

The Quaker

A high school tradition for years.

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Salem Senior High School

March 2006

SHS academic team up to the challenge

By Joe Shivers

On Monday, March 13 the Salem Middle School and junior varsity Academic Challenge teams won the Columbiana County Championship at United Local High School. Not everyone knows what Academic Challenge entails, and few but parents and friends attend the games. Usually the players don't mind the dearth of spectators, who only add to the tension of the competition.

The third round of the JV competition finds sophomores Derek Hale and Caitlin Bell and freshmen Rick Samu and Max While representing the Quakers. Other JV (Academic Challenge code for freshmen and sophomores) players include sophomores Peter Dufresne, Ian Pennix, and Luke Shivers and freshman Brian Shivers, but only four students play at a time. The four players sit behind a single table. To their left is the reader, a woman with a packet of questions, and beside her sit four kids from United. All eight players listen as the reader asks a toss-up question about US history (the team that rings in first gets to answer). A buzz sounds, and Max While gives the right name. Salem earns ten points plus a chance at a five-point bonus question. After twenty questions the Quakers sit victorious, 90-65.

But this is only the third

of seven rounds, and each one has its own stresses. Next Salem faces East Palestine and after a slow start wins 120 to 50. The next match, against Columbiana, is rockier. The Salem players find themselves a split-second too slow to buzz in on the easy questions, and the harder ones leave them furrowing their brows as if to squeeze the answers from their brains. As the Columbiana players pull ahead they begin to relax and laugh, the Quakers can only sit, powerless. The Clippers win 125-85, and four demoralized underclassmen stand up from the Salem table. It stings to lose a physical contest, but mental defeats are especially hard to accept.

But SHS's Academic Challengers rebound from the loss to walk over Leetonia, 100-30. The Quakers are even enjoying themselves: they swap high-fives after the victory. They actually enjoy this: coming here, answering questions, playing and watching.

But not everything is fun; some matters are serious. Salem's record is now 4-2, and the team will win the county if it beats Lisbon in the next match. Dufresne and Hale, scheduled to play against the Blue Devils, agree to give up their spots to two freshmen who have scored more

points. Salem blows Lisbon away (145-40), the team wins the county championship, and the two self-sacrificing sophomores exchange congratulations with their teammates. Hale says he is "very happy" about the win and appears satisfied with sitting out "for the greater good of the team." It is certainly a good night for Salem teams; the middle school squad wins its own championship (also held at United).

The middle school and junior varsity county championships are just the latest victories in a successful season for Salem's Academic Challenge program. In the fall the high school team took fifth in the state in the Knowledge Master Open, in which teams take a timed test and then submit their scores. Salem's varsity squad (seniors Annie Dombroski, James Drotleff, and Connor, Joe, Meredith, and Paul Shivers and juniors Emily Bennet, Robert Hergenroder, Daniel Huston, Keaton Keefer, Nathan Kish, and Tom Yuhaniak) repeated its own County Championship in February. The six seniors and Brian Shivers participated in the WYTV program "Academic Challenge," (Salem's next match will be broadcast at 7:30 p.m. on March 25). On March 12, a contingent made up of Connor, Joe, and Paul Shivers, Robert

Hergenroder, and Keaton Keefer won the top prize (\$4000 in scholarship money for a Salem student) at a tournament held at Mount Union. "I think that the team is operating at very high efficiency," assesses Drotleff, who has played some form of Academic Challenge for Salem since fifth grade. And what about the remainder of the season, when the varsity team will travel to Steubenville and try to qualify for State for the second year in a row? "Prospects look quite good," Drotleff says.

But as I watch the freshmen and sophomores celebrate their victory tonight, I think about even further into the future. When Ian Pennix has had a chance to recover from the volley of questions, I ask him if he's ready to move on to the next level—varsity academic challenge. He's accustomed to cycling instantaneously through his mental database and synthesizing a one-word answer. It takes him only a few seconds, and he doesn't need to glare at the floor or gaze at the ceiling. He smiles as he replies, "Yeah."

Speech winners

By Desiree Wright

Is it the TRUTH? Is it FAIR to all concerned? Will it build GOODWILL and Better Friendships? Will it be BENEFICIAL to all concerned? These four questions were addressed at the judging of the Annual Rotary 4-Way Speech Contest which was held on Tuesday, February 28 at 9:00 AM in the S.H.S. sewing room.

Participants in the contest were seniors Joseph Shivers, Edward Wrask, Fred Rumsey, and junior Garrett Hack. Each of the students gave dazzling speeches, however, only three of the participants could be chosen to progress to the Rotary luncheon for judging on Tuesday, March 7 at noon. Garrett Hack, Joseph Shivers, and Edward Wrask were the three finalists who moved to the next level of competition, which was held at the Salem Community Center.

Garrett was awarded first place and received 500 dollars for his speech on bargaining, Joe came in second and received 250 dollars after presenting his speech on movies, and Ed came in third winning the 100 dollar prize with his speech on swimsuits and pancakes. Congratulations to all who participated and the three finalists who were each handsomely awarded with cash prizes.

Bush still dealing with Abramoff and Hurricane Katrina

By Paul Shivers

"I don't think anybody anticipated the breach of the levees..." - George W. Bush
"I frankly don't even remember having my picture taken with the guy...I don't know him."
George W. Bush

Apparently the President has short-term memory loss. New information shows that George W. Bush's attempts to exonerate himself from both the Jack Abramoff scandal and the Hurricane Katrina catastrophe were simple lies.

A mere four days after the storm that devastated the Gulf States the President assured Americans that his experts hadn't predicted the failure of the levees of New Orleans. But a video uncovered by AP proves otherwise. In the video taken August 28 during a meeting, the President is briefed by a hurricane expert on the imminent danger New Orleans faced and had "grave concerns" about the city's levee system failing during the storm. The media's favorite scapegoat of the catastrophe, Michael Brown (the head

of the Federal Emergency Management Agency or FEMA at the time) also expressed his fears to the President and Homeland Security Secretary Michael Chertoff that the New Orleans Superdome would lack sufficient relief teams for refugees. Despite the less than optimistic predictions, the President was still confident enough to tell state officials that, "We are fully prepared."

But knowing about the damage Katrina had the potential to cause wasn't the only thing Bush has denied. The President also claims that he doesn't know convicted lobbyist Jack Abramoff, who has pleaded guilty to corruption, embezzlement and bribery in January of 2006. Abramoff, on the other hand, said that he met with the President on a dozen occasions

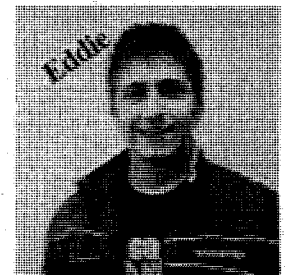
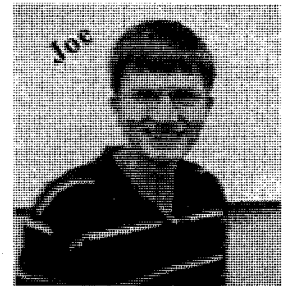
and was even close enough to Bush to joke with him about weightlifting. "What are you benching, buff guy?" Abramoff said Bush asked him. "He (Bush) has one of the best memories of any politician I have ever met," Abramoff said in an e-mail. "Perhaps he has forgotten everything. Who knows?" Jack is also dumbfounded by the fact that the President doesn't remember the 10+ photos he appeared in with the lobbyist. In fact, the now convicted felon sat on stage while the President made

a speech during a fundraiser in 2003. Abramoff has been offered significant amounts of money for the pictures with him and the President, but he has decided not to sell any of them. The White House has conceded that at least one of the photos is legitimate in which the President

is seen shaking the hand of an Abramoff client with the lobbyist in the background.

The media and some democrats, however, did try to exaggerate the situations. "The Democrats, on the other hand, are going overboard, virtually insisting I was there to plan the invasion of," Abramoff said about his relationship with the President. And as for Hurricane Katrina, the President did take responsibility for federal mishaps after the storm struck.

Have a fantastic Spring Break!



News

Not quite news, but *just* close enough

Public display of what?!

By Josh Bell

Writing this article, I felt myself slipping back to my junior high days when this was funny to see in the hallway and even funnier to talk about at lunch. Then we came to the high school, where PDA (Public Display of Affection for those of you who don't know your abbreviations) runs at times rampant through the halls of our fair school.

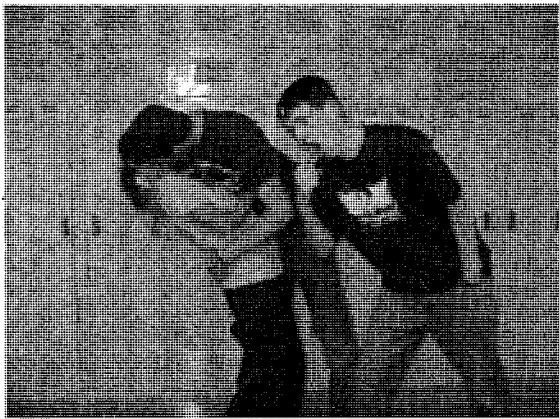
The biggest question I ask those of you who find it necessary to display such graphic acts of romance in our halls is why? Why do it?

Can't it wait? I asked Senior Jon Williams what his views on this issue are. "I think PDA is the most annoying thing in the world, especially when ... kids make out on my locker." Jon went on to say, "All PDA should be banned so I don't go blind."

So does that mean holding hands in the hallway is really a crime? No, I don't think so, but when it gets to the point of what Jon said later, "...two people checking each other's throats with their tongues," then I think it should be stopped.

A simple kiss on the cheek from your significant other, I think, is usually quite acceptable, but when it comes to (as Mr. Allen would say) "sucking face," then the red flag should be hoisted high and everyone should just STOP.

So how do we enforce such a "touchy" issue as PDA? Mrs. McCracken expressed her



Another traumatic instance of PDA-induced projectile vomiting.

views on fixing these problems. "Well, I guess to enforce the school rule against PDA found on page nine of the student handbook... yes I've read the whole handbook, most of the students I have dealt with were respectful after I gave them a warning." I also asked Mrs. McCracken what her opinion was on seeing this in the hallways. "I have to say that I understand that couples want to express their affection for each other, but school is not the appropriate setting for that affection. I don't see anything wrong with holding hands, but kissing...save it for the date night!"

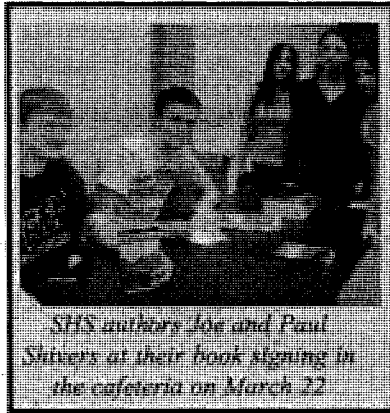
I think most people are in agreement that too much is well, too much. Teachers are fairly lenient with warnings (depending, of course, on just how much public affection you and

your "other" are displaying).

All and all, I think that if you're going to express such significant acts of amore, you should consider what Mrs. McCracken said and "save it for the date night." After all, how would you like to walk through the halls and have to say, "Come on man, you're grossin' me out. I'm on my way to lunch for gosh sakes." Besides, it can't be that romantic making out with your "partner" in front of a locker in the halls of

SHS.

Finally, I am reminded in this situation of a quote by former history teacher (seniors and teachers should remember) Mr. Haskins, "Sorry folks, have to keep our PG rating here."



SHS suitors Joe and Paul Silvers at their book signing in the cafeteria on March 22

Is America really American?

By Brittany Mercer

Am I the only one who notices the growing transactions between the US and foreign countries?

Almost every item we have is "Made in China" or some other foreign country. Have you not wondered how America can be so dependent when we are so independent regarding other countries that in the past backstabbed us? We buy over 138 million dollars of goods from Japan, the very same Japan that bombed our men and started a war. Why is that we trust this nation so much when, well, we are in the middle of a war? I just don't get it - why we have to depend so very much on other countries.

Today about \$300 billion is spent on the products China creates, almost three times as much since the year 2001. Is this amount going to keep going up until America is no longer America but a second China? I challenge you just to look casually around your house; see how

many American-made objects you own opposed to those made in China or Japan. I almost guarantee you, you will be amazed. Just walking through Wal-Mart, I realized it's basically a foreign store.

I went on a mission...to prove my findings. Walking through Wal-Mart I picked up fifty items (non-food items) and only three were made in the good ol' USA. I find this just shocking. We are America!!! America has almost eight million people unemployed and looking for jobs. Our very own American citizens are being beaten out of jobs by foreign workers.

Thom Hartmann, a commentator who wrote, "When Americans No Longer Own America," stated, "Instead of buying our manufactured goods, [foreign nations] are doing what we used to do with Third World nations - they are buying us, the USA, chunk by

chunk."

I'm sure you guys are saying, "No big deal, who really cares," but what I'm worried about is the fact that we are in the middle of a war. There is a really big possibility that we will just be "cut off" and that would severely hurt our country. That means shoes, clothes, cars, food, TVs, computers - almost everything we own - would be basically gone. And if not gone, they would be very expensive!

So, I know I rambled and rambled on about this, and I never gave a solution. I believe we don't really need to trade as much as we do. America has the technology and talent to make everything China or Japan does. Why can't we be the country that holds the others in the palms of our hands? I realize Americans are becoming more and more spoiled with the access to the goods we get, but I don't think it would kill us to cut down on our dependency on foreign countries.

The Banquet in Salem

By Courtney Mercer

The National Honor Society (NHS) is an academic club that was created in 1921 with the goal in mind to reward those who have an outstanding academic achievement and to shape their character. To this very day that goal has remained intact and the number of people involved in NHS is rising. NHS, which is a very giving academic club, helps out in the community in any way possible. The National Honor Society holds many activities such as blood drives and sponsoring drives to help needy families.

This year the NHS decided to help out in the Banquet in Salem, a program that serves a public meal every week. Like almost all of the NHS activities, the main purpose was to help out the less fortunate in the community. Members of the NHS volunteered to buy, cook and serve food at the banquet.

Those who are involved in this banquet aren't just outstanding students; they are also very caring individuals. National Honor Society

advisor Mr. Viencek commented, "I am impressed with the quality of students in the organization. They are mature, kind, energetic, self-motivated." And so they are. They just didn't volunteer to cook; they also served, entertained the youth, and even helped clean up afterwards.

The Banquets in Salem are held on Monday evenings at the Memorial Building from 5 until 7 pm. Any one can attend these banquets and it doesn't matter how many times you do attend. If you are interested in attending the Banquets of Salem, then you are more than welcome. It's more than just a great meal; it's a nice place to socialize. Or even more, maybe you should volunteer in the National Honor Society as well, and make a difference.

Singing in Chicago

By Nikki Jackson

Who wouldn't want to get out of school for a few days and go to Chicago? Salem High School's concert choir and chamber choir will be going on a trip to Chicago, Illinois. The choir members, who are leaving April 20 and returning April 23, will sing in a competition in which they compete against other choirs from neighboring states. Both the concert choir and the chamber choir will compete. They will perform one warm-up song and two numbers that will

be judged. Each of these numbers will be judged on a scale of one to ten depending on the difficulty of the song and how it is preformed. This is not the first time that the choir has traveled to the competition in Chicago. They have gone the last several years. Beyond the competition, choir members will be attending a Cubs baseball game and the Broadway play *Wicked*. Good luck to Mrs. Jeckavitch and all members of the choirs!

OGT week runs smoothly

By Josh Fast

Due to careful planning and execution by the counseling staff, counseling interns, teachers, and administrators, OGT week went off without a hitch. During the week of March 13, Salem High School sophomores and some juniors were administered the Ohio Graduation Test (OGT). The week was a great success and the staff would like to thank all the students for their excellent attendance and diligent work on the test.

Throughout the week the students who participated in the test were served breakfast in the morning before they "got down to business." Many people were involved in providing the resources needed to feed and prepare this many young adults so that they were in peak performance at test time. First and foremost, thanks to the teachers and staff at SHS. Your preparation of the students was crucial to their success. The SHS staff also donated money during

"jean days" as a source of funding for the breakfasts the students were served. Also, a huge thank you needs to go out to many of the area businesses for their help in sponsoring the week as well. Giant Eagle donated some 240 cookies for the students. Dunkin Donuts donated freshly baked donuts for the breakfast. Wal-Mart gave a gift card so that food and other necessities could be purchased.

The counseling staff would also like to express their gratitude to our wonderful cafeteria staff for all of their help and apologies for any inconvenience during the week. Last but not least, it is important to note the work of those SHS teachers who proctored the examination: Mrs. Wilson, Mr. Klucinec, Mr. Reedshaw, Mrs. Carter, Miss Pilch, and all other staff that helped in any way to make this week such a successful one. Congratulations to all students and staff for a job well done!

Point/Counterpoint: Pro-Choice or Pro-Life?

By Kellie Stewart

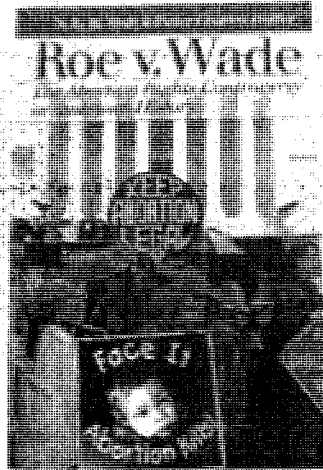
Court case, established that most laws against abortion violate a constitutional right to privacy. "Jane Roe," a pregnant single woman living in Texas, had wanted an abortion but could not get one legally under Texas' abortion laws. Roe claimed that they were "unconstitutionally vague and abridged the rights guaranteed to pregnant women by the First, Fourth, Fifth, Ninth, and Fourteenth Amendments." On January 22, 1973, the court voted against Texas' abortion laws. Although the most famous, Roe v. Wade wasn't the only court case supporting the reform of abortion laws. Alaska, Washington, New York, and Hawaii had all changed their laws even before Roe v. Wade.

One thing I believe no compassionate human being, pro-choice or not, should be able to deny is the right to an abortion under the circumstance that the mother's life is in danger should it not be carried out. During pregnancy, the fetus is a part of the woman. If the woman abuses her body, it will affect the fetus, and in the same way if something is wrong with the fetus the woman will in turn be affected.

There are many couples out in the world that would love to have a baby of their own but are for some reason unable to. They turn to adoption, and this is another point that pro-life likes to argue with. According to the NAIC, since 1987 the numbers of adoptions inside the United States have been ranging from 118,000 to 127,000 children per year. Over a million abortions are committed each year. As much as that's a hugely stagger-

ing number, what would have happened if all those babies had been born and put up for adoption? The majority of them would probably still be sitting in orphanages somewhere. Maybe we should be looking toward more effective birth control or raising higher awareness to the epidemic of unintended pregnancies.

According to the World Health Organization, an unsafe abortion is "a procedure for terminating an unintended pregnancy either by persons lacking the necessary skills or in an environment lacking the minimal medical standards, or both." Nineteen million women around the world experience unsafe abortions each year, resulting in about 68,000 deaths. Many of these deaths could be avoided by making sure that safe abortions are available to women in actual credible medical facilities. If abortion was to be banned, women would go and get it done anyway, probably in unsafe places with less than educated physicians.



As the days pass on and life returns with the coming of spring, the animals of the world prepare to create their offspring. Animals. Do we consider ourselves animals? No, just a step below.

A fetus is an unborn baby. It is alive. No questions asked. It's consuming food from its mother, it's breathing, it's growing. IT IS ALIVE.

Killing another human being that is alive is murder. Commandment number six clearly states, "Thou shall not kill." It is also against the law to murder another human being here in America; it was the last time I checked. Yet about 3,600 abortions are performed daily across our great country.

Pro-Choice people are concerned greatly about the woman's body and if she should have the right to do as she pleases. Yes, this is true, it is her body, but it is the baby's body also.

Abortion is wrong. There is only one time I really think that abortion should be allowed and that is if the mother's life is going to end if the child is born.

Coming from a conservative point of view, abortion is very damaging. People who have abortions are mentally affected just as badly as those who had the child, just minus the child. Could you live with yourself after you know you took the life of another, someone who could not even defend themselves against human wickedness?

These days with the lackadaisical attitude in society we tend to look at things with regret. Regret is where abortion seems to fit right in. They say, "Go have the abortion and you can completely forget about what happened." Yeah, I'm sure you almost will. You don't suppose some guilt will be built into the mother who just took her child's life? You just ended a life, and why? Only because you couldn't handle it, you weren't ready, or it would "emotionally hurt you." If you think you're mature and old enough to handle sex then you should be mature enough to pay for the consequences NOT pay for the abortion. After all whose fault is it that a life was created? It wasn't the child's fault that they were conceived.

By Josh Bell

"But if Susan has the baby all of her dreams will be crushed." Well, sweet Susan didn't think too clearly about that when she had sex with Johnny whose parents are now intimidating Susan because she's thinking about having the child. This is wrong in so many ways.

Susan could give the baby up for adoption or find some way to take care of the life that she brought into this world. The answer is NOT killing.

People fight the death penalty for criminals who have committed horrendous crimes such as rapes and murders. They are actually fighting to save these lives and yet abortion still stands! We can murder the innocent but people fight for those who have murdered and slaughtered others. In the name of God why do we let these people in the streets? What is happening to the known sane world?

Pro-Choice will tell you that it is only a glob of tissue and try to make it sound as though it is really not alive. They try to fool you and tell you that it's your body, and if you don't want this child then you can kill it (not using those words of course). But there are so many people out there who would want a child and can't have one. Abortion not only hurts some women mentally but also can make having a child in the future impossible.

The biggest problem with abortion is that at no matter what stage of life it is in, no matter how many weeks or months, it is still a living being. Killing a human is murder, and murder is morally and socially wrong. Though we can't control it right now, it's up to the woman to decide if it's right or wrong. And you have to sit back and ask yourself, where do I stand?

No mother should have to bury her own baby. No mother should take the life of her own flesh either. You are alive and you are in control. Don't play God.

How would you define a crime? Would you define it in the sense that someone would be committing a crime by breaking a law or by doing something disgraceful and "immoral"? There is a very fine line between doing something that is right and doing something that is good. The question of whether or not abortion (or what types of abortions) should be outlawed is very entwined with both of these things. Most anti-abortionists choose to support their beliefs through the teachings of the Bible and what they would consider to be *morally wrong*. It is wrong to kill a person, and so to them it is wrong to kill a fetus.

A fetus is alive, and no matter where your beliefs stand you'd have to be dumb to try to prove differently. However, during pregnancy it is not an individual person, but a *part* of the woman. It gets its food, oxygen, and everything else needed for its survival from the woman. Is it morally *right* to tell a woman, "Well, it was your fault. Now you're stuck with this inside of your body for nine months, and it's against the law for you to get it out." A fetus is a living potential human being. A *potential* one. Should we give more rights to this potential person over one who is already psychologically and physically independent? Under the rights defined by the Constitution, do we have the power to force a woman to remain pregnant? We must decide whether or not denying a woman an abortion is the same as denying her *rights*.

Roe v. Wade, an extremely controversial Supreme

Bad Rule of the Month: Car trouble

By Josh "The Liberty Protector" Fast

It was recently brought to my attention that some students were being persecuted by a rule about our own personal property! As stated in the rule book of the agenda, "Students are not permitted in or on cars before, during, or after school hours." I don't know about you, but if I want to sit in my car and rock out a bit to some Barbara Streisand or maybe a nice polka I should be able to! I exaggerate on the music, of course. It would be some Switchfoot, String Quartet Tributes, etc for me. Those are my personal choices, but we should all be able to listen to our music and "chill" in our own vehicles if we so choose. Of course during school we have to be in class and therefore shouldn't be sitting in our car but why not before and after school?!? I for one feel that if rules are going to be placed on

OUR vehicles, then the school should buy them for us! If they don't like this idea then let us do as we please with our cars (within reason of course)!! The

car situation is an area in which the rules need to be discussed further (hint hint next month).



Senior Josh Fast defies the rule by relaxing and listening to some tunes in his car before school.



Batman and friends gather to discuss world peace.

Feature

Smurf along with me

By Keri Blackburn

"La la la-la la. Sing a happy song. La la la-la la. Smurf your whole day long. La la la-la la. Smurf along with me." (Taken from the Smurf theme song) Smurfs have been around for years. A very talented artist named Peyo Culliford created these little creatures for a comic strip in his home town in Europe. So how did America get a hold of these little creatures? America had not yet been introduced to the cartoon about Smurfs, but the Smurf merchandise was everywhere. NBC President Fred Silverman bought the rights to the Smurfs and made them into one of the most successful cartoons ever to be aired.

The basic storyline to the Smurfs is quite easy to understand. In a small community, Smurf Village, there lives a whole group of little blue creatures called Smurfs. The population of Smurfs contains hundreds of male Smurfs, but there are only three female Smurfs who are Smurfette, Sassette Smurfling, and Nanny Smurf. Papa Smurf, 543 years old, is the Smurfs' leader. He is the oldest and wisest wizard in the Smurf community. He protects the other Smurfs from danger. In this small community each Smurf has a particu-

lar job and personality, which is portrayed in their names. For example, Tailor Smurf is the one who makes clothing, Painter Smurf paints, and Lazy Smurf is very lazy.

In each episode the Smurfs are faced with enemies. You see the Smurfs are bite size to other creatures and to them, Smurfs are very excellent little entrees. The Smurfs are forced to find new ways to avoid becoming a meal. Gargamel and his cat, Azrael, are the most feared of all the Smurfs' enemies. Gargamel is obsessed with the Smurfs, and he tries everything to capture them. But the courageous Papa Smurf always seems to find a way out of any predicament.

What's happened to our little blue buddies? Well, as with any good TV show, they lost their spark and viewers sadly stopped watching the show as often. The good news is Smurfs are still available to us. They are aired on Cartoon Network and Boomerang very early in the morning. So, if you are an old time fan or a new one, Smurfs are still available for our enjoyment.



Who doesn't love the Smurfs?

St. Patrick's Day

By Doug Modell

St. Patrick's Day. It is the one day out of every year when everyone wants to be Irish. But if you are like most people you have no idea what St. Patrick's Day is really about. I'm Irish, and I didn't even know what it was about! I'm sure you're really interested, so let me take the time and enlighten you.

St. Patrick's Day is named after... you guessed it, St. Patrick. St. Patrick is known around the world as the patron saint of Ireland. And guess what, he wasn't even Irish! It is believed that his birthplace was in either Scotland or England. There are many opinions about his birthday, and it is not known for certain, but many historians believe his birthday was in the year 373 A.D. And his birthplace was in either Scotland or England. It is also said that his real name was Maewyn Succat; don't ask me how to say it, I don't know. You might be wondering why Maewyn is known as St. Patrick. This is because his romanticized name was Patricius and it just came to be familiar as Patrick.

Patrick was captured, along with many others, by a band of pirates when he was only a small boy. He was sold into slavery and remained a slave for six years. Legend has it that in a dream Patrick saw God who told him to escape by a getaway ship. He did escape and ended up in France where he

joined a monastery. After becoming a bishop he had a calling that Ireland needed him, so he packed up and went to teach the Irish about God. St. Patrick died on March 17, 461, which is why we celebrate St. Patrick's Day. Isn't it strange? We celebrate the day a person passed away.

There are also many other interesting facts about St. Patrick's Day that I didn't know. In Ireland the color green symbolizes hope, which is why this holiday focuses around that color. If you catch a leprechaun you shouldn't take your eyes off of him because he will vanish and take his pot of gold with him. And the fact that confused me the most was if you wear green on St. Patrick's Day you get pinched. Now I might be a little dense, but I've always heard that if you don't wear green you get pinched. I don't know if the tradition has changed, or if the website I found this fact on had a typo, or if over the years we changed the tradition, but that's what I have found out.

No one is quite sure why, but this holiday seems to be the only holiday celebrated all over the world. I really don't understand it. How can a holiday only specific to one country have such a big impact on the world we live in? Well, in any case, hope you had a Happy St. Patrick's Day!

The Hannah Johnson experience

By Hannah Johnson

A lot of time a lot of people (people like me- Hannah) don't think of the consequences of our actions. I myself have had many experiences this year with SHS and the penalties for my actions. I have had to go to many nasty places, much of which half of the student body will never experience. So I have decided to write on behalf of the one half population of do-gooders (Or just the very sneaky) on the six disciplinary actions Mr. Kirkland or Mr. McDevitt enforce.

Many students have at least been served a warning or detention. Being given a warning is self explanatory. "Don't get caught by a teacher again!" The detention is the more popular warning. This year detention is served in Mr. Trough's room beginning at the 7:15 bell.

If you miss your detention or repeat the offense you will then be sentenced to Saturday morning detention. There you will arrive at seven o'clock in the front of the school where Mr. Spack and Mr. Allen await you. Saturday detention lasts until ten. If you are caught sleeping by either of the directors, you will be kicked out. No warning.

The next disciplinary action taken is normally three days ISS (short for in school suspension) served in Mr. Reedshaw's room. The point

of ISS is so that students can get their work done while still being disciplined in an enclosed room with no talking. You arrive at normal school time, do your work, have a restroom break, do your



Although the ISS room is not actually a jail, Hannah demonstrates the fact that ISS certainly does restrict a student's freedom at Salem High.

work, eat in silence, do your work, have a restroom break, do your work, and finally get dismissal at 2:44. I can say from personal experience that it is horrible. Absolutely horrible. You are given homework from each of your teachers and expected to have it turned in by a certain time at most before the three days are up.

Now the next action I will speak of is absolutely horrifying; brace yourself. After so much, Mr. Kirkland or Mr. McDevitt will simply tell you to leave, "We've had enough of this Hannah, don't come back for ten days!" Whoa! I don't know about how other students feel about out of school suspension but that's where it got serious for myself. I began to think of my grades and future as I made the short walk across the street. I then decided to straighten up.

Unfortunately, some kids go on to further mess up upon where they, depending on the situation, get in trouble with the courts or finally expulsion. I wish you all good luck and a trouble free education here at SHS.

Three inch cakes and a light bulb

By Tracey Milchik

We have those inner desires. You know what I mean - those lonely nights at home, just staring at the television. Suddenly the urge takes hold of you; it draws you in. You know you must find and use... your Easy-Bake Oven!

Ok, so maybe this is a tad bit dramatic, but I think you know what I mean. All of us have had that feeling of nostalgia. Admit it boys - you want to get out those old Teenage Mutant Ninja Turtles and Transformers. And girls, you know that you want to dress up Barbie one last time and doodle on your ink-stained Doodle Bear. My weak spot was for my Easy-Bake Oven. Nothing says "childhood bliss" to me like 3-inch cakes baked with a light bulb.

Last Sunday I invited two of my friends, Kirsten and Amy, to my house to delight in this childish pleasure. Once they arrived, we had not just one, but three Easy-Bakes. I guess it's a good thing my dad had extra wall sockets installed in our kitchen. I opened the box, which I hadn't done in about eight years. Next to the mini-spatulas and orange mixing bowl was a lone surviving cookie mix pouch. Despite the protests of my cooking companions, I followed the directions to make the one (yes, just one) chocolate cookie. We'll just say that I felt a bit like Dr. Frankenstein when the creature started to move.

The three of us set up our own little Easy-Bake factory. With one box of Devil's food cake mix, we mass produced about thirty fluffy cake imitations. Kirsten, by far the most skilled, made cakes that would have kicked batter-whisking butt in an Easy-Bake bake off. I was average, but I think my chocolate chip melting skills were superb. Amy had Dunkin Donut accessories, which were met with jealousy - that is, until we saw the doughnuts.

Spring is in the air

By Ashley Kaley

Nicer weather, flowers blooming, birds chirping, all part of spring. There's nothing like saying goodbye to the cold and that snow, but like anything else the bad comes before the good. Yes, winter has good opportunities for those who like to snowboard, ski, or simply just the snow, but spring also holds its fair share of activities. Being able to walk outside without a coat is enough to make people happy. The beginning of spring is always a bland time. We're just ending the winter months, all the snow will hopefully be gone, and the weather can perk up again, but it takes some time. Usually in late March the nice weather starts to set in. For some, it's the chirping of the birds that let's them know spring is here. For others it's simply the nice weather, and, of course, you have March so it has to be spring.

People usually seem happier in the spring time, and the nice weather plays a big part. Besides the weather, there are many other things that take place in the spring time. Let's take the month of March for instance; here are a few holidays that we celebrate. The obvious is St. Patrick's Day which is on March 7. Most people celebrate this holiday, but obviously the biggest celebration of this is in Ireland, where almost all the businesses close, besides the restaurants and clubs. This is also a religious holiday so many people attend mass. March 20 is the spring equinox. This is the day when the day hours and the night hours are equal, which means there are twelve hours of day time and night time. One day we all know, Good Friday, is on April 14 followed by Easter Sunday on April 16 (this year).

The next spring month, April, also has some holidays or days worth recognizing. April 22 million people participate in the event that helps give birth to the

What is your favorite sign of spring?

By Ashley Kaley

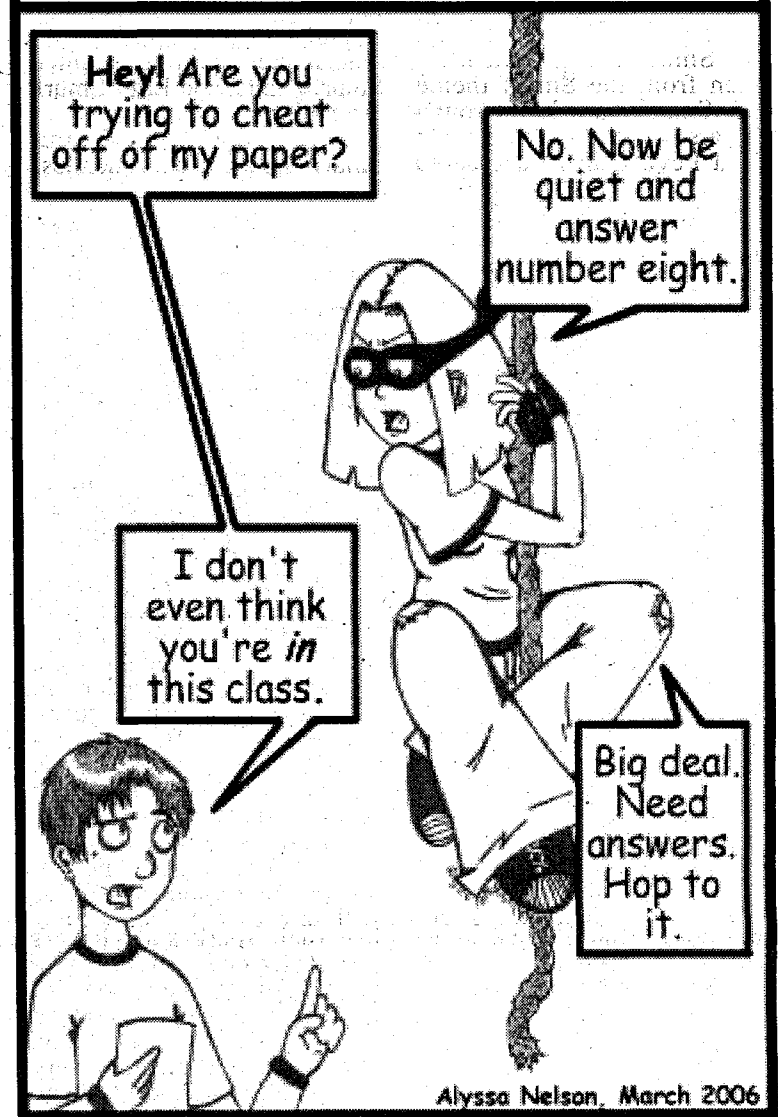
- Chelsy Kaley** (11)- softball fields are ready.
Brittany Withrow (11)- flowers.
Harrison Smith (12)- rain.
Kayla Niederhiser (12)- flowers.
Jordan Nannah (12)- birds.
Stephanie Szabat (12)- Sunshine, warm weather, flowers.
Nikki Jackson (12)- Warm weather, sunshine, birds.
Lynsi Drottleff (12)- warm weather.
Alicia Williams (12)- flowers.
Andy Thompson (12)- warm weather.
Jessica Moser (12)- birds.
Chad Sampson (11)- nice weather.
Ali Calvin (12)- When the sun shines through the car window, warm feeling in the cold car.
Kursten Kuhns (10)- birds.
Jen Moore (12)- birds.
Kaleigh Gallo (12)- flowers.
Anna Zimmerman (11)- the temperature warming up and thunderstorms too.
Brandon Yarwood (11) - warm weather.
Mr. T- robins in the back yard

environmental movement. Marches, rallies, concerts, festivals, street fairs, clean-ups, planting, and other environmental work are all ways they use to show their appreciation to the environment.

Another holiday we all know so well is Memorial Day, which began on May 30, 1868, after the Civil War. Flowers were placed on the graves of both sides, helping to heal the nation. Later on it included all the men and women who died in America's wars. Today we celebrate Memorial Day on the last Monday in May. This holiday is celebrated to honor our nation's soldiers who were killed in war-time. May also holds another day; this day is May 14 which is Mother's Day. The first Mother's Day took place in a church service that honored Mrs. Anna Reese Jarvis, which was held on May 10 in West Virginia, Philadelphia, and Pennsylvania.

Not only do the spring months hold a few holidays and days worth celebrating, they also open up doors for athletes and other people who just simply enjoy being in the outdoors. For most athletes that like baseball, softball, track, or anything else that is played in spring, it's exciting to know that once the winter months are over they can finally start doing what they really enjoy doing. Spring is finally here, so get out as much as you can and enjoy the spring!

Cartoon Corner



Alyssa Nelson, March 2006

Poets' Place

A Bedtime Story

Josh Bell

Still within my dying mind I feel the past come willowing by
 And my dreams of what seems is no more
 But somehow, somewhere I feel distant from the people I knew I loved
 And nowhere is the place I head toward
 And when my dreams come to the line and everything is at its end
 I feel my mind begin to shake and I know the times are soon and dead
 So find me now and help me up, I'm not sure where my mind is gone
 But this is it, I can't fly around the waking eyes of the wondering sun...

So grab the wings of the saucer train and let yourself let go of all your pain
 Find the heart of the soul in the moon,
 Swing down the dreams of everything you knew
 And listen, listen, find...
 Find your way through the labyrinths of your dark and lonely mind

Across the valleys of the dark and transforming mind
 Somewhere someone else is trying but can't leave it behind
 Once again I lie motionless asleep against the night's calling name
 The dream I have is willowing and winding me to play its game
 And I cry out with vacant screams
 And I cry out against the dream
 But no one comes to my side
 And no one saves me, no one tries
 And all I'm left with is the ending of the winding, building tides.

The Roadie and the Rockstar

By Tracey Milchick

The Roadie
 sit on the fold-up metal chair
 behind the curtain
 Always
 behind the
 CURTAIN
 too afraid to step up to the mic
 Can't see the spotlight shining
 or feel the pedal underfoot
 or hold that note a moment longer
 [that note that never started]
 Witness the Glory

The Rockstar
 stand up - let infinity hold you there
 Beyond the curtain
 Always
 BEYOND THE
 curtain
 Grab the mic, drop the stand
 Hear the clubhouse roaring
 and drink the local beer [onstage]
 and hold that note a moment longer
 [that note you know you started]
 Experience the Glory

Entertainment

Silver screen reviews

I'm not quite sure why, but I've always been strongly attracted to plots involving the downfall of totalitarian, fascist government whether in movies, books, or even video games. *V for Vendetta* is the first superb movie of 2006 and has one of the best plots of this nature I've ever seen. The film is centered on the actions of a strange man in a Guy Fawkes costume, complete with a black cape, gloves, Zorro-style hat, and a mask with exaggerated facial hair painted on it. He is completely anonymous throughout the movie, identifying himself with the letter "V."

The beginning of the film provides background information on Fawkes: a man who plotted to destroy the English government by blowing up the Parliament, killing many government officials in the process. His plan failed when they discovered him in the cellars with tons of explosives. V can be described as a modern day Fawkes because his

intentions are identical to the seventeenth century freedom fighters.

A young girl named Evey, played by Natalie Portman, is saved early on in the film by V after being mugged in a dark alley after curfew, a time at which no person is permitted outside. V's unusual charm is plainly exposed after a painfully long line of alliteration of the letter v. Evey eventually forms a friendship with V, although his anti-English government extremism is hard for her to understand. After amusingly blowing up the Old Bailey to the tune of the *1810 Overture*, V broadcasts his message to every television in England, asking the citizens to rise up with him to overthrow the government. He tells them to "Remember, remember the fifth of November," and speaks of his Fawkes-inspired plot to blow up the Parliament a year from now on November fifth, the anniversary of the Gun-

powder Plot.

The entire film is nothing short of spectacular. Despite cheesy acting, V still manages to be as strangely mysterious as his mask by speaking in a sophisticated, eloquent manner. He always seems to be cleverly a dozens steps ahead of the government's efforts to capture him. Because of his charm and cleverness, he is an extremely likable character, so much, in fact, that he shadows all of the other characters because of his unusual appearance and acting. Because of this, the other characters tend to be overlooked. The few explosions shown in trailers of the film are as grand as the music V broadcasts during them. The fight scenes are very well choreographed, and unlike most modern movies, the camera stays steady so that viewers are aware of what exactly is happening in the fight. The plot tries to include a con-

V for Vendetta

By Bryan Sebrell

spiracy involving V's identity and origin, but it seems to be ignored near the end and is never really concluded. But the movie does handle V's identity well. They only reveal a tiny bit about him, and unlike most stories involving a masked figure, his face is never shown. The fact that V's identity is not revealed is essential. He should not have an identity at all because of his selfless actions to free the English citizens

from their government. Metaphorically, he is not one man; he is the voice of freedom, and he is the heart of every good person.

Pros: Captivating story, excellent eerie atmosphere, strong theme throughout, likable main character, well-choreographed fight scenes

Cons: V overshadows other characters too much, conspiracy part of the story never concluded

Rating: A+



V sporting his trademark mask

Battle of the bands

Armor for Sleep

By Tiffany Jones

Armor for Sleep's latest album *What to Do When You're Dead* has been a huge success across the indie rock scene since its release in February 2005. Ben Jorgensen's lyrics about looking down at people after his death may seem warped and weird to some, but it is really an interesting way to view things. AFS has been showcased on MTV's ten spot drop, and their video for "The Truth About Heaven" is currently among the top played on MTVU. The guys have been on the road non-stop since their latest album was released and aren't planning on quitting anytime soon. They just wrapped up the Invisible Sideshow Tour with Boys Night Out, Chiodos, and Action Reaction and plan to play on Warped Tour this summer. Armor for Sleep has seen great success for a little rock band coming from Teaneck, New Jersey, and they are definitely on the path to see even more. Go to www.purevolume.com/armorforsleep to listen to one of their tracks including their new demo "The Way Out Is Broken." To buy tickets to see Armor on warped go to warpedtour.com.



Armor for Sleep

Thursday

By Desiree Wright

Thursday is a post-hardcore band who emerged from Brunswick, New Jersey, to sing about the troubles with living in the world today. Coming from a do it yourself background, they released their first full-length album "Waiting" in 1999 on Eyeball Records. Their second album, "Full Collapse" landed the band a record label with Victory Records in 2001. The EP titled "Five Stories Falling Through" was released in 2002, followed by "War All the Time", released in September 2003. "War All the Time" was somewhat controversial based on the fact that it's lyrics were said to be tied to the events of September 11th. A new album titled "A City by the Light Divided" will be released in May of this year. Thursday has toured with bands such as Boy Sets Fire and Sparta and are currently on tour with Minus the Bear, Me Without You, The Number Twelve Looks Like You, and We're All Broken. For tour dates, photos, merchandise and more information, go to: <http://www.thursday.net> or <http://www.purevolume.com/thursday>.

Spring concert preview

By Tiffany Jones

The 2006 concert season is going to be a good one with shows from performers such as Tim McGraw and Faith Hill to bands such as Fall Out Boy and All-American Rejects. However, be prepared to spend top dollar to see some of your favorite artists. Ticket prices are up to \$127 per person for floor seats to see Queen and Freddie Mercury is dead! Regardless of what music genre you enjoy there will be a show for you this season.

Faith Hill and Tim McGraw will be on the Soul2Soul Tour. This is the first time the couple will be on a co-headlining tour together, and it's sure to be a great show all country fans should enjoy. Punk sceners will be in awe over the Black Clouds and Underdogs Tour. Fall Out Boy will be headlining the show with All-American Rejects, Hawthorne Heights, From First to Last, and October Fall. This concert is going to be a rock fans dream. The Black Eyed Peas and Flipsyde will team up for this year's Honda Civic Tour. This is going to be one wild show, and anyone who loves Hip hop will definitely have a good time.

You will be able to see any of these concerts within a two hour drive from wherever you may be in the continental United States. Tickets are on sale now for each of these shows and can be purchased through www.ticketmaster.com.

Crash collides with Oscar

By Ryan Newell

For anyone who watched the Academy Awards on March 5, the big upset of the night was when *Brokeback Mountain* didn't win Best Picture. Despite all of the hype around the film that night, and all of the months leading up to it, *Crash* managed to win the top honor. However, *Brokeback* didn't go home empty handed as it won for Ang Lee's directing, Larry McMurtry and Diana Ossana's screenplay, and Gustavo Santaolalla's haunting original score. In addition to the top award, *Crash* won Oscars for Best Film Editing and Best Original Screenplay.

Less surprising, as usual, were the acting awards. Philip Seymour Hoffman and Reese Witherspoon continued their winning streaks by finally taking home Oscars. Hoffman's portrayal of Truman Capote and Witherspoon's June Carter Cash were two of the most predictable categories of the night. These two wins were the only wins for the films *Capote* and *Walk the Line*. *Capote* was also nominated for Best Picture, Director, Supporting Actress, and Adapted Screenplay. *Walk the Line*, the biopic on the life of Johnny Cash, was nominated for another four Oscars including Best Actor for Joaquin Phoenix's performance as the man in black.

George Clooney won Best Supporting Actor for his

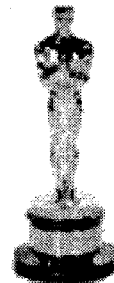
brilliant performance in *Syriana*. Naturally Rachel Weisz followed suit winning Best Supporting Actress for *The Constant Gardener*. Clooney, the first winner of the night, hilariously declared, "Well, I guess I'm not winning Best Director," after he was presented with his award. A very pregnant Weisz was on hand to accept her award from presenter Morgan Freeman.

The surprise win by *Crash* wasn't the only startling win of the night. The now infamous song "It's Hard Out Here for a Pimp" from the film *Hustle & Flow* picked up the Oscar for

Best Original Song. The song, performed by Three 6 Mafia, is only the second rap song ever to win this award. Eminem's song "Lose Yourself" from the 2002 film *8 Mile* also received the same honor.

Now that the Oscars are over, the excitement has died down. This will last un-

til the fall of this year when the next batch of films vying for Oscar's gold are released. Already films such as *The Good German*, *The Departed*, and *The Good Shepherd*, especially *The Departed* directed by Martin Scorsese, are looking to be the most talked about films of the fall. As for the Oscars, we'll have to wait until this time next year to find out.



The highly coveted Oscar award

Sport shorts A review of winter sports

By: Tim Colian

Girls' Basketball- The Lady Quakers had a good season overall. Unfortunately it all came to an end in the District Final against MAC rival Howland. The team was led by the following four seniors: Booie Ravelli, Laci Meals, Amanda Thorne, and Charity Montford. The ladies finished 18-6 overall and 9-2 in the MAC. They played four tournament games this year and had a record of 3-1. In those four tournament games Kelly Roelen had an impressive 57 points total including 13 points in a big 16-42 victory over Rayen. Congratulations to the Lady Quakers on a successful basketball season this year.

Boys' Basketball- The boys have finished off a fantastic season in the Regional Semi-Final against Painesville Harvey in a hard fought battle. They captured the MAC, Sectionals, and District Titles in the summer year they had. They finished off with a record of 20-4. This is only the fourth 20 winning season in school history. They finished 11th in the Associated Press poll. Each player came through when the team needed them the most. Jarin Heath came up with a clutch 3-pointer with 5 seconds remaining to send the game into overtime against Lakeview. In the same game Tyler Pierce and Ryan Benchwick combined for 32 points, 14 rebounds, and 11 blocks. In the District Final against Niles, Jarin scored a team high 14 points. And you can't go on without mentioning Tommy Jesko. Tommy has set a new single season 3-point record this season. No matter what defense you played on him, he was always finding a way to come up big. Congratulations on a successful season and thank you for the memories.

Spring sports

By Tim Colian and Veronica Waite

Girls' Softball- The girls are looking forward to a good turn around season coming off a season last year with only two wins. Coach Page says that in order to become that better team they're looking for they have to be an all around better team, and she is confident they are on the verge of that. She stated they're expecting, "A new kind of Salem softball." She also said she expects all the hard work they have put in to pay off. When asked about this season, Coach Page said, "We will change people's opinions and prior thoughts of Salem softball." It should be an exciting season head for the Lady Quakers.

Boys' Baseball- The team's philosophy heading into this season is to take one game at a time. Coach Kirkland said they want to go out and have a chance to win come the seventh inning of every game. When asked about the expectations about the season, he replied by saying, "There are always high expectations. We want to do well in the MAC and have a solid season so come tournament time we are ready to go. Anything can happen in the tournament." He said he is excited about the upcoming season because of the great group of seniors that will be providing the leadership. In order to have a great season they will have to improve a little bit in each position. Most importantly the pitchers will have to stay healthy and consistent, and the bats will have to be there in clutch moments. Good luck to the boys' baseball teams this spring.

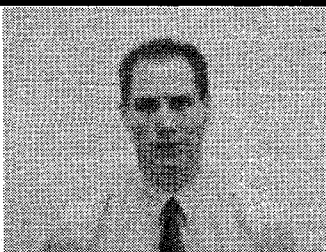
Boys' Tennis- The squad got a new coach this year. Jeff Mooney will be the new head coach. There are thirteen players going out for the team. They are led by seniors J.C. Williams, Jon Williams, Calvin Koch, and Nick Orlendi. They have twenty games on their schedule and March 17 is their opening match as they travel to Alliance. Good luck this season.

Girls' Track: Mrs. Amie Cochran has been assigned head coach for the girls' team. She specializes in sprints and mid distance training. Mrs. Julie Moore has returned as an assistant coach. She specializes in shot put and discus. Mrs. Mary Wilson has been added as an assistant coach. She specializes in long distance training. Mr. Bill Angus volunteers his time to help the hurdlers. The girls' first meet was held on March 28 against Niles. Their next meet will be held at Reilly Stadium on March 31. The girls will be participating in the Cope Invitational.

Boys' Track: Mr. Todd Huda returns as head coach along with assistant coach, Mr. Dave DiRenzo. Mr. Rick Wilson has been assigned assistant coach for the boys' team. He specializes in distance training. Mr. Bill Angus also volunteers his time to help the hurdlers. The boys' first meet was held on March 28 versus Niles. Their next meet will be held at East Painesville on April 1. The boys will be participating in the Ward Invitational.

Basketball honors

Boys' Basketball
Coach of the Year:
 Coach Brink
First Team:
 Tom Jesko* C
 Ryan Benchwick O
Second Team:
 Jarin Heath U
Honorable Mention:
 Tyler Pierce N
 *Tom Jesko also received
 co-player of the year. T
Girls' Basketball Y
First Team:
 Zahra Scullion
Second Team:
 Kelly Roelen



Boys' Basketball
Coach of the year: M
 Coach Brink
First Team: A
 Tom Jesko* C
 Ryan Benchwick
Second Team:
 Jarin Heath
 Tyler Pierce
Honorable Mention
 Adam Hickey
 *Tom Jesko also received
 player of the year
Girls' Basketball
First Team:
 Zarah Schullion
 Kelly Roelen
Second Team:
 Sarah Ravelli
Honorable Mention:
 Laci Meals

Senior girls rule

By Veronica Waite

On March 26 the senior girls took on the junior girls in a fierce game of powder puff. The game was played at Reilly Stadium with at Reilly Stadium with Mr. Montford, Mr. Dangelo Mr. Bryan as referees.

Senior John Lantz was head coach of the senior squad with assistant coaches Bunk Mull, Bill Ellis, Bryan Wright, Jake Pastor and Mark Jeckavitch. Quaker Crazy's never fail; a group of senior boys brought a mega phone and cheered throughout the whole game.

Junior Justin Johnson was head coach of the junior team assisted by Ben Hendershott, Cory Rickman, Chad Cotter, Sean Mckee.

Senior Stephanie Szabat lit the score board with a 6-0 lead at the end of the first quarter. By half time seniors lead with a score of 13-0. Junior Andrea Mosher scored the junior's first and only touchdown during the third quarter. Senior girls celebrated by ringing the victory bell. The junior girls presented the seniors with a trophy. Final score, 25-7 Seniors.

Running at the speed of light

By: Andy Thompson



Aiman crossing the finish line at the Footlocker cross country championships in Kenosha Wisconsin this past November. Aiman says that this has been his toughest race so far.

Once in awhile there is a person that will make a state appearance in their sport either as a team or as an individual. Making it to the state championship is a great honor. But...to make it to state more than once is just phenomenal. Along with making it to state, breaking school records is also a great accomplishment in high school. But...breaking school records and making it to state more than once and still have a season of another sport to complete, is that possible? At Salem High School it is.

Senior runner Aiman Scullion is the best cross country runner and is one of the best track runners to ever go through Salem. Aiman broke the 5000 meter cross country record this past season. He ran a 15:39 which smashed the old school record held by Jason Jullian in 1993. The old record was 15:52. Not only does he have the 5000 meter record, but Aiman also has the 3200 meter record. He first broke the 3200 meter record his sophomore year at regionals by running a 9:45. The old record of 9:46 was held by Andrew Hodgson. But Aiman wasn't done yet! He got his 3200 meter time down even more. His last official time was a 9:27 that he ran at regionals last year. As for the 1600 meter, this past indoor season Aiman ran a 4:18 which broke the previous record of 4:21 held by Dan Nye. When asked about how he felt about having these records he responded by saying, "It shows that Salem has a great track and field and cross country program. Coach Wilson has coached me to two of these records, and without his help I wouldn't be where I am today in running."

Having the records wasn't enough for him though. He is also a veteran of state appearances in cross country and both indoor and outdoor track. So far Aiman has made not one, not two, not three, not four, five, or six but seven state appearances plus he still has this season of track to compete in. When asked what motivated him to start running cross country and track he said, "I always loved running. It was something that I could do with a team. The team aspect is what motivated me to become a part of Salem cross country and track." Aiman says that his training is a very important part of his improvement; his training has been consistent and that has payed off in his races. He says he tries to stay relaxed and be ready to make a move at all times during a race.

Just recently Aiman competed in the indoor state track and field meet. He competed in the 1600 meter run and in the 800 meter run, both of which he won. He won the 1600 meter run in a time of 4:18 which broke his personal record by one second. Later on in the day he competed in the 800 meter run which he also won in a time of 1:57. When asked about his thoughts regarding the race he commented saying, "The mile was great. I led from start to finish without any problems. Twenty-five minutes later I had to race the 800(I felt tired). The race went out fast and that was an advantage to me." Aiman also says it gives him a lot of confidence coming into the outdoor season of track after winning the indoor state championship in two events. "It feels like all the hard work and training I have done in the winter has paid off," says Scullion. After the day was over the team had tied for fourth place with only three members present.

This upcoming track season Aiman says he would like to win a team state title and qualify for nationals in the 3200. He also hopes to break two more records this season in track. He hopes to break the record in the 800 meter run which is set at 1:55.1 and in the 4x800 relay which is at 7:54. The following quote is simple, but the work ethic is not. In closing Aiman stated, "Train hard. Win easy."

Quaker Clips

