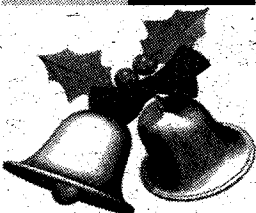
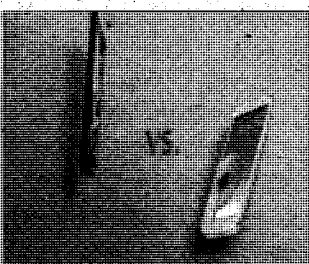


# THE QUAKER

VOLUME 100, NUMBER 3



## Getting a New Phone? By Alex Briant



Thinking of getting a new phone for Christmas? Hopefully these facts about the iPhone5

and the Samsung Galaxy 3 will make it easier for you to make a decision. As a kid you want a phone with a great music player, a big screen, and a great battery so you can tweet or get on instagram all day. Of course there is also all the apps. People always love playing games on their phone when they are sitting in class bored or at home. Pay attention, it's almost Christmas and you could be getting one of these phones! The Iphone has been upgraded dramatically if you look at the 5 compared to the 3. The Iphone 5 has a sweetheart named Siri that can lead you to everything you need without even typing anything into your phone. The device also has a much bigger screen than the past iPhones with a 4 inch screen compared to the 3.5 inch screen of the past. The new iPhone has a better battery that allows you to surf the web for at least eight hours and have eight hours of talk time. The processor for the iPhone 5, no exaggeration, is lightning quick. Apple did a bang-up job with its dual-core Apple A6 processor, and you won't be waiting long to do

anything. Facetime continues to be another fan favorite amongst iPhone users. Now wait don't go buy it yet, consider this: One disadvantage is that you still must pay for all the apps on the iPhone. Android's latest invention is the Samsung Galaxy 3. The Galaxy has a bigger screen than the Iphone coming in at a whopping 4.8 inches. The Galaxy also allows you to talk on the phone for eight hours. The S3 allows you to surf for more on the web due to the Flash player, a plug-in that allows you to play games and watch videos. The phone also has a voice over control that can answer calls and take photos for you. The Galaxy also has a feature called "s touch" that allows you to share pictures, videos, and music by just tapping each other's phone. As with other droids, the apps are free which will save you lots of money. These two phones are the best phones on the market. It comes down to your final decision on what you want for Christmas out of the Apple product or the Android product. A lot of people stick with what they had prior to their upgrade. Some consumer reports show that the iPhone is the all around better phone due to the design, controls, features, web browsing, and the overall performance of the device, but it is hard to go wrong with either phone. Think about what you want out of the phone before you ask Santa!

## Christmas Too Commercial? By Ethan Poppel

By Ethan Poppel

Some may ask, "Is the Christmas holiday over commercialized today?" It seems that some people truly forget what the meaning of Christmas is all about, and get caught up in all the other festivities. The lights, parades, icons, presents, and feasts are always popular for everyone to partake in. A lot of people indulge in participating in all kinds of these Christmas activities, but are they truly not appreciating what the holiday is about? How about the history of the holiday? Still, a lot of Christmas's are celebrated based around what religion the family is, and how they would like to celebrate it. For some younger generations now the meaning of Christmas has really changed. Some of the kids out there are greedy or very self centered, and want nothing but gifts, but not all. For some people it is all about receiving gifts from others, and for others it is all about a more spiritual aspect. For this Christmas, be festive, and it is ok to enjoy all the commercial fun aspects of Christmas, but take a step back at some point and look at it from a spiritual view to really appreciate the holiday for what it really is.



## Sadie's 2012 By Reagan Barnett

By Reagan Barnett

Although not as many students inhabited the dance floor as last year, Sadie's still turned out to be quite a hit. All crowded in a circle to watch six of the court member's dance in synch. Storm Haueter, Rocco Davanzo, Ryan Bush, Keaton O'brien, Zach Economou, and Jake Carner put on an exciting exhibit in their short shorts and shirtless selves. Although Sadie's is supposed to have seven on the court, the final member, Jansen Paumier, was unable to attend. Though all were worthy of wearing the gold fedora crown, only one was given the honor. The 2012 Sadie's king was none other than Storm Haueter, pictured above. After the piñata-like escapade of falling balloons, everyone took to the dance floor to dance the night away.

## Weight Room a Necessity for the Serious Competitors By Chase Howard

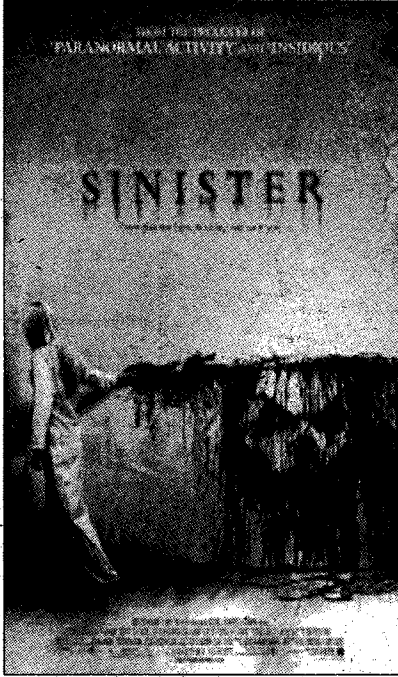
For nearly all high school athletes, it is extremely important to gain a competitive edge over the competition. Regardless of the sport the athlete is competing in, the goal remains the same; they want to be better than their competitors at nearly any cost. One of the most effective and important methods of achieving such an edge is developed in the weight room. Strength training, though often enveloped in a cloud of misleading and downright false myths, is one of the most integral areas of training for athletes of nearly every sport at any level of competition. According to Coach Brock, the benefits of strength training include increased power and endurance, a significantly lowered

risk of injury, the ability to reach an optimal level of performance and increased confidence. He says an athlete should plan to lift three times a week all year long with tapering of the workload built in for multisport athletes as they transition between sports. At Salem High School, all athletes will be on the same general lifting program that focuses, not on the athletes' specific sport, but on developing general athletic strength. Regardless of whether an athlete is training for football or cross country, the training plan in the weight room will remain the same at our school. Coach Brock is certified by the NSCA (National Strength and Conditioning Association) as a Certified Strength and Conditioning Specialist,

one of the highest levels of credentials in athletic training field. Despite the countless benefits and high level of importance involved with weight training, many athletes opt to pass on the opportunities it provides because they are fearful of what lifting could do to them. For example, many fear that weight lifting is dangerous and can be harmful to your body. According to experts, however, with proper form, weight training is not only very safe, but it can strengthen joints and ligaments to help prevent injuries. Women are often fearful of developing too much bulk by lifting weights when, in fact, according to [www.weighttrainingmyths.com](http://www.weighttrainingmyths.com),

"Women naturally just don't have enough testosterone in their system to get anywhere close to the kind of muscle mass the steroid users they are afraid to look like do. Women can still improve their physique and get stronger, so they might as well do it the most effective way. And the most effective way is to basically lift the same way as men." Ultimately, nearly every myth that shrouds weight lifting in negativity is false. Weight lifting is both a very safe and beneficial form of athletic enhancement. Get involved to help make yourself and your team better today!

## FEATURE



### In Need of a Good Scare? - Movie Review

By Eryka Perick

The movie *Sinister*, starring Ellison Oswald (played by Ethan Hawke), was an intense and horrifying movie about a washed up author of unsolved murders who was trying to get another hit.

Ellison would move himself and his family to the different towns in which crimes took place so that he could investigate and try to figure out the

crimes on his own, not only to write a good book, but to also put shame to the local police and detectives for not solving the mystery where the crimes took place. Ellison also did it to boost up his own ego. When he heard of his latest crime, he moved into the very home in which a four person family was murdered and the fifth member, a young child was missing. He thought this

would be the perfect place to go and somewhere where he could solve this murder and kidnapping and maybe he could finally become rich and famous like he once was years ago. As he started writing his book, he also came upon horror and evil that he never once wanted to be a part of. Ellison ended up finding a box full of reels of film in the attic of his new home.

This movie, unlike most, is actually scary. It will make you jump and make you want to avert your eyes from the screen so that you almost don't want to watch. It might be the best horror movie I have seen since *The Ring* was released several years ago. It's chilling and if you want a good jump I highly recommend going to see *Sinister*.



### Sparks Does It Again—Book Review

By Justin Harsh

A good book I read recently is *Safe Haven* by Nicholas Sparks. This book is the newest of his best-sellers. He has sold 80 million of his books worldwide.

The story is about a woman who goes by the name Katie. She runs

away from her old life and ends up in Southport, North Carolina. It's a small town where everybody knows everybody and they're all friendly. She falls for a widower named Alex after a few months of staying there. Their pasts help them connect to each other and also heal. Something

comes between them and they have to fight for their lives and each other.

This is the first novel I've read by Nicholas Sparks. I thought it was a good book. It was recommended to me by two people, so I decided to read it. Once I got started on it I couldn't

put it down because of the suspense involved. It only took me two days to read and I even stayed up until one in the morning when I finished it. I'd recommend others to read it as well, and you could see it on February 8, 2013 in theaters as well.

### Waynesburg University—College Spotlight

By Lauren Atkinson

Waynesburg University is a Christian college located in Waynesburg, Pennsylvania. It is located about an hour from downtown Pittsburgh. It is a very safe campus and it has small class sizes, which is better for students who like a more intimate learning experience. One of the most interesting things about this school is that

you get many opportunities to go on mission trips in other countries. Studying abroad is a popular choice for Waynesburg students. This school is well known for its business and education programs. In your freshman year of the education\*major, you get to volunteer in a classroom to be sure that is the

path you would like to take. If you major in Marine Biology, you study in either North Carolina or Florida your last year to get more hands-on experience in the ocean. If you enjoy a quiet, beautiful campus and small class sizes, Waynesburg University may just be a great fit for you.



### Winter Fashion

By Lauren Atkinson



Most women tend to think that dressing for cold weather makes them look frumpy, but that doesn't have to be the case. Instead of wearing an oversized hoodie in hopes to keep warm, try a structured blazer. It'll keep the cold out while it defines your shoulders and waistline. Never be

afraid to work with drab things. Your old T-shirt or your favorite tank from summer would work under a cute jacket or cardigan. Play it up with a fun necklace or a scarf.

The most important thing about dressing for success in the winter is balance. If you

wear jeggings or skinny jeans, pair it with a flowy blouse or a boyfriend cardigan. Ballet flats and boots are always a good match with skinnies. If both of your clothing pieces are too tight, you're probably going to look like you're trying too

hard. If both pieces are loose and flowy, you're going to end up looking sloppy. Fashion has some simple guidelines, but what's most important is what you feel good in. Studies show that how you dress affects your mood...so dress for success!

## EDITORIAL

### Keeping Clean

By Jansen Paumier

Everywhere we look we have all seen janitors and custodians hard at work cleaning some awfully pungent messes. They're everywhere from the movie theatre, the mall, and in every school throughout the country. So this brings me to the point of the janitors working right here in Salem High. Walking through the school for 6 hours a day, 5 days a week, and at least half the year you probably will see some garbage on the floor. This year I have noticed the cafeteria is a mess after lunch, freshman hallway is littered, and just because the bathroom paper towel machine is a little off doesn't mean

you have to beat it like Michael Jackson in concert. Without our dedicated task force of garbage-ridding enforcers this school would be a dump. "I have been here for 15 years," said Mary. "The one thing I would really like to see are the bathrooms being treated better."

So remember the next time you think about throwing your garbage someplace other than the trash can to reconsider. After lunch don't be a lazy bone and leave your scraps on the floor or table. No one wants to put their hand in gum or something sticky. Finally keep the bathrooms clean, and please flush responsibly.

### Lose the PJ's

By Allison Oshrock

Since we started middle school and up until this point in our high school careers, a common theme of rolling out of bed and throwing on a hoodie or a clean shirt on and walking through the halls has been accepted at Salem High School. Believe me, I'm all in support of not caring about what others think, but there is a proper way to dress in public and wearing your pajamas is just not one of them. I for one have never understood this theory. Has our generation really become so lazy that we aren't able to get out of bed at a reasonable time to properly dress ourselves? Some may argue that if pajama pants are wrong, why aren't yoga pants or regular sweat pants wrong? There is a difference between those and flannel pajama pants with Pooh Bear, Hello Kitty, Tinker Bell, and

even ones with flames and various sports teams on them. The reason there is an exception for the yoga pants and regular sweat pants is because you physically have to get yourself out of bed and change your clothes. Both yoga pants and sweat pants can be made to look presentable in public, by putting on a nice shirt or t-shirt that supports your school, maybe one that shows off your favorite sports team or even a shirt that endorses your favorite brand can make an ordinary pair of yoga pants or sweatpants look nice. Wouldn't you want to make a good impression on people? Don't you want to look nice and presentable? All I'm saying is take ten minutes to properly put yourself together in the morning by wearing decent clothing because a few minutes is all it takes.

### A Call for Safer Teen Driving

By Zach Devine

Most students are getting their license and are taking to the roads. We should all take cautious procedures while out on the roads. Student's everyday are leaving the school premises without seat belts, loud music, and goofing off. Everybody shows off but there's no need to show off in front of your friends while surrounded by tons of cars leaving the school parking lot. Not saying students shouldn't stop listening to music but don't listen to your music to the point where you can't hear yourself talk. Wait till you're focused on the road and know where you're going. Another distraction is something everybody does....TEXTING. We all have, at least once, texted while driving. This

problem has gotten worse each year. This might be why more people are getting into accidents. Going out and partying....illegally... then going for a car cruise isn't the best choice either. Motor vehicle crashes are the leading cause of death among 15- to 20-year olds. According to the U.S. Department of Transportation almost 3,500 drivers in this age group died in motor vehicle crashes in 2006, and an additional 272,000 were injured. In the same year, drivers aged 15 to 20 accounted for 12.9 percent of all drivers involved in fatal crashes and 16 percent of all drivers involved in police-reported crashes. Texting while driving makes you 4

times more likely to cause a crash. Over 90% of teens admit to doing multiple tasks while driving, such as talking on the cell phone, eating, playing loud music, channel surfing, using mp3 players, and interacting with friends in the car even when they admit they find it distracting. Almost 65% of all teen passenger deaths occurred when another teen was driving. An overwhelming 75% of teens even admit to text messaging while driving. About 54% of teenage motor vehicle crash deaths occur on Friday, Saturday or Sunday - with Saturday being the deadliest day of the week for teens. On July 4, an average of 28 teenagers die in car crashes every

year and on January 1, an average of 23 teenagers die in car crashes every year. A couple of tips you could follow while driving....be cautious at all times and don't put the passenger in danger as well as yourself. ALWAYS make other passengers wear their seat belts, including you! Maybe instead of having your phone on loud or in your pocket, put your cell phone in a cup holder till you get done driving. That way you're not tempted to answer it or use it. Always keep a safety kit or flares in your car just in case you do get in an accident. Keep your eyes open and drive safe!

### CLUBS & ACTIVITIES

#### Key Club

Red out Event Jan, 18<sup>th</sup>- West Branch vs. Salem—Athletic Event to raise awareness, fund lifesaving research and involve students in community service to support the American Heart Association. Key Clubbers of the month: November: Amanda Valiente December: Cameron Timmerman

#### Winter Running

-Winter Conditioning; strength training Monday & Tuesday after school  
-Running club; distance runners Tuesday & Thursday before school  
-Indoor track meets start; Monday & Thursday after school.

#### German Club

We will have our president (Cierra Cresanto) present a slide show on her experience in Romania last summer at the January meeting. We have invited Dr. Boehm, a retired professor of German at YSU, to join us. We will also make plans for our Karnival in February.

#### Project Support

This club engages in monthly service activities with students with disabilities in the h.s. to help them make new friends and feel a part of the school. Meetings are held in room 135, Mrs. Bailey's room and the activity of the month is held on the Thursday after the monthly meeting during 5th period lunch. Listen to announcements or stop by outside Mrs. Seever's room for meeting information.

#### Ski Club

The club will start skiing and snowboarding on January 6th. We continue visiting Boston Mills Ski Resort every Sunday through January. If you would like to join, see Miss Kekel.



## What Do You Want for Christmas?

**Anthony Nunzir:** Designer Jeans because they are so stylish.

**Ryan Hoover:** The Miz to win the WWE championship because he's AWE-SOME.

**Daniel Baer:** Wiz Tickets. Garrett Ring: A car to go vroom vroom.

**Chelsea Chadwick:** A nook cause I love to read and it is hand held reading device.

**Kaci Wellendorf:** A wiener dog because I've never had a small dog.

**Natalie Colagiovanni:** I want it to snow on Christmas cause it never does, but not lizard just a nice like pretty snow. Oh, and a car would be nice.

**Haley Martin:** In all honesty, I want Just Dance 4. It is great for get-togethers and is really fun.

**Haedan Panezott:** Dre Beats and a new Xbox.

Clothes would be nice too.

**Maleigha Scott:** I want shoes. Lots of shoes.

**Eric Collins:** I'd love a new guitar, since I love playing.

**Keaton O'Brien:** I would like a new snowboard because the one I have now isn't up to my skill level.

**Mike Lottman:** My new rims for my car because I am trying to get it ready before Supernats.

**Chaz Labbe:** Well I would like a new TV for my room, and a mini fridge so I never have to leave my room.

**Karleen Dole:** Money. Who doesn't want money???

**Erica Davos:** Some money to go into my savings account, so I can buy a car.

**Terry Carson:** A nice pair of high tops.

**Sarah Bobby:** Money so I

can go on a crazy shopping spree.

**Alana Eller:** A GPS for my car, I'm always getting lost.

**Andrew Dolphin:** A Macbook, I'll need one soon enough and they're really nice.

**Ryan Benson:** I would like a computer; you can't go to college without a computer.

**Missy Muniz:** A ton of snow so I can go out and make a huge snowman!

**Brayden Myers:** Chipotle, it's heaven on Earth.

**Ellen Walp:** A graphing calculator. Pre-Calc is kicking my butt without one.

**Kira Norman:** A tea cup pig!

**Mason Filaccio:** Root-beer.

**Branden Weikart:** Spend time with loved ones, because that is what Christmas is all about.

**Brittany Soules:** I want

just dance 4 because it's fun and has some good music on it.

**Jeslyn Pfister:** I want a ukulele! Because they're really cool!!!

**Mike Popa:** Money or gift cards so I can buy what I want or need.

**Cheyenne Harrison:** Pair of Ugg Boots.

**Hailey Moffett:** I want a new phone because my screen is broken to pieces.

**Marcus Critenden:** Reindeer because they can fly.

**Jake Arsena:** I would like Black ops and Halo 4 because I don't have them yet.

**Macie Davidson:** I would like everyone to be nice to one other and everyone get along because it would be a better place.

**Anna Wyss:** Rachel Mene-gos because she rox.

**Cyrena Cooper:** A queen size bed because I'm tired of sleeping in a twin bed.

**Michael Ahzevino:** Cash

Money, don't need to explain.

**Stella Pavlick:** I want a whole bunch of Hello Kitty Stuff. I absolutely love Hello Kitty because she's so adorable.

**Linsday Barth:** Amazon gift cars- Amazon has everything.

**Jacon Cawthorn:** A new phone because mine is a piece of crap.

**Carli Hochadel:** An iPhone because I'm tired of carrying my phone and my iPod everywhere I go! If my techphobic parents have one, I definitely need one.

**Amanda Fryman:** A plane ticket to Florida to visit my friends.

**Nathan Eisel:** I want my pet rock to come back from the dead. I'm all alone in the world without it.

**Bret Ahearn:** A football

## 2012 Quaker Naughty & Nice List

### Naughty

**Ryan Murphy:** Criminals - They're not great

**Austin Frank:** Suh from the Lions - Football player who is unsportsmanlike

**Dan Santarelli:** LeBron James - He lies about getting haircuts in commercials, false advertises

**C.J. Bloor:** The U.S. Government - It can't figure out what to do about the fiscal cliff and they just argue

**Missy Muniz:** John Buchanan - He hates cats

**Ryan Benson:** Alex Brant - Getting ISS

**Andrew Dolphin:** Alex Brant - Bully, Swears in class, skips school

**Lauren Stout:** Alex Brant - For swearing at "Dolphin"

**Tyler Brooks:** Zach Wukotich - Always distracting others in class

**Aaron Vorkapich:** Rocco Davanzo - He owes me \$4 from the 10<sup>th</sup> grade over a Chicago Bears vs. Miami Dolphins game

**Emily Cervone:** Joseph Cervone - He is my brother, so he is instantly naughty.

**Samantha Robinson:** My dog- He learned how to open a child-proof lock.

**Lauren Stalnaker:** Mr. Goddard

- Too many notes.

**Courtney Warneke:** Madison Schwartz- Because she's an angry elf.

**Cassie Wood:** Megan Lehwald- Because she is a cotton-headed ninny muggins.

**Megan Lehwald:** Cassie Wood- She's an angry South Pole elf.

**Carli Hochadel:** Caleb Holbert- Skips school to maintain his 5<sup>th</sup> prestige in Black Ops 2.

**Kaitlyn Dillon:** Rachael Shockey - She never listens!

**Andrew Shultz:** Mrs. Zacharias- Tempting us with great smelling food.

**Billy Erskine:** Brian Dobosh- Because he hates trains! Choo Choo.

**Bethany Uptegraph:** Adreanne Ramsey- She constantly says "Wayne" and it's annoying!

**Seth Brine:** Listy Barnhart - Because she's so dashing and I can't stand it.

**Dori Miller:** Rylee Leider- Because she always kicks me.

**Shelby Dailey:** Chelsea Sedmak - Because she steals toys from Santa.

**Alec Economus:** Chris Sarginger- He has been flexing his muscles too hard.

**Larissa Bender:** Sir- He is up to funny business.

**Mariah Eshelman:** Anna Wyss- She ate a French fry off the cafeteria floor.

**Jaylene Nelson:** Eryka Penick- She never comes to school!

**Katie Neiswonger:** Dan Rumsey- He is THE class clown in every class. He drives the teachers crazy but gives everyone a good laugh.

**Zach Maenz:** Mr. Dobosh - He doesn't like trains in the park.

**Katie Madison:** Tyler Simms- He isn't very polite.

### Nice

**Brandon Dustman:** Allison Moore - Nicest person in the school

**Tyler Brooks:** Allison Moore - She always has the biggest smile on her face

**Lauren Stout:** Blake Verglia - Helping everyone

**Abraham Zugeli:** Ryan Murphy - Just look at him

**Ryan Benson:** Sir - He brightens peoples' days

**Missy Muniz:** Abi Chestnut - She's an awesome friend

**Alex Brant:** Mr. Hayes - Being around this school for so long and always helping out

**C. J. Bloor:** Andy Dalton - He is a very good QB and will lead the

Bengals to the play offs

**Dan Santarelli:** Scott Raab - He wrote a great book

**Austin Frank:** Mila Kunis - She's just a nice lady ;)

**Justin Fenton:** Mr. Peters - for always doing the right thing

**Andrew Dolphin:** Jon Archer - Nice hair

**Aaron Vorkapich:** Dan Vorkapich - He help me fix The Acemobile (my car)

**Tyler Holenchick:** Forrest Shaw - He's a good person

**Emily Cervone:** Kastaphany Quinn - She is my best friend and she is the nicest person I know.

**Samantha Robinson:** Santa! - HE BRINGS PRESENTS!

**Lauren Stalnaker:** Mr. Peters (wood shop) - Nice, helpful, favorite teacher

**Carli Hochadel:** Haley Hochadel - made me cookies

**Kaitlyn Dillon:** Macy Goodman - She has a soul!

**Andrew Shultz:** Brittany Warneke - She makes me smile

**Jaylene Nelson:** Ms. Johnson - She a great teacher

**Abi Chestnut:** Myself - I think I haven't done anything bad, but who am I to decide?

**Felicia Fullum:** Channing Tatum - He is Channing Tatum!

**Chase Little:** Spack Daddy - The

man's immortal!

**Hannah Nash:** The Grinch - he changed his heart and is nice now

**Madalyn Cope:** Mrs. McCracken - She is the best teacher ever!

**Thomas Marple:** Andrew Dolphin - Has big muscles

**Heather Layne:** Liz Willis - Cuz she's awesome

**Zach Maenz:** JW Linam - Cause he's my friend

**Tyler McCoy:** Mike Crittenden - He said I look good

**Katie Madison:** Dori Miller - She's a great best friend

**Brittany Sovies:** Liz - She would be on the nice list cause she hasn't done anything bad

**Celeste Fatherly:** Eminem - He is amazing

**Kade Byland:** Storm Haueter - Great man

**Larissa Bender:** Mary the custodian - There isn't a nicer person in the world

**Alec Economus:** Mr. Peters - helping me in woods

**Dori Miller:** Katie Madison - She is always there for me and she's my best friend

**Seth Brine:** Haley Carner - she's the greatest friend in the whole world

**Bethany Uptegraph:** Ms. Habeger - She's awesome and is willing to offer help to anybody!

## ADVICE & LETTERS TO THE EDITOR

### Ask Jansen...

By Jansen Paumier



Q: Dear Jansen:

I'd really like to make new friends, but I'm just too afraid to. When I try to I either talk way too fast, or I get awkward. Both are very hard to deal with, so I just walk

away and decide not to talk to them again. What should I do to keep my nerves under control? (Or keep my mouth shut?)

Sincerely,  
-Awkward Blabber-Mouth

**A: Meeting new people can be a different experience to the under experienced socialites, but that shouldn't keep you from trying. Making new friends and keeping old ones is really what life is all about. First things first, give a big ol' salutation, next introduce yourself whether it's a nickname or your full name middle and all, but the most important is to say your name with pride. Confidence is key. Your name is your badge and I suggest you show it loud and proud. I always say if the people aren't talking about something that interest you go find the next group of people that will.**

Q: Dear Jansen,  
I just bought a brand new pair of shoes the other day and I don't want to ruin them within this upcoming winter. What should I do?

**A: Hmmm, shoes have never been my forte but my advice for you is to wear two different shoes this winter. Wear your old pair to school and the new ones at school. Also if you really want to keep 'em fly, make sure to waterproof them SEVERAL times to ensure ultimate protection.**

### Our Readers Respond

Letters to the Editor

Dear Editor:

I am writing this in response to the second question of the "Ask Jansen" column in last month's school newspaper stating that athletes get more attention from the faculty in comparison to others.

The student who sent in the letter stated that he/she was ignored by teachers who only care for the athlete, but what they forgot to mention is if the ever actually asked for help. If a child is struggling in class, the teacher is never going to know unless they raise their hand and ask for help. They also mentioned that the school's "no student left behind" policy was "ludicrous", which could not be anymore wrong, because there are students who come back each year struggling to graduate high school. The school doesn't abandon these children by denying them the opportunity to stay and get their diploma. In addition to claiming that the athletes receive more attention in the classroom, they stated they feel athletes are above the rules when it comes to their behavior. However, if you walk past the in-school suspension room you may see athletes from time to time who are facing their punishment, just as anyone else would. Even as a student who is no longer an athlete, I find the accusation unreasonable. Athletes are not treated any better by the teachers or staff than the rest of the kids in this school are. It just so happens that often the athletes are interested in keeping themselves eligible for sports, giving them a reason to ask for help. Being that it is a teacher's job to educate all of their children and considering that they are paid for it, I can only imagine how hard they work to help everyone. Many times I've heard teachers say that they feel disappointed in themselves when a student fails a test that they feel they've appropriately prepared them for. Not that this is the case for everyone but some students do feel vulnerable when they ask or receive help in front of their peers. I know that this is the case for me, but I have to take responsibility for that. I can't blame the athletes who care about their grades for my own negligence when it comes to mine. As one of the "other" people in the school, I believe the teachers are neutral and don't play favorites. In conclusion, athletes are no different than anyone else at our school, in the eyes of teachers. They work hard in the classroom and earn their grades. They don't get anything they don't deserve.

-Alana Eller

Dear Editor:

In the last issue of *The Quaker*, an anonymous student wrote to the *Dear Jansen* section about the treatment of athletes versus non-athletes. This person believes that the athletes are treated much better than the non-athletes in this school, that the school system is "corrupt" and "flawed" and also that the only people the school cares about are the athletes. But, in my opinion, the most ridiculous thing this person said was that when he or she asks teachers for help, apparently the teachers just ignore them. Well, I think the person that wrote this was simply having a bad day because the majority of what they say just isn't true.

If ANY student asks a teacher for help, the teacher will never ignore them whether the student is an athlete or not. I have never seen a single teacher in the entire school ignore a stu-

dent that asks for help. I am sure that if a teacher ignored a student, they wouldn't be in this building very long.

This person says that if an athlete does something bad, they will not be punished for what they did wrong but, if a non-athlete does something bad, they will be punished. This is also not true. I have seen athletes punished for their wrong doings. Maybe they are just seen being punished less because they don't break the rules as often. They know that as a consequence of breaking the rules they may not be able to participate in their sport. It makes sense that if the consequences are greater, they would break the rules less.

As a message to the person that wrote this, please think before you spout off all of your anger to everyone. I'm sure if you wouldn't hide under the title of anonymous and just told your teachers that you needed help, they would help you.

- Ryan Murphy

Dear Editor:

In the last issue of *The Quaker*, I read a question asked to Jansen Paumier that was disturbing to me. It wasn't a question at all. It was more of a complaint and a way to blame others for the anonymous student themselves not receiving good grades.

This student has his or her facts all wrong. I'm an athlete and I play football. I never received any special treatment. I have to work for good grades just like everybody else. I have heard some students talking and they sometimes say we athletes get rewarded with free grades as a way to repay us for all the long hours we put into any sport. The reward for the long hours in any sport is the competition against our opponents. The reward for putting in the time to get good grades is simply good grades. You have to be willing to put the time into everything you do. Sometimes people get a break, not just athletes. Maybe times are rough at home and you need just a little break. If you talk to a teacher you can get that break. If a student is struggling then he or she should go seek help. Set up a time that works to meet with a teacher and get the help needed to succeed. I'm still really shy and don't like asking for help but it pays off and the results are also positive. Everyone needs help with things in life. There are no free passes in life. If a teacher is not willing to help then that teacher is in the wrong profession, but it's up to the student to make the first move. This is high school, nobody is going to hold your hand anymore. This is a message to the student that has offended many people in this school in the last issue.

I still struggle sometimes and just squeak by with a C's or even D's sometimes. I have played football all four years of high school here. Every year I was failing at one point in the year but, I worked hard and got help to get the grades I needed to continue to play. It was very hard balancing football and school especially when all I think about is football. It's time for me to grow up and be responsible. You have to take care of you. If you are in need of help, ask a teacher. That's what they are here for - to make sure you succeed and can get into college so that you may make a good life for yourself. It all starts with you being responsible and getting the help you need to succeed.

- C.J. Bloor

## SENIOR SPOTLIGHTS



**Brandon Dustman -Football**

**What is your favorite pump up song?**

*Headstrong* by Trapt

**Do you play any other sports?**

Competitive Ping Pong

**Who is your favorite athlete?**

Peyton Manning

**What is your craziest sports moment?**

Beating Granville in our first playoff appearance



**John Halstead-Cross Country**

**What is your favorite pump up song?**

*Gangnam Style*

**Who is your favorite athlete?**

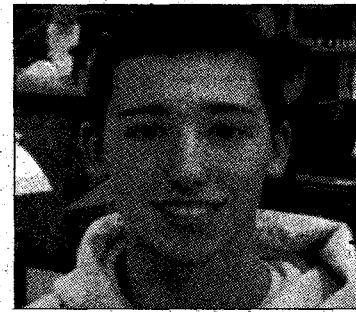
The one that throws up at the finish line

**What is your craziest sports moment?**

Watching a fellow teammate hurl black vomit at finish

**What is your favorite memory?**

Pumpkin smashing



**Mike Madison-Basketball**

**What is your favorite pump up song?**

*Party in the U.S.A.* by Miley Cyrus

**Do you play any other sports?**

Football, Pong

**What is your craziest sports moment?**

The fight at Campbell

**What is your favorite memory?**

The halftime Beaver Local fight freshman year



**Sarah Bobby**

**What do you like to do for fun?**

Dance and go out with friends on the weekend.

**What are three words that best describes you?**

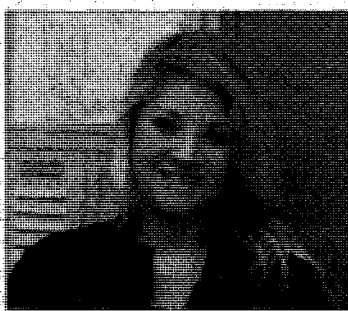
Loud, outgoing, crazy

**What's your favorite Christmas memory?**

The year I wanted kinect for Xbox and my parents got me the game connect 4 acting like that's what I wanted

**What's your favorite song/band/artist?**

*Want you back* because that's the song Faith McGuire, Alex Brant, Jon Archer and I jam out to



**Jessica Martinelli**

**What do you like to do for fun?**

I am addicted to knitting. It's a problem!

**What are three words that best describe you?**

So dang filine

**What's your favorite Christmas memory?**

When I was 5, my sister got a dress up doctor thing and wore around the nerdy glasses for weeks after Christmas. She was so cuuteee!

**What's your favorite song/band/artist?**

Brantley Gilbert



**Sam Holt**

**What do you like to do for fun?**

I like to read, write poetry, and hang out with my friends.

**What are three words that best describes you?**

Quirky, outgoing, unique

**What's your favorite Christmas memory?**

Sneaking around my grandmas tree looking for all my gifts and getting caught.

**What's your favorite song/band/artist?**

I don't have a favorite. I like way too much to just pick one.



**Zack Wukotich—Basketball**

**What is your favorite pump up song?**

*Every Time We Touch*—Cascada

**Do you play any other sports?**

Track—high jumper

**What is your craziest sports moment?**

When Vasilios made the half court shot for the win versus Beaver Local

**Who is your favorite athlete?**

LeBron James



**Austin Frank—Basketball**

**What is your favorite pump up song?**

*Ni\*\*as in Paris*—Kanye Jay-Z

**What is your favorite memory?**

Watching Econ hit five straight three-pointers to win the game freshman year

**What is your craziest sports moment?**

Campbell last year when our whole team got in a fight and we had to end to end the game early.



**Keaton O'Brien—Soccer**

**What is your favorite pump up song?**

*Focused*—Wale

**What is your favorite memory?**

Winning the AAC White Tier Sophomore Year

**What is your craziest sports moment?**

Watching Dan Ramsey make a "hole in one" on the mini golf course at soccer camp

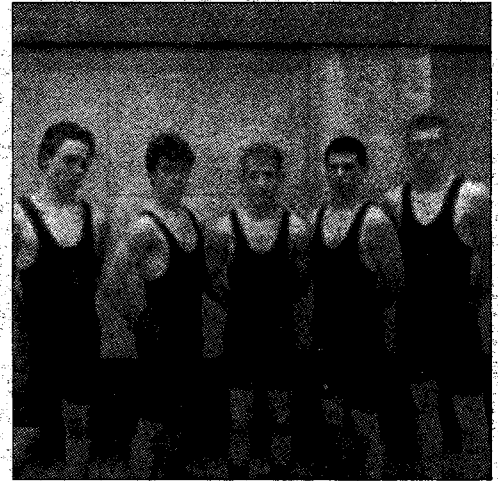
**Do you play any other sports?**

Football, Baseball

## New Era Begins for Wrestling Squad

By Emily Cull

"Consistency, basic wrestling, technique, and no mistakes" are the keys to a successful wrestling season according to new wrestling Coach Beaumariage, "Our goal is to have a winning record and advance in the state duals at the end of the year." Salem is giving this new coach an opportunity to build a successful wrestling program. We have a great mix of athletes in each class, which will help build up a team that will be successful next year as well. There are 20 wrestlers on the team, with 6 freshman, 2 sophomores, 6 juniors, and 6 seniors. Some of the key wrestlers this season are Storm Haueter, Thane Sevey, Jesse Slocum, Brandon Boyle, and Alex Sosbe. Salem wrestles in two of the toughest conferences in the state, EOWL and NBC. After coaching against Salem for 7 years, Beaumariage has made friends here and wants the chance to bring our program to the top. Our team stands a good chance of qualifying for districts if they each get in at the right weight according to the coach. Northeast Ohio division 2 is supposedly the toughest in the state, so everyone has to step up their game if they want to make it to state. West branch has earned the title for the past 6 years, but Minerva, Carrollton, and Louisville are close behind.



2012-13 Senior Wrestlers

## Indoor Soccer Heats Up

By Daniel Santanelli

The SCC indoor soccer league season is underway! Many of the teams that participate in this league compile of students that attend Salem High School. They do it for a fun way to stay in shape during the winter. Students of all ages can participate in their own age leagues next sessions. In the high school league five teams are made up of SHS students. This includes #Broskis, Wee Wa's, Peach Fuzz, Salem Red, and Salem Black. The games take place on Sundays throughout the months of November and December. Key players for the #Broskis are Paul Matak, Brad Larson, and Ryan Benson; they're coached by Zach Economus and Storm Haueter. Key players for the Peach Fuzz are Dan Rumsey and Andrew Dolphin; they're coached independently by the whole team. Salem Red's key players are Blake Mason and Brad Dustman and they're coached by David Matak. Key players for Salem Black are Garrett Dickey and Timmy Erskine; they're also coached by David Matak. In Sunday December 2<sup>nd</sup> action Peach Fuzz player's Logan Taylor and Mike Ciotti had a hat trick versus the Hello Kitties which ultimately led to a 9-1 victory. #Broskis players Paul Matak and Seth Leninger had goals to defeat the Los Gutedos 11-2. The Wee Wa's defeated the Ninja Monkeys, 5-4 on a superb assist by Nick Larson to @AndrewDolphin11 for the game winning goal. The #Broskis and Wee Wa's are currently in a tie for first place both sitting at 5-0. Both teams are in the driver's seat to finish out the season undefeated and win a share of the SCC indoor league championship.



## The Football Varsity "S"

By Reagan Barnett

What does it take to be a letterman? The points you put up on the scoreboard? How many tackles you rack up in a season? Or does it come from your heart, the sweat you give every day for each of your players? How about the work ethic you put in, the body that you sacrifice to push your teammates? Well, it could be that the heart is what Coach Johnson thinks that counts. You will see fifty five football lettermen sauntering through the halls this winter. Coach Johnson's act of lettering the entire team has brought many opinions to the surface. Some think that it's not right or fair that everybody lettered if they didn't

play on Friday nights. Others counter that kids walk around with letter just for playing an instrument or singing. According to some of the players, who wished to remain anonymous, some players that lettered never played on Friday nights. Then there are those who feel that those who only participate at practice help out more than people realize. They're at practice every day giving starters a "look". They argue that the letters they're receiving are justifiable. There are many schools of thought, but in a way both could be right. We asked the coach to explain himself to the public, and maybe once you read

his responses, you just may be swayed to agree... Maybe think about a time where you tried your hardest, but never were good enough in the eyes of a coach. In a way, Coach Johnson is giving out hope. Or maybe it has the opposite effect, devaluing a symbol of hard work and accomplishment.

Coach Johnson was asked the following questions. His responses are in italics.

**Why did you decide to letter every single one of your players?**

*R.J: First, the players are not mine; they are representatives of Salem High*

*School and the Salem community. Each young man earned a varsity letter by meeting the requirements set forth by the philosophy of the program.*

**Did all of your players deserve to letter?**

*R.J: Without question. We have a saying in our program that serves as a cornerstone to its foundation, "Get what you deserve-deserve what you get!"*

**Did all of the lettermen actually play on the varsity field?**

*R.J: Yes, every single day.*

**Do you think that it's fair**

**to the players that actually played all the time?**

*R.J: Every one of the young men in our program worked diligently for the good of Salem Football. They maximized their roles and did so willingly and selflessly.*

Coach Johnson was also asked to answer two follow up questions on the "philosophy of his program" and if all those who lettered had actually played in Friday night games. He declined comment on both questions.



# QUAKER CLIPS

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# QUAKER CHRISTMAS

By Zach Devine

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V	E	Q	A	S	C	V	B	N	A	T	N	A	S	X	C	S	T	Y	N	K	L	U	R	C

Word Bank: Nutcrackers, Sugar plums, Christmas, Wonderland, Angel, Faith, Gifts, Jack Frost, North Pole, Ornament, Family, Red, Green, Decorations, Snowman, Carols, Santa, Reindeer, Rooftop, Cookies

