THEQUAKER

VOLUME 100, NUMBER 6

Brittany

By Blake ∨eglia



Life so short,
Could be gone in in
the blink of an eye.
No one is ever ready
to say goodbye.
Once, there was a
smile
That lit up the room
Like a flower getting

ready to bloom.
Then tragedy struck, yet again,
Someone I held so dear, my friend.
Vanished forever, out of sight.
How will I make it through this night?
You're watching above looking down on me,
Seeing things that I wish I could see.
Walking with the Alpha and Omega matching him
step for step.

But forever in my heart is where you'll be kept. Never forgotten, always standing next to me, Smiling and grinning all beautifully. I won't cry anymore.

Now spread your wings and get ready to soar! I can't wait to see you again, it's just "See you later"
For now my friend.

Artists Recognized for Their Efforts By Januar Paumier

Salem High School has always had a renowned art program and the best of teachers. This month Salem had the opportunity to show off as they held the regional Governor's Art Snow. Twelve different schools from the tri-county area attended on March 2nd. There were around 250 art entries including sculpting, mixed media, photography, drawing, and painting. Mrs. Frederick and Mr. Martinelli were there to help out with the process. 55 pieces of art were selected to compete at the state level, and three of our very own talented artists were fortunate enough to be included. Missy Muniz, Ellen Walp, and Hailey Moffett all had photographs that were selected to go to the state judging in Columbus with Muniz winning the top honor. Dying to view their work? They will be displayed in the library along with other pieces from students. Always ask the librarians politely if you want to come see them in your free time.

Senior Bulletin

Friday May 3 - Prom

Tuesday May 14- Spring Band Concert 7:00

Friday May 17- John Callahan Banquet Invitation only

Monday May 20- Awards Assembly 7:00 p.m.

Tuesday May 21- Senior Picnic- Salem Country Club, Route 62- Periods 4-7

Wednesday May 22- Senior Locker clean out. Senior Exams begin periods 4-7

Thursday May 23—Senior exams begin periods 1-3. Senior exams finish period 4-7. Baccalaureate (To be determined) 7:00 p.m.

Friday May 24 - Senior Exams finish periods 1-3. Graduation Practice 10:30 a.m.

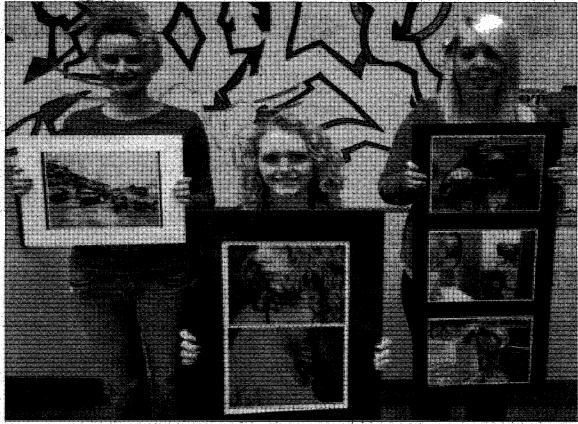
Saturday May 25 - Alumni Banquet-Invitation only

Sunday May 26- Commencement- 2:00 p.m.

High School Musical

On April 19th at 7:30 pm and 20th at 2 and 7:30 pm, come out to see *High School Musical* at Salem High School! It is a play based on the Disney version that has been very successful. The main characters are Troy, the popular protagonist (Blake Veglia); girl-genius Gabriella (Nicole Slaven), thespian extraordinaire Sharpay (Taralynn Williams); and baseball star Ryan (Storm Haueter). Troy meets Gabriella on a ski trip and they hit it off instantly. Later, Troy finds out that his new crush now goes to his school. Both characters' "friends" try to keep them apart because they are not the "same." Chaos ensues.

The cast has been preparing for the big show, practicing about 14 hours a week to get ready. Additionally, the crew puts in six hours on Saturdays for set construction/painting. It costs around \$9,000 for production of an average show. Mr. Samu sees a future in musical theater for Nicole Slaven, but he declares that the entire cast will stand out as performers. At \$10 for adults and \$7 for senior citizens and students, it's worth it to go see the show. Our drama department is impressive for a school our size as we have some real talent. On April 19th at 7:30 pm and 20th at 2 and 7:30 pm, come out to see High School Musical at Salem High School!



Halley Moffett, Ellen Walp, and Missy Muniz are pictured with their entries in the Governor's Art Show

FFATUDE

Career Spotlight

By Chase Howard

With today's economy, more and more young people are seeking to enter the job force and are unable to find work. However, though the job market is currently scarce, some careers are growing at a healthy rate and have both great employment opportunities and salaries to match. Below are some of these careers and some important information about them.

Surgical Technician

Average Salary: \$ 40,000

Required Education: 1-2 years of education at a community college or vocational school.

Job Overview: A Surgical Technician's job is to provide assistance to surgeons while they operate. The assistance can range from prepping an operating room for surgery, passing tools to the surgeon and cleaning the room after surgery. The career outlook is very good with a projected job growth of 19 percent through 2020.

Human Resources Specialist Average Salary: \$55,000

Required Education: 4 year degree with a strong business and management course background.

Job Overview: Human Resources Specialists are part of the team that keeps a business running. It is their job to recruit, higher, train, fire, and take care of other related tasks for the company. The size of the company an HR Specialist works for usually determines how many of these tasks they are responsible for. The larger the company, the more likely HR specialists will be hired to specialize in only one or a few of human resource tasks.

Public Relations Specialist Average Salary: \$53,000

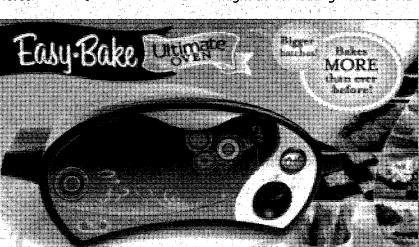
Required Education: 4 year degree in communications, journalism or any other related field.

Job Overview: Public Relations Specialists are required to generate a positive image for their employer to help attract clients. Their work is accomplished through things such as media interviews, speeches, web design and in recent years social media such as Facebook and Twitter.

<u>Database Administrator</u> **Average Salary:** \$75,000 **Required Education:** 4 year degree in a computer related field such as

Job Overview: A career for the tech savvy, it is the job of a database administrator to store, organize, manage and trouble-shoot the information stored on computers. The more digitized our society becomes, the more job growth this field experiences. By 2020, 39,000 new database administrators are expected to be needed in our nation's workforce.

the sexist ways of the company,
Pope started a petition and
spread the word via social media, word of mouth and eventually media interviews. Soon, she had received over 45,000 names.
"If I think something is unjust, it'll annoy me until I do something about it," she says, "[...] I thought if I showed (Hasbro) that people agree with me, they might do something." Hasbro did



Teen Wants Change in Marketing of Toy

by Chave Howard

Thanks to the efforts of McKenna Pope, a thirteen year old from Garfield, New Jersey, the Hasbro toy company has altered its marketing of the easy bake oven. The company that once marketed the oven exclusively toward young girls has been changed to give a more gender neutral appearance to prevent gender discrimination from being associated with their product. Pope's idea for change came about when her younger brother, who happens to be quite the young culinary enthusiast, was in need of a safer way to express himself than cooking tortillas on a light bulb as he had been doing. Pope went in search of an Easy-Bake Oven for her brother. "All the easy bake ovens showed only girls, the boxes were pink and purple and flowery. I feel they were telling boys, 'This toy isn't for you, because only girls can cook." To combat

do something. The company invited the Pope family to their headquarters to show them their new, gender neutral oven. It will be available later this year. "I felt like I made a difference. I hope this shows other kids that they can too."

Sports Superstitions

by Flex Brant

Have you ever wondered why people do certain things before or during a sports game? A sports superstition is a belief or practice resulting from ignorance, fear of the unknown, trust in magic or chance, or a false conception of causation. That's because sports superstitions are psychological thoughts that just comes naturally to you once you've done a ritual. Many athletes do something a certain way one time and have success and it just sticks with them. Now, they try to do the same thing every time. For example, senior Jake Carner, before every hockey game, must have his right sock higher than his left. Why does

Jake do it? "It's a luck thing. I started when I was little, my team won when I did it so I've done it ever since." Senior Zach Economous drinks a glass of chocolate milk before every baseball game because, "it fills me up and it's a tradition". When shooting a free throw, players usually dribble the ball or do something in a certain routine every time they shoot. What makes one want to do this? Maybe it's because they played a great game the first time they did it and they feel they'll have better luck thereafter. Athletes do the weirdest things before games. It could also be something very simple like getting a nice shave in before the game or a pregame meal ritual like going to Subway. Not only teenagers have these superstitions, superstar athlete Michael Jordan wore his North Carolina blue shorts underneath his game shorts every game in the NBA. These were the same shorts Jordan wore during the National championship for UNC. Denver Broncos quarterback Peyton Manning before every game reads the game program from front to back to get his last pre-game preparation in. What are some of your sports superstitions?

German Club Update

German Club will have a regular monthly meeting in March to plan for our annual banquet in April. After the meeting students will have a cooking demonstration for a complete traditional German meal of Rouladen-Spaetzle-Red Cabbage and a dessert by Frau. All will be able to sample the meal.



computer science

EDITORIA

Point/Counterpoint-Should Women Be Allowed to Fight in Wars?

YES by Mike Lottman-Special Contribution

Should women be allowed to fight in wars? I think the best answer to that question is yes. For many years women have always fought for their rights. Women all over have proven themselves to be just as strong as man. Women still deserve to be treated with utmost respect and should be treated no differently from men.

In the eyes of a man, women are much weaker than them. It is not the battle of strength when you are fighting with a weapon that can shoot someone from two football fields of length away. People seem to misjudge women based on how they look physically. There are many women that are capable of doing the things that men do on the battle fields. Women can be just as useful as any man is.

Women will have a lot of motivational pull to do the things that are told to be done. When the modifications from training for women are gone and it is real combat I can guarantee she'll be able to do the same as any man. They say that women are physically and emotionally not able to handle to ground work. There are so many men that go into the field and are scared for their lives. Between men and women on the battlefield, I would have to say that men and women should be treated as equals out there.

Men and women are able to be the same ranks. If they are able to become the same ranks, then they should have just as much right to fight on a battlefield. You cannot judge a book by its cover. If you put a woman or man into training and then put them into live combat they both are going to fight for their lives. Women have the complete right do be able to do what they want in this case. It's time that men start treating women as equals.

No matter how terrible it is, war happens in all countries around the world. Men have been fighting for our military services for such a long time and for us to ask the question if women should be allowed to fight alongside them seems illogical to me. No matter how hard it is for people to understand, women just aren't as strong as men and would have a better chance of dying on the front line of the battle field. It may seem wrong to some women when people say this but it's just stating facts.

Women have not ever experienced what it is like to be in war so I don't think it is necessary for them to experience it now. If women have a higher risk of being killed while in combat then why would we put them out there? Another thing I believe is that if a woman were to get captured by an enemy, the torture by others could break them and they could slip up and tell them military plans.

Some women will say that this is wrong and is breaking laws within the women's rights but I don't think its question of right or wrong but a question of if it's smart. I think it is not smart to let women fight because they have more medical issues and like I said before they definitely have higher risk of being killed. On the other hand I believe that they should be able to train but not with the men. Training in my eyes would be more difficult for women than for men because they simply don't have as much endurance or the strength to compete with the men.

With men always fighting side by side, this has worked well in our military. Another important reason about women fighting is they might be a distraction to our men in combat and it could lose even more lives than needed. If a fellow soldier is hurt then others will try to help. With women there would be more injuries and we would lose more lives trying to help them.

Fighting in the military is something that takes great courage and not many people would have the will to stand up for our country. The ones who are out there on the battle fields have always been men and it has worked very well for us. There is no need for women on the battlefield if everything has always worked out for the better.

Is Beyonce Making You Unhealthy? By Muriz Special Contributor





Recently, the media has been flooded with mixed opinions on whether or not pop star, Beyonce, should be the starring in Pepsi

ads. People are ranting that she should know better than to put her face on such an unhealthy product, while others think it's no different than any other celebrity endorsement. Beyonce is selling her image to Pepsi to promote the product, not to force soda in anyone's face.

Celebrities have been in commercials on the radio and on television for years promoting various products. Once the commercial airs, all their biggest fans run out and have to buy whatever they're promoting. That's a little exaggerated, but some people really do believe that. That's why so many people have been dissing Beyonce's decision to promote Pepsi soda. Some health studies say that drinking soda can lead to weight gain,

type 2 diabetes and heart problems. So, the people that believe everyone will go out and buy what celebrities are promoting, think Beyonce is pushing more people to go out and drink soda. She's really not. She has her picture on Pepsi cans and in ads, but she's not coming out telling people that they have to drink the soda. Just because she's on something doesn't mean that you have to buy the product or use it. It's your responsibility to choose whether you want to drink soda, not Beyonce's.

the children that see her in ads or commercials will be influenced to drink soda. Shara Drew from the Campaign for a Commercial Free, yonce's ads. Take responsibility for yourself Childhood said that children are influenced the most by celebrity ads. Yes, children can be greatly influenced by watching celebrities on commercials but, like I said before, Beyonce isn't forcing anyone to buy or drink the soda. If

a kid wants a Pepsi because they seen her ad and their parent doesn't want their child drinking it, then don't give it to them. Beyonce isn't standing there beside that kid's parent telling them to buy a soda, so why should you blame her?

Beyonce chose to promote Pepsi because she has every right to do so. She is promoting a product, not cramming it down your throat. People need to stop complaining about her setting a bad example and make a change. If you don't think soda is healthy then don't buy Another thing people keep ranting about is that it. Almost half of American people drink soda everyday so it's not like more Americans started drinking more soda because of Beand choose whether you want to drink soda or not. If you get type 2 Diabetes from guzzling down can after can of Pepsi then it's your own fault. Quit blaming Beyonce.

DEODLE & ENTERIA MAINT

What is your good luck charm?



Chase Howard: Cyrena Cooper, she's my lucky magician's

assistant.

Mike Blankenship:

Trent Willis, he makes me look better when I'm with him.

Viki Stephens: My star necklace. It gets me through tough times, if I look at it. "Reach for the stars" right?

Jamie Taylor: Amanda Fyrman, she stops me from doing stupid things. Nicole Goontz: Kristen brings me good luck because she is amazing at everything she does.

Kristen Brown: Nicole brings me good luck because she is just so cool you wouldn't believe how amazing she is.

Marcus Crittenden: Grape kool-aid because it's soo good.

Hannah Atkinson:
Tank, my French bulldog.
Alex Brant: Dolphin,
brings good will to all and
to all a good will.

Andrew Dolphin: Talking in a British accent, I'm not sure but it does.

Caleb Quinn: I wear red socks for all of my track events.

Keaton O'Brien: My good tuck charm is my black Nike compression shorts. I've had them since my sophomore year of soccer when we won the AAC white tier!

the AAC white tier! **Zack Wukotich:** My good charm is my green high jump socks.

Justin Brown: My shirt from N.C. It brings back good memories.

Trace Jenkins: Mike Ciottis lifting gloves. He is so strong, they give me his power.

Kristen Mills: My Irish genes. The luck of the

leprechaun,

T.J. Leyman: My necklace. It was my step dads.

<u>Lacey Shasteen:</u> My ipod. It helps me before track and cross country races.

Brittany Skiba: Lucky charms because they're magically delicious.

Rocco Davanzo: My Brahma Bull Necklace. #B2A

<u>Jesse Slocum:</u> My baseball-glove from H-League Baseball.

Chasity Buckius: I don't necessarily believe in luck, but I am always wearing my faith necklace, and several of my bracelets. If that counts... Dylan Whaley: My notebook, it contains very top-secret info and I need to have it at all times.

<u>Cameron Turney:</u> My big muscles are good enough.

Chevanne Steed: I have a necklace that I wear when I think I need encouragement or luck with something I may feel is important.

<u>Carson Herron:</u> My dog Wagner because he's cute.

Megan Daley: A pirate coin, it lets me always have something in my wallet.

Clarissa Wagner: My good charm is a bullet shot at my great grandfathers 21 gun salute. It brings me good luck because I feel he's there with me at all times when I have the bullet.

Kelly Barley: My SpongeBob bracelet Miss McCue gave us during freshman volleyball. Its Sponge-

Bob. He's always good luck.

iys i

Brooks Bezon: My dad's Ohio State Jersey and his sweet avalanche.

Billie Ingledue:
My nieces

and nephew

because they always make me better and help me out. **Branson Wilms:** My old Wilson football gloves because I caught 6 touchdowns with them my 7th grade year and I can bench press more with them on. **Emily Cervone:** My purple unicorn on my back pack, it brings me good luck because my little cousin gave it to me.

Kelli Little: Bryce is my good charm and he brings me good luck because no matter how I feel, he makes me smile, and to me that's so lucky. I'm just so lucky to have him.

Nathan Eisel: A wallet size picture of Justin Timber-lake. His songs are very inspirational and always help motivate me to do well.

Amanda Reiter: I don't have one, I make my own luck.

Megan Lehwald: Locks of Camrin Costal's hair. It is the color of gold and gold is in the pot at the end of the rainbow.

<u>Camrin Costal:</u> My own hair because apparently everyone wants it.

Tyler Holenchick: Anthony Davis jersey. I play like him when I wear it.

Empire State of Mind Book Review

by Dan Santanelli

The Empire State of Mind is a story about Shawn Carter's (Jay-Z) journey from rags to riches. Jay-Z's journey from in the Marcy projects to a penthouse suite in Brooklyn. The story of how Jay-Z became one of the richest men in America using his street skills in the real world.

Jay Z started as a lowly kid that dropped out of high school to focus on his drug dealing while his music ca-

reer served as a side job. Little did Jay-Z know that he would become one of the biggest hip hop stars ever. It all started when DJ Jaz-O brought him into his studio for a song recording. He had to put aside his illustrious drug dealing in which he was making over 100k a year doing. He quit the business and recorded his first album Reasonable Doubt which struggled to sell at first but blew up once Sean "Puff Daddy" Combs endorsed it. Along with the help of DJ Jaz-O and Combs, Jay started what would be known as one of the biggest record labels Roc-A-Fella Records. After the success of his first album he went on to release 11 more albums (all of which went Platinum). Jay then wanted a challenge; he took his skills into the business world. He pondered and used the ROC name to develop Roc-a-Wear. His first business venture along with many others include Buying part ownership of the Brooklyn Nets, Help create the Barclays Center, Endorse Armande de Brignac Wine, and buy full ownership of Arsenal, and building one of New York's best night clubs The 40/40.

The best part in the book that shows Jay's competitive drive when he wanted to win the annual Brooklyn Rucker Park invitational. This tournament featured some of the best street players in the New York area. He has always entered this tournament but had never won as a teenager yet wanted to now win the adult division. There was no prize for winning this tournament, but Jay was driven to win. Jay had used his influential skills to recruit NBA talent to participate in this little intercity tournament. He had recruited the likes of Tracy McGrady, Lamar Odom, Sebastian Telfair, and Kenyon Martin. The team blew away the tournament but never actually won because the championship game was conflicted with a tour Jay was going on.

I recommend anybody interested in music, sports, or business to read this book.
Also, for any young entrepreneur in search of a blueprint for build something spectacular from the humblest of beginnings. A great read for anyone who wants to see how a man came from nothing and became a big something.

Music Review: Twenty One Pilots by Tran

—eppel.

Twenty One Pilots is an up and coming group out of Columbus, Ohio. The band formed in 2009 and currently consists of college friends Tyler Joseph and Josh Dun. The band started out doing small tours around the Ohio area. Recently, the group signed with major label Fueled by Ramen after playing a sold out hometown show which attracted the label. The Columbus duo has been hard at work after being signed, and released an album titled "Vessel" on January 8th of this year. The group brings a wide spread new diversity to the music scene which is always a fresh breath of relief. They have a solid sound of pop but at times mix in a unique sound of hip hop which they express highly in this new album they put out. The band is a perfect example of young talent who are following their dreams, and ended up on the same label as Fun and Paramore, which is a huge accomplishment. So if you are looking for a fantastic sounding new group to listen to, I would definitely recommend Twenty One Pilots. The fact that they are from our home state makes it even better.

Ask Jansen



Q: Why can't the juniors and seniors get along? It's amazing how we can get together to have hundreds of united fans for a basketball game and come together in

a time of tragedy, but then a majority can't get along socially or agree on trivial things that end up being blown out of proportion.

- Concerned member of S.H.S.

A: Social skirmishes have been around since the age of speech. Lately I've seen people on social networking sites posting comments and statuses of hatred, profanity, and rudeness. I think people should be less involved in everyone else's social issues and focus on more of their own. The Facebook has distorted our reality on people and ourselves. Not everything on the internet should be there and you shouldn't help contribute to the garbage. So for the sake of the social and small town society keep your rude comments to yourself. Remember the acronym: P.L.U.R: Peace, Love, Unity, and Respect

Lectonia Donates to Project Support by Reegan Barnett

A special thanks goes out to Leetonia High School for donating \$100 to Project Support on behalf of Brittany Gulu. Brittany was involved in Project Support her entire high school career. She was the secret pal coordinator for the club both this year and last. Brittany had a special place in her heart for children with special needs. The money will be used for the special needs outdoor day camp, which will be held in May.

Horoscopes

By Mongan Robertz



Aries (3/21- 4/19): Lately people may have doubting you about your choices but keep your head up. If you are feeling good about a certain decision, no matter what everyone else thinks, always go with your gut feeling.



Taurus (4/20- 5/20): Things have been looking up for you lately. You should be in a great mood the next few days, so make the most out of it and be as productive as possible. If you keep it up you can really get ahead in many areas of your life.



Gemini (5/21-6/20): Speak up. You've been keeping some feelings in lately. A rare opportunity to change what needs to be changed will show up this week.



Cancer (6/21- 7/22): If you're feeling uneasy or unhappy about the way your life is going, this is a good time to make it better. This is a time to heal, and a time to look into the future and decide how you want to live. Even those dreams you have given up on now have a strong chance of coming true.



Leo (7/23- 8/22): It's time to get an old fear off your mind. It's time to formally bid it goodbye, and move on with your life. Some fear that has to do with your courage and self esteem has held you back for far too long.



Virgo (8/23- 9/22): There are a lot of people out there who admire you to the point of envy. They want something you have. And while they may be quite outspoken about their "love" of you, they might also be jealous of you. Know that it has nothing to do with you as a person, and everything to do with the person who isn't treating you right.



Libra (9/23- 10/22) Just because someone you recently met doesn't have the same interests as you does not mean you won't find them interesting in some way. You need to work on not allowing yourself to have a narrow view of people.



Scorpio (10/23- 11/21): What are you waiting for? Or rather, the question might be WHO are you waiting for? Are you waiting for someone to come around to your way of thinking? Maybe you are waiting for someone to finally respect you and give you the credit you deserve. But all this waiting is leaving you stressed out and anxious. Move on and what you're waiting for will eventually come.



Sagittarius (11/22- 12/21): If someone you know behaves in a less- than – desirable way most of the time, it's reasonable to anticipate that the same behavior will happen again. Each time to see this person; you probably expect that those traits will surface. Stop expecting it and the next time you see your loved one treat him or her like someone who will behave appropriately. It may take some time.



Capricorn (12/22- 1/19): You have some goals you want to accomplish that may seem out of reach right this moment. But with a little determination and motivation you'll definitely be seeing some change the next few weeks.

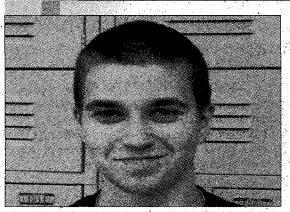


Aquarius (1/20- 2/18): Negativity is never good. You've been bringing out the bad in things recently. You need to get out of this weird mood you've been caught up in. Just remember positive thoughts equal a positive outcome. Smile.



Pisces (2/19- 3/20): Today may be a day to let someone else shine. You may naturally be the star of the show wherever you go, but someone who is walking in your shadow could really use a chance to steal the spotlight. Not only would this be generous, it would make you feel good about yourself. You are naturally caring that this should be easy for you.

SENIOR SPOTLIGHTS



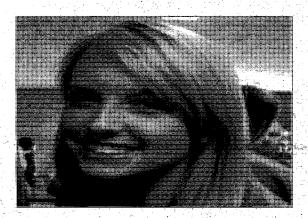
Brad Larson—Soccer
What is your favorite pump up song?
Bout to Bubble- tech N9ne
Who is your biggest rival?
Poland
Who is your favorite athlete?
Cristiano Ronaldo
What is your favorite sports memory?
Beating Poland twice this season



Alex Brant—Baseball
What is your favorite pump up song? Clique
Kayne West Big Sean Jay Z
Who is your biggest rival? West Branch
Who is your favorite athlete? Mariano Rivera
What is your favorite memory? Freshman year
when Alejars was slamming the bat over and over
again asking how many games they won



Mallory Maher—Track
What is your favorite pump up song?
Happy Birthday by Myself
Who is your biggest rival?
The girl from Struthers that came in 16th
Do you play any other sports?
Cross Country and Cat Chasing
What is your favorite memory?
Running really, really fast



Taralynn Williams

Are you a lucky or unlucky person? I'd say
I'm pretty lucky. I'm very blessed to have all the
people in my life that I do.

Favorite Band/ Artist? Carrie Underwood is my

favorite singer and idol.

What are your plans after high school? My plans are to attend YSU and major in dental hygiene.



Paul Matak—Track
What is your favorite pump up song?
Waka Waka- Shakira
Who is your biggest rival?
Canfield
Who is your favorite athlete?
Arien Robben
What is your craziest sports moment?
Pulling my hamstring in the 4x100 last year



Reegan Barnett—Track
Who is your biggest rival?
The Branch
Who is your favorite athlete?
Mallory Maher
Do you play any other sports?
Volleyball, Basketball
What is your favorite memory?
Screaming every time I jumped over a hurdle freshman year



Daniel Santarelli
What do you like to do for fun? Fill out NCAA
Tournament Brackets
Are you lucky or unlucky? Lucky, I once won
\$5 on a \$1 scratch off
Favorite Musician? Jay—Z
Future Plans? Going to Kent State, still undecided on major



Abrahm Zugelj
What do you like to do for fun? I play guitar
and spend a lot of time with my girlfriend
Are you a lucky or unlucky person? Unlucky. I
drove into my carport wall.
Favorite musician? Steve Val—guitarist
Plans after High School? Wait a year. Save up
money and then further pursue my musical education.

SPORTS

Lifters Take Honors at Columbiana

by Justin Harsh

On Saturday, March 2nd, the Salem lifters participated in Columbiana's annual power meet. 600 lifters showed up to show off their strength in hopes of winning their class. With around 50 lifters per class, our boys faired quite well. Coach Brock, on the team's success, says, "intensity, attendance, and an on-



going desire to reach optimal levels of performance, while ignoring pain, failure, and external negative influences, are the cornerstones of men who succeed in weight rooms." In the middle school lightweight division, Lex Murray finished third. Meanwhile, middleweight Cooper Bezeretu was the 6th place lifter in his group. In the same group Levi Maenz finished 5th and Andy Irwin earned 2nd place. Heavyweight Ethan Bailey finished 3rd. For the high schoolers, in the 125 pound class Adam Lydic finished 3rd and Matt Weingart achieved the top squat. In the 135 pound class 5th place lifter went to Jake Bezon, who also had the best bench. Brett Ahearn placed 3rd in the same class. Junior Haedan Panezott, one of the top ten lifter's in school history, had an impressive 1st place finish in the 145 lb weight class, good enough for lightweight MVP honors while setting a new record for squat with a weight of 425 lbs. Panezott also set the meet's deadlift record with a lift of 505 lbs and broke the overall record for his weight class with a total weight of 1155 lbs, Also, in the 185 class Logan Joy received 6th place while Mike Ciotti took 6th place in the 226 lbs. class. A lot of hard work and dedication led them all to do well in this competition. Congratulations to those who participated.

Baseball Team Looking to "Turn This Ship Around" This Spring by Flex Brank

After a four win season the boys Varsity Baseball team looks to "turn this ship around" as they say. The team acquired a new coach with a positive attitude in the off-season. The team is hoping this leads to many victories. Coach Martin made some changes from the past: first he made it mandatory for baseball players to workout after school starting in December. Martin, then, started open gyms in January at the Community Center where the team would throw, hit, and work on basic fielding mechanics. The baseball team started mandatory practice on February 25th to start working on a winning season. Coach Martin has also scheduled some freshman games for the first time since four years ago.

The Varsity baseball team has 10 seniors looking to have their first winning season. Since the Varsity team is made up of mostly seniors who have been playing with each other since 7th grade its going to be hard to move them out of the lineup. With so many seniors its very important they come out swinging. Some very important seniors are catcher Jake Carner, shortstop Brendan Webb, first baseman Alex Brant, third baseman Zach Economous, and outfielders Keaton O'Brien, Storm Haueter, Seth Leininger. Upcoming players that could see varsity time are first baseman Max Wolfgang, pitcher Jordan McGuire, and catcher Andrew Robbins.

The team has set many goals for this upcoming season that are hanging up in their lockers so they get to stare at what they want to accomplish and work for. The goals range from as easy ones like winning a conference game to as big as winning the NBC. Centerfielder Keaton O'Brien, one out of the ten seniors said, "I just want to have a season with the record over .500." Coach Martin is looking to bring back the Left Field Lunatics. The freshman student council will be selling, the Left Field Lunatics shirts this year. Come support the team as they have their first home game against conference foe, the Alliance Aviators Tuesday, April 2nd at 4:30 p.m.

Winter Sports Successes

By Eryka Perick



Due to their successes on the court, both the boys and girls basketball teams have multiple players that have won postseason awards. Ryan Bush brought home 1st team NBC, County, and County player of the year awards. Anthony Shivers was also named to 1st team NBC and County. Brendan Webb earned Honorable Mention in the NBC and County. Junior Max Wolfgang was named Honorable Mention in the NBC. Shivers,

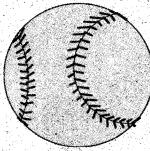
Webb and Economous have been picked to play in the country all star game on March 26th.

For the girls team, Lindsey Foster earned 2nd team NBC and the 1st team Columbiana County. Katherine Stiff was named Honorable Mention NBC and 2nd team Columbiana County. Megan Lehwald won Honorable Mention in the NBC and County.

Finally, in wrestling, sophomore Jesse Slocum was named 2nd team NBC while teammates Kade Byland and Shane Metzgar earned honorable mention.

Lady Quakers Softball Rebuilding

By Plex Brant



The girl's softball team looks to improve after a rough 2012 season and a 3-23 record. To improve on this record they have done many things such as having the girls play in summer and winter leagues, participating in clinics, and getting individual lessons for pitching and hitting. Coach Hippely likes what she sees out of her team so far, team speed can be a great key for some victories. She expects to win

games they should've won last year, and she wants her team to be aggressive. Key games will be against Louisville and West Branch.

Hippley is looking to the seniors for leadership and experience. The seniors are 2nd baseman Sami Reedy, 1st baseman Kaylin Wood, 3rd baseman Lindsay Barth, and pitcher Roni Sargent. Hippley added, "Our pitchers are a big key for success this year with Hannah Carner (Junior), Courtney Waters (Sophmore), and Roni Sargent." Some key underclassmen contributors will be both Raegan and Rylee Meals (Sophmores) and Junior newcomer Kari Seddon.

The Lady Quakers open up Monday, April 1st at Lisbon. At 5:00 p.m.

THE BACK DAGE

Poet's Corner

The Bothers of Life By Ryan Murphy

When the phone rings and no one is there
When a bad smell is floating in

the air
When I see a shirt that says
"Swag."

When the milk rips through the grocery bag

When a loud noise makes me jump

When the only word that rhymes with jump that I can think of is dump

When it is just too cold outside When the ham for dinner is fried When I ask for a favor and it gets done wrong

When I can't remember the name of a song

When I look outside and it is dark
When I try to draw a horse and it
looks like a fat deformed
bull shark

When I can't fall asleep
When the computer makes a
beep

When I realize I am going to lose When something is just to difficult to choose

When the remote is too far When keys get locked in the car

State StreetBy Alex Brant

Smell the fast food as you drive by. Citizens peddle down the sidewalk, walk into stores. Gas prices rise Intersections ice. Police sirens catch the speeders. Sit in the Mac D's parking lot. Watch the helicopter take off While street lights power off. The Diesels park at Burger King And blow their black smoke. Tbell never upsets Open until 4 am. State Street, the road that ties cities together.



Allison's Alfredo

By Allian Oathook

Fettuccine, cooked, 8 oz. drained Freshly diced garlic 1 tsp Cream Cheese 8 oz. 1/₂ tsp. Garlic powder 3/4 C. Parmesan Cheese, Grated A dash of onion powder Margarine 1/2 C. A pinch of Parsley 1/2 C. Milk A pinch or oregano

Directions: Fill a large pot three-fourth full with water. Add a pinch of salt and set on high. When your water has come to a boil add pasta and cook according to the directions on the box. While the pasta is cooking in a large saucepan, cut up cream cheese into bits, add parmesan, butter and milk. Heat on medium. Constantly stirring sauce until smooth. Once the sauce is smooth add the diced garlic, garlic powder, onion powder, parsley, and oregano. Once the pasta is fully cooked, incorporate the sauce with the pasta, toss, and serve.

Editorial: Tattoos, Good or Bad? ⇒+

Zack Devine

Ask yourself this question, are tattoos good or bad? Tattoos for many people, symbolize something special, something meaningful, and something that you want to remember or cherish forever. Every tattoo has their own meaning, but then you have those people that just get the tattoo because they don't remember getting it. Getting permanent ink on your skin isn't a joke. You have to have that on your skin for the rest of your life.

When I eventually decide on a tattoo, I will try to think of what I would really think of it when I get older. What will I think of my tattoo when I have two kids and am married. Ask yourself another question when getting a tattoo. Do you really want this for the rest of your life? In my eyes tattoos could be good. Tattoos could stand for the death of someone, a memory, or just about anything. Some people get dates of a relative's death. That's a good use of a tattoo because you can always remember that person. I would never recommend getting your boyfriend's or girlfriend's name

tattooed on yourself though. Not to sound like a "Negative Nancy," but who knows if you'll be with that person for the rest of your life. Would you want their name on your body forever?

A tattoo known as the "tramp stamp" was very popular for women in the 2000's. They were located on the lower back. They were accented when wearing low-rise jeans and crop tops. They were typically flower designs or shapes of different sorts. These tattoos aren't so much in style anymore and many women don't get them anymore. To this day these tattoos would be looked at negatively because they have grown out of style.

It is easier today to get tattoos removed by certain lotions or even laser removal (which is also very painful and you have to go through numerous procedures) but it is not cheap. I encourage you to make an informed decision when you get tatted. Consider where you get it because in just a couple of minutes you could hate what you just got permanently etched on your body.

Spring Word Search

by Zachany Devine

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<u>Word Bank:</u> Blossoming, Cloudless, Fair, Rain, Flowers, Growing, Bright, Breezy, Buzzing, Clean, Spring, Hatching, Relaxing, Easter, Pastel, Grassy, Lovely, Love, Newborn, Outdoor