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A high school tradition for years.

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Salem Senior High School

April 2011

#### Tom Holden Memorial Scholarship By Aimee Jones



Senior Katie Fife gives a thumbs up after receiving a check for \$1,500 after her PSA won the Tom Holden Memorial Scholarship.

Recently, senior Katie Fife received a check for \$1,500 when she won the Tom Holden Memorial Scholarship. The application process consisted of creating a PSA. For those that don't know, a PSA is a public service announcement. It basically serves as a commercial for a non-profit organization. Katie wrote her PSA for Lifebane and emphasized how important it is to register to donate organs. When asked where she came up with the idea, Katie had the following words to say, "Honestly, it just came to me. We live in an in-themoment, on-demand, and fast-food society. We can't wait five minutes for fast-food, who should have to wait on an organ?" On March 4, Katie was presented with her award and various prizes at Antone's Banquet Centre. In attendance were her parents, five other students who received the runners-up awards, contest judges, a representative from each sponsoring company, WKBN 27 First News reporters, and the person who encouraged Katie to attempt creating a PSA Mrs. Dve

When asked what her first reaction was, Katie said, "I didn't think my PSA was very good, so I was really surprised." Not only did Katie win \$1,500 in prize money, she was also given a gift basket filled with the following: a certificate for a free loaf of bread every week for a year from Panera, a twenty-five dollar gift card to Panera; a Japanese trick wooden box, a CD, a t-shirt, a plaque, and a glass trophy.

Katie's public service an-nouncement started airing at the beginning of March and will continue to run through the end of April. It is aired with other commercials, so you never know when you will see it. In her final remarks, Katie had a special announcement directed to the juniors, "DO SCHOLARSHIPS! I didn't think I would win, but I did. They take a little time, but it's so, so worth it!" Katie is a prime example of why you should sit down for twenty minutes and fill out scholarships. It could eventually win you \$1,500. Congratulations,

### Buckeye Boys' and Girls' State

By Allison Dolphin

Buckeye Boys' and Girls' State is a leadership and citizenship program that has been held every summer since 1937. It is for boys and girls who have just finished their junior year and are going into their senior year of high school. The program is held in each U.S. state except for Hawaii, and it is sponsored by the American Legion and the American Legion Auxiliary.

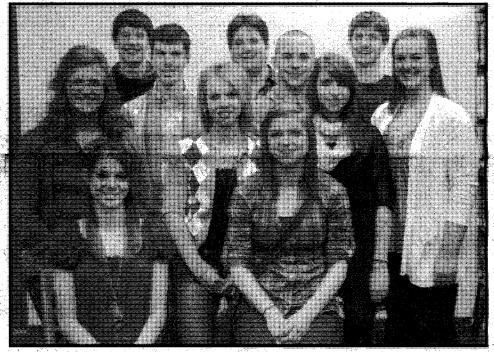
The delegates for the boys this year are Nick Costa, Mitch Hendricks, Andrew Pietrzak, Tyler Stouffer, and Jared Tacey. The delegates for the girls this year are Ciara Andrews, Cassidy Polen, Annie Saltsman, Jocelynne Samu, and

Karli Utt. This year Boys' and Girls' State will be held from June 12 until June 18. The boys will travel to Bowling Green State University in Bowling Green, Ohio, while the girls will travel to the University of Mount Union in Alliance, Ohio. In years past the Girls' State program was held at Ashland University in Ashland, Ohio. It is said that Ohio's Boys' State is the largest, having over 1,300 boys attend every year.

Once at the program, every-one is divided into different groups that are called cities. Within these cities mock municipal officials are elected and a mock state legislature is formed. When interviewed, the

delegates all said that they have positions in mind that they would like to run for. Jocelynne Samu says she would like to run for a place in the senate, and Jared Tacey says he would like to run for a place in the judicial system.

All of the delegates have similar expectations for Boys' and Girls' State. They are excited to learn more about our government and meet new people. Nick Costa stated: "I have heard from people who have previously attended Boys' State that it is fantastical! I am super excited!"



The juniors pictured above will be spending a week this summer attending Buckeye Boys' and Girls' State

## Annual senior jeans project

The annual senior jeans project originated years ago with Mr. Robert Viencek, English instructor.

Maybe you have noticed the jeans pinned up in the display case outside the library and asked yourself, "How can I get a snazzy pair of pants like those, signed by several of my closest friends and classmates?" Well, before you resort to breaking in to the cabinet and taking them yourself, consider from whom you would be stealing. This year, the jeans are a part of a fundraiser held by National Honor Society to provide for donations to a charity that is going to be selected at a later date by the seniors.

Tickets will go on sale for \$1.00 each, six tickets for \$5.00, and twenty for \$10.00, and will be available until May 13, the day of the drawing. The raffle will consist of eighteen separate prizes. There is great diversity in the prize selecBy Tim Slason

tions. A variety of gift cards are offered which include the following: Barnes and Noble, Macy's, Bob Evans, Applebee's, Pizza Hut, Salem Fun Factory, and a Ladies Night Out package. Beyond the gift cards are prizes which include a yoga kit, a novel, ceramic village pieces, Quaker framed art, and the jeans themselves. Each prize will have its own bag for people to place tickets in, and a winner for each will be drawn from each separate bag. The drawing will be held in the S.H.S. library.

The actual jeans themselves were recently just plain jeans from someone's home, N.H.S. advisor, Mr. Robert Viencek, comments, "I wanted something that our graduating seniors would create. This is how the routine unfolds each year.

A student brings in a pair of old jeans. We contact several good artists in the school, and they begin decorating them. Next, we go to the current head of the athletic department for a donation of sports patches." Mr. Viencek continued by saying, "All of the members of the senior class are then asked to sign the jeans. They are put on display in the library showcase.'

This year is the first time that the project is being handled by N.H.S. Senior Mariah Halleck is the chairman for the project while senior Alyssa Myers is in charge of the decoration. N.H.S. members, faculty, staff, and students donated the various prizes. Anyone may purchase tickets and participate in the raffle. Participation is surely appreciated by the N.H.S and the charity that is selected to receive the proceeds.



A Pizza Hut gift certificate is among the many prizes being offered with the senior jeans project.

## April point counter point: Celebrity attention

For By Kayla Mills

Whether you like it or not, we all have to face facts. We are the "Average Joe." We do not have lifealtering connections, and we do not have enormous amounts of money to spend on tiny, yipping mutts who can't hold their bladder for longer than fifteen minutes at a time. Because of these huge differences in lifestyles, we have the celebrity, and we have the average person. But should Paris Hilton be all over the Internet for having a sex tape? Should Justin Bieber's name be plastered all over the magazines for getting a haircut? Should Charlie Sheen be all over the news for being... Charlie Sheen? I think the answer is obvious. Heck yes!

I think it is apparent to everyone that our world is spinning chaotically out of control before our very eyes. Lucky for us, there are organizations out there who still give a crap about our planet. The best ways to promote their causes are to use celebrity endorsements. Viewers can see that their favorite celebrity is supporting a cause and whether or not the celebrity actually cares about the cause or not, it inspires others to strive to make a difference for our planet. Not only is the celebrity getting a substantial amount of money, but the organization is also raising great awareness for their particular cause.

Drama. It is such a terrible thing to have in our lives. But it is such an entertaining thing to watch. Whether or not we support it, you have to admit that it has the power

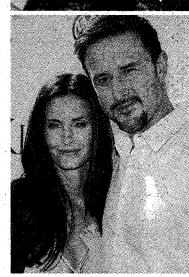
to distract us from our lives, even if only for a few minutes. Hearing about celebrity drama can be somewhat of a gateway for us, allowing us to hear about the drama without actually taking part in the drama.

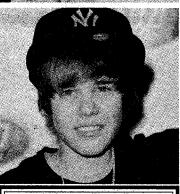
Whoever said that celebrities have the perfect lives was obviously dumber than the average person because they could not be more wrong. All of them come with their own life story, including the obstacles they had to overcome to achieve fame. So hearing about these celebrities can actually inspire us. For those who feel like they can't achieve their goal, hearing about a celebrity's walk to fame can actually inspire them to reach for the

It may seem like celebrities are pampered on a regular basis. It may also seem like they have everything handed to them on a silver platter. But if you really think about the life of a celebrity, you have to wonder how hard it really is. Not only do they have their privacy invaded every day, but they don't have the luxury of doing things that we get to do, like simply hanging out with friends. But that does not stop them from enjoying life. Charlie Sheen talks about his fame and says, "It's perfect. It's awesome. Every day is just filled with wins. All we do is put wins in the record books. We win so radically in our underwear before our first cup of coffee, it's scary!" I couldn't have put it better myself.

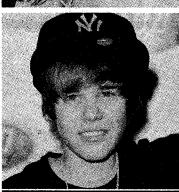












Have a great

## Against By Donna Paparodis

It goes from "Red-Hot Mommas: A-list Ladies Pregnant on the Red Carpet!" to "Snooki Takes on WWE Wrestler." When will the useless information about celebrities end? It most likely never will. But, it annoys me and many others to no

I honestly couldn't care less who the best and worst dressed were at the Grammy's. Yes, they're famous. But do we need to be in their lives knowing everything about them? I swear that if Megan Fox tripped because she forgot to tie her shoes the media would be all over it making a fool out of her. I'm pretty sure we average people have done things like that before, and no one fusses over it. Just because she's well-known we have to plaster it all over television so everyone can see it and gawk. It's pathetic.

It's one thing to talk about petty things like fashion and hair style, but to delve into peoples' personal lives regarding marriage and money is crossing the line. Does it affect you that Courtney Cox's marriage with David Arquette is going a

little bad? I'll tell you that answer, no. It starts out as gossip and then the paparazzi turn it into an obsession. They make it their lives to invade the privacy of celebrities and get the "juicy deets" on everything possible. Shows like "Entertainment Tonight" and "Access Hollywood" seem to exaggerate the importance of what goes on in celebrity life. The worst one is the paparazzi-run-show "TMZ" which spends the entirety of its time talking about celebrities they've taken photos of doing something that is usually not that interesting.

Keeping a constant tab on the lives of famous people seems like a huge waste of time, energy, and money. We absolutely do not need to know what happens to them at every moment or what they are wearing or when they get mad. It really does not matter in our day-to- day lives. I believe we could spend that time on more important things. I highly doubt keeping close surveillance on Lindsay Lohan is going to better our coun-

## Shauna says... Oh baby, baby, baby...No! By Shauna Uptegraph

What's worse than a twelve year old girl screaming for a barely pubescent boy who's up on stage ironically wishing he were the embodiment of Michael Jackson? How about a forty year old woman who legally changes her last name to match that of the teen pop sensation? Yes, that is a little sad. And yet it's happened. Justin Bieber is taking over the world, it seems, one repetitive duo-syllabic word at a time.

Have you ever thought of the reason he's so popular? I mean, yes, he does sound just like any other fourteen year old girl that stumbled from her tricycle into a music career, but does he have any sort of staying power? The answer is no. It's evident in his new movie, Justin Bieber: Never Say Never. It's his life story. At seventeen. Basically, everyone realizes that he's already hit his prime and that the rest of his life is just going to spiral downward. Like the Corey Haim of the twenty-first century, Justin Bieber isn't bound to be famous for much longer. His fan base, primarily young girls who have re-cently graduated from the Jonas Brothers and Hannah Montana fan buses and the occasional deranged middle aged bingo-mama (You know the type. Think leopard print pumps with a pink bow, green spandex pants and eight pounds of blue eyeshadow, or Amy Poehler's role as Regina George's mother in Mean Girls), is bound to grow up sometime, a hystérical occurrence in time that will leave his moon-walking,

heart-throbbing career in the dust.



Justin Bieber, thank you for making somewhat more credible artists such as Ludacris and Chris Brown seem even more ridiculous than they did before. Nothing like a woman-beater, a fish-mouthed rapper and a babyfaced idiot to create a chart-topper. You, little boy, are ruining music. I find it disturbing, truly, that you sing about love and relationships as though you are a seasoned adult, when you've only barely turned seventeen. Now, readers. I know what you're saying. Hey! I'm only seventeen! (or younger) I know all kinds of things about love! I'm basically as knowledgeable as Mike Myers. My boo and I can run circles around any married couple! My advice to you is to shut up. You know nothing about love. "You and your boo" won't last through graduation. Most of you won't last until April. Unlike Christopher Walken's fever, which can only be cured by more cowbells, Bieber Fever is an epidemic that can be cured only with a generous dosing of intelligence.

## April War of Words

By Sierra Cannon "What was the best April Fool's prank that you've been a part of?"



Freshman Megan Lehwald "We had a guy in our class propose to Ms. Piero in seventh grade, and then he took the ring back.



Junior Kayla Mills "Me and my brother put black construction paper on the front of my grandpa's glasses to make him think he was blind."



Sophomore Brett Black "Putting my brother's python in my mom's bread box."



Senior Marvin Barber "Flooding a car with a garden hose."

## <u>Entertainment</u>

### Thoroughly Modern Millie cast list

By Allison Dolphin As most of you know the

spring musical at S.H.S. is Thoroughly Modern Millie. The cast has been working hard since January, and show time is almost here. The shows are April 29 and 30 at 7:30 PM, and May 1 at 2:00 PM. This show is sure to make you feel thoroughly modern with its exciting tap dance numbers, passionate romance, eligible bachelors, and dazzling women. Go and see a show to support your fellow classmates! Students involved in the production are included below.

Millie Dillmount-Rebecca Enlow Jimmy Smith-Connor Bezeredi Trevor Graydon III-Tyler Stouffer Miss Dorothy Brown-Jocelynne Samu

Mrs. Meers-Allison Dolphin Ching Ho-Cameron Clark Bun Foo-Mitch Hendricks Muzzy Van Hossmere-Niki Slaven Miss Peg Flannery-Annie Saltsman

Priscilla Girls: Ruth-Abby Cull Gloria-Karli Utt Rita-Allison Moore Alice-Lauren Rupp Cora-Kaitlyn Culp Lucille-Taralynn Williams Ethel Peas-Jessica Dinsio

**Speed Tappists:** Kaityln Culp Jessica Dinsio Allison Dolphin Carson Heron Allison Moore Lauren Rupp Niki Slaven Karli Utt Kelsie Vrable Taralynn Williams Stephanie Wood

**Ensemble: Brook Ackerman** Marvin Barber Jordan Bodkins Nick Costa Camrin Costal Matthew Evans Lauren Guest **Brittany Gulu** Kyle Hissom Emma Janofa Tiffany Kekel David Lappin Abbey Minamyer Allison Moore Katie Neiswonger Tommy Panek Amanda Reiter Joy Rouse Trevor Speigle Zach Taylor Emma Wilson Clayton Wolf

Stephanie Wood



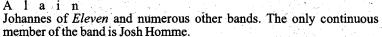
## Battle of the Bands

Queens of the Stone Age

By Tim Slason

Queens of the Stone Age is a rock band out of California that plays heavily blues-influenced hard rock sometimes defined as robot rock due to the strong riff-driven rhythms that sit at the heart of many of their

songs. Over their fifteenyear history. they have been a revolving door of sorts for many musicians from various projects including Dave Grohl of Nirvana and Foo Fighters fame, Mark Lanegan of the Screaming Trees, Nick Oliveri of Mondo Generator, and



They have released five studio albums over the years, with their third album, "Songs for the Deaf," achieving platinum status in the US, Canada, and the UK. Their self-titled first album was featured in the book 1001 Albums You Must Hear Before You Die. Each album is notably different from the previous one stylistically but holds on to the underlying riff fuel that causes them to be labeled robot rock.

Over the past few months, Queens of the Stone Age have been on the U.S. leg of their tour to promote the re-issue of their self-titled album, coming through the House of Blues in Cleveland on March 30. Previously, that album has been considered rare, commonly fetching higher prices at used CD stores, with vinyl pressings going for outrageous prices online. The re-issue promises a few unreleased tracks, along with the remastered tracks from the original.



By Sierra Cannon

"Does it mean this? Does it mean that? That's all anybody wants to know. I'd say what any decent poet would say if anyone dared ask him to analyze his work: If you see it, darling, then it's there!" Controversial, over the top, revolutionary — combine the three and you have Freddie Mercury. Add in musicians with talent to make the

- music that carries the voice, and you have Queen.

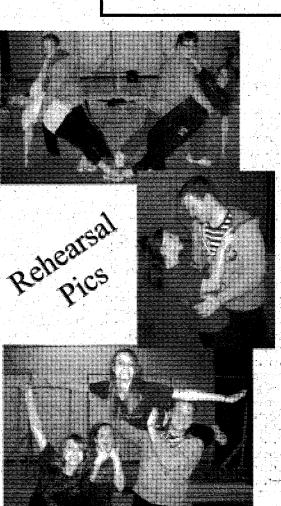
'Queen" names a 1971 rock band from London, England, whose music reached overseas. Freddie Mercury, Brian May, John Deacon, and Roger Taylor tied together to form an English talent that couldn't easily be shaken. When Queen's music hit America, many people didn't know how to react. They were the outlets of

critical words about the music and the style choices of the era. Their theatrical performances and controversial ideas were sources of outrage and adoration. Whether or not the band was hated or loved, forty years later their music lives

We've gone overboard on every Queen album. But that's Queen." Lead singer Freddie Mercury said it all when he spoke of Queen. With performances that made shows into plays and songs that told stories that often no one was thinking, the band knew how to stir ideas and how to make people believe. With songs ranging from those nondecodable lyrics like Bohemian Rhapsody to universally understood ones like Somebody to Love. Queen, in a sense, had something for everyone. They told of personal hopes and personal tragedies and things outside themselves that at the time affected all of humanity. One thing that makes a great band is its ability to have a lasting effect on people. With its songs playing on our radios forty years after the band's formation and roughly thirty years after the lead singer's death, it's safe to say that they won't be stopping now.







## Cartoon Corner By Meg Bell



### **Feature**

### Artist of the Month Alyssa Myers

By Kaylin Cadile

When you think of the Disney movie Aladdin what do you think of? The girl with the long, dark hair that flies around on the carpet with the cute so called "prince"? Or do you think of the song, "A Whole New World"? Well, when I think of Aladdin I think of Alyssa Myers.

Alyssa and I have been friends forever, and I've watched multiple Disney movies with her. Her favorite Disney movie is, in fact, Aladdin, and Alyssa says she relates to Jasmine because, "we both have long, dark hair." Alyssa also said, "Most Disney animations inspire me because they helped me realize what I wanted to do with my life at a very young age. I would watch the behind the scenes that explained how they animated/made the movie when I was little as well." If Alyssa could be in a Disney movie she would stick with Aladdin and place herself in her favorite scene where they sing "A Whole New World."

Alyssa wants to pursue a career in art by becoming an animator. She says that her major will probably be in digital arts. She has been accepted into The Ohio State



Senior Alyssa Myers takes a moment to pose for the camera.

University and into the art program at Bowling Green University.

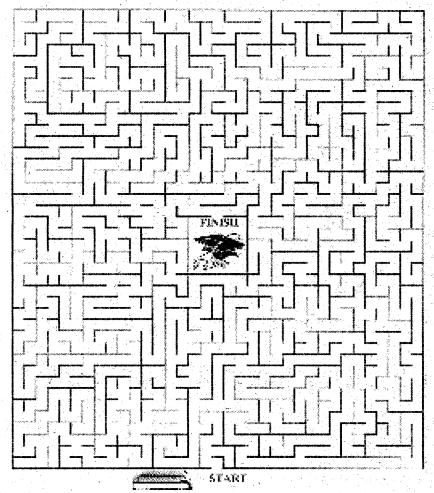
An accomplished artist, Alyssa has won the Cleveland Clinic Expressions and Scholastic Awards. "My favorite piece of art work from this year would be "Bridezilla," which is a cartoon with a girl dragging a guy down the aisle at a wedding. My favorite 'non-cartoon' would be 'Bubble Bath Brain' which is a self portrait with bubbles filled of things that describe me."

## April Maze

By Eva Jackman

#### **SENIORITIS**

Do you find yourself suffering from a bad case of **SENIORITIS**? If so (or if not, it depends), then this maze will serve as the perfect distraction from the fact that there are still about two months left before graduation. Enjoy ©



## "Play a little song for me"....

#### Brenna P.

Flute, piccolo, recorder, tin-whistle, harmonica, pan flute, alto flute, bass flute, ocarina, bamboo flute, fife, and finger cymbals—an interesting list of instruments? Yes, but more interesting is the fact that junior Brenna Price can play all of them. Inspired in fifth grade by a girl who gave a flute demonstration, Brenna has been playing ever since.

Today Brenna says that she is inspired by a range of things such as movie sound tracks, amazing teachers, awesome directors, and fellow flutists from the Stambaugh Youth Concert Band and the Youngstown Symphony Youth Orchestra. These two organizations are only two of the many musical affiliations in which Brenna is involved. She has played with the Allaince Symphony, the Quaker City Band, the Ohio Band Director's Conference Honors Band, Stark County Honors Flute Choir, District VIII Honors Band, Kent State Honors Band, Ohio Northern Honors Band, and, of course, the Salem High School Band.

One might think that to be this good, Brenna. must have been born with such talent...possibly so. However, without a good work ethic such talent would not be cultivated to the level which she has achieved. Brenna comments that she practices "Everyday, unless I have a concert. I practice my flute and piccolo at least a half hour to an hour. On a day I have a rehearsal, I try to practice maybe ten minutes or so just to run a solo or excerpt.'

What will the future hold for Brenna Price? Right now she herself is not even sure. There is the possibility of a focus on music, but she has other talents as well. She states: "I at least plan to do something artistic — I am an artist and a writer as well as a musician. My original plan was to major in English, but I can still write if I'm a music major, or I could even double-major."

#### Journey to The Center of the Box By Larry Goontz

Salem High School is not just a place of learning but also a place of mystery. There are many areas of the school that remain secluded from the normal student's eye. For example, very few students have actually explored the auditorium and underneath the stage. Rumor has it there are many secret rooms hidden throughout our familiar building. However, one of the most mysterious things in our school is actually in one of the most familiar locations, our very own library. This "thing" is none other than the lost and found box. What is in this "box" is a question that many have asked but few have answered. This is why I set out on a mission to investigate the contents of this box in the library, and little did I know what I would find....

In preparing for my endeavor, I knew I could not go in alone, that is why I called upon my trusty accomplice Miss Aimee Jones to assist me on this deadly encounter. With the assistance of the librarians, we were directed to the entrance of the library. As we turned we saw it, the large box sitting beside the ESPN Rise magazine rack. It had a small piece of paper taped on it that read: "The Lost and Found." The box was large, large enough to build a nice sized fort. The items it contained were stacked so high that they were overflowing from the edges of the box. Then a shocking surprise came, sitting to the side of the box was its offspring, a smaller box packed to the brim with more items! Aimee and I looked at each other, slipped on our rubber gloves, and began what some may call the greatest investigation this school has ever witnessed.

In order not to overwhelm ourselves, we started small with Box Jr. This box was small enough to be held in ones' arms, but it was still packed high with random items. We began to investigate, and what we found was most shocking. We found the following: a sign language book, a Dear John novel, a sketchbook full of what I believe to be either alien writing or video game codes, a dirty, pink funchbox with some mold in it, a hairbrush full of hair, a home-ec folder, a science binder, a notebook full of song lyrics, a history binder, and two perfectly fine agendas. This was just Box Jr.

After seeing what was in



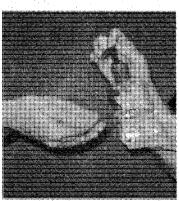
If you can't find Aimee or Larry, you know where to look for them...in the "Lost and Found."



Seniors Larry Goontz and Aimee
Jones risk their lives to see what is in
the lost and found box.

the small box, we had no idea what to expect in the larger one. After a brief intermission which included washing our hands and forgetting about the foul smell that the dirty pink lunchbox held, we began to search through the main box. Here is what we discovered: a knee brace, a bag full of pens/markers (update: owner found), a grocery bag full of sweaty gym cloths, an ESPN hoodie, a crochet hat, numerous gym shorts, size 9 Nike running shoes, South Beach Sports girls' shorts, California Health Club girls' shorts, a Riddell back brace, a pair of red high heels, one cheerleading shirt, a pink tube top, jewelry ranging from ear rings to what we believe to be a belly button ring, a yellow sport jacket, a baseball cap, a camouflage jacket, a worker's jacket, numerous scarves, a bag of shoes, wrestling cut-offs, an Everlast warm-up jacket, and some black sweatpants.

We were completely baffled by what we found. To this day it amazes me that the box itself did not consume us. The lost and found box is piled high with random items, and odds are that if you ever lost something, it's in there. If items are not claimed by the end of the year, they are given to charity.



After a hard day of this type of investigative work, there is a real need for some major sanitizing.

### **Feature**

## April clubs and classes By Larry Goontz

German Club- This month German Club began planning their annual banquet. This year the banquet will be held in the high school cafeteria rather than A La Cart Catering in Canfield, and the food will be made by our own chef J.R Straley. The new members of the German National Honor Society will also be inducted.

Spanish Club- Spanish Club is currently planning their Cinco de Mayo

party. They are also constructing homemade piñatas.

Poets' Society- Poets' Society will sponsor an upcoming poetry contest for students in grades 9-12 in April. They will also be sponsoring "Poem in Your Pocket Day" in April. This involves each student receiving a small poem, which is numbered, with a piece of candy. Numbers will be drawn and the winning numbers will be given during fifth period announcements. Prizes will be awarded to the winning numbers.

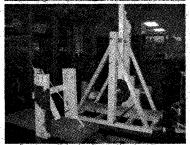
Physics Club- Since first introduced, Physics Club has been trying to get members and get up and running. Although some members have built a working catapult for the trebuchet competition, the overall turnout has been poor. This has lead to Mr. Kibler contemplating whether or not to

scrap the club.

Psychology - Recently, Mr. Motz's psychology classes have been doing a "training" project. This project required the students to train something, whether it be a human or animal. This subject may not know that he, she, or it is being trained. An example would be me; I was "trained" by one of the psychology groups not to play the wrong notes on a piano. Every time I would hit a wrong key, I would be shot in the back with an air soft gun. It took me a few days to realize why I was being shot, but once I did, I would beg not to get shot if I messed up. This was a successful "training." FACT- Will begin planning an Easter party for the elementary school stu-







## SHS runs on Dunkin'

You may have heard the phrase "American Runs on Dunkin'." However, this is not the case. A more proper phrase would say, "Salem High School runs on Dunkin'" or better yet, "Mariah Halleck Runs on Dunkin'." The term Dunkin' Addic-tion refers to students who have a ledicated schedule when going to Dunkin' Donuts and who have serious withdrawals without it. Senior Mariah Halleck, can be seen at Dunkin' Donuts on a daily basis. She has become such a regular that the employees know exactly what she orders: an everything bagel with a little espresso cup filled with extra

Mariah may have a serious 'addiction." However, she is not the only one; she has a side-kick. Trent Frederick also known as Big Dave, assists Mariah in the indulgence of asty treats and coffee drinks at **By Aimee Jones** 



Dunkin'. They have come up with a weekly schedule and go every Thursday before school. Due to the nice weather recently, Mariah thought it would be a good idea to clean out her car. If calling her an "addict" isn't enough, she removed fourteen empty Dunkin' Donuts

cups, three butter containers, and four brown Dunkin' bags. This is a sure sign of an "addiction."
Miss Halleck is not embar-

rassed; however, she knows she has a serious problem. "My mother talks to me about it and was once convinced that I needed counseling. I spend most of my spare money toward the Dunkin' fund that fills my belly with deliciousness." When asked if she was going to start cutting back, she stated the following: "I was going to give up fast food (for Lent), but I wasn't sure if Dunkin' Donuts fell under that category. It would be humanly impossible for me to do this." Mariah takes the "Most Addictive" title; how-ever, she also claims the "Most Loyal Customer" of the 2010-2011 Dunkin' season... congratulations, Mariah!

#### the halls as a junior at Salem High School. She has recently been given the honor of receiving the prestigious title of "Student of the This humanitarian has a

Student of the Month

Rebecca Devlin By Kayla Mills

Month." When I told her that she had been given this worthy title, this emotional girl practically leaped into my lap, crying tears of pure happiness. She tried her very best to contain herself, but she was completely overcome with her emo-

You have seen her walking around

Rebecca Elizabeth Devlin.

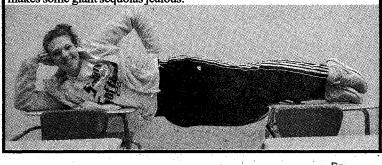
Rebecca makes a wonderful addition to our list of "Students of the Month." She has one of the best personalities I have ever seen. This lover of cheesecake and roasted marshmallows is one of the most unique individuals that I have ever met. She is completely bonkers, but it only adds to her

Becca's so tall that she makes some giant sequoias jealous.

This six foot skyscraper can only be described as a beast when it comes to softball. It's her passion, and, if it were possible, she would without a doubt sleep on the field.

very deep passion for animals. She owns two cats and two dogs, which she rescued herself. She is also infatuated with cows, even though she can't draw one to save her life.

What it all comes down to is this - Rebecca is an inspira-tion to us all. Not only does she try her best in everything that she does, but she also tries her very best to be a good Christian. She is an overall interesting and enjoyable young lady. "She's a beautiful person and a great friend. She inspires me every day," says best friend of ten years, Kennedy McCrea. Becca, we all think the



## Hug a Tree



By Eva Jackman

"Spring-time in Florida is not a matter of peeping violets or bursting buds merely. It is a riot of color in nature—glistening green leaves, pink, blue, purple, yellow blossoms that fairly stagger the visitor from the north. The miles of hyacinths lie like an undulating carpet on the surface of the river and divide reluctantly when the slow-moving alligators push their way log-like across. The nights are white nights for the moon shines with dazzling splendor, or in the absence of that goddess, the soft darkness creeps down laden with innumerable scents. The heavy fragrance of magnolias mingled with the delicate sweetness of jasmine and wild roses."- Zora Neale Hurston.

In this description of a Floridian spring by famous American writer. Zora Neale Hurston, the essence and beauty of nature, and the creatures that live in it, is captured in one simple moment of life. In today's world, this charm is overlooked, lost or forgotten, abused or destroyed. Earth Day is a very important day of the year, for it is devoted entirely to preserving this wonderment. Unfortunately, it is practically the only day of the year that people attempt to be eco-friendly. What about the other 364 days? An unknown author was said, "Every day is Earth Day." Let's bring life to these words.

Several students around SHS are taking action and showing environmental alacrity both at home and in school. When asked how she maintains eco-friendliness, Cierra Cresanto, 10-grade, declared, "We plant trees in our backyard." Jackie Moore, a senior at SHS, shared that she will walk instead of drive and sometimes recycles. Also, sophomore Nikki Slaven commented, say-Wednesdays. I should do a lot more and so should others." Hop on the bandwagon with your fellow classmates, and join the others out there fighting for Mother Nature's rights.

So the next time you need to throw something away, think to yourself, do I really want this to rot in a landfill for the remainder of time turning a perfectly normal piece of land into the next Love Canal? Consider an alternative such as recycling or a compost pile. Instead of leaving all the lights on, conserve energy and use only what you need; save green by going green. For more information on how you can protect planet home our www.earthday.org www.biggreenhelp.com. Don't pollute our planet, preserve it. We need Earth more than it needs us, so take some pride in your planet and hug a

#### Thunder Cloud

I wait within a thunder cloud, For my chance to fall down to the earth. I am a raindrop, small but proud, Ready to show how much I'm worth. The lightning strikes; the thunder roars, From sky to ground I gently soar.

With one great leap I freefall down. Soon, other raindrops go dancing by. Each second closer to the ground, A resting place I seek and spy. I splish and splash off lush green leaves And roughly skid down limbs of trees.

Weary and weak, I trickle slow While comforting winds give me a hand. As stars cast a heavenly glow, Upon a rose petal I land. Come morning I will rest as dew, For now the storm bids me adieu.

## Poet's Corner

By Eva Jackman



Junior Eva Jackman

#### Spring Haikus

Vernal Equinox Time of renewal and birth Nature is alive.

The cool and damp soil Punctured by the awakened Blossoms of the spring.





Alex Stone - Track How long have you been playing this sport?

What is your favorite warm-up

"All these things that I've done" -

What position do you play? I run the 800, 1600, and 3200

What is your favorite memory? My favorite memory is being able to win both the County and AAC meets with a stress fracture in my hip in cross country

What is your goal for this season? To compete at the State meet



Marissa Wright - Softball

How long have you been playing this sport?

Thirteen years

What position do you play?

First and third

Is this your favorite sport?

Most definitely

What is your favorite memory?

Getting the cops called on us at team night junior year

What is your goal for the season? Go to State

## Senior Spotlight

By Kaylin Cadile and Aimee Jones



Ehrik Bush - Baseball

How long have you been playing this sport?

Five years

What is your favorite warm-up

song? 'Rock Fist" - Thousand Foot Krutch What position do you play?

Pitcher/outfield Is this your favorite sport?

Who's your team's biggest rival?



Marvin Barber - Track

How long have you been playing this sport? Two years

What position do you play?

1600 and 3200 meter What other sports do you play?

Cross country What is your goal for this season?

Get five minutes under in the 1600 meter

How did you become interested in this sport? Alex Stone



Danielle Perry - Track How long have you been playing this sport?

I came out running;)...I mean sprint-

What position do you play? Sprinter...I try to run fast
What is your favorite memory?
Making it to Regionals last year

What is your goal for the season? To look better than Big Dave How did you become interested in this sport?

After watching and being a part of the Naked Mile with Big Dave



Kenneth Saltsman - Baseball How long have you been playing this sport?

Twelve years
What position do you play? Pitcher and first base

What other sports do you play? Soccer

What is your favorite memory? Playing double-headers on Saturday afternoons

Who's your team's biggest rival? United or Struthers



How long have you been playing this sport?

Since t-ball What position do you play? Pitcher, catcher, third base, first

Is this your favorite sport?

Yupp What is your goal for this season? To have a way better season than

Who's your team's biggest rival? West Branch



Mariah Halleck - Track

What is your favorite warm-up

I normally just sing to myself What other sports do you play? Volleyball, thumb wrestling, words

Laying out before practice and seeing Dave whip his expletives Who's your team's biggest rival?

this sport?

to pick up guys.



### Trent Fredrick - Track How long have you been playing this

sport? Since 'Nam What other sports do you play? Football, Words with Friends What is your goal for this season? To look good in a one piece

Who's your team's biggest rival? The girls' team How did you become interested in this sport?

After watching and being a part of The Naked Mile with Danielle Perry

What is your favorite memory? Angus How did you become interested in

I wanted to use my brute strength

### Muscle Confusion By Mike Risbeck

Good luck spring athletes

Muscle Confusion is a revolutionary workout that is sweeping through the world. This workout system was made to get rid of the plateau that many people hit after a certain time of doing the same workouts with the same amount of repetitions. They are working hard in studies to try to get rid of the plateau effect so that people can make huge gains and keep their routine different.

The most popular form of muscle confusion comes from the new DVD set called p90x. This is a program that was designed by Tony Horton in order to help people lose weight and get rid of the plateau effect. There are many different types of workouts in this system that he created. There are actual lifting days

which are followed by cardio and stretching days to keep the muscles working. This builds a great platform for people who are in need of losing a couple pounds because it doesn't let your body adapt.

The most important thing about any kind of workout is having the diet that supports what you are trying to do. The people that are trying to lose weight normally try to count their caloric intake and also make sure they get the nutrients they need. The people who are using the muscle confusion system to build muscle would need to have a higher caloric intake and also a high protein intake through their diet. Muscle confusion has been proven to work, so get out there and try it.

#### The junior high and high school track teams have some new faces this year. Some coached previously and are returning to the coaching staff, and others are new. All have said that this year with the

For the junior high coaches, Coach Motz, Coach Ackerman, Coach Williams, and Coach Yuhaniak are new coaches this year. Coach Motz is in his second year of coaching. He coached junior high track at Tuslaw during his student teaching career. Coach Motz would like to add, "Salem has a great tradition in track — I'm just grateful for the opportunity to be a small part of it." Coaches Ackerman, Williams, and Yuhaniak are all recent

As for the new coaches for the high school team, the Neapoli-

Salem graduates who did very well

## Junior and senior high school welcome new track coaches

By Kaylin Cadile

tans are the new throwing coaches. They previously coached at United for six years. Coach Cochran is returning this year as the girls' head coach. She has coached as the girls' head coach from 2006 to 2008, and new staff, we should have a great then she returned as the assistant coach in 2010. Coach Cochran said that some of the things that participating in track taught her include 'self-discipline, confidence, goal setting, and the pay offs of working

hard.

The following list includes the coaching staffs at both the junior high and high school levels.



#### High school:

Todd Huda, Varsity boys' head coach Shane Harding, Varsity asst. boys'

coach Jason Greenamyer, Varsity asst.

boys' coach Bill Angus, Volunteer asst. coach

Amie Cochran, Varsity girls' head coach Jen Neapolitan, Varsity girls'

assistant coach (Throws coach) Bill Neapolitan, Volunteer asst. coach

Junior high: Robert Motz, JH head boys' coach Ted Yuhaniak, JH asst. boys' coach Jeff Craig, JH head girls' coach Dana Ackerman, JH asst. girls'

Ashley Williams, Volunteer asst.

## Quaker Board

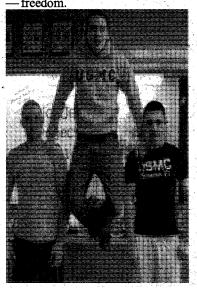
#### SHS students with plans to serve By Sierra Cannon

"I believe that everyone s a skill or something to offer. It's r duty as Americans to protect recedoms we have," commented nior, Mike Bodkins. And many idents would say the same. Many idents believe in our American ty to protect our freedoms, to protect each other, and to protect those no cannot protect themselves. hether they attain this sense of ty through entrance into the arines, the Army, the Navy, or the r Force, they're all fighting and iving toward a common goal.

The accepted enlistment e for the military is eighteen, but me are already sure of their fue. Juniors Colton King and TJ eets are two students sure of their ures and their means of reaching m. While both feel a desire to ve their country, they also plan enter the military to become nited States Marines, specifically "be part of a brotherhood." Armyund Senior Zach Smith and Navyund James Donnalley feel much same. "I always had that feeling at I was meant to serve in the miliy. The Navy made me a deal I uldn't refuse," Donnalley was oted as saying. Whether or not e students are legally "of age" to list, we see that they all feel a otivation, a calling, to serve that unaffected by age.

Through all the competi-

tion and rivalry between the different military branches, it's clear that they are all united under a common goal. Supporting them isn't a matter of being pro-war or anti-war like some would like to think. Instead, it's a matter of supporting those who are fighting or who plan to be fighting for us, for our freedoms, and the values our country was founded upon. Whether we have ties to one branch or another, we have to step back and look at what we're all really fighting about and what they've chosen to fight for



Zach Smith, Mike Bodkins, TJ Sheets

#### R-E-S-P-E-C-T your elders By Meg Bell

We all understand standg up for what you believe in; But metimes it comes to a point ien someone needs to be told to it down and shut up."

We all know ero"—the one that loves to raise s or her voice at the teacher, who sponds with a mixed look of rror and disgust as the student ews out put downs, light pronity, and complaints about how ngs aren't being done correctly d the teacher is doing this and at wrong. Contrary to what u're thinking as these words fly om your lips, most of us aren't eering you on. We're shrinking our seats as you continue to give itude to someone who is supsed to be an authority figure, an ler, someone who automatically serves respect. What has used our generation to believe it we are so privileged and speil that we can mouth off to anye we please and sit back with a nug grin on our faces while the thority figure shrugs his or her oulders and says, "Kids will be

It's time for all of us to ce a step back and realize that ese are grown adults we're outhing off to, and, like it or not, have to listen to them hether you believe they deserve spect or not doesn't matter. You n say whatever you want within it head of yours. But when it

comes down to it, they have all the power, not you. "Children of the spoilt

generation are used to having their demands met by their parents and others in authority, and that in turn makes them unprepared for the realities of adult life," says dailymail.co.uk, a website that hosted an article on the issue. Dr. Sigman, a member of the Royal Society of Medicine, also said in the article, "There should be an absolute presumption both in law and in policy that adults 'know better' and are in the right unless there are exceptional reasons. Teachers' authority has been vastly weakened legally, pro-fessionally and culturally. There should be a presumption that teachers 'know better' and are in the right, unless it is shown otherwise.

Next time you decide you want to stand up for your beliefs in class — think twice. If you have an issue, quietly take your teacher aside and tell him/ her in a calm, respectful way, instead of like a two year old who didn't get ice cream before dinner. It's okay to disagree with people, but it's time we all grow up and realize that we don't run the show here. The sooner we realize this, the better. And who knows, you might actually accomplish something besides embarrassing yourself and the rest of us.

## Internet for Dummies By Meg Bell

The Internet can be your worst enemy or your very best friend. It is a vast, sucking black hole of useful and useless information, photos of cats with clever captions, intelligent reading material, and mindnumbing drivel created by everyone else. When used correctly, social networks can be great, convenient ways to keep in touch with classmates, family members, and your creepy boss all with a click of a mouse. With all of these great things being offered, how can you go wrong with using the Internet?

It's not hard at all. Re-

ally.

Although all our hearts are warmed by your confessions of undying love for your significant other, it is not necessary to update your Facebook status every three and a half minutes with a playby-play of your fascinating evening, ending with "[significant other's name] love you forever baby text me." We all realize you are deeply, passionately in love and are going to get married, but we single folk would really appreciate you not shoving it in our lonely, unloved faces.

On the other hand, those of you who sit at your computer monitor, blasting the latest Asking Alexandria song, shedding sweet tears of sorrow and sharing every detail about it through status messages, really need to do a push up or two. Or invest in counseling. Whining about how you don't

have someone to smother- I mean share your feelings with-doesn't actually do anything but make you look desperate. And, yet again, gathering all your buddies together and ruthlessly cyberbullying someone to the brink of curling up in a fetal position in their computer chair is not the way to handle these poor creatures.

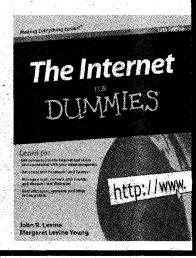
Be careful when selecting photos you want to share with the entire world. And I mean that—the entire world. Nothing is sacred on the Internet. If you haven't learned that yet, I suggest you never touch a mouse again. I'm sure your future employers will be impressed by Googling your name only to find a photo of your face, smeared with vomit, and you with a beer in hand. Although I'm sure he or she will be instantly jealous of your class and sophistication, it just might be too much to handle, and you probably won't get the job. And all you studs out there with shirtless default pictures—even though you think you are impressing the ladies, we're usually sitting here pointing and giggling.

We all do our share of

irritating status updates, whether through Facebook or Twitter, and it would just be nice to log onto these wonderful websites and not see a slew of whining, bullying, and mindless play-by-plays of your daily schedules. Why not suggest new music for your online friends to listen to? Share an interesting article? How about something that doesn't make us

look any more inferior to adolescents in other countries that are already working on a cure for cancer. I'm not sating that the time you have to relax after school should be spent constantly on the search for knowledge, we all deserve our guilty pleasures. But please, read a book, study up on some spelling and grammar, and just be nice. High school can be a merciless pit of torment and agony for some, and I'm sure the last thing someone wants to do when they go home is log on and be teased some more by you and your friends.

Even though using this wonderful tool called the Internet may seem safe — after all you're hidden behind your computer screen — what you post now may come back to haunt you at some point. Or just make the rest of us slap our palms to our faces and sigh.



## Still winning: The Charlie Sheen story By Shauna Uptegraph

"I'm tired of pretending I'm not a totally \*\*\*\*\*\*\*\* rock star from Mars." What genius! What eloquence! What raw emotion! Who could possibly be responsible for such an honest statement? Well, it's no other than pharmaceutical connoisseur and most definitely amazing Charlie Sheen, of course. How true his words are. It's quite obvious that he is, in fact, a rock star from Mars. How else could he imbibe as many chemicals and put his body into such distress and not have died, time and time again?

Charlie Sheen, you really are amazing. I'd have to agree when you say that you're winning. What else is cooler than drugs and prostitutes? How dare Fox, a network primarily aimed at family shows, refuse to accept you back with open arms after all that you've done for them! I mean, who else will they get to play an alcoholic, womanizing celebrity with no real clue about how life works and is generally too intoxicated to find the way around his own brain? No one can be as convincing as you, surely, but we can only hope they'll be okay. And Charlie, I realize that you may truly love living with your Playboy girl-



friends, Bree Olsen and Natalie Kenly, but have you considered that just maybe your sons don't need that kind of stimulus? Being that he's a toddler? No, of course not, because you're winning. Duh!

Kids, if you want to be cool, the bottom line is that you need to skate by on life until one day every bad thing you've done smacks you right on your wrinkled face and subjects you to the horrors most people have been dealing with their entire life. That way you can be on a downward spiral for the rest of the time your liver doesn't unplug itself from the dialysis machine and try to climb out of your mouth. And hey, if that doesn't work, you can always just work on the world record for most cocaine ever snorted by one man, kick back, relax, and enjoy the ride. That way you can be winning, too.

### School Calendar By Donna Paparodis

## -April-

2nd- Student art show 9th- Student art show 18th-22nd Spring Break 24th- Easter 29th-30th Spring musicial

### -May-

1st-Spring Musical
2nd-6th AP testing
6th-Prom
7th-Freshman Formal Dance
9th-AP test
1Oth-HS Spring Choir Concert
11th-AP test
12th-HS Band Spring Concert
14th-Sophomore Social Dance
17th-Awards Ceremory

# Quaker Clips

