

The Quaker

A high school tradition for years.

Volume 97, Number 2

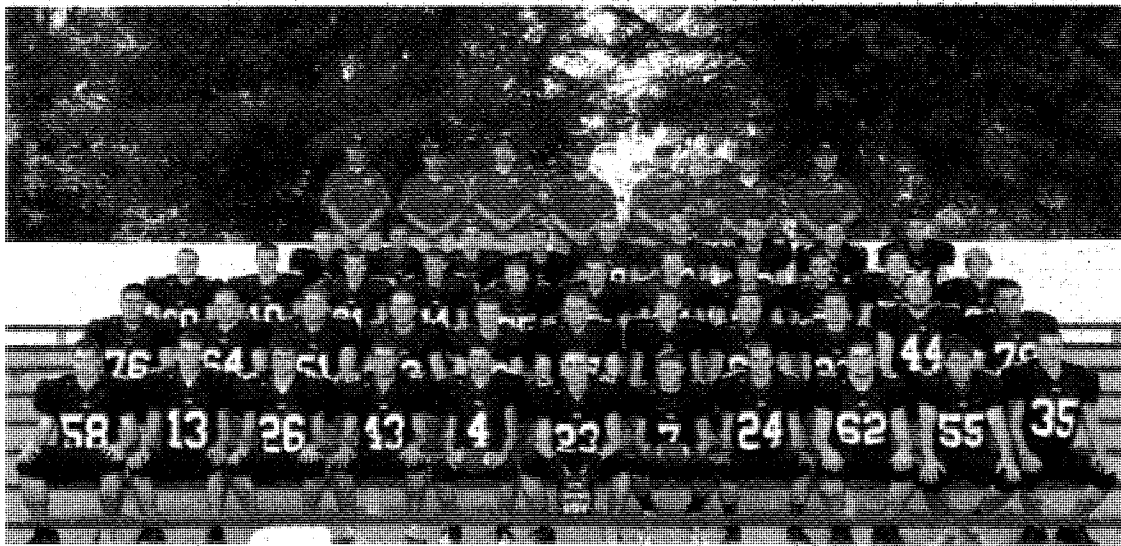
Salem Senior High School

November 2009

The Salem Quakers' Football Team of 2009

Quakers have fantastic season

By James King



As the title of this article indicates, that is exactly what the Quakers' football team has done this year by making the Ohio State Playoffs for the first time in school history. They were seeded fifth in Division III Region 11. To get to this historical mark in Salem High School history was no small task for this group of hard-working men.

When week one in the football schedule came around, it was hard to miss the difference between this Salem team and teams of the past. Two of the most notable aspects were the coaching staff and the overall attitude of the team. In week one they faced a Girard team which already was looking for a perfect season and trip to the playoffs. The Quakers played a respectable game against a tough opponent but came up short in the last minutes of the game and lost 42-34.

After falling short, the Quakers did not get down on themselves but went back to work getting better at what they do. With two of the team's biggest rivals on deck in the next two weeks, the team proved they were much different than teams of the recent past. They knocked off United with the score of 62-16 in an impressive game full of offense and defense. Then Salem traveled to West Branch with the first win of the season already under their belt. With a hard-fought game, the team beat WB 28-26.

In week four the Quakers faced a tough Hubbard team which was also already looking ahead to the state playoffs and Salem was beat 42-0. After a loss as big as that one most people outside the system were starting to believe this team was showing signs of past teams and were going to come out and hang their heads.

They as a team, however, did no such thing. In the last six weeks of football, the Quakers went on a winning streak of six games beating their opponents with a combined score of 186-70. Of these games the most notable was the come-from-behind-win against Lakeview, which some call the big-

gest game in Salem's history in the past years.

The Quakers made history by making the Ohio State High School Football Playoffs for the very first time in the schools history. By being ranked fifth they would play the fourth ranked team which was the Granville Blue Aces, a team which had a regular season record of 9-1 and were expecting to route the Quakers.

Salem had other plans! With under a second left, the Quakers saw themselves trail by 3 (28-31) and called on their field goal kicker for the game tying kick, which sent the game into overtime. The Quakers proceeded to get the ball first, scoring a touchdown and adding the extra point to make the score 38-31. All the Quakers had to do was hold the Blue Aces out of the end zone to capture the team's first ever playoff win. It came down to a 4th and 2 on the 2, and the Quakers defense held strong holding off the running back from making it into the end zone. With that the celebrations began, along with those outrageous Quaker Crazies rushing the field to celebrate and eventually joining the team in their post victory, game-winning celebration better known as the "Quaker Jacks."

With this win the football team moved to face a team which is very familiar with big games, playoffs, and winning streaks—the Steubenville Big Red. The Big Red was definitely the Quakers' biggest challenge of the season. At the midpoint of the game the Quakers were up with a 10-6 lead. After half-time Steubenville came out and hit on all cylinders, and at the end of the game pulled out a 34-10 victory.

The loss for the Quakers meant an end to a great season, one that will go down in the books as the first and hopefully a long run of playoff appearances for the Salem Quakers.

Sadie Hawkins Court 2009

KING GEORGE SMITH



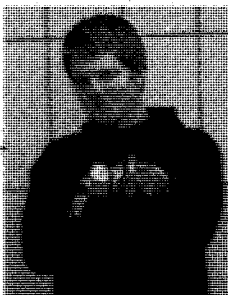
Name: Douglas Randall Baker
Parent's name: Julie Doug
Escort's name: Danielle Perry
Activities/Clubs: TACT, Pep Club
Sports: Football
Unique fact about Randall: "I can touch my tongue to my nose."
Anything else: No



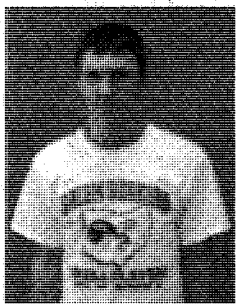
Name: George Emerson Smith
Parent's names: Mark and Grace Smith
Escort's name: Hannah McKee
Activities/Clubs: Boy Scouts of America, TACT, and Student Council
Sports: None
Unique fact about George: "I'm a redheaded, kind-hearted person!"
Anything else: I like the outdoors.



Name: Jonny Meissner
Parent's names: Patti Farrow
Escort's name: Sam Schuster
Activities/Clubs: Habitat for Humanity
Sports: Wrestling
Unique fact about Jonny: I like long walks on the beach and fresh fruit in the morning.
Anything else: If I could, I would marry Mrs. Carol Baille.



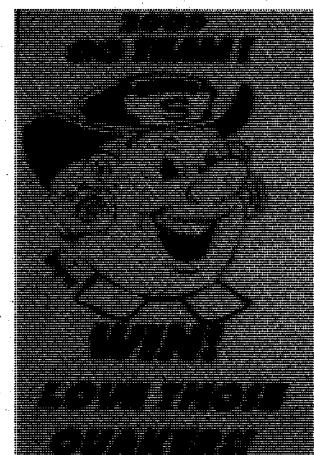
Name: Alexander "Chuck" Whinnery
Parent's name: "Con Con" Whinnery
Escort's name: Danielle "Donkus Kongus" Kreugel
Sports: Baseball
Activities/Clubs: TACT, NHS, Big Brothers/Big Sisters
Music performing to: "That's highly classified information, dudebro"
Unique fact about Alex: "I'm the one and only tiger, with the one and only taste, and I know how to make your breakfast taste great!"
Anything else: "Ain't nothing but a g'thang, baby."



Name: Benjamin Paul Eisel
Parents' names: Bill and Terri Eisel
Escort's name: Dana Ackerman
Activities/Clubs: TACT
Sports: Football, Basketball, and Track
Unique fact about Ben: "I like to go on safaris through the Amazon!"
Anything else: No



Name: Dan "El Hombre"
Parents' names: Theodore and Eileen Gagnon
Escort's name: Olivia Mitchley
Sports: Baseball
Activities/Clubs: Big Brothers/Big Sisters, TACT
Music performing to: Classified
Unique fact about Dan: According to Coach Brock, I look like Eddie Munster and a werewolf combined
Anything else: Jacory Harris for Heisman!



Opinion

Point Counter Point

Teen Stereotyping

By Jessica Brennan

Many adults these days think that teens have no respect for anything. They appear to be careless, reckless, violent, and immature even to the point that some adults have stereotyped us as "punks." Mike Males, the senior researcher for the Center on Juvenile and Criminal Justice, uses these words to define teens, "They have unplanned pregnancies, HIV infection and AIDS, along with other sexually transmitted diseases. They illegally use cigarettes and alcohol, and they abuse drugs. Many more than you would expect

have eating disorders and fatal car crashes."

The teenage years are a very stressful time in our lives. We go through changes, both physically and emotionally, and we plot the course that we will follow for the rest of our lives. But does this give teens an excuse? Definitely not! Teens need to take responsibility for themselves and their actions and learn to be more responsible.

If you look around Salem, I'm sure you will notice the graffiti and vandalism that has been caused by teens that think

they are being funny or having a good time. But in reality, it is plain stupid. Why do teens feel the need to ruin everything? More and more teens are drinking and doing illegal drugs to be cool and fit in. Teens do not play a constructive part in society. They need to obtain a position in this town that will help build it up instead of tearing it down.

Teens have no place in helping our town. They do not deserve having parks or recreational areas for themselves because they will just destroy them.

Kids really aren't all that bad

By Shauna Uptegraph

You may have noticed graffiti around Salem contaminating the sides of buildings and windows, dumpsters, and even garages. Maybe you've spied the broken windows, or maybe you've been witness to some less-than-kind verbal assault from one of Salem's future. In the *Salem News*, featured in an article that was published toward the end of October, it was said that Salem's young adults were "punks," and our actions made us undeserving for any sort of activity. Whether it was a skate park or a teen club, the article claimed we would surely ruin it. It was even stated that the owner of Game On had made a bad decision and had made himself a babysitter by allowing teens into the store.

Closer inspection might reveal that these "delinquents," these horrible people that we as teenagers apparently all fall into the category of, are actually just

a handful of kids, and they're usually repeat offenders. This same group of people is the one mucking up the alleyways with their tags, and the same group of kids are always getting into trouble. It isn't everyone, and by giving the teenagers of Salem nothing to do, it's ensuring that the law-breaking won't stop.

There's a saying, "Idle hands are the Devil's tools." It's true. Some people, whether they are seventeen, seven or seventy are left to their own devices, they'll get themselves into trouble. However, Mr. Brock seems to think that, in fact, it's more correct to say that teens of SHS are very busy according to their independent lifestyles. He believes that young people at times have too many interests and are spreading their time too thinly.

How can someone who spends their days complaining about the youth of the town expect to be openly welcomed by the very young people of whom they complain? Stereotypes aren't fair, and it isn't okay to just assume that because we're young, we're destructive or any less intelligent than anyone else. My theory is that if you give the kids of Salem a place to go, all of us as a whole would calm down. Sure, there would be a few people who would disregard the rules, but they could be dealt with.

Teenagers are the future of this town, this state, and this country; the list goes on and on. It seems like making the town's future hate where it lives and regard it fully as an uncommitted ghost town isn't exactly proper. Also, you can not expect bored and slightly disillusioned teens not to move out due to the fact that Salem provides nothing. Overall, kids will be kids, but we know right from wrong.

Dirty mouth? Clean it up

By Cheri Merryman

Everyday we hear it, the cursing and swearing. The majority of SHS students do it. Why? I just don't get it; what's the point? What — people just don't know any words that have more than four letters in them? Their vocabularies are so minute that they need to use profane words to express themselves. Pick up a book and read once in a while, people; there are all these letters in them that make words. Learn some of them for crying out loud.

Yeah, I have sworn before, but I don't do it on a regular, everyday basis. And the times when I have slipped just made me sound like everyone else when

they do it — stupid. So what's the big deal? They are just words, after all. I don't know if you know this, but there is this thing called a dictionary. It's full of words and more words that give a definition. Words have meanings and what a word means determines whether or not it should be used lightly. When you yell "F*##% you!" at someone, you're actually telling them you want to be intimate with them. Gross.

If a five-year-old was spouting off the way high school students do, people would be wondering what kind of parents were raising that kid. If certain words aren't okay for young kids, what

makes them okay for anyone? And I don't know many people who would swear in a conversation with their preacher or during a job interview, so why do it when it's just you and your friends?

If you have to use language that makes you sound completely illiterate to appease your buddies, consider getting new ones. Teenagers talk about how they're so grown up and can do things on their own, all by themselves. If you think you're so mature, start acting like it. Take a stand and stop following the crowd like some lost, little puppy.

Bottom line, just knock it off, guys; it's not cool.

Ask Erskine

By Derek Erskine

Underage drinking has remained a problem for decades, in high school and in college campuses nationwide. But the percent of teens that drink may not be as high as one would think. According to a national survey performed by the Health Services Administration in 2005, 71% of people ages twelve to twenty have not had a drink in the past month. Questions that I often hear are, why can't I drink until the age of twenty-one, or why is it okay for adults to drink and not teens? The age to possess and buy alcohol is set at twenty-one for a reason. (Although in nineteen states the consumption of alcohol by persons under the age of twenty-one is not strictly prohibited). The reason being teens' brains and bodies are still developing at this time period, and drinking alcohol can cause learning problems or lead to adult alcoholism.

There is an array of problems that can develop from drinking not only as a teen but as an adult as well. Slightly more than 35% of adults with an alcohol problem developed symptoms such as binge drinking by age nineteen, and people who begin drinking by age fifteen are five times more likely to abuse or become dependent on alcohol than those who begin drinking after age twenty. The drinking age is set at

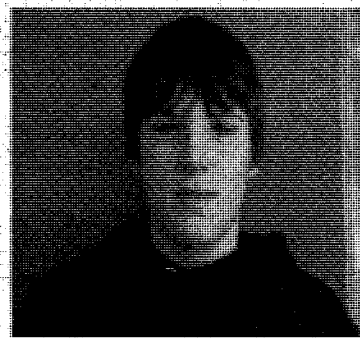
twenty-one because one's body is affected differently as a teen than as an adult.

I asked three people of varying ages about their opinions on underage drinking. And what a surprise — none of them said that drinking is great for your health or that all teens should get plastered every weekend. Rather their responses were against drinking illegally. "I think that drinking is not good if you're at a party without your parent's supervision or knowledge, but in some cases it is acceptable under your parent's supervision." Another simply said, "Boozers are losers." And the last statement holds a great deal of truth, "One fun night can have many consequences."

If everyone knows that drinking is no good for them and has no positive effects on their bodies, then why do people continue to consume alcohol on a daily basis? That is a question to which I do not know the answer. Personally, I'm indifferent if a person drinks or doesn't drink, teens and adults alike. The path that one chooses is his or her own responsibility. But I urge us all to remember a time when on a weekend we managed to have a good time without alcohol... and the consequences that can come by having too much to drink.

War of Words

By Mike King



Brett Black-Freshman

I go to my grandma's house, watch football, and help make the turkey. Then I go outside and play football. My favorite memory is eating turkey.

Question- What do you normally do on Thanksgiving, and what is your favorite memory of it?



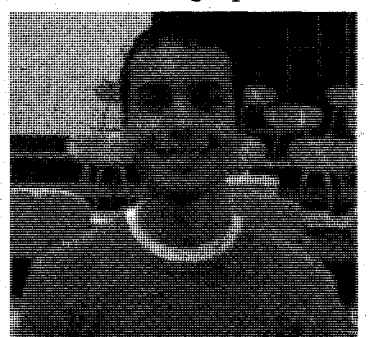
Josh Knox-Sophomore

I go to my grandma's house to eat and go hunting. My favorite memory is when my uncle shot an eight point deer.



Casey Murphy-Junior

I get together with my family. My favorite memory is baking food with my mom.



Tyler Cosma-Senior

Going to grandmother's and eating delectable food with the family. Favorite memory: Putting up the tree every year because Christmas kicks the crap out of Thanksgiving.

Battle of the Bands

RHCP
By Tyler Hlavcak

The Red Hot Chili Peppers is an American alternative rock band formed in Los Angeles, California. The band's musical style has a combined essence of traditional funk with genres including punk rock and psychedelic rock. For most of the band's career, the members have been vocalist Anthony Kiedis, guitarist John Frusciante, bassist Michael "Flea" Balzary, and drummer Chad Smith. In addition to Kiedis and Flea, the group originally featured guitarist Hillel Slovak and drummer Jack Irons. Slovak, however, died of a heroin overdose in 1988, resulting in Irons' departure. Irons was replaced briefly by former Dead Kennedys' drummer D. H. Peligro before the band found a permanent replacement in Smith. Slovak was replaced by up-and-coming guitarist Frusciante.

The Red Hot Chili Peppers have won seven Grammy Awards. The band has sold over fifty-five million albums worldwide, have eight singles in the Top 40 of the Billboard Hot 100 (including three singles in the Top 10), have five number one singles on the Mainstream Rock charts, and hold a record of eleven number one singles on the Modern Rock charts. On September 23, 2009, the band was nominated for induction into the Rock and Roll Hall of Fame as part of the class of 2010. The Red Hot Chili Peppers are ranked number thirty on VH1's "Greatest Artists of Hard Rock."

Red Hot Chili Peppers (originally Tony Flow and the Majestic Masters of Mayhem) was formed by Fairfax High School alumni Anthony Kiedis, Hillel Slovak, Jack Irons and Michael "Flea" Balzary in 1983.

RHCP's first performance was at the Rhythm Lounge to a crowd of roughly thirty people, opening for Gary and Neighbor's Voices. Only one song had been created for the occasion, which involved the band improvising music while Kiedis rapped a poem he had written called "Out in L.A." It was intended to be a one-time performance. However, the performance was so lively that the band was asked to return the following week. Due to this unexpected success, the band changed its name to the Red Hot Chili Peppers, playing several more shows at various LA clubs and musical venues. Six songs from these initial shows were recorded onto the band's first demo tape.

Improvisation has always been a major part of the band's signature style, with early shows composed almost entirely of improvisations. In addition, many guitar solos recorded on the current albums and played live by Frusciante are improvised, as are several of Flea's bass solos. The band has, for most of the last decade, opened the show with a short improvisation, always in the same key as the initial song.

Sometimes the beginnings, middle sections and/or endings of the songs are extended by long improvisations. The group has always ended the show with a longer improvisation, usually stemming from the improvisation to "Give It Away."

Following the last leg of the tour promoting Stadium Arcadium, the band members took an extended break. The band planned to remain on leave for "a minimum of one year."

Red Hot Chili Peppers are back in the studio as of October 12, 2009. Their next album should be released sometime in 2010, according to Chad Smith speaking to *Clash* magazine. Smith said that the album could be finished "This time next year."



A Christmas Carol appears on SCT stage this December

By Allison Dolphin

The classic Charles Dickens' story, *A Christmas Carol*, comes to Salem Community Theatre's stage this December. The show will run December 4, 5, 11, and 12 at 8 P.M. and December 6 and 13 at 2 P.M. The cast has a total of forty-nine members consisting of children and adults. There are three people playing the infamous Ebenezer Scrooge.

During the show Scrooge sees himself as a boy and also as a young man. The boy Scrooge is played by Jacob Nash, and Scrooge as a young man is played by SHS graduate, Josh Krugel. Scrooge, as an old man, is played by Lee Eiden. Some of the other main characters are Bob Cratchit played by Tim Gottschling, and the unforgettable Tiny Tim is played by five-year-old Ben Sheets. The deceased Jacob Marley, Scrooge's old business partner and good friend, is played by Terry Krepps. The

Rookie of the Year is a Pop-college, indie-rock/acoustic band based out of Fayetteville, North Carolina. The band originally began with just one guy, Ryan Dunson, who decided to pursue a career in music. He stated to Jordan Trippier of *The Collegian* staff at the University of Richmond, "I grew up in the church singing in the choir. Then, after a concert I went to, I said I want to do that. I want to perform." His solo career eventually got him signed with Vice Verse Records, a Tennessee record label, in late 2002. Soon after in 2003, three more members joined, backing his own vocals and acoustic guitar. They include

Mike Kameron on lead guitar, Pat Murphy on bass, and T.J. Holt on drums.

They switched labels and were signed to One Eleven Records. After releasing their EP, *Late Night Makeout* they released their first actual CD known as *Having to Let Go* in 2004. The album was re-released in 2005 and was followed by the band being included in the North America Vans Warped Tour. After expanding to a five-piece band, their second album, *The Goodnight Moon*, was released in April 2006. Their newest album, *Sweet Attention*, was released on August 5, 2008, with One Eleven Records.

Over the next year the band toured non-stop promoting the release of their new album. Over the course of the tour, three band members who had participated in the recording of *Sweet Attention* left the band. They were soon after replaced and the once five-piece band was now comprised of just three members: Ryan Dunson, Mike Kameron, and now on keyboard and back up guitar, Daniel Kerrigan. The band that we see today was finally formed.

The now three-piece band has been working on their newest album titled *Since I Left Your World*. It was released on November 17, 2009, by Amazon. The album is also available on iTunes. However, you can get a sneak peak of the album by visiting purevolume.com and going to Rookie of the Year's home page. If you give them a listen and like what you hear, you can catch them in Cleveland at Peabody's on December 9.

Paranormal Activity

By Julie Ridgley

It seems that every decade has horror films that define it. The sixties had *Psycho* and *The Birds* while the seventies had *The Exorcist* and *Halloween*. There was *Nightmare on Elm Street* and *Child's Play* in the eighties, and the nineties were defined by *Scream* and *Silence of the Lambs*. Now with just one more year to spare in this decade, the critics are saying we have our one and only impacting film: *Paranormal Activity*.

The film was shot for under \$15,000 in seven days and had only five actors. Those are small numbers in the world of Hollywood, but the ticket sales are not. As of October 26, the movie had raked in over sixty million dollars for Paramount. Many reviews even called it "the scariest movie of all time."

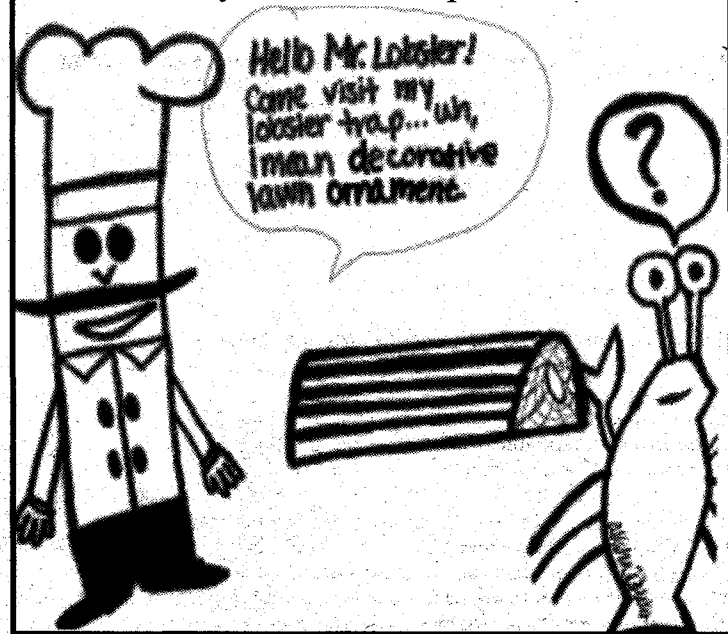
The audience sees the film from the point of view of a handheld camera bought by skeptic boyfriend Micah Sloot to capture the ghostly happenings of the couple's new home. The home video feel adds to the realism of the film and gives it that "it could happen to anyone" vibe. The viewer quickly learns that Micah's girlfriend, Katie Featherston, has been visited by the paranormal since she was eight years old. The tension builds slowly, much of the movie taking place while the couple sleeps. Viewers learn that the entity in the young couple's home may be more sinister than they had imagined. Though not much *real* action takes place until the end of the film, the final few scenes make up for it with a shocking and abrupt ending.

Leaving the theater I must admit, I was frightened. Some people left scoffing; the majority of the audience seemed to feel as I did. Junior Christian Scahill said that it was "truly freaky." However, the film did have its critics. "It wasn't a scary movie," said senior Nathan Gilbert, "I wouldn't exactly be afraid to watch it in the dark."

You should decide for yourself. *Paranormal Activity* may have you rolling your eyes as the credits roll, or it might keep you awake just a little longer at night.

Cartoon Corner

By Allison Dolphin



Feature

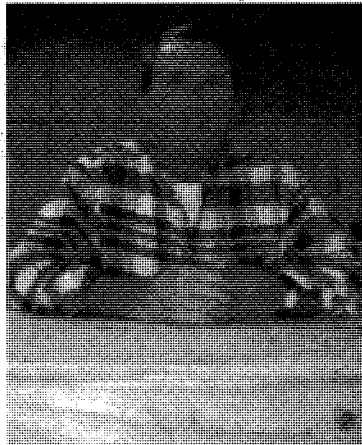
New face in the woodshop

By Monica Metts

Would you like to build your own house someday? Most things taught to you in school are things that you are demanded to memorize or simply spit back out onto a piece of paper — your grade depends on it. In woods classes, you learn a certain skill. That skill is woodworking. If you would choose to take a woods class in your high school years, you will find that it is a place where you can actually learn to do something, not just know something. The hands-on skills learned will enable you to “build your own house someday” according to Mr. Gary Sell.

Mr. Sell, a new teacher at SHS, substituted at the Columbiana County Career and Technical Center before he came to Salem City Schools. When asked what his first impression of Salem was, Mr. Sell said that he liked it; in fact, he went here as a high school student years ago. Mr. Sell has been working in the field of construction since he graduated from Salem High School. He is currently attending Kent State University and will graduate with a bachelor's degree in technology education in December of 2010. When he gets his degree, Mr. Sell would love to stay here at his alma mater and continue to teach woodshop. He would also love to stay in a school setting because he loves working with young people. “Nothing is more rewarding than seeing the face of a young person light up when they ‘show off’ something that they actually made with their own hands,” he comments.

Mr. Sell is currently teaching Woodshop II, III, and IV. He notes the differences between the three classes by explaining that they are each a progression of each other. Woods I is for beginners, and as students progress through the second, third, and fourth years, they are expected to build projects that



Mr. Sell poses in his natural habitat, the woodshop.

are more challenging to them. Students choose their own projects; they make everything from gun cabinets to jewelry chests to coffee tables. Safety, equipment tool operation, and math skills are all extensively used in woods classes, and students are responsible for paying for their own wood in the classes.

Although some might think that only guys enroll in woods classes, Mr. Sell corrects that assumption by his statement, “There are several girls in the three wood shop classes that I teach, and I must say that they are the best workers and generally the most talented.”

On a personal note, Mr. Sell is not involved in any extracurricular activities within the school system, but he said that he really enjoys attending the sports events. Mr. Sell was asked if he has a wife or kids, and he responded by saying, “No, but I have a Jack Russell Terrier, named Dreyfus, that is like a son to me.” Mr. Sell also enjoys woodworking and hunting in his spare time.

Annual SHS blood drive

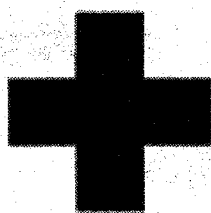
By Matt Oliphant

The Salem High School chapter of the National Honor Society hosted their annual fall blood drive on October 29, 2009. One hundred and eighty students and teachers signed up to give blood; however, only sixty were allowed to donate their blood. Out of the sixty pints of blood given, 177 will be able to receive help. Throughout the day a few people did get light-headed, but thankfully no one was rushed to the hospital.

The two chairmen for the blood drive were senior Honor Society members Lydia Shivers and Alex Whinnery. Their responsibilities were to see that all of the time slots were filled, have food donated, take passes and sign people in, and show donors what to do. Lydia was asked about her highlight of the day, and her response was as follows, “When the representative (Denise Brindle) from the Red Cross came in

and was really pleased with all our hard work and how smooth everything was running.”

One new addition to the blood drive this year was the new rule which stated that sixteen-year-olds are allowed to donate blood if they have a parent's consent. The American Red Cross normally does not allow sixteen-year-olds to give blood, but more and more of them have really wanted to donate blood. Overall, the blood drive was another success.



American Red Cross

November student of the month

By Brooke Skiba

Choosing this month's SOM princess was an effortless task for Matt Oliphant and me. Several applications were turned in, but only one, though left unfinished, we felt held answers of a true Student of the Month. Her witty use of chicken as a breakfast food left us only to assume she just had too much awesomeosity to complete the last section (awesomeosity being a word to describe an intense amount of cool that only an SOM can possess). She's different. She can touch her nose with her tongue. She's Peyton Meals.

Picture this: it's a warm day with a slight breeze, and you're out for a drive. You drive past Peyton's house, and what do you see? Approximately 93% of the time it would be Peyton in her yard... picking dandelions. While picking them, we can presume she is grinning from ear to ear as she daydreams of Mr. Goddard, as she often does. On the off chance she is not in her yard, the only other probable explanation would be that she's inside enjoying a bowl of delicious Cocoa Pebbles (on her off day from eating chicken). This is more than likely because she feels younger than her age at heart and since, as she says, “They're good! Duh!” She must enjoy the

pebbles themselves over the cocoa because, although the majority of Americans will claim to prefer hot cocoa to apple cider, this trailblazer prefers a cup of apple cider any day.

On a more personal level, Peyton does have two great fears: heights and oceans. Who can blame her? Oceans are much larger in comparison to the average person and are filled with all kinds of daunting creatures. Perhaps it's not the creatures that scare her, however, because Peyton was, when she was young, very animal friendly in her ambitious dream of becoming a veterinarian.

Besides her lack of spelling skills, Peyton has several qualities that suggest she is a thinker, a philosopher even. Every time Peyton is asked her favorite color, her mind runs through the entire rainbow of shades as she searches for the appropriate hue. She is also a nail-biter, which demonstrates her brainpower since it has been proven that people bite nails while thinking. She has a strong belief in the fact that cheese being moldy bacteria with a controlled decay “is gross.” In addition, she is personally experienced in the art of pretending to text to avoid awkward situations.



“Look, Mom, no hands.” Peyton conquers her fear of heights.

Finally, to prospective Students of the Month, Peyton offers no words of advice. She clearly meant for a lesson to be learned from this lack of guidance: There is only one Peyton Meals. If you want the SOM title either grow some radiant red hair and a love for eggs and Cocoa Pebbles, or just be yourself. Peyton intends to apply this honor to her future by continuing to just be Peyton. It seems the bar is set high for future featured females. Peyton's Awesomeosity Level = *eccentrically edgy*.

Clubs and Classes

By Jessica Brennan

The Poet's Society: The Poets' Society recently celebrated its second annual Halloween party. There was a lot of food and fun. T-shirts for this year have been ordered, and you will soon see members with them on in the halls. The Poets' Society always welcomes new members.

A.F.S.: A.F.S. stands for American Field Service. This is a club with the goal to support Salem students who have gone abroad and welcome and support the foreign exchange students attending S.H.S. the club had a surprise party for Francois, or Frank, as he prefers to be called here in America. There were also breakfast treats, a cake for Frank, and a lot of presents for him, too.

Key Club: Key Club recently had its annual Unicef Trick-or-Treat on October 31. Members collected \$253.95, which will all be sent to Operation Uruguay: Protecting the Rights of Children Campaign. The candy sale fundraiser kicked off on November 11 and will last until December 14. The coat drive began on November 10, and the goal of 1,000 coats is hoped to be reached by December 10. These coats will go to members of the community that are in need of them.

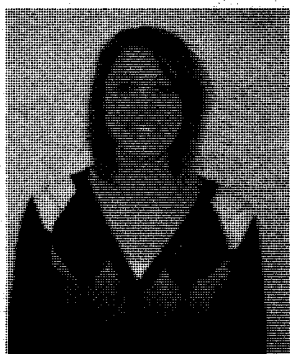
Pep Club: Pep Club was happy to support the volleyball, soccer, and cross country athletes as they advanced in their tournaments. They gave them Halloween gifts of candy and notes of encouragement prior to their games. Members also planned and organized the community pep rally for the football playoffs and volleyball regionals.

German Club: German Club is a way for students of all German levels to get to know each other and learn more about the countries and cultures. This year members will participate in the fundraisers for the school and community such as the coat drive. German Club helps sponsor the paper recycling project at both the junior high and high school. The club alternates monthly meetings with activities throughout the year.

Spanish Club: The Spanish club is an organization for students who take Spanish class. Spanish Club allows students to do community service and other activities. This year the Spanish Club has 151 members. November activities include the following: sponsor the senior citizen's dinner before the fall play, start the annual chocolate bar fund raiser, and visit Jalisco's to eat and hear the mariachi band on November 18.

Math, intervention, and sports...she does it all

By Laura Brown



Mrs. Carloline Snyder works hard to help students understand math

degree in Pure Mathematics, and a master's degree of Arts in Teaching. Mrs. Snyder has a husband, Dan, and no children. She also has a dog named J.J., named after J.J. Redick from Duke. In her spare time she enjoys playing basketball and spending time with her family. She also implies that she is amazing at Wii bowling.

Mrs. Snyder stated that her first impression of Salem was that the students are all very respectful and there are tight knit groups of students because the class sizes are so small. Mrs. Snyder is the new math intervention teacher, but she also coached the freshman volleyball team this past season. The team had a great season with a final record of 15-2. She also helped at the end of the varsity girls' season. Not only will Mrs. Snyder be making an appearance with the girls' volleyball team, she'll also be helping out with the girls' basketball program, too.

For a first-year teacher here at Salem, Mrs. Snyder is very involved with some activities around the school. We wish her the best of luck with her teaching career and hope that she has a great first year here being a Quaker!

You might have seen this new face around school. Mrs. Snyder is the new math intervention teacher. She teaches junior high classes three days a week but also teaches high school classes two days each week. This is not the first teaching experience she has had. She completed her student teaching at Akron Kenmore and she taught a math course at Kent State University while she was a graduate student.

Mrs. Snyder attended high school at Marlinton. After graduating she went to college at Kent State University where she received her bachelor's degree in science, a

Feature artist of the month: Brenna Price

By Allison Dolphin

This month Brenna Price, a sophomore, was chosen to be featured as an artist of the month. Brenna plays flute, piccolo, alto flute, bass flute, recorder, harmonica, pan flute, finger cymbals, and the kazoo. For those of you who lost count, that is nine instruments! She can also play a few things on the piano. After taking a few lessons over the summer, she quit because she admits it was too hard. Brenna is also teaching herself how to play the guitar. She says, "I also own a harp, but I don't really know how to play it." Brenna has played the flute for five years, but isn't really sure how long she's been playing all the other instruments. She picks the piccolo as her favorite because she says it's "cute and compact." Brenna's mother also plays the flute, but Brenna says a girl named Maria inspired her to play flute after she attended a meeting for people who were interested in joining the school band.

Besides the school band, Brenna plays flute in many other organizations such as the following: her church flute choir that is called F.R.O.G (Flutes Relying On God), The Mount Union Flute Choir, The Stambaugh Youth Band (she sits second chair which means she's the piccolo player!), The Youngstown Youth Symphony (fifth chair), and she is currently playing a piccolo duet with her mother in the opera *Carmen* in Youngstown. In the summer Brenna plays in the Quaker City Band, and she is also trying out for



Sophomore Brenna Price

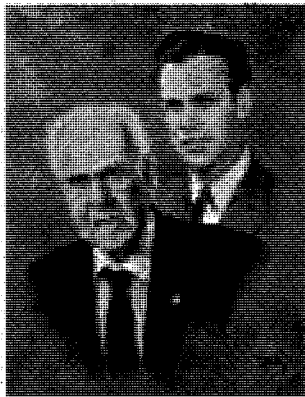
the Kent and Akron Honors Band. She played in the Akron Honors Band last year and was the only freshman. After listing all the groups she plays for she says, "Basically, my schedule is crazy!"

When asked about other hobbies Brenna said, "Yeah, I have other hobbies. A lot of people think I only do music." Brenna is a photographer, a writer, and an artist. She enjoys art in many ways like sketching, painting, and sculpting. She also spends a lot of time playing video games, listening to movie soundtracks, and reading.

Brenna Price is just one of the many talented people involved in the arts here at S.H.S., and as is evident, Brenna has a very busy schedule. She states, "My goal this year is to survive without going completely insane."

Did you know

By Cheri Merryman



Most SHS students know the name of the school's gym, the John A. Cabas Gymnasium. But why is it called that? Who is this Cabas guy? Well, while Mr. Cabas is not a Salem graduate, he was an excellent coach and teacher here. John Cabas actually graduated from New Castle High School. He then continued on to Mt. Union to receive his bachelor's in science and then to Westminster for his master's.

After that he spent thirty-three years coaching basketball, and Salem b-ball teams were state ranked nine times under his great leadership. The team of 1959 was State Championship runner up with a record of 25-2. Between 1951 and 1972 the teams coached by Cabas won 298 of 445 games. In addition to coaching basketball, he taught science, drivers education, and coached football for eight years, also serving as assistant principal. From 1964 to 1966 Cabas was president of the Ohio High School Basketball Association.

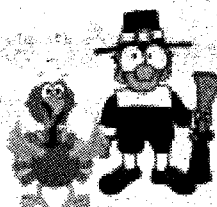
John Cabas made a great impact on his players' lives. Our very own principal, Dr. Joseph Shivers, was quoted in a 2001 issue of the Salem High School Alumni Association newsletter as saying, "You did what he told you, and you won games. There was the Cabas way of doing things, and he made it the Salem way."

Cabas did more for Salem than just win games. In 1951 he created the character of Quaker Sam. Because he has had such an effect on this school by coaching, teaching and giving Salem a mascot, in February 2001 the announcement was made that the gym would be named for him.

School calendar

By Mike King

November 21 - *The Man Who Came to Dinner*
December 3 - High school choir concert
December 8 - Financial Aid Night
December 14 - High School band concert



The Poets' Place

Letter to a friend

By Julie Ridgley

Hello there friend. It's been so long.
My how much you've changed.
Life is slipping by us now,
But I still ponder yesterdays.
Do you still think of what we had?
Wonder why it didn't last?
Push me, break me, do your worst.
But you will never change the past.
Please don't misconstrue my words,
I've found another that is true.
And in every single, simple way,
He suits me much better than you.
It's not as if I'd take you back,
Or even want you next to me.
But we're just like two strangers now
And that's a tragedy.
Now I will just shut that door,
Close the lock, destroy the key.
What's done is done, no bitter thoughts.
And now I wish you peace.
Take your life's path, and I'll follow mine.
May we both be happy at its end.
And if the roads we walk should meet,
I hope you'll remember me, old friend.

I am

By Monica Metts

I am an impatient and misunderstood dreamer.
I wonder why trust is so hard to build and so easy to destroy.
I hear voices telling me right from wrong, yet my mind is constantly at war.
I see the day when my life is finally in order and all of my plans fall into place.
I want to know one person that I have no doubt in my mind will always be there.
I am an impatient and misunderstood dreamer.

I pretend my heart doesn't have scars, but in truth, all of our hearts have their own marks.
I feel quicksand pulling me under, and though I fight it, I can't escape its firm grasp.
I touch the hands of a clock to pause time, only hoping for a few more moments.
I worry that failures of my past will taunt me in my future, reminding me of what was.
I cry when anger, fear, or pain get the best of me or the ones I love.
I am an impatient and misunderstood dreamer.

I understand that life is a challenge, but I must do all I can to embrace it.
I say to myself that I can't give up, or give in, regardless of how hard things get.
I dream that one day I will feel secure and safe, surrounded by those I find solace in.
I try living as if I am breathing my last breath, but I also take many breaths for granted.
I hope that the friendships I have been honored with have the potential to last a lifetime.
I am an impatient and misunderstood dreamer.

Another Little Quaker



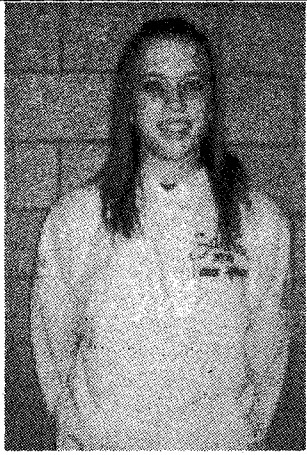
Michael William Kopachy
7 lbs. 5 ozs.
21 inches long
Born October 14, 2009



Sports

Senior Spotlight

By Danielle Kruegel and Abi Pasco



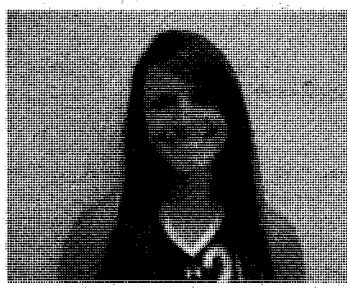
Cassandra Stroka - Cheerleading

How long have you been playing this sport?
Just two years
What is your favorite warm-up song?
"Party in the USA"-Miley Cyrus
What position do you play?
Quaker Anne
Do you play any other sports?
Soccer and track



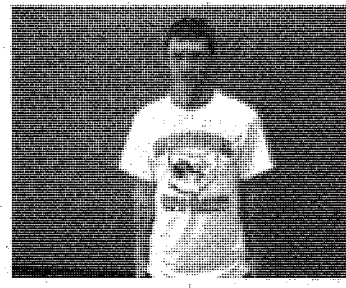
Jon Meissner - Wrestling

Who is your teams' biggest rival?
Beaver Local
What is your favorite memory?
Starting the year last year 4-0, Champion at the Potter Classic
How long have you been playing this sport?
This will be my fourth year
What is your goal for this season?
To place at Districts



Danielle Kruegel - Basketball

Who is your teams biggest rival?
Canfield
What is your favorite memory of this sport?
Beating Canfield at home last year and catch phrase with the team and Coach Spack in Columbus!
What are your goals for this season?
To win Districts
Who is your favorite athlete?
Mr. George Spack



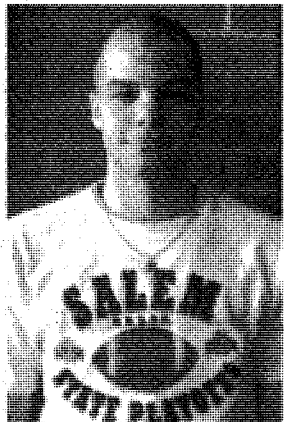
Ben Eisel - Basketball

Who is your team's biggest rival?
West Branch
How long have you been playing this sport?
Nine years
What position do you play?
Guard
What are your goals for this season?
AAC champs



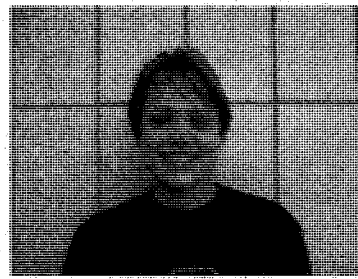
Chelsea Stroka - Cheerleading

What is your favorite memory?
Riding on the J.V. football bus singing the "Golden Oldies"
What is your favorite warm-up song?
Party in the U.S.A by Miley Cyrus
How did you become interested in this sport?
I used to watch the high school cheerleaders when I was little
Do you play any other sports?
Varsity track



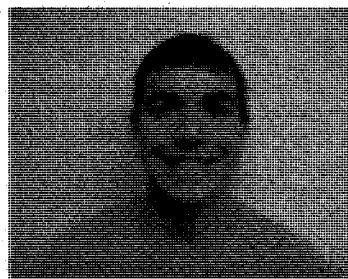
Sam Schuster - Basketball

How long have you been playing this sport?
Nine years
What is your favorite memory of this sport?
Making playoffs this season
What position do you play?
Guard
Who is your favorite athlete?
Kobe Bryant



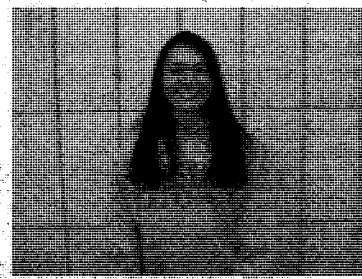
Amy Scullion - Basketball

What is your favorite warm-up song?
"Cupid Shuffle!"
How long have you been playing this sport?
Since I was seven
How did you become interested in this sport?
My sister Katie played
Who is your favorite athlete?
Brett Favre



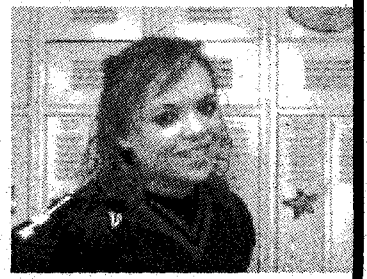
Matt Oliphant - Basketball

What is your favorite memory of this sport?
The 1959 men's basketball team talking with us
How long have you been playing this sport?
Seven years
Who is your favorite athlete?
Dwayne Wade
What other sports do you play?
Basketball is my only true love.



Taylor Sauerwein - Basketball

What is your favorite warm-up song?
"Don't Stop Believing" - Journey
What position do you play?
Point guard
Is this your favorite sport?
Yes
Who is your team's biggest rival?
Canfield



Sallee Keniston - Cheerleading

Who is your teams' biggest rival?
West Branch, but the Quaker Crazies make every game a rival. Keep it up guys!
What is your favorite warm-up song?
"Boom Boom Pow" by the Black Eyed Peas
How long have you been playing this sport?
Since I was six until eighth grade, then only my senior year.
Do you play any other sports?
I plan to play softball this year

The fall sports wrap up

By James King

If there were ever a time to be a student or fan of SHS sports it would be now. With pride finding its way back into the halls, it's not hard to see the effect it has had on the Quaker sports teams.

The Quaker football team has had one of its better seasons this year than in the recent past. They finished the regular season with an outstanding record of 8-2. With such a great season the team did not go unrewarded. They were awarded with the fifth seed of Division III Region 11 which gave the Quaker football team their first ever State Playoff birth. The Quakers played Granville (9-1) which sat in the fourth seed and won in overtime with the final score of 38-31. They move on to face Steubenville (9-1) which sat at the top seed. The

Quakers lost in a hard fought battle, they were leading at half time 10-6, but at the end came up short with the final score of 34-10.

Quaker fans can always count on a strong showing from the girls' volleyball team. The Lady Quakers have had another phenomenal season with a regular season record of 19-3. The Quakers have reached high as second in the state of Ohio. The volleyball team is just as familiar with the Ohio State Playoffs, as the L.A. Lakers are with the NBA's. They were District Champs, but they lost in the Regionals to Cuyahoga Falls Walsh Jesuit.

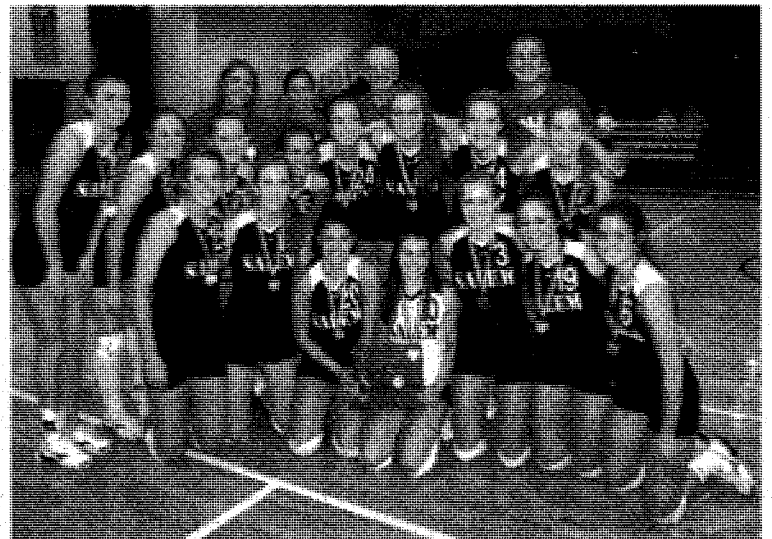
The girls' soccer team experienced great success for a regular season with an overall record of 9-6-1. The girls made it all the

way to District Finals where they fell short against a tough Chagrin Falls team. The boys' soccer team fought hard all season and finished with a record of 0-15-1

The boys' and girls' cross country teams ran hard all season long. The girls advanced all the way to Regionals. They gave it their all but failed to make it out and move on to the next round. The boys' fell short of making it out of districts.

The girls' tennis team finished up 5-12, and the boys' tennis team will kick off during the spring sports season.

The boys' and girls' golf teams gave it their best shot this season. The girls' ended the season with a record of 4-11. The boys' team went 7-10 with junior Bart Wyss traveling to the District Finals.



The girls' volleyball team had another phenomenal season!

Quaker Board

The Quaker Crazies

By Lydia Shivers

"It's a great time to be a Quaker," said Salem fan Boe Whinnery at the community pep rally. Friends, family, and community members gathered in the Salem High School auditorium on Wednesday November 4 to celebrate the girls' volleyball team and the guys' football team. The girls defeated Hubbard for another district title, and the guys finished an awe-inspiring season with a record of 8-2 and Salem's first ever playoff berth.

The teams walked down the aisle to Quaker fight songs and applause from the crowd. Both head coaches, Conser and Kopachy, spoke on behalf of their teams. Coach Conser talked about the volleyball team's goal of beating Walsh in the regional semi-finals. Coach Kopachy gave his top ten reasons

why they would beat Granville in the first playoff game. After the teams left the stage, a slideshow that was put together by Mrs. Wolfgang and Nick Cool played photos of the volleyball and football season. The volleyball team danced in the aisle to the "Cupid Shuffle" during the slideshow. Mayor of Salem, Mr. Jerry Wolford, also came to support the Quakers. He read a proclamation that stated the weekend of November 5 through November 8, 2009, was official playoff weekend.

After the pep rally a bonfire was held in the back of the school. Coach Brock grilled hot dogs and had other refreshments for all players, parents, and fans. Cheerleaders chanted Quaker fight songs right along side the pep band. Thanks to everyone who came to support the Quakers!

Are you looking for a job?

By Sarah Beagle

Since we are currently in a recession, it is hard for anyone to find a job. Approximately 35% of Americans are currently unemployed. It is hard enough for adults to find a job, so finding a job as a teenager is almost impossible.

I randomly asked ten students if they were employed, and all of them were. Most of them are working for the food services at places such as Pizza Hut, The Brighton Hot Dog Shoppe, and McDonald's. However, some students only have seasonal jobs like Lindsay Winn and Jon Anderson who work at the Salem Country Club as lifeguards during the summer. Senior Tyler Hlavcak currently works at Arbys here in Salem. I asked him if he liked working there and if he is glad he has a job. Tyler had the following to say, "I hate working, but it's nice having a job when it's hard to get one. The money is nice." Personally, I love working. It gives me the feeling of independence, and it prepares me for the future.

I know many teenagers are looking for jobs, but maybe not having a job is a good thing; it interferes with school and your social life. I asked Angelina Brown if working interferes with her school work

and her social life, and she said, "Yes, because I work at a restaurant, and I don't get out on time, and by the time I get home, shower, and eat I am tired and I fall asleep. Usually when I work on the weekends I work till late, and I don't get to go out with any of my friends because by that time everyone already has plans. I love having the money, but I have nowhere to spend it."

Having a job can be great. However, next time you're driving around looking for signs that say we're hiring, remember how much of your life it takes away. You're only a kid once so have fun and worry about having a job later.

Have a
happy
Thanks-
giving!



Jumpstart your diet

By Aimee Jones

Sick and tired of always being sick and tired? Simple changes in your diet could help keep you healthier this winter. Breakfast is the most important meal of the day, and sadly most people choose to skip it. Although mornings can be stressful and rushed, there are simple solutions for a quick and easy breakfast. Instead of the regular pack of Pop-Tarts or filling up with a bowl of sugary cereal, why not try to get a variety of food groups into your daily breakfast. Fresh fruit, oatmeal, and whole wheat toast with peanut butter are all great choices. Fruit and oatmeal are filled with fiber which helps keep you feeling full throughout the morning, and the protein in the peanut butter helps keep you focused.

We cannot forget the classic breakfast food, EGGS! They are delicious and healthy all at the same time. If you are not allergic or grossed out by eggs, they are the way to go. They take just about two minutes to cook and paired with some wheat toast they get an A+ in breakfast options. Getting your vitamin C can be crucial to your health, but there are more ways to get it than just drinking orange juice.

Yes, oranges and orange juice are number one on the list, but here are some others people may not

Share your coat: keep someone warm

By Shauna Uptegraph

Winter is coming. There's no way to deny the cold winds, the frost, and the Christmas carols on more than a few radio stations. The economy is still in its rut, and many people are worried that they won't have the money for winter attire they need such as hats, coats, and gloves.

That's where the Salem High School Key Club steps in to help. Salem Key Club and Kiwanis started the annual coat drive four years ago, and it continues this year with Mrs. Cochran, their advisor. It has been going strong since it began by bringing in an average of one hundred coats a year. The coat campaign accepts coats, hats, gloves, and anything else that might make the cold months a little warmer. Anyone can participate whether it is faculty, students, or just a helping hand from the community. When asked, Mrs. Cochran said that she thinks there will be a bigger need for safe apparel this year because of the poor status of the economy. Because of that, Key Club is hoping to reach a record goal of one thousand coats.

So get in the giving spirit, and don't throw away those warm but small coats and scarves. Donate them, and help keep the Christmas season warm for others.

LOVE THOSE QUAKERS!

Texting while driving

By Alison Thompson

When it was time to pick an article to write for the November issue, I knew what I wanted to do. These subjects have been on the front page news of CNN, CBS Evening News, Yahoo, and many other top news networks. Now, I am proud to bring these important topics to *The Quaker* — drunk driving and texting while driving. Both problems have been a major issue for everyone and that includes teens. Today there are close to 100,000 cars on the road and over 203 million people have a wireless phone. Year after year there have been 300,000 accidents being caused by cell phones. Texting on the cell phone while behind the wheel, however, isn't the first problem that we have had while driving.

Drunk driving has been around for a long time and is very common, according to madd.org. Around 11,773 people died in the year 2008. Underage driving is a big issue. Today people are trying to raise the bar for teenagers to get their licenses. Right now, a teenager can get a driver's license at the age of sixteen, but sixteen-year-olds have a higher risk of getting into a crash than a twenty-five-year-old. Driving without a seatbelt is an issue that is also of concern. Some states have policemen watch for drivers without a seat belt. Talking on the cell phone is still another issue that we have today. Of course there are different techniques for talking so drivers don't have to hold a cell phone such devices being head sets. All of the previous things mentioned are dangerous to do while driving, but today texting while driving is what everyone is talking about.

On November 4, I had the opportunity to interview Mrs. Judy Bonfert the driving instructor who



The results of texting while driving

is with the Triple A Traffic Safety Program. Mrs. Bonfert has taught mostly everyone in this school how to drive. She provided me with a packet titled "Text Messaging and Driving Safety: When is it the Wrong Message?" She explained, "This is what I go over with the students."

This packet is informative about how many accidents and collisions there have been from cell phones. The packet also tells you what happens when you do get into an accident, and there is an activity that Bonfert lets the kids do. During the interview and while we were talking about the packet, she handed me some pictures which very vividly showed the outcome of people who were involved in crashes while texting. Looking at these pictures, the two words that I can use to describe them would be disturbing and gory. The one picture shows a jeep that went left of center while the driver was texting and then went head on into a semi. The other picture, which we can't show to the public, was of the per-

son in the jeep whose body was split in two pieces. Mrs. Bonfert also had this to say, "You [the interviewer] also wanted to know how I would feel as a driving instructor if one of my students got into a crash. I would feel bad... when I hear it on television, any teenager that gets into an accident, I feel terrible. I can only take you [drivers ed students] so far. It's up to you to be the safe driver."

Today there is a Wireless Communication Device Law and a Handheld Wireless Telephone Law. The Wireless Communication Device Law went into effect on January 1, 2009. This law prohibits drivers from using a wireless cell phone while driving in a car. The Handheld Wireless Telephone Law also was in effect on July 1, 2009. This law prohibits all drivers from texting when driving a car. It also prohibits all drivers under the age of eighteen from using a cell phone or any device while driving a car. While we have these laws already working there have been fourteen states that have banned texting while driving.



Aimee digs into a bowl of "Quaker" oats.

know about: strawberries, sweet red peppers, cantaloupe, tomatoes, and brussel sprouts. Keep yourself hydrated by drinking your daily amount of water. Did you know you can speed up your metabolism by drinking cold H2O? The reason is that it takes your body extra energy to heat the cold water. Eating healthier improves your mood and most importantly keeps you feeling energized and fully loaded. So don't skip out on the most important meal of the day.

Quaker Clips



The Quaker

A high school tradition for years.

Volume 97, Number 3

Salem Senior High School

December 2009

Mr. Trough + retirement = he will be missed.

By Brooke Skiba

The math teacher we all know and love, Mr. Trough, is retiring December 31st. He's taught it all, from primary seventh grade math to A.P. Calculus, and after thirty seven years of teaching in Salem he's ready to relax in retirement.

Mr. Trough currently teaches in the math wing of our high school. He is well-known for his infamous saying to introduce the weekend. He claims he just started saying "fruit juices and colas only" one day and added on the rest since. In retirement, he will miss being around a lot of nice people. However, he looks forward to spending more time with his wife.



When asked what has changed the most between when he started teaching and now, Mr. Trough said, "The kids. The kids have changed a lot." Who will fill in for him is not yet known, but we will all miss Mr. Trough a great deal. Even when he leaves, students should always remember, "Drive safely. Fruit juices and colas only. Let a smile be the only drug you need. Think kind thoughts. And no matter if you win or lose don't forget to go out for ice cream. It'll make you feel better."

Mr. Trough's Top Ten Memories at SHS

1. Winning math contests with the Math Club in the 90's
2. The concerts and plays put on by the students
3. Home ec. baked goods
4. The fire in the auditorium
5. The bomb threat that took hours to check out
6. All the sports teams that went to state
7. Watching students drive in the parking lot!
8. All the successful people we have produced
9. The heartbreak of learning of prior students' deaths
10. All the wonderful people I've met and all the good friends I've made

H1N1 clinic comes to Salem

By Lexi Shivers

The Salem Jr.- Sr. High School held an H1N1 clinic for all students in the Salem City Schools. Students in kindergarten through sixth grade received their vaccinations on November 17, 2009, and students in the junior and senior high received their H1N1 shots on November 20, 2009. The clinic was held in the Salem Jr.-Sr. High School cafeteria, where there was enough room for everyone to safely receive their vaccinations.

The Salem Jr.-Sr. High School was chosen as the site for both the elementary and the junior and senior high school students' H1N1 because of several important factors including access to a large parking area, good traffic flow through the clinic, access to refrigeration for the vaccines, and a large undercover area for families to wait in the event of inclement weather. For the junior and senior high school clinic specifically, a large room was needed to accommodate all of the students as they checked in, received the vaccine, and were observed afterwards. The auditorium was not available for the use that day, so the cafeteria was utilized instead. The vaccinations were supplied by the federal government and administered by the local health department at no cost to the students.

There is an average of around six hundred students who live in the Salem District who received the H1N1 vaccinations at the school located vaccination clinics. On November 17, 353 students were immunized at the elementary clinic. On November 20, 264 students were immunized at the junior and senior high clinic. The Salem Health

District received and supplied the vaccines. Salem City Health Department nurses along with faculty and senior Hannah Mullins students and EMT's with prior training in medication administration administered the shots to all students.

Salem's nurse, Mrs. Hritz stated, "The clinic was an effective way to inoculate several hundred students over a short period of time. This particular clinic was difficult to plan due to the many unknowns such as when the vaccine would arrive, how much would arrive and how many students would actually be interested in receiving the vaccine. As a result, dates were set up on short notice as soon as enough vaccine became available."

There was recently a news story on the H1N1 flu mutating and becoming resistant to Tamiflu. Tamiflu is a prescription medicine used to treat the influenza, flu, or a virus. If taken when symptoms begin to occur, Tamiflu can shorten the duration of the flu. The four cases of H1N1 found at Duke University hospital which were resistant to Tamiflu occurred in patients who had serious conditions that suppressed their immune systems. This gave the virus a better chance to mutate and develop resistance. Currently, Tamiflu appears to be isolated and is also being carefully watched by the CDC, a government agency that primarily focuses on public health. "It is important to use anti-virals as recommended and only when clearly needed so that we do not hasten cases of resistance occurring. All the more reason to practice prevention which includes vaccination, good hygiene, and staying home when ill," said Mrs. Hritz.

In the holiday spirit

By Cheri Merryman



With this being the holiday season, SHS students, staff, and clubs are all in a giving mood. Throughout the months of November and December various groups around the school have been collecting and donating many different items to local charity organizations in the area.

Key Club started its annual coat drive on November 10 and ran until December 10. A goal of one thousand coats was set for this year. The coats were then taken to the Salvation Army to be distributed to families in the community. Also in November the club began collecting dessert items, paper products, and canned goods to be donated to the Salvation Army as well. No ending date has been set as of yet.

Create-A-Smile is an excellent service project headed by Mr. Niederhiser, principal of Buckeye Elementary. Hundreds of toys, games, and clothing are donated each year to the program. On Christmas Eve "Santa" and his elves visit the homes of families in need and pass out the wrapped presents. Again, Key Club collected toys for the program from December 1 to the 18.

American Field Service (A.F.S.) along with the Poets' Society collected hats, mittens/gloves, and scarves to complement the coat drive. The clubs began collecting in November and ended on the eighteenth. The donated items were displayed on the Giving Tree in the school's lobby. They will soon be taken to the Salvation Army.

Mr. Viencek had asked each of the students in his English classes to bring in five cans of food. The cans were then taken upstairs to the junior high as it was the junior high which had initially started this worthwhile project.

Even though Thanksgiving is over, everyone should be thankful for what they have. Not everyone has what they need; if they did, all these drives wouldn't be necessary. Also, we should be thankful for the people who help with these projects to ensure that others will have enjoyable holidays. Merry Christmas!

Teacher messages to Mr. Trough

Luke AKA Alejars

To Chuck (AKA Yoda), For all the years of training thanks I give you. May the force be with you. Teach I always will.

Mr. Andres

Mr. Trough, Thanks for being one of my favorite teachers of all time and for being all of our Jedi Master!!! I only have approximately 802 Mondays left!!! Have a great retirement!

Mr. Fawcett:

Mr. Trough was one of my favorite teachers as a student and one of my favorite colleagues as a teacher. He always has a kind word, and his expectations are matched only by his dedication. Mr. Trough will be impossible to replace at Salem High School.

Mr. Jeckavitch:

Chuck, my congratulations on your retirement! You have shown professionalism, humor, friendship and empathy during your years at Salem High School. The students and staff in Salem have been blessed to have you impact their lives. It has been my honor and privilege to share my teaching career with you! Now have fun!!

Mr. Miller:

Chuck, good luck on your retirement, your dedication and devotion to the students of Salem High School will not be forgotten. Take care and best wishes.

Mrs. Bosheff:

You will be missed! Thanks for all your support over the years. Who will I harass now?

Mrs. Caroline Snyder:

Chuck, Thank you for your guidance and thoughtfulness this year. I aspire to be a legendary teacher, just as you are. Congratulations on the retirement. "Perfect numbers like perfect men are rare." Rene Descartes.

Mr. Steffey:

Chuck, it has been a pleasure working with you. Your humor and "good morning" no matter the time of day always brought a smile to my face. I wish you well in your retirement and will keep you and your family in my thoughts and prayers. God bless you for touching so many young lives in a positive way. You are "Salem Pride."

Mrs. Wrask:

He always has a smile on his face!

Yadda :)

I'm sure going to miss you...not many of the good old gang are left here. You ALWAYS make me laugh; I love your sense of humor. Thanks for being the devoted colleague that you are. Thanks for many great memories, Chuck.

Mr. Ziegler:

The math department will not be the same without you. Enjoy all the "Ziggy" days and weeks ahead.

Opinion

Ask Erskine:

Whatever happened to winter dances?

By Derek Erskine

Spirit is on the rise as well as the overall charisma of the school. Athletics have been extremely successful thus far, and I hope to see the winter sports achieve the same level of success. Clubs are meeting weekly and doing more activities in the community than I've ever remembered them doing. The fall dances were great, with fall homecoming being the best attended dance since I've been in high school. So let's have this newfound spirit carry over into the winter.

The schedule for dances in Salem is usually the following: fall homecoming, Sadie Hawkins, six month period of inactivity, prom. My personal favorite is that period of inactivity... no not really. In the six month period of inactivity some group or club usually schedules a dance. The two common ones as of late are White Christmas and a dance following the homecoming game. These dances are normally either cancelled or just very poorly attended. Pep Club is planning a casual dance following the winter homecoming game on January 22. I think it's going to be a lot of fun and so does the Pep Club advisor Mrs. Wolfgang.

"You have to give it a shot and go. You can't condemn something before you give it a try," says Mrs. Wolfgang. I myself have been guilty of this. I have not gone to a winter dance the last three years simply because I thought it would be lame, but I never gave it a chance. This year is a great opportunity to change that mentality. As teens we usually complain there is nothing to do in Salem. But whenever people put effort into having something exciting for us to do, the interest isn't there. Mrs. Wolfgang said, "When I was in high school they had

dances after every home game during football and basketball seasons, and I still remember them to this day." Currently we have four dances throughout the year, and two of them lack in attendance. I would love to see a great turnout for this winter homecoming. This year Pep Club is doing something slightly different in preparation for the homecoming game.

Pep Club is having spirit week leading up to the game. This year there's going to be a competition. Each of the four classes is going to have a "spirit board." All the classes will decorate their board. A cash prize of \$100 will be given to the class with the best board. This is just one of Pep Club's ideas for spirit week, but if you have any ideas share them with Mrs. Wolfgang.

For football homecoming the court gets to participate in a parade, be announced at the homecoming game, and receive recognition at a well-attended homecoming dance. For winter homecoming the dance is often ended early, or just simply gets cancelled. So what are these girls getting all dressed up for? Sadly, it is just so they can walk around the basketball court. It's not fair to the winter court. Without having the cost of dinner and dress clothes, this will be a cheap event, and I know most guys have six dollars to spare. Why not go out and have a good time on January 22? Cheer on the Quakers to victory, and stay afterward for a fun time. Regardless of what you're doing, if you go in with a bad attitude you're not going to have a good time. If you go in determined to have fun, then you will, experiences in life are what you make of them. So — let's go out

The scoop on Tater Tuesday

By Mike King

Every Tuesday the school cafeteria serves mashed potatoes and gravy instead of french fries. Even if you do not like the mashed potatoes and gravy, you have to take them. You don't get the choice.

When asked why we have a Tater Tuesday, J.R. said, "We need to ease up on the french fries and make sure that one day a week we are following the school's wellness policy. It's a sad thing that the age groups of the kids attending Buckeye Elementary aren't expected to outlive their parents due to childhood obesity."

The school's mashed potatoes don't taste very good. You can't compare them to the school's fries. For the students that do eat them, they are not very filling. On Tuesdays, you see more students with two lunches and even more mashed potatoes going in the trash. When asked about the school's mashed potatoes, Matt Taylor said, "They make me not want to go to lunch on Tuesdays, that's how bad they are." Perhaps a better idea would be to serve both mashed potatoes and fries on Tuesdays and

let students decide which they want. When asked how they make the mashed potatoes, J.R. said, "We use about seventy gallons of water and thirty-six lbs. of margarine. The margarine contains vitamin K which is hard to get into your body."

Every other day except Tuesday, the cafeteria serves french fries which are more appealing to students. The only two way to get fries on Tuesday is to order a chicken salad, which includes fries. The other way is to go to the lunch line by the main entrance to the cafeteria. But the fries there are worse than the mashed potatoes. When asked about the school's french fries, Stephen Navarra said, "They're delicious, and they never get old."

It's not fair that the students have no say in what they eat. The school's mashed potatoes don't taste very good, they don't fill you up, and the majority of the student body would rather be eating fries on Tuesdays. I urge the cafeteria to give students the choice between the fries or the mashed potatoes on Tuesdays.

Point Counter Point

Fra-Gee-Lay...It's Italian

By Jim King

When you hear the words "official Red Ryder carbine-action 200-shot range model air rifle with a compass in the stock," only one Christmas movie can come to mind — *A Christmas Story* directed by Bob Clark. The movie is told from the point of view of the grown up Ralphie Parker, who is nine years old in the movie.

A Christmas Story is the classic Christmas battle between kids and adults. It shows Ralphie trying every way to talk his parents into and to tip them off that all he wants for Christmas is, in fact, that Red Ryder BB Gun.

The movie runs on TBS for twenty-four hours starting at 8 p.m. on Christmas Eve and the last showing beginning at 6 p.m. Christmas Day. This creates a heated battle between Tyler and myself regarding the subject of whether broadcasting *A Christmas Story* for a twenty-four hour period is too much of the phenomenal movie. As people like Tyler try to say, there is no point for the movie to be shown for twenty-four hours straight.

I feel differently. The movie has become part of the Christmas spirit for many; the movie is only shown on those two days all year long. As the movie begins and viewers hear the voice of Jean Shepherd (the voice of adult Ralphie who plays the narrator throughout the entire movie)

Ooohhh Fuuddgge

By Tyler Hivacak

A Christmas Story's initial theatrical run came in 1983. When it hit VHS, home video was still a rental business, so fans spread the Christmas Story via the few worn copies at their local video store. It wasn't until the rapid growth of cable in the early '90s and the need for seasonal programming that *A Christmas Story* really over-ran the culture, to the extent that it now airs for an unneeded twenty-four straight hours on Christmas.

On the new 20th-anniversary double-disc DVD set, one cast member speculates that the movie's popularity grows each year because people watch the movie at Christmas time when they're already feeling warm and good, so the film gets woven into their fondest memories. While that's a good theory and all, it's curious considering the movie's tone. Though deep down it is considered a light comedy, *A Christmas Story* contains plenty of hurt and anger, all drawn from the stories of radio disk jockey Jean Shepherd. He narrates his memories of growing up in middle America in the '40s adding his own language in an attempt to define the profanity and explain the mystery of the schoolyard "triple-dog" dare.

A Christmas Story grasps the full scope of childhood injustice and obsession. Amid the comi-

for the very first time, it kicks off the final hours until the most anticipated morning for most kids and many adults.

I asked around to see what the perception of the movie was (meaning I disregarded anyone who said anything negative about the movie) and found many people who enjoy it. When asking freshman Ryan Murphy and junior Charles Shrontz if they liked the movie, they both agreed. However, both do not partake in the twenty-four hour marathon on TBS which greatly disappointed me.

Along with the humorous side of the movie, there are also many facts that can be learned from it. Without this movie how will the younger generations learn that VICK is the name of the Lone Ranger's nephew's horse, or that *fra-gee-lay* is an Italian word, and most importantly that when sticking your tongue to a frozen pole in the harsh winter weather it will instantly freeze to the pole.

As many can probably tell, I will be watching this movie quite a few times from Christmas Eve until the last showing on Christmas Day. I hope many of you will at least watch it once and just sit and enjoy a classic with your family on a day that is truly about just spending some quality time with family.

cally cranky Santa Clauses and tree-lighting mishaps, the movie's key moment is Ralphie crying, prompted by a fight with the neighborhood bully and the fear that his dad will punish him for this. The affection audiences feel for *A Christmas Story* is related to the holiday spirit, yes, but specifically to Clark and Shepherd's awareness of how the true meaning of Christmas comes about in the real world, where a warm meal on a cold, dark day and a surprising moment of parental grace can ease a troubled mind.

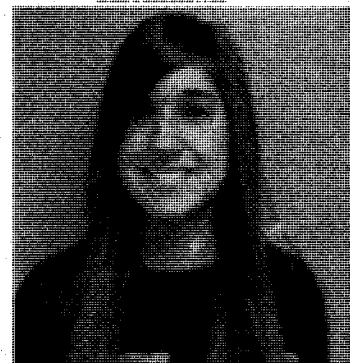
While this is all well and good, have any of you ever heard too much of a good thing is just as bad? I mean come-on; do we really feel the need to run a single movie for twenty-four hours straight? That just may be borderline obsessive. This movie, while a classic and a great movie the first ten or so times you see it, does not need to be aired for twenty-four straight hours. There are so many Christmas movies that are just as good as *A Christmas Story* that could be shown with this. And so I say to you if you must, and I mean absolutely must, watch *A Christmas Story* more than one time this year, remember once again it will be shown again next year.

War of Words

By Rachel Fritzman

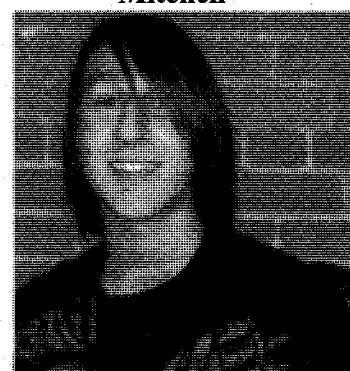
Question-What is your best childhood Christmas memory?

Freshman-Carson Kleinman



When my dog knocked over a Christmas tree.

Sophomore-Edmund Mitchell



When I got a puppy in my stocking.

Junior-Mark Schreffler



Probably when I got a keyboard for Christmas.

Senior-Rebecca Skiba



Hmmmm, probably when my grandma bought me puppy slippers..... and I was in middle school?