

Sobek corrects vision problems

Undetected vision problems can affect a child's success in school and an adult's success in life, Dr. Joseph J. Sobek ('56) believes.

Joseph, an optometrist and developmental vision specialist in Dover, Ohio, says only 60 of the 3,000 optometrist in Ohio do some type of "helping children" work, or vision therapy, and that's only two percent.

"Most doctors correct sight, what comes into the eyeball. Vision is what really happens in the brain," he told a reporter for the Bargain Hunter publication of the Tuscarawas area in June. "Visual motor is telling the brain telling the muscles what to do."

Typical eye examinations determine how well a person sees at a distance of 20 feet. "When about 80 percent of the information your brain takes in is through your vision, this can be critical to your success in life," he said.

"Traditional optometrists, old-timers like me, still test the performance skills of how the two eyes work together at a stance. We also test for accommodation (turning the eyes for reading) and focusing."

A person with 20/20 eyesight who can't focus may have difficulty reading, headaches, and problems with remembering, Joseph says. Words may disappear, letters may move around on the page or the print may go in and out of focus.

"Most kids think this is normal because that's what is happening to them," Joseph says. "Children often think everyone sees the same way they do and never say anything."

Not all vision examinations are learning-related and that is his specialty. A comprehensive learning-related vision exam also evaluates eye movement control, focusing, tracking, fixation, how the eyes work together, visual motor integration, form perception and visual memory.

He says passive visual activities like watching television, video and computer screens often hinder development of good vision skills.

Some children hate school or are

labeled slow, lazy, attention deficit, dyslexic, working below potential or a behavior problem. Children do have these problems, but Joseph believes for some youngsters it may be they don't see or focus the way they should.

While "one hour" eye care is popular with the hectic schedules of the 1990s, that may not be enough for some people, Joseph says. Vision therapy is more than just getting glasses in one visit. It involves a series of visits to learn specific activities to correct the vision problem. However, the positive effect of the exercises may be evident immediately.

Teachers have been supportive of his methods and let parents know this may be an answer. Others resist his ideas.

"Yet once people come in here and see what we do, the biggest referrals are our successful people. Once we get done, we still send them back to their regular eye doctors."

"My method is not fast; you have to exercise, you have to do the work. Most parents and children don't want to work. A disability means you can't do it," Joseph says. "Would you rather have your children have disabilities or abilities is a question I ask them."

"If you can't jump rope, march, make a basketball hoop or read fast-those are disabilities. If we take the 'dis' off, now our children are happier because they have an ability to do things."

Vacar likes website

Broadcast journalist Tom Vacar ('67) who works at KTVU Fox in San Francisco is pleased with the alumni association website. He writes, "Having attended all of my five-year class reunions, it's fun to 'come back home' more often through cyberspace. I hope all classmates from all classes will help establish this as the premier high school web site in the nation, just as they have done with the association itself."

Alumni office has own website

A local internet service company has developed and donated a website for the Salem High Alumni Association.

Digital Venues, Inc. developed the SHSAA website which is found on the Internet at www.salemohio.com/alumni. The site serves as a single, up-to-date source of information and events for the alumni association, 24 hours a day, 365 days a year.

Any alumni with Internet access can browse the website to get current listings of class reunions, class coordinators, and honored alumni. Alumni can also submit any name or address changes.

A directory of web pages has been created for each graduating class and the company is offering free hosting to anyone interested in creating a home page for their class.

The directory of alumni email addresses can be searched by first name, last name, or graduating class.

Even the newsletter is available, although the current edition is not yet posted. Each future newsletter that is posted online will be archived for a search for articles by a key word or name in all of the archived or current newsletters.

To find out more about the city of Salem online, browse the city's website at www.salemohio.com.

Remembering SHS

Sharing memories of his football days at Salem High with his grandson, Louis Juliano ('46) fondly remembers his years at Salem High.

Louis turned 70, June 21, and celebrated with his family at his home in Olmsted Falls, his daughter Annette Juliano Quinn ('76) writes.

Louis' grandson is following in his grandpa's footsteps he plays the same position and wears he same number as his grandfather on the varsity football team at Elyria High School

Annette says Louis would love to hear from old classmates.

Reunion Classes Continue Support From Graduates

The Salem High School Reunion classes of 1998 continued the great tradition of providing monies for education for future graduates of Salem High School. It is only by this continuing support from our alumna that future graduates will have some help with the cost of their college educations.

CLASS OF 1933:\$420

All the members attending the SHS Class of 1933 reunion, several who were unable to attend, and the Breakfast Club of 1933 have contributed to the scholarship fund.

CLASS OF 1938:\$1146

The following members of the class of 1938 contributed to the total amount: Irene Schmidt Beals, Columbus, OH; Harry Booty, Youngstown, OH; Anna Simion Bursan, Cuyahoga Falls, OH; Lovell Metts Claypool, Labelle, FL; David Hart, Sarasota, FL; Harold and Mary Helen Bruderly Hoprich, Sun City, AZ; Bill Jones, Tuscon, AZ; Marguerite Vincent Lord, Broomall, PA; Paul Meier, Hobe Sound, FL; George Nagy, Canton, OH; Ruth Provins Shallenberg, Tullahoma, TN; Ralston Smith, Corvallis, OR; Betty Albright Hanzlick, Atlanta, GA; Dan Ugran, Phoenix, AZ; Betty Walton, Mayfield Heights, OH; Tawny Whitacre Wooley, Destin, FL; and from Salem: Mary T. Bohr, Earl Cody, Shirley Davidson, Mike Oana, Evelyn Tullis Robbins, Don Roher, John Spack, Joe Vogelhuber, Lloyd Walker, Hugh West, Edward Zilavay.

CLASS OF 1943:\$980

After their 50th Reunion in 1993, the Class of 1943 established a program and secured funds to donate to the Vocational Education Fund of the Alumni Association - a donation of \$20 honoring each deceased class member as their death occurred. The class has given \$400 in memory of the 20 class members who passed away from 1993 to 1998. In June of 1998, at their 55th Reunion, the class donated \$980 to the Vocational Education Fund in memory of these 49 class members whose deaths occurred prior to their 50th class reunion: Albert Kenst, Anna Hrovatic Adams, Art Cody, Jr, Anna M. Helman Eyster, Arthur Scheib, Barbara Brian, Betty Rea Walters, Clyde Pales, Dean Vincent, Dorothy Brobander Smith, Dorothy Kozar, Duane Thomas, Edward Safreed, Elaine Engeter Rogers, Elinor Hilliard Shasteen, Elio Volio, Esther Davis Schaefer, Ethel Kovash Thornton, Frank Hagan, Frank Lutz, Glenn Weigand, Harry Ehrhart, Harvey Stiffler, Howard Null, Irene Vavrek Brobander, Jack Beagle, Jacqueline Brown Beck, James Elias, Jean Lantz Paxson, Jean Vincent Williard, Jean Warner Simmons, Jerry Iler, Martin Catlos, Mary Byers Howett, Mildred Kennrui Brantingham, Regis Stiffler, Richard Beatty, Robert Myers, Ruth Sinsley Lee, Virginia Schoss, William Lutsch, William Stratton, Wilma Anderson, Carmen Nocera, Dewey Shaffer, Richard Culbertson, Robert Martin, Robert McNichol, and Frank Quinn.

The class presently has 165 class members still with us. They will honor these members with a similar donation, a total of \$3,300, within the next year. Thereby, they will have made a donation, representing each of the 234 Class of 1943 members, to the Vocational Education Alumni Fund.

CLASS OF 1948:\$5000

The following members of the Class of 1948 contributed to the total amount in honor of their 50th Reunion: Virginia Burrier Benson, Chapel Hill, NC; Donald Birkhimer, Elizabethtown, PA; Donald Bishop, Lutz, FL; Nancy Hunt Brand, San Jose, Costa Rica; Aubrey 'Pete' Cain, Tampa, FL; Ennio Ciotti, Torrance, CA; Clarence Davis, Alliance, OH; Joe Deagan, Minerva, OH; Leila Oertel Deagan, Minerva, OH; Patricia Collins Dodson, Bellevue, WA; Beverly Stowell Edgerton, Buffalo, WY; Delores Stratton Ehringer, Adrian, MI; Betty Anderson Groner, Macedonia, OH; Vivian Safreed Graybeal, Campbell, OH;

Martha Flickinger Haber, Perkiomenville, PA; Richard Herron, Fort Myers, FL; Norma Hanna Hippley, Lisbon, OH; Dick Jones, Alexandria, VA; Joe Kastanek, Clearwater, FL; Carol Kelly Kerr, Warren, OH; Mary Jane Merino Kimes, Alliance, OH; Odessa Bohner Landahl, Winter Haven, FL; Sally Zeigler Lefler, Westerville, OH; Mary Lippiatt Lewis, Akron, OH; Mary Jane Bergman Lull, Phoenix, AZ; Barbara Wilson McCorkhill, Beloit, OH; David Miller, Prescott Valley, AZ; Gloria Vincent Moore, Brookville, PA; Dom Parlontieri, Alliance, OH; Joy Chessman Pelletier, Shingle Springs, CA; Nancy Stamp Rek, Niles, OH; Sally Hurlburt Rosemond, Sanford, FL; Peggy Whiteleather Rosing, Conyers, GA; Bill Sechler, Berea, OH; Patricia Keyes Smith, Columbus, OH; Jeanne Breault Smith, Clearwater, FL; Nancy Trebilcock Sobona, Fort Wayne, IN; Nancy Callahan Souder, Columbiana, OH; Miriam Bauman Sundstrom, Marysville, MI; Walter Taylor, Sebring, FL; Bill Urbanowicz, Leesburg, FL; Lucy Huston Warner, Ravenna, OH; Bill Weber, Carmel, IN; Dick Whinnery, Grand Prairie, TX; Jack Wilson, East Liverpool, OH; Marjorie Hanna Wood, Canton, MA; Dick Zimmerman, Pittsburgh, PA; and from Salem: Elaine Gillette Bergman, Jean Flick Bradley, Richard Borton, Robert Coffee, Danny Crawford, John DiAntonio, Pat Neely Ehrhart, Albert Falk, Roy Gibson, Ronnie Hannay, Marilyn Miller Herron, Grant Knavel, Dorothy Shoop Long, Rudy Maroscher, Clara Moyer Metts, Gloria Steffel McNeelan, Jim McNeelan, Marguerite Fultz Miller, Margaret Sommers Oesch, Irene Swetye Patterson, James Rhodes, Mary Ann Linder Roth, Royal Schiller, Genevieve Sims, Patricia Murphy Smith, Donna Leipper Snyder, Gerry Baker Spack, Richard Theiss, Janet Youtz Warner, Joyce 'Willie' Wilson.

CLASS OF 1953:\$1500

Contributing to this gift were the following members of the Class of 1953: Glenna Whinnery Pool, Napoleon, OH; Paul Hannay, Tiffin, OH; Sally Scullion, Tiffin, OH; Ingrid Nyberg Dorton, St Louis, MO; Eileen Jackson Crawford, Boardman, OH; Donald Harsh, Columbus, OH; Jocelyn Snyder Hermes, Tipp City, OH; Joan Schuller Pollitz, Mapleton, IL; Wayne Ickes, St Clairsville, OH; Dick Cope, Marysville, OH; Roy Honeywell, Baldwinville, NY; Betty Hanny Garlock, Canton, OH; Dolores Long Antram, Minerva, OH; George Manning, Prospect, KY; Robert Stirling, Riverside, CA; Rosemarie Faini Zocco, Youngstown, OH; Carole Coy McConnel, W. Linn, OR; Jack Ference, Duncannon, TX; Gretchen Bodendorfer McCormick, Cincinnati, OH; Paul Harrington, St Augustine, FL; Carolyn Hoopes Harrington, St Augustine, FL; Mervin Thomas, Norwalk, OH; and from Salem: Bonnie Campbell Sarginger, Richard Ward, Nancy Howell Hickey, Edward Hart, Ron Moffett, Ila Votaw Meier, Jon Zeigler, William Huffman, Ed Votaw, Eldon Bentley, Pat Schmidt McNicol, Janet Critchfield Johnson, Denton Herron, Ann Stowe Zimmerman, Ann Sandrock, Joyce Cosgrove Ehrhart.

CLASS OF 1958:\$1320

Thanks to the Class of '58, the Alumni Office now has a fax machine. You may now call, email, fax or mail us your change of addresses. Donating to this project were Bonnie Semple Wilson, Wooster, OH; Mark Weber, Jefferson, OH; Nancy Cope Murphy, Tucson, AZ; Kathleen Metts Ashbaugh, Calcutta, OH; Geraldine Pastorelli Wilson, Dublin, OH; David Zimmerman, Hudson, OH; Judith Sartick Morse, Warren, OH; James Schaeffer, Johns' Island, SC; Diane Papaspiros Steffas, Cleveland, OH; Charles Cook, Silver Springs, MD; Stephen Wald, Gastonia, NC; Carol Hawkins Souders, Niles, OH; Maureen Gonda Arundel, Girard, OH; Teresa Journey Miller, Raleigh, NC; Danny Weber, Lisbon, OH; Edward Drotloff, East Liverpool, OH; Joyce McElroy Lasky, Lisbon, OH; Paul Welch, Kent, OH; Mary Ann Howells Lyden, Columbiana, OH; and from Salem: Barbara Stamp Good, Henry Maxim, Sally Kays Sweeney, Frank Sweeney, Joyce Jensen Brooks, Howard

Sommers, Helen Kupka Baker, Penny Parker Lippiatt, Twila Allison Lora, and Tom Althouse.

CLASS OF 1963:\$500

Contributing to this total are donations from the following class members: George Johnston, Overland Park, KS; Lora Edwards Herbert, Leetonia, OH; Georgia Schneider Marks, Fort Mills, SC; Frances Papaspiros Tartara, Brecksville, OH; Sandra Morrison Stewart, Beckley, WV; Mark Snyder, Hamilton, OH; Jim Ward, Worthington, OH; Alice Johns Banar and Tom Banar, Northridge, OH; Judy Cope, Ashland, OH; Sally Cranmer Vocca, Pataskala, OH; Jane Waller Decort, Aurora, IL; John Harroff, Concord, NC; Michael Rians, Tillamook, OR; and from Salem, Fred Fenske, Polly Hilliard Yarnell, David Roth, Richard Sweitzer, Bill Shasteen, Melvin Lippiatt, Steve Dimko, Gary and Lynne Miller Hartsough, Fred Naragon, Bob Melitschka, Leo Taugher, Bill Winter, Ruth Ivan Sears.

CLASS OF 1968:\$604

This contribution to the SHS Alumni Association was donated by members of the Class of 1968.

CLASS OF 1973:\$500

This contribution to the SHS Alumni Association was donated by members of the Class of 1973.

CLASS OF 1978:\$1100

Contributing to this total gift were the following 1978 class members: Rick Tyo, Gilbert, AZ; Karen Ehrhart, Culver City, CA; Deborah Henderson Manweg, Woodbridge CA; John Swetye, Darien, CT; Eric Burk, Jupiter, FL; Kelly Myers Lynch, Lutz, FL; Larry Smith, Silver Springs, FL; Jesse Christy, Fairview Heights, IL; Barb Harrington Segel, Hinsdale, IL; Scott Ramsey, Paris, KY; Edwin Jeffries, Columbia, MD; Yvonne Brennan King, Plymouth, MN; Teresa Walsh Romer, Cheektowaga, NY; Joe Monteleone, Avon, OH; Bonnie Miller Lombardo, Brookpark, OH; Solomon, Canfield, OH; Geoffrey Gordon and Roberta Stanley Gordon, Canton, OH; Susan Zeigler Burnett, Columbiana, OH; Larry Woods, Columbus, OH; Robert Mowery and Julie Landwert Mowery, Dublin, OH; Patricia Francisco Beaschler, Fremont, OH; Nancy Yuhaniak Cope, Granville, OH; Connie Martin Ganslein, Kensington, OH; Paul Rutkousky, Loveland, OH; Dave Falk, Painsville, OH; Julie Loudon Johnson, Summitville, OH; Tom Blubaugh, Edmond, OK; Glenda Sharp Whitacre, Chippewa, PA; Sean Cobourn, Inman, SC; LaVern Kelly Davis, Bean Station, TN; Phil Kelly, Pelham, TN; Diane Kaufman Petrenick, Purcellville, VA; and from Salem: Rick Bell, Mary Hess Bell, Oscar Ariel Budde, Randy Colian, Tim Costa, Melissa Moffett Costa, Phyllis Notario Edwards, Wayne Gorby, Dave Johnson, Pam Meals Kelly, Fritz Linder, David Lutz, Chris Williams May, Ed Nunzir, Theresa Galchick Paporadis, Jack Poppel, Linda Reese Rosenberg, Robert Vogt, Carol Stone Waggoner, Mark Webb, James Yapp, Ray Yeager, Concetta Marino Yeager.

CLASS OF 1983:\$275

This gift was accomplished by individual gifts from Dayne Popa, Chicago, IL; Bill Jelen, Akron, OH; Karen Lipp, Columbus, OH; Edward Jones, Elk Grove, CA; Robert Abrams, New Philadelphia, OH; Robert Hoover, Lisbon, OH; and Salem residents: John Yutuc, Kevin Jamison, Dave and Kelly Finch Janofa, and through a 50/50 Drawing at the reunion.

CLASS OF 1988:\$500

The Class of 1988 gave this gift to the Alumni Association in honor of their 10th Anniversary Reunion.

CLASS OF 1998:\$2000

Graduating Class of 1998 gave this gift with appreciation to the Alumni Association for its assistance in providing many of them with funds for their future education.