-10: Newspaper Education Week March 17: St. Patrick's Day March 19-25: Jobs for Teens Week March 19-25: National Spring Fever Week March 21: Flower Day March 27-April 2: National Sleep Awareness Week

March is also Music in Our Schools Month, National Nutrition Month, National Woman's History Month, and American Red Cross Month. Make March an exciting month and have some fun!

Have A Happy St. Patrick's Day!!

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College Corner

The Quaker

Feature

Moo...ve over meat!

BY DENISE PRICE

Hundreds of years ago, the human species depended heavily on animals to survive. Well pour the sparkling white grape juice because it's the year 2000 and times have changed! Vegetarianism seems to be the newest craze. It's affecting teens as they find their individuality and start sticking to their beliefs, like animal rights and environmental rights.

There are many different types of vegetarians. An actual vegetarian doesn't eat meat but can eat other animal products, also known as an ovo-lacto vegetarian. If you exclude eggs from that diet, you are a lacto-vegetarian, but if you exclude milk and eat eggs, you are an ovo-vegetarian. Vegans don't eat any animal products, but some will wear animal products. Strict vegetarians feel strongly about their diets and don't eat or wear animal products. An even more extreme way of living is the highly dangerous *fruitarian* life, meaning you eat only fruit, which includes seeds and nuts.

I decided to stop eating beef when my sister became infected with the E. coli bacterium. E. coli is a bacterium that usually helps you by living in your intestines, but when you ingest a foreign E. coli bacterium, it can be fatal by effecting DNA. Knowing all this and seeing your eight-year-old sister lying in a hospital bed for a month with tubes protruding from every visible part of her body will scare anyone.

Contrary to the popular belief, I get my iron and protein with my new diet. It's all about variety and picking the right foods to nurture your body. If you still aren't sure you are getting what you need, there are vitamins that help you out.

Whether you continue to eat meat or not, keep in mind veggies are still a very important part of your health needs. Vegetarianism is not for everyone; it's your decision.



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Entertainment

A poor man's 'Stones'

BY JUSTIN PALMER

Let's travel to Sunappe, New Hampshire 1970. That is where a rock trio was formed in an ice cream parlor. After some addition and internal shifts Aerosmith was born. The name was decided upon simply because it was the only name no one in the band hated. Towards the end of 1970 the band relocated to Boston playing college parties and bars. Their self-titled debut album was released in 1973 after being signed by Columbia Record's President, Clive Davis, in 1972. In the beginning they were referred to as the "poor man's Rolling Stones," a title we now know was a rush to judgement and has been long since forgotten. With twenty albums under their belt and regained success thanks to the release of "I Don't Want to Miss a Thing" from the movie Armageddon they have a great deal of success still to come.



BY JUSTIN PALMER

This lyrics quiz contains lyrics from Aerosmith's albums "Big Ones," and "Nine Lives." Take the quiz to test your Aerosmith knowledge. D) Livin' it up when I'm going down

- 1. Love in an Elevator
- 2. 3. Dude (Looks Like a Lady)
- Janie's Got A Gun
- 4. 5. 6. 7. 8. Cryin'
- Crazy
- Livin' on the Edge Falling in Love (Is Hard on the Knees)

10:G, 11:C, 12:I Answers 1:D, 2:L, 3:H, 4:A, 5:J, 6:F, 7:B, 8:K, 9:E,

- Hole In My Soul
- 9. Taste Of India
- 10.
- Full Circle
- 11. Kiss Your Past Goodbye
- 12. Pink

L) Backstage we're having the time of our live

H) Her whole world's come undone; From lookin' straight at the sun

A) There was a time; When I was so brokenhearted J) And it always seems you got somn' on your mind other than me

F) There's somethin' wrong with the world today; I don't know what it is

B) You think you're in love, Like it's a real sure thing K) For every love letter written; There's another one burned

E) Gotta know that what's gotten into ya; Any cat man do when it's done ...

G) If I could change the world; Like a fairy tale

C) Finders keepers losers weep; Down on 42nd Street I) ... it's the color of passion

The more America changes the more it stays the same

BY SARAH SACCO

Salem has a great deal of qualities that distinguishes it from any other place, the question is, are chain stores and restaurants slowly suffocating the historical and small town sense emanated by our town. While fastfood restaurants, chain stores, and the coming Wal-Mart give people the access to certain necessities convenient to the fast pace of people today, they also are blending our town and cities across America into convenient look alike, taste alike, towns. As CBS News reported in January, "If you take a look at the places across the four corners of America, they all look the same." The United States is well known for its diverse cultural and historical localities. One of these places is Bainbridge, Washington. "It doesn't look like any other place in the world," boasts resident Wendy Johnson. However, it has been a fight for the townspeople to keep it that way. They passed strict laws that do not enable any fast-food restaurants or chain stores to convenience their town. Even so, the town's economy is prosperous and the people are pleased with it. The convenience strips "water down regional flavor" across the country, and it may be what is happening in front of our own eyes in *our* town. These new changes that are to suit modern life, very well could be killing our cultural and historical significance. What price are we paying for these one stop all the fun you could want, all you can eat, all you could need conveniences?

Focus

Students at SHS are involved in many activities which extend beyond the classroom and sports arena. Unfortunately many of the acccomplishments or occasions where students excel go unnoticed. This month the Focus Section has chosen to highlight some of these areas in order to educate our reader about the diversity of interests SHS students have.

Excellence at SHS

BY PAT STEWART

Many Students at SHS are deserving of recognition for their achievements in a variety of areas. We attempted to find out about their accomplishments and are publishing our findings below. We know this is just a sampling as so many SHS students have excelled in some way or other. Our apologies if your name and accomplishment did not make it to our pages.

Published stories, poems or writing contests: Peter Berlin (12)- 3rd place Rotary Four Way speech contest. 3rd place Voice of Democracy essay contest.

Andrea Stone (10)- 2nd place National Good Teen Day Essay Competition.

Jake Cline (12)- Scholastic Art and Writing Awards Honorable Mention

Brian Farkas (11)- 3rd National Good Teen Day Essay competition.

Russ Howells (11)- 3rd place National Good Teen Day essay-sophomore

1st place National Good Teen Day Essay-

Lauren O' Donnell (12)- Scholastic Gold Key-sophomore Sarah Sacco (12)- A poem

Tracy Stapf (12)- Brooks' Contest and National Good Teen Dav

Christy Bennett (12)- 2 poems published ; 3rd place Good Teen Day. Lorrie Stewart (11)- published poetry Ryan Parke (9)- Poem published

Sean Chappell (12)- Poem published in magazine in New York.

Art, music and other awards: Erin McIlvaine (12)- Esther Odoran Memorial Scholarship

Julia Navoyosky (12)- Marie Burns Award

iunior.

Liz Karlis (12)- Good Teen Day art- 1 piece in Top 10; another in Top 20. Scholastic Gold Key art

Jaclyn Drake (12)- Esther Odoran Scholarship

Lindsay Craik (12)- Governors Art Award. Good Teen Day art award. Scott Bowman (12)- Governor's Art Award, Top Ten Good Teen Day, Scholastic Gold Key, American Visions Award and Sports Cover for '99 season.

Bob Fitzpatrick (12)- Columbiana County Safety Billboard and Top Ten Good Teen Day.

Andrea Stone (11)- Governor's Regional Art Award.

Jake Cline (12)- National Good Teen Day art competition.

Russ Howells (11)- Eagle Scout and God and Country Award.

Bryan Bartels (12)- Program cover design for basketball, awards for National Good Teen Day and Governor's Competition in art. James "Spooner" Chaffee (12)- Esther Öderan, twice 97 & 98

Excellence is never granted It is something that you must achieve There are no limits to

success If you work hard and believe

It is not a question of whether or not A person is destined to be great Some just have things come easy While others have to work and wait

Do not listen to expectations That others set for you Find something that

makes you happy Something that you truly want to do

A future cannot be thrust upon us

It is up to each person to decide It may be difficult for

some But for others it may be a

smooth ride

Do not let things discour-

age you There are always obstacles along the way

But true greatness comes from those who Work to their fullest potential each day

BY HEIDI TALBOT

February, 2000



The Quaker

Focus

Eagle Scout

BY PAT STEWART

For a Boy Scout the highest award possible is ne Eagle Scout award. It is the ultimate complement in espect, responsibility and stamina. A few students at .H.S. have been honored by receiving such an honor. osh Barry is the first one that we talked to. He has een in the boy Scouts for the past eight years and in anuary of 2000 he become an honoree Eagle Scout. To ecome an Eagle Scout you must first compile so many nerit badges. Then you must do some sort of service roject. Josh' project was to build bat and bird boxes or Fort Island Primary School in Copley, Ohio. Now hat he has turned 18 he can no longer be a Boy Scout, nstead, he can now become an Assistant Scoutmaster. He is currently working with troop 390 in Copley, OH. Another senior, Dan Fennema, has also attained Eagle Scout status. Dan's project was to create an informational board on the waterfowl that inhabit Memorial Pond. Eagle Scout John Burkey, a sophmore, has been in the scouts for six years. He became an Eagle Scout in 98 and his major service project was building a trail at Mount Union College Nature Center.

There are even some Girl Scouts at S.H.S. as well. Rebecca Davis and Connie Cibula are two of them. Both have won the Girl Scout Silver Award, which is almost like an Eagle Scout Award to a Boy Scout. It is an award presented for doing service to the community. Rebecca's service was helping teach younger girls about self-esteem. Connie donated baby clothes and toys to an organization in Columbiana. Both Connie and Rebecca are Senior Girl Scouts.

Stepping it up one

BY STEPHANIE SHELTON

Adam Zagotti, a Salem High junior, is a member of the Youngstown Youth Symphony Orchestra. I sat down to talk to Adam about this accomplishment that he has achieved and to get to know a little bit about the symphony. The following information he shared.

- Q: How did you get into this group?
- **A:** I tried out in ninth grade with Beth Cole.
- Q: Do you have to try out every year?
- A: Yes, you have to try out every year.
- Q: Where do you normally perform?
- A: Power's Auditorium in downtown Youngstown.

Q: What is the best part about being in the Youngstown Youth Symphony Orchestra. A: The trips.

Q: When do you normally perform?

A: There is one concert in January before the real orchestra plays, there is one concert in May and one concert in December.

Q: Anything else that you would like to add about the orchestra?

A: It is hard and I like that because it gives me a challenge. It is also fun.

Some are born great; some achieve greatness; and some have greatness thrust upon them. -Shakespeare

Get involved

BY STEPHANIE SHELTON

Do you like to work on challenging projects? Do you like to interact with other people and work as a team? Then 4-H might just be for you.

4-H is a group of people ages five through eighteen who do little projects to improve personal growth. Such projects are working with animals, cooking, and sewing. You can become a member if you are involved in a club that is in direction within the scope of Ohio State University Extension.

There are three basic activities a person can do in their 4-H group. The first one is a hands-on activity which includes the making of something, producing, or selling. The next kind of activity is an organized activity which involves speeches or demonstrations. The last type of activity a person can do is a leadership activity which involves teaching or assisting someone.

Some of the Salem High students that are in 4-H are Sarah and Emily Sacco, Stacey Priddy, Jackie Pusztay, Lisa Skiba, and Skyler Baum.

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Opinion

When love goes too far

BY EMILY GIBSON

When love goes too far and turns into obsession, your life could be in danger. You could end up being a victim of a very common crime that happens every day...stalking. You may never know that the person you are talking to could eventually be the one terrorizing you every day of your life. There are not many warning signs and it ofter goes unnoticed. Do you notice who is around you when you are out alone? Well, here are some reasons why you should.

Stalking is defined as the willful, malicious, and repeated following or harassment of another person and car include making credible threats to harm. Examples of stalking behaviors include repeated, unwanted phone calls mail, or e-mail of a harassing nature, threats causing you to fear for your safety or the safety of your friends or family members and obviously unwanted following. When you are being stalked you may not even really know it unless you are aware of who is around you at all times. You must be conscious of seeing the same person in many different places. Coincidences do happen but it probably isn't a coincidence if you see the same person every single place you go for longer than one day.

Stalkers begin to stalk for many different reasons and go about it many different ways. In the majority of the cases the perpetrator and the victim were in at least a semi-serious relationship. (Forty to forty-seven percent of the relationships were serious before the stalking began. Sixteen to twenty-six percent were only dating casually. Sixteen to eighteen percent were friends, and sixteen to eighteen percent were complete strangers.) Stalkers are obsessed with their victims. They tend to constantly think about the other person and fantasize about them in either a "loving" way or an angry vengeful way. Stalkers are those people who need to be in control of every situation, and when they are stalking someone they are in control at every moment. To the surprise of most people stalkers tend to be very intelligent. They use this intelligence to plan their stalking activities. This person does not have to be a male. No one should underestimate the power of a female stalker. Most people do not fear women and are not scared when they are stalked by one, but you are almost as likely to be murdered by a female with the mentality of a stalker as you are to be killed by a male with the stalking mentality.

There are a few things that you can do if you are being stalked. If you notice that someone is following you when you are driving go directly to the police station. Chances are a stalker is not dumb enough to follow you there. If you have a family member or friend that you can stay with that is unknown to the stalker, you will be much safer there than staying at home. Do not leave the doors to your car or to your house unlocked even for a moment. If you are walking and notice someone following you do not leave a public place. Stay in a crowd. If you are near many people, the stalker will not want to hurt you because he or she would be identified.

Stalking is a very serious crime and should not be taken lightly. If you are being stalked please seek help. Do you really want to just be another statistic?

The queen of styrofoam

BY ANNIE WEBB

Painting windows on walls isn't the only new art wave for SHS this year. What's new you ask? Styro-Art, it's the biggest hit at lunch this year. Styro-Art is the sculpting of pretty much anything from styro-foam cups. Styro-sculpting is something that senior Sarah Eynon developed out of boredom at lunch.

Sarah revealed to whom she gave credit for her talent, "I would have to say my inner soul, it gives me the courage to keep on expanding my talent" she explained. Her pieces range from flowers, trash cans, elephants, cats, and alligators, although she has no favorites. "I love them all so much! Each one has their own personality!" Sarah claimed.

Even though Sarah would hate to

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part with her masterpieces, she has managed to price her goods. "It depends...some of my art work is from the heart, and they are the most expensive (\$0.25); the ones that I think are just crappy vary from \$.01-\$.10." You can check them out in Mrs. Dye's room 179. Just look for the sign labeled, "The Eynon Collection."



Opinion

Furry friends at SHS? BY STEPHANIE FIFE

A few weeks ago an

SHS student encountered a furry friend making a home out of her trumpet case. At first sight she was scared, disgusted, and confused. That's usually everyone's first response when we see a...MOUSE! When we think of mice and other little rodents we think of them being miles away in some field. Isn't it kind of frightening to know you could be around them 8 hours a day? Obviously Salem High School doesn't look like a Motel 6. Thanks to the janitorial staff, we have no problems with the cleanliness of our school.

This incident has happened in the music wing of the school. No other reports have been made in other wings of the school. Maybe it's the beautiful music our peers are making that attracted this little creature. Kidding aside, our school is very sanitary, and it probably got through an open door down in the wing. Someone was probably carrying equipment in and it squeezed in too. Think about it, if you wanted to go somewhere warm and loving, wouldn't you pick SHS?

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Gun licenses

BY SARAH SACCO

In The State of the Union Address, President Clinton proposed the concept of gun licenses, considering the fact that vehicles can be deadly under improper operation. Thus, we are legally bound to have a license to operate them. Guns too are deadly, therefore why not have a license to operate guns. This appears to be a good idea, however what about all the details. Such as, at what age could one be legally allowed to obtain a gun license? Should special educational classes be a requirement to acquire a gun license? Then there is the obvious inquiry...are gun licenses really a good idea? Answer these questions yourself. Then read the responses that some of your classmates gave and see if you agree or disagree.

Nicole Boyd (11) – Yes, you should have to have licenses. Brian Rea & Josh Wolfe (12) – Gun licenses would be great but very ineffective like when they tried to make alcohol illegal.

Sarina McElroy (10) – Yes, it is a good idea but the government doesn't really enforce the laws that they already have. If they start enforcing laws they already have then the new laws are a good idea

Danelle Hupp (11) – I believe that making people get a license will solve or better this nationwide crisis. No one under the age of 25 should own a gun because most young adults are irresponsible. Classes should be required before purchasing a gun.

Ryan Barnett (10) – A gun license would be a definite help to society. The age of 18 would be a proper age to obtain a gun license. Also, classes for the license should be

held before obtaining a license. Kevin Davis (11) – The licensing of guns is the first step in the government controlling all guns. The right to bear arms is protected by the Constitution. Furthermore, guns

don't kill people, people kill people and that is the issue that must be addressed. John Burkey (10) - A gun license would be a good idea. I think that a license would help with the selling of guns. Also, requiring that you pass a safety course is a good idea.

Sean Loutzenhiser (10) – I think having a gun license is a good idea. Just like drivers courses, there should be gun classes to receive a gun license. It is hard to say what age, but I wouldn't recommend it before age 16. I feel that it should be at a later age (18) but some families feel hunting is necessary.

Continued on page 12

I pledge allegiance to the flag...

BY EMILY GIBSON

Have you ever looked around your first period class to see how many people actually say The Pledge of Allegiance? Do you recite it? There are not many people in our school who do. It may sound like a very

Patriotism is pride in your country and hat patriotism in our country is slowly dying. Patriotism is pride in your country and showing respect for the government, veterans, and the flag and other symbols that represent the nation. Whether or not you agree with the actions of the government, surely you know that it does a great deal for you everyday. For example, it builds roads and highways, regulates laws, controls inflation, provides financial assistance to the predy, and many other things. inflation, provides financial assistance to the needy, and many other things.

Since we have not recently had to deal with the threat of a major war, we are beginning to forget what our veterans have done. It seems that there is no respect for the people who have defended our country over the years. If it weren't for these brave soldiers we would not have the freedom that we have today. People gave all that they had to defend our homes and our rights as citizens of the United States of America. Some of these soldiers gave their lives to ensure that we would have the rights that Americans have today.

Why is it that more people are proud of the fact that they go to a certain high school or belong to a certain sports team than there are people who are proud to be Americans? There are little things that you can do to show your patriotism. Say the Pledge on Monday mornings or at least stand still and do not talk. When you watch a parade and a flag goes by, stand up and remove your hat. No one demands that you have to go and scream at the top of the mountain that you are proud to be an American just show a little respect.

Opinion

Mr. Moffett's top 10 reasons to choose vocational machine trades...

BY MR. MOFFETT

- 10. Employment around the area
- 9. Top wages for machine operators
- 8. Advancement opportunities after graduation
- 7. Top wages for tool and die
- makers 6. Hands on
- learning, spend the afternoon in the shop working
- 5. Job placement your senior year-get out of school half the day
- Variety of job opportunities in other fields
- 3. Excellent program with a long history
- 2. This is not your typical classroom!! (It's
 - better 1. Mr. Moffett's
- the teacher

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Guns...Continued from page 11

Kristina Thomas (12) - I think that we should have gun licenses! Taking classes is an excellent idea, that way some safety can be stressed. I think that 21 is the appropriate age because those who are 18 are just beginning to mature. Some wouldn't be able to handle the consequences or emotional stress if an accident were to occur.

Teresa Huzyak (10) – At least 18 years, I know people that at age 18 couldn't handle a car, can you imagine them with a <u>gun</u>!? Today's children are tomorrows leaders. If we give them guns and teach them nothing about them then tomorrow is <u>doomed</u>. There should be educational classes. Some say "Guns don't kill, people do." If that person can't responsibly handle a gun, then they could put precious lives in "grave" danger. We need to teach and be taught responsibility and awareness.

Sugar and Spice makes Salem pretty nice

BY ANNIE WEBB & STEPHANIE FIFE

For young people, Salem does not have much to offer when it comes to places to go. Ames and Burger King just doesn't get it for all of us. There is nothing to do. Stephanie believes that Salem would be much sweeter with a mall, and I believe it would spice the town up if we could move the Boardman Shops the way it used to be (packed with cars) here. So we went around and asked everyone, if you could bring one place or building from another town and bring it to Salem, what would it be?

Lorrie Stewart-Bremerton, Washington so we can hang out with Yuri and the boys from Mxpx! Melissa Shingleton-Red Lobster because their food is great! Jen Decarlo-Wal-Mart, so me and Jess can go "shopping" Terra Landacre-Jillians and Kahunaville Mary Sutter-Juan's Styling Center 5C lunch table-Blossom and the Gund Jeremey Sternagle-Being a well-educated person, I would bring the log cabin house of Henry David Thoreau to Salemwhere he wrote his masterpieces, and the rod that went up Thrneas Gage's head that evolutionized our principles of the human brain and the cerebellum in the mid 1800's Mr. Esposito-White Castle hamburger place Ken Donalley, Pete Berlin and Josh Wolf-We'd have to choose Jay's Famous Hotdogs because Frank's the coolest Russ Sutherin-Elmo's Jr. 5C lunch table-Faygo warehouse Jim Richmond-Atlanta Braves home Stadium Turner Field (including Chipper Jones for Annie) Hanna Taylor-the Chrysler Building from NYC-it's beautiful and it would definitely stick out! Ashley Jones-the Manhattan Mall

Chesney Nyktas-any interstellar spaceport to get me outta here

Sarah Eynon-The Candle Rain House!

Tom Myers-a teen dance hall where all of us cool cats could take our hot mamas and bust a move!

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Top 10 reasons you may be an 80's child by ANNIE WEBB

- You were stylin' with your pegged pants
 Snap bracelets were always getting you in trouble in school
- 8. You know all the words to "Ice Ice Baby"
- You can remember what Michael Jackson looked like before he had plastic surgery
- 6. You can remember when Atari was a state of the art video game
- 5. You owned a pair of L.A. Gear, Keds or Converse tennis shoes
- You still have a crimper in your bathroom drawer
 You can still rap
- to the intro of "Fresh Prince of
- Bel Air" 2. You wanted to be
 - a Goonie ("Goonies never
 - say die")
- 1. You had a crush
- on one of the New Kids on the Block
- members (Joey!
- a<u>www</u>)

Sports

How much is too much?

BY TRACY STAPF

Sleep is a vague and unfamiliar feeling to most athletes who compete seriously. The alarm buzzes for many hours prior to the sun. They drag their sore and fatigued muscles out of bed and walk sluggishly to the shower. Many athletes in various sports rise from bed to train, oftentimes before school. After a couple of hours full of sweat and strain they ready themselves for the academic portion of their lives. They stare at repetitious pages and stretch their brains for hours before returning to the gym, or the track, or the ice, the field, and so on. The athlete routinely strives to excel day in and day out.

Sports psychologist Trent A. Petrie from the University of North Texas, categorized sports into two divisions, lean and non-lean sports. Petrie conducted a study to compare active men and women to less active men and women. He took three-hundred men and women who were involved in varsity athletic programs and studied them to see the severity of their nutritional habits in lean and non-lean sports and compared them to the information he gathered form four-hundred less active men and women. Petrie concluded that the varsity athletes overall felt a greater amount of satisfaction with their health and their bodies than those subjects who were less active. However, the varsity athletes who competed in lean sports felt more obsessions to be thinner and stronger than their competition. The point is that athletes, particularly those involved in lean sports, tend to have more risks involving steroids and weight and eating disorders than those athletes who participate in non-lean sports.

There are many sports that require severe training and an unhealthy amount of effort in order to succeed. For instance, former gymnast Erica Stokes, like many other gymnasts and athletes, endured many serious injuries and illnesses that plagued her career and her life. In 1989, Stokes received her first break in national competition; she placed second behind star Kim Zmeskal at the Junior National Championships. She had been training with well-known coach Bela Karolyi, when gymnastics took over her life. She recalls summer camp in 1991 before World Nationals, "We would work out early in the morning, then we'd come in (for training) from noon to four o'clock or so. Then he (Karolyi) decided we'd start coming in for a third workout from seven o'clock to nine o'clock every night. We worked nine hours some days, and it was hot out there." She remembers all the attacks regarding her weight, a hefty 100 pounds of pure muscle, "He would attack us if he saw us put anything into our mouths. 'That's your problem! That's why you can't do anything!' And it might be an apple that he caught us with. Bela started calling me a 'pregnant goat.' That's when I decided to do something about it." What Stokes did was turn to bulimia. She felt the pressure from her coaches, her parents, and her peers. Her weakness contributed to her sudden injuries and illnesses. She was diagnosed with a stress fracture in her heel and shortly after she came down with the flu. With frequent sicknesses it was obvious to her parents that something was terribly wrong. Her passion for sports had deteriorated her, mentally and physically.

Erica Stokes is simply one case, one story of one athlete involved in one sport. If you stop to think just how many "lean" sports there are and how many terrible injuries that arise from the enormous amount of athletes who participate in such training it is frightening. It happens not only in "lean" sports but "non-lean" sports as well. Athletes are surrounded by the pressure to succeed. It's always what can a person do to get better than the rest? It's not be the best a person can be but be the best that they have to be. In the world of sports today it takes more sweat and dedication than ever before. Everyone is always after new records, but along with records there are oftentimes problems. How much is too much when it comes to risking your health and your life for a sport? When is your body right, when it screams that it cannot do anymore? Erica Stokes got out of gymnastics before it took her life, but many athletes who abuse their bodies by all the hazards of steroids and simply doing too much, don't get out before it's too late. How many NFL athletes can you think of who trade their future in for success in the present? How much should athletes be willing to sacrifice in order to gain the success they dream of. They say the sky is the limit, but doesn't your body have any say in how much you put it through to reach the clouds?

Calling one and all

BY SARAH PANEZOTT

It is that time of year when the girls prepare themselves for a long week of worrying, practice and anticipation. Next week Cheerleading tryouts are being held at the high school in the cafeteria on Monday, Tuesday and Wednesday after school. Anybody wishing to try out please obtain a paper in the office with all the details. Cheerleading tryouts will consist of three days of practice and in this time the

girls will learn a dance, a cheer, and two chants. The senior cheerleaders choreograph and teach the material to the candidates. Friday March 3 tryouts will be held at Southeast School. The judges will score the

girls on the material they have learned and an original cheer each has created.

Good luck to all the girls who are trying out!

Sports

Preparing for sectionals

BY MEGAN STOCKMAN

With the absence of three wrestlers due to injury, Salem continued their streak of excellence placing sixth in the Top Gun Tournament in early January. Matt Galchick took second place while Jon Paul Fritz placed fifth.

Liberty appeared to be the next victim for the Quakers. The Quakers finished strong having five pins in the final six matches. Brian Rea got the team to a great start pinning his opponent in just over a minute. Next came Ralph Smalley who continued the streak, pinning his man in a mere twenty-six seconds. Dave Tomlin made an appearance pinning his opponent twenty-five seconds into the match. Jon Paul Fritz and Emanual Figueroa each contributed a pin as well.

Their streak was cut

short when Howland's 38 person team came in, beating them 59-1. Brian Rea, Ralph Smalley, Jon Paul Fritz, and Matt Galchick however were able to get victories for Salem. Boardman also handed Salem a defeat coming back from behind to beat them 38-35. Moving past the losses the Salem wrestlers were looking forward to the upcoming E.O.W.L. Tournament held at Salem.

Three wrestlers came into the event undefeated and each one came ou of the tournament undefeated. Shain Hostetter, Brian Rea, and Jon Paul Fritz were able to hold their titles as reigning champs. Six of the Quakers, however, were able to move on into the semis and contribute to the team. The guys are now preparing for the sectionals held February 18.

Salem going Wright way BY SARAH PANEZOTT

Salem's girls varsity basketball team has been led by Senior Robyn Wright who has come up big for the Quakers in the past few games. Salem hosted the Struther's Wildcats on January 12. Junior Courtney Dunlap led the Quakers past the cats with a score of 39-38. Dunlap had 13 points and six rebounds. Kelly Paxson scored 11 points and 13 rebounds while Robyn Wright added eight points and six assists.

Salem traveled to Poland to take on the Bulldogs. Poland is currently ranked sixth in the state for Division II. Robyn Wright led the Quakers with 17 points; Kelly Paxson totaled 11 points and eight rebounds. The Bulldogs were too tough for Salem to defeat. Salem dropped to 10-4 and 3-4 in the Metro Athletic Conference.

The Canfield Cardinals came to Salem to take on the Lady Quakers. Salem ladies beat the Cardinals 55-45. This was Coach Zeigler's 170 victory. Wright led the team with 23 points, Paxson added 14 points and Olivia Kelly finished with eight points. Salem is now 11-4 on the season.

Salem had an easy win when they traveled to Struthers with a score of 61-37. Kelly Paxson had 28 points. Olivia Kelly at 15 points and Robyn Wright totaled 14 points. Paxson scored Salem's only three- pointer. They stand at 13-4 and 6-4. Salem's only losses have been in the tough Mctro Athletic Conference.

The Lady Quakers earned third seed in tournament play. The tournaments this year are being held at Austintown Fitch instead of Canfield. Salem's first game was Woodrow Wilson on February 21. They defeated them 75 to 27. Their record now stands at 17-4.

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Sports

Boys' basketball draws to a close BY TRACY STAPF

The Salem High School boys' basketball team prepares for tournaments following a 6-14 season. After a slight dry spell the team captured a win over the Howland Tigers, sweeping the series. They blew past the Tigers 61-45 with junior Ryan Drake leading the way. Drake scored a career high 21 points in the victory. Steffen Nemenz tossed in 22 points while fellow teammates Ryan Gross and Steve Conrad proclaimed their senior leadership. Gross dished out seven assists while Conrad, who leads the Metro Athletic Conference in three-point field goals, passed for eight assists and secured eight steals.

The boys fell to Poland and Niles. Nemenz was unable to play during the Poland battle due to blood poisoning. He came back big as always for the Quakers in both the Howland and Niles games. Once again the Nile's Dragons barely nipped the Quakers, 73-69 in the final minutes of the game. Salem battled fiercely while both teams struggled to control the lead. However, an unforced error by Salem secured the Dragon's hopes. Nemenz and Conrad had 22 and 17 points respectively and Drake and Gross chipped in 14 and 11 points respectively in the disappointing loss. However, the boys look ahead to tournament play. They are set to play Niles for a third time in round one of the sectional tournaments.

Random Reflections

This year the sport staff decided to add a new column titled Random Reflections. Three athletes were randomly chosen from three random sports. Their photographs and interviews appear below.



Why did you choose to cheer? I have wanted to cheer since I was a little girl taking dance and gymnastics.

How does it feel to be the only sophomore on varsity basketball? It is a real privilege to cheer with upperclassmen. It is also a great learning experience working with the upperclassmen because they have so many good ideas and so much experience.

What is your favorite memory? One of my favorite memories was this year in our game at Howland when some of my classmates got to play varsity and we won in a very close game. The game was very intense and I had a lot of fun cheering.

What is your biggest accomplishment in cheerleading? My biggest accomplishment in cheerleading so far would have to be making the varsity basketball squad as a sophomore.

How long have you cheered? I have cheered for 4 years, 2 in junior high and 2 in high school.



How long have you been a cheerleader? I've been cheerleading since seventh grade.

What made you interested in cheerleading? I've always loved watching cheerleading competitions and was amazed by both the girl and guy's athleticism. You must be talented and dedicated to excel in this sport as in any other.

What are some of your accomplishments with cheerleading? My freshman and sophomore years we competed in the EAC national competition, and freshmen year we placed second. I've cheered on varsity for three years and became a UCA all-star by trying out at camp last summer.

What else besides practice, with the squad, do you do to improve? We attend a four-day camp every summer where we compete at the conclusion of the camp.

What is your fondest memory in cheerleading? By far my best memory is March 1997, competing in nationals at William and Mary College. It was such an accomplishment walking onto that floor. It felt like we earned our place there.

Carey McDermott Swimming



How long have you been swimming? 8 years com-

petitively What made you choose this sport? When I was younger I took swimming lessons and my friend was on a swim team. I decided to try it, and I've been swimming competitively ever since.

What has been your favorite memory so far? My favorite memory is competing this past summer in Indianapolis for the zone meet and swimming on a relay that placed third.

What's been your biggest accomplishment? Qualifying for the zone meet this past summer.

Do you have a role model, if so who? My swim coach, Kristie and one of my best friends, Linsey.







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